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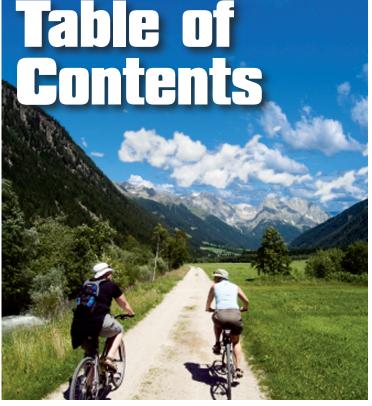


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How to maintain what you live for GUEST OPINION ROBERT J. PYLE

# Word to your mother BY DENNIS E. CURRAN

# **What worries boomers most BY KATE HAWTHORNE**

BY LUANNE KADLUB



Recreate at 68 or earlier

Getting by with a little help from my friends BYJANE ALBRITTON



THE BUSINESS REPORT

OCTOBER/NOVEMBER, 2008

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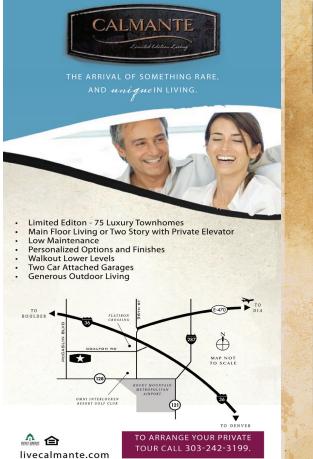
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THE BUSINESS REPORT





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### **The Boulder Falls**

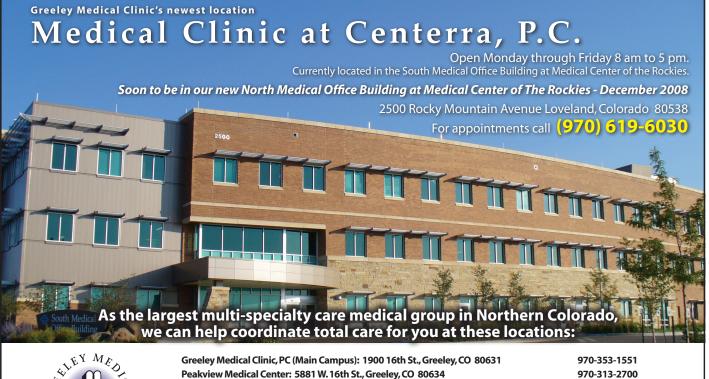
Ranch – Main Level Master 2 Bedrooms, 3 Baths, Media Room Main Floor Study/3rd Bedroom Butler's Pantry-Wet Bar Finished Walk-out Lower Level 3,340 Finished Square Feet 484 Unfinished Square Feet

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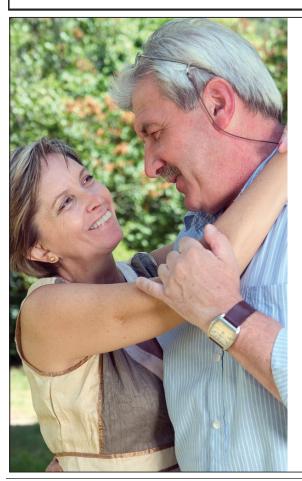
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### EARLY DETECTION SAVES LIVES



OCTOBER/NOVEMBER, 2008

# What Worries boomers most

BY KATE HAWTHORNE | KHAWTHORNE@NCBR.COM

# It's not death and taxes, but close – health and outliving your money

there, friend, you say your inbox is full of spam about how reverse mortgages can fund your retirement years, but the

only thing going in reverse is the value of your house? And gas, food and the light bill are taking more of your monthly check, but your personal net worth has sunk lower than your cholesterol number? And the doctor said if you can still afford the Lipitor, you'll last a good, long time — about two years longer than your retirement account? Is that what's troubling you, Bunky?

Well, you're not alone, according to the cheery folks at the Society of Actuaries, based in Chicago. Money and health are at the top of the list of most significant concerns for those ages 45 to 80 in the SOA's most recent Risks and Process of Retirement Survey.

Among retirees, the top five concerns were inflation (57 percent expressed significant concern); affording long-term care (52 percent); affording adequate health care (51 percent) and maintaining a reasonable standard of living (48 percent).



Pre-retirees had a different take on their most worrisome issues. Affording adequate health care topped the list for 69 percent of the younger respondents; inflation and affording long-term



care tied at 63 percent, and maintaining a reasonable standard of living concerned 55 percent.

Anna Rappaport, chair of the SOA's committee on post-retirement, said the retirement risk survey started in 1995 to gather data on how to most effectively use the funds people had saved for retirement.

"Until then, the entire focus of retirement planning was on building it up, not on using it in retirement," Rappaport, a 2004 retiree, said. "We found people had lots of questions about how to manage their money in retirement, how to make it last and how to protect it against a long list of risks."

Men and women differed on what worried them, but mostly by degrees. While 62 percent of women — both pre- and already retired — expressed significant concern about inflation, only 51 percent of men did. Likewise for affording long-term care, which worried 57 percent of women but only 47 percent of men; health-care costs perturbed 56 percent of women, 45 percent of men; depleting savings gnawed at 52 percent of women, 37 percent of men; and affording to stay in their home agitated 44 percent of women, 29 percent of men.

Before jumping to the conclusion that men just aren't paying attention, consider that according to the actuaries, average life expectancy for American men 65 and older is 17 years, 20 years for women. Almost 20 percent of men but 30 percent of women age 65 today can expect to live to 90 years old.

Add to that the death of a spouse is accompanied

See Worries, 7B

### Worries from 6B

by a decline in their standard of living for many women, on top of a period of widowhood lasting 15 years or more.

So, like everything else, retirement is different for girls. But, according to Rappaport, the decision-making process is distressingly similar for everyone.

"We found, even among those with a significant amount of money available for retirement, their focus was always short term, not more than five years ahead. The attitude was, 'Well, if something comes up, we'll deal with it then," she said. "Thinking about what could happen in the future is scary stuff for a lot of people."

### **Financial literacy key**

This short-term thinking among baby boomers is part of the overall problem of a lack of financial literacy in the United States, as well as the profound changes that have occurred in retirement itself.

"Their parents relied on Social Security checks and payouts from defined benefit pension plans, which have mostly gone away," Rappaport said. "Those approaching retirement age don't understand how compound interest works – it's like a foreign language."

Of course, by the time you reach retirement age, compound interest isn't as much of a friend to your 401(k) or IRA investments as it was back in the day when everyone told you to save a little bit out of each paycheck, put it in an interest-bearing account and fugedaboudit. Those of us who took that advice during the Nixon Administration are probably better capitalized now than those of us who only started saving when we saw Bill Clinton turn 60.

Whatever your age now, the first thing Rappaport recommends is to get a handle on your potential expected resources. Is your retirement plan on track? Or is there a possibility that you might have to work past full retirement age of 65 – or 67, depending on where you fall on the Social Security benefit continuum? If so, keep your skills up to date, unless you aspire to hand carts to Wal Mart shoppers.

You should also keep the beneficiaries on your life insurance, disability insurance and wills up to date as you change jobs, move residences or add or subtract members of the family.

You should plan your finances both as a couple, if you are married, and for the contingency that either or both of you could spend your retirement years single, through death or divorce. The best approach is to find a professional adviser who can develop a plan that benefits you both and balances

### **MAKE CONTACT**

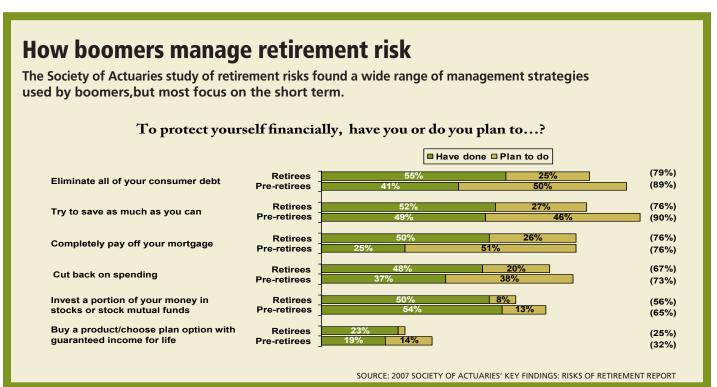
See the full report on retirement risks at the Society of Actuaries Web site, www.soa. org/files/pdf/research-2007-findings-retirerisk.pdf.

You can read more about Anna Rappaport's views on the future of work and retirement — and view the artwork that she creates now that she is retired — at her Web site, www.annarappaport.com.

The U.S. Dept. of Labor takes the mystery out of retirement planning at www.dol.gov/ ebsa/publications/nearretirement.html

the risks with the rewards of retirement.

And what if you are a couple, but not married, a situation not uncommon among boomers both gay and straight? Especially if there are children involved somewhere, if you are pooling expenses and planning to live on the assets you are accumulating together in retirement, it is critically important to get it all in writing. Then consult an attorney to make sure your plans will hold up in the future, whatever happens.





### BY LUANNE KADLUB | NEWS@NCBR.COM

atricia Stoltey worked in accounting and accounts payable management for grocery chains and big corporations in Florida until she and her husband retired to Fort Collins.

That's when she found time to do the one thing she really enjoys: writing. "I've always wanted to write. I attended writers' conferences and workshops and did some writing, but I didn't submit much. Suddenly I have all this extra time, so I decided to apply myself a little bit," she said.

Stoltey is among a growing number of baby boomers and retirees who are taking up writing — anything and everything. Mysteries. Romance. Nonfiction. Memoirs. Some are published. Many others write just for their families.

Because writing can be a lonely vocation, avocation or hobby, writers often seek out ways to network among themselves. And thanks to Kerrie Flanagan they have that in Northern Colorado Writers. Flanagan founded the organization about a year ago and now more than 120 members from Cheyenne to Parker meet one or more times each month for workshops, programs, coffee and sometimes critiques.

"I try to give the writers in the organization as many tools as possible to get out there and get published," said Flanagan, a freelance writer and publicist.

Statistically speaking, the chances of that happening are not encouraging. Ninety-eight percent of all manuscripts are turned down, according to AuthorHouse, a provider of publishing and marketing services for authors. And according to Bowker, which specializes in bibliographic information management, there were 276,649 new book titles and editions published in 2007. "On-demand" and short-run books, however, which the company tabulates separately, pushes that number to 411,422.

Flanagan said she didn't know what to expect in terms of membership when she started the writers group. About half the members fit the baby boomer and/or retiree description. "Once they're retired and the kids are out of the house, they have more time to write," she said.

That's pretty much Stoltey's story. After moving to Fort Collins, she finished a fiction manuscript she and her brother wrote "many years ago" about the transportation industry. It was accepted by Books in Motion, an audiobook publisher.

"After that I got more serious," said Stoltey, a mystery writer whose "The Prairie Grass Murders" was published in 2007 by Five Star Publishing. "Most of the setting is in Illinois, but the protagonist is in south Florida."

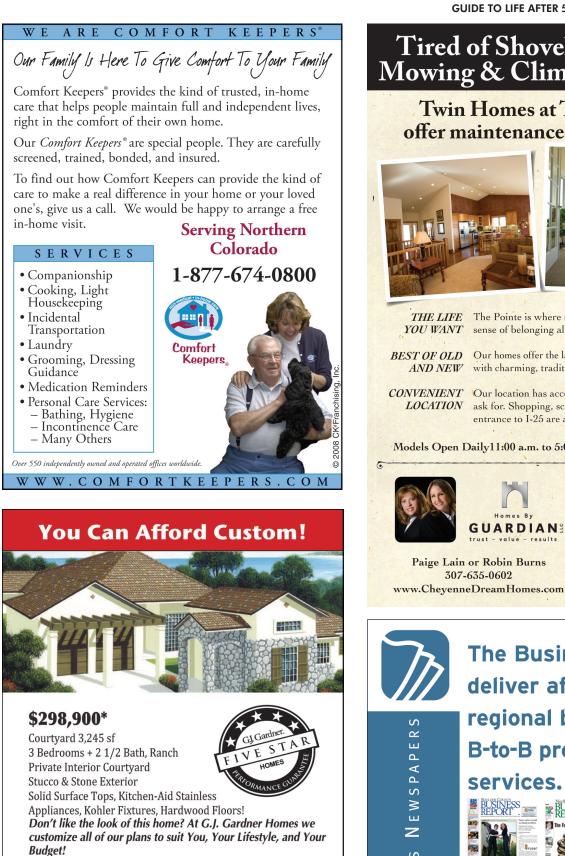
The second in the series will be published in September 2009. Stoltey said Five Star markets directly to libraries, so getting good reviews is important. Unfortunately, she added, "It's luck of the draw" if it's reviewed by one of the top four library book reviewers that most libraries look to for new book choices.

Now she's contemplating whether to write a third book in the mystery series or try something different. Writing a book from start to finish, she said, takes her about seven months to complete, provided she puts in four hours a day.

### Fun with serious memoirs

For Paul Nordwall, who retired early from the U.S. Forest Service, where he oversaw the 1.2 million-acre Caribou National Forest in Idaho and lobbied for wilderness legislation in Washington, D.C., writing is something he always dabbled in over the years.

"When I was taking care of my parents, who lived in the Denver area, I was driving back and forth and did quite a bit of writing,



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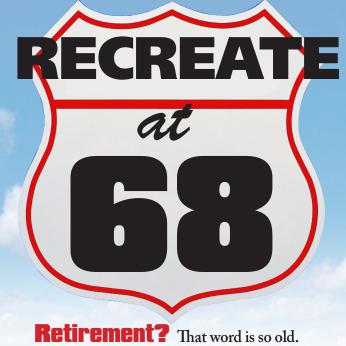
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OCTOBER/NOVEMBER, 2008



Long gone are the days of spending your postworking days in front of the television. Retirees today are instead opting for an active lifestyle. Leaving the old 9-to-5 is now a time to start the second part of your life, not wait to conclude the first.

But as the idea of what retirement means shifts, so are the resources need to achieve that ideal. With the lagging economy and increasing

# **OR EARLIER**

# What different active retirement lifestyle options require today

BY NOAH GUILLAUME | NGUILLAUME@NCBR.COM

health-care costs, some people are finding their nest eggs coming up short. In that case, rather than extend their time at the grind, they're shifting their retirement dreams into a more affordable gear.

While no two retirement dreams are the same, most include some sort of travel and outdoor activities. If you're willing to entertain alternatives, not all dreams are outside the realm of possibility.

# **RECREATIONAL VEHICLE**

nswering the siren song of the open road, with all the comforts of home packed into the whole eight yards of motorhome, is about as American Dream-like as it gets. As an added benefit in these shaky economic times, scenic-yet-laborhousing-strapped destinations in Wyoming are advertising part-time jobs for retirees with RVs. Local businesses get seasoned employees and retirees make some monev to fill the gas-guzzling tank. Some employers even offer signing bonuses.

# Two-week RV rental Includes:

- 1,440 miles of travel
- 32 cents for each additional mile
- Insurance
- Sleeps six
- Excludes:
- Fuel
- Campground fees

### \$1,500 A 25-foot RV purchase

- Includes:
- Most amenities
- Sleeps six
- Excludes:
- Fuel and fees
- Satellite TV package

### \$75,000

NOTE: FUEL EFFICIENCIES AVERAGE 10 MILES PER GALLON.

# GUIDE TO LIFE AFTER 50 BOOMERS

# SECOND HOME

or snowbirds who prefer to spend the summer in the mountains and the winter in the sun — or is it the other way around? — a vacation retreat can literally be a home away from home.

### **Steamboat Springs**

Two-bedroom condo: \$365,000\* Season ski pass: \$1,329, \$419 (Age 70+) Snowmobile: \$5,000\*\*

\*CAN BE RENTED OUT DURING THE OFF-SEASON TO HELP RECOUP COSTS. \*\*PURCHASED. CAN ALSO BE USED TO OFFSET TRANSPORTATION COSTS IF USED APPROPRIATELY.

### Sun City, Ariz.

Two-bedroom home: \$175,000\* Golf greens fee, average: \$50 per 18 holes Golf cart: \$5,000\*\*

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# CRUISE

or those of us who have drawers stuffed with brochures from exotic locales and never miss Samantha Brown on the Travel Channel, a luxury cruise might be just the thing.

### Two-week Mediterranean cruise (Spain, Italy, Greece, Turkey)

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- Fuel surcharge
- Bar drinks: \$10 + tip
- Internet: 75 cents/minute
- Shore activities: Unlimited

OCTOBER/NOVEMBER, 2008

# **Getting by with a little help from** *Benefit programs can balance* **My friends** and stages of aging.

Benefit programs can balance work, elder care commitments

### By JANE ALBRITTON NEWS@NCBR.COM

these tight economic times, companies are under constant pressure to retain top talent, and creative employee benefits become more important. As apparently ageless baby boomers arrive at the 65+ mark — by 2030, one in five Americans is projected to be age 65 or older —demand is increasing a new employee benefit: elder care.

"Employees must balance work commitments and family-care responsibilities," said Cindy Carrillo, founder and CEO of backup care provider Work Options Group, based in Superior. "Over the past three or four years, we have seen a growing interest on the part of employers for elder care."

Already a significant number of large Colorado-based companies, including Hunter Douglas Window Fashions, Roche Pharmaceuticals and Qwest, have signed on for the Work Options Group backup care benefit, as has the University of Denver.

"There are also national companies, such as Merrill Lynch, Janus Capital Group and Microsoft, who have employees in the state," said Heather Hope, public relations manager for Work Options Group. "Those employees are eligible for the backup care benefit."

### Affordable help

She explained some of the factors driving demand for her company's services. "People are staying in the workforce longer, people are living longer and their desire to remain independent is putting more pressure on family members to provide care and support."

Hope noted that while most backup care right now involves children, around 15 percent to 20 percent of requests involve adult or elder care.

Nancy Driskill, MS, RN, owner of Consultants for Aging Families in Fort Collins, assists older individuals and their families plan for and adjust to the changes



# Elder care by the numbers 44 million Number of Ameri-

cans engaged in the care of an older family member.

**15-25** Percent of workforce now caring for disabled family members.

**30-50** Percent of workforce expected to be caring for disabled family members by 2010.

**bu** Percent of employed caregivers who have made work-related adjustments to provide care.

**10** Percent reduced hours to part-time from full-time.

Percent have left the workplace entirely.

**\$33 billion** Annual cost to U.S. business from lost productivity of working caregivers.

**\$2,110** Annual cost to employers per caregiver.

**\$5-\$12** Annual cost per employee to provide elder care benefits.

SOURCE: METLIFE CAREGIVING COST STUDY: PRODUCTIVITY LOSSES TO U.S. BUSINESS, 2006. "I have been wondering when elder care as a benefit was going to come up," she said. "It is surely something folks are looking for. Those who want to stay in their own homes and be safe and comfortable have difficulty finding affordable help."

Private care is expensive (roughly \$20 per hour with a two-hour minimum), and finding qualified, reliable, trustworthy caregivers on a moment's notice may prove to be risky business.

On the other hand, as an employee benefit, backup care is structured like insurance and caregivers are fully vetted by the provider. For a few dollars a month, the employer provides the option to everyone in the company.

"A typical program provides 80 to 100 hours of care per year at a highly subsidized price of \$4 per hour," Hope said. "It does not matter to the employer who needs the care. It might be a child, a parent, a spouse or Great Aunt Sally. The goal of the program is to make it possible for care to be delivered to the dependent person and to give the employee the freedom to continue working."

In Driskill's view, the appeal of such a plan is its simplicity.

"We need to do it cleanly and neatly without layers of regulation," she said.

### **Good economic sense**

The elder care benefit makes economic sense for employers. According to the National Alliance for Caregiving, family members spend an average of 22 hours per week providing care to their elderly relatives. Presumably, not all those hours take place outside the working day. So if a company supplies 10,000 hours of care in a year, those are 10,000 hours of productivity not lost to unscheduled absenteeism.

"It's tough to compartmentalize work and home," Hope said. "And companies are realizing that it is not realistic to ask people to separate personal and professional lives. We expect a lot of employees, so it's important to give them the support they need to do their jobs well."

✤ See Friends, 16B

GUIDE TO LIFE AFTER 50 BOOMERS **13B** 



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# 14B BOOMERS | GUIDE TO LIFE AFTER 50 How to maintain what you live for

# Enjoyable, sustainable retirement requires early financial planning



a well-paid corporate executive, you might think that shifting into retirement will be a breeze.

But even with enough money to retire, there are some concerns facing corporate execs, which can turn that calm breeze into choppy gusts. For a smoother ride, be prepared to do some planning two to three years before you retire.

One of the biggest issues for a corporate executive is what to do with your large position in the company stock or stock options. Just like any other stock, owning a large position in a single stock is risky business. It leaves you with an unbalanced portfolio, and subject to wild swings.

Look at the standard deviation of your portfolio with and without the large position in the company stock. There are techniques to hedge your large position by using stock options and equity collars. These methods can become complicated and usually require the assistance of an investment professional and accountant.

Company stock options such as ISOs (incentive stock options) or NQSOs (non-qualified stock options) are even more risky because of the leverage factor.

Here's an example to explain the leverage factor. Suppose you own 1,000 stock options that are vested and the option price is \$20 per share with a current stock price of \$40. When the stock price is \$40, your options are worth \$20,000.

Suppose the stock drops \$10 per share overnight (a gap opening — where the stock trades at \$40 the previous day, bad news comes out and the first trade the next day is \$30). The value of your options is now \$10,000 which is equal to a 50 percent drop.

If you owned 500 shares outright at \$40 per share, your investment would be worth \$20,000 but if the stock dropped to \$30 per share your investment would be worth \$15,000 or a drop of 25 percent.

You can see how the same \$10 per share drop is magnified in the option example versus the stock example.

### **Diversify portfolio**

All corporate executives are passionate about their company

stock, but people in general are talking about different stocks, which collectively make up the market as a whole. Looking at your entire investment portfolio, you should create a plan to diversify your large position two to three years before you retire, so when the time comes to retire, your plans are not derailed because the stock has dropped. Coordinate your plan to diversify with your wealth adviser, accountant and your company's compliance department.



Robert J. Pyle

Another topic is how to make the seamless transition to retirement. In other words, how will you create your "paycheck" in retirement?

The first thing you should do is begin to consolidate your assets so everything isn't scattered all over the place. Next, figure out how much money you need to live on in retirement and make sure your "withdrawal" rate is reasonable. Create a diversified portfolio that will provide the sustainable withdrawal rate.

Again, coordinate with your wealth advis-

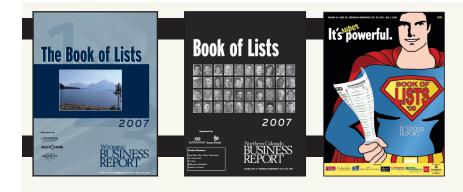
er and accountant to design a plan to withdraw money from your different accounts on a tax efficient basis. Rebalance your portfolio as you periodically withdraw your money.

Financial issues aside, possibly the hardest question to answer for corporate executives is what to do with your free time. Frequently, your job has become your identity. In fact, as we saw last year at Coors Field, in the major league baseball playoffs the slogan is "I live for this."

What do you live for? Why do you work and earn money? So you can (fill in the blank). This is something you should begin thinking about two to three years before you retire.

Finally, know that it is possible to create a sustainable, enjoyable retirement.

Robert J. Pyle is the President of Diversified Asset Management, Inc., an investment adviser registered with the SEC and based in Boulder. This column reflects the views of the author and is not a recommendation to buy or sell any investment. It does not constitute investment advice. Mr. Pyle can be reached at 303–440–2906 or rpyle@diversifiedassetmanagement.com.



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### Write from 8B

mostly with the notion that I would leave some legacy for my children and grandchildren in the form of a memoir," he said.

When he's not substitute teaching, Nordwall said he tries to work on his memoir for an hour or two at a time. "I use my laptop as a glorified typewriter," he said. "It's a thousand pages of just writing. Like a diary. It's dull. I'm still searching for a way to start putting it together."

He might want to take a look at "Writing Your Life: An Easy-to-Follow Guide to Writing an Autobiography" by Mary Borg, a history professor at the University of Northern Colorado who has shepherded countless students, mostly retirees, in writing their memoirs. She currently teaches the class through the Greeley Recreation Center.

### **MAKE CONTACT**

For more information on the Northern Colorado Writers group, visit www.ncwc.biz.

For a class schedule for the Greeley Recreation Center, call 970-350-9400.

Interest in writing memoirs goes back to when Alex Haley's "Roots" hit the bestseller lists, she said. "As that became so important in American culture, it woke people up to the fact that we each have a wonderful story to tell and a responsibility to tell that story to our families," Borg said. "Added to that fact is we don't have storytellers in our families anymore. Our families have become the global world of television. We know more of what's going on in 'The Simpsons' and 'Grey's Anatomy' than who our aunts and uncles are." And, she added, people are finding that writing their memories is fun. "It's fun to spend a little time every week with memories, with the past. People will say they didn't do much, can't remember much. It's stunningly apparent that everyone has a unique life and has done wonderful things," Borg added.

Getting to those stories is Borg's task as teacher. She breaks her class into three segments: not being born — focusing on ancestors; being born and growing up — moving out of the family home, starting a career, becoming involved in the community, marrying and having a family; and reflection — making sense out of your life.

Taking a class in memoir writing, Borg said, is no different than taking an exercise class. In this case, however, they're writing to be read by other class members. It also helps others in the class remember similar things. Many women recall using

leg makeup — complete with seams down the back — during World War II because nylon used to make stockings was commandeered by the federal government. "Somebody will say, 'Oh, I forgot to write that in my story'," Borg said.

Her students, she added, are "buzzed about doing this. They're usually prodded by their kids and grandkids to tell their stories. As they get into this, then they get really enthusiastic."

to nn-, I

### Friends from 12B

Driskill said that she has observed a growing awareness by employers that elder care issues may be affecting their employees.

"I have recently had some clients whose employers have said, 'If you need guidance, we will provide assistance for elder care advising," she said. "But in my field, we have seen little support for actual care, and for people who are trying to work, care is a worry."

According to the National Study of the Changing Workforce published in 2002, "when more supportive work-life policies and practices are available, employees exhibit more positive work outcomes: job satisfaction, commitment to employer and retention, as well as more positive life outcomes: less interference between job and family life, less negative spillover from job to home, greater life satisfaction, and better mental health."

The report also notes that more than 35 percent of employees care for a rela-

tive 65 years or older. The operative word in this statistic is "employees," an indicator of a general shift in the role of family and community in caring for the young or infirm.

### Sandwich duties

One result of the change in social norms, as reported by the Society for Human Resource Management, is both the growth in the number of employees with elder care responsibilities and the growth of the number of employees with both child care and elder care responsibilities. A 2008 SHRM benefits report indicated the needs for child care tend to go down over time, while the needs for elder care go up with life expectancy, which continues to rise in a long-running trend.

Given that the death rate from the three leading killers in the United States — heart

# **MAKE CONTACT**

For more information on elder care benefit options, visit www.workoptionsgroup.com

For more information about Consultants for Aging Families, visit www.agingfamilies.net /

disease, cancer and stroke — keeps declining, life expectancy will just keep right on rising.

These numbers hold some significance for Colorado. If retirees continue to relocate here, often to be close to children and grandchildren, the need for easy access to backup care will grow. Assuming that the economy does not go in the tank permanently, the need for corporate sponsored backup care is likely to increase. Great Aunt Sally is counting on it.





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**BY DENNIS E. CURRAN** DCURRAN@WYOMING.COM



Larry Grossman correctly spelled the word "debouch" last June, the 56-year-old North Dakota high school teacher won the highly coveted hon-

or of being the nation's top speller over age 50. Grossman's triumph came in the AARP The Magazine's National Spelling Bee, formerly the AARP National Senior Spelling Bee, a unique national event for men and women aged 50 and over held in Chevenne every summer.

For his talents in spelling "debouch" (which means to come forth, to emerge), Grossman got to appear on national television and participate in AARP's 50th anniversary celebration.

The spelling bee fits right into AARP's agenda for adults 50+ to maintain healthy bodies and minds as they age. AARP, formerly known as the American Association of Retired Persons, now just goes by its initials because more than half its members are still working.

"We encourage people to keep their bodies and minds sharp by exercising and by reading and learning new words," says Rita Inoway, Wyoming director for AARP. "Some people do word games, they do Sudoku, they do crossword puzzles, and some people do spelling."

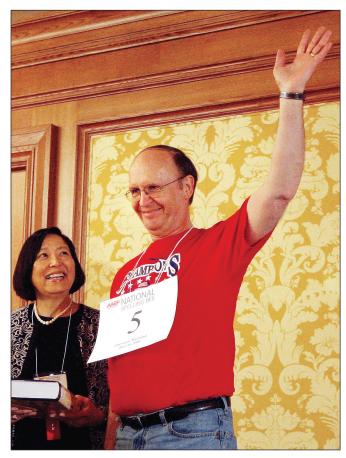
The spelling bee was founded in 1996 by Cheyenne AARP members who wanted to challenge the 50+ community to keep their minds sharp. Over the years, it has grown into a highly competitive and challenging event attracting adult spellers from all over the country and Canada. It is open to anyone age 50 or older, except previous winners.

Joanne Bowlby, Wyoming AARP's communications director, said the spellers are excited to be in a national event. "One of the spellers stood up at last year's spelling bee and said, 'This is our senior moment, this is our time to shine."

Grossman, who lives in Northwood, N.D., edged Michael Petrina Jr., 63, of Arlington, Va., for the title, with spellers from Tennessee, California and Oregon rounding out the top five. The top Wyoming finisher was Kent Stockton, 66, of Riverton, who tied for ninth with Sandy Marvin, 60, of Littleton, Colo., and several others.

### Word of mouth

Inoway said the national spelling bee has grown from involving mostly Cheyenne area residents to a truly national event



COURTESY IOANNE BOWI BY AARE

TOP SPELLER – Wyoming AARP Director Rita Inoway (left) congratulates Larry Grossman on his victory in the AARP National Spelling Bee for spellers 50 years old and older. The North Dakota high school teacher won the contest in Cheyenne on his second try.

### **MAKE CONTACT**

The 2009 spelling bee is scheduled for June 20 in Cheyenne. For more information, visit www.aarp.org/spellingbee.

mostly by word of mouth.

"There were quite a few retired educators in that chapter, and some of them had probably helped young spellers when they were teaching, and they were probably quite good spellers themselves," she said.

Added Bowlby, "Neither of us were here in Wyoming in 1996, but the notes we have from the founding members said they thought this would be a fun way to challenge their peers to keep their minds sharp."

"Some of the first participants from out of state were relatives and friends of people from Cheyenne, and then as it grew, they began to get winners from other states," Inoway said.

Wyoming AARP got involved when it opened a state office in 2001, but the event still has an all-volunteer board of directors that chooses the spelling words.

See Word, 20B

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### Word from 18B

Contestants have hailed from Portland, Maine, to San Diego and from Miami to Vancouver, British Columbia. Last June there were 49 contestants, age 51 to 75 and representing 24 states.

"The vast majority of them have to pay their own way," Bowlby said, and many turn the trip into a family vacation.

Many longtime competitors are friends and enjoy the social aspects of the bee. In June, or example, the spellers visited the award-winning Laramie County Library, where the Cheyenne Little Theatre Players presented an original skit about spelling bees.

### All business

Once the competition starts, however, the spellers are all business.

"They're very motivated," Inoway said, "and their knowledge of words is amazing. They've created a community of spellers and have a national network of people who spell together. They are fascinated by words, and their depth and knowledge of words is just astounding. Most of them are very well read."

Most of the contestants are baby boomers who are still working, according to Bowlby.

"Most of them have competed in a spelling bee before, and they can tell you THE word they missed and when they missed it," she said. "One woman even told us what she was wearing. She was wearing a green jumper that she'd never wear again."

All contestants take a 100-word written spelling test in the morning, and the top 15 get to participate in an oral spelling bee in the afternoon. Unlike student bees,



COURTESY JOANNE BOWLBY, AARP

**TOP SPELLER** – Jane Wiggs, 62, of Jacksonville, Fla., concentrates on a word during the written portion of the AARP National Spelling Bee in Cheyenne. Wiggs finished seventh in the June competition.

senior contestants get three misses before they are knocked out. This year's oral bee lasted more than four hours.

Inoway said many of the spellers are professional people — doctors, lawyers, ministers — "people who really like words."

One winner was a mathematician, musician and computer scientist, and he combined those talents to train for the bee. "He recorded the words he studied all year and as he jogged and exercised, he focused on the words he didn't know," Inoway said.

One of the delights of the competition is to see a speller who has never participated in a local or state bee to come to Cheyenne and win it all, they said. "And that's exactly what happened with this year's winner," Bowlby said. "He said he entered because he had never had had the opportunity to be in a spelling bee and wanted to try it and didn't want to miss out on that opportunity of a lifetime."

As the event grows, there is some talk of moving it from Cheyenne, but the local supporters would like to see it stay in Wyoming's capital city.

"We've had a lot of interest from corporate entities that want to sponsor the bee but then they want to move it," Bowlby said. "We've really been trying to keep it here, where the birthplace of the bee is, and keep it a local event that's a national event."



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282 McCaslin Blvd. Louisville, CO 80027 303-604-2700/303-604-2800 Web site: www.balfourcare.com Special services: Three meals, respite, day care, staff trained for dementia/Alzheimer's care. Administrator: Megan Carnarius, Executive Director

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1855 Plaza Drive Louisville, CO 80027 303-926-1000/303-926-9900 Web site: www.balfourcare.com Special services: Exercise room, restaurant-style dining, scheduled transportation. Administrator: Sandy Christenson, Executive Director

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1055 Adams Circle Boulder, CO 80303 303-444-3967/303-939-0808 Web site: www.gwboulder.org Special services: Meal service, medication management, laundry, housekeeping, wellness programs. Administrator: John Torres

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1078 S. 88th St. Louisville, CO 80027 303-665-3722/303-665-4049 Web site: www.junipercommunities.com Special services: Specializes in dementia and Alzheimer's care. Holistic environment, respite care, massage, certified chef. Administrator: Stacey Brimhall

### LIFE CARE CENTER OF LONGMONT

2451 Pratt St. Longmont, CO 80501 303-776-5000/303-776-7661 Web site: www.lcca.com Special services: Activities, transportation, Alzheimer's unit, rehabilitation, outpatient therapy and restorative nursing. Administrator: Stephen DeBelle

### LONGMONT REGENT

2210 Main St. Longmont, CO 80501 303-651-7022 Web site: www.holidaytouch.com Special services: Three meals, housekeeping, linens, bus transportation and planned activities, all utilities paid. Administrator: Karen Brant, Manager

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2800 Palo Parkway Boulder, CO 80301 303-440-9100/303-440-9251 Web site: www.hcr-manorcare.com Special services: Rehabilitation, in-house physical, occupational, speech and massage therapy.

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### **MILLBROOK HOMES**

5011 Foxhill Drive Longmont, CO 80501 303-220-7989/303-220-0380 Web site: www.millbrookcare.com Special services: Secured community offering individualized care for Alzheimer's patients and other memory impairments.

### **MILLBROOK HOMES**

1746 Cove Court Longmont, CO 80501 303-220-7989/303-220-0380 Web site: www.millbrookcare.com Special services: Secured community offering individualized care for Alzheimer's patients and other memory impairments.

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1350 Collyer St., No. 100 Longmont, CO 80501 303-776-9103 Special services: HUD subsidized; 30 percent of income is rent. Administrator: Chrys Klahr, Manager

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8095 W. 108th Ave. Broomfield, CO 80021 303-464-7172/303-464-7155 Special services: 24-hour care, provides products, podiatrist and hair stylist; monitors medications. Administrator: Nancy Teeples, Owner

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4755 Shawnee Place Boulder, CO 80303 303-494-1123/303-494-1123 Web site: www.shawnee-gardens.com Special services: Spa, greenhouse, hospice/ respite care, activity room. Price is all-inclusive. Administrator: Constance L. Keogh-Dwyer

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### SUNRISE ASSISTED LIVING INC.

3955 28th St. Boulder, CO 80301 720-406-1000/720-406-1003 Web site: www.sunriseseniorliving.com Special services: Medication administration, incontinence care, Alzheimer's care, hospice care, age in place, different levels of physical assistance. Administrator: Kimberly Pate, Executive Director

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### THE PEAKS CARE CENTER

1440 Coffman St. Longmont, CO 80501 303-776-2814/303-776-5362 Special services: Alzheimer's care, hospice, respite and rehabilitation.

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2310 Ninth Ave. Longmont, CO 80503 303-678-5050/303-485-0281 Web site: www.vistasinlongmont.com Special services: Independent, assistant living and memory care unit on one campus. Administrator: Larry Smith

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9198 Jotipa Drive Longmont, CO 80503 303-776-7215/303-776-4409 Special services: Elder-care services, including medication monitoring and meal service. Family environment tending to social, emotional and psychological needs. Administrator: Chris Butler

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600 Coffman St. Longmont, CO 80501 303-678-5416/303-678-0339 Web site: www.longmontha.org Special services: Transportation, grocery shopping, doctors appointments, crafts, classes. Administrator: Linda Morgan, Housing Director

### WYNWOOD AT RIDGE POINT

3375 34th St. Boulder, CO 80301 303-473-0333/303-473-0134 Web site: www.brookdaleliving.com Special services: Customized care, fitness program, social programs, three meals, medication administration, housekeeping, transportation, pet-friendly. Administrator: Trudy Pfeiffer

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4440 Arapahoe Ave., Suite 120 Boulder, CO 303-442-0123/ Person In Charge w/ Title: Gregory Parr, C.F.P.

### **AMG NATIONAL TRUST BANK**

1155 Canyon Blvd., Suite 310 Boulder, CO 80302 888-547-8877/303-447-8822 Services offered: Investment management, personal financial management, trust administration, financial counseling, tax planning and preparation, philanthropic planning and donor advised funds, qualified and non-qualified retirement plans, access to alternative investments, and commercial and private banking Person In Charge w/ Title: Earl L. Wright, Chairman and CEO Year Founded: 1975 Web site: www.amgnational.com

### AN INVESTOR'S ADVOCATE

2129 13th St., Suite G Boulder, CO 80302 303-444-1495/ Services offered: Fee-base retirement planning, investment analysis. Person In Charge w/ Title: Mathias Thurmer, C.F.P.

### BATHGATE CAPITAL PARTNERS LLC

1906 13th St., Suite 300 Boulder, CO 80302 303-449-7994/303-402-0596 Services offered: Stock, bond brokerage business, mutual funds. Person In Charge w/ Title: Doug Ray, Branch Manager Year Founded: 1995 Web site: www.bathgatepartners.com

### BAUM & BLOCKHUS WEALTH MANAGEMENT 601 S. Main St.

### Longmont, CO 80501

BAYDUSH SIMON WEAVER 2336 Pearl St., Suite 100 Boulder, CO 80302 303-444-9696/303-444-8585 Services offered: Independent, fee-only boutique firm working with affluent families and individuals to grow money and solve problems. Core competencies include sophisticated asset allocation and cutting edge sustainable investment portfolios. Person In Charge w/ Title: Debi Baydush; Drew S Simon and Ben Weaver Year Founded: 1992 Web site: www.baydushsimonweaver.com

### BIVIO INC.

303-678-0025

2701 Iris Ave., Suite 5 Boulder, CO 80304 303-417-0919/303-247-0073 Services offered: Online investment club management. Person In Charge w/ Title: Ion Yadigaroglu, CEO and Co-Founder Year Founded: 1999 Web site: www.bivio.com

### **BOULDER CAPITAL MANAGEMENT**

P.O. Box 7249 Boulder, CO 80304 303-417-0052/ Services offered: Registered investment advisor. Fee-only financial planning, private money management and business consulting. Person In Charge w/ Title: Hany Stam, C.F.A., C.F.P. Year Founded: 1995 Web site: www.bouldercapitalmanagementllc.com

### BRETT R. SMITH CPA WEALTH MANAGEMENT, LLC

1285 Cimaron Drive, Suite 202 Lafayette, CO 80026 303-604-0505/303-604-0488 Services offered: Financial planning, investment planning and management, retirement planning, tax planning, estate planning. Person In Charge w/ Title: Brett R. Smith Year Founded: 1989 Web site: www.brettrsmithassoc.com

### **BUSINESS FINANCIAL STRATEGIES**

5380 Centennial Trail Boulder, CO 80303 303-442-4780/303-415-0773 Services offered: Goal identification and planning, cash flow management and planning, risk management and insurance planning, investment planning. Person In Charge w/ Title: Jim Burton, C.F.P. and President Year Founded: 1993 Web site: www.bfsmedia.com

### **CANDYCE I. WITHER LLC**

507 Canyon Blvd. Boulder, CO 80303 303-442-9049/ **Person In Charge w/ Title:** Candyce Wither

### **CAP ADVISORS LLC**

2960 Center Green Court., Suite 100 Boulder, CO 80301-5406 303-444-7161/303-444-4927 Services offered: Investment adviser, financial consultant, estate planner. Person In Charge w/ Title: John F Truhlar, Ch.FC., M.S.F.S. and Manager Year Founded: 1981 Web site: CAPadvisorsLLC.com

### **CASCADE FINANCIAL MANAGEMENT**

1420 28th St. Boulder, CO 80303 303-440-9596/303-440-9670 **CE CAMPBELL & ASSOCIATES** 1410 Cherryvale Rd

Boulder, CÓ 80303 303-440-3556/303-443-9177 Services offered: Investment planning, financial planning, college planning, tax preparation Person In Charge: Corrin Campbell, CFP, President Year Founded: 1994 Web site: www.ccampbellassociates.com

### **CENTENNIAL INVESTMENT MANAGEMENT**

2060 Broadway, Suite 400 Boulder, CO 80302 303-444-0206/303-444-7968

### **CENTER FOR RESPONSIBLE INVESTING / LEONARD FINANCIAL LTD.**

1301 Canyon Blvd., Suite 220 Boulder, CO 80302-5384 303-449-5760/303-444-7861 Services offered: A comprehensive, professional and independent financial consulting firm for individuals, families, business and nonprofits with a focus on socially responsible investing. Person In Charge: Kathleen Leonard, President Year Founded: 1993 Web site: www.leonardfinancial.com

### **CHANNER DARMOUR YANARI LLC**

1728 16th St., Suite 201 Boulder, CO 80302 303-545-5400/303-545-5640 Services offered: Trust services, investment management, financial planning, charitable giving strategies and option and hedging strategies. Person In Charge: Dennis Channer, C.P.A., C.F.P.; David Darmour, C.I.M.A., C.F.P. and Thomas Yanari Year Founded: 2001 Web site: www.privatewealthmgt.com

### CHARLES SCHWAB & CO. INC.

2480 Canyon Blvd. Boulder, CO 80302 303-448-3520/303-448-3538 Services offered: Full-service investment firm. Person In Charge: Stuart Olsen, Manager Year Founded: 1974 Web site: www.schwab.com

### COLDSTREAM

1050 Walnut St., Suite 201 Boulder, CO 80302 720-382-2650/720-382-2657

Services offered: Specializes in providing investment management, financial and charitable planning and personal CFO services to affluent individuals and their families. Person In Charge: Dan Figlioa, Principal Year Founded: 1996 Web site: vww.coldstream.com

### **COLORADO CAPITAL MANAGEMENT INC.**

1401 Walnut St. Boulder, CO 80302 303-444-9300/303-444-2027 Services offered: Investment management, financial planning. Person In Charge: Steven Ellis, President Year Founded: 2000 Web site: www.coloradocap.com

### **CORNERSTONE HOLDINGS**

11001 W. 120th Ave., Suite 310 Broomfield, CO 80021 303-410-2510/ Web site: www.cstoneholdings.com

### **CRESTONE CAPITAL ADVISERS LLC**

1050 Walnut St., Suite 402 Boulder, CO 80302 303-442-4447/ Services offered: Investment management, estate planning, philanthropic planning, income tax planning and reporting, and wealth preservation and asset protection advisory services. Web site: www.crestonecap.com

### **CULVER INVESTMENT COMPANY LLC**

360 Interlocken Blvd., Suite 104 Broomfield, CO 80020 303-442-3670/303-442-1749 Services offered: Financial planning, estate planning, portfolio management. Person In Charge: Mark Culver Year Founded: 1997 Web site: www.culvercompanies.com

### DAN BERECK, C.F.P.

**BOULDER COUNTY - FINANCIAL ADVISERS** 

1919 14th St. Boulder, CO 80302 303-440-9194/ **Person In Charge:** Dan Bereck, C.F.P.

### **DANIEL M. DAY & ASSOCIATES**

2060 Broadway, Suite 310 Boulder, CO 80304 303-444-8840/303-444-6796 Services offered: Fee-based financial and wealth management planning. Northwestern Mutual wealth management advisor. Person In Charge: Daniel Day, Ch.F.C., C.L.U. Year Founded: 1981 Web site: www.danday.com

### **DAWSON YOUNG & THOMAS LLC**

1942 Broadway Boulder, CO 303-323-4293

### **DHARMA INVESTMENT GROUP LLC**

737 29th St., Suite 300 Boulder, CO 80303 303-444-4222/ **Web site:** www.dharmainvestmentgroup.com

### **DIGITAL RETIREMENT**

SOLUTIONS INC. 2420 Trade Centre Ave. Longmont, CO 80503 303-485-9000/303-485-9009 Services offered: Online programs and support

### THE BUSINESS REPORT

for retirement planning. Web site: www.drs401k.com

### **DIVERSIFIED ASSET MANAGEMENT, INC.**

1113 Spruce St. Boulder, CO 80302 303-440-2906/ Services offered: Wealth management for successful executives and small business owners in the front-range who want to make a seamless transition to a sustainable enjoyable retirement. Person In Charge: Robert Pyle, C.F.P., C.F.A. and President Year Founded: 1996 Web site: www.diversifiedassetmanagement.com

### DON GARRAMONE

62 Benthaven Place Boulder, CO 80305 303-543-5796

### **DUTCH CREEK FINANCIAL SERVICES**

1790 30th St., Suite 230 Boulder, CO 80301 303-440-1400/303-449-1702 Services offered: Investment advice, professional mortgage planning, insurance financial planning. Person In Charge: John Regur, President Year Founded: 2001 Web site: www.dcfinancialservices.net

### E. PAUL LEV-ARY & ASSOCIATES

2291 Arapahoe Ave. Boulder, CO 80302 303-440-4275/303-443-6663 Person In Charge: Paul Lev-Ary, Owner Year Founded: 1982 Web site: www.lev-ary.com

### EDWARD JONES INVESTMENTS

Boulder County Boulder, CO 80302 303-440-7885/888-759-8089 Services offered: Full-service brokerage firm specializing in stocks, bonds, mutual funds, IRAs, tax-free investment, annuities and insured CDs. Person In Charge: Jason Espy, Regional Leader Year Founded: 1871 Web site: www.edwardjones.com

### **ELLIOTT FINANCIAL LLC**

477 Whitetail Circle Lafayette, CO 80026 303-926-8802 Services offered: Financial planning consultants.

### FIDELITY INVESTMENTS

281 E. Flatiron Circle Broomfield, CO 80021 303-460-7224 Services offered: Accounts and trade, retirement and guidance, investment products. Web site: www.fidelity.com

### FINANCIAL MOUNTAIN INC.

1705 14th St., Suite 195 Boulder, CO 80302 303-442-4390 Services offered: Full-service financial planning and wealth-management firm. Person In Charge: Robert Zimberg Year Founded: 1990 Web site: vwww.financialmountainonline.com

### FINANCIAL PLANNING AND

IMPLEMENTATION CORP. 2995 Center Green Court South, Suite A Boulder, CO 80301 303-444-1818/303-444-1852

### **FIRST ALLIED SECURITIES INC.**

6684 Gunpark Drive, Suite 1500 Boulder, CO 80301 303-530-7717/303-527-0365 Services offered: Investment advisory, financial planning, managed money, traditional brokerage. Person In Charge: Bob Webster, Manager Year Founded: 1990 Web site: www.firstallied.com

### FIRST FINANCIAL GROUP OF COLORADO

895 Eldorado Ave. Nederland, CO 80466 303-939-9856 Services offered: Financial planning. Person In Charge: Roy Ludwick, Owner

### FIRST NATIONAL BANK INVESTMENT MAN-AGEMENT & TRUST

1155 Canyon Blvd., Suite 210 Boulder, CO 80302 303-938-5601/303-417-4116 Services offered: Financial planning, investment management, trust and estate services, retirement plans. Person In Charge: Alden Sherman Year Founded: 1973 Web site: www.1stnationalbank.com

### FOCUSED FINANCIAL PLANNING INC.

1615 Pearl St., Suite B Boulder, CO 80302 303-544-0222/720-294-9542 Services offered: Fee-only financial management. Asset management and building, IRA rollovers and asset preservation. Specializing in small business including small business consulting and taxes. Person In Charge: Patrick Peterhans, C.F.P. Year Founded: 1997 Web site: www.focusedfinancialplanning.com; www.Ask-a-Financial-Planner.com

### **GARY S. BEDFORD FINANCIAL SERVICES**

7850 Edelwiess Ct Boulder, CO 80303 303-499-8800/303-499-7300 **Person In Charge:** Gary Bedford, Ch.F.C.

### **GATES FINANCIAL SERVICES INC.**

2240 Champlain Drive Boulder, CO 80301 720-890-4991/ Services offered: Tax strategies, financial planning, investment management.

### **GENERATION CAPITAL MANAGEMENT**

50 S. Steele Street #480 Denver, CO 80209 303-996-6212/ Services offered: Retirement planning Person In Charge: Teri Starry

### **GOLD MEDAL WATERS INC.**

4845 Pearl East Circle, Ste. 101 Boulder, CO 80301 720-887-1299/720-208-0605 Services offered: Wealth management (entreprenuers, small firm medical practices and professional athletes), retirement income distribution planning (retirees), retirement plan setup (plan sponsors). Person In Charge: Matthew Kelley, C.F.P., A.I.F., A.A.M.S. Year Founded: 2004 Web site www.undibandbutter.com

### Web site: www.goldmedalwaters.com

### H & R BLOCK CO.

1800 Broadway St., Suite 110 Boulder, CO 80302 720-565-9833/720-565-9823 Services offered: Financial, retirement, education and estate planning. Stock, bond and mutual fund brokerage, 1031 exchanges, annuities, personal and business life insurance. Year Founded: 1999 Web site: http://hrblock.com

### HARSHMAN WEALTH MANAGEMENT LLC

390 Interlocken Crescent, Suite 140 Broomfield, CO 80021 303-442-2138/303-443-0035 Services offered: Comprehensive wealth management, asset and risk management, financial planning. Person In Charge: Shawn D. Harshman, Founder and Partner Year Founded: 2005 Web site: www.harshmanwealth.com

### **INVESTORS INDEPENDENT TRUST CO.**

507 Canyon Blvd. Boulder, CO 80302-5029 303-444-9060/303-444-2301

### JIM MARTY AND ASSOCIATES LLC

1714 Duchess Drive Longmont, CO 80501 303-651-0304/303-651-1471 Services offered: Financial services, retirement, estate and tax planning strategies. Person In Charge: Jim Marty Year Founded: 1984

### **KYDE CAPITAL STRATEGIES LLC**

1911 11th St., Suite 207 Boulder, CO 80302 303-443-6644/303-443-7755 Services offered: Comprehensive financial planning, investment management, wealth management, individual portfolio design. Person In Charge: Greg Kyde, C.F.P., Ch.FC. Year Founded: 1996 Web site: www.kydecap.com

### LAURIE HYLAND, C.F.P.

737 29th St., Suite 100 Boulder, CO 80303 303-444-5440/ **Person In Charge:** Laurie Hyland, C.F.P. **Web site:** www.lpl.com

### **LIGHTHOUSE FINANCIAL LLC**

360 Interlocken Blvd., Suite 101 Broomfield, CO 80021 303-444-1818 Services offered: Investment advisory firm, providing financial planning, estate planning and asset management services. Person In Charge: J. Lynn Hinds, Owner Year Founded: 1999 Web site: www.lighthousefinancial.biz

### LINSCO/PRIVATE LEDGER FINANCIAL SERVICES

1617 Coalton Road, Suite 145 Superior, CO 80027 303-938-9100/ Services offered: LPL represents a national network of more than 5,000 independent investment professionals-business owners assisting clients with financial goals. Person In Charge: Donald R. DuVarney, Branch Manager Year Founded: 1972 Web site: www.lpl.com

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### **LPL FINANCIAL SERVICES**

4450 Arapahoe Ave. Suite 100 Boulder, CO 80303-9102 303-442-8000/303-442-0888

### LUNSFORD FINANCIAL PLANNING INC.

357 S. McCaslin Blvd., Suite 200 Louisville, CO 80027 303-666-6442/303-926-0336 Services offered: Fee-only financial planning, investment advice and tax preparation. Person In Charge: Shannon Lunsford, C.F.P. Year Founded: 2003 Web site: www.LunsfordFinancial.com

### MARTY, LYLE, DOTY AND JONES LLC - BOULDER

4999 Pearl East Circle, Suite 300 Boulder, CO 80301 303-440-0399/303-440-5073 Services offered: Financial services, retirement, estate and tax planning strategies. Person In Charge: Jim Marty Year Founded: 1984 Web site: www.mldjcpa.com

### **MBA FINANCIAL SERVICES LLC**

1634 Walnut St., Suite 111 Boulder, CO 80302 303-584-6827/ Services offered: Investment planning firm, providing financial planning, estate planning and portfolio management services. Person In Charge: Michael Banks, M.B.A. Year Founded: 1989

### MCNARY FINANCIAL PLANNING LLC

14597 Benton St., Suite 200 Broomfield, CO 303-410-1745/ Services offered: Fee-only comprehensive financial planning for middle-income families. Incorporates investment analysis, strategy and coordination of implementation, tax planning, insurance review budgeting and estate planning. All services are based on life goals established by clients. No product sales. No commissions. Person In Charge: Judy McNary, Founder Year Founded: 2007 Web site: www.mcnaryfinancial.com

### **MERIDIAN WEALTH MANAGEMENT**

5377 Manhattan Circle, Suite 203 Boulder, CO 80303 720-274-1656/720-274-1663 Services offered: Portfolio management and retirement planning. Person In Charge: David Hansen Year Founded: 2005 Web site: www.meridianteam.com

### **MERRILL LYNCH**

921 Walnut St., 1st Floor Boulder, CO 80302 303-938-3900/303-938-3999 Services offered: All financial services. Person In Charge: John Oliver, Resident Manager Year Founded: 1895 Web site: www.ml.com

### **MORGAN STANLEY**

1300 Walnut St., Suite 204 Boulder, CO 80302 720-562-6200/303-939-9007 Services offered: Full-service financial firm: personal financial planning to global investment banking. Person In Charge: Joseph Jaensen, Colorado

OCTOBER/NOVEMBER, 2008

Complex Manager Year Founded: 1924 Web site: www.morganstanley.com

### NEIDIGER TUCKER BRUNER INC.

1911 11th St., Suite 303 Boulder, CO 80302 303-440-0170/413-643-8038 Services offered: Stock, bond brokerage business, 401k set up. Person In Charge: Tim Beaschler, Branch Manager Year Founded: 1985 Web site: www.ntbinc.com

### NOEL FINANCIAL INC.

777 29th St. Suite 200 Boulder, CO 80303 303-415-9122/ Person In Charge: Amy Noel Web site: www.noelfinancialinc.webyp.net

### PARAGON CAPITAL WEALTH MANAGEMENT

1426 Pearl St., Suite 200 Boulder, CO 80302 303-443-1510/303-443-1575 Services offered: Private weatlh management firm specializing in retirement distribution planning and execution, estate planning and generational wealth transfer, Trust set up and management. Person In Charge: Duke O'Neil and Steven Pastore, General Partners Year Founded: 2005

### PEAK ASSET MANAGEMENT LLC

1371 E. Hecla Drive, Suite A Louisville, CO 80027 303-926-0100/303-926-0098 Services offered: Wealth management, portfolio management, financial planning. Person In Charge: Terrance W. Hefty, Founder Year Founded: 1994 Web site: www.peakam.com

### PLE WEALTH MANAGEMENT LLC 5377 Manhattan Circle

5377 Manhattan Circle Boulder, CO 80303 720-274-1656

### PRINCIPLED INVESTING LLC

P.O. Box 1837 Boulder, CO 80306-1837 303-413-6025/888-220-7510 Services offered: Financial planning and investment advice. Specializing in sustainable and environmentally responsible investing. Person In Charge: Krista Strohoffer, Financial Advisor Year Founded: 2005 Web site: www.principledinvestingllc.com

### PRIVATE WEALTH MANAGEMENT GROUP

1526 Spruce St. Boulder, CO 80302

303-545-5400

### RANDALL L. KRYSZAK CPA, PC

4845 Pearl East Circle, Suite 101 Boulder, CO 80301 303-442-3858/303-417-6379 Services offered: Fee only investment management, financial planning, tax planning and tax preparation services. Person In Charge: Randy Kryszak Year Founded: 2001 Web site: www.randykryszak.com

### **RAY DICKERSON**

5398 Manhattan Circle Boulder, CO 80303 303-499-2049/ Person In Charge: Ray Dickerson

### **RBC DAIN RAUSCHER INC.**

1801 13th St., Suite 310 Boulder, CO 80302 303-443-5384/303-443-4483 Services offered: Investment services to individual investors and small businesses, trust and estate planning, investment banking services to corporations and municipalities nationwide. Person In Charge: Butch Carlson, Branch Manager Year Founded: 1909 Web site: www.rbcdain.com

### **ROBERT W. BAIRD & CO.**

1881 9th St., Suite 250 Boulder, CO 80302 303-786-7240/303-786-7234 Services offered: Financial planning, asset analysis, wealth management, corporate and executive services. Person In Charge: Richard Palm, Manager Year Founded: 1919 Web site: www.rwbaird.com

### **ROCKY MOUNTAIN WEALTH MANAGEMENT**

3100 Arapahoe Ave., Suite 501 Boulder, CO 80303 303-444-4415/ Person In Charge: Cain Kobert, President

### **ROSS GROUP WEST**

2299 Pearl St., Suite 211 Boulder, CO 80302 303-440-7434/303-443-6307

### SARGENT BICKHAM LAGUDIS

1801 13th St., Suite 208 Boulder, CO 80302 303-443-2433/303-443-0254 Services offered: Investment management and financial counsel. Person In Charge: Brad Bickham, C.F.A., C.F.P. and Owner, Chris Lagudis, Owner, Derrick Robinson, Owner and Patty Meneley, Owner Year Founded: 1989 Web site: www.sargentbickham.com

### SCOTTRADE INC.

2425 Canyon Blvd. Suite N. Boulder, CO 80302 303-413-0800/303-402-0437 Services offered: Online investing, stocks, bonds, mutual funds, CDs, IRAs, CDs, stock news and research. Person In Charge: Dean Fredrickson, Branch Manager Year Founded: 1980 Web site: www.scottrade.com

### SMITH BARNEY INC.

1050 Walnut St., Suite 100 Boulder, CO 80302 303-413-1724/303-443-6539 Services offered: Global, full-service investment banking and wealth mangement. Person In Charge: Elyssa Baltazar, Manager Year Founded: 1895 Web site: www.smithbarney.com

### **STEWART FARNELL**

4540 MacArthur Drive Boulder, CO 80303 303-541-0782/303-545-5668 Services offered: Fee-only financial planning, education and coaching. Person In Charge: Stewart Famell, C.F.P. Year Founded: 1991 Web site: www.stewartfarnell.com

### SUMMIT BANK & TRUST HTLF INVESTMENT SERVICES

2002 E. Coalton Road Broomfield, CT 80027 303-460-4700/303-460-4751 Services offered: Full-service company providing bank clients with financial advice and carefully researched investment recommendations. Person In Charge: Eileen Kim; Lisa McStravick and Susan Killough Year Founded: 2006 Web site: www.summitbt.com

### TARRALL, SKRAM & NIELSON

2590 Trailridge Drive East, Suite 202 Lafayette, CO 80026 303-415-2525/303-415-2524 Services offered: Wealth management: investment management and financial planning. Person In Charge: Hony Tarrall, President and Marilynne Tarrall Year Founded: 1994 Web site: www.tarrall.com

### THE HCM GROUP

10901 W. 120th Ave., Suite 320 Broomfield, CO 80021 303-926-9600/ Services offered: Retirement plan consulting. Person In Charge: Jonathan W. Postal, Principal Web site: www.hcm.com

### THE MILLSTONE-EVANS GROUP OF RAYMOND JAMES & ASSOCIATES

1942 Broadway, Suite 400 Boulder, CO 80302 303-402-6907/303-402-6908 Services offered: Detailed financial planning and individualized portfolio management. Person In Charge: Greg Evans, First Vice President of Investments Year Founded: 1962 Web site: www.millstoneevans.com

### THE WEALTH CONSERVANCY INC.

1525 Spruce St., Suite 300 Boulder, CO 80302 303-444-1919/303-444-1479 Web site: www.thewealthconservancy.com **UBS FINANCIAL SERVICES INC.** 1801 13th St., Suite 100 Boulder, CO 80302 303-447-2940/303-441-5370 Services offered: Complete financial services, including managed accounts, alternative investments, retirement plans, mutual funds, CDs, tax-exempt bonds, stocks, government securities. Person In Charge: Gerald Karre, Director and Branch Manager Year Founded: 1879 Web site: www.ubs.com/branch/boulderby

### **VARRA FINANCIAL**

1400 Main St. Louisville, CO 80027 303-665-2822/ Services offered: Pension and retirement planning, mutual funds, variable annuities, health insurance, long-term care. Person In Charge: Gina Varra, Owner Web site: www.financial-advisors.in

VECTRA BANK - BOULDER BROADWAY 2696 Broadway

Boulder, CO 80304

720-947-8400/720-947-8410 Web site: www.vectrabank.com

### WACHOVIA SECURITIES LLC

1919 14th St. Boulder, CO 80302 303-441-0600/303-441-0656 Services offered: Integrated investment banking brokerage and asset management business that develops capital raising, market making and financial advisory services. Person In Charge: Sandy Moore, Manager Web site: www.wachovia.com

### WADDELL & REED

1200 28th St. Boulder, CO 80303 303-444-8800/303-449-1018 Services offered: Financial planning, advising, investments, insurance. Security brokers and dealers. Person In Charge: Richard Harris Year Founded: 1937 Web site: www.waddell.com

### WELLS FARGO WEALTH MANAGEMENT GROUP

1801 13th St., Suite 200 Boulder, CO 80302 303-541-2020/303-541-2059 Services offered: Stock and bond brokerage, wealth planning, investment management and trusts, private banking. Person In Charge: Rick Nelson, Regional Manager Year Founded: 1852 Web site: www.wellsfargo.com

### **GOLF COURSES**

### BOULDER COUNTRY CLUB

BOULDER COUNTY - FINANCIAL ADVISERS • GOLF COURSES

7350 Clubhouse Road Boulder, CO 80301 303-530-2226/303-530-4603 **Products/Services:** Practice facility, dining, golf shop, driving range, indoor and outdoor pools, indoor and outdoor tennis courts, athletic facility featuring cardiovascular and weight training centers, aerobics, yoga and Pilates. **Web site:** www.bouldercc.org

### **BROADLANDS GOLF COURSE**

4380 W. 144th Ave. Broomfield, CO 80020 303-466-8285/303-635-0644 **Products/Services:** Golf course designed to appeal to those of all skill levels. **Web site:** www.broadlandsgolf.com

### **BUFFALO RUN**

15700 E. 112th Ave. Commerce City, CO 80022 303-289-1500/ Products/Services: Corporate memberships, bag drop, club cleaning, club repair, club fitting, lessons, club rental, tournament facilities and restaurant. Web site: www.qolfcolorado.com

### **COAL CREEK GOLF COURSE**

SS W. Dillon Road Louisville, CO 80027 303-666-7888/303-666-7899 **Products/Services:** Driving range, practice facility (chipping and putting range), full-service restaurant, tournament and banquet facilities, custom club fitting and custom merchandising, individual and group lessons and clinics. **Web site:** www.coalcreekgolf.com

### EAGLE TRACE GOLF CLUB

1200 Clubhouse Drive

Broomfield, CO 80020 303-466-3322/303-466-0456 Products/Services: Driving range, food service, banquets, weddings, meetings, lessons, practice area. Web site: www.eagletracegolfclub.com

### FLATIRONS GOLF COURSE

5706 E. Arapahoe Road Boulder, CO 80303 303-442-7851/303-442-7875 **Products/Services:** Practice range, beverage cart food service. **Web site:** www.bouldercolorado.gov

### FOSSIL TRACE GOLF CLUB

3050 Illinois St. Golden, CO 80401 303-277-8750/720-497-0690 Products/Services: Full restaurant and banquet facilities. Chipping, bunker, putting green and driving range. Web site: www.fossiltrace.com

### FOX HILL COUNTRY CLUB

1400 E. Colorado Highway 119 Longmont, CO 80502 303-772-0246/303-772-9304 **Products/Services:** Swimming (competitive swim team), tennis, exercise facility, locker rooms, banquet facilities, members pub. **Web site:** www.foxhillcc.com

### HAYSTACK MOUNTAIN GOLF COURSE & DRIVING RANGE

5877 Niwot Road Niwot, CO 80503 303-530-1400/303-530-5499 **Products/Services:** Quiet walking course along Left Hand Creek. Executive-length golf course, with a grass tee and practice range (lighted June-August). Relaxed setting, friendly service, food and full bar. Open all year. **Web site:** www.golfhaystack.com

### HERITAGE AT WESTMOOR

10555 Westmoor Drive Westminster, CO 80021 303-469-2974/303-635-1306 **Products/Services:** Full bar/grill and banquet room, full range, short game range, putting green, lessons, leagues, junior program, company events and corporate memberships. **Web site:** www.ci.westminster.co.us

### HERITAGE TODD CREEK GOLF CLUB

8455 Heritage Drive Thomton, CO 80602 303-655-1779/303-655-1783 **Products/Services:** Practice facility, driving range, golf shop, restaurant, banquet facilities. **Web site:** www.heritagetoddcreekgolf.com

### INDIAN PEAKS GOLF COURSE

2300 Indian Peaks Trail Lafayette, CO 80026 303-666-4706/303-666-7784 **Products/Services:** Practice driving range, putting green and chipping green. Golf shop and bar and grill. **Web site:** www.indianpeaksgolf.com

### INDIAN TREE GOLF COURSE

7555 Wadsworth Blvd. Arvada, CO 80003 303-403-2541/303-420-2178 **Products/Services:** Restaurant and meeting rooms, driving range, chipping and putting greens, par 3 course. **Web site:** www.golfcolorado.com

### LAKE ARBOR GOLF CLUB

8600 Wadsworth Blvd. Arvada, CO 80003 720-898-7360/720-898-7361 **Products/Services:** Driving range, restaurant and bar, full-merchandise pro shop. **Web site:** www.lakearborgolf.com

### LAKE VALLEY GOLF CLUB

4400 Lake Valley Drive Niwot, CO 80503 303-444-2114/303-444-2223 Products/Services: Full-service private golf-only club. Web site: www.lakevalley.com

### **LEGACY RIDGE GOLF COURSE**

10801 Legacy Ridge Parkway Westminster, CO 80031 303-438-8997/303-469-9880 **Products/Services:** Driving range, chipping/ putting greens, clubhouse, restaurant. **Web site:** www.ci.westminster.co.us

### OMNI INTERLOCKEN RESORT GOLF CLUB

500 Interlocken Blvd. Broomfield, CO 80021 303-464-9000/303-464-9100 **Products/Services:** Golf shop, dub house, spa, scenic walking, jogging, hiking and bike paths, GPS system on carts. **Web site:** www.omniinterlocken.com

### STONEY CREEK GOLF COURSE

13939 W. 96th Ave. Arvada, CO 80005 303-431-9268/303-431-0929 **Products/Services:** Driving range, snack bar, golf lessons, practice putting green and chipping area. **Web site:** www.golflink.com

### SUNSET GOLF COURSE 1900 Longs Peak Ave.

Longmont, CO 80501 303-776-312/303-682-1101 **Products/Services:** Chipping area, putting green, dub house and snack bar. **Web site:** www.ci.longmont.co.us

### THE GOLF COURSES AT HYLAND HILLS

9650 N. Sheridan Blvd. Westminster, CO 80031 303-428-6526/303-650-7598 Products/Services: Lighted driving range, six racquetball courts, 54 holes of adventure golf, and full-scale restaurant/banquet rooms. Web site: www.hylandhills.org

### TWIN PEAKS GOLF COURSE

1200 Cornell Drive Longmont, CO 80503 303-772-1722/303-772-4379 **Products/Services:** Driving range, putting green, practice bunker and full dining services. **Web site:** www.golflongmont.com/twinpeaks

### **UTE CREEK GOLF COURSE**

2000 Ute Creek Drive Longmont, CO 80501 303-774-4342/303-776-2739 **Products/Services:** Driving range, practice putting green, chipping area, snack bar, pro shop. **Web site:** www.ci.longmont.co.us

### WEST WOODS GOLF CLUB

6655 Quaker St. Arvada, CO 80007 720-898-7370/720-898-7371 **Products/Services:** Full restaurant and bar.

### Web site: www.westwoodsgolf.com

### **PRIVATE HEALTH CLUBS**

### **24 HOUR FITNESS**

4650 W. 120th Ave. Broomfield, CO 80020 720-887-9024/720-887-9090 **Web site:** www.24hourfitness.com

### **ALAYA YOGA SPA**

159 McCaslin Blvd., Suite D Louisville, CO 80026 303-888-9504/303-362-5699 Owner: Michelle Bacus Web site: www.alayayogaspa.com

### **ANYTIME FITNESS**

701 Delaware Ave. Longmont, CO 80501 303-776-2633/303-776-4336 **Owner:** Chris Berger and Stacey Berger **Web site:** anytimefitness.com/clubs/longmont

### **ANYTIME FITNESS**

325 Waneka Pkwy Lafayette, CO 720-890-7437

### **BODY DYNAMICS**

2660 Canyon Blvd., Suite A4 Boulder, CO 80302 303-440-5776/303-546-0020 **Owner:** Lindsay Ross and Wendy McClure **Web site:** www.bodydynamics.net

### **BODYSPAN STUDIO**

3548 19th St. Boulder, CO 80304 720-352-7044 **Owner:** Deborah McBride **Web site:** www.bodySpan.com

### **BOULDER BLACK BELT ACADEMY**

5311 Western Ave., Suite A Boulder, CO 80301 303-554-7282

### **BOULDER QUEST CENTER**

1200 Yarmouth Ave. Boulder, CO 80304 303-440-3647 **Owner:** Kevin Casey and Mary Casey **Web site:** www.boulderquest.com

### BOULDERBODYWORKS

4865 Riverbend Road, Suite 100 Boulder, CO 80301 303-444-2739/303-444-2704 **Owner:** Renee Beshures, C.M.T. and David B. Schwartz, C.M.T., C.N.M.T. **Web site:** www.boulderbodyworks.com

### **BREAKTHROUGH HEALTH AND FITNESS LLC**

370 Interlocken Blvd., Suite 400 Broomfield, CO 80021 303-327-1573/303-327-1499 **Owner:** Jonathan Roche **Web site:** www.BreakthroughHealthandFitness.com

### **CLUB FITNESS**

1075 South Boulder Road, Suite 125 Louisville, CO 80027 303-665-8122 **Owner:** John Udden and Quin Udden **Web site:** www.clubfitness.org

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### **COLORADO SPORTS TRAINING**

1501 Lee Hill Road, Suite 11 Boulder, CO 80304 303-601-1671 Web site: www.coloradosportstraining.com

### **CONTOURS EXPRESS OF LAFAYETTE**

545 S. Boulder Road, Suite 150 Lafayette, CO 80026 303-665-6070 **Owner:** Amber Zane **Web site:** www.contourslafayette.com

### COREDINATED MOVEMENT & REHAB/AROMATHERAPY

6 KENAD/ AKOMAI NEKA 600 Main St. Louisville, CO 80027-1828 303-673-9797 Owner: Sheila Rincon

### CURVES

489 U.S. Highway 287 Lafayette, CO 80026 303-665-4447/303-665-9881 **Owner:** Kathy Rae Nagel **Web site:** www.curves.com

### **CURVES**

4730 Table Mesa E-100 Boulder, CO 80305 303-440-6400/303-440-8640 **Owner:** Ellen Kendall **Web site:** www.curves.com

### CURVES

7960 Niwot Road, Suite A-2 Niwot, CO 80503 303-652-3224/303-652-2108 **Owner:** Gail Anderson and Happy Schaffner **Web site:** www.curves.com

### CURVES

1106 Francis St. Longmont, CO 80501 303-774-0776/303-774-0175 **Owner:** Nancy Newell **Web site:** www.curves.com

### CURVES

3127 28th St Boulder, CO 80301 303-440-7660/303-440-7660 **Owner:** Kristen Tucker and Kim Huss **Web site:** www.curves.com, www.curvescomplete.com

### **CURVES**

405 Center Drive, Suite G Superior, CO 80027 303-543-0500/303-543-0501 **Owner:** Robin Halloran and Cathy Painter **Web site:** www.curves.com

### **CURVES**

591 South Boulder Road Louisville, CO 80027 303-666-1101/303-666-1101 **Owner:** Dale Cox and Kerrie Cox **Web site:** www.curves.com

### CURVES

6590 W. 120th Ave., No. B-3 Broomfield, CO 80020 303-404-3459/303-404-3461 **Owner:** Angie Hunt **Web site:** www.curves.com

### **CURVES**

3800 W. 144th St., No. 700

**OCTOBER/NOVEMBER, 2008** 

Broomfield, CO 80020 720-274-0992/720-274-0993 **Owner:** Ginny Sarraf **Web site:** www.curves.com

### **CUSTOMIZED NUTRITION & EXERCISE LLC**

2500 30th St. Boulder, CO 80301 303-443-8787/303-443-2535 **Owner:** Rick Jones **Web site:** www.simply-fit.com

### **ELITE TRAINING CENTER**

11575 Main St., Suite 100 Broomfield, CO 80020 303-467-2288 **Web site:** www.impactsport.org

### FEMME FITALE

1810 30th St., Suite F Boulder, CO 80301 303-489-1505 **Owner:** Christine Neff **Web site:** www.femmefitale.com

### FITNESS 19

297 N. Hwy. 287, Suite 100 Lafayette, CO 80026 720-890-1919

### FITNESS FOR LIVING

1516 Columbine Ave. Boulder, CO 80302 303-443-8141/303-443-8141 **Owner:** David Clair **Web site:** www.fitliv.com

### FITNESS TOGETHER

159 McCaslin Blvd., Suite C Louisville, CO 303-926-8800/303-449-1771 **Owner:** Scott Strini **Web site:** www.fitnesstogether.com

### **FITNESS TOGETHER**

2100 Pearl St., Unit A Boulder, CO 80302 303-449-1222/303-449-1771 **Owner:** Stacy Fairbank **Web site:** www.ftboulder.com

### FLATIRON ATHLETIC CLUB

505 Thunderbird Drive Boulder, CO 80303 303-499-6590/303-499-4233 **Owner:** Jens Husted and Keith McQuillen **Web site:** www.flatironathleticclub.com

### FRONT RANGE BOXING ACADEMY

3801 Pearl St. Boulder, CO 80301 303-546-9747 **Owner:** David Gaudette **Web site:** www.frontrangeboxing.com

### FUNCTIONAL FITNESS & WELLNESS CENTER

2868 30th St. Boulder, CO 80301 303-440-1440/303-440-1403 **Owner:** Sam lannetta and Lara lannetta **Web site:** www.functionalfitnessusa.com

### **GYROTONIC BOULDER**

2299 Pearl St., Suite 208 Boulder, CO 80302 303-444-1228 **Owner:** Lindsey Hansen-Sturm and Diane Israel **Web site:** www.gyrotonicboulder.com

### HARVEST HOUSE TENNIS

1345 28th St. Boulder, CO 80302 303-449-5033/303-443-4132 **Owner:** Erik Zimmerman **Web site:** www.harvesthousetennis.com

### IMPACT SPORTS PERFORMANCE

11575 Main St., Suite 100 Broomfield, CO 80020 303-467-2288/303-410-0100 **Owner:** Jamie Heiner **Web site:** www.myimpactsports.com

### **IN BALANCE FITNESS**

305 McCaslin Blvd. Louisville, CO 80027 303-665-1215

### **IRON WORKS FITNESS**

4660 N. Broadway St. Boulder, CO 80304 303-539-9334/303-539-6940 **Owner:** Cathy Grayell and Scott Grayell **Web site:** www.ironworksfitness.net

### **JAZZERCISE LONGMONT**

2515 Danbury Drive Longmont, CO 80503 303-772-2528 **Owner:** Michelle Lee **Web site:** www.jazzercise.com

### KOLESAR BODY KNOWLEDGE STUDIOS

Meadowview Village Center, 600 S. Airport Road, Building C, Suite C Longmont, CO 80503 720-494-9226/720-494-9237 **Owner:** Lara Kolesar Web site: www.kolesarstudios.com

### **KRAV MAGA**

6821 W. 120th Ave. Broomfield, CO 80020 720-214-1691/720-214-1692 **Owner:** James Hiromasa and Shannon Lukeman-Hiromasa **Web site:** www.coloradokravmaga.com

### **KRAV MAGA**

2750 Glenwood Drive Boulder, CO 80304 303-449-2010/720-214-1692 **Owner:** James Hiromasa and Shannon Lukeman-Hiromasa **Web site:** www.ColoradoKravMaga.com

### LADIES WORKOUT EXPRESS

1600 Hover St., Unit D-5 Longmont, CO 80501 303-678-9251 **Owner:** Amy Mills **Web site:** www.ladiesworkoutexpress.com

### LADIES WORKOUT EXPRESS

6821 W. 120th Ave. Broomfield, CO 80020 303-410-6643/303-410-9264 **Owner:** Karen Ast and Dottie Shannon **Web site:** www.ladiesworkoutexpress.com

### LAKESHORE ATHLETIC CLUB - FLATIRON

300 Summit Blvd. Broomfield, CO 80021 303-729-2582/303-729-2583 **Owner:** Syndicated Equities **Web site:** www.lsac-flatiron.com

### LIFELONG FITNESS CENTER

2525 Taft Drive Boulder, CO 80302 303-444-0078/303-449-9759 **Owner:** Amy Miller

### LONGMONT ATHLETIC CLUB

10 Mountain View Ave. Longmont, CO 80501 303-772-4700/303-774-1395 **Owner:** Jim Richardson **Web site:** www.longmontathleticclub.com

### LONGMONT ATHLETIC CLUB WEST

1801 Lefthand Circle Longmont, CO 80501 303-774-8888/303-774-8111 **Owner:** Jim Richardson **Web site:** www.longmontathleticclub.com

### **MOSAIC MOVEMENT ARTS**

1840 55th Street Boulder, CO 80301 303-402-9777/303-402-9333 **Owner:** Angela Dimas **Web site:** www.mosaicmovementarts.com

### **MOUNTAIN KIDS**

474 S. Taylor Ave., Suite A Louisville, CO 80027 303-665-8287/303-665-9122 **Owner:** Anna Baretta **Web site:** www.mountain-kids.com

### **NIWOT PILATES STUDIO**

Monarch Road Niwot, CO **Owner:** Allison Gray

### **NO CHEAT FITNESS CENTER**

117 Sunset St., Suite 1 Longmont, CO 80501-5841 303-772-8262/303-772-2743 **Owner:** Rob Fulcomer **Web site:** www.nocheatabs.com

### **NORTH BOULDER PILATES**

3000 Center Green Drive #140 Boulder, CO 80301 303-413-3496/303-447-3390 **Owner:** Debra Layne, P.T. **Web site:** www.northboulderpilates.com

### **ON THE RUN FITNESS**

Boulder, CO 303-807-0412 **Web site:** www.ontherunfitness.com

### **ONE BOULDER FITNESS**

1800 Broadway, Suite 190 Boulder, CO 80302 303-447-8545/303-447-9235 **Owner:** Scott Woodard and Glen Marshman **Web site:** www.oneboulderfitness.com

### **PAT GUYTON PILATES**

3825 Iris Ave., Suite 300 Boulder, CO 80301 303-449-7284/303-449-7288 **Owner:** Pat Guyton **Web site:** http://patguytonpilates.com

### PEAK PHYSIQUE STUDIO BOULDER

5785 Arapahoe Ave., Unit B Boulder, CO 80303 303-443-7667/303-443-7667 **Owner:** Mary Jane Kemeny

### PHYSICAL MEDICINE AT LONGMONT UNITED HOSPITAL

1950 Mountain View Ave. Longmont, CO 80501 303-485-4163/303-485-4164 **Owner:** Eileen Maddox **Web site:** www.luhcares.org

### **PILATES BALANCE IN MOTION**

323 Third Ave., Suite 1 Longmont, CO 80501 720-652-0706 **Owner:** Christina Albetta and Claudia Miller

### **PILATES OF BOULDER**

2510 47th St. Boulder, CO 80301 303-443-2439 **Owner:** Richard Rossiter **Web site:** www.pilatesofboulder.com

### PILATESBODIES

1515 Main St., Unit B Longmont, CO 80501 303-485-9778/720-685-8963 **Owner:** Donna McLean **Web site:** www.pilatesbodies.org

### **RALLYSPORT HEALTH & FITNESS CLUB**

2727 29th St. Boulder, CO 80301 303-449-4800/303-938-8718 **Owner:** Dennis Dipaula **Web site:** www.rallysportboulder.com

### **REAL SIMPLE NUTRITION LLC**

2516 Broadway St. Boulder, CO 80304 303-443-6543/303-444-2357 **Owner:** Seth Braun **Web site:** www.highenergyhealthcounselor.com

### **ROCKY MOUNTAIN PILATES**

1361 Forest Park Circle, Suite 105 Lafayette, CO 80026 303-926-5577 **Owner:** Melanie Walter **Web site:** www.rmpilates.com

### SHAPEXPRESS

**BOULDER COUNTY - PRIVATE HEALTH CLUBS** 

1225 Ken Pratt Blvd. Longmont, CO 80501 303-772-5511/303-772-8833 **Owner:** Valerie Rock **Web site:** www.shapexpress.com

### **SLENDER LADY**

600 Airport Road, Building B, Suite D Longmont, CO 80501 303-772-8644/303-682-1392 **Owner:** Kippy Sloan **Web site:** www.slenderladylongmont.com

### **SNAP FITNESS**

165 McCaslin Blvd., Suite B Louisville, CO 80027 720-890-7004 **Owner:** Dan Butcher and Cristy Butcher **Web site**: www.snapfitness.com/louisvilleco

### THE BODY CONNECTION LLC

1025 Rosewood St., Suite 107 Boulder, CO 80304 303-449-3111 **Owner:** Alice Diamond and Eric Meleney, L.Ac. **Web site:** www.thebodyconnectionstudio.com

### THE CORE MOVEMENT STUDIO

1844 55th St. Boulder, CO 80301 303-443-7400 **Owner:** Jill Copeland **Web site:** www.coremovementstudio.com

### THE GUNBARREL ATHLETIC CLUB

6565 Gunpark Drive, Suite 160 Boulder, CO 80301 303-530-7648/303-530-5217 **Owner:** Emily Concie

# THE HOMESTEAD AT LONGMONT UNITED HOSPITAL

1380 Tulip St. Longmont, CO 80501 303-772-9152/303-651-5263 Owner: Jody Mayer Web site: www.luhcares.org

### THE INTEGRATED BODY

2885 Aurora Ave., Suite 31 Boulder, CO 80303 303-442-0205 **Owner:** Kerry Lewis Walker **Web site:** www.theintegratedbody.com

### THE KANGAROO KINGDOM INC.

1361 Forest Park Circle, No. 106 Lafayette, CO 80026 303-926-7550/303-926-7551 **Owner:** Kirstie A. Reichers **Web site:** www.thekangarookingdom.com

### THE MOUNTAIN'S EDGE FITNESS CENTER

693-K S. Broadway St. Boulder, CO 80305 303-494-5000/303-494-5001 Owner: Scott Carew Web site: www.mountainsedge.net

### THE PILATES CENTER

4800 Baseline Road, Suite D206 Boulder, CO 80303 303-494-3400/303-499-2746 **Owner:** Amy Taylor Alpers and Rachel Taylor Segel **Web site:** www.thepilatescenter.com

### THE REBELLIOUS BODY

P.O. Box 7567 Boulder, CO 80306-7567 303-499-9124/303-499-9323 **Owner:** Jennifer Altman **Web site:** www.therebelliousbody.com

### THE SPOT BOULDERING GYM LLC

3240 Prairie Ave. Boulder, CO 80301-2508 303-379-8806/303-443-0875 **Owner:** Daniel Howley **Web site:** www.thespotgym.com

### THE WORKOUT STUDIO

2560 28th St. Boulder, CO 80301 720-565-9878/720-565-9877 **Owner:** Robert Brooks and Mary Siefert **Web site:** www.theworkoutstudio.net

### **TRAN'S MARTIAL ARTS & FITNESS CENTER**

802 S. Public Rd. Lafayette, CO 80026 720-299-0940

### TRAN'S MARTIAL ARTS AND FITNESS CENTER

117 S. Sunset St., Suite D Longmont, CO 80501 303-776-1887/303-776-1666 Owner: Hung Tran Web site: www.trans-mafc.com

### **TRAN'S MARTIAL ARTS**

 AND FITNESS CENTER

 3101 1/2 28th St.

 Boulder, CO 80301

 303-402-9460/303-444-7819

 Owner: Vu Tran

 Web site: www.transmartialarts.com

### UNITED HEALTH & WELLNESS AT LONGMONT UNITED HOSPITAL

1950 W. Mountain Ave. Longmont, CO 80501 303-651-5234/303-678-4980 **Owner:** Troy Sea

### **VITALMOTION LLC**

1990 Poplar Ave. Boulder, CO 80304 303-525-6296 **Owner:** Risa Booze **Web site:** www.vitalmotion.biz

### WAY OF THE CRANE

1925 55th St. Boulder, CO 80304 303-442-7559 **Owner:** Melanie Murphy **Web site:** www.wayofthecrane.com

### WOMEN'S FITNESS KICKBOXING

Louisville, CO 80027 303-523-0896

### **PUBLIC HEALTH CLUBS**

### **BOB L. BURGER RECREATION CENTER**

111 W. Baseline Road Lafayette, CO 80026 303-665-0469/303-665-0987 **Owner:** Curt Cheesman **Web site:** www.cityoflafayette.com/recreation

### **BROOMFIELD COMMUNITY CENTER**

280 Lamar St. Broomfield, CO 80020 303-464-5500/303-464-5515 **Owner:** City of Broomfield **Web site:** www.broomfieldrecreation.com

### EAST BOULDER COMMUNITY CENTER

5660 Sioux Drive Boulder, CO 303-441-4400/ **Owner:** City of Boulder **Web site:** www.ci.boulder.co.us

### ED & RUTH LEHMAN YMCA LONGMONT

950 Lashley St. Longmont, CO 80501 303-776-0370/303-682-2301 **Owner:** Barbara McGaughey **Web site:** www.longmontymca.org

### LONGMONT RECREATION CENTER

310 Quail Road Longmont, CO 80501 303-774-4800/303-485-9793 Owner: City of Longmont Web site: www.ci.longmont.co.us

### LOUISVILLE RECREATION/SENIOR CENTER

900 W. Via Appia Louisville, CO 80027 303-666-7400/303-335-4959 Owner: City of Louisville Web site: www.ci.louisville.co.us

### NORTH BOULDER RECREATION CENTER

3170 Broadway St. Boulder, CO 80304 303-413-7260/ **Owner:** City of Boulder **Web site:** www.ci.boulder.co.us

### PAUL DERDA RECREATION CENTER

13201 Lowell Blvd. Broomfield, CO 80020 303-460-6900/303-460-6921 **Owner:** City of Broomfield **Web site:** www.broomfieldrecreation.com

### SOUTH BOULDER RECREATION CENTER

1360 Gillaspie Drive Boulder, CO 303-441-3448/ **Owner:** City of Boulder **Web site:** www.ci.boulder.co.us

### ST. VRAIN MEMORIAL BUILDING

700 Longs Peak Ave. Longmont, CO 80501 303-651-8404/ **Owner:** City of Longmont **Web site:** www.ci.longmont.co.us

### YMCA OF BOULDER VALLEY

2800 Dagny Way Lafayette, CO 80026 303-664-5455/303-664-5456 Owner: Misty Deiparine Web site: www.ymcabv.org

### **YMCA OF BOULDER VALLEY**

5541 Central Avenue Boulder, CO 80301 303-554-7444/303-413-9622 **Owner:** Seth Goldman **Web site:** www.ymcabv.org

### **RV & BOAT DEALERSHIPS**

### **BOULDER BOAT WORKS INC.**

5853 Rawhide Court, Unit C Boulder, CO 80302 720-565-0789/720-565-1013 Products/Services: Builders of fine custom polymer driftboats, dories and rowing hulls. General manager: Andy Toohey Web site: www.boulderboatworks.com

### **CENTURY RV**

10400 E. Frontage Road Longmont, CO 80504 303-453-1111/303-485-1501 Products/Services: Motorhomes, fifth wheels and travel trailers, new, used and consigned. Tiffin, Georgie Boy, Coachmen, Keystone and Four Winds brands. Parts and service located nearby. General manager: Jim Lacazio Web site: www.centuryro.com

### **COLORADO POWERSPORTS**

1880 55th St. Boulder, CO 80301 303-442-4772/303-442-9101 Products/Services: Motorcycles, watercraft, ATVs and snowmobiles. Sales, service, parts, accessories. General manager: Greg Glennie Web site: www.copowersports.com



### **FRONT RANGE MARINE**

9979 Olde Wadsworth Broomfield, CO 80021 303-466-3010/303-466-1501 **Products/Services:** Platinum dealer and factory trained service center for Mercury, Evinrude, Johnson, Mercruiser, OMC, Cobra, Mercury Inflatables, Force and Yamaha. Consignments, parts and accessories and outside storage. **General manager:** Tom Hughey

### THE ANCHORAGE

Highway 36 & 66 Lyons, CO 80503 303-823-6601/303-823-0829 Products/Services: A full-service sailboat dealership representing Catalina, Hunter, Beneteau, MacGregor, Precision, Hobie Cat sailboats and Hobie kayaks. New and used boats. General manager: Steve Linton Web site: www.theanchorage.com VALLEY CAMPER RV

3690 Stagecoach Road Longmont, CO 80504-5658 303-772-2010/303-772-1636 **Products/Services:** Service, repair, parts and accessories for campers, fifth wheels, trailers and motor homes. Gulfstream: Prairie Schooner 5W, Innsbruck 5W-TT, Mako 5W, Gulfbreaze SW-TT, Wide Open 5W toy hauler. Forest River: Flagstaff 5W-TT, Flagstaff tent camper. Host: truck camper. Pilgrim: Legends 5W. General manager: Marty Valencia Web site: www.valleycamper.com





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jlder County



### **ASSISTED LIVING & NURSING HOMES**

### **BARLOW ASSISTED LIVING**

Address: 2320 W. Prospect Road Fort Collins, CO 80526 Phone/Fax: 970-482-1119/ Amenities: Small personalized care.

### **BEE HIVE HOMES OF COLORADO**

Address: 1705 32nd St. Evans, CO 80620 Phone/Fax: 970-506-0006/970-378-0329 Amenities: Family-style assisted living for seniors and those with dementia, home-cooked meals, medication administration and resident activities. E-mail: helenbeehive@yahoo.com

### **BROOKDALE - STIRLING HOUSE OF LOVELAND**

Address: 2895 N. Empire Ave. Loveland, CO 80538 Phone/Fax: 970-667-9500/970-667-4809 Amenities: Courtyard, pets allowed with deposit and beauty salon on premises. E-mail: cwarren@brookdaleliving.com Web site: www.brookdaleliving.com

### **CLARE BRIDGE COTTAGE**

Address: 1008 Rule Drive Fort Collins, CO 80525 Phone/Fax: 970-266-0700/970-266-0800 Amenities: Meals, activities and secure environment. E-mail: mwalker@brookdaleliving.com Web site: www.brookdaleliving.com

NORTHERN COLORADO - ASSISTED LIVING & NURSING HOMES

**COLLINWOOD ASSISTED LIVING** Address: 5055 S. Lemay Ave. Fort Collins, CO 80525 Phone/Fax: 970-223-3552/970-223-2360 Amenities: Restaurant-style dining, housekeeping and laundry services. E-mail: kjacoby@blcmail.com Web site: www.bacbloom.com

### EDEN VALLEY VILLAGE

Address: 6263 N. Larimer County Road 29 Loveland, CO 80538 Phone/Fax: 970-667-7057/970-667-7072 Amenities: Housekeeping, three meals per day, transportation, and planned activities. E-mail: village@eden-valley.org Web site: www.eden-valley.org

### **ESTES PARK GOOD SAMARITAN VILLAGE** - ASSISTED LIVING

Address: 1901 Ptarmigan Trail Estes Park, CO 80517 Phone/Fax: 970-577-7700 Amenities: Pool/spa, exercise, craft room, woodshop, library and meals. E-mail: gss0850@good-sam.com Web site: www.good-sam.com

### **GARDEN SQUARE AT GREELEY**

Address: 1663 29th Avenue Place Greeley, CO 80631 Phone/Fax: 970-336-9063/970-336-9130 Amenities: Supervised medications, dressing and bathing assistance, special diets, 24-hour safety and security, home-style meals, activities, transportation, housekeeping and laundry. E-mail: setabl@gardensguaregreeley.com Web site: www.ridgelinemc.com

### GARDEN SOUARE AT WESTLAKE

Address: 3151 W. 20th St. Greeley, CO 80634 Phone/Fax: 970-346-1222/970-346-1228 Amenities: Personal care, 24-hour staff, laundry, housekeeping, activities and respite care. E-mail: setabl@gardensquaregreeley.com Web site: www.ridgelinemc.com

### **GOOD SAMARITAN SOCIETY -**

BONELL COMMUNITY Address: 708 22nd St. Greeley, CO 80631 Phone/Fax: 970-352-6082/970-356-7970 Amenities: Paid utilities, scheduled transportation, 24-hour emergency call system, laundry facilities, carpet and window coverings, and grounds maintenance. E-mail: sanders1@good-sam.com Web site: www.good-sam.com

### **GOOD SAMARITAN SOCIETY - FORT COLLINS VILLAGE**

Address: 508 W. Trilby Road Fort Collins, CO 80525 Phone/Fax: 970-226-4909/970-226-6976 Amenities: Costs include 3 meals daily with snacks, housekeeping, laundry religious services, recreational and social activities, medication administration, around the clock staffing, regular RN assessment, paid utilities including basic cable, complimentary transportation, assistance with making appointments and arranging transportation. It's a new lifestyle in a maintenance free environment! E-mail: kbaros@good-sam.com Web site: www.good-sam.com

### **GOOD SAMARITAN SOCIETY**

- LOVELAND VILLAGE Address: 2101 S. Garfield St. Loveland, CO 80537 Phone/Fax: 970-669-3100 Amenities: Beauty shop, fitness room, pool, library, country store, spiritual life center with weekly services, multimedia room, billiard room, wellness trails, sculpture gardens and campus wide closedcircuit TV. E-mail: hhaubold@good-sam.com Web site: www.good-sam.com

### **GRAY CARE WEST**

Address: 3705 Carson Ave. Evans, CO 80620 Phone/Fax: 970-330-5133/970-330-4286 Amenities: Wheelchair accessible, hair dresser, various activities. E-mail: graycare@comcast.net

### **HERITAGE HAUS**

Address: 208 19th St. S.E. Loveland, CO 80537 Phone/Fax: 970-669-5616/970-669-0988 Amenities: Medicaid provider. E-mail: admin@heritagehausonline.com

### **INGLENOOK AT BRIGHTON - ASSISTED LIVING**

Address: 2195 E. Egbert St. Brighton, CO 80601 Phone/Fax: 303-659-4148/303-659-5370 Amenities: Housekeeping, meals, transportation, 24-hour staff and other activities. E-mail: inglenookatbrigh@qwest.net Web site: www.inglenookatbrighton.com

### LAKEVIEW COMMONS

Address: 1422 W. 29th St. Loveland, CO 80538

Phone/Fax: 970-278-4000/970-278-4001 Amenities: 3 meals per day, medication administration, 24-hour care providers, housekeeping, laundry and activities. **E-mail:** jennifer.channell@columbinehealth.com Web site: www.columbinehealth.com

### **LOVELAND HOUSE**

Address: 2115 Eagle Drive Loveland, CO 80537 Phone/Fax: 970-663-2223/970-663-5352 Amenities: All meals, laundry, housekeeping, transportation, activities and internet.

### **MACKENZIE PLACE**

Address: 4750 Pleasant Oak Drive Fort Collins, CO 80525 Phone/Fax: 970-207-1939/970-207-9555 Amenities: Heated indoor pool, spa and fitness center, five star restaurant, bistro, pub, theater, billiards room, wellness center, 5,000-square-foot lodge.

E-mail: frontdeskmpftc@leasurecare.com Web site: www.mackenzieplace.com

### **MEADOWLARK ASSISTED LIVING**

Address: 1214 Catalpa Place Fort Collins, CO 80521 Phone/Fax: 970-221-3707/970-221-2346 Amenities: Activities, laundry, housekeeping, personal needs and medication assistance.

### **NEW MERCER COMMONS**

Address: 900 Centre Ave. Fort Collins, CO 80526 Phone/Fax: 970-495-1000/970-495-0626 Amenities: Meals, activites, transportation, medication administration, pets allowed and care services E-mail: kathi.millerchandler@columbinehealth.com Web site: www.columbinehealth.com

### PARK REGENCY ASSISTED LIVING

Address: 1875 Fall River Drive Loveland, CO 80538 Phone/Fax: 970-461-1100/970-461-4650 Amenities: Meals, entertainment, trash removal, beauty services, and many additional amenities. Also on-site physical and occupational therapists and diabetes management program. E-mail: parkregency@comcast.net Web site: www.parkregency.us

### PRIMROSE PLACE ASSISTED LIVING

Address: 1330 E. First St. Loveland, CO 80537 Phone/Fax: 970-667-5962/970-667-2834 Amenities: Close to downtown, backyard with waterfall and pond, family-like atmosphere. E-mail: primroseplace@msn.com

### SHAMROCK MANOR

Address: 2914 W. Prospect Road Fort Collins, CO 80526 Phone/Fax: 970-224-1400/970-224-1400 Amenities: In-room TVs, weekly outings, music therapy, exercise, housekeeping, laundry and all meals.

### **STERLING HOUSE AT THE ORCHARDS\***

Address: 215 Shupe Circle Loveland, CO 80537 Phone/Fax: 970-622-0012/970-622-0018 Amenities: Mountain views, activities, anytime dining, multiple social areas and elegant setting. Web site: www.brookdaleseniorliving.com \* Previously Merrill Gardens.

### **STERLING HOUSE OF BRIGHTON**

Address: 2215 E. Egbert St. Brighton, CO 80601 Phone/Fax: 303-637-9500/303-637-7338 Amenities: Three meals per day, ambulation and escort services, housekeeping, personal laundry services, medication support, short-term stay, outdoor courtyard, beauty salon and enrichment activities. E-mail: sales@brookdaleliving.com Web site: www.brookdaleliving.com

### **STERLING HOUSE OF FORT COLLINS**

Address: 1002 Rule Drive Fort Collins, CO 80525 Phone/Fax: 970-229-9777/970-207-9962 Amenities: Three meals per day, ambulation and escort services, housekeeping, personal laundry services, medication support, short-term stay, outdoor courtyard, beauty salon and enrichment activities

Web site: www.brookdaleliving.com

### **STERLING HOUSE OF GREELEY**

Address: 1999 W. 38th Ave. Greeley, CO 80634 Phone/Fax: 970-330-9500/970-330-7783 Amenities: Three meals per day, ambulation and escort services, housekeeping, personal laundry services, medication support, short-term stay, outdoor courtyard, beauty salon and enrichment activities. E-mail: shgreeley@assistedliving.com Web site: www.brookdaleliving.com

### **TERRY LAKE ASSISTED LIVING**

Address: 3629 Woodridge Road Fort Collins, CO 80524 Phone/Fax: 970-221-3707/970-221-2346

### THE BRIDGE AT LIFE CARE CENTER OF GREELEY

Address: 4750 25th St. Greeley, CO 80634 Phone/Fax: 970-339-0022/970-506-9031 Amenities: Transportation, travel program, activities, spa services, intergenerational programs. E-mail: mrickard@centurypa.com Web site: www.centurypa.com

### THE COURTYARD OF LOVELAND INC.

Address: 605 California Ave. Loveland, CO 80537 Phone/Fax: 970-667-3342/970-667-3079 Amenities: All meals, activities, housekeeping, laundry facilities and more. E-mail: courtyard@gwest.net Web site: www.courtyardofloveland.com

### THE RESIDENCE AT OAKRIDGE

Address: 4750 Wheaton Drive Fort Collins, CO 80525 Phone/Fax: 970-229-5800/970-229-5802 Amenities: All services included at no extra charge, Medicaid accepted, competitive rates, unique activities and outings.

### TRIANGLE CROSS RANCH

Address: 36045 Weld County Road 51 Galeton, CO 80622 Phone/Fax: 970-454-2219/970-454-5390 Amenities: Christ centered whole life care. E-mail: admin@trianglecrossranch.org Web site: www.trianglecrossranch.net

### WELLINGTON ASSISTED LIVING

Address: 8126 S. Fifth St. Wellington, CO 80549 Phone/Fax: 970-568-7199/970-568-0420 Monthly rates high: \$1,900 Amenities: Home atmosphere. We accept

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Medicaid. Rates include everything except personal needs items and medicaions. E-mail: DMuel94256@aol.com

### WILLOWS AT WINDSOR

Address: 303 E. Chestnut St. Windsor, CO 80550 Phone/Fax: 970-686-2258/970-686-7969 Amenities: Private rooms, some private baths, flower and vegetable garden.

### FINANCIAL ADVISERS

### **AIG-AMERICAN GENERAL**

Address: 264 Camino Del Mundo Fort Collins, CO 80524 Phone/Fax: 970-482-2385/970-416-1333 E-mail: reinhold55@aol.com

### AXA ADVISORS LLC

Address: 1315 Oakridge Drive, Suite 120 Fort Collins, CO 80525 Phone/Fax: 970-204-9275/970-204-9276 E-mail: matthew.phillips@axa-advisors.com Web site: www.axaonline.com

### **BEALL INVESTMENT SERVICES LLC**

Address: 14605 Weld County Road 21 Platteville, CO 80651 Phone/Fax: 970-785-1101/970-785-2890 E-mail: rbeall@beallinvestments.com Web site: www.beallinvestments.com

### BODE-VAN ARSDALL FINANCIAL SERVICES

Address: 4645 W. 18th. St., Suite 300 Greeley, CO 80631 Phone/Fax: 970-356-4990/N/A

### **CAPWEST SECURITIES INC.**

Address: 1821 56th Ave Greeley, CO 80634 Phone/Fax: 970-353-7122/N/A E-mail: shall@capwestsec.com Web site: www.capwestsec.com

### CASCADE FINANCIAL MANAGEMENT INC.

Address: 5 Old Town Square, Suite 205-B Fort Collins, CO 80524 Phone/Fax: 970-482-0990/970-482-4262 E-mail: jclagett@cascade-inc.com Web site: www.cascade-inc.com

### **CENTRAL DISCOUNT STOCKBROKERS INC.**

Address: 4025 Automation Way, Bldg. D-1 Fort Collins, CO 80525 Phone/Fax: 970-223-4164/970-223-0314 E-mail: cendisstoc@aol.com

### **CHAPEL & COLLINS LLC**

Address: 375 E. Horsetooth Road, Bldg. 4, Suite 100 Fort Collins, CO 80525 Phone/Fax: 970-204-1376/970-207-9701 E-mail: dennis.collins@raymondjames.com Web site: www.chapelcollins.com

### COLORADO FINANCIAL MANAGEMENT INC.

Address: 2725 Rocky Mountain Ave., Suite 320 Loveland, CO 80538 Phone/Fax: 970-613-1392/970-667-6406 E-mail: info@colofin.com Web site: www.colofin.com

### **COMPLETE SPECTRUM FINANCIAL SERVICES**

Address: 717 Country Acres Drive Johnstown, CO 80534 Phone/Fax: 970-391-0462/970-587-4009 E-mail: bobbiezink@msn.com Web site: www.complete-spectrum.com

### **DUNNHOGERTY INVESTMENT CONSULTING INC.**

Address: 412 W. Mountain Ave. Fort Collins, CO 80521 Phone/Fax: 970-484-8806/970-484-0997. Headquarters: Fort Collins E-mail: KHowe@wachoviafinet.com Web site: www.dunnhogerty.wbsec.com

### **EDWARD JONES INVESTMENTS**

Address: 525 N. Cleveland Ave. Loveland, CO 80537 Phone/Fax: 970-669-3820/970-669-1551 Web site: www.edwardjones.com

### **EDWARD JONES INVESTMENTS**

Address: 910 54th Ave., Suite 220 Greeley, CO 80634 Phone/Fax: 970-352-4549/888-339-6571 Web site: www.edwardjones.com

### EDWARD JONES INVESTMENTS

Address: 172 N. College Ave., Suite B Fort Collins, CO 80524 Phone/Fax: 970-484-2280/866-444-6170 E-mail: laura.arbury@edwardjones.com Web site: www.edwardjones.com

### EDWARD JONES INVESTMENTS

Address: 300 E. Horsetooth Road, Suite 100 Fort Collins, CO 80525 Phone/Fax: 970-223-9929/970-222-0490 Web site: www.edwardjones.com

### FINANCE BY DESIGN INC.

Address: 123 N. College Ave., Suite 200 Fort Collins, CO 80524 Phone/Fax: 970-212-4720 E-mail: info@financebydesign.com Web site: www.financebydesign.com

### **FINANCIAL WEST GROUP**

Address: 1630 25th Ave. Greeley, CO 80631 Phone/Fax: 970-352-0009/970-352-2851 Web site: www.fwg.com

### FIRST FINANCIAL CENTRE INC.

Address: 4255 Woody Creek Lane Fort Collins, CO 80524 Phone/Fax: 970-484-1875/970-484-5206

### FIRST NATIONAL BANK INVESTMENT AND

PLANNING Address: 215 W. Oak St. Fort Collins, CO 80521 Phone/Fax: 970-495-9457 E-mail: jwolfe@1stnationalbank.com Web site: www. firstnationalinvestmentsandplanning.com

### FIRST NATIONAL BANK INVESTMENT MAN-

AGEMENT & TRUST Address: 215 W. Oak St., Fourth Floor Fort Collins, CO 80521 Phone/Fax: 970-495-1293/970-493-7419 E-mail: jwolfe@1stnationalbank.com Web site: www.1stnationalbank.com

### FIRST NATIONAL INVESTMENT MANAGEMENT

& TRUST Address: 1701 23rd Ave. Greeley, CO 80634 Phone/Fax: 970-346-1505/970-353-6299 E-mail: whume@1stnationalbank.com Web site: www.1stnationalbank.com

### FIRST WESTERN TRUST BANK

Address: 3003 E. Harmony, Suite 200

Fort Collins, CO 80528 Phone/Fax: 970-484-9222/970-416-9321 Web site: www.fwtb.com Person in charge: James P. Sprout

### **GILLIS FINANCIAL SOLUTIONS INC.**

Address: 4812 S. College Ave. Fort Collins, CO 80525 Phone/Fax: 970-225-2001/970-225-2095 E-mail: info@gillisfinancial.com Web site: www.gillisfinancial.com

### **GOODWIN FINANCIAL SERVICE**

Address: 2038 Vermont Drive Fort Collins, CO 80525 Phone/Fax: 970-223-2377/N/A

### HORSETOOTH FINANCIAL LLC

Address: 2500 Bedford Court Fort Collins, CO 80526 Phone/Fax: 970-377-3570/970-377-3575 E-mail: mhalfas@comcast.net Web site: www.horsetoothfinancialllc.com

### INVESTMENT CENTERS OF AMERICA INC./ KEVIN DUNNIGAN

Address: 300 E. 29th St. Loveland, CO 80537 Phone/Fax: 970-622-2366/970-622-2395 E-mail: kevin.dunnigan@investmentcenters.com Web site: www.helpwithmyinvestments.com

### JAMES L. WATT FINANCIAL ADVISORS LTD.

Address: 6248 Buchanan St. Fort Collins, CO 80525 Phone/Fax: 970-225-1440/970-225-1470 E-mail: Jimwatt100@yukon2.com

### JIM SAULNIER CFP

Address: 322 E. Oak St. Fort Collins, CO 80524 Phone/Fax: 970-530-0556 E-mail: Jim@JimSaulnier.com Web site: www.jimsaulnier.com

### LONG GREEN PLANNING GROUP

Address: 375 E. Horsetooth Road, Shores 3, Suite 203 Fort Collins, CO 80525 Phone/Fax: 970-282-7526/970-223-6990 E-mail: dan@longgreenplanning.com Web site: www.longgreenplanning.com

### MACDONALD FINANCIAL SERVICES

Address: 4025 Saint Cloud Drive, Suite 250 Loveland, CO 80538 Phone/Fax: 970-667-2950/970-667-3397 E-mail: andrew.macdonald@lpl.com Web site: www.macdonaldfinancialservices.com

### **MANAGED INVESTMENTS**

Address: 2126 Milestone Drive Fort Collins, CO 80525 Phone/Fax: 970-206-1177

### MERRILL LYNCH

Address: 3555 Stanford Road, Suite 101 Fort Collins, CO 80525 Phone/Fax: 970-266-4800/970-372-5660 E-mail: craig\_moddelmog@ml.com Web site: www.ml.com

### **OPPENHEIMER & CO. INC.**

Address: 501 St. Vrain Lane, Suite 202 Estes Park, CO 80517 Phone/Fax: 970-586-1893/970-586-1892 E-mail: mike.eitzen@opco.com Web site: www.opco.com

### **RBC DAIN RAUSCHER INC.**

Address: 155 E. Boardwalk Drive, Suite 310 Fort Collins, CO 80525 Phone/Fax: 970-206-1174/970-206-1464 E-mail: Michael.Trinen@rbcdain.com Web site: www.rbcdain.com

### **REA CAPITAL MANAGEMENT LLC**

Address: 4703-B Boardwalk Drive, Suite 1 Fort Collins, CO 80525 Phone/Fax: 970-223-0907/970-223-2615

### RLK-PLG INVESTMENT MANAGEMENT LLC

Address: 215 W. Magnolia St., Suite 200 Fort Collins, CO 80521 Phone/Fax: 970-484-2161/970-484-2117 E-mail: paulg@crestoneim.com

### SHINN CONSULTING CPAS PC

Address: 702 W. Drake Road, Bldg. D Fort Collins, CO 80526 Phone/Fax: 970-206-1435/970-494-7979 E-mail: ralph@shinnconsultingcpas.com Web site: www.shinnconsultingcpas.com

### STIFEL, NICOLAUS & CO. INC.

Address: 2809 E. Harmony Road, Suite 330 Fort Collins, CO 80528 Phone/Fax: 970-267-9666/970-267-9055 E-mail: yohond@stifel.com Web site: www.stifel.com

### THE CRAIG C. CAMPBELL AGENCY INC.

Address: 141 S. College Ave. Fort Collins, CO 80524 Phone/Fax: 970-484-1400/970-484-9018. E-mail: ccampbell1@farmersagent.com Web site: www.farmersagent.com/ccampbell1

### **THE PLANNING & INVESTMENT CENTER**

Address: 760 Whalers Way, Bldg. A, Suite 201 Fort Collins, CO 80525 Phone/Fax: 970-663-3132/970-663-1506 Web site: www.planningandinvestmentcenter.net

### THRIVENT INVESTMENT MANAGEMENT

Address: 1812 56th Ave., Suite A Greeley, CO 80634 Phone/Fax: 970-330-7411/970-330-7424 E-mail: Dan.Austin@thrivent.com Web site: www.thrivent.com

### TRIBUTARY CAPITAL MANAGEMENT LLC

Address: 215 W. Oak St., Suite 201 Fort Collins, CO 80521 Phone/Fax: 970-495-1291/970-419-5755 E-mail: kspieler@tributarycapital.com Web site: www.tributarycapital.com

### **GOLF COURSES**

### BELLA ROSA GOLF COURSE Address: 5830 County Road 20

Frederick, CO 80530 Phone/Fax: 303-678-2940/303-485-8429 Web site: www.golflink.com

### **BOX ELDER CREEK GOLF COURSE**

Address: 32000 E. 144th Ave. Brighton, CO 80601 Phone/Fax: 303-659-7177/303-659-7773 Products/Services: Bar and snack bar, driving range, course mascots are two emus. Web site: www.boxeldercreekgolf.com

### CITY OF FORT COLLINS - CITY PARK NINE GOLF COURSE

Address: 411 S. Bryan Ave.

Fort Collins, CO 80521 Phone/Fax: 970-221-6650/970-221-6803 Power Cart: \$16-\$24 Products/Services: Pro shop, practice chipping and putting greens, driving range, dubhouse, merchandise, lessons, leagues, tournaments, outings. Web site: www.fcgov.com/golf

### CITY OF FORT COLLINS - COLLINDALE GOLF COURSE

Address: 1441 E. Horsetooth Road Fort Collins, CO 80525 Phone/Fax: 970-223-2478/970-377-0192 Products/Services: Driving range, practice chipping & putting green, full-service bar and restaurant, patio deck, merchandise, club repair, lessons, leagues, tournaments, outings. Web site: www.fcgov.com/golf; www. mannosgrille.com

### CITY OF FORT COLLINS - SOUTHRIDGE GOLF CLUB

- Sour Include: GOLF (LUB) Address: 5750 S. Lemay Ave. Fort Collins, CO 80525 Phone/Fax: 970-416-2828/970-226-2894 Products/Services: Pro shop, practice greens, driving range, clubhouse, full-service bar and restaurant/snack bar, patio deck, merchandise, club repair, lessons, leagues, tournaments, outings. Web site: www.fcgov.com/golf

### CITY OF GREELEY - BOOMERANG GOLF LINKS Address: 7309 W. Fourth St.

Greeley, CO 80634 Phone/Fax: 970-351-8934/970-351-8947 Products/Services: Pro shop, lighted driving range, practice green, full-service restaurant and bar. Web site: www.greeleygov.com/boomerang

### CITY OF LOVELAND - CATTAIL CREEK GOLF COURSE

Address: 2116 W. 29th St. Loveland, CO 80538 Phone/Fax: 970-663-5310/970-962-2903 Products/Services: Pro shop, practice greens, driving range, food and beverages. For reservations call tee time: 960-669-5800. Web site: www.golfloveland.com

### **CITY OF LOVELAND - MARIANA BUTTE**

Address: 701 Clubhouse Drive Loveland, CO 80537 Phone/Fax: 970-667-8308/970-663-4265 Products/Services: Features soaring elevated tees, challenging holes that border the Big Thompson River and vistas of the Rocky Mountain Front Range. Web site: www.golfloveland.com

# CITY OF LOVELAND - OLDE COURSE AT LOVELAND

Address: 2115 W. 29th St. Loveland, CO 80538 Phone/Fax: 970-667-5256/970-278-0663 Products/Services: Driving range, clubhouse, pro shop, putting green, food and beverages. For reservations, call tee time: 970-669-5800. Web site: www.ci.loveland.co.us

### **COYOTE CREEK GOLF COURSE**

Address: 222 Clubhouse Drive Fort Lupton, CO 80621 Phone/Fax: 303-857-6152/303-857-6322 Products/Services: Golf course, pro shop, restaurant, driving range and lessons. Web site: www.fortlupton.org/golfcourse.htm

### EATON COUNTRY CLUB

Address: 37661 Weld County Road 39

Eaton, CO 80615 Phone/Fax: 970-454-2587/970-454-3095 Products/Services: Fine dining, driving range, putting green and chipping area. Web site: www.eatoncountryclub.com

### **ESTES PARK GOLF COURSE**

Address: 1080 So. St. Vrain Ave. Estes Park, CO 80517 Phone/Fax: 970-586-8146/970-577-1147 Products/Services: Golf schools, individual and group golf instruction, practice facility, full-service restaurant. Web site: www.golfestes.com

### FORT COLLINS COUNTRY CLUB

Address: 1920 Country Club Road Fort Collins, CO 80524 Phone/Fax: 970-482-1336/970-482-1442 Products/Services: Now allied with Greeley Country Club, providing members with 36 holes of golf and two campuses with swimming pools, tennis courts and clubhouses. Web site: www.fcqolf.org

### FOX ACRES COUNTRY CLUB

Address: 3350 Fox Acres Drive West Red Feather Lakes, CO 80545 Phone/Fax: 970-881-2510/970-881-2754 Products/Services: Pro shop, driving range practice chipping and putting greens, locker rooms, fly-fishing, tennis courts, restaurant and bar. Web site: www.foxacres.com

### **GREELEY COUNTRY CLUB**

Address: 4500 W. 10th St. Greeley, CO 80634 Phone/Fax: 970-353-0528 Products/Services: Pro shop, locker rooms, swimming, tennis courts, racquetball courts, fullservice restaurant and bar. Web site: www.greeleycc.org

### HARMONY CLUB

Address: 6432 Grand Tree Blvd. Timnath, CO 80547 Phone/Fax: 970-482-4653/970-407-4805 Products/Services: Pro-shop, indoor/outdoor practice facility, chipping and putting area. Indoor practice facility, and home of CSU golf teams. Web site: www.harmonyclub.info

### **HIGHLAND HILLS GOLF COURSE**

Address: 2200 Clubhouse Drive Greeley, CO 80634 Phone/Fax: 970-330-7327/970-339-5573 Products/Services: Driving range, putting green, chipping area, full restaurant and bar. Web site: www.ci.greeley.co.us/golf

### **HIGHLAND MEADOWS GOLF COURSE**

Address: 6300 Highland Meadows Parkway Windsor, CO 80550 Phone/Fax: 970-204-4653/970-204-9396 Products/Services: Grill, golf shop, lessons, golf learning center, lighted driving range, tournaments, and leagues. Web site: www.highlandmeadows.com

### LAKE ESTES EXECUTIVE 9-HOLE GOLF COURSE

Address: 690 Big Thompson Ave. Estes Park, CO 80517 Phone/Fax: 970-586-8176/970-577-1147 Products/Services: Nine-hole golf course with views of Rocky Mountain National Park. Web site: www.golfestes.com

### LINK-N-GREENS

Address: 777 E. Lincoln Ave. Fort Collins, CO 80524 Phone/Fax: 970-221-4818/970-493-0942 Products/Services: Lighted driving range, snack bar, chipping and putting green. Web site: www.golfcolorado.com

### MAD RUSSIAN GOLF TEE TIME

Address: 2100 Country Club Parkway Milliken, CO 80543 Phone/Fax: 970-587-5157/970-587-9430 Products/Services: Pro shop, putting green, chipping area, full restaurant and bar, driving range. Web site: www.madrussiangolf.com

### **MOUNTAIN VISTA GREENS GOLF COURSE**

Address: 2808 N.E. Frontage Road Fort Collins, CO 80524 Phone/Fax: 970-482-4847/970-498-9443 Products/Services: Pro shop, driving range, practice green, food and beverages, patio with mountain views. Web site: www.golfcolorado.com

### PELICAN LAKES GOLF AND COUNTRY CLUB

Address: 1600 Pelican Lakes Point Windsor, CO 80550 Phone/Fax: 970-674-0930/970-686-9701 Products/Services: Swimming pool, locker rooms, Austin's Restaurant and Saloon, banquet rooms, driving range and putting green. Web site: www.watervalley.com

### PTARMIGAN COUNTRY CLUB

Address: 5416 Vardon Way Fort Collins, CO 80528 Phone/Fax: 970-226-8555/970-226-2836 Products/Services: Full-service country club, restaurant/banquet facilities, driving range, practice green, chipping area, locker rooms, tennis, swimming. Web site: www.ptarmigancc.com

### **RIVERDALE GOLF COURSE**

Address: 13300 Riverdale Road Brighton, CO 80601 Phone/Fax: 303-659-6700/303-654-1892 Products/Services: Practice area, banquet rooms and full-service restaurant. Web site: www.riverdalegolf.com

### SADDLEBACK GOLF CLUB

Address: 8631 Frontier St. Firestone, CO 80504 Phone/Fax: 303-833-5000/303-833-3515 Slope: 122 Products/Services: Driving range, practice putting and chipping greens, tournament pavilion, retail shop, PGA teaching professionals available. Web site: www.saddlebackgolf.com

### VISTA RIDGE GOLF CLUB

Address: 2700 Vista Parkway Erie, CO 80516 Phone/Fax: 303-665-9590/303-665-3850 Products/Services: Full-service restaurant. Cart with GPS system included in rate. Web site: www. vistaridgegc.com

### **HEALTH CLUBS**

### **ANYTIME FITNESS**

Address: 200-B Foothills Parkway Fort Collins, CO 80525 Phone/Fax: 970-223-2248/970-223-2058 Person in charge: Ronnie Stuart and David Palmer E-mail: fortcollins@anytimefitness.com Web site: http://www.anytimefitness.com/clubs/ fortcollins

### **BERTHOUD ATHLETIC CLUB**

Address: 247 Mountain Ave. Berthoud, CO 80513 Phone/Fax: 970-532-2582 Web site: www.bacinfo.com

### **CLUB COLORADO FITNESS**

Address: 3755 Precision Drive Loveland, CO 80538 Phone/Fax: 970-663-2582/970-776-3097 Facilities/Programs: Personal training, group fitness, athletic improvement center, Back on Track physical therapy, massage therapy. Web site: www.clubcoloradofitness.com

### **CONDITIONING SPA**

Address: 2640 11th Ave. Greeley, CO 80631 Phone/Fax: 970-352-0974/970-356-2073 Facilities/Programs: Racquetball, squash, cardio, weight room, aerobics, pool, Nautilus, women'sonly fitness center, youth center, Pilates, yoga, Forever Fit and Humana Gold Silver Sneakers. E-mail: info@conditioningspa.com Web site: www.conditioningspa.com

### **CURVES - BERTHOUD**

Address: 310 Mountain Ave. Berthoud, CO 80513 Phone/Fax: 970-532-2398/970-532-2398 Web site: www.curves.com

### **CURVES - ELIZABETH**

Address: 1015 W. Horsetooth Fort Collins, CO 80526 Phone/Fax: 970-416-0845/970-416-0845 Facilities/Programs: Strength, resistance, cardio and circuit training. E-mail: curvesforwomen13@qwest.net Web site: www.curves.com

### **CURVES - FORT COLLINS**

Address: 2114 Midpoint Drive Fort Collins, CO 80525 Phone/Fax: 970-225-0019/970-225-0056 Facilities/Programs: 30 minute circuit training & Cardio and nutritional classes. Web site: www.curves.com

### **CURVES - FORT LUPTON**

Address: 1200 Dexter St., Unit W6 Fort Lupton, CO 80621 Phone/Fax: 303- 857-1206/303-857-1206 Facilities/Programs: Women's fitness and weight loss. E-mail: fortluptoncurves@hotmail.com Web site: www.curves.com

### **CURVES - GREELEY**

Address: 2312 W. 17th St. Greeley, CO 80634-6006 Phone/Fax: 970-353-0900/970-353-0900 Web site: www.curves.com

### **CURVES - HARMONY**

Address: 1829 E. Harmony Road Fort Collins, CO 80525 Phone/Fax: 970-225-1900/970-223-0310 Facilities/Programs: 30 minute fitness circuit training and nutritional classes. Web site: www.curves.com

### **CURVES - LOVELAND**

Address: 1423 N. Denver Ave. Loveland, CO 80538

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# NORTHERN COLORADO - GOLF COURSES • HEALTH CLUBS

GUIDE TO LIFE AFTER 50 BOOMERS 33B

Phone/Fax: 970-669-3062/970-461-3819 Web site: www.curves.com

### **CURVES - LOVELAND**

Address: 249 E. 29th St., Suite A Loveland, CO 80538-7816 Phone/Fax: 970-669-9400/970-669-9400 Facilities/Programs: 30 minute fitness circuit training with CurvesSmart and nutritional classes. E-mail: amundson25@hotmail.com Web site: www.curves.com

### **DEFINITIONS FITNESS CENTER**

Address: 1115 W. Prospect Road, Suites 109 - 115 Fort Collins, CO 80526 Phone/Fax: 970-416-7896/970-416-7885 Facilities/Programs: Cardio and weights facility, personal training, Pilates, yoga, group exercise classes, education classes, tanning, and massage. E-mail: info@definitionsfitness.com Web site: www.definitionsfitness.com

### FITNESS1\*

Address: 8017 First St. Wellington, CO 80549 Phone/Fax: 970-568-4444 Facilities/Programs: Yoga, spinning, cardio theater, massage, tanning, sauna, child care, personal training, weight management center. E-mail: matt@mrtrainer.com Web site: www.Fitness1Clubs.com \* Formerly known as the Wellington Athletic Club LLC

### FORT COLLINS CLUB

Address: 1307 E. Prospect Road Fort Collins, CO 80525 Phone/Fax: 970-224-2582/970-224-5812 Facilities/Programs: Indoor/outdoor pools, group fitness and spin classes, water aerobics, kids club, full bar, spa and salon. E-mail: info@fortcollinsclub.net Web site: www.fortcollinsclub.net

### FORT COLLINS PULSE AND FITNESS CENTER INC.

Address: 2555 S. Shields St. Fort Collins, CO 80526 Phone/Fax: 970-490-1300/970-490-1025 Facilities/Programs: Full-service health club, indoor lap pool, indoor running track, weight room, basketball, racquetball, squash, cycling, group fitness, senior program and Red Cross swim lessons. Many membership options available. E-mail: pulse@frii.com Web site: www.fortcollinspulse.com

### **GENESIS HEALTH AND FITNESS CLUB**

Address: 1000 S. Lincoln Ave. Loveland, CO 80537 Phone/Fax: 970-669-7777 E-mail: genesishealthfitnessclub.com Web site: www.genesishealthfitnessclub.com

### **GOLD'S GYM LOVELAND**

Address: 910 E. Eisenhower Blvd. Loveland, CO 80537 Phone/Fax: 970-593-9111/970-203-0963 Facilities/Programs: Free weights, cardio cinema, nautilus, womens-only work out area, tanning, locker room, saunas, steam rooms, massage therapy, kids club, group classes, personal training, basketball, physical therapy & chiropractic. E-mail: lovelandco@goldsgym.net Web site: www.goldsgym.com/lovelandco

MIRAMONT LIFESTYLE FITNESS COLLEGE Address: 2211 S. College Fort Collins, CO 80525

OCTOBER/NOVEMBER, 2008

Phone/Fax: 970-225-2233/970-282-9294 E-mail: chrisr@miramontlifestyle.com Web site: www.miramontlifestyle.com

### **MIRAMONT LIFESTYLE FITNESS NORTH**

Address: 1800 Heath Parkway Fort Collins, CO 80524 Phone/Fax: 970-221-5000/970-493-3182 Facilities/Programs: Weight training and cardio equipment, dimbing wall, aerobics, running track, basketball, Java and Juice Corner. E-mail: chrisr@miramontlifestyle.com Web site: www.miramontlifestyle.com

### **MIRAMONT LIFESTYLE FITNESS SOUTH**

Address: 901 Oakridge Drive Fort Collins, CO 80525 Phone/Fax: 970-282-1000/970-221-5000 Facilities/Programs: Full-service health club, indoor/outdoor pool and tennis, summer day camp, preschool. Web site: www.miramontlifestyle.com

### **ORCHARDS ATHLETIC CLUB**

Address: 289 E. 29th St. Loveland, CO 80538 Phone/Fax: 970-667-3800/970-667-3800 Facilities/Programs: Full-service health club and sports facility. E-mail: jessica@orchardsathleticclub.net Web site: www.orchardsathleticclub.net

### **PILATES FITNESS STUDIO**

Address: 346 E. Mountain Ave. Fort Collins, CO 80524 Phone/Fax: 970-490-1990 Facilities/Programs: Comprehensive wellness center. Web site: www.pilatesfortcollins.com

### **ROCKY MOUNTAIN HEALTH CLUB**

Address: 1230 Big Thompson Ave. Estes Park, CO 80517 Phone/Fax: 970-577-1900/970-577-0300 Facilities/Programs: Multi-purpose facility, free weights, cardio equipment, aerobics and sauna. E-mail: matt@rmhclub.com Web site: www.rockymountainhealthclub.com

### **SNAP FITNESS**

Address: 1015 S. Taft Hill Road Fort Collins, CO 80521 Phone/Fax: 970-472-1777 Facilities/Programs: 24-hour access, cardio and strength equipment, free weights, tanning, personal training, cardio-theater. E-mail: fortcollins@snapfitness.com Web site: www.snapfitness.com/FortCollins

### THE CLUB AT OLD TOWN

Address: 351 Linden St. Fort Collins, CO 80524 Phone/Fax: 970-493-7222/970-493-3588 Facilites/Programs: Health club, weights and fitness facility. E-mail: theclubatoldtown@gmail.com Web site: www.theclubatoldtown.com

### THE FORM LLC

Address: 2925 S. College Ave., Unit 5 Fort Collins, CO 80525 Phone/Fax: 970-377-3676 Facilities/Programs: Gym and training center. E-mail: rformfitness@aol.com

### THE OTHER CLUB

Address: 1227 Riverside Ave. Fort Collins, CO 80524 Phone/Fax: 970-221-4348/970-416-1231 Facilities/Programs: Free weights, yoga, nutrition counseling, massage therapist, egoscue therapy for chronic pain and coming soon "the Patch." E-mail: tocltd@comcast.net

### THE ZONE HEALTH & FITNESS

Address: 1739 S. College Ave. Fort Collins, CO 80525 Phone/Fax: 970-224-4500/970-224-4015 Facilities/Programs: Spinning and weight lifting, kick boxing, tae bo, ab classes. Web site: www.fortcollinszone.com

### TRAN'S MARTIAL ARTS AND FITNESS CENTER

Address: 3524 S. Mason Fort Collins, CO 80526 Phone/Fax: 970-493-3838/970-416-8748 E-mail: transcollinstkd@yahoo.com

### **UNIQUE PHYSIQUE**

Address: 154 Barberry Place Loveland, CO 80537 Phone/Fax: 970-663-4009/970-669-7758 Facilities/Programs: Personal training, free weights, cardiovascular exercise, circuit training, tanning, massage therapy. Web site: www.uniquephysiqueinc.com

### WINDSOR HEALTH CLUB

Address: 655 Academy Court Windsor, CO 80550 Phone/Fax: 970-686-7825/970-674-1080 Facilities/Programs: Cardio, free weights, circuit training, aerobics and personal training. E-mail: hijelo@hotmail.com Web site: www.windsorhealthclub.com

### WORK OUT WEST FITNESS & TENNIS CLUB

Address: 5699-5701 W. 20th St. Greeley, CO 80634 Phone/Fax: 970-330-9691 Facilities/Programs: Aerobics, basketball, weights, tennis, swimming, racquetball, yoga and Pilates. E-mail: info@workoutwest.com Web site: www.workoutwest.com

### WORKOUT EXPRESS

Address: 257 Johnstown Center Drive Johnstown, CO 80534 Phone/Fax: 970-587-8383 Facilities/Programs: Fitness and friendship through 30-minute circuit-training workouts along with strength and cardio equipment. Fitness classes available. E-mail: johnstownworkoutexpress@msn.com Web site: www.johnstownworkoutexpress.com

### **INDEPENDENT LIVING**

### **BIG THOMPSON MANOR I**

Address: 224 N. Monroe Ave. Loveland, CO 80537 Phone/Fax: 970-667-9517/970-613-1980 Amenities: Studios, one-bedroom apartments, maintenance, and pets allowed. E-mail: bigthompsonmanor@aol.com

### **BIG THOMPSON MANOR II**

Address: 224 N. Monroe Ave. Berthoud, CO 80513 Phone/Fax: 970-667-4195/970-613-1980 Amenities: Housing subsidized by HUD. E-mail: bigthompsonmanor@aol.com

### ESTES PARK GOOD SAMARITAN VILLAGE - INDEPENDENT LIVING

Address: 1901 Ptarmigan Trail

Estes Park, CO 80517 Phone/Fax: 970-577-7700 Amenities: Pool/spa, exercise room, craft room, woodshop, library, meals and more. E-mail: gss0850@good-sam.com Web site: www.good-sam.com

### GOOD SAMARITAN SOCIETY - BONELL COMMUNITY SENIOR APARTMENTS

Address: 708 22nd St. Greeley, CO 80631 Phone/Fax: 970-352-6082/970-356-7970 Amenities: Studio, one and two bedrooms, medical transportation, 24-hour security, meals, activities, chapel services, housekeeping, all utilities, cable TV, exercise room, warm water pool, Ask-a-Nurse Clinics, free laundry facilities, linen service. E-mail: sanders1@good-sam.com Web site: www.good-sam.com

### GOOD SAMARITAN SOCIETY - FOX RUN SENIOR LIVING

Address: 1720 60th Ave. Greeley, CO 80634 Phone/Fax: 970-353-7773/970-330-9708 Amenities: Wellness/exercise room, locker rooms, spa, library, billiards/game room, media room, conference/meeting room and private dining room, beauty salon, chapel with weekly services, on/off-site planned activities, housekeeping, transportation, attached garages, emergency medical call system, walking trails, unobstructed mountain views. E-mail: prainbol@good-sam.com Web site: www.good-sam.com

### GOOD SAMARITAN SOCIETY - LOVELAND VILLAGE

Address: 2101 S. Garfield St. Loveland, CO 80537 Phone/Fax: 970-669-3100 Amenities: Beauty shop, fitness room, pool, library, country store, spiritual life center with weekly services, multimedia room, billiard room, wellness trails, sculpture gardens and campus wide closedcircuit TV. E-mail: hhaubold@good-sam.com

E-mail: hhaubold@good-sam.com Web site: www.good-sam.com

# GOOD SAMARITAN VILLAGE - WATER VALLEY SENIOR LIVING RESORT

Address: 805 Compassion Drive Windsor, CO 80550 Phone/Fax: 970-686-2743/970-686-2098 Amenities: Three meals daily, housekeeping, transportation, paid utilities, town center with coffee lounge, dining room, theater, business room, library, exercise/fitness room, convenience store, bank, heated garage parking and chapel. On a golf course; resort villas coming soon. E-mail: djensen3@good-sam.com Web site: www.good-sam.com

### **GREELEY PLACE RETIREMENT RESIDENCE**

Address: 1051 Sixth St. Greeley, CO 80631 Phone/Fax: 970-351-0683/970-351-7739 Amenities: All inclusive rent with many amenities and all utilities-except phone-included. Management onsite 24/7. 24-hour emergency call system. Web site: www.greeleyplace.com

### **INGLENOOK AT BRIGHTON**

- INDEPENDENT LIVING Address: 2195 E. Egbert St. Brighton, CO 80601 Phone/Fax: 303-659-4148/303-659-5370 Amenities: Housekeeping, meals, transportation, 24-hour staff and other activities. E-mail: inglenookatbrigh@qwest.net Web site: www.inglenookatbrighton.com

### **MACKENZIE PLACE**

Address: 4750 Pleasant Oak Drive Fort Collins, CO 80525 Phone/Fax: 970-207-1939/970-207-9555 Amenities: Heated, indoor pool; spa, fitness center, five-star restaurant, bistro, pub, theater, billiards room, wellness center, 5,000-square-foot lodge. E-mail: frontdeskmpftc@leasurecare.com Web site: www.mackenzieplace.com

### **MIRASOL COMMUNITY ASSOCIATION INC.**

Address: 1145 Finch St. Loveland, CO 80537 Phone/Fax: 970-667-3232/970-278-9904 Amenities: Full yard, W/D in unit, community library, fitness center, business center, movie theater, wellness classes, beauty salon, guest unit available.

Web site: www.mirasolseniorcommunity.com

### PARK REGENCY ASSISTED LIVING

Address: 1875 Fall River Drive Loveland, CO 80538 Phone/Fax: 970-461-1100/970-461-4650 Amenities: Meals, entertainment, trash removal, beauty services, and many additional amenities. Also on-site physical and occupational therapists and diabetes management program. E-mail: parkregency@comcast.net Web site: www.parkregency.us

### PARKWOOD ESTATES

NORTHERN COLORADO - INDEPENDENT LIVING • LONG-TERM CARE • RV & BOAT DEALERSHIPS

Address: 2201 S. Lemay Ave. Fort Collins, CO 80525 Phone/Fax: 970-482-3924/970-482-4149 Amenities: Utilities, housekeeping, meals, transporation and activities. Web site: www.holidaytouch.com

### **RIGDEN FARM SENIOR LIVING**

Address: 2350 Limon Drive Fort Collins, CO 80525 Phone/Fax: 970-224-2700/970-225-2710 Amenities: Library, theater room, craft room, greenhouse, transportation, dining room and guest suite. Web site: www.rigdenfarmseniorliving.com

### **STERLING HOUSE AT THE ORCHARDS\***

Address: 215 Shupe Circle Loveland, CO 80537 Phone/Fax: 970-622-0012/970-622-0018 Amenities: Mountain views, activities, anytime dining, multiple social areas and elegant setting. Web site: www.brookdaleseniorliving.com. \* Previously Merrill Gardens.

### THE HILLCREST

Address: 535 N. Douglas Ave. Loveland, CO 80537 Phone/Fax: 970-593-9800/970-593-9810 Amenities: Exceptional senior residences. E-mail: lyndsey@hillcrestofloveland.com Web site: www.hillcrestofloveland.com

### THE WEXFORD

Address: 1515 W. 28th St. Loveland, CO 80538 Phone/Fax: 970-667-1900 Amenities: Meal plan, housekeeping and linen services, utilities, transportation, activity programs and emergency call system. E-mail: ritchie.bibelheimer@columbinehealth.com Web site: www.columbinehealth.com

### THE BUSINESS REPORT

### THE WINSLOW

Address: 909 Centre Ave. Fort Collins, CO 80526 Phone/Fax: 970-492-6200/970-492-6201 E-mail: palmer.withrow@columbinehealth.com Web site: www.columbinehealth.com

### **THE WORTHINGTON**

Address: 900 Worthington Circle Fort Collins, CO 80526 Phone/Fax: 970-490-1000/970-490-1719 Capacity 2008: 94 Amenities: Housekeeping and linen service, 30 meals per month, continental breakfast, transportation, utilities, garages and activities. E-mail: nancy.collins@columbinehealth.com Web site: www.columbinehealth.com

### **LONG-TERM CARE**

### **BERTHOUD LIVING CENTER**

Address: 855 Franklin Ave. Berthoud, CO 80513 Phone/Fax: 970-532-2683/970-532-0602 Special services: Progressive care center, rehabilitation services and wound therapy. Web site: www.savaseniorcare.com

### **BRIGHTON CARE CENTER**

Address: 2025 E. Eabert St. Brighton, CO 80601 Phone/Fax: 303-659-4580/303-659-2021 Special services: Physical, occupational, and speech therapies, hospice care, respite care, beauty shop, activities, skilled nursing and a secured Alzheimer's unit. Web site: www.kindredhealthcare.com

### **CENTENNIAL HEALTH CARE CENTER**

Address: 1637 29th Avenue Place Greeley, CO 80634 Phone/Fax: 970-356-8181 Special services: Neurological and orthopedic rehabilitation, sub-acute care, all-female secured Alzheimer's unit, physical, occupational and speech therapists on staff. Web site: www.savaseniorcare.com

### **CENTRE AVENUE HEALTH & REHAB FACILITY LLC**

Address: 815 Centre Ave. Fort Collins, CO 80526 Phone/Fax: 970-494-2140/970-494-2141 Special services: Rehabilitation and long-term care. E-mail: centreavenue@columbinehealth.com Web site: www.columbinehealth.com

### **COLUMBINE CARE CENTER WEST**

Address: 940 Worthington Circle Fort Collins, CO 80526 Phone/Fax: 970-221-2273/970-221-9156 Special services: Dementia unit, hospice unit, rehabilitation, transportation, activities, beauty shop, courtyards and music therapy. **E-mail:** columbinewest@columbinehealth.com Web site: www.columbinehealth.com

### **FAIRACRES MANOR**

Address: 1700 18th Ave. Greeley, CO 80631 Phone/Fax: 970-353-3370/ Special services: Rehabilitation, hospice care, secured Alzheimer's and dementia care and 24hour licensed nursing. Culture change and Eden Alternative certified. E-mail: kmekelburg@pinonmgt.com Web site: www.fairacresmanor.com

### **GOLDEN PEAKS**

Address: 1005 E. Elizabeth St. Fort Collins, CO 80524 Phone/Fax: 970-482-2525/970-482-1138 Special services: Occupational, physical and speech therapy; wound care, female-secured Alzheimer's unit, respite care. E-mail: margaret.farrar@sunh.com Web site: www.sunh.com

### **GOOD SAMARITAN SOCIETY** - BONELL COMMUNITY

Address: 708 22nd St. Greeley, CO 80631 Phone/Fax: 970-352-6082/970-356-7970 Special services: Rehabilitation, transportation, skilled nursing, Alzheimer's care, wellness center and therapy pool. Medicare and Medicaid certified. E-mail: sanders1@good-sam.com Web site: www.good-sam.com

### **GOOD SAMARITAN SOCIETY - FORT COLLINS** VILLAGE

Address: 508 W. Trilby Road Fort Collins, CO 80525 Phone/Fax: 970-226-4909/970-226-6976 Special services: Onsite therapy services available if needed. Three meals dailey, complimentary transportation, religious services, housekeeping/ laundry, social activities available. E-mail: kbaros@good-sam.com Web site: www.good-sam.com

### **GOOD SAMARITAN SOCIETY** - LOVELAND VILLAGE

Address: 2101 S. Garfield St. Loveland, CO 80537 Phone/Fax: 970-669-3100 Special services: Alzheimer's care, physical, occupational and speech therapies. E-mail: hhaubold@good-sam.com Web site: www.good-sam.com

### **KENTON MANOR HEALTH CARE CENTER**

Address: 850 27th Ave. Greeley, CO 80634 Phone/Fax: 970-353-1017/970-352-5648 Special services: Progressive care center, rehabilitation services and wound therapy. E-mail: acaguilar@savasc.com Web site: www.savaseniorcare.com

### LEMAY AVENUE HEALTH AND REHABILITATION

Address: 4824 S. Lemay Ave. Fort Collins, CO 80525-9402 Phone/Fax: 970-482-1584/970-482-4134 Special services: Dementia unit, courtyards, transportation, rehabilitation, activities, private rooms and a beauty shop. E-mail: lemayavenue@columbinehealth.com Web site: www.columbinehealth.com

### LIFE CARE CENTER OF GREELEY

Address: 4800 25th St. Greeley, CO 80634 Phone/Fax: 970-330-6400/970-506-1370 Special services: Inpatient and outpatient rehabilitation with physical, occupational and speech-language pathology and a secured Alzheimer's unit. Web site: www.lcca.com

### **NORTH SHORE HEALTH & REHAB FACILITY**

Address: 1365 W. 29th St. Loveland, CO 80538 Phone/Fax: 970-667-6111/970-667-2460 Special services: Sub-acute care, rehabilitation, hospice care, nurse practitioner services, respiratory,

physical and occupational therapies, speech language pathology and a registered dietician. E-mail: erik.margolis@columbinehealth.com Web site: www.columbinehealth.com

### PROSPECT PARK LIVING CENTER

Address: 555 Prospect Ave. Estes Park, CO 80517 Phone/Fax: 970-586-8103/970-586-0109 Special services: Sub-acute rehabilitation, occupational, speech and physical therapy, social work, dietician, family services, dental hygienist and beautician. E-mail: gknobel@epmedcenter.com Web site: www.epmedcenter.com

### **REHABILITATION AND NURSING CENTER OF THE ROCKIES\***

Address: 1020 Patton St. Fort Collins, CO 80524 Phone/Fax: 970-484-7981/970-484-8143 Special services: Physical, occupational, respiratory, outpatient and speech therapy services. Respite care, adult day-care, long-term care and an Alzheimer's-secured unit. E-mail: bluegrouse@continuumhealth.com Web site: www.continuumhealth.com \* Formerly Blue Grouse Health Care

### SIERRA VISTA HEALTH CARE CENTER

Address: 821 Duffield Court Loveland, CO 80537 Phone/Fax: 970-669-0345/970-667-4238 Special services: Secured dementia care unit, rehabilitation services, pain management, infrared light therapy, wound therapy and stroke therapy. E-mail: vickiladams30706fac@savasc.com

### **SPRING CREEK HEALTHCARE CENTER**

Address: 1000 E. Stuart St. Fort Collins, CO 80525 Phone/Fax: 970-482-5712/970-493-8376 Special services: Progressive care center, rehabilitation services, wound therapy and an all-female Alzheimer's unit. E-mail: admissin29@yahoo.com

### WINDSOR HEALTH CARE CENTER

Address: 710 Third Ave. Windsor, CO 80550 Phone/Fax: 970-686-7474/970-686-7987 Special services: Progressive care center, rehabilitation services, physical, occupational, speech and wound therapy. All-female and all-male Alzheimer's units. E-mail: dbadams@sava.com Web site: www.savaseniorcare.com

### **RV & BOAT** DEALERSHIPS

### **A1 POP-UP CAMPER & RV RENTAL**

Address: 1000 Second St. Berthoud, CO 80513-1314 Phone/Fax: 970-532-3552/ Products/Services: Camper and RV rentals of Coachman, Viking, Olympian and Gulfstream products.

### **BOYD LAKE MARINA**

Address: 4430 N. Larimer County Road 11C Loveland, CO 80538 Phone/Fax: 970-663-2797/ Products/Services: Seasonal sales of boat products, also a ramp for lake access.

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### **CENTURY RV**

Address: 10400 E. I-25 Frontage Road Longmont, CO 80504 Phone/Fax: 970-535-6300/303-485-1501 Products/Services: Sales, parts and service of new and used motor homes, 5th wheels and trailers. Brands of RVs Sold: Dutchmen, Keystone, Thor, Sun Valley, and many previously owned units E-mail: centuryrv@yahoo.com Web site: www.centuryrv.com

### **COLORADO BOAT CENTER**

Address: 3850 S.E. Frontage Road Loveland, CO 80537 Phone/Fax: 970-663-6473/970-635-0640 Products/Services: Boat sales, parts and service. Brands of Boats Sold: Glastron, Crestliner, Ranger, MB Sports and Hurricane E-mail: info@coloradoboatcenter.com Web site: vww.coloradoboatcenter.com

### **CYCLE CENTRAL**

Address: 3507 Garfield Ave. Loveland, CO 80538 Phone/Fax: 970-461-9466/970-461-3148 Products/Services: ATVs, sport bikes, cruisers, dirt bikes, personal watercraft and boats. Buys and pawns used equipment E-mail: cyclecentral@msn.com Web site: www.cyclecentralinc.com

### **DEL CAMINO RV SALES**

Address: 1571 I-25 W. Frontage Road Longmont, CO 80504 Phone/Fax: 303-772-4989/303-772-4816 Products/Services: New and used RV sales and service.

Brands of RVs Sold: Palomino, Mountaineer, Open Road, Bighorn, JayFeather Sport, Maxlite, Outback, Springdale, Terry Quantum, Montana, Nash, Cougar, Alpenlite, Allegro Bus, Bounder, SightSeer, Leprechaun, and more E-mail: wesellrvs@aol.com Web site: www.delcaminory.com

### ECONOMY RV INC.

Address: 3231 W. Service Road Evans, CO 80620 Phone/Fax: 970-339-5350/970-339-5351 Products/Services: Sales, parts and service of 5th wheels and travel trailers. Brands of RVs Sold: Laredo, Sportmen, Sportster, Spree, Durango, Coyote E-mail: economyrv@ncwac.com Web site: www.economyrv.com

### FORT COLLINS MOTORSPORTS

Address: 1800 S.E. Frontage Road Fort Collins, CO 80525 Phone/Fax: 970-498-8858/970-498-8832 Products/Services: Sales, service and parts for new and used motorcycles, personal water craft and ATVs. E-mail: sales@fortcollinsmotorsports.com Web site: www.fortcollinsmotorsports.com

### INLET BAY MARINA INC.

Address: 4314 S. Shoreline Drive Fort Collins, CO 80526 Phone/Fax: 970-223-0140/ Brands of Boats Sold: Rentals only E-mail: contact@inletbaymarina.com Web site: www.inletbaymarina.com

### ISLAND LAKE MARINE AND SPORTS INC.

Address: 5887 S.W. Frontage Road Fort Collins, CO 80528 Phone/Fax: 970-225-6666/970-225-3968 Products/Services: Marine sales dealership located next to lake for test driving. Brands of Boats Sold: Rinker, Reinell, Supreme, Smoker Craft, Triton, Mercury, Volvo E-mail: sales@islandlakemarine.com Web site: www.islandlakemarine.com

### **K&C RV CENTERS LLC**

Address: 14504 I-25 Frontage Road Longmont, CO 80504-9626 Phone/Fax: 303-776-1309/303-449-8286 Products/Services: RV sales and service. Brands of RVs Sold: American Coach, Damon, Fleetwood, Heartland, Jayco, Keystone RV, Travel Supreme, Weekend Warrier, Winnebago E-mail: randersen@kcrv.com Web site: www.kcrv.com

### LOVELAND RV SERVICE

Address: 900 E. Colorado Highway 402 Loveland, CO 80537 Phone/Fax: 970-669-7465/970-663-3699 Products/Services: RV sales and service. Brands of RVs Sold: Holiday Rambler, Teton Homes, Proveler, Forest River, Sandpiper, Base Camp, Fleetwood E-mail: LovelandRV@aol.com Web site: www.LovelandRVservice.com

### **MARINE SPORTS WEST**

Address: 5717 Byrd Drive Loveland, CO 80538-8991 Phone/Fax: 970-663-1919/970-663-4293 Products/Services: Boat sales, parts and service. Brands of Boats Sold: Crownline, Lund, G3 E-mail: rich@mswboats.com Web site: www.mswboats.com

### **MOTOADVENTURE KAWASAKI**

Address: 6385 Byrd Drive Loveland, CO 80538-9309 Phone/Fax: 970-484-5111 Products/Services: Sales of ATVs, motorcycles, personal water craft, generators, utility vehicles and Polaris products. Brands of Boats Sold: Kawasaki, Polaris E-mail: brucedalton31q@yahoo.com Web site: www.motoadventure.com

### **MOUNTAIN VISTA RV**

Address: 1550 E. Eisenhower Blvd. Loveland, CO 80537 Phone/Fax: 970-667-3175/970-667-3176 Products/Services: RV sales, service, parts and accessories. Brands of RVs Sold: Sprinter, Shadow, Cruiser RV, Fun Finder, Land Roamer E-mail: info@mountainvistarv.com Web site: www.mountainvistarv.com

### **POWDER RIVER RV**

Address: 7301 S.W. Frontage Road Fort Collins, CO 80528 Phone/Fax: 970-493-9193/970-493-9155 Products/Services: RV sales, service, parts and accessories. Brands of RVs Sold: Diesel Pusher, New Motorhome, Used Motorhome, New Travel Trailer, Used Travel Trailer, New Fifth Wheel, Used Fifth Wheel, Tent Trailer E-mail: info@powderriverrv.com Web site: www.powderriverrv.com

### POWER SPORTS UNLIMITED

Address: 2733 Eighth Ave. Greeley, CO 80631 Phone/Fax: 970-352-7669/970-352-8658 Products/Services: Sales, parts and service for personal water craft, motorcycles and ATVs. E-mail: psu@frii.com Web site: www.powersportsunlimited.com

### **RANDY PREMER REPAIR**

Address: 1300 Eighth Ave. Greeley, CO 80631 Phone/Fax: 970-352-2823/970-378-1822 Products/Services: Boat service, accessories and repair Brands of Boats Sold: All brands of used boats E-mail: colleenpremer@msn.com

### RV AMERICA INC.

Address: 4777 Marketplace Drive Johnstown, C0 80534 Phone/Fax: 970-278-1900/970-278-1905 Products/Services: RV sales, rentals, service, and parts. Brands of RVs Sold: Puma, Sprinter, Starwood, Montana, Mountaineer, Big Sky, Cardinal, Glacier Bay, Surveyor, Tahoe, Wildcat E-mail: marketplaceinfo@rvamericainc.com Web site: www.rvamericainc.com

### **RV WORLD LLC**

Address: 4401 E. Prospect Road Fort Collins, CO 80525 Phone/Fax: 970-493-5400/970-493-5407 Products/Services: RV sales, rentals, parts and service. Brands of RVs Sold: Road Runner, Palomino, Rattler E-mail: info@rvworldllc.com Web site: www.rvworldllc.com

### SIDEWAYZ MARINE

Address: 244 N. College Ave. Fort Collins, CO 80524 Phone/Fax: 970-224-3334/970-224-3372 Products/Services: Boat sales, parts and service. Largest pro shop in Northern Colorado for wakeboarding and waterskiing. Brands of Boats Sold: Supra, Moomba E-mail: info@gosidewayz.com Web site: www.gosidewayz.com

### THE GREAT OUTDOORS RV CO.

Address: 3511 W. Service Road Evans, CO 80620 Phone/Fax: 866-339-1997/970-330-6701 Products/Services: RV sales. Brands of RVs Sold: Cedar Creek, Cherokee, Wildcat, Rockwood E-mail: thegreatoutdoorsrvco@yahoo.com Web site: www.thegreatoutdoorsrv.com

### **TRAILER WORLD LLC**

Address: 3818 S. Larimer County Road 5 Loveland, CO 80537 Phone/Fax: 970-461-3782/970-461-3782 Products/Services: New and used RVs. Brands of RVs Sold: Forest River, Puma, Frontier RV E-mail: sales@trailerworldlc.com Web site: www.trailerworldlc.com

### TRANSWEST TRUCK TRAILER RV

Address: 7550 E. I-25 Frontage Road Frederick, CO 80516 Phone/Fax: 303-684-3400/303-684-3401 Products/Services: New and used trailers, used trucks, parts and service. Sterling, Western Star and RVs.

Brands of RVs Sold: Coronado E-mail: bwilliams@transwest.com Web site: www.trailerwest.com Person in charge: George Eidsness

### VALLEY CAMPER RV

Address: 3690 Stagecoach Road Longmont, CO 80504 Phone/Fax: 303-772-2010/303-772-1636 Products/Services: Sales and service of motorhomes, fifth wheels, travel trailers, pop-ups and truck campers. Brands of RVs Sold: Bigfoot, Sunnybrook, Bristal Bay by Sunnybrook, Chalet, Conquest and Flagstaff E-mail: marty@valleycamper.com Web site: www.valleycamper.com

### **XTREME PERFORMANCE CENTER**

Address: 4738 Weld County Road 12 Dacono, CO 80514 Phone/Fax: 303-654-0867/303-833-6513 Products/Services: Personal Water Craft, ATV and snowmobile sales, service, parts and accessories. Brands of Boats Sold: SeaDoo, Triton, Yamaha E-mail: CharlieB@Xtreme-Performance.com Web site: www.xtreme-performance.com

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# **ASSISTED LIVING & NURSING HOMES**

### **ABSAROKA ASSISTED LIVING**

2401 Cougar Ave. Cody, WY 82414 Phone/Fax: 307-527-7080/307-527-7084 Year Founded: 1990 E-mail: admin@absarokaalf.com

### ASPEN WIND ASSISTED LIVING

4010 N. College Drive Cheyenne, WY 82001 Phone/Fax: 307-778-9511/303-772-0977 Web site: www.aspenwindalf.com Products/Services: 76 private apartments; assistance with bathing, dressing, medication, housekeeping, laundry, social activities and transportation. Year Founded: 1998 E-mail: admin@aspenwindalf.com

### **BEE HIVE HOMES OF EVANSTON**

1949 W. Uinta St. Evanston, WY 82930 Phone/Fax: 307-444-4483/307-444-4484 Web site: http://www.beehivecare.com Year Founded: 2003 E-mail: kevdearing@yahoo.com

Thermopolis, WY 82443 Phone/Fax: 307-864-5591/307-864-2847 Products/Services: Individualized care plans, independent dining, garden and lawn areas, activities 8:30 a.m. - 7:30 p.m. Year Founded: 1967

# CHEYENNE HABILITATION AND THERAPEUTIC CENTER

1616 E. 19th St. Chevenne, WY 82001-4946 Phone/Fax: 307-433-1110/307-433-1114 Products/Services: Support group. Work with mental and physically handicapped people, day care, etc.

### GARDEN SOUARE OF CASPER

1950 S. Beverly St. Casper, WY 82601 Phone/Fax: 307-472-1153/307-427-1123 Year Founded: 1997 E-mail: heatherinez@bresnan.net

### LEGACY HOMES ASSISTED LIVING

2391 S. Muddy String Road, No. 117 Thayne, WY 83127 Phone/Fax: 307-883-3800/307-883-3801 Year Founded: 1998 E-mail: legacy@silverstar.com

# MEADOW WIND ASSISTED LIVING COMMUNITY

3955 E. 12th St. Casper, WY 82601 Phone/Fax: 307-577-3045/307-577-3047 Web site: www.meadowwindALE.com Products/Services: Housekeeping, apartment maintenance, assisted living, support. Year Founded: 1998 E-mail: admin@meadowwindALF.com

### **MICHAEL MANOR**

1108 Birch St. Douglas, WY 82633 Phone/Fax: 307-358-3397/307-358-2842 Products/Services: Physical, occupational and

### THE BUSINESS REPORT

speech therapy Year Founded: 1968 E-mail: mmanor@communicomm.com

### MOUNTAIN VISTA RETIREMENT RESIDENCE

180 Chase Drive Lander, WY 82520 Phone/Fax: 307-332-6612 Web site: www.landerchamber.org/mtnvista.htm Products/Services: Retirement residence. Year Founded: 1998

### **NEW HORIZONS ASSISTED LIVING FACILITY**

1111 Lane 12 Lovell, WY 82431 Phone/Fax: 307-548-5200/307-548-5244 Web site: www.nbhh.com

### NORTH BIG HORN HOSPITAL

1115 Lane 12 Lovell, WY 82431 Phone/Fax: 307-548-5200/307-548-5205 Web site: www.nbhh.com Year Founded: 1904

### PARK PLACE ASSISTED LIVING COMMUNITY

1930 E. 12th St. Casper, WY 82601 Phone/Fax: 307-265-2273/307-265-5384 Web site: www.pkplacealf.com Products/Services: Three meals a day, 24-hour staff, weekly housekeeping, weekly linen service, scheduled transportation, activities seven days a week. Year Founded: 1993 E-mail: admin@pkplacealf.com

### **POINTE FRONTIER RETIREMENT**

& ASSISTED LIVING 1406 Prairie Ave. Cheyenne, WY 82009 Phone/Fax: 307-635-6953/307-635-3566 Web site: http://pointefrontierretirement.com Year Founded: 1989 E-mail: joliver@centurypa.com

### **PRIMROSE RETIREMENT COMMUNITY**

1865 S. Beverly St. Casper, WY 82609 Phone/Fax: 307-266-4800/307-266-4853 Web site: www.primroseretirement.com Year Founded: 2004

### **RIVER ROCK LODGE ASSISTED LIVING**

3000 W. Big Trail Drive Jackson, WY 83001 Phone/Fax: 307-734-0500/307-734-5075 Web site: www.riverrockalf.com E-mail: admin@riverrockalf.com

### **ROCKY MOUNTAIN CARE - EVANSTON**

475 Yellow Creek Road Evanston, WY 82930 Phone/Fax: 307-789-0726/307-789-1438 Products/Services: Skilled nursing, physical therapy, occupational therapy, speech therapy. Year Founded: 1992

### SHOWBOAT RETIREMENT CENTER

150 Wyoming St. Lander, WY 82520 Phone/Fax: 307-332-6788/307-332-2175 Year Founded: 1991 E-mail: rfoote@rmisp.com

### SIERRA HILLS ASSISTED LIVING

4604 N. College Drive Chevenne, WY 82009 Phone/Fax: 307-638-7798/307-638-7919 Web site: www.sierrahillsassistedliving.com Products/Services: Spacious apartments, dining, housekeeping services, assistance with medication, dressing, bathing, grooming, escorts; 24-hour staff, emergency call system. Year Founded: 1998 E-mail: Admin@sierrahillsalf.com

### SOUTH CENTRAL WYOMING HEALTHCARE & REHABILITATION

542 16th St. Rawlins, WY 82301 Phone/Fax: 307-324-2759/307-324-7579 Web site: scwhr.com Products/Services: Respite rooms, Medicare rooms, skilled nursing, therapy services, inpatient and outpatient.

### **SPRING WIND ASSISTED LIVING COMMUNITY**

1072 N. 22nd St. Laramie, WY 82072 Phone/Fax: 307-755-5811/307-721-0478 Web site: www.springwindalf.com Products/Services: One level, courtyards, private apartments, transportation and pets allowed. Year Founded: 2001 E-mail: admin@springwindalf.com

### SUGARLAND RIDGE

1551 Sugarland Drive Sheridan, WY 82801 Phone/Fax: 307-674-5575/307-674-8070 Web site: www.islllc.com Year Founded: 1994 E-mail: sugarlandbom@islllc.com

### SUNDANCE ASSISTED CARE

108 Abby Lane Sundance, WY 82729 Phone/Fax: 307-283-1042/307-283-2120 Year Founded: 2002 E-mail: wjohnson@yahoo.com

### TENDER HEART ASSISTED LIVING FACILITY

624 Twin Ridge Evanston, WY 82930 Phone/Fax: 307-444-8969/307-789-8907 Web site: tenderhearthh@msn.com Year Founded: 2006 E-mail: tenderheart@allwest.net

### **THE HEARTLAND**

639 Ave. H Powell, WY 82435 Phone/Fax: 307-754-7703/307-754-7702 Web site: www.pvhc.org Year Founded: 2000

### **VETERANS' HOME OF WYOMING**

700 Veterans Lane Buffalo, WY 82834 Phone/Fax: 307-684-5511/307-684-7636 Year Founded: 1895 E-mail: LWALTE@state.wy.us

### WYOMING PIONEER HOME

141 Pioneer Home Drive Thermopolis, WY 82443 Phone/Fax: 307-864-3151/307-864-2934 Year Founded: 1948

### **GOLF COURSES**

### **3 CREEK RANCH GOLF CLUB**

2800 Ranch House Circle Jackson, WY 83001 Phone/Fax: 307-733-4999/307-733-8388 Web site: www.3creekranch-jh.com/golf/ golfcourse.html Year Founded: 2005 E-mail: thalsey@3creekranch-jh.com

### **ANTELOPE HILLS GOLF COURSE**

126 Clubhouse Drive Dubois, WY 82513 Phone/Fax: 307-455-2888 Web site: http://antelopehillsgolfclub.net Year Founded: 1980 E-mail: mwiener@wyoming.com

### **ASPEN HILLS AT THE STAR VALLEY RANCH**

1800 Cedar Creek Drive Thayne, WY 83127 Phone/Fax: 307-883-2230 or 2669 Web site: www.svrawy.com Year Founded: 1971 E-mail: svrawy@silverstar.com

### **BELL NOB GOLF COURSE**

4600 Overdale Drive Gillette, WY 82718 Phone/Fax: 307-686-7069/307-685-3077 Year Founded: 1980 E-mail: kwasson@ccgov.net

### **BUFFALO GOLF CLUB**

500 W. Hart Road Buffalo, WY 82834 Phone/Fax: 307-684-5266/307-684-0267 Web site: www.buffalowyogolf.com Year Founded: 1980

### **CASPER COUNTRY CLUB**

4149 E. Country Club Road Casper, WY 82609 Phone/Fax: 307-265-0767/307-235-1109 Year Founded: 1922 E-mail: jraff@pga.com

### **CASPER GOLF CLUB**

2120 Allendale Blvd. Casper, WY 82601 Phone/Fax: 307-234-2405 Year Founded: 1921

### **CEDAR CREEK AT THE STAR VALLEY RANCH**

1800 Cedar Creek Drive Thayne, WY 83127 Phone/Fax: 307-883-2230 Web site: www.svrawy.com Year Founded: 1971 E-mail: svrawy@silverstar.com

### **CEDAR PINES COUNTRY CLUB**

2579 N. Wyoming Highway 116 Upton, WY 82730 Phone/Fax: 307-468-2847/307-468-2415 Year Founded: 1983

### **CHEYENNE AIRPORT GOLF CLUB**

4801 Central Ave. Cheyenne, WY 82009 Phone/Fax: 307-637-6418/307-634-0487 Web site: www.cheyennecity.org Year Founded: 1929

### **CHEYENNE COUNTRY CLUB**

800 Stinner Road Cheyenne, WY 82001 Phone/Fax: 307-637-2200/307-637-2202 Web site: www.cheyennecountryclub.com Year Founded: 1912

### **DEVIL'S TOWER GOLF CLUB**

75 Towerview Drive Hulett, WY 82720

### **CANYON HILLS MANOR**

1210 Canyon Hills Road

Phone/Fax: 307-467-5773 or 887-467-5773/307-467-5202 Web site: www.devilstowergolf.com Year Founded: 1997 E-mail: dtgolf@trib.com

### **DOUGLAS COMMUNITY GOLF CLUB**

64 Golf Course Road Douglas, WY 82633 Phone/Fax: 307-358-5099 Web site: douglasgolfclub.com Year Founded: 1952 E-mail: douglasgc@vcn.com

### F.E. WARREN GOLF CLUB

7103 Randall Ave., Suite 115 F.E. Warren AFB, WY 82005 Phone/Fax: 307-773-3556/307-773-4178

### FOSTER GULCH GOLF CLUB

925 Lane 13 Lovell, WY 82431 Phone/Fax: 307-548-2445

### **GILLETTE GOLF CLUB**

1800 Country Club Road Gillette, WY 82716 Phone/Fax: 307-682-4774/307-682-4774 Year Founded: 1970 E-mail: lonniereed@yahoo.com

### **GLENN "RED" JACOBY GOLF COURSE**

3501 Willett Drive Laramie, WY 82072 Phone/Fax: 307-745-3111/307-745-0089 Web site: uwadmnweb.uwyo.edu/PPLWEB/jacoby/index.asp Year Founded: 1959 E-mail: joej@uwyo.edu

### **GLENROCK GOLF CLUB**

933 W. Grove St. Glenrock, WY 82637 Phone/Fax: 307-436-5560

### **GREEN HILLS GOLF CLUB**

1455 Airport Road Worland, WY 82401 Phone/Fax: 307-347-8972

### HAYCREEK GOLF CLUB

1229 E. Elkhorn Drive Wright, WY 82732 Phone/Fax: 307-464-0747/307-464-6288 Year Founded: 1992

### **HORSESHOE MOUNTAIN GOLF CLUB**

469 Horseshoe Mountain Circle Dayton, WY 82836 Phone/Fax: 307-655-9525

### **JACKSON HOLE GOLF & TENNIS CLUB**

5000 Spring Gulch Road Jackson, WY 83001 Phone/Fax: 307-733-3111 Web site: www.gtlc.com/golf.htm

### **KEMMERER FIELD CLUB**

Wyoming Highway 233 N. Kemmerer, WY 83101 Phone/Fax: 307-877-6954/307-877-2971 Year Founded: 1920

### **KENDRICK GOLF COURSE**

65 Golf Course Road Sheridan, WY 82801 Phone/Fax: 307-674-8148/307-672-8058 Year Founded: 1938 E-mail: kgc@fiberpipe.net

### **KEYHOLE COUNTRY CLUB**

Pine Haven Road Pine Haven, WY 82721 Phone/Fax: 307-756-3775 Web site: www.pine-haven-wy.net/kcc/ Year Founded: 1973

### LANDER GOLF & COUNTRY CLUB

1 Golf Course Drive Lander, WY 82520 Phone/Fax: 307-332-4653/307-332-0334

### LARAMIE COUNTRY CLUB

489 Wyoming Highway 230 Laramie, WY 82070 Phone/Fax: 307-745-8490 Year Founded: 1963

### LEANING ROCK GOLF COURSE

Near Beech Street Pine Bluffs, WY 82082 Phone/Fax: 307-245-3236/307-245-9413 Year Founded: 1997 E-mail: dwtalich@hotmail.com

### **LEGION TOWN & COUNTRY CLUB**

141 Airport Road Thermopolis, WY 82443 Phone/Fax: 307-864-5294 Web site: www.thermopolis.com/golf.html

### LITTLE AMERICA GOLF COURSE

2800 W. Lincolnway Cheyenne, WY 82009 Phone/Fax: 307-775-8442/307-775-8444 Web site: vww.littleamerica.com/cheyenne Products/Services: Full service hotel, resort, conference center, two restaurants (Hathaway's and Carol's Cafe), gift shop. Year Founded: 1974 E-mail: gmerritt@cheyenne.littleamerica.com

### **MIDWAY GOLF CLUB**

4053 Golf Course Road Basin, WY 82410 **Phone/Fax:** 307-568-2255

### **NEWCASTLE COUNTRY CLUB**

2302 W. Main St. Newcastle, WY 82701 Phone/Fax: 307-746-2639

### NIOBRARA COUNTRY CLUB

34 Wyoming Highway 273 Lusk, WY 82225 Phone/Fax: 307-334-2438

### OLD BALDY CLUB

East Pic Pike Road Saratoga, WY 82331 Phone/Fax: 307-326-5222/307-326-5706 Web site: www.oldbaldyclub.com Products/Services: Private country club/resort with golf, fishing, lodging, spa, etc. Year Founded: 1964 E-mail: www.oldbaldy@union-tel.com

### OLIVE GLENN GOLF & COUNTRY CLUB

802 Meadow Lane Cody, WY 82414 Phone/Fax: 307-587-5551/307-587-4591 Web site: www.netcaddie.com/olive\_glenn/ Year Founded: 1975 E-mail: oliveglenn@tritel.net

### PARADISE VALLEY COUNTRY CLUB

70 Magnolia St. Casper, WY 82604 Phone/Fax: 307-234-9146/307-234-3079 Web site: www.paradisevalleyccwyo.com Year Founded: 1956 E-mail: office@paradisevalleyccwyo.com

### **PINE ROCK GOLF COURSE**

South Side of Meeteetse - Phelps Way Cody, WY 82414 Phone/Fax: 307-868-2177

### **POWELL COUNTRY CLUB**

600 Wyoming Highway 114 Powell, WY 82435 Phone/Fax: 307-754-7259 Web site: www.powellgolfclub.com Year Founded: 1946 E-mail: powellgolf@directaimet.com

### **PRAIRIE VIEW GOLF COURSE**

3601 Windmill Road Cheyenne, WY 82001 Phone/Fax: 307-637-6421/307-637-6420 Year Founded: 1965

### **PURPLE SAGE GOLF CLUB**

401 Kindler Drive Evanston, WY 82930 Phone/Fax: 307-789-2383/307-789-4102 Web site: www.purplesagegolf.com Year Founded: 1956 E-mail: psgc@allwest.net

### RENDEZVOUS MEADOWS GOLF CLUB

55 Clubhouse Drive Pinedale, WY 82941 Phone/Fax: 307-367-4252/307-367-6633

### RENEGADE GOLF COURSE

12184 Wyoming Highway 26 W. Riverton, WY 82501 Phone/Fax: 307-857-0117

### **RIVERTON COUNTRY CLUB**

4275 Country Club Drive Riverton, WY 82501 Phone/Fax: 307-856-4779/307-856-7697 Web site: www.rivertoncountryclub.net Year Founded: 1958 E-mail: rccgolf@wyoming.com

### **ROCHELLE RANCH**

2808 E. Rochelle Drive Rawlins, WY 82301-5057 Phone/Fax: 307-324-7121 Web site: www.rochelleranch.com Year Founded: 2004 E-mail: golfpro@rochelleranch.com

### **ROLLING GREEN COUNTRY CLUB**

Country Lane Road Green River, WY 82935 Phone/Fax: 307-875-6724/307-675-6200

### SALT CREEK COUNTRY CLUB

Wyoming Highway 387 Midwest, WY 82643 Phone/Fax: 307-437-6207 Web site: Pasturegolf.com go to SCCC Year Founded: 1926 E-mail: dgraham@vcn.com

### SARATOGA INN GOLF CLUB

601 Pic Pike Road Saratoga, WY 82331 **Phone/Fax:** 307-326-5261 ext. 211 Web site: www.saratogainn.com Year Founded: 1950

### **SHERIDAN COUNTRY CLUB**

GUIDE TO LIFE AFTER 50 BOOMERS 37B

1992 W. Fifth St. Sheridan, WY 82801 Phone/Fax: 307-674-8135/307-674-8135 Web site: www.sheridancc.net Year Founded: 1920 E-mail: golfsheridancc@aol.com

### **SINCLAIR GOLF CLUB**

Six miles east on Golf Course Road Sinclair, WY 82334 Phone/Fax: 307-324-7767/307-324-7767 Year Founded: 1940

### **SNAKE RIVER SPORTING CLUB**

1 Johnny Counts Road Jackson, WY 83001 Phone/Fax: 307-734-7727/307-734-9416 Web site: www.snakeriversportingclub.com Year Founded: 2006 E-mail: mfawkes@snsc.com

### SUNDANCE COUNTRY CLUB

E. Wyoming Highway 14 Sundance, WY 82729 Phone/Fax: 307-283-1191

### TARGHEE VILLAGE GOLF COURSE

530 Perimeter Drive Alta, WY 83414 Phone/Fax: 208-353-8577 Web site: www.targheevillage.com

### **TETON PINES COUNTRY CLUB**

3450 N. Clubhouse Drive Jackson, WY 83002 Phone/Fax: 307-732-1005/307-733-2860 Web site: www.tetonpines.com Year Founded: 1987 E-mail: info@tetonpines.com

### THE POWDERHORN GOLF CLUB

14 Clubhouse Road Sheridan, WY 82801 Phone/Fax: 307-672-5323/307-672-5893 Web site: www.thepowderhorn.com Year Founded: 1996 E-mail: golf@thepowderhorn.com

### THREE CROWNS GOLF COURSE

1601 King Blvd. Casper, WY 82604 Phone/Fax: 307-472-7696/307-472-7701 Web site: www.threecrownsgolfclub.com Year Founded: 2004 E-mail: info@threecrownsgolfclub.com

### TORRINGTON MUNICIPAL GOLF COURSE

W. 15th & Golf Course Road Torrington, WY 82240 Phone/Fax: 307-532-3868/307-534-4647 Web site: www.city-of-torrington.org/golf\_course.htm Year Founded: 1960 E-mail: info@city-of-torrington.org

### TRAIL RUTS GOLF CLUB

100 S. Guernsey Highway Guernsey, WY 82214 Phone/Fax: 307-836-2255

### VALLI VU GOLF CLUB

Wyoming Highway 89 Afton, WY 83110 **Phone/Fax:** 307-885-3338



Web site: www.vallivu.com E-mail: vallivu@silverstar.com

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### WHEATLAND GOLF CLUB

1253 E. Cole St. Wheatland, WY 82201 Phone/Fax: 307-322-3675/307-322-3675

### WHITE MOUNTAIN GOLF COURSE

1501 Clubhouse Drive Rock Springs, WY 82901 Phone/Fax: 307-352-1415/307-352-1418 Web site: www.rswy.net/Departments/GolfCourse.html Year Founded: 1979

### **HEALTH CLUBS**

### **ANYTIME FITNESS**

943 Amoretti St. Lander, WY 82520 Phone/Fax: 307-332-2811 Web site: www.anytimefitness-lander.com Products/Services: Health club, aerobics. E-mail: wrfc@wyoming.com

### ST. JOHN'S HOSPITAL - HEALTH INSTITUTE

555 E. Broadway Jackson, WY 83001-0428 Phone/Fax: 307-739-7626 Products/Services: Wellness center.

### UNITED MEDICAL CENTER HEALTH

& FITNESS CLUB OF CHEYENNE 1620 E. Pershing Blvd. Cheyenne, WY 82001 Phone/Fax: 307-778-5500/307-778-5513 Web site: hfcc@uncwy.info Products/Services: State-of-the-art weight equipment, full aerobic, Rejuvenation European Day Spa with whirlpools and sauna. Year Founded: 1987

### **INDEPENDENT LIVING**

### POINTE FRONTIER RETIREMENT & ASSISTED LIVING

1406 Prairie Ave. Cheyenne, WY 82009 Phone/Fax: 307-635-6953/307-635-3566 Web site: http://pointefrontierretirement.com Year Founded: 1989 E-mail: joliver@centurypa.com

### **SUBLETTE CENTER**

333 N. Bridger Pinedale, WY 82941 Phone/Fax: 307-367-4161/307-367-4135 Web site: vww.sublettecenter.com Products/Services: Thirty independent living apartments. Year Founded: 1978 E-mail: ddoorn@vwoming.com

### SUGARLAND RIDGE

1551 Sugarland Drive Sheridan, WY 82801 Phone/Fax: 307-674-5575/307-674-8070 Web site: www.islllc.com Year Founded: 1994 E-mail: sugarlandbom@islllc.com

### **INVESTOR RELATIONS**

### A. G. EDWARDS & SONS

1800 Capitol Ave Cheyenne, WY 82001 Phone/Fax: 307-635-2451/307-635-3407 Year Founded: 2000

### AMERIPRISE FINANCIAL CO. - CASPER

107 S. Broadway Ave. Casper, WY 82601-3007 Phone/Fax: 307-234-3987/307-237-7614 Web site: www.americanexpress.com Products/Services: 401(k), annuities, bonds, business capital line, certificates of deposit, checking accounts, credit card services, credit lines, financial advice and planning.

### AMERIPRISE FINANCIAL CO. - LARAMIE

217 Superior Court Laramie, WY 82702 Phone/Fax: 307-742-5975 Web site: www.americanexpress.com Products/Services: 401 (k), annuities, bonds, business capital line, certificates of deposit, checking accounts, credit card services, credit lines, financial advice and planning.

### **AMERIPRISE FINANCIAL SERVICES INC.**

3000 Central Ave. Cheyenne, WY 82001 Phone/Fax: 307-778-8321/307-778-3128 Web site: www.americanexpress.com/advisor Year Founded: 1894 E-mail: dixie.m.roberts@aexp.com

### BROOKSTREET SECURITIES 109 E. 17th St., Suite 44

Cheyenne, WY 82001 Phone/Fax: 307-778-4091 Web site: www.bkst.com Products/Services: Investments, retirement planning.

### **CORE INVESTMENT SERVICES**

222 E. 25th St. Cheyenne, WY 82003 Phone/Fax: 307-637-6866/307-634-2677 Web site: www.privateledger.com

### EDWARD D. JONES & CO PO Box 1229

Rawlins, WY 82301-1229

### EDWARD D. JONES & CO. - DENNIS SCHURG

824 Main St. Lander, WY 82520 Phone/Fax: 307-335-7722 Products/Services: Financial planning. E-mail: aschurg@yahoo.com

### EDWARD D. JONES & CO.- RODNEY SCHURG

175 S. Fifth St. Lander, WY 82520 Phone/Fax: 307-332-3800/307-332-3823 Web site: www.edwardjones.com Products/Services: Financial/investment services. E-mail: none

### FIRST COMMAND FINANCIAL SERVICES, INC.

1920 Thomes Ave., Suite 100 Cheyenne, WY 82001 Phone/Fax: 307-635-6292

### FRIESS ASSOCIATES LLC

115 E. Snow King Ave. Jackson, WY 83001 Phone/Fax: 307-739-9699 Products/Services: A privately owned firm founded in 1974 by Foster and Lynn Friess, has \$7.1B in assets under management and is best known as adviser to the Brandywine Funds. Firm has 30 investment professionals who perform over 1,000 interviews per week with target company managements, competitors, customers and suppliers.

### JAVELIN SECURITIES LLC

5201 View Point Court Cheyenne, WY 82009 Phone/Fax: 307-637-2375

### SHOSHONE FIRST BANK

1401 Sheridan Ave. Cody, WY 82414 Phone/Fax: 307-587-4237/307-527-7128 Web site: www.shoshonefirstbank.com Products/Services: Banking, finance, loans and investments Wyoming Employees: 84 Year Founded: 1901 E-mail: rpetersen@shoshonefirstbank.com

### **STATE FARM INSURANCE**

990 W. Main St. Lander, WY 82520 Phone/Fax: 307-332-2530/307-332-4398 Web site: www.lesliecalkins.com Products/Services: Insurance agencies; financial/ investment services. E-mail: leslie.calkins.hqkb@statefarm.com

### **UBS FINANCIAL SERVICES**

123 W. First St., Suite 500 Casper, WY 82601 Phone/Fax: 307-232-9450 Web site: www.ubs.com/financialservicesinc

### **UBS FINANCIAL SERVICES**

21 E. Works Sheridan, WY 82601 Phone/Fax: 307-672-3434 Web site: www.ubs.com/financialservicesinc

### WELLS FARGO FINANCIAL WYOMING INC.

1958 Dell Range Blvd., Suite. C Cheyenne, WY 82009 Phone/Fax: 307-632-0581 Web site: financial.wellsfargo.com

### WELLS FARGO FINANCIAL WYOMING INC. - CASPER

317 Thelma Drive Casper, WY 82609 Phone/Fax: 307-237-1267 Web site: financial.wellsfargo.com

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1103 E. Boxelder Road Gillette, WY 82718 Phone/Fax: 307-682-7869 Web site: financial.wellsfargo.com

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### LONG-TERM CARE FACILITIES

# CAMPBELL COUNTY MEMORIAL HOSPITAL

501 S. Burma Ave. Gillette, WY 82716 Phone/Fax: 307-688-1000 Web site: www.ccmh.net Wyoming Employees: 853 Year Founded: 1953

### **GOSHEN CARE CENTER**

2009 Laramie St. Torrington, WY 82240 Phone/Fax: 307-532-4038/307-532-3800 Year Founded: 1963

### **IVINSON HOME FOR AGED LADIES**

2017 E. Grand Ave. Laramie, WY 82070 **Phone/Fax:** 307-745-3575

### LANDER RIVERTON HOME

Lander, WY 82520-3146 Phone/Fax: 307-857-1311/307-332-3552

### LARAMIE CARE CENTER

503 S. 18th St. Laramie, WY 82070 Phone/Fax: 307-742-3728/307-721-2002 Products/Services: Care for Alzheimer's and related dementia, physical and occupational therapy, speech therapy, beauty shop, chapel. Year Founded: 2000

### **LEGACY HOMES ASSISTED LIVING**

2391 S. Muddy String Road, No. 117 Thayne, WY 83127 Phone/Fax: 307-883-3800/307-883-3801 Year Founded: 1998 E-mail: legacy@silverstar.com

### LIFE CARE CENTER OF CASPER

4041 S. Poplar Casper, WY 82601 Phone/Fax: 307-266-0000/307-234-8934 Web site: www.lcca.com Products/Services: Comfort suite, 23-bed rehab unit. Year Founded: 1970

### LIFE CARE CENTER OF CHEYENNE

1330 Prairie Ave. Cheyenne, WY 82001 Phone/Fax: 307-778-8997/307-778-2912 Web site: www.lcca.com Year Founded: 1970

### MEADOW WIND ASSISTED LIVING COMMUNITY

3955 E. 12th St. Casper, WY 82601 Phone/Fax: 307-577-3045/307-577-3047 Web site: www.meadowwindALF.com Products/Services: Housekeeping, apartment maintenance, assisted living, support. Year Founded: 1998 E-mail: admin@meadowwindALF.com

# MOUNTAIN TOWERS HEALTHCARE AND REHABILITATION CENTER

3128 Boxelder Drive Cheyenne, WY 82001 Phone/Fax: 307-634-7901/307-634-7910 Year Founded: 2000

### **NEW HORIZONS CARE CENTER**

1111 Lane 12 Lovell, WY 82431 Phone/Fax: 307-548-5200/307-548-5244 Web site: www.nbhh.com Products/Services: Beauty salon, gift shop, special diets, smoking rooms, bus for transportation. Year Founded: 1957 E-mail: cnunn@nbhh.com

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### **NIOBRARA HEALTH & LIFE CENTER**

921 E. Ballancee Ave. Lusk, WY 82225 Phone/Fax: 307-334-2711 Products/Services: Acute care, long-term care, X-rays.

### **NORTH BIG HORN HOSPITAL**

1115 Lane 12 Lovell, WY 82431 Phone/Fax: 307-548-5200/307-548-5205 Web site: www.nbhh.com Year Founded: 1904

### PARK PLACE ASSISTED LIVING COMMUNITY

1930 E. 12th St. Casper, WY 82601 Phone/Fax: 307-265-2273/307-265-5384 Web site: www.pkplacealf.com Products/Services: Three meals a day, 24-hour staff, weekly housekeeping, weekly linen service, scheduled transportation, activities seven days a week. Year Founded: 1993 E-mail: admin@pkplacealf.com

### **PIONEER MANOR**

900 W. Eighth St. Gillette, WY 82716 Phone/Fax: 307-682-4709/307-682-2662 Web site: www.ccmh.net Products/Services: Physical, occupational and speech therapy, Alzheimer's unit. Year Founded: 1965 E-mail: gulleyck@ccmh.net

### **POPLAR LIVING CENTER**

4305 S. Poplar Casper, WY 82601 Phone/Fax: 307-237-2561/307-234-9937 Year Founded: 1978

### **POWELL CARE CENTER**

999 Ave. G Powell, WY 82435 Phone/Fax: 307-754-2267/307-754-1271 Products/Services: Dementia care unit. Year Founded: 1997

### **SAGE VIEW CARE CENTER**

1325 Sage St. Rock Springs, WY 82901 Phone/Fax: 307-362-3780/307-362-6858

### SHEPHERD OF THE VALLEY CARE CENTER

60 Magnolia St. Casper, WY 82604 Phone/Fax: 307-234-9381/307-472-3510 Web site: www.svccwyo.org Products/Services: Nursing home. Year Founded: 1977 E-mail: keith @svccwyo.org

### **SHERIDAN MANOR**

1851 Big Horn Ave. Sheridan, WY 82801 Phone/Fax: 307-674-4416/307-674-5814 Products/Services: Open dining, activity program, restorative therapy. Year Founded: 1964

### SHOWBOAT RETIREMENT CENTER

150 Wyoming St. Lander, WY 82520 Phone/Fax: 307-332-6788/307-332-2175 Year Founded: 1991 E-mail: rfoote@rmisp.com

### ST. JOHN'S MEDICAL CENTER

625 E. Broadway Jackson, WY 83001 Phone/Fax: 307-733-3636 Web site: www.tetonhospital.org Products/Services: Hospital, long-term care and hospice. Year Founded: 1916 E-mail: info@tetonhospital.org

### SUGARLAND RIDGE

1551 Sugarland Drive Sheridan, WY 82801 Phone/Fax: 307-674-5575/307-674-8070 Web site: www.isllic.com Year Founded: 1994 E-mail: sugarlandbom@islllc.com

### **VETERANS' HOME OF WYOMING**

700 Veterans Lane Buffalo, WY 82834 Phone/Fax: 307-684-5511/307-684-7636 Year Founded: 1895 E-mail: LWALTE@state.wy.us

### WEST PARK LONG TERM CARE CENTER

707 Sheridan Ave. Cody, WY 82414 Phone/Fax: 307-578-2434/307-578-2412 Web site: www.westparkhospital.org Products/Services: Alzheimer's unit E-mail: jkaiser@wphaedy.org

### WESTWARD HEIGHTS CARE CENTER

150 Caring Way Lander, WY 82520 Phone/Fax: 307-332-5560/307-332-3690 Web site: www.westward-heights.com Year Founded: 1989 E-mail: administrato-lan@vhsmail.com

### WYOMING PIONEER HOME

141 Pioneer Home Drive Thermopolis, WY 82443 Phone/Fax: 307-864-3151/307-864-2934 Year Founded: 1948

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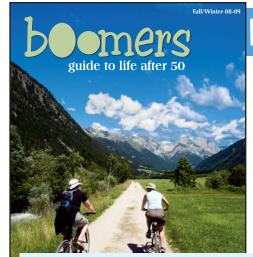


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# DID WE FORGET YOU?

If you are a company or organization in event related industries in Boulder or Broomfield counties and your listing was left out of the 2008-2009 Fall/Winter Boomers: Guide to life after 50, or your information needs to be updated, please fill out this form and mail or fax it back to:

### **The Boulder County Business Report**

310 Sterling Circle, Suite 201 Boulder, CO 80301, fax 303-440-8954 Questions can be directed to Research Director Beth Edwards at 303-440-4950 or e-mail research@bcbr.com.

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Address or P.O. Box:				
Phone	Fax	_ E-mail address:		
Who can we contact for Boomers?				
This address will not be published. S	urvey e-mail:			
Who can the public contact for inform	nation about your business?			
Public e-mail:	Web site:			
Product/Service/Specialty Description	::			
Number of employees:Year of	company was founded:	Person filling out form	:	
Phone and extension:				

Category (Circle one):

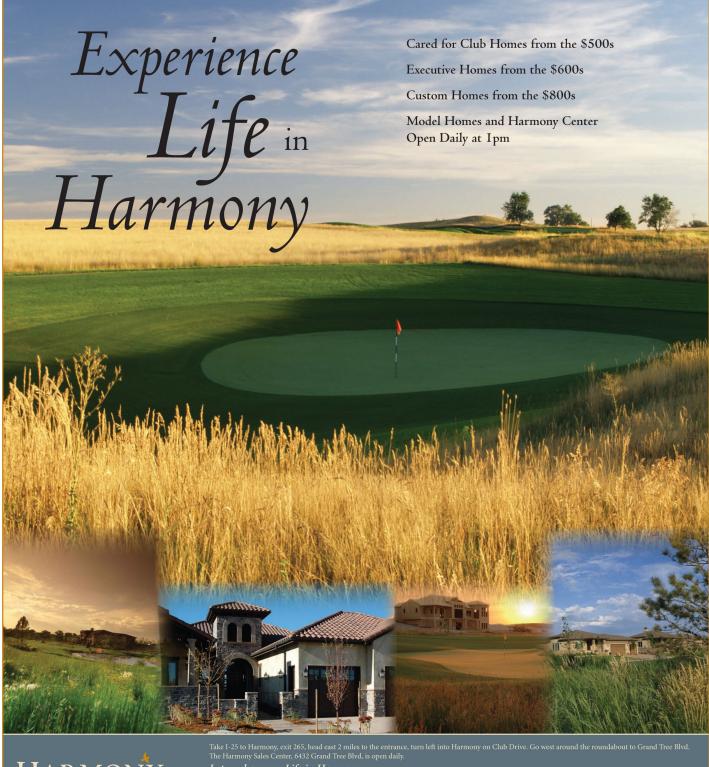
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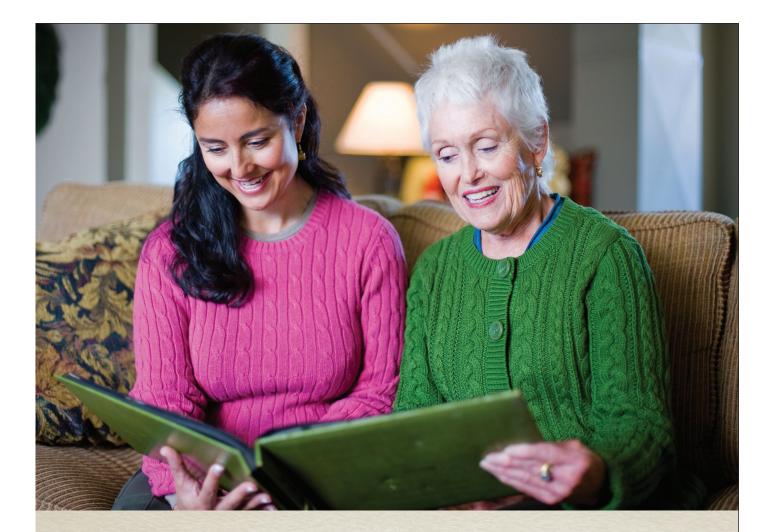


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