

BOULDER VALLEY MD/MEDICAL & WELLNESS DIRECTORY 2013

2013



MD

MEDICAL & WELLNESS
DIRECTORY

**Boulder Valley's
most comprehensive
health-care listings**

**Men
& cosmetic
surgery**
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Living with diabetes
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BOULDER COUNTY
**BUSINESS
REPORT**

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The BCH Stroke Team brings together a broad range of expertise including, from left, emergency medicine specialist Jason Rozeski, MD, neurosurgeon Lee Nelson, MD, neurologist Janice Miller, MD, interventional radiologist Jie Mao, MD and physiatrist Jaclyn Arends, MD.

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ON THE COVER: Dr. Eve Bluestein preps a client for a brow lift by drawing guide lines on his face at Boulder Surgical Arts in Louisville. Photograph by Michael Myers.

All data for Boulder Valley MD, as well as for news archives, industry lists and directories published by newspapers in the BizWest Media LLC, now can be accessed online by subscribing to DataBank at www.BCBR.com. Entire directory also available on CD-ROM.

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John P Stathis MD



Health care permeates local, national discussion

Any topic that finds its way from the dinner table to the water cooler is likely to work its way onto the national agenda. When that topic becomes the butt of jokes on late-night television, adding to razor-thin votes in Congress and repeated references in presidential debates, we truly have a topic that has permeated all aspects of American society.

Health-care reform, of course, stands atop the domestic American agenda. Late-night talk-show host Jay Leno once joked, "I have been thinking about the health-care problem and how to pay for health care. If you took all the money the Republicans have spent trying to stop health care and all the money Democrats have spent trying to get health care, we could afford health care."

That's not too far off from the truth.

Health care affects everyone. Those who can't afford health insurance tend to neglect their own health or their families' health, one day finding their way to hospital emergency rooms. That costs everyone, as hospitals will somehow pass on those costs to taxpayers or those people who do have health insurance (in

the form of higher rates).

Employers are affected by the health-care discussion, with rapidly escalating costs to provide insurance for their employees. The

PUBLISHER'S NOTEBOOK



Christopher Wood

health-care industry itself is undergoing wrenching change. In the Boulder Valley, and elsewhere around the country, hospitals are expanding, adding services and vying to survive in a new world.

Hospitals are forging alliances with one another or battling it out. They're acquiring small practices or specialty

clinics, offering the administrative support and security of a large system to physicians no longer able to afford independence.

These times of change nationally will be felt locally for years to come. That's why a publication such as Boulder Valley MD is

so important. This directory, produced by the Boulder County Business Report, seeks to identify every medical facility — and physician — within the Boulder Valley, including all of Boulder and Broomfield counties.

Clinics have sold. Facilities have closed. New entrants have come into the market. A reference tool for consumers and health-care practitioners becomes an essential tool for tracking those changes and answering an important question: Where do I go for health-care services?

I'd like to thank chief researcher Mariah Gant for her hard work researching this publication, and to the entire staff of the Business Report for helping pull this magazine together.

As the 2012 election nears its end, no matter who emerges as victor, health-care reform will continue atop the national agenda through 2013 and beyond. And the Boulder County Business Report, along with Boulder Valley MD, will be there to write about it.

Christopher Wood can be reached at 303-440-4950 or via email at cwood@bcbr.com.

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WANT A TUCK, CHUCK?



Desire for youthful look, competitive edge lures more men to plastic surgery

MICHAEL MYERS

Dr. Eve Bluestein preps a client for a brow-lift by drawing guide lines on his face at Boulder Surgical Arts in Louisville. Nationally, men made up 9 percent of all plastic-surgery patients in 2011, compared with 5 percent 10 years ago.

BY BETH POTTER

bpotter@bcbr.com

BOULDER — The number of men wanting to look younger is on the rise. As they age, they want to look as good as they can.

Some local plastic surgeons have seen as much as a 20 percent increase in male patients annually in the last 10 years.

Nationally, men made up 9 percent of all plastic-surgery patients in 2011, compared with 5 percent 10 years ago, according to the American Society for Aesthetic Plastic Surgery, a national trade group.

“Men are living longer and healthier, so there’s that attitude of, ‘why not invest in my appearance?’ ” said Peter Schmid, a plastic

See Tuck, page 7

TUCK CONTINUED FROM PAGE 6

surgeon and owner of the Institute of Aesthetic Plastic and Reconstructive Surgery in Longmont. "In many cases, there's encouragement from a girlfriend or spouse, and men are open to looking younger."

Schmid said about 25 percent of his plastic-surgery practice is men.

From wrinkle-erasing Botulinum toxin, or Botox, (a non-surgical procedure) and liposuction, to eyelid lifts and jaw sculpting, male patients specifically want less "down time" when they have a cosmetic procedure done, Schmid said.



BURROWS

Many procedures take less time these days and leave less bruising and swelling, especially Botox and filler injections, said Claude Burrow, a Boulder plastic surgeon. Eyelid-lift surgery also is common at Burrow's practice, he said.

"You want friends to say, 'Were you on vacation? You look terrific,'" Burrow said. "Less is more for men. ... That's what gray hair and experience give you."

Machines used in cosmetic surgery have become "kinder and gentler" and patients are back to work in two to three days after surgical procedures, said Winfield Hartley, who practices at Boulder Plastic Surgery

LLC. Office-based procedures last 45 minutes there, and patients get back to normal life "pretty immediately," Hartley said.

"You can have surgery on a Thursday and be back to work on Monday," he said. "It's not a big, 'ask'."

Schmid is marketing specifically to the growing male market, pointing out that men also are getting a variety of "medi-spa" non-

BEFORE

See Tuck, page 17



AFTER



COURTESY CLAUDE BURROW

Loose or sagging skin that creates folds or disturbs the natural contour of the upper eyelid, sometimes impairing vision, can be treated by eyelid-lift surgery, called a blepharoplasty procedure. Above, a patient of Dr. Peter Schmid before the procedure, and below, after the procedure.

BEFORE

AFTER



COURTESY SUSAN MELCHING INC.

Physician Mark Tanenbaum is a believer in skin-care procedures, and has one done about once every three months. Before and after pictures show a liver spot and its removal. Liver spots are flat, brown-black spots that usually appear on the skin in sun-exposed areas of the body.

Looking younger just what this doctor ordered

BY BETH POTTER

bpotter@bcbr.com

BOULDER – Skin-care client Marc Tanenbaum gets some sort of procedure done at Susan Melching Inc. about once every three months.

Tanenbaum, 69, a physician at the Stuart Street Preventive Health Care Center in Longmont, attributes his youthful appearance to going to aesthetician Susan Melching for the past 25 to 30 years.

"I've kept myself up, physically. I like looking good and looking young," Tanenbaum said. "Part of it is, as a physician, if someone looks really old, patients think he's going to die or retire."

Tanenbaum is one of a growing number of male patients going for skin-care treatments and cosmetic-surgery procedures these days. He compares the acceptance of men having skin-care treatments done these days to the movement of men to hairstylists from barbers a few decades ago.

Collagen in a person's skin starts sagging in both men and women as they get older, Tanenbaum said. Botulinum toxin — or Botox, as it's commonly called — help make patients' faces look more youthful.

In his own practice, Tanenbaum focuses on preventive medicine and on testing patients for conditions such as heart disease, hypertension and diabetes.



MELCHING



SOUVICNIER FINALLY DECIDED TO TRY TO CUT ANY FOOD OUT OF HER DIET THAT CONTAINED SUGAR — even fruit and its natural sugar. Her body responded with withdrawal symptoms similar to ones an alcoholic would experience. She lost eight pounds in three days.

Nutrition advocates combat disease through prevention

BY BETH POTTER

bpotter@bcbr.com

BOULDER — With doctors nationally estimating that 75 percent of all diseases are related to diet and exercise, it's no surprise that they recommend healthy lifestyles — lots of fruits and vegetables and moderate exercise.

Locally, several doctors and nutritionists are focused specifically on wellness through nutrition.

Boulderite Shira Souvignier went to her doctor, Jill Carnahan, for help in figuring out a way to deal with acid reflux, or gastroesophageal reflux disease, in which a patient commonly gets heartburn and other symptoms.

Souvignier said that because her father for years had been taking Prilosec, a drug to combat acid reflux, she was worried that she might be susceptible to the disease as well as she got older.

Carnahan did a blood test work-up for Souvignier that did not indicate anything about acid reflux. What the blood tests found is that Souvignier had a high level of candida in her body, which — among other effects — causes yeast infections in women.

Candida feeds off of sugar, so Carnahan recommended that Souvignier cut sugar from her diet — a prospect at which the 5-foot-8, 120-pound patient balked. Souvignier said she already was following a restrictive no-meat diet related to dealing with a variety of other wellness issues, including getting rid of the asthma symptoms of her childhood.

Souvignier finally decided to try to cut any food out of her diet that contained sugar — even fruit and its natural sugar. Her body responded with withdrawal symptoms similar to ones an alcoholic would experience, Souvignier said. She lost eight pounds in three days.

“Pretty much all I could eat was vegetables. It was very difficult,” Souvignier said. “I felt sick and had flu-like symptoms. The cravings were overwhelming.”

About five months into the diet, Souvignier has added small bits of fruit back into what she eats as well as a few foods made of grain and some dairy. She said she became vegan (no meat or dairy) 38 years ago and saw her asthma symptoms disappear overnight, but trusted Carnahan enough to return some dairy into her diet and has suffered no ill effects.

See Health, page 10

Eat right for health

JONATHAN CASTNER

Dr. Jill Carnahan, a physician at Flatiron Functional Medicine in Boulder, estimates that probably 40 percent to 50 percent of all people in the United States suffering from some sort of disease could benefit from a more healthy diet. Carnahan refers to the “Mediterranean diet” — one that is virtually meat and vegetables and a little bit of dairy — as one that will help most people.

Carnahan says she focuses on “functional medicine,” or how to find the underlying chemical imbalances in the body, rather than just treating illness. She practices at Flatiron Functional Medicine with Dr. Robert Roundtree.

“I’m trained conventionally as an M.D., but I have a passion for nutrition and wellness,” Carnahan said. “How do we treat disease, but prevent it from happening? I’m your personal detective in health.”

Many patients may complain that they’re feeling chronically tired or not feeling well, Carnahan said. In response, she tells them that people in their 20s and 30s often can get away with not eating properly, but later in life bad habits start to catch up.

“Our Standard American Diet is SAD for short. We’re so far from where we should be eating, healthwise,” Carnahan said. “You might say you only eat fast food twice a week, but you probably should never touch it.”

Carnahan also tests many patients for deficiencies in minerals such as magnesium and zinc. She weighs treatment options, saying that she thinks carefully about what she prescribes in terms of natural supplements and vitamins just as she would a traditional medication.

For example, Carnahan said she may prescribe a particular herb for stress and anxiety, sleepiness and general fatigue. Aptogenic



COURTESY FORBES NUTRITIONAL CONSULTING
Nutritionists such as Megan Forbes, owner of Forbes Nutritional Consulting in Boulder, tout the value of foods containing nitric oxide for athletes or anyone looking to be fit. Foods such as beet juice have higher levels of nitric oxide, she said

herbs — those that have unique properties, such as Ashwagandha, ginseng and Holy Basil, among others — can be used to treat conditions such as anxiety, she said.

“It’s maintaining your own physiology rather than suppressing a symptom,” Carnahan said. “I use all of the tools. Instead of just drugs and surgery, I can use nutrition and supplements and lifestyle changes for treating the patient.”

Carnahan estimates that probably 40 percent to 50 percent of all people in the United States suffering from some sort of disease could benefit from a more healthy

diet. Carnahan refers to the “Mediterranean diet” — one that is virtually meat and vegetables and a little bit of dairy — as one that will help most people.

“If it’s in a box or a package or has a label, get rid of it,” Carnahan said. “It’s going back to things your grandmother would recognize as food.”

More tricky can be conditions such as high blood pressure or heart disease, Carnahan said, which show inflammation of the heart, low-grade infection and stress from poor diet and lack of exercise.

Many patients already have done exercise before they come to her, Carnahan said, adding that better diet and exercise together often can help.

“People seeking me out are ready for a change,” she said. “I see a complex crowd. Diet is huge, it’s the foundation, but if they need more, I can give that to them.”

Carnahan was a vegetarian for 15 years but felt that it was hard to get adequate protein in her diet. She now tells patients that it’s fine to eat beef, fish, chicken and wild game. Lots of vegetables are good, she says, as are “good oils,” nuts, seeds and fruit for dessert. She advocates eliminating refined carbohydrates, sugars and all processed foods.

Dr. Roy Steinbock, a holistic pediatrician at Mindful Pediatrics PC in Boulder, works much the same way as Carnahan, but with children. Steinbock believes that everyone lives under chronic stress, which is one reason why some children get allergies or chronic illnesses.

While each child is different, often children with asthma or eczema can benefit greatly from changes to what they eat, Steinbock said.

“With kids, you’re not getting enough of a good thing or too much of a bad thing,” Steinbock said. “I’m looking for a cause and treating deficiencies — all of those things at one time.”

Medications also have a place in Steinbock’s practice, but only after careful consideration, he said.

“Many kids are on medications that are

See Health, page 12

Dr. Roy Steinbock, a holistic pediatrician at Mindful Pediatrics PC in Boulder, performs a checkup on 3-year-old Rocco Casson-West. Steinbock believes that everyone lives under chronic stress, which is one reason why some children get allergies or chronic illnesses. Often, children with asthma or eczema can benefit greatly from changes to what they eat, he said.



JONATHAN CASTNER

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used sometimes inappropriately and sometimes overly aggressively, (but) medications certainly have a place,” Steinbock said.

Marc Tanenbaum at Stuart Street Preventative Health Care Center in Longmont says he uses a specialized blood test to predict if a patient will get diabetes and other diseases five to 10 years before they happen.

Tanenbaum preaches the same diet-and-exercise mantra to his patients to stay healthy as do Steinbock and Carnahan.

Nutritionists such as Megan Forbes, owner of Forbes Nutritional Consulting in Boulder, tout the value of foods containing nitric oxide for athletes or anyone looking to be fit. Foods such as beet juice have higher levels of nitric oxide, she said

 I really started taking more a whole-foods approach and that was huge. I spend a lot more time to prepare my own food, and I feel so much better for it. I really started taking more a whole-foods approach and that was huge. I spend a lot more time to prepare my own food, and I feel so much better for it. 

ELIZABETH CAREY
competitive college runner

Forbes often recommends various supplements to her clients to help them enhance their athletic performances. She also recommends healthy eating, just like her counterparts.

Former competitive college runner Elizabeth Carey has been taking Forbes' advice and said she is feeling much better.

Carey said she generally is eating more vegetables and fruit as well as beans, seeds and nuts, following advice from Forbes. Instead of having a Zone nutrition bar as a

snack, for example, she might have hummus and vegetables. A cereal bar for breakfast is replaced by fruit with nut butter that she grinds herself.

“I really started taking more a whole-foods approach and that was huge,” Carey said. “I spend a lot more time to prepare my own food, and I feel so much better for it.”

With more than a third of Americans classified as obese, everyone from first lady Michelle Obama to television news anchor Katie Couric is advocating exercise to maintain a healthy weight.

That's great, said Dr. Eudene Harry, author of “Live Younger in 8 Simple Steps,” but the benefits of exercise go far beyond fitting into those skinny jeans. For one thing, she said, it will give you younger looking, more blemish-free skin.

“The increase in circulation and perspiration that occurs with exercise delivers more nutrients to your skin while allowing impurities and waste to be removed,” said Harry. “The result? A healthier complexion.”

Harry, medical director for the Oasis Wellness and Rejuvenation Center in Orlando, Florida, adds four more hidden benefits of a good workout:

- **Natural “feel-good” chemicals:** Exercise releases endorphins, the brain chemicals that boost your mood and make you feel happy, relieve stress and enhance your self-esteem and self-confidence. Exercise also has been

Five benefits of exercise

shown to increase neurotransmitters, such as serotonin and dopamine, which gives us a natural high and allows us to sleep better.

- **Constipation prevention:** Exercise increases the contractions of the wall of the intestine, helping to move things along through the intestinal tract more easily, and decreasing the time it takes to pass through the large intestine. Wait an hour or two after eating before exerting yourself; exercising too soon after a meal can divert blood flow away from the gut and toward the muscles, weakening peristaltic contractions and slowing down the digestion process.

- **Preventing brittle bones:** Walking, jogging, dancing, weight training and yoga are all weight-bearing exercises that help strengthen bones. Swimming and bicycling are considered nonweight-bearing exercises. During

weight-bearing exercises, bones adapt to the impact of the weight and the pull of muscles by building more bone cells, increasing strength and density and decreasing the risk of fractures, osteopenia and osteoporosis.

- **Enhanced immunity:** Physical exertion increases the rate at which antibodies flow through the blood stream, resulting in better immunity against sickness. The increased temperature generated during moderate exercise makes it difficult for certain infectious organisms to survive.

Don't overdo your exercise, Harry said, or you won't see all of these benefits.

“Check with a physician who can advise you on the right activities and intensity level for your individual needs,” she said. “For all the benefits of exercise, there are down sides if you go at it too vigorously for your physical condition. For instance, you can actually increase stress hormones, which can make you more vulnerable to illness, rather than building your immunity.”

Living with diabetes

Changing habits key to avoiding blood-sugar spikes

BY BETH POTTER

bpotter@bcbr.com

BOULDER — Mary Patzer, 67, started to lose a lot of weight in June, and she wasn't feeling well.

Patzer's husband, Helmut, 67, was at Boulder Community Hospital dealing with cancer, and she thought maybe she was taking off the pounds by walking back and forth so much to visit him.

But Patzer said she was having trouble with her vision, too, and she was thirsty all the time. When Patzer visited her doctor, Jill Horner, to find out what was wrong, a blood test showed she had Type II diabetes, also known as adult-onset diabetes. Horner practices at the Gunbarrel Medical Center clinic, which is affiliated with Boulder Community Hospital.

Since Patzer hates the needles a patient uses to inject the insulin he or she needs to combat the chronic disease, she agreed to try whatever other treatment Horner might suggest. Horner prescribed Metformin — two pills per day.

Horner also sent her patient to Grace Mysak, a nurse and a diabetes educator who works with the physician clinics affiliated with Boulder Community Hospital. Mysak taught Patzer how to “count carbohydrates” — basically helping her identify how much bread, pasta, potatoes and sweets make her blood sugar spike to dangerously high levels. Mysak teaches nutrition classes that include the information for any patient referred to her by a clinic owned by Boulder Community Hospital.

As a result of Mysak's teaching, Horner said she went “cold turkey” in changing her diet from one filled with cookies and desserts to one that includes salmon three nights per week and lots of vegetables. She has lost 42 pounds in about five months. She said her



MICHAEL MYERS

Grace Mysak is a nurse and a diabetes educator who works with the physician clinics affiliated with Boulder Community Hospital. To avoid getting diabetes, people should exercise and be at a normal weight, she said.

husband got out of the hospital after an eight-week stay, although he has to go back for surgery in November.

“I'm not going to say I haven't cheated. It's tough,” Patzer said. “But when I found out I had diabetes — I hate needles with a passion — I got so scared that I vowed I would do everything I could to avoid taking insulin. I really follow that diet that Grace (Mysak) gave me.”

At subsequent checkups, Patzer said she found out that she may be able to be more lenient with her diet by June if she is able to lose a little more weight between now and then. In the meantime, she is focusing on being healthy. Type II diabetes is a chronic disease that must be watched throughout a person's life once he or she is diagnosed with it, doctors say.

“The doctor told me she honestly believes if I'm watching what

See Living, page 17

Teamed up for treatment

Battle against
depression unites
behavioral,
primary-care doctors

BY BETH POTTER

bpotter@bcbr.com

BOULDER — When John Shokett moved to Boulder County five years ago, he was struggling with depression and desperate to see a therapist.

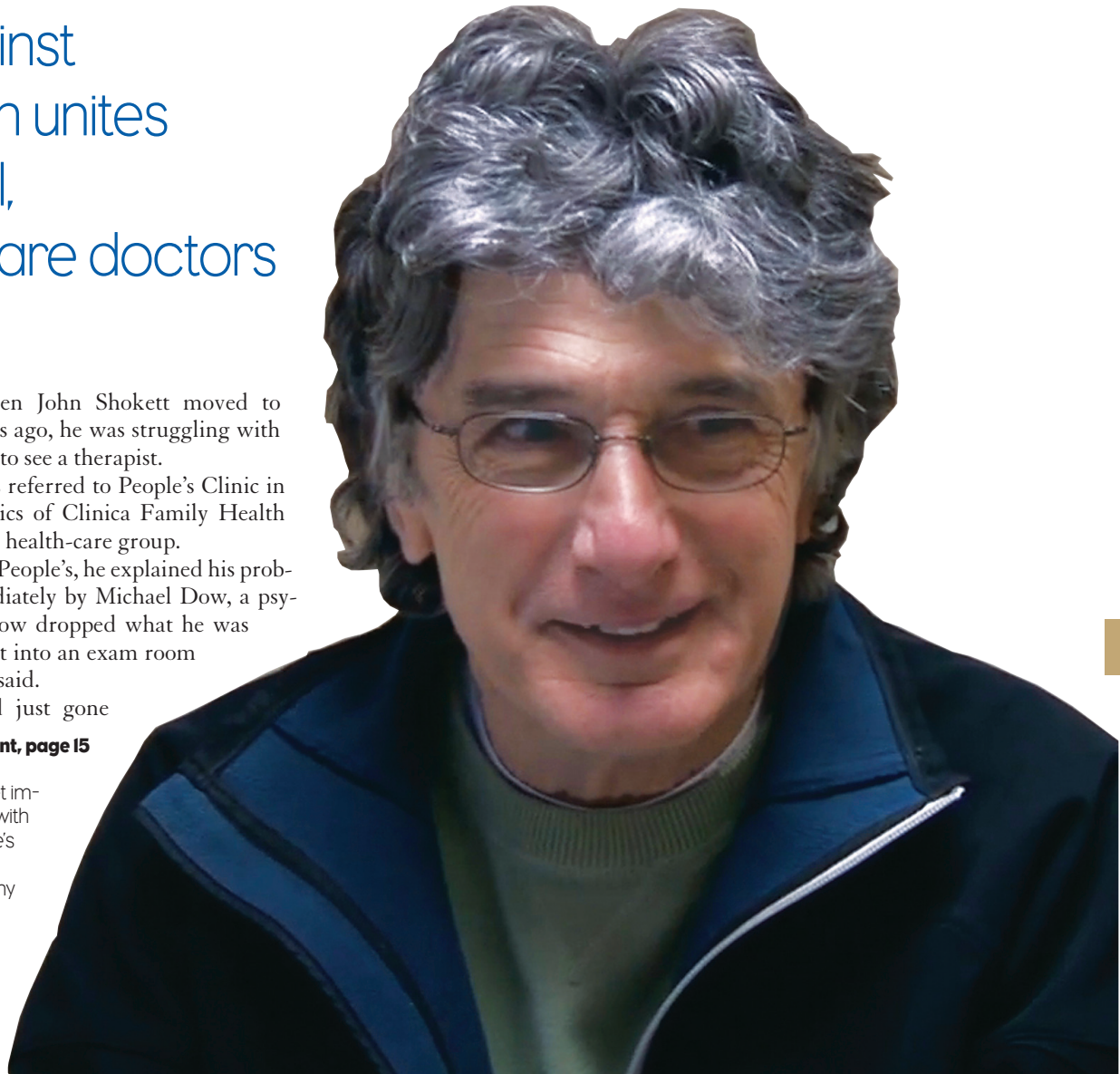
Shokett, now 68, was referred to People's Clinic in Boulder, one of five clinics of Clinica Family Health Services, a local nonprofit health-care group.

When Shokett got to People's, he explained his problem and was seen immediately by Michael Dow, a psychologist at the clinic. Dow dropped what he was doing and invited Shokett into an exam room for a quick chat, Shokett said.

Shokett said he had just gone

See Treatment, page 15

John Shokett was able to get immediate and effective help with depression issues at People's Clinic in Boulder, where an "integrative health" philosophy means behavioral-health specialists are part of a team of providers that includes doctors, nurses, physician assistants and others.



It was like I was his (Dow's) only patient in the world, which really helped me. I was incredibly depressed.

JOHN SHOKETT
depression patient

COURTESY CLINICA FAMILY HEALTH SERVICES



JONATHAN CASTNER

Psychologist Michael Dow, left, works with pediatrician Dr. Pete Dawson, right, to help Lorene Ibarra and her son Alan Martinez, 9. The professionals from differing health-care disciplines joined to try to diagnose Alan's issues with concentration and to determine whether he has an attention disorder.

TREATMENT CONTINUED FROM PAGE 14

through a divorce and had been living on his brother's couch in Las Vegas before moving to Boulder. He likens the depression he felt at that time to a wound that felt physically painful. Since then, Shokett said, he has had a therapy visit once every two weeks and now feels much better.

"It was like I was his (Dow's) only patient in the world, which really helped me," Shokett said. "I was incredibly depressed."

Dow said he was able to meet with Shokett right away, because Clinica focuses on integrative health — meaning that behavioral-health specialists are part of a team of health providers that includes doctors, nurses, physician assistants and others.

No statistics are available on how many behavioral-health providers have joined primary-care doctors across the nation, but the number is on the rise, Dow said. Clinica made the administrative change about six years ago.

With an estimated 30 percent of all patient visits to doctors related in some way to issues of depression, anxiety or stress, Dow said, it makes sense to have behavioral-health providers be part of the equation.

Primary-care doctors treat 80 percent to 90 percent of pa-

See Treatment, page 16

Symptoms may hide other conditions

SUPERIOR — If you feel depressed, the symptoms of depression may be masking another illness, doctors say.

For example, if you feel tired all of the time, you may have anemia, meaning your body is low on iron, said Cary Crasmick, a doctor at Northwest Family Medicine in Superior, a clinic owned by Boulder Community Hospital.

Another condition that causes fatigue is hypothyroidism, which can be corrected by taking a thyroid supplement, Crasmick said.

Depression can be an indicator of Parkinson's disease, come about as part of the hormonal changes related to pregnancy and be experienced by heart attack patients, Crasmick said.

Medicines such as beta-blockers — used to treat heart disease — can have depression as a side effect, Crasmick said. Tranquilizers and pain medications also can give patients problems, he said.

— Beth Potter

Clinica's integrative-medicine approach to mental health comes from Pete Leibig, president and chief executive of the organization. When it comes to health, the mind and body are connected and can't be treated separately, Leibig has said. So if a patient comes in complaining of aches and pains, Leibig and others in the health-care field believe it's often depression-related.

tients complaining of depression in the United States, other studies show, Dow said, adding that patients don't usually go to mental-health specialists when they're referred by doctors.

Sleep problems, lower back pain and "chronic" pain can be signals of depression, said Susan Wortman, development director for Clinica Family Services, which also includes clinics in Federal Heights, Thornton and north Denver.

About 30 percent of people who complain from dizziness have an anxiety disorder, Dow said, adding that irritable bowel syndrome can be a signal of depression as well.

Patients who complain of one of the possible symptoms are given a questionnaire to fill out, Wortman said. From there, the patients are referred to behavioral-health specialists affiliated with their doctors, she said.

As a result, more than one-third of all patients to Clinica's Boulder and Lafayette clinics also received some sort of mental health treatment in 2011, according to statistics compiled by Anthony Porcaro at Clinica.

Treatments were for alcohol and other substance-related disorders, mood disorders other than depression, attention deficit and other disruptive behavior disorders, other mental health disorders and anxiety disorders, including post-traumatic stress syndrome, Porcaro said.

Clinica's integrative-medicine approach to mental health comes from Pete

Leibig, president and chief executive of the organization. When it comes to health, the mind and body are connected and can't be treated separately, Leibig has said. So if a patient comes in complaining of aches and pains, Leibig and others in the health-care field believe it's often depression-related.

In fact, people suffering from depression-, anxiety- and stress-related illnesses are believed to be the largest number of patients in the health-care system, both locally and nationally.

An estimated 60,000 people in Boulder and Broomfield counties have some sort of mental-health issue, according to Mental Health Partners, the nonprofit center serving the two counties with locations in Boulder, Broomfield and Longmont.

At Clinica, Dow said the integrative-medicine approach expands to fit any health issue. For example, he said, a patient complaining of lower back pain might also get a stress-management plan and an exercise plan from a behavioral specialist.

A person with diabetes, hypertension or obesity also may get an exercise plan, he said. So depression screening is a huge part of his work, but five or six other health behaviors also keep him busy, Dow said.

"One piece of it is medication, but a big part of it is changing behavior," Dow said. "We talk about what is the obstacle to you doing an exercise plan or changing your diet and give you strategies for addressing that."

Depression facts

What it is: Severe despondency and dejection, accompanied by feelings of hopelessness and inadequacy.

Symptoms: A significant change from the individual's normal level of functioning, causing significant distress or impairment in the person's life and his or her ability to function. Depression symptoms can happen suddenly or more gradually, with severity of symptoms ranging from mild to severe.

A major depressive episode: Defined as having five or more of the following symptoms for the same two-week period. At least one of the five required symptoms must be either depressed mood or loss of interest.

- Depressed mood most of the day, nearly every day;
- Diminished interest or pleasure in all or almost all activities most of the day, nearly every day;
- Significant change in appetite (increase or decrease) or weight (loss or gain);
- Insomnia nearly every day;
- Observable agitation (feeling restless or fidgety) or retardation (feeling slowed down) nearly every day;
- Loss of energy or fatigue nearly every day;
- Feelings of worthlessness, or excessive or inappropriate guilt, nearly every day;
- Diminished ability to think or concentrate, or indecisiveness, nearly every day;
- Recurrent thoughts of death, recurrent suicidal ideation without a specific plan, or a suicide attempt or a specific plan for committing suicide.

Source: Stanford School of Medicine, Depression Research Clinic

TUCK CONTINUED FROM PAGE 7

surgical procedures done, too, including facials, microdermabrasion on their facial skin and complexion-related chemical peels, among other things. Schmid's website includes a sculpted, tanned male torso.

"What we see on television and the Internet on male attractiveness makes it more acceptable," Schmid said. "For a square appearance to the jaw or a chiseled appearance, there's a strong influence from the media."

Liposuction — rebranded as "liposculpture" — is increasingly popular, Schmid said. That includes the sculpted "six-pack" appearance to the abdomen of a man who is of normal weight or slightly overweight. Popular male fitness magazines and health magazines often show weight-lifter bodies on their covers, giving more men a wish for a strong and powerful physique, Schmid said. "This really enriches their self-confidence."

As the baby boomer population continues to age, Burrow says he is seeing more male patients as well.

Eyelid procedures also reduce bags under

a person's eyes, Burrow said, brightening a man's look and making him seem less tired.

"If they're still in the workforce, they're competing with the 40-year-olds," Burrow said. "They want to look younger and better, and they don't feel their age."

Male patients seem to want to consume cosmetic services differently than women do, local doctors say.

For instance, while potential female patients often bring a friend, relative or spouse along for support, Burrow said, men do more research online and come in by themselves — ready to sign on the dotted line.

"The men really know what they want done," he said. "They've made up their minds when they come in."

It also seems to be more acceptable these days for men — especially younger men — to address things they don't like about their appearance than it was 10 years ago, said Eve Bluestein, a doctor and owner at Boulder Surgical Arts in Louisville, owned by Bridg-

ing Your Health Inc. The number of male patients pursuing cosmetic jawline surgery has risen in recent years, for example, she said.

And both male and female patients are less likely to try to hide cosmetic surgery procedures they have done as it has gotten more accepted in society, she said.

"There's less societal inhibition or negative influence toward cosmetic surgery," Bluestein said. "(Patients) feel secure in themselves."

Nonsurgical skin care is offered by the Susan Melching Inc. skin-care practice in Boulder, which offers preventive and corrective care to young professional men mainly in their 30s and 40s, according to owner Susan Melching. She said she has male clients into their 80s as well.

Popular nonsurgical procedures include chemical peels, microdermabrasion and laser hair removal, Melching said.

"Guys who are in their 30s and 40s are just trying to look the best they can," Melching said. "Older guys are trying to stay competitive."



LIVING CONTINUED FROM PAGE 13

I'm eating, within a year, I will not have to be on medication," Patzer said. "They will always call me a diabetic, but there's a strong possibility that I won't have to take the pills."

As a measure of how far Patzer has come in just a few months in managing the disease, she used to have to check her blood sugar level in the morning before she ate anything and two hours after every meal. Now she is down to checking her level just once a day. Her diet can include seven eggs per week. She also can have a snack — an ice cream bar or any other snack that has five carbohydrates or fewer — once per day.

"I've learned to live without a cookie, so that might have been my favorite food that I gave up," Patzer said. "I feel like someday I'll be able to have a piece of cake or a cookie, but I'm not going to dwell on it."

For a recent dinner, the Patzers made lasagna, and Mary Patzer ate a two-inch piece. The couple eats salads, as well as the salmon and other fish, which Patzer didn't really pay attention to in her previous life. If she makes mashed potatoes and gravy

 We changed our whole eating pattern. I'm feeling better. I don't feel like I'm deprived. I want to tell people it's not the end of the world. I thought it was, but it's not. 

MARY PATZER
diabetes patient

for her husband, she'll double up on eating other veggies instead of the potatoes that night. The meat portions in the diet are "the size of a deck of cards," she said.

"We changed our whole eating pattern. I'm feeling better. I don't feel like I'm deprived," Patzer said. "I want to tell people it's not the end of the world. I thought it was, but it's not."

Type II diabetes is hereditary, but not everybody with the disease in their families will get it, Mysak said. To avoid getting

diabetes, people should exercise and be at a normal weight, she said. In classes, Mysak teaches students how to read the label on a food jar and how to manage blood sugar levels without medication by counting carbohydrates (as measured on the labels).

Patients who see blood-sugar spikes can do some basic detective work to figure out what's happening, Mysak said. She recommends that patients go for a walk or drink some extra water if they see a blood-sugar spike.

CLOSSARY OF MEDICAL ACRONYMS

A

A.B.P.S. — American Board of Podiatric Surgery Certification
 A.C.N.P. — Acute Care Nurse Practitioner
 A.C.S.W. — Academy of Certified Social Workers
 A.P. — Acupuncture Physician
 A.T.C. — Certified Athletic Trainer
 A.T.R. — Registered Art Therapist
 Au.D. — Doctor of Audiology

B

B.S. — Bachelor of Science Degree
 B.S.N. — Bachelor of Science, Nursing
 B.S.W. — Bachelor of Social Work

C

C.Ac. — Certified Acupuncturist
 C.A.C. — Certified Addiction Counselor
 C.C.C.-S.L.P. — Certificate of Clinical Competence in Speech-Language Pathology
 C.E.A.S. — Certified Ergonomic Assessment Specialist
 C.I.M.I. — Certified Infant Massage Instructor
 C.M.T. — Certified Massage Therapist
 C.N.M. — Certified Nurse Midwife
 C.N.M.T. — Certified Neuromuscular Therapist
 C.N.S. — Clinical Nurse Specialist
 C.P.I. — Certified Pilates Instructor
 C.S.W. — Clinical Social Worker
 C.S.C.S. — Certified Strength and Conditioning Specialist

D

D.Ac. — Diplomate in Acupuncture; Doctor of Acupuncture
 D.A.B.M.A. — Diplomate of the American Board of Medical Acupuncture
 D.C. — Doctor of Chiropractic
 D.C.S.W. — Diplomate in Clinical Social Work
 D.D.S. — Doctor of Dentistry
 Dipl.Ac. — Board certified diplomate in acupuncture of the National Commission for the Certification of Acupuncture and Oriental Medicine
 D.M.D. — Doctor of Medical Dentistry
 D.O. — Doctor of Osteopathy
 D.O.M. — Doctor of Oriental Medicine

D.P.M. — Doctor of Podiatric Medicine
 D.P.T. — Doctor of Physical Therapy
 D.Sc. — Doctor of Science

E

E.M.S. — Emergency Medical Services
 E.M.T. — Emergency Medical Technician
 E.P.C. — Certified Exercise Physiologist

F

F.A.A.P. — Fellow of the American Academy of Pediatrics
 F.A.C.C. — Fellow of the American College of Cardiology
 F.A.C.F.A.S. — Fellow of the American College of Foot and Ankle Surgeons
 F.A.C.G. — Fellow of the American College of Gastroenterology
 F.A.C.P. — Fellow of the American College of Physicians
 F.A.C.S. — Fellow of the American College of Surgeons
 F.A.D.A. — Fellow of the American Dietetic Association
 F.A.G.D. — Fellow of the Academy of General Dentistry
 F.A.Ph.A. — Fellow of the American Pharmaceutical Association
 F.A.S.H.P. — Fellow of the American Society of Health-System Pharmacists
 F.I.A.C.A. — Fellow of the International Academy of Clinical Acupuncture
 F.I.A.M.A. — Fellow of the International Academy of Medical Acupuncture
 F.N.P. — Family Nurse Practitioner
 F.N.P.-C. — Family Nurse Practitioner, Certified

H

H.M.D. — Homeopathic Medical Doctor

L

L.Ac. — Licensed Acupuncturist
 L.C.S.W. — Licensed Clinical Social Worker
 L.M.F.T. — Licensed Marriage and Family Therapist
 L.M.T. — Licensed Massage Therapist
 L.P.C. — Licensed Professional Counselor
 L.P.N. — Licensed Practical Nurse
 L.S.Hom. — Licensed Member of the Society of Homeopaths (UK)
 L.S.W. — Licensed Social Worker
 L.V.N. — Licensed Vocational Nurse

M

M.D. — Medical Doctor
 M.Ed. — Master of Education
 M.H. — Master Herbalist
 M.H.Sc. — Master of Health Science
 M.Ir. — Master of Iridology
 M.S.Ed. — Master of Science in Education
 M.S.P.T. — Master of Science in Physical Therapy
 M.S.W. — Master of Social Work
 M.T.C.M. — Master Traditional Chinese Medicine

N

N.C.M.T. — Nationally Certified Massage Therapist
 N.C.T.M.B. — Nationally Certified for Therapeutic Massage and Bodywork
 N.D. — Naturopathic Doctor
 N.M.D. — Naturopathic Medical Doctor
 N.P. — Nurse Practitioner
 N.T. — Natural Therapist
 N.T.S. — Natural Therapeutic Specialist

O

O.D. — Doctor of Optometry; Optometrist
 O.M.D. — Oriental Medicine Doctor

P

P.A. — Physician Assistant
 Ph.D. — Doctor of Philosophy
 Psy.D. — Doctor of Psychology
 P.T. — Physical Therapist

R

R.D. — Registered Dietitian
 R.N. — Registered Nurse
 R.N.-C. — Registered Nurse, Certified
 R.N.C.S. — Registered Nurse Clinical Specialist

MEDICAL SERVICES AND FACILITIES

ACUPUNCTURE

ABUNDANT HEALTH CHIROPRACTIC & ACUPUNCTURE

195 S. Main St., Suite 1
Longmont, CO 80501
303-772-1700/303-684-8457
www.abundant-health-chiropractic.com
No. of employees 2012: 4
Services: Chiropractic, acupuncture and massage.
Person in charge: Steven Evans, D.C.
Year founded: 1998

ACHTERMANN CHIROPRACTIC AND MASSAGE

600 Main St.
Louisville, CO 80027-1828
303-673-9797
www.achtermann-us.com
No. of employees 2012: 3
Services: Offering spinal adjustments (hands-on and low-force Activator Methods), acupuncture, massage therapy, nutritional counseling and custom-made foot orthotics. Most insurance accepted.
Person in charge: Marty Achtermann, D.C.; Karen Achtermann, D.C.
Year founded: 1995

ACUPUNCTURE ASSOCIATION OF COLORADO

4380 Harlan St., Suite 203
Wheat Ridge, CO 80033
303-572-8744/303-422-1377
www.acucol.com
Person in charge: Jeffrey Wolfe, president
Year founded: 1986

ACUPUNCTURE BOULDER INC.

5757 Central Ave., Suite 212
Boulder, CO 80301
720-432-5373
www.acupunctureboulder.com
No. of employees 2012: 1
Services: Acupuncture, herbal medicine, fertility enhancement, pain relief.
Person in charge: Robin Schiesser, L.Ac.
Year founded: 2002

ACUPUNCTURE CENTER OF BOULDER

1136 Alpine Ave., Suite 210
Boulder, CO 80304
303-442-2250
www.globalqproject.com
Services: Acupuncture, Qigong, Tao studies.
Person in charge: James MacRitchie, owner
Year founded: 1981

ACUPUNCTURE CLINIC OF BOULDER

2500 Arapahoe Ave., Suite 290
Boulder, CO 80302
303-665-5515/303-665-5832
www.acupunctureclinicofboulder.com
Services: Acupuncture, Chinese herbology and dry needling.
Person in charge: Erin Pass, L.Ac., Dipl. C.H.
Year founded: 2007

ACUPUNCTURE WORKS

1723 Canyon Blvd.
Boulder, CO 80302
303-443-0087
www.acupunctureworksforboulder.com
No. of employees 2012: 2
Services: Acupuncture, body work, herbs.
Person in charge: Ted Hall, L.Ac.; Livia Hall, L.Ac.
Year founded: 2004

ACUSPORTSMED

4880 Riverbend Road, Suite 2D
Boulder, CO 80301
720-201-2449
www.acusportsmed.com
No. of employees 2012: 4
Services: Sports medicine, orthopedic issues, injury repair and recovery, performance-endurance optimization. Treatments with acupuncture, herbal tonics, sports-medical massage, cupping and topical liniments.
Year founded: 2002

ALWAYS BEST CARE OF BOULDER COUNTY

415 Coffman St.
Longmont, CO 80501
720-494-8407
www.alwaysbestcare.com
Services: Non-medical in-home care and senior community placement.
Year founded: 2012

ALPINE MEDICAL ACUPUNCTURE

7050 W. 120th Ave., Suite 121
Broomfield, CO 80020
303-438-2050/303-438-6644
www.acupuncture-md.com
Services: Back/neck pain, fatigue, headaches, immune problems, allergies, stress, insomnia, asthma, bronchitis, sinus, sports injuries, wellness, healthy aging.
Person in charge: Alice Brunecky, M.D., D.A.B.H.A.
Year founded: 1998

AMELIA MOLLY GREACEN, L.AC.

3625 Conifer Court
Boulder, CO 80304
303-546-0987/303-447-0969
www.womanmedicine.com
Services: Acupuncture, Chinese herbal medicine, dietary counseling.
Person in charge: Amelia Molly Greacen, L.Ac.
Year founded: 1982

ASPEN CHIROPRACTIC AND WELLNESS CENTER

2015 Ionosphere St., Unit 102
Longmont, CO 80504
303-678-8489/888-551-2163
www.drbrisson.meta-ehealth.com
No. of employees 2012: 3
Services: Chiropractic, acupuncture, nutritional consulting.
Person in charge: Douglas Paul Brisson, D.C.
Year founded: 1986

BOULDER ACUPUNCTURE CLINIC

2299 Pearl St., Suite 204
Boulder, CO 80302
303-447-3366
www.boulderacupunctureclinic.com
No. of employees 2012: 1
Services: Acupuncture, Chinese herbal medicine.
Person in charge: Patty Dautremont Johns, L.Ac.
Year founded: 2000

BOULDER BACK PAIN CLINIC

2760 29th St., Suite 2B
Boulder, CO 80301
303-499-4500/303-494-4982
www.boulderbackpainclinic.com
Services: Chiropractic manual therapy for neck pain, back pain, occupational and sports injuries. Acupuncture, physical therapy modalities and rehabilitative exercise programs.
Person in charge: Marc S. Cahn, D.C.
Year founded: 1984

BOULDER CLINIC OF ACUPUNCTURE & ORIENTAL MEDICINE

4880 Riverbend Road, Suite 2D
Boulder, CO 80301
720-201-2449
www.boulderclinicofacupuncture.com
No. of employees 2012: 7
Services: Orthopedic/sports injuries, pain and trauma, all internal medical issues, infertility, labor inducing, women's issues, stress and emotional imbalances. Heart disease.
Person in charge: David Fitch, owner
Year founded: 2006

BOULDER FAMILY ACUPUNCTURE

2955 Valmont Road, No. 100
Boulder, CO 80301
303-859-7556
Website: www.boulderfamilyacupuncture.com

BOULDER NATURAL MEDICINE CLINIC

2885 Aurora Ave., Suite 29
Boulder, CO 80303
303-447-1339/303-447-1316
www.bouldernatural.com
No. of employees 2012: 1
Services: Naturopathy, acupuncture, nutritional medicine, herbal therapy, complete lab testing, cleansing and detoxification.
Person in charge: Erik Flatland
Year founded: 1998

BOULDER NATUROPATHIC CLINIC

1295 Yellow Pine Ave.
Boulder, CO 80304
303-545-2021/303-545-2003
No. of employees 2012: 2
Services: Natural medicine, family care, naturopathic medicine, traditional Chinese medicine, acupuncture, Qigong.
Person in charge: Nancy Rao, N.D., L.Ac.
Year founded: 1987

CAROL CONIGLIARO, L.AC.

2500 30th St., Suite 200
Boulder, CO 80303
303-823-5776
No. of employees 2012: 1
Person in charge: Carol Conigliaro, L.Ac.
Year founded: 2000

CHANCE CHIROPRACTIC CENTER

103 E. Simpson St., Suite 100
Lafayette, CO 80026
303-604-6164/303-604-6164
www.chancechiropracticcenter.com
No. of employees 2012: 3
Services: Chiropractic and acupuncture.
Person in charge: Debra Stolper Chance
Year founded: 2000

CHI SHENG ACUPUNCTURE

4880 Riverbend Road
boulder, CO 80301
303-939-9732
No. of employees 2012: 2
Year founded: 1989

COURAGE MOUNTAIN CLASSICAL 5 ELEMENT ACUPUNCTURE

1800 30th St., Suite 307
Boulder, CO 80301
303-442-7019
www.couragemountain.com
Services: Five-Element acupuncture, Zero Balancing structural acupressure and WomenSpirit QiGong. Free consultation.
Person in charge: Johanna Alper, L.Ac.
Year founded: 1981

CRAIC BEREZNOFF

1304 N. Vivian St.
Longmont, CO 80501
303-776-3202/303-772-3214
No. of employees 2012: 5
Services: Acupuncture, Chinese medicine. Women's gynecological and fertility issues including menopause. Also treats arthritis, sports injuries, asthma, stress-related syndromes, headache, carpal tunnel.
Year founded: 1980

DAVID CHAGALA L.AC.

4653 Almond Lane
Boulder, CO 80301
303-517-6707
No. of employees 2012: 1
Services: Acupuncture and Chinese medicine with an emphasis on sports medicine. homeopathic injections, psychotherapy.
Person in charge: David Chagala, L.Ac.
Year founded: 1984

DR. DEAN RAFFELLOK & ASSOCIATES

3100 Arapahoe Ave., Suite 202
Boulder, CO 80303
303-541-9019/303-449-4497
www.drdeanraffellok.com

No. of employees 2012: 3**Services:** Functional medicine, clinical nutrition, acupuncture, chiropractic, applied kinesiology.**Person in charge:** Dean Raffellok, D.C.**Year founded:** 1992**DR. RITA STANFORD**

3000 Pearl St., Suite 209
Boulder, CO 80301
303-443-1243/303-440-3318
www.ritastanford.com

No. of employees 2012: 1**Services:** Acupuncture, herbal medicine, NAET and BioSET allergy elimination technique treatments. Treats pain, insomnia, hay fever, fatigue, digestive disorders, menopausal syndrome, PMS.**Person in charge:** Rita Stanford, DAOM, Dipl. Ac., Dipl. C.H., L. Ac.**Year founded:** 1994**DREW HENDERSON LAC.**

1136 Alpine Ave., Suite 210
Boulder, CO 80304
303-440-7004

No. of employees 2012: 2**Year founded:** 1994**EAST-WEST WELLNESS LLC**

1148 W. Dillon Road, Suite 1
Louisville, CO 80027
303-554-1600/720-328-8188
www.ewwellness.com

Services: Acupuncture, herbal therapy, massage and board certified in functional nutrition. Specializing in internal medicine: cardiovascular, gastrointestinal, autoimmune, food sensitivity, men/women issues.**Person in charge:** Donna Sigmond, R.D., L.A.c., Dipl. O.M., C.L.T., FAFAM, ABAAHP**Year founded:** 2004**FRITZ WELLNESS CENTER/
LONGMONT ACUPUNCTURE
CENTER**

1749 Terry St.
Longmont, CO 80501
303-772-7672/303-772-0990
www.fritzwellnesscenter.com

No. of employees 2012: 4**Services:** Chiropractic, applied kinesiology, acupuncture, soft laser therapy, bio-meridian, vibe.**Person in charge:** Thomas Fritz, D.C.**Year founded:** 1983**FRONT STREET CHIROPRACTIC**

901 Front St., Suite 120
Louisville, CO 80027
303-604-2987
www.frontstreetchiro.com

No. of employees 2012: 7**Services:** Chiropractic adjustments and massage. Acupuncture.**Year founded:** 2007**FRONT STREET CHIROPRACTIC
AND WELLNESS CENTER**

901 Front St., Suite 120
Louisville, CO 80027
303-604-2987/303-604-2997
www.frontstreetchiro.com

No. of employees 2012: 3**Services:** Chiropractic, acupuncture and massage.**Person in charge:** Elizabeth Kinneavy, D.C.; LeeAnn Benesh, D.C.**Year founded:** 2003**FULLY ALIVE MEDICINE**

331 Maxwell Ave.
Boulder, CO 80304
303-404-2232
www.fullyalivemedicine.com

No. of employees 2012: 3**Services:** Holistic medicine and acupuncture.**Year founded:** 2011**FULLY ALIVE MEDICINE**

3000 Center Green Drive, Suite 130
Boulder, CO 80301
303-404-2232/303-447-2744
www.fullyalivemedicine.com

Services: Chronic disease and pain, holistic gynecology, functional medicine, anti-aging medicine, wellness, prevention, acupuncture, massage, Healing Touch, and medical marijuana evaluations.**Year founded:** 2009**GREAT WAVE ACUPUNCTURE
CHINESE HERBS**

2760 29th St., Suite 1C
Boulder, CO 80301
303-710-5620
www.greatwaveacupuncture.com

No. of employees 2012: 1**Services:** Chinese herbal medicine, acupuncture and related Modalities (Tui Na, Cupping), pediatric acupressure.**Person in charge:** Michael Castle, Dipl. O.M., L.Ac.**Year founded:** 2009**HEALTH CENTER
OF INTEGRATED THERAPIES**

1551 Professional Lane, Suite 125
Longmont, CO 80501
303-651-5188/720-494-4741
www.luhcares.org

No. of employees 2012: 20**Services:** Traditional Chinese-medicine acupuncture, five-element acupuncture, private self-pay and prescriptive acupuncture, massage therapy, manual lymphatic drainage, nutrition therapy consultations.**Person in charge:** Michelle Bowman, R.N., B.S.N., Dipl.Ac.**Year founded:** 1994**INNER BALANCE ACUPUNCTURE**

3405 Penrose Place, Suite 103
Boulder, CO 80301
303-931-8272; 303-931-8294/303-442-0746

No. of employees 2012: 2**Services:** Acupuncture and Chinese herbology.**Year founded:** 2001**JAKE PAUL FRATKIN OMD, LAC.**

7764 Jade Court
Boulder, CO 80303
303-554-0722/303-554-0299
www.drjakefratkin.com

Services: Japanese acupuncture, herbal medicine, nutritional medicine, treatment of internal disorders, infections and pediatrics.**Person in charge:** Jake Paul Fratkin, O.M.D., L.Ac.**Year founded:** 1978**JANE CRAWFORD MS, LAC.**

2500 30th St., Suite 200
Boulder, CO 80301
303-443-1710

Services: Acupuncture, nutrition, Chinese herbal medicine. (National board certified in acupuncture and Chinese herbal medicine, masters in human nutrition.)**Person in charge:** Jane Crawford, M.S., L.Ac.**Year founded:** 1996**JIM GALBIATI LAC.**

4696 Broadway, Second Floor
Boulder, CO 80304
303-718-1878
www.jimgalbiati.com

No. of employees 2012: 1**Services:** Acupuncture.**Person in charge:** Jim Galbiati, L.Ac.**Year founded:** 1992**JO HANNAH REILLY N.D., LAC.**

1416 Elder Ave.
Boulder, CO 80304
303-541-9600/303-938-9402
www.johannahreilly.com

Services: Naturopathic doctor, licensed acupuncturist, Chinese medicine, homeopathy.**Person in charge:** JoHannah Reilly, N.D., L.Ac.**JOANNE NEVILLE LAC.**

2825 Marine St., Suite 202
Boulder, CO 80303
303-726-0084

No. of employees 2012: 1**Services:** Licensed acupuncturist.**Person in charge:** Joanne Neville, L.Ac.**Year founded:** 2002**JUSTIN D. GREEN M.D.**

5277 Manhattan Circle, Suite 100
Boulder, CO 80303
720-304-8154/720-304-8155
www.justingreen.com

Services: Orthopedics, sports medicine, interventional spine care, physical medicine and rehabilitation, acupuncture, EMG-guided botox injections.**Person in charge:** Lucretia Sharp, office manager**Year founded:** 1997**LEFT HAND COMMUNITY
ACUPUNCTURE**

101 S. Canon St.
Lafayette, CO 80027
720-248-8626
www.lefthandacu.com

No. of employees 2012: 4**Services:** Acupuncture, Chinese herbs, Moxa, electrical stimulation therapy, cupping. Sliding scale rates offered.**Person in charge:** Caroline Adams, owner, licensed acupuncturist**Year founded:** 2011**LONGMONT CHIROPRACTIC &
WELLNESS CENTER**

630 15th Ave., Suite 102
Longmont, CO 80501
303-651-6060/303-651-2556
www.dr-statley.com

Services: Chiropractic care, massage therapy, acupuncture, nutrition.**LOUISVILLE CLINIC OF TRADI-
TIONAL CHINESE MEDICINE**

225 W. South Boulder Road, Suite 201
Louisville, CO 80027
303-604-0919
www.louisvilleclinic.com

Services: Acupuncture, Chinese herbal medicine, traditional Chinese nutritional therapy.**Person in charge:** Galen Williams, L.Ac., M.T.C.M.**Year founded:** 1997**LYNA NORBERG, DIPL. OM**

2919 Valmont Road, Suite 109
Boulder, CO 80301
303-447-3030

No. of employees 2012: 1**Services:** Effective health care integrating Eastern wisdom and naturopathic functional medicine since 1989. National Board certified acupuncture and Chinese herbal medicine.**Person in charge:** Lyna Norberg, Dipl. O.M.**Year founded:** 1989**LYONS COMMUNITY
ACUPUNCTURE**

503 Second Ave.
Lyons, CO 80540
303-823-5776

No. of employees 2012: 1**Person in charge:** Carol Conigliaro, L.Ac.**Year founded:** 2000**MING YING ZHOU LAC.**

Boulder, CO 80301
303-546-6464

No. of employees 2012: 3**Year founded:** 1997**MOORE LIFE CHIROPRACTIC
WELLNESS CENTER**

2687 Northpark Drive, Suite 103
Lafayette, CO 80026
303-664-0024/303-664-5915
www.moorelifechiropractic.com

Services: Chiropractic, massage, physical therapy, acupuncture, cold laser, orthotics.**Person in charge:** Randall B. Moore, owner**Year founded:** 2004

MOUNTAIN WEST WELLNESS

5353 Manhattan Circle, Suite 104
Boulder, CO 80303
303-648-4066
www.boulder-colorado-acupuncture.com
Services: Acupuncture and herbal medicine.
Person in charge: Jack Schaefer, M.Ac.
Year founded: 2001

PARTNERS IN HEALTH

308 W. Baseline Road
Lafayette, CO 80026
303-554-9000/303-543-9729
Services: Acupuncture, nutrition, herbalism, holistic family medicine.
Person in charge: Heather L. Fliege, president
Year founded: 2001

ROSE SPOSITO, L.A.C.

2500 30th St., Suite 200
Boulder, CO 80301
303-579-2100
Services: A gentle approach with acupuncture and zero balancing, body work, dedicated to deep transformational healing for the body, mind and spirit.
Person in charge: Rose Sposito, L.Ac.
Year founded: 2000

RUSETO CENTER

1750 30th St., Suite 83
Boulder, CO 80301-1344
303-449-1686/303-449-1686
www.ruseto.com, www.ruseto.us
No. of employees 2012: 2
Services: Chinese natural medicines, acupuncture, massage.
Person in charge: Pao-Chin Huang, L.Ac.
Year founded: 1986

SCHULTZ CHIROPRACTIC AND ACUPUNCTURE

1715 Iron Horse Drive, Suite 122
Longmont, CO 80501
720-494-4790
www.schultzchiro.net
No. of employees 2012: 3
Person in charge: John F. Schultz, D.C., F.I.A.M.A.

SHANGHAI ACUPUNCTURE LLC

2500 30th St., Suite 200
Boulder, CO 80301
303-525-3399
www.shanghaiaacupuncturellc.com
No. of employees 2012: 1
Year founded: 2001

SOUTHWEST ACUPUNCTURE COLLEGE CLINIC

6630 Gunpark Drive
Boulder, CO 80301
303-581-9933/303-581-9944
www.acupuncturecollege.edu
No. of employees 2012: 2

TING ZHANG, LICENSED ACUPUNCTURIST

2299 Pearl St., Suite 307
Boulder, CO 80302
303-449-5425
No. of employees 2012: 1

TWIN CRANES NATURAL HEALING CENTER INC.

5370 Manhattan Circle, Suite 103
Boulder, CO 80303
303-449-2001/303-449-0379
www.twincranes.wordpress.com
No. of employees 2012: 2
Services: Acupuncture and Chinese herbal medicine for all patients, with a particular emphasis on fertility.
Person in charge: Deborah Harris Skelton, L.Ac.
Year founded: 2003

TY MILLER, L.A.C.

1790 30th St, Suite 120
Boulder, CO 80301
303-579-5799/303-541-9712
www.tymilleracupuncture.com
Services: Acupuncture, Oriental herbs, functional medicine, nutritional supplements, muscle testing.
Person in charge: Ty Miller, L.Ac.
Year founded: 2001

ANESTHESIOLOGY**BRIDGING YOUR HEALTH INC.**

1068 S. 88th St., Suite A
Louisville, CO 80027
303-938-1161/303-443-6830
www.bridgingyourhealth.com
No. of employees 2012: 4
Services: Facial plastic surgery, repair of facial fractures and complex lacerations, wisdom teeth removal, dental implants, general and preventive dentistry, bone grafting and reconstruction.
Person in charge: Artie Manfredi, director of patient coordination
Year founded: 2012

LONGMONT ANESTHESIA ASSOCIATES

1950 W. Mountain View Ave.
Longmont, CO 80501
303-651-5300
www.longmont-anesthesia.com
No. of employees 2012: 11

ASSISTED-LIVING, INDEPENDENT-LIVING**ALWAYS BEST CARE OF BOULDER COUNTY**

415 Coffman St.
Longmont, CO 80501
720-494-8407
Website: www.alwaysbestcare.com
Services: Non-medical in-home care and senior community placement.
Year founded: 2012

ANAM CHARA HOME

1795 Quince Ave.
Boulder, CO 80304
303-442-4484/303-442-4484
www.anamchara.org
Services: Holistic practitioners, hospice care, therapeutic arts, gardening and music therapy.
Person in charge: Claire Yarmo Gordon, administrator
Year founded: 1991

APPLEWOOD LIVING CENTER

1800 Stroh Place
Longmont, CO 80501
303-776-6081/303-776-6066
No. of employees 2012: 75
Services: Nursing home and independent apartments. Skilled nursing care.
Person in charge: Pat Blackstun, executive director
Year founded: 1962

BALFOUR CHERRYWOOD VILLAGE

282 McCaslin Blvd.
Louisville, CO 80027
303-604-2700/303-604-2800
www.balfourcare.com
No. of employees 2012: 60
Services: Three meals, respite, day care, staff trained for dementia/Alzheimer's care.
Person in charge: Megan Carnarius, executive director
Year founded: 2002

BALFOUR RETIREMENT COMMUNITY

1855 Plaza Drive
Louisville, CO 80027
303-926-1000/303-926-9900
www.balfourcare.com
Services: Exercise room, restaurant-style dining, scheduled transportation.
Person in charge: Sandy Christiansen, executive director
Year founded: 1999

BOULDER MANOR

4685 E. Baseline Road
Boulder, CO 80303
303-494-0535/303-494-0162
No. of employees 2012: 160
Services: Progressive-care center, rehabilitation services, wound therapy.
Year founded: 1960

BOULDER MERIDIAN

801 Gillaspie Drive
Boulder, CO 80305
303-494-3900/303-494-6404
www.brookdaleliving.com
Services: Flexible dining options, housekeeping and linen services, on-site health services, transportation, social activities.
Person in charge: Marcia Klassen, executive director
Year founded: 1986

BROOKDALE SENIOR LIVING - VILLAS AT THE ATRIUM

3350 30th St.
Boulder, CO 80301
303-444-0200/303-402-0565
www.brookdaleliving.com
Services: Independent living, transportation, scheduled activities, 24-hour on-site management, restaurant, housekeeping.
Person in charge: Don McElery
Year founded: 1978

BROSS STREET ASSISTED LIVING

537 Bross St.
Longmont, CO 80501
303-682-5095/303-532-3273
www.537bross.com
Services: Day-to-day protective oversight for seniors in a homelike environment. Ten private rooms with private bathrooms, located in the west historic district of downtown Longmont.
Person in charge: Michelle Wilderman, administrator
Year founded: 1997

CENTURY PARK THE BRIDGE ASSISTED LIVING, LONGMONT

2444 Pratt St.
Longmont, CO 80501
303-774-8255/303-774-8578
www.thebridgeatlongmont.com
No. of employees 2012: 4
Services: Medication management, different levels of care, wellness program.
Year founded: 1998

COLORADO MOOD & MEMORY CLINIC/ALTA VITA MEMORY CARE CENTRE

800 S. Fordham St.
Longmont, CO 80503
303-682-9197/303-682-9306
www.coloradomoodandmemoryclinic.com
Services: Psychiatric evaluation and treatment, geriatric psychiatry.
Person in charge: Haleh Nekooraad-Long, M.D.
Year founded: 2003

FRASIER MEADOWS RETIREMENT COMMUNITY

350 Ponca Place
Boulder, CO 80303
303-499-4888/720-562-3495
www.frasiermeadows.org
No. of employees 2012: 350
Services: Accredited by CARP-CCAC. Wellness, adult day care, dementia care, continuing care, retirement, independent living, skilled nursing, assisted living, child daycare, rehab activities, concierge.
Person in charge: Pam Devine, administrator
Year founded: 1960

COLDEN WEST MANOR

1055 Adams Circle
Boulder, CO 80303
303-444-3967/303-939-0808
www.gvboulder.org
Services: Promotes quality housing and services for seniors in an environment that is supportive of the residents in the community.
Person in charge: John Torres, executive director
Year founded: 1965

HOVER MANOR

1401 Elmhurst Drive
Longmont, CO 80503
303-772-9292/303-651-7279
www.hovercommunity.org
Services: Retirement community, meal plan, accepts Section 8.
Person in charge: Lisa Czolowski, executive director
Year founded: 1976

JUNIPER VILLAGE AT LOUISVILLE

1078 S. 88th St.
Louisville, CO 80027
303-665-3722/303-665-4049
www.junipercommunities.com

Services: Specializes in dementia and Alzheimer's care. Holistic environment, respite care, massage, certified chef.
Year founded: 2000

MARY SANDOE HOUSE

1244 Gillaspie Drive
Boulder, CO 80305
303-494-7317/303-494-0653

No. of employees 2012: 15
Services: Activities, medication management, 24-hour supervision.
Person in charge: Dottie Longobardi, administrator
Year founded: 1980

MESA VISTA OF BOULDER

2121 Mesa Drive
Boulder, CO 80304
303-442-4037/303-442-5430

Services: Skilled acute rehabilitation, secured Alzheimer's care/dementia unit and care for people with Huntington's disease.
Person in charge: LeRoy Baker, administrator
Year founded: 1918

MILLBROOK HOMES

5011 Foxhill Drive
Longmont, CO 80501
303-220-7989/303-220-0380
www.millbrookcare.com

No. of employees 2012: 7
Services: Secured community offering individualized care for Alzheimer's patients and other memory impairments.
Person in charge: Janet Cornell, director of new business
Year founded: 1997

MILLBROOK HOMES

1746 Cove Court
Longmont, CO 80501
303-220-7989/303-220-0380
www.millbrookcare.com

No. of employees 2012: 7
Services: Secured community offering assisted care and all levels of memory care. Care staffing ratio is two care givers for five residents.
Person in charge: Janet Cornell, director of new business
Year founded: 1997

MOUNTAIN VIEW PLAZA

1350 Collyer St., No. 100
Longmont, CO 80501
303-776-9103/303-776-9103

No. of employees 2012: 1
Services: HUD subsidized; 30 percent of income is rent.
Person in charge: Chrys Klahr, office manager; Lynn Wing, manager

SHAWNEE GARDENS

4755 Shawnee Place
Boulder, CO 80303
303-494-1123/720-221-4468
www.shawnee-gardens.com

No. of employees 2012: 4
Services: Privately and locally owned for 12 years with on-site manager, raised-bed gardens, greenhouse, chickens. Price is all-inclusive. Personalized care, one staff member per five residents.
Year founded: 1999

ST. VRAIN MANOR

606 Pratt St., No. 106
Longmont, CO 80501
303-776-3785/none
www.stvrainmanor.org

No. of employees 2012: 2
Services: Independent living for low-income seniors, including library and laundry facilities.
Year founded: 1961

STERLING HOUSE OF LONGMONT

2240 Pratt St.
Longmont, CO 80501
303-682-1066/303-684-8086
www.brookdaleliving.com

Services: Spa, enclosed courtyard, daily activities and medication administration.
Person in charge: Kathryn Pryor, executive director
Year founded: 1997

SUNRISE ASSISTED LIVING INC.

3955 28th St.
Boulder, CO 80301
720-406-1000/720-406-1003
www.sunriseseniorliving.com

Services: Medication administration, incontinence care, Alzheimer's care, hospice care, age in place, different levels of physical assistance.
Person in charge: Claudia Rodriguez, executive director
Year founded: 1981

THE ACADEMY

970 Aurora Ave.
Boulder, CO 80302
303-938-1920/303-938-1277
www.theacademyboulder.com

Services: Weekly housekeeping, personal transportation, dining, spa, pool, library, exercise facility, wellness program, nurse on staff, events, activities programming, maintenance, emergency call system.
Person in charge: Shirley Berg, executive director
Year founded: 1998

THE CARILLON AT BOULDER CREEK

2525 Taft Drive
Boulder, CO 80302
720-565-6844 /720-565-6845
www.thecarillonatbouldercreek.com

No. of employees 2012: 100
Services: Spacious one- and two-bedroom apartments, views of Flatirons, washers and dryers, emergency communication system, individual climate control, air conditioning, walk-in showers.
Person in charge: Trudy Stephens, general manager
Year founded: 2010

THE HOMESTEAD AT LONGMONT UNITED HOSPITAL

1380 Tulip St., Suite M
Longmont, CO 80501
303-772-9152/303-651-5263
www.luhcares.org

No. of employees 2012: 5
Services: Adult day care.
Person in charge: Jody Mayer, director
Year founded: 1982

THE LODGE AT BALFOUR INDEPENDENT LIVING FOR SENIORS

1331 Hecla Drive
Louisville, CO 80027
303-926-8300/303-926-3000
www.balfourcare.com

Services: Swimming pool, exercise room, restaurant-style dining, scheduled transportation.
Person in charge: Cheryl Davis, executive director
Year founded: 2004

THE RESIDENCES AT BALFOUR

1336 Hecla Drive
Louisville, CO 80027
303-867-6400
www.balfourcare.com

Services: Swimming pool, exercise room, restaurant-style dining, scheduled transportation.
Person in charge: Cheryl Davis, executive director
Year founded: 2008

VILLAGE PLACE AT LONGMONT

600 Coffman St.
Longmont, CO 80501
303-678-5416/303-678-0339
www.longmontha.org

Services: Transportation, grocery shopping, crafts, classes, 24-hour on site management.
Person in charge: Linda Morgan, housing director
Year founded: 1990

WINDHORSE FAMILY AND ELDER CARE

3450 Penrose Place, Suite 240
Boulder, CO 80301
303-786-9313
www.windhorsecare.com

No. of employees 2012: 50
Services: Trained and experienced professionals, end-of-life care, Alzheimer's assistance, emergency assistance, light housekeeping, meals, transportation, Alzheimer's and dementia specialists.
Person in charge: Jyoti Sharp, director, owner
Year founded: 2000

WYNWOOD AT RIDGE POINT

3375 34th St.
Boulder, CO 80301
303-473-0333/303-473-0134
www.brookdaleliving.com

Services: Customized care, fitness program, social programs, three meals, medication administration, housekeeping, transportation, pet-friendly.
Year founded: 1978

ASTHMA & ALLERGY**ALLERGY AND ASTHMA CENTER OF COLORADO**

400 S. McCaslin Blvd., Suite 211
Louisville, CO 80027
720-890-9904/720-890-1440
No. of employees 2012: 6
Year founded: 2012

BOULDER VALLEY ASTHMA & ALLERGY CLINICS

3950 Broadway
Boulder, CO 80304
303-444-5991/303-443-5030
www.boulderallergy.com

No. of employees 2012: 5
Services: Allergy and asthma diagnosis and treatment.
Person in charge: S. Allan Bock, M.D.
Year founded: 1966

AUDIOLOGY**BOULDER MEDICAL CENTER - AUDIOLOGY**

2750 Broadway
Boulder, CO 80304
303-440-3073/303-440-3294
www.bouldermedicalcenter.com

Services: Specialists in the prevention, identification and assessment of hearing impairment and in the habilitation and rehabilitation of patients with hearing impairments.
Year founded: 1949

BOULDER VALLEY HEARING ASSOCIATES

4745 Arapahoe Ave., Suite 130
Boulder, CO 80303
303-443-2772/303-443-2784

Services: Complete audiology evaluations, hearing aid services and fittings, auditory response.
Person in charge: J. Douglas Warren; Lisa Young
Year founded: 1976

COLORADO HEARING CENTER

2030 W. Mountain View Ave., Suite 500
Longmont, CO 80501
303-776-7770/303-772-7043
www.coloradohearingcenter.com

No. of employees 2012: 10
Services: Hearing aids, hearing protection and testing, balance and dizziness treatment.
Person in charge: Alfred N. Carr, M.D.
Year founded: 1976

FAMILY HEARING CENTER

2770 Arapahoe Road
Lafayette, CO 80026
303-665-0454/303-443-9786
www.familyhearingco.com

No. of employees 2012: 3
Services: Audiological services and products, including hearing conservation and hearing aids.
Person in charge: Karima Thobani, business manager
Year founded: 1963

FAMILY HEARING CENTER

3059 Walnut St.
Boulder, CO 80301
303-443-5085/303-443-9786
www.familyhearingco.com

No. of employees 2012: 3

Services: Audiological services and products, including hearing conservation and hearing aids.

Person in charge: Karima Thobani, business manager

Year founded: 1963

FAMILY HEARING CENTER

300 Nickel St.
Broomfield, CO 80020
303-465-4327/303-665-4775
www.familyhearingco.com

No. of employees 2012: 2

Services: Audiological services and products, including hearing conservation and hearing aids.

Person in charge: Christopher Schweitzer, Ph.D.

Year founded: 1963

FLATIRONS AUDIOLOGY INC.

300 Exempla Circle, Suite 365
Lafayette, CO 80026
303-664-9111/303-664-5333
www.flatironsaudiology.com

Services: Customized tinnitus evaluation and treatment plans, hearing testing and evaluations for adults and children, Neuromonics tinnitus treatment, hearing aid fittings, adjustments and programming.

Person in charge: Wendi Gonzales, practice manager

Year founded: 2007

HEARING HEALTHCARE CENTERS

4800 Baseline Road, Suite E 108
Boulder, CO 80303
303-499-3900/303-499-9506
www.hearinghealthcarecenters.com

Services: Comprehensive hearing evaluation, tinnitus evaluations and treatment. Hearing-aid fittings and services, earwax removal, assistive listening devices, custom ear protection for hunters, swimmers, musicians, and custom ear molds for iPods, Bluetooth devices, sleeping. Children through geriatric.

Person in charge: Whitney Swander, Au.D., owner

Year founded: 1984

HEARING HEALTHCARE CENTERS

1515 Main St., Suite 15
Longmont, CO 80501
303-776-8748/303-684-9915
www.hearinghealthcarecenters.com

No. of employees 2012: 7

Services: Comprehensive hearing evaluation, tinnitus evaluations and treatment. Hearing-aid fittings and services, earwax removal, assistive listening devices, custom ear protection.

Person in charge: Whitney Swander, Au.D., owner

Year founded: 1984

HEARING HEALTHCARE CENTERS

11480 N. Sheridan Blvd., No. 200
Broomfield, CO 80020
303-464-8440/ 303-404-9293
www.hearinghealthcarecenters.com

No. of employees 2012: 4

Services: Comprehensive hearing evaluation, tinnitus evaluations and treatment. Hearing-aid fittings and services, earwax removal, assistive listening devices, custom ear protection.

Person in charge: Whitney Swander, Au.D., owner

Year founded: 1984

HEARITE CORP.

6821 W. 120th Ave.
Broomfield, CO 80020
303-438-6633/303-438-9026

Services: Hearing aid repairs, sales and services.

Person in charge: Neely Green, client care

Year founded: 2003

LONGMONT HEARING AND TINNITUS CENTER

1146 Francis St.
Longmont, CO 80501
303-651-1178/303-651-0488
www.longmonthearing.com

Services: Audiology, hearing aids, repairs, hearing protection/conservation, comprehensive hearing testing and services. Tinnitus screening, evaluation and treatment.

Person in charge: D'Anne Rudden, Au.D.

Year founded: 1992

THE HEARING CENTER

2130 N. Main St., Suite 3
Longmont, CO 80501
303-776-4313/303-776-4334

No. of employees 2012: 1

Services: Clinics, sales and repairs of all hearing aids, adult and pediatric. Focus on neurodiagnostics and hearing.

Person in charge: Kenneth Evans, M.D.

Year founded: 1988

BODY WORK CLINICS**40PLUS FITNESS AND HEALTH LLC**

765 Poplar Ave.
Boulder, CO 80304
303-413-1239/303-954-0993
www.40plusfitnessandhealth.com

No. of employees 2012: 2

Services: Integrative medicine health coach, movement and yoga therapy, nutrition and weight management for individuals over 40 years old.

Person in charge: Robin Saltonstall, Ph.D.

Year founded: 1989

AXIS OF MOVEMENT

451 Oak St., Suite 208
Longmont, CO 80530
303-833-7353
www.axisofmovement.com

Services: Offers Pilates mat, reformer classes and Pilates apparatus, massage therapy, yoga, Zumba, dance. Private sessions and group classes available.

Person in charge: Alisa Schillinger, co-owner; Joanne Senior, co-owner

Year founded: 2003

BARB BEARD PASSALACQUA ADVANCED ROLFING

2040 Walnut St.
Boulder, CO 80302
303-931-6673

www.barbbeard.com

Services: Rolfing, structural integration.

Person in charge: Barb Beard Passalacqua, certified advanced rolfing

Year founded: 2002

BODY OPTIONS MASSAGE THERAPY

600 Main St.
Louisville, CO 80027
303-673-9797

No. of employees 2012: 3

Services: Swedish massage, neuromuscular/myofascial therapies.

BOULDER COLLEGE OF MASSAGE THERAPY

6255 Longbow Drive
Boulder, CO 80301
303-530-2100/303-530-2204
www.bcmt.org

No. of employees 2012: 2,040

Services: Massage therapy certificate, associate of occupational studies degree in massage therapy, career track programs, continuing education/community classes.

Person in charge: Dirk McCuiston

Year founded: 1975

BOULDER LYMPHATIC & MASSAGE

Boulder, CO 80303
303-931-3469
www.bouldermessage.net

No. of employees 2012: 1

Services: Therapeutic massage and manual lymph drainage.

Person in charge: Lynn Herklotz, R.M.T., O.T.R., C.M.L.D.T.

Year founded: 1995

BOULDER THERAPEUTICS

1800 30th St., Suite 215
Boulder, CO 80301
303-444-1171

Services: Masseuse for the Colorado Rapids.

Person in charge: David Abookire, owner

Year founded: 1999

COLORADO HEALTHQUEST

842 Laurel Ave.
Boulder, CO 80303
303-402-9088/303-402-9092

www.coloradohealthquest.com

Services: Holistic physical therapy clinic; physical therapy, craniosacral therapy, visceral manipulation.

Person in charge: Maureen Rimar, owner

Year founded: 1996

COLORADO MASSAGE CENTER

3109 28th St.
Boulder, CO 80301
303-443-5202/303-440-8897
www.coloradomassage.com

No. of employees 2012: 20

Services: Massage therapy, rehabilitation and relaxation.

Year founded: 1983

DARRELL SANCHEZ PH.D., L.P.C., CERTIFIED ADVANCED ROLFING

2031 Broadway, Suite 7
Boulder, CO 80302
303-447-1539
www.rolfingboulderdenver.com

No. of employees 2012: 1

Services: Specializing in trauma and motor vehicle accidents.

Person in charge: Darrell Sanchez, owner

Year founded: 1986

DEBRA KURESMAN, CERTIFIED ADVANCED ROLFING, ROLF MOVEMENT PRACTITIONER

3786 Wonderland Hill Ave.
Boulder, CO 80304
303-440-7357

Services: Advanced rolfing, movement education, visceral manipulation, cranio-sacral therapy.

Person in charge: Debra Kuresman, certified advanced rolfing

Year founded: 1979

DONNA SPLANE, CERTIFIED ADVANCED ROLFING

Boulder, CO 80304
303-449-0643

No. of employees 2012: 1

Person in charge: Donna Splane, owner

Year founded: 1884

ELEMENTS THERAPEUTIC MASSAGE INC.

2321 30th St.
Boulder, CO 80301
303-440-3998
www.touchofelements.com/boulder

No. of employees 2012: 16

Services: Therapeutic massage, injury rehabilitation, sports and deep-tissue massage, hot stone, Swedish relaxation massage, prenatal massage.

Person in charge: Mark Mills, owner

Year founded: 2009

JIM D. ASHER, CERTIFIED ADVANCED ROLFING, ROLF MOVEMENT PRACTITIONER

1332 Pearl St.
Boulder, CO 80302
303-443-6415

Person in charge: Jim D. Asher, certified advanced rolfing

JOY OM, ADVANCED CERTIFIED ROLFING/CRANIAL THERAPIST

4236 Piedra Place
Boulder, CO 80301
303-449-8664

www.essentialembodiment.net

Services: Neurofeedback, rolfing, craniosacral therapy, embodiment counseling.

Person in charge: Joy Om, certified advanced rolfing

Year founded: 1983

LIFE SPRING HEALING ARTS

P.O. Box 21132
Boulder, CO 80308
303-527-2886/303-527-2886
www.lifespringarts.com

No. of employees 2012: 1
Services: Therapeutic massage (deep tissue and relaxation), and on-site corporate chair massage.
Person in charge: Jan DeCourtney, C.M.T.
Year founded: 1997

LISA ZUCKER, N.C.M.T., R.P.P.

Nederland, CO 80466
303-258-3185

No. of employees 2012: 1
Services: Massage therapy, polarity therapy, craniosacral therapy.
Person in charge: Lisa Zucker
Year founded: 1995

**LOUISVILLE CLINIC OF
RADITIONAL CHINESE MEDICINE**

225 W. South Boulder Road, Suite 201
Louisville, CO 80027
303-604-0919
www.louisvilleclinic.com
Services: Acupuncture, Chinese herbal medicine, traditional Chinese nutritional therapy.
Person in charge: Galen Williams, L.Ac., M.T.C.M.
Year founded: 1997

LOUISVILLE MASSAGE THERAPY INC.

317 South Boulder Road, Suite 3
Louisville, CO 80027
303-665-1224/303-673-0218
www.louisvillemassagetherapy.com
No. of employees 2012: 2
Services: Therapeutic massage therapy.
Person in charge: J. Patrick Dorsey, C.M.T.
Year founded: 1990

MASSAGE ENVY

1170 U.S. Highway 287, Suite 300
Broomfield, CO 80020
303-404-3689/720-887-3330
www.massageenvy.com
No. of employees 2012: 40
Services: Massage.
Person in charge: Brittany Zeimet
Year founded: 2005

MASSAGE ENVY

2490 Arapahoe Ave.
Boulder, CO 80302
303-447-3689/3034686066
www.massageenvy.com
No. of employees 2012: 60
Services: Prenatal/postpartum specialty, therapeutic and injury massage, sports and orthopedic massage, deep tissue massage, Murad Signature facials. Hot stone massage.
Year founded: 2005

**MASSAGESPECIALISTS.COM
WELLNESS CENTER**

1640 Broadway
Boulder, CO 80302
303-938-0388
www.massagespecialists.com
No. of employees 2012: 30
Year founded: 1997

MEGAN CHRISTENSEN C.M.T.

1613 Circle Drive
Louisville, CO 80027
303-668-5706
Services: Table massage and on-site chair Swedish and deep-tissue massage.
Person in charge: Megan Christensen, C.M.T.
Year founded: 2000

**PINNACLE PHYSICAL
THERAPY AND PILATES**

3434 47th St., Suite 107
Boulder, CO 80301
303-440-7078/303-440-7242
www.pinnaclephysicaltherapyboulder.com

No. of employees 2012: 5
Services: Specialize in back pain relief using innovative treatments.
Person in charge: Kristie Bennett, P.T., M.S., C.L.T.
Year founded: 1999

REBECCA DELONG C.M.T.

726 Pearl St., Suite C
Boulder, CO 80302
303-579-6566
No. of employees 2012: 1
Services: Neuromuscular and deep tissue therapy.
Year founded: 1992

SENSORIELLE

1801 13th St.
Boulder, CO 80302
303-247-9932/303-247-0062
www.sensoriellespa.com
No. of employees 2012: 15
Services: Massage, acupuncture, facials, Ayurvedic treatments, body wraps.
Person in charge: Jewl Petteway, owner
Year founded: 2005

THE ROLF INSTITUTE

5055 Chaparral Court, Suite 103
Boulder, CO 80301
303-449-5903/303-449-5978
www.rolf.org
Services: Rolfing Structural® Integration, Rolf Movement® Integration.
Person in charge: Diana Yourell, executive director
Year founded: 1971

WHITE CRANE

7735 Durham Circle
Boulder, CO 80301
303-530-3175
www.whitecrane.org
Services: Association of healers. Astrology and family constellation work.
Person in charge: Janet Rupp, founder
Year founded: 1979

CARDIOLOGY**CARDIAC REHABILITATION AT
LONGMONT UNITED HOSPITAL**

1950 Mountain View Ave.
Longmont, CO 80501
303-485-4101/303-485-4164
www.luhcares.org
No. of employees 2012: 4
Services: Cardiac rehabilitative services and educational classes.
Person in charge: Keri Isernhagen
Year founded: 1977

**COLORADO
CARDIOVASCULAR CENTER**

3000 Center Green Drive, Suite 120
Boulder, CO 80301
303-544-1200/303-544-0086
www.coloradocardio.com
Services: Cardiovascular/interventional cardiology.
Person in charge: Kim Dunlap, clinic manager
Year founded: 2000

**COLORADO CARDIOVASCULAR
SURGICAL ASSOCIATES**

1155 Alpine Ave., Suite 190
Boulder, CO 80304
303-440-2244/303-440-2266
www.ccvsasa.com

**NATUREMED CLINIC
INTEGRATIVE MEDICINE**

5330 Manhattan Circle, Suite B
Boulder, CO 80303
303-884-7557/303-448-9069
www.naturemedclinic.com
No. of employees 2012: 6
Services: Integrative medical clinic that offers comprehensive health care to adults, elderly and children using natural treatments, alternative and conventional medicine.
Person in charge: Kelly Jacobs Parcell, owner
Year founded: 2004

ROCKY MOUNTAIN CARDIOLOGY

16677 Lowell Blvd.
Broomfield, CO 80023
303-938-3498
Website: www.rmcardiology.com

ROCKY MOUNTAIN CARDIOLOGY

1000 W. South Boulder Road, Suite 216
Lafayette, CO 80026
303-604-4646/303-604-4644
Website: www.rmcardiology.com
Services: Cardiology, nuclear medicine, electro-physiology and critical-care medicine.
Person in charge: Lois Moss, administrator
Year founded: 1991

ROCKY MOUNTAIN CARDIOLOGY

2101 Ken Pratt Blvd., Suite 104
Longmont, CO 80501
303-702-5958/303-702-5960
Website: www.rmcardiology.com
Services: Cardiology, nuclear medicine, electro-physiology and critical-care medicine.
Person in charge: Lois Moss, administrator
Year founded: 1991

ROCKY MOUNTAIN CARDIOLOGY

2030 Mountain View Ave., Suite 200
Longmont, CO 80501
303-702-5958/303-702-5960
www.rmcardiology.com
Services: Cardiology, nuclear medicine, electrophysiology and critical-care medicine.
Person in charge: Lois Moss, administrator
Year founded: 1991

ROCKY MOUNTAIN CARDIOLOGY

2505 Fourth St.
Boulder, CO 80304
303-442-2395/303-442-1073
www.rmcardiology.com
Services: Cardiology, nuclear medicine, electrophysiology, echocardiography.
Person in charge: Lois Moss, administrator
Year founded: 1982

CHIROPRACTIC**ABUNDANT HEALTH
CHIROPRACTIC & ACUPUNCTURE**

195 S. Main St., Suite 1
Longmont, CO 80501
303-772-1700/303-684-8457
www.abundant-health-chiropractic.com
No. of employees 2012: 4
Services: Chiropractic, acupuncture and massage.
Person in charge: Steven Evans, D.C.
Year founded: 1998

**ACHTERMANN CHIROPRACTIC
AND MASSAGE**

600 Main St.
Louisville, CO 80027-1828
303-673-9797
www.achtermann-us.com
No. of employees 2012: 3
Services: Offering spinal adjustments (hands-on and low-force Activator Methods), acupuncture, massage therapy, nutritional counseling and custom-made foot orthotics. Most insurance accepted.
Person in charge: Marty Achtermann, D.C.; Karen Achtermann, D.C.
Year founded: 1995

ALIGN CHIROPRACTIC CENTER

1318 Vivian St.
Longmont, CO 80501
303-776-0882/303-776-1053
www.alignchiropracticcenter.com
No. of employees 2012: 1
Services: Palmer graduate specializing in conditions ranging from sciatica to tennis elbow.
Person in charge: Kevin R. Mikalaitis, owner
Year founded: 2007

ALTERNATIVE HEALTH CLINIC PC

5761 N. Orchard Creek Circle
Boulder, CO 80301
303-449-2225/303-527-2969
www.drhartalternativehealth.com
No. of employees 2012: 1
Services: Chiropractic; nutritional and allergy sensitivity testing, immune system building, applied kinesiology, muscle proprioception, focus on sports injuries, spinal injuries and nutrition.
Person in charge: Pamela L. Hart, D.C.
Year founded: 1987

**ASPEN CHIROPRACTIC AND
WELLNESS CENTER**

2015 Ionosphere St., Unit 102
Longmont, CO 80504
303-678-8489/888-551-2163
www.drbrisson.meta-ehealth.com
No. of employees 2012: 3
Services: Chiropractic, acupuncture, nutritional consulting.
Person in charge: Douglas Paul Brisson, D.C.
Year founded: 1986

AUSTIN CHIROPRACTIC CENTER

362 S. McCaslin Blvd.
Louisville, CO 80027
303-665-5405/303-664-1697
www.austinchirocenter.com

BEN ELDER JR., D.C.

1365 Forest Park Circle, Suite 201
Lafayette, CO 80026
303-665-7151
Services: Chiropractic.

BIVRELL CHIROPRACTIC AND REHABILITATION CENTER

357 McCaslin Blvd., Suite 200
Louisville, CO 80027
720-890-9800
www.bivrell.com
No. of employees 2012: 2
Year founded: 1998

BOULDER BACK PAIN CLINIC

2760 29th St., Suite 2B
Boulder, CO 80301
303-499-4500/303-494-4982
www.boulderbackpainclinic.com
Services: Chiropractic manual therapy for neck pain, back pain, occupational and sports injuries. Acupuncture, physical therapy modalities and rehabilitative exercise programs.
Person in charge: Marc S. Cahn, D.C.
Year founded: 1984

BROOMFIELD CHIROPRACTIC & NUTRITION CENTER

No. 80 Garden Center, Suite 300
Broomfield, CO 80020
303-466-4848/303-439-9467
No. of employees 2012: 1
Services: Chiropractic, nutrition, sports injuries, hormonal balancing.
Person in charge: DeVerne Clifford Lehman, D.C., N.D.
Year founded: 1971

CANYON CHIROPRACTIC CENTER

2625 28th St., Suite 100
Boulder, CO 80301
303-402-1300/303-402-1310
www.canyonchiro.com
No. of employees 2012: 4
Year founded: 2005

CHANCE CHIROPRACTIC CENTER

103 E. Simpson St., Suite 100
Lafayette, CO 80026
303-604-6164/303-604-6164
www.chancechiropracticcenter.com
No. of employees 2012: 3
Services: Chiropractic and acupuncture.
Person in charge: Debra Stolper Chance
Year founded: 2000

CHIROPRACTIC OF BOULDER

1450 28th St.
Boulder, CO 80303
303-443-0123/303-443-8161
No. of employees 2012: 1
Year founded: 1973

COLORADO SPORTS CHIROPRACTIC CENTER

335 W. South Boulder Road, Suite 1
Louisville, CO 80027
303-604-4358/303-604-4359
www.coloradosportschiro.com
No. of employees 2012: 3
Services: Chiropractic care, physical therapy, sports medicine, radiology, massage therapy.
Person in charge: Jeremy Rodgers; Maureen Thomm
Year founded: 2001

COMPASSIONATE CARE CENTERS

1124 W. Dillon Road, Suite 1
Louisville, CO 80027
303-926-6865
www.chiropracticconcept.com
No. of employees 2012: 7
Services: Family chiropractic clinic.

COMPLETE CARE CHIROPRACTIC PC

1280 Centaur Village Drive, Unit 8
Lafayette, CO 80026
303-926-1575/303-666-8927
www.26vertebrae.com
No. of employees 2012: 3
Services: chiropractic care for your entire family.
Person in charge: Bevin Duke, C.T.
Year founded: 2007

DARNELL CHIROPRACTIC

300 Nickel St., Suite 9
Broomfield, CO 80020
303-543-1400/303-554-5834
No. of employees 2012: 1
Services: BioEnergetic Synchronization Technique (BEST) and Chiropractic adjustments.
Person in charge: James Darnell, D.C.
Year founded: 2007

DR. DEAN RAFFELLOK & ASSOCIATES

3100 Arapahoe Ave., Suite 202
Boulder, CO 80303
303-541-9019/303-449-4497
www.drdeanraffelock.com
No. of employees 2012: 3
Services: Functional medicine, clinical nutrition, acupuncture, chiropractic, applied kinesiology.
Person in charge: Dean Raffelock, D.C.
Year founded: 1992

DR. GARRET ROCK D.C.

380 Empire Road
Lafayette, CO 80026
303-604-2660/303-604-2665
www.ssrehabcenter.com
Services: Sports chiropractic.
Person in charge: Garret Rock, D.C.
Year founded: 2004

ELITE CHIROPRACTIC

1020 W. Century Drive, Suite 101
Louisville, CO 80027
303-516-1517
www.elitechiroonline.com
Services: Chiropractic and hydromassage.
Year founded: 2000

ELIZABETH DECKER D.C.

4150 Darley Ave, Suite 6
Boulder, CO 80305
303-499-5000
No. of employees 2012: 2

FINECAN CHIROPRACTIC HEALTH CENTER

3000 Center Green Drive, Suite 260
Boulder, CO 80301
303-447-2737/303-444-3002
www.drfinegan.com
Services: Spinal decompression, CBP, Brimhall, nutrition, cold laser therapy, far infrared sauna, Pettibon, diversified, children, pregnancy, Ultrasound, EMS, sports injuries. Gonstead.
Person in charge: Paul Finegan, D.C.
Year founded: 1983

FIT WELLNESS CENTER

1140 U.S. Highway 287, Suite 100
Broomfield, CO 80020
303-469-0353/303-469-1066
www.broomfieldwellness.com
No. of employees 2012: 11
Services: Chiropractic, massage, physical therapy, nutrition, acupuncture, orthotics.
Year founded: 2000

FOSTER HEALTH & WELLNESS CENTER PLLC

2051 Terry St., Suite B
Longmont, CO 80501
303-678-8300/303-772-4046
www.drbranfordfoster.com
No. of employees 2012: 3
Services: Chiropractic, massage, physical therapies, nutritional counseling and wellness care.
Person in charge: Brian Keith Foster, D.C.
Year founded: 1997

FOUNTAIN CHIROPRACTIC

590 Persimmon Drive
Boulder, CO 80304
303-818-5343/303-443-7882
www.jeffountainboulder.com
No. of employees 2012: 1
Services: Structural biostructural correction. Cold laser therapy.
Person in charge: Jeff Fountain, D.C.

FRTZ WELLNESS CENTER/ LONGMONT ACUPUNTURE CENTER

1749 Terry St.
Longmont, CO 80501
303-772-7672/303-772-0990
www.fritzwellnesscenter.com
No. of employees 2012: 4
Services: Chiropractic, applied kinesiology, acupuncture, soft laser therapy, bio-meridian, vibrate.
Person in charge: Thomas Fritz, D.C.
Year founded: 1983

FRONT STREET CHIROPRACTIC

901 Front St., Suite 120
Louisville, CO 80027
303-604-2987
www.frontstreetchiro.com
No. of employees 2012: 7
Services: Chiropractic adjustments and massage. Acupuncture.
Year founded: 2007

FRONT STREET CHIROPRACTIC AND WELLNESS CENTER

901 Front St., Suite 120
Louisville, CO 80027
303-604-2987/303-604-2997
www.frontstreetchiro.com
No. of employees 2012: 3
Services: Chiropractic, acupuncture and massage.
Person in charge: Elizabeth Kinneavy, D.C.; LeeAnn Benesh, D.C.
Year founded: 2003

GROOVER CLINIC

2725 Iris Ave.
Boulder, CO 80304
303-442-7772/303-442-2426
www.grooverclinic.com
No. of employees 2012: 2
Person in charge: Thomas D. Groover, owner
Year founded: 1999

HEALING TOUCH CHIROPRACTIC OF BOULDER PLLC

3005 47th St., Suite F-2
Boulder, CO 80301
303-447-0036/303-447-3212
www.healingtouchofboulder.com
No. of employees 2012: 1
Services: Chiropractic, neuromuscular/ soft tissue therapy, low-level laser therapy, blood and salivary testing with interpretation, nutritional and lifestyle/wellness counseling.
Person in charge: Joanie DeBever, owner
Year founded: 1992

HEALTH SOURCE CHIROPRACTIC

1020 Ken Pratt Blvd., Unit G
Longmont, CO 80501
303-772-8311
No. of employees 2012: 3
Year founded: 2007

HEALTHWISE PROFESSIONALS INC.

1715 Iron Horse Drive
Longmont, CO 80504
303-776-6110
Services: Chiropractic, functional medicine, sports medicine. Nutrition applications, cold laser, electronic acupuncture.
Year founded: 1985

HELPING HANDS CHIROPRACTIC

4800 Baseline Road, Suite C-110
Boulder, CO 80303
303-494-2800/303-499-8007
www.hhcbooulder.com
Services: Chiropractic and massage.
Person in charge: Heather Meinke, chiropractor

INTEGRATED CHIROPRACTIC SERVICES

3434 47th St., Suite 107
Boulder, CO 80301
303-449-9355/303-499-9356

JAY WILSON, CHIROPRACTOR

1455 Yarmouth Ave., Suite 112
Boulder, CO 80304
303-449-7414/303-449-2147

No. of employees 2012: 3
Services: Clinical kinesiology and nutrition.
Person in charge: Jay Wilson, D.C.
Year founded: 1984

JOHNSTON CHIROPRACTIC AND ACUPUNCTURE

2255 Mountain View Ave.
Longmont, CO 80501
303-772-5042/303-776-2912
www.johnston-chiropractic.com

No. of employees 2012: 4
Services: Chiropractic and acupuncture, DRX9000 spinal decompression treatment, nutrition, therapeutic exercises, physical therapy, laser therapy.
Person in charge: Donald Johnston, D.C.; Derek Johnston, D.C.
Year founded: 1977

LARRY FRIEDER D.C.

3400 Table Mesa Drive, Suite 201
Boulder, CO 80305
303-494-0944
www.bouldersportandspine.com

Person in charge: Larry Frieder, D.C.

LEFT HAND BACK AND BODY

701 Delaware Ave., Suite A
Longmont, CO 80501
303-651-7003/303-651-7004
www.lefthandbackandbody.com

Services: Chiropractic, acupuncture, physiotherapy, specializing in whiplash-associated injuries. Massage, yoga studio.
Year founded: 2010

LIFE CHIROPRACTIC

825 Delaware Ave., PH P03
Longmont, CO 80501
303-678-1979

No. of employees 2012: 4
Services: Chiropractic and holistic care specialized for each person's needs. Applied kinesiology, NET, nutrition, brain balancing, innate awareness.
Year founded: 2007

LIFESPA

6662 Gunpark Drive, Suite 102
Boulder, CO 80301
303-516-4848/303-530-4409
www.lifespa.com

No. of employees 2012: 9
Services: Chiropractic, Ayurveda, massage.
Person in charge: John Douillard, D.C., Ph.D.
Year founded: 1994

LONGMONT CHIROPRACTIC & WELLNESS CENTER

630 15th Ave., Suite 102
Longmont, CO 80501
303-651-2525/303-651-2556
www.longmontchiropractic.com

No. of employees 2012: 4
Services: Chiropractic care for the entire family, massage therapy, physiotherapy and nutritional therapy. Convenient hours with walk-in treatment available.
Person in charge: Wesley E. Statley, D.C.
Year founded: 1982

LONGMONT CHIROPRACTIC & WELLNESS CENTER

630 15th Ave., Suite 102
Longmont, CO 80501
303-651-6060/303-651-2556
www.dr-statley.com

Services: Chiropractic care, massage therapy, acupuncture, nutrition.

MOORE LIFE CHIROPRACTIC WELLNESS CENTER

2687 Northpark Drive, Suite 103
Lafayette, CO 80026
303-664-0024/303-664-5915
www.moorelifechiropractic.com

Services: Chiropractic, massage, physical therapy, acupuncture, cold laser, orthotics.
Person in charge: Randall B. Moore, owner
Year founded: 2004

MOUNTAIN VISTA CHIROPRACTIC & MEDICAL CENTER

421 21st Ave., Suite 41
Longmont, CO 80501
303-772-9600/303-772-9308

No. of employees 2012: 3
Year founded: 1978

MOUNTAINVIEW CHIROPRACTIC CENTER

1650 38th St., Suite 204 W
Boulder, CO 80301
303-447-9700/303-447-0795
www.mountainviewchiropracticcenter.com

No. of employees 2012: 7
Services: Chiropractic, massage therapy, nutrition, exercise.
Person in charge: Dale Heimester, D.O.
Year founded: 1986

NEDERLAND CHIROPRACTIC & WELLNESS CENTER

20 Lakeview Drive, Suite 204
Nederland, CO 80466
303-258-7730

Year founded: 1988

NETWORK FAMILY WELLNESS CENTER

1715 15th St.
Boulder, CO 80302
303-998-1000/303-998-1003
www.networkwellnesscenters.com

No. of employees 2012: 7
Services: Chiropractic, massage, weight loss, nutrition, Somato respiratory integration.
Person in charge: Daniel Marshall Knowles, III, D.C.
Year founded: 1999

NETWORK LIFE CENTER

1017 E. South Boulder Road, Suite H1
Louisville, CO 80027
303-664-1256/303-664-1256
www.networklifecenter.com

No. of employees 2012: 1
Services: Gentle form of transformational wellness care.
Person in charge: Jay Uecker, director
Year founded: 2001

NORTH BOULDER CHIROPRACTIC

1280 Yellow Pine Ave.
Boulder, CO 80304
303-449-7887/303-413-0128
www.northboulderchiropractic.com

No. of employees 2012: 2
Services: Chiropractic, sports injuries and performance, diet and nutrition, back and neck pain, ProAdjuster non-force adjusting, cold laser therapy.
Person in charge: David Boynton, D.C.
Year founded: 2004

ORLANDO CHIROPRACTIC

413 Summit Blvd., Unit 203
Broomfield, CO 80021
303-543-7700/303-543-7007
www.docorlando.com

Services: Chiropractic, acupuncture.
Person in charge: Dave Orlando, D.C.
Year founded: 2001

PERFORMANCE CHIROPRACTIC

9140 W. 100th Ave., Suite A5
Broomfield, CO 80021
303-425-4444/303-425-4408
www.westminsterchiropracticclinic.com

No. of employees 2012: 3
Services: Chiropractic, activator methods, certified kinesio taping practitioner, nutrition.
Person in charge: Justin Trosclair, D.C.
Year founded: 1994

POWER ADVANCED ATHLETE HEALTH CENTER

421 21st Ave., Suite 40
Longmont, CO 80501
303-776-5520/303-776-5522
www.athletepowers.com

No. of employees 2012: 5
Person in charge: Timothy Ray, D.C.
Year founded: 1980

RED DRAGON CHIROPRACTIC & ACUPUNCTURE

75 Manhattan Drive, Suite 100
Boulder, CO 80303
303-449-2130

No. of employees 2012: 2

REIUV HEALTH MAKEOVERS

2130 Mountain View Ave., Suite 204
Longmont, CO 80501
720-340-4736/720-340-4790
Services: Chiropractic, massage, weight loss, therapeutic lifestyle programs (including treatment of metabolic syndrome, hypercholesterolemia and insulin resistance).

Person in charge: Beau Maudlin
Year founded: 2000

SCHULTZ CHIROPRACTIC AND ACUPUNCTURE

1715 Iron Horse Drive, Suite 122
Longmont, CO 80501
720-494-4790
www.schultzchiro.net

No. of employees 2012: 3
Person in charge: John F. Schultz, D.C., F.I.A.M.A.

SWAN LAKE CHIROPRACTIC HEALTH CENTRE

724 Pearl St.
Boulder, CO 80302
303-449-3103/303-402-1095
www.swanlakechiro.com

No. of employees 2012: 4
Services: Family chiropractic, spinal disc decompression and health maintenance.
Person in charge: Ginger Shriver, D.C.; David Mamolen, D.C.
Year founded: 1979

TERRY CHIROPRACTIC HEALTH CENTER

3083 Walnut St.
Boulder, CO 80301
303-440-0500/303-440-4621
www.terrychiropractic.com

No. of employees 2012: 8
Services: Chiropractic adjustments, massage, allergy testing, nutritional support. Integrated medical practice, physical therapy.
Person in charge: Douglas J. Terry, D.C.
Year founded: 1980

THOMAS CHIROPRACTIC CENTER

7105 W. 119th Place
Broomfield, CO 80020
303-469-9956/303-469-9982
www.broomfieldspine.com

No. of employees 2012: 1
Person in charge: Lance M. Thomas, D.C.
Year founded: 1986

WARHURST FAMILY CHIROPRACTIC

1010 Depot Hill Road, Suite 104
Broomfield, CO 80020
303-464-9282/303-464-9752
www.warhurstchiropractic.com

No. of employees 2012: 4
Services: Rehabilitative chiropractic health care, family care, sports injuries, auto and work injuries, 100-year lifestyle programs, weight loss programs, family wellness care, nutritional counseling.
Person in charge: Craig E. Warhurst, D.C.; Ryan Warhurst, D.C.
Year founded: 2000

WATERBURY CHIROPRACTIC WELLNESS CENTER

1332 Linden St., Suite 1
Longmont, CO 80501
303-485-7117/303-485-6677
www.waterburychiropractic.org

No. of employees 2012: 2
Services: Chiropractic wellness focusing on whole body health, low force techniques, low level laser, nutritional counseling, women's issues, headaches, fibromyalgia, carpal tunnel, sports injuries.
Person in charge: Robin L. Waterbury, D.C.
Year founded: 2006

WELLADJUSTED

2150 W. Sixth Ave., Unit J
Broomfield, CO 80020
303-447-3900/303-469-5544
www.welladjusted1.com

No. of employees 2012: 2
Services: Healthy lifestyle implementation, nutrition and chiropractic.
Person in charge: Craig DeFries, D.C.
Year founded: 2004

ZELLNER CHIROPRACTIC CENTER

1310 Alpine Ave.
Boulder, CO 80304
303-444-7524/303-444-2464

No. of employees 2012: 2
Person in charge: Jack Zellner, D.C.
Year founded: 1977

**DENTISTRY
& ORAL SURGERY****ADLER COSMETIC
& FAMILY DENTISTRY**

1810 30th St.
Boulder, CO 80301
303-449-1119/303-449-1914

Services: Cosmetic and family dentistry.
Person in charge: Michael Adler, D.D.S.
Year founded: 1990

**ADVENTURE DENTAL VISION
& ORTHODONTICS**

1739 N. Main St.
Longmont, CO 80501
303-834-7919/303-834-6414
www.adventurelongmont.com

No. of employees 2012: 24
Services: General dentistry, orthodontic and vision care for children and teens up to age 20.
Person in charge: Ron Montano, D.D.S.

ALAN BELENSKI D.D.S.

225 South Boulder Road, Suite 200
Louisville, CO 80027
303-666-5080/303-666-4339
www.alanbelenski.com

No. of employees 2012: 7
Person in charge: Alan Belenski, D.D.S.

ALAN REISMAN D.D.S.

1075 South Boulder Road, Suite 230
Louisville, CO 80027
303-665-2377/303-665-1301
www.alanreisman.com

No. of employees 2012: 5
Services: Oral surgery.
Person in charge: Alan Reisman, D.D.S.
Year founded: 1999

ALIGN ORTHODONTICS

1068 S. 88th St., Suite B
Louisville, CO 80027
303-666-0800/720-266-6790
www.alignorthodontics.com

No. of employees 2012: 5
Person in charge: Laurence J. Colletti, D.D.S.
Year founded: 1991

ALPINE DENTISTRY

350 Broadway
Boulder, CO 80305
303-494-8200/303-494-2281
www.btidentistry.com

No. of employees 2012: 8

ANDREW L. FISCUS D.D.S.

3400 Penrose Place, Suite 202
Boulder, CO 80301
303-442-5748/303-442-5749
www.fiscusdentistry.com

No. of employees 2012: 7
Services: General dentistry.
Person in charge: Andrew L. Fiscus, D.D.S.
Year founded: 2001

ANDREW SEWELL D.D.S.

3000 Center Green Drive
Boulder, CO 80301
303-442-6142/303-443-6163

No. of employees 2012: 7
Person in charge: Andrew Sewell, D.D.S.

ANIA MOHELICKI D.D.S., P.C.

1400 28th St., Suite 4
Boulder, CO 80303
303-443-0998/303-544-0372
www.dranian.com

No. of employees 2012: 5
Services: Dentistry.
Person in charge: Ania Mohelicki, D.D.S., P.C.
Year founded: 1998

ARAPAHOE DENTAL

2525 Arapahoe Ave.
Boulder, CO 80302
303-442-0905/303-442-0907
www.arapahoedental.net

No. of employees 2012: 7
Services: Dental care.
Person in charge: Phillip Harwood, D.D.S.
Year founded: 1989

ARTISTIC SMILES

920 S. Hover St.
Longmont, CO 80501
303-485-8888/303-485-7777
www.artisticsmiles.org

No. of employees 2012: 10
Services: Cosmetic and family dentistry.
Person in charge: Cliff Rogge
Year founded: 1994

ASPEN DENTAL GROUP

1720 Duchess Drive
Longmont, CO 80501
303-772-6960/303-772-7215

No. of employees 2012: 5
Person in charge: Sean Visger, D.D.S.
Year founded: 1994

**ASSOCIATED PEDIATRIC
DENTISTRY**

3400 Penrose Place, Suite 107
Boulder, CO 80301
303-443-8250/303-443-7397
www.boulderpediatricdental.com

No. of employees 2012: 8
Person in charge: Michael D. Jones, D.D.S.

BISHOP & TAKEMOTO DENTISTRY

4840 Riverbend Road, Suite 200
Boulder, CO 80301
303-440-4777/303-440-4776
www.btidentistry.com

No. of employees 2012: 9
Services: General dentistry.
Person in charge: John Bishop, D.D.S.
Year founded: 1983

**BOULDER CREEK IMPLANT AND
ORAL SURGERY**

2625 28th St., Suite 200
Boulder, CO 80303
303-938-5063/303-938-5065
www.bouldercreekoralsurgery.com

Person in charge: Harper Clayton, D.D.S., M.D.

BOULDER FAMILY DENTAL CENTER

3400 Penrose Place, Suite 5
Boulder, CO 80301
303-449-3131/303-449-9487

No. of employees 2012: 6
Services: Cosmetic dentistry, crowns, bridges, implant restoration, partials, dentures, bleaching, comprehensive family dentistry.
Person in charge: Ken Poulsen, president
Year founded: 1986

BOULDER ORTHODONTICS

1900 Folsom St., Suite 211
Boulder, CO 80302
303-449-3250

www.boulderorthodontics.com
No. of employees 2012: 6
Year founded: 1992

BOULDER VALLEY DENTAL CENTER

535 E. South Boulder Road
Louisville, CO 80027
303-666-8820/303-666-0652
www.bouldervalleydental.com

No. of employees 2012: 4
Services: General and cosmetic dentistry, laser gum therapy, implant restorations and sedation dentistry.
Person in charge: Tracey Hughes
Year founded: 1993

BOULDERSMILES

1636 16th St.
Boulder, CO 80302
303-443-4417/303-443-1206
www.bouldersmiles.com

Services: Cosmetic and restorative dentistry.
Year founded: 1977

BRIAN F. COATS D.D.S.

1305 Sumner St., Suite 300
Longmont, CO 80501
303-776-4090/303-774-7758
www.longmontdentist.com

No. of employees 2012: 4
Services: General, family and cosmetic dentistry.
Person in charge: Brian F. Coats, D.D.S.
Year founded: 1993

BRIDGING YOUR HEALTH INC.

1068 S. 88th St., Suite A
Louisville, CO 80027
303-938-1161/303-443-6830
www.bridgingyourhealth.com

No. of employees 2012: 4
Services: Facial plastic surgery, repair of facial fractures and complex lacerations, wisdom teeth removal, dental implants, general and preventive dentistry, bone grafting and reconstruction.
Person in charge: Artie Manfredi, director of patient coordination
Year founded: 2012

BRIGHT NOW! DENTAL

1840 Folsom St.
Boulder, CO 80302
303-417-9401/303-417-0258
www.brightnow.com

No. of employees 2012: 10
Year founded: 1998

BROADWAY SMILES

2430 N. Broadway, Suite 101
Boulder, CO 80304
303-786-8899
www.halekandrathburn.com

No. of employees 2012: 9
Services: Dental, cosmetic dentistry, family dentistry.
Person in charge: Tara Rathburn, D.D.S.; Milena Halek, D.D.S.
Year founded: 1993

BROOMFIELD DENTAL CARE

13606 Xavier Lane
Broomfield, CO 80023
303-466-7306

No. of employees 2012: 12
Person in charge: Lee W. Gerry, D.D.S.
Year founded: 1957

BROOMFIELD DENTAL GROUP

1140 U.S. Highway 287, Suite 200
Broomfield, CO 80020
303-438-9899/303-438-6698

No. of employees 2012: 10

CARIBOU DENTAL ARTS

686 U.S. Highway 119 S.
Nederland, CO 80466
303-258-7234
www.cariboudentalarts.com

No. of employees 2012: 2
Year founded: 1996

CHERYL S. MCCARTY D.D.S.

333 W. South Boulder Road, Suite 3
Louisville, CO 80027
303-666-7267/303-666-1245

No. of employees 2012: 4
Services: General and cosmetic dentistry, restoration of implants and occlusal therapy.
Year founded: 1992

COMFORT DENTAL LONGMONT

1750 Mountain View Ave.
Longmont, CO 80501
303-678-7783
www.comfortdental.com

No. of employees 2012: 25
Services: Dental services franchise.
Person in charge: Jolly Johnson
Year founded: 2006

COMFORT DENTAL LOUISVILLE

339 McCaslin Blvd.
Louisville, CO 80027
303-673-0500
www.comfordental.com
No. of employees 2012: 18
Year founded: 1996

CORBETT SUMMERS D.D.S.

777 29th St., Suite 300
Boulder, CO 80303
303-442-6141/303-545-5669
No. of employees 2012: 6
Services: General dentistry.
Person in charge: Corbett Summers, D.D.S.
Year founded: 1982

COSMETIC & FAMILY DENTAL CARE

921 Ninth Ave.
Longmont, CO 80501
303-651-2035/303-651-9620
www.mylongmontdentist.com
No. of employees 2012: 4
Services: General dentistry.
Person in charge: Jennifer Scheidies, D.D.S.
Year founded: 1983

CRABTREE DENTAL LABORATORY

1055 17th Ave.
Longmont, CO 80501
303-651-2906
No. of employees 2012: 2
Year founded: 1974

CRAIG J. HOVICK D.D.S.

1055 17th Ave., Suite 101
Longmont, CO 80501
303-678-5253
www.longmontperiodontics.com
No. of employees 2012: 5
Year founded: 1987

CYNTHIA M. SHEEKS D.D.S.

925 Main St.
Broomfield, CO 80020
303-469-3600
No. of employees 2012: 4

DAMEN CARAWAY D.D.S.

1760 Centennial Drive, Suite B
Louisville, CO 80027
303-665-7333/303-664-9941
No. of employees 2012: 6
Services: Orthodontics and dentofacial orthopedics for children and adults.
Year founded: 2007

DANIEL B. FOLEY D.D.S.

1440 28th St.
Boulder, CO 80303
303-444-2255
No. of employees 2012: 5
Services: Oral and maxillofacial surgery.
Year founded: 1982

DANIEL P. JOHNSON D.D.S.

630 15th Ave.
Longmont, CO 80501
303-485-0300/303-485-0777
www.johnson-oral-surgery.com
No. of employees 2012: 6
Services: Implant surgery, orthognathic surgery, cosmetic surgery, tooth removal, orofacial trauma.
Person in charge: Daniel P. Johnson, D.D.S.
Year founded: 1998

DENTAL AID

877 South Boulder Road
Louisville, CO 80027
303-665-8228/303-665-8994
www.dentaid.org
Services: To improve the quality of life of children and adults struggling to afford health care by providing compassionate, affordable, high quality dental care and education.
Person in charge: Dennis Lewis, president, CEO
Year founded: 1974

DIXON ORTHODONTICS

1075 E. South Boulder Road, Suite 235
Louisville, CO 80027
303-604-0300/303-604-2535
www.drduxonortho.com
No. of employees 2012: 12
Services: Orthodontic care.
Person in charge: Gary Dixon, orthodontist
Year founded: 2005

DR. MIKE CARPENTER D.D.S., DR. FRED DONACHY, D.D.S.

3093 Broadway
Boulder, CO 80304
303-443-1703/303-545-5324
www.freddonaghydds.com
No. of employees 2012: 6
Services: Dental services.
Year founded: 1982

E. LYNN COLBERT D.M.D.

3100 Arapahoe Ave., Suite 100
Boulder, CO 80303
303-499-0367/303-499-2566
www.colbertdentalcenter.com
No. of employees 2012: 5
Services: Crown and bridge, full mouth reconstruction, cosmetic dentistry, family dentistry, veneers, BriteSmile whitening, bonding and tooth-colored fillings.
Year founded: 1977

ENDODONTICS OF THE ROCKIES

1055 17th Ave., Suite 105
Longmont, CO 80501
303-651-0202/720-652-9430
www.endorockies.com
No. of employees 2012: 10
Services: Endodontics.

ERIE FAMILY DENTISTRY

77 Erie Village Square, Suite 200
Erie, CO 80516
303-828-5430/303-828-5429
No. of employees 2012: 6
Services: General and cosmetic dentistry.
Person in charge: Sterling Stevens, D.D.S.
Year founded: 2001

FLATIRONS ENDODONTICS LLC

850 W. South Boulder Road, Suite 201
Louisville, CO 80027
303-665-6120/303-665-6127
www.flatironsendo.com
No. of employees 2012: 6
Services: Endodontics.
Year founded: 2004

FOLSOM FAMILY DENTAL

2880 Folsom St., Suite 202
Boulder, CO 80304-3739
303-449-1792/303-945-2571
Services: General dentistry.

FOOTHILLS PEDIATRIC DENTISTRY

916 S. Main St., Suite 302
Longmont, CO 80501
303-702-9501
Services: Pediatric dentistry and orthodontics.
Year founded: 2000

GARDEN CENTER DENTAL ARTS INC.

580 Burbank St., Unit 135
Broomfield, CO 80020
303-466-7955/303-466-7987
Year founded: 1977

CILES B. HORROCKS D.D.S., M.S., P.C. DBA BOULDER PERIODONTICS LLC

3400 Penrose Place, Suite 103
Boulder, CO 80301
303-449-1301/303-449-1331
www.boulderperiodontics.com
Services: Periodontics, oral implant surgery and oral medicine.
Person in charge: Giles Horrocks, D.D.S., M.S., P.C.
Year founded: 1992

CORDON H. WEST D.D.S., P.C.

1140 W. South Boulder Road, Suite 201
Lafayette, CO 80026
303-665-5335/303-665-0622
www.bouldercountysmiles.com
No. of employees 2012: 6
Services: Cosmetic and restorative dentistry.
Person in charge: Gordon H. West, D.D.S.
Year founded: 1999

HANI M. MAROGIL D.M.D.

340 E. First Ave., Suite 202
Broomfield, CO 80020
303-466-4646/303-404-8804
www.marogildentistry.com
No. of employees 2012: 4
Person in charge: Hani Marogil, D.M.D.

HEIDI WINQUIST D.D.S.

3400 Penrose Place, Suite 201
Boulder, CO 80301
303-440-7538/303-442-3830
www.heidids.com
No. of employees 2012: 6
Services: Family dentistry.
Person in charge: Heidi Winquist, D.D.S.
Year founded: 1999

IMPRESSIONS DENTAL LLC

615 Mitchell Way, Suite 104
Erie, CO 80516
303-828-9998/303-828-9996
www.impressionscolorado.com
No. of employees 2012: 12
Services: Patient exams, cleanings, prophylactic treatment, child exams and cleanings, sealants, athletic mouth guards, night guards.
Person in charge: Kelly B. Wettstein, D.M.D.
Year founded: 2010

INCREDIBLE SMILES

4150 Darley Ave., Suite 3
Boulder, CO 80305
303-499-0013/303-499-0023
www.incrediblesmiles.com
No. of employees 2012: 5
Services: Cosmetic and comprehensive dentistry. Teeth whitening. Implants, orthodontics.
Person in charge: Lori Ann Kemmet, owner
Year founded: 1993

J. CRAIG PINKNER, D.D.S., P.C.

1361 Francis St., Suite 201
Longmont, CO 80501
303-776-0117/720-494-9286
www.pinknerdentistries.com
No. of employees 2012: 4
Services: Family dentistry, implant dentistry and whitening.
Person in charge: J. Craig Pinkner, owner
Year founded: 2006

JOHN BAUMAN D.D.S.

1055 17th Ave., Suite 92
Longmont, CO 80501
303-772-1852
www.baumandds.com
No. of employees 2012: 1

JOHN DODGE D.D.S.

2601 N. Broadway
Boulder, CO 80304
303-447-0460
www.dodgeperio.com
No. of employees 2012: 8
Services: Periodontics and dental implants.
Person in charge: John Dodge, D.D.S.

KEENE SMILES

1140 W. South Boulder Road, Suite 201
Lafayette, CO 80026
303-665-5586/303-665-0622
www.keenesmiles.com
No. of employees 2012: 6
Services: CEREC single-visit crowns, cosmetic, restorative and rehabilitative treatments. Prevention, ceramic dental restorations, sedation dentistry.
Person in charge: Gregory D. Keene, D.M.D.
Year founded: 2000

LAFAYETTE COMFORT DENTAL

535 W. South Boulder Road, Suite 200
Lafayette, CO 80026
303-604-2804/303-604-0576
www.comfordental.com
No. of employees 2012: 15
Year founded: 2006

BOULDER VALLEY EAR, NOSE & THROAT ASSOCIATES

90 Health Park Drive, Suite 220
Louisville, CO 80027
303-443-2771/303-443-2784
www.bventdocs.com
Services: Medical services for the ear, nose and throat.
Year founded: 1978

CARR, DR. ALFRED N.

2030 W. Mountain View Ave., Suite 500
Longmont, CO 80501
303-772-3204/303-772-7043
www.coloradohearingcenter.com; www.coloradoaestheticscenter.com
No. of employees 2012: 8
Services: Ear, nose and throat surgeon; sinus disorders; hearing aids, hearing protection; Maxillofacial plastic surgery. Allergist on staff.
Person in charge: Alfred N. Carr, M.D.
Year founded: 1976

DR. RITA STANFORD

3000 Pearl St., Suite 209
Boulder, CO 80301
303-443-1243/303-440-3318
www.ritastanford.com
No. of employees 2012: 1
Services: Acupuncture, herbal medicine, NAET and BioSET allergy elimination technique treatments. Treats pain, insomnia, hay fever, fatigue, digestive disorders, menopausal syndrome, PMS.
Person in charge: Rita Stanford, DAOM, Dipl. Ac., Dipl. C.H., L. Ac.
Year founded: 1994

PEAK ENT AND VOICE CENTER

403 Summit Blvd., Suite 204
Broomfield, CO 80021
720-401-2139
www.peakentandvoicecenter.com
No. of employees 2012: 7
Services: Treats ear, nose and throat disorders and a variety of complex laryngeal, tracheal and esophageal disorders in adults and children. Specializes in voice conditions and treatments.
Person in charge: Michael J. King, M.D.
Year founded: 2011

ENDOCRINOLOGY**BOULDER ENDOCRINOLOGY PLLC**

892 W. South Boulder Road
Louisville, CO 80027
303-586-5200/303-586-5201
www.boulderendo.com
No. of employees 2012: 12

FLATIRONS ENDOCRINOLOGY

1155 Alpine Ave., Suite 260
Boulder, CO 80304
303-444-4441/303-444-2015
Person in charge: Jerry Rippy, director

EYE CARE**3D VISION EYE CARE**

5760 W. 120th Ave., Suite 240
Broomfield, CO 80020
303-404-EYES (3937)/303-823-4030
www.3dvisioneyecare.com
No. of employees 2012: 6
Services: Provides both general and specialized comprehensive eye exams. Takes most vision and medical insurances. Has new technology to treat and manage most eye care problems.
Person in charge: Cameron A. Drake, president
Year founded: 2007

ACTIVE EYES

2795 Pearl St., Suite 100
Boulder, CO 80302
720-565-3031/303-444-9488
No. of employees 2012: 3

ADVENTURE DENTAL, VISION & ORTHODONTICS

1739 N. Main St.
Longmont, CO 80501
303-834-7919/303-834-6414
www.adventurelongmont.com
No. of employees 2012: 24
Services: General dentistry, orthodontic and vision care for children and teens up to age 20.
Person in charge: Ron Montano, D.D.S.

ASPEN EYEWEAR

2525 Arapahoe Ave., Suite E-23
Boulder, CO 80302
303-447-0210/303-413-9421
www.aspeneyewear.com
No. of employees 2012: 12
Services: Optical, retail, sunglasses, repairs, eye exams.
Person in charge: Heinz Ebner, owner; Jennifer Ebner
Year founded: 1986

BENTON BRITT, O.D.

805 S. Broadway, Suite 101
Boulder, CO 80305
303-494-4449/303-499-5003
www.britteyecare.com
Services: Primary eyecare, contact lenses, spectacles.
Person in charge: Benton Britt, O.D.
Year founded: 1983

BOULDER CONTACT LENSES

385 Broadway
Boulder, CO 80303-3344
303-449-1510/303-449-5383
No. of employees 2012: 5

BOULDER VISION ASSOCIATES PC

5305 Spine Road, Suite B
Boulder, CO 80301
303-530-2020/303-530-1072
www.bouldervision.com
No. of employees 2012: 4
Services: Family eye care, specialty contact lens fitting, LASIK.
Year founded: 1993

BOULDER VISION CENTER PC

1645 28th St.
Boulder, CO 80301
303-443-4545/303-443-6892
www.bouldervisioncenter.com
No. of employees 2012: 5
Services: Optometric eye care, vision examinations, contact lenses and eyeglasses.
Person in charge: Kristin Gurholt
Year founded: 1975

BOULDEREYES - BEYER LASIK

1810 30th St., Suite B
Boulder, CO 80301
303-499-2020/303-554-5846
www.bouldereyes.com
Services: Full-service eye center, offering LASIK eye surgery, plastic surgery, cosmetic dermatology, aesthetics, optical, cataract surgery.
Person in charge: Craig F. Beyer, D.O.; Richard Stewart, M.D.
Year founded: 1998

COLLEGE OPTICAL

1350 College Ave., Unit 100
Boulder, CO 80302
303-444-3092
No. of employees 2012: 6
Services: Optometry.
Year founded: 1958

COLORADO EYE CENTER

4 Garden Center, Suite 100
Broomfield, CO 80020
303-469-1941/303-469-6634
www.coloradoeyecenter.com
Services: Complete eye care.
Person in charge: Steven Davis, O.D.; Lisa Brill, O.D.; Edward Hagen, O.D.
Year founded: 1963

COLORADO EYE CENTER

1371 E. Hecla Drive
Louisville, CO 80027
303-666-7080/303-665-3367
No. of employees 2012: 6

CONTACT LENS DISPENSARY

2885 Aurora Ave., Suite 4
Boulder, CO 80303-2251
303-443-2020/303-444-2030
No. of employees 2012: 3
Services: Primary eye care, contact lenses, vision therapy, ocular diseases.
Person in charge: Paula Postma, optometrist

EAGLE VISION & EYE CLINIC

2080 N. Main St.
Longmont, CO 80501
303-651-2020/303-776-2460
www.evec.com
No. of employees 2012: 18
Services: Optometry, optical, laser consults, difficult contact lens fits, scleral lenses, vision therapy.
Person in charge: Clark Blackwood, O.D.; Larry Forrest, O.D.; Lowell Schaefer, O.D.; Gina Gabriel, O.D.; Wm. Rex Eland, O.D.
Year founded: 1977

ELDORADO RETINA ASSOCIATES

90 Health Park Drive, Suite 100
Louisville, CO 80027
303-666-1800/303-666-8830
www.eldoradoretina.yourmd.com
No. of employees 2012: 10
Services: Ophthalmology, retina only.
Person in charge: Mary B. Lansing, M.D.
Year founded: 1998

ENVISION BOULDER

1011 Pearl St.
Boulder, CO 80302
303-939-8021/303-939-8025
www.envisionboulder.com
No. of employees 2012: 12
Services: Eyes exams, contact lens care, prescription and non-prescription eyewear.

ERIE FAMILY EYECARE

71 Erie Parkway
Erie, CO 80516
303-828-9877
www.erieeyes.com
No. of employees 2012: 2
Services: Full-scope primary eye care optometry practice providing routine and emergency eye care services.
Person in charge: Jeff Berger, O.D.
Year founded: 2010

EUROPTICS EYE CARE ASSOCIATES

265 E. Flatiron Crossing Drive, Suite C
Broomfield, CO 80021
720-566-0300/303-635-0203
www.eoptics.com
No. of employees 2012: 4
Services: Optical retail, eye exams on Tuesday, Thursday and Saturday.
Year founded: 2001

EYE CARE CENTER OF BOULDER

1836 30th St.
Boulder, CO 80301
303-449-2401/720-563-0157
www.eyecarecenterofboulder.com
No. of employees 2012: 3
Services: Eye care.
Person in charge: Dennis Dupuis, O.D.
Year founded: 1991

EYE CARE CENTER OF NORTHERN COLORADO

300 Exempla Circle, Suite 120
Lafayette, CO 80026
303-772-3300/303-682-3380
www.eyecaresite.com
Services: Comprehensive, multi-specialty eye care group, board-certified eye doctors, and fellowship-trained sub-specialists.
Person in charge: Joel Meyers, M.D.
Year founded: 1969

**EYE CARE CENTER
OF NORTHERN COLORADO**

1400 Dry Creek Drive
Longmont, CO 80503
303-772-3300/303-682-3380
www.eyecaresite.com

No. of employees 2012: 44
Services: Comprehensive, multi-specialty eye care group, board-certified eye doctors and fellowship-trained sub-specialists. Satellite office in Lafayette.
Person in charge: Joel Meyers, M.D.
Year founded: 1969

EYE GALLERY

1 W. Flatiron Circle, Suite 2052
Broomfield, CO 80021
720-887-6066/720-887-5866
www.coloradoeyegallery.com

No. of employees 2012: 10
Services: Eye exams, sunglasses, contacts, prescription eyewear.
Person in charge: Gurpreet K. Deol, O.D.
Year founded: 2000

EYEWORKS

615 Main St.
Louisville, CO 80027
303-666-6320
www.eyeworkslouisville.com
Services: Ophthalmology, eye surgery, LASIK, optometry, eyeglasses, contact lenses, optician, on-site lab to make glasses and repairs.
Year founded: 1989

**FLATIRON VISION AND
ASSOCIATES**

1 W. Flatiron Circle, Suite 1104
Broomfield, CO 80021
720-887-3737/720-887-6857
www.havegreatvision.com

No. of employees 2012: 6
Person in charge: Ryan Smedley, O.D.
Year founded: 2010

FOOTHILLS OPTICAL

4745 Arapahoe Ave., Suite 100
Boulder, CO 80303-1080
303-444-3175/303-444-3226

No. of employees 2012: 1
Services: Retail optical.
Person in charge: Ken Apple
Year founded: 2004

**FREDRIC IAN
& FLATIRONS EYECARE**

2648 Broadway
Boulder, CO 80304
303-938-8646/303-938-4087
www.fredrician.com

No. of employees 2012: 2
Services: Eye exams, contact lenses, LASIK co-management, optical.
Year founded: 1995

**FRONT RANGE
EYE HEALTH CENTER PC**

1220 Summit View Drive
Louisville, CO 80027
303-665-7797/303-673-9578
www.frontrangeeye.com

No. of employees 2012: 17
Services: Visual, medical, and surgical eye care.
Person in charge: Cindy J. Beeks, O.D.; Hale M. Kell, O.D.
Year founded: 1994

GOOSE CREEK OPTICAL

2800 Folsom St., Suite D
Boulder, CO 80304-3738
303-442-6266/303-447-0792
www.goosecreekoptical.com

No. of employees 2012: 2
Year founded: 1980

LAFAYETTE EYE ASSOCIATES

511 Crossing Drive, Suite 202
Lafayette, CO 80026
303-665-2068/303-665-5473

No. of employees 2012: 8

LENSCRAFTERS

1 W. Flatiron Circle, Suite 1104
Broomfield, CO 80021-8881
720-887-9200/720-887-6861
www.lenscrafters.com

LONGMONT VISION CENTER

412 Main St.
Longmont, CO 80501
303-651-6700/303-776-9193
www.longmonteyes.com

No. of employees 2012: 20
Services: Family eye care.

LONGMONT VISION SOURCE P.C.

2130 Mountain View Ave., Suite 207
Longmont, CO 80501
303-772-2755/303-772-0104
www.longmontvisionsource.com

No. of employees 2012: 8
Services: Eye examinations, glasses, contact lenses, treatment of eye disease, low vision assessment and treatment, laser vision correction consultation and co-management.
Person in charge: Jason Kaminski, optometrist
Year founded: 1950

MARILYN A. DOUCHERTY MD.

385 Broadway
Boulder, CO 80305
303-449-3770/303-449-5383

No. of employees 2012: 12

PEARLE VISION

1287 E. First Ave.
Broomfield, CO 80020
303-464-7627/303-464-7766

No. of employees 2012: 5

PEARLE VISION

2795 Pearl St.
Boulder, CO 80302
303-444-1211/303-444-9488
www.pearlevision.com

Services: Eye exams, contact lenses.

REBECCA HUTCHINS O.D.

6800 79th St., Suite 101
Longmont, CO 80503
303-652-0505/303-652-0606
www.nivotvision.com

Services: Vision evaluations, TBI evaluation and rehab, learning-related visual problems, contact lenses, glasses, special needs, ASD.
Person in charge: Rebecca Hutchins, O.D.
Year founded: 1986

**SENSATIONAL EYES
VISION CLINIC**

1280 Centaur Village Drive, Suite 2
Lafayette, CO 80026
303-604-1060/720-890-8153
www.sensationaleyes.com

No. of employees 2012: 2
Year founded: 1995

SUNRISE VISION CARE

1692 30th St.
Boulder, CO 80301
303-449-0857
www.sunrisevisioncare.com

No. of employees 2012: 6
Year founded: 1985

THE OPTICAL CENTRE INC.

521 Main St.
Longmont, CO 80501
303-772-6650/303-772-0448
www.great-glasses.com

No. of employees 2012: 4
Person in charge: Jeff Lees, proprietor; Karen Lees, proprietor
Year founded: 1973

THE TWELVE EYED TOAD OPTICAL

4475 Broadway, No. 73
Boulder, CO 80304
303-449-0298/303-449-0298

Services: Optical, large frame and sunglass selection, frame repairs. Retro and antique frames.
Person in charge: Charissa Poteet, vice president
Year founded: 2001

THIRD AVENUE EYECARE

800 Third Ave.
Longmont, CO 80501
303-772-6140/303-772-9128
www.thirdavenueeyecare.net

No. of employees 2012: 6

TOM'S SPORTIQUE EYEWEAR

3121 28th St.
Boulder, CO 80301
303-442-2010/303-442-2010
www.sportiqueeyewear.com

No. of employees 2012: 5
Services: Optical retail and sunglasses Rx or non-Rx sunglasses and goggles, eye exams. Sports eyewear.
Person in charge: Tom Buell
Year founded: 1991

VISIONS EYECARE CENTER

1933 28th St., Suite 206
Boulder, CO 80301
303-447-8470/303-443-9555
www.visionsboulder.com

No. of employees 2012: 3
Year founded: 1997

WARREN TRIPP MD., PC

2800 Folsom St., Suite C
Boulder, CO 80304
303-442-6260/303-447-0792
www.drtripp.com

No. of employees 2012: 10
Person in charge: Warren Tripp, M.D.
Year founded: 1983

WILLIAM A. ROBERTS MD.

385 Broadway
Boulder, CO 80305
303-449-3770/303-449-5383

Person in charge: William A. Roberts, M.D.
Year founded: 1976

WINK OPTICAL

3301 30th St.
Boulder, CO 80301
303-443-4311/303-443-4313
www.winkoptical.net

No. of employees 2012: 5
Services: Optical and optometric care, including contacts, eyeglasses and comprehensive exams.
Person in charge: Brian Erley, manager
Year founded: 2007

FAMILY PRACTICE**ADVANCED FAMILY HEALTH PLLC**

325 South Boulder Road, Suite 1
Louisville, CO 80027
303-666-4949/303-666-4950

Person in charge: Lora Bulmann

AVISTA FAMILY MEDICINE

611 Mitchell Way, Unit 103
Erie, CO 80516
303-269-2780
www.avistafamilymedicine.org

No. of employees 2012: 4
Services: Full-service family practice.
Person in charge: Karen Martin, practice manager

AVISTA FAMILY MEDICINE

5365 Spine Road
Boulder, CO 80301
303-269-2500
www.avistafamilymedicine.org

No. of employees 2012: 5
Services: Full-service family practice.
Person in charge: Karen Martin, practice manager

**BEACON CENTER FOR
INFECTIOUS DISEASE**

1136 Alpine Ave., Suite 205
Boulder, CO 80304
303-938-3167/303-938-3178
www.bch.org

Services: Treats wide variety of infectious diseases, including fibromyalgia or chronic fatigue syndrome.
Person in charge: Jerry Rippey, director
Year founded: 1994

BOULDER HOLISTIC MEDICAL CENTER

805 S. Broadway, Suite 100
Boulder, CO 80305
303-269-2560/303-494-1841
www.boulderholisticmedicalcenter.org

No. of employees 2012: 5

Services: Family practice and holistic medicine.

Person in charge: Karen Martin, practice manager

Year founded: 2011

BOULDER MEDICAL CENTER

2750 Broadway
Boulder, CO 80304
303-440-3000/303-449-9380
Website: www.bouldermedicalcenter.com
Services: Audiology, Boulder Heart Institute, diabetic education, EKG, laboratory services, nuclear medicine, optical shop, outpatient surgery, pain management, pharmacy, physical therapy.
Person in charge: Bradford McKane, CEO
Year founded: 1949

BOULDER MEDICAL CENTER AT AVISTA

80 Health Park Drive, Suite 100
Louisville, CO 80027-4644
303-666-2710/303-673-0438
Year founded: 1949

BOULDER MEDICAL CENTER-FOOTHILLS

4745 Arapahoe Ave., Suite 200
Boulder, CO 80303
303-938-4700
www.bouldermedicalcenter.com

BOULDER NATUROPATHIC CLINIC

1295 Yellow Pine Ave.
Boulder, CO 80304
303-545-2021/303-545-2003
No. of employees 2012: 2
Services: Natural medicine, family care, naturopathic medicine, traditional Chinese medicine, acupuncture, Qigong.
Person in charge: Nancy Rao, N.D., L.Ac.
Year founded: 1987

BROOMFIELD FAMILY PRACTICE

1420 W. Midway Blvd.
Broomfield, CO 80020-2090
303-466-1866/303-466-4081
www.broomfieldfp.com
No. of employees 2012: 4,550
Services: Family medicine.
Person in charge: Linda Whipple, business office manager
Year founded: 1958

BUFFALO RIDGE MEDICAL ASSOCIATES

16677 Lowell Blvd.
Broomfield, CO 80023
303-938-3498
www.buffaloridgemedical.com
Services: Audiology, cardiology, gastroenterology, imaging, laboratory, internal medicine, oncology, orthopedics, urology.
Person in charge: Kristi Malsam, director
Year founded: 2010

CEDALION HEALTH

4895 Riverbend Road, Suite C
Boulder, CO 80301
720-381-3318/720-496-1780
www.dorfmanmd.com
No. of employees 2012: 3
Person in charge: Todd A. Dorfman, M.D.

COAL CREEK FAMILY MEDICINE

1044 S. 88th St., Suite 200
Louisville, CO 80027
303-666-7119/303-666-5995
www.coalcreekfamilymedicine.net
No. of employees 2012: 30
Services: Sports physicals, colonoscopies, wellness all around.
Person in charge: Robin Weston, office manager

COLUMBINE FAMILY CARE PC

20 Lakeview Drive, Unit 204
Nederland, CO 80466
303-258-9355/303-258-3382
No. of employees 2012: 7
Services: Family practice.
Person in charge: Kathy Sprattford, office manager
Year founded: 2010

COMMUNITY MEDICAL ASSOCIATES

401 E. Cleveland St.
Lafayette, CO 80026
303-665-5635/303-665-9868
www.bch.org
No. of employees 2012: 5
Services: Family practice.
Person in charge: Diana Webb, office Manager
Year founded: 1974

CROSSROADS MEDICAL CENTER

1000 Alpine St., Suite 280
Boulder, CO 80304
303-444-6400/303-444-6465
No. of employees 2012: 4
Services: Family practice.
Person in charge: Carl Albert Moritz Jr., M.D.
Year founded: 1998

DAKOTA RIDGE FAMILY MEDICINE

2995 Baseline Road, Suite 210
Boulder, CO 80303
303-443-2544/303-443-6476
No. of employees 2012: 25

EVERGREEN FAMILY MEDICAL CARE

630 15th Ave., Suite 103
Longmont, CO 80501
303-776-0600
No. of employees 2012: 2

EXEMPLA FAMILY PRACTICE OF LAFAYETTE

2600 Campus Drive, Suite A
Lafayette, CO 80026
303-665-1900/303-665-1915

FAMILY MEDICAL ASSOCIATES

1000 W. South Boulder Road, Suite 110
Lafayette, CO 80026
303-666-7555/303-666-9168
www.bch.org/family-medical-associates
Services: General medical care of adults and children, newborn care, injuries, including fractures and lacerations, outpatient surgical procedures, including the removal of cysts, moles, warts.
Person in charge: Dianna Vollmer, director
Year founded: 1994

FAMILY MEDICINE ASSOCIATES

1022 Depot Hill Road
Broomfield, CO 80020
303-465-2323/303-465-1260
No. of employees 2012: 10
Services: Family practice, sports medicine, obstetrics care, child health and adult health.
Year founded: 1978

FAMILY PRACTICE ASSOCIATES

90 Health Park Drive, Suite 260
Louisville, CO 80027
303-673-9090/303-673-9195
No. of employees 2012: 15
Services: Family practice medical office.
Person in charge: Pamela Abrams, M.D.; Brad Anderson, M.D.; David Nuhfer, M.D.
Year founded: 1970

FLATIRONS FAMILY PRACTICE

1995 W. Midway Blvd., Suite A
Broomfield, CO 80020
303-554-9310/720-890-7601
Services: Health care.
Year founded: 2002

CUNBARREL FAMILY MEDICINE

6685 Gunpark Drive, Suite 110
Boulder, CO 80301-3340
303-530-3062/303-530-5474
www.bch.org/gunbarrel-medical-center
No. of employees 2012: 18
Services: General medical care of adults and children, newborn care, injuries, including fractures and lacerations, preventive care, including immunizations and sports physicals, outpatient surgical procedures.
Person in charge: Kirk Steadmon, director
Year founded: 1980

HOLISTIC FAMILY MEDICINE

1155 Alpine Ave., Suite 360
Boulder, CO 80304
303-442-8843
www.boulderholisticmedicalcenter.com
Services: Family practice, adolescent medicine, adult medicine, geriatrics, holistic medicine, nutritional counseling, mind body medicine, homeopathy, Qi Gong, acupuncture, Chinese herbal medicine.
Person in charge: Jerry Rippey, manager
Year founded: 1996

INTERNAL MEDICINE ASSOCIATES

1155 Alpine Ave., Suite 360
Boulder, CO 80304
303-442-8840/303-440-9629
www.bch.org/physicians/internal-medicine
Services: Prevention, diagnosis and treatment of diseases affecting the heart and blood vessels, arthritis, hormonal disorders, digestive disorders, infections, allergies and immunology, respiratory problems, kidney diseases, cancer, blood disorders and nervous system problems. Routine gynecological examinations, treatment of minor injuries, treatment of common problems of the eyes, ears and skin. Outpatient procedures, including removal of cysts, warts. Laboratory and imaging services.
Person in charge: Jerry Rippey, director
Year founded: 1994

INTERNAL MEDICINE ASSOCIATES

4745 Arapahoe Ave., G50
Boulder, CO 80303
720-854-7272
www.bch.org/internal-medicine/internal-medicine-associates-of-lafayette
Services: Prevention, diagnosis and treatment of diseases affecting the heart and blood vessels, arthritis, hormonal disorders, digestive disorders, infections, allergies and immunology.
Person in charge: Alyson White, director
Year founded: 1994

INTERNAL MEDICINE ASSOCIATES

1000 W. South Boulder Road, Suite 214
Lafayette, CO 80026
303-604-6669/303-661-9496
www.bch.org/internal-medicine/internal-medicine-associates-of-lafayette
Services: Prevention, diagnosis and treatment of diseases affecting the heart and blood vessels, arthritis, hormonal disorders, digestive disorders, infections, allergies and immunology.
Person in charge: Dianna Vollmer, director
Year founded: 1994

KAISER PERMANENTE

2435 Bent Way
Longmont, CO 80501
303-678-3263/303-678-3220
www.kaiserpermanente.org

KAISER PERMANENTE/ROCK CREEK MEDICAL OFFICES

280 Exempla Circle
Lafayette, CO 80026
303-338-4545/720-536-6205
www.kaiserpermanente.org

LONGMONT CLINIC

1925 W. Mountain View Ave.
Longmont, CO 80501
303-776-1234/720-494-3107
www.longmontclinic.com
No. of employees 2012: 282
Services: Multispecialty medical center providing ancillary services including radiology, laboratory, walk-in urgent care, nuclear medicine and an anti-coagulation clinic.
Person in charge: Jack B. Campbell, administrator
Year founded: 1906

LONGS PEAK FAMILY PRACTICE

1309 Sunset St.
Longmont, CO 80501
303-772-5578/303-772-8207
www.longspeakfamilypractice.com
No. of employees 2012: 23

LYNA NORBERG, DIPL. OM

2919 Valmont Road, Suite 109
Boulder, CO 80301
303-447-3030
No. of employees 2012: 1
Services: Effective health care integrating Eastern wisdom and naturopathic functional medicine since 1989. National Board certified acupuncture and Chinese herbal medicine.
Person in charge: Lyna Norberg, Dipl. O.M.
Year founded: 1989

MATTHEW A. LIEBENTRITT D.O.

12169 Sheridan Blvd.
Broomfield, CO 80020
303-603-9400/303-603-9420
www.exempla.org
Services: Family medicine, physical and occupational therapy, osteopathic manipulation, aviation medicine, geriatrics, pediatrics, minor office procedures, X-rays, sports medicine.
Person in charge: Matthew A. Liebenritt, D.O.

MILESTONE MEDICAL GROUP

6800 79th St., Suite 102
Niwot, CO 80503
720-494-7100/303-652-0518
No. of employees 2012: 5
Services: Family medicine

MY FAMILY DOCTOR PLLC

1155 Alpine Ave., Suite 230
Boulder, CO 80304
303-444-7150/303-557-6274
www.myfamilydoctorboulder.com
No. of employees 2012: 4
Services: Wellness exams, annual physicals, homeopathy, well child check-ups, or well woman exams including pap smear and breast exam. Urgent same day appointments for members.
Person in charge: Lila Rosenthal, physician
Year founded: 2010

NETWORK FAMILY WELLNESS CENTER

1715 15th St.
Boulder, CO 80302
303-998-1000/303-998-1003
www.networkwellnesscenters.com
No. of employees 2012: 7
Services: Chiropractic, massage, weight loss, nutrition, Somato respiratory integration.
Person in charge: Daniel Marshall Knowles, III, D.C.
Year founded: 1999

NORTHWEST FAMILY MEDICINE

500 Discovery Parkway, Suite 150
Superior, CO 80027
303-425-9581/303-425-9259
Services: Family health care.
Person in charge: Leigh Ann Burns, clinic manager

PARTNERS IN HEALTH

308 W. Baseline Road
Lafayette, CO 80026
303-554-9000/303-543-9729
Services: Acupuncture, nutrition, herbalism, holistic family medicine.
Person in charge: Heather L. Fliege, president
Year founded: 2001

PAUL E. MACKELL MD.

588 U.S. Highway 287, Suite 204
Lafayette, CO 80026
303-666-4606/303-666-4610
Services: Primary care.
Person in charge: Paul Mackell, M.D.
Year founded: 1983

ROCKY MOUNTAIN CENTER FOR ADVANCED MEDICINE

4790 Table Mesa Drive, Suite 202
Boulder, CO 80305-5660
303-444-0840/303-444-0838
www.rmcam.com
Services: Holistic medicine and acupuncture.
Person in charge: Jessica Brock, practice manager
Year founded: 2006

ROCKY MOUNTAIN FAMILY PRACTICE

205 S. Main St., Suite B
Longmont, CO 80501
303-772-6244/303-702-1623
www.rockymountainfp.com
Services: Family practice.
Year founded: 1997

ROCKY MOUNTAIN URGENT CARE & FAMILY MEDICINE

4800 Baseline Road, Suite D106
Boulder, CO 80303
303-499-4800/303-499-4892
www.rockymountainurgentcare.com
Services: Treatment of minor illness and injury. X-Ray and lab on site. Stitches, IV-hydration. Most insurance accepted. No appointment Necessary.
Person in charge: Nathaniel Moore, CEO, president
Year founded: 1998

SAGE FAMILY MEDICINE

413 Summit Blvd., Suite 201
Broomfield, CO 80021
303-464-7243
www.sagefm.com
Year founded: 2010

SALUDJ FAMILY HEALTH CENTERS

220 E. Rogers Road
Longmont, CO 80501
303-776-3250/303-682-9269
www.saludjclinic.org
No. of employees 2012: 60
Services: Community health center providing medical and dental services for medically indigent.
Person in charge: Stanley Brasher, executive director
Year founded: 1970

SOUTH POINTE CLINICS

380 Empire Road, Suite 120
Lafayette, CO 80026
303-665-8444
Person in charge: Rachel Albrecht, office manager
Year founded: 2011

TABLE MESA FAMILY MEDICINE

1755 48th St., Suite 200
Boulder, CO 80303
303-494-5263/303-494-5265
www.bch.org
Services: General medical care of adults and children, newborn care, injuries, including fractures and lacerations, outpatient surgical procedures.
Person in charge: Anne Donovan, director; Bernie Borkowitz, clinic manager
Year founded: 1994

TAKE CARE HEALTH SYSTEMS

5190 W. 120th Ave.
Broomfield, CO 80020
303-410-1105
Services: A clinic inside Walgreen's that treats patients 18 months and older for common illnesses.

WARDENBURG STUDENT HEALTH CENTER

Campus Box 119
Boulder, CO 80309
303-492-5101/303-492-4875
No. of employees 2012: 100

WARREN H. VALENCIA MD.

2030 Mountain View Ave., Suite 220
Longmont, CO 80501
303-702-5995/303-702-5990
Services: Family practice and internal medicine.
Person in charge: Warren Valencia, M.D.
Year founded: 1976

FOOT & ANKLE**ALPINE FOOT & ANKLE CLINIC**

1120 Alpine Ave., Suite B
Boulder, CO 80304
303-442-3500/303-442-3504
No. of employees 2012: 3
Year founded: 1975

COLUMBINE FOOT & ANKLE CENTER

350 Broadway, Suite 208
Boulder, CO 80305
303-499-4448/303-499-5123
No. of employees 2012: 4
Year founded: 1985

DR. DEAN RAFFELLOK & ASSOCIATES

3100 Arapahoe Ave., Suite 202
Boulder, CO 80303
303-541-9019/303-449-4497
www.drdeanraffellok.com
No. of employees 2012: 3
Services: Functional medicine, clinical nutrition, acupuncture, chiropractic, applied kinesiology.
Person in charge: Dean Raffellok, D.C.
Year founded: 1992

FOOT & ANKLE CARE OF BOULDER COUNTY LLC

1400 28th St., Suite 2
Boulder, CO 80303
303-449-2000/303-449-9475
www.facboulder.net
No. of employees 2012: 4
Services: Foot and ankle medical and surgical care; sports medicine.
Person in charge: Thomas E. Shonka
Year founded: 1980

FOOT AND ANKLE CENTER OF NORTHERN COLORADO

1305 Summer St., Suite 200
Longmont, CO 80501-3270
303-772-3232
www.footandankle.com
No. of employees 2012: 5
Services: Routine foot and ankle care, as well as surgical correction.
Person in charge: Shelly Korrel
Year founded: 1981

JOHN M. MILLER D.P.M.

335 South Boulder Road, Suite 5
Louisville, CO 80027
303-665-1195/303-665-8144
No. of employees 2012: 1
Year founded: 1992

LOUISVILLE FOOT & ANKLE CLINIC

90 Health Park Drive, Suite 210
Louisville, CO 80027-9586
303-673-0004
No. of employees 2012: 2

PODIUM FOOTWEAR

10835 Dover St., Suite 200
Broomfield, CO 80021
303-554-0505
www.podiumfootwear.com
No. of employees 2012: 1
Services: Makes orthotics and custom orthopedic footwear.
Person in charge: Tyler Dieterich
Year founded: 1994

PTI ORTHOTIC LABORATORY

2805 Wilderness Place, Suite 400
Boulder, CO 80301
303-443-9999
www.ptiorthotics.com
Services: Foot orthotic fabrication.
Person in charge: Aaron Anderson, owner, president
Year founded: 2001

GASTROENTEROLOGY**COLORADO CENTER FOR DIGESTIVE DISORDERS**

205 S. Main St., Suite A
Longmont, CO 80501
303-776-6115/303-776-4318
www.gastromd.com
No. of employees 2012: 13
Person in charge: Sara Zavala, office manager
Year founded: 1995

CASTROENTEROLOGY OF THE ROCKIES BROOMFIELD

16677 Lowell Blvd., Suite 200
Broomfield, CO 80023
303-926-4848/303-665-1139
www.gastrorockies.com

Services: Medical services in gastroenterology.
Year founded: 1989
Person in charge: Nick Goralsky, vice president of operations

CASTROENTEROLOGY OF THE ROCKIES BOULDER

1755 48th St., Suite 100
Boulder, CO 80303
303-444-4066/720-890-0502
www.gastrorockies.com

Services: Medical services in gastroenterology.
Year founded: 1989
Person in charge: Nick Goralsky, vice president of operations

CASTROENTEROLOGY OF THE ROCKIES LAFAYETTE

1000 W. South Boulder Road., Suite 200
Lafayette, CO 80026
303-444-4066/720-890-0502
www.gastrorockies.com

No. of employees 2012: 56
Services: Specialty medical practice.
Person in charge: Nick Goralsky, vice president of clinical operations

CASTROENTEROLOGY OF THE ROCKIES LONGMONT

1551 Professional Lane, Suite 290
Longmont, CO 80501
303-702-5900/303-485-0828
www.gastrorockies.com
Person in charge: Nick Goralsky, vice president of operations

GENERAL SURGERY**ALPINE SURGICAL**

4745 Arapahoe Road, Suite 300
Boulder, CO 80303
303-449-3642/303-440-7298
www.alpinesurgical.net

No. of employees 2012: 10
Services: General surgeon, breast surgeon, vascular surgeon, thoracic surgeon. Minimally invasive surgical specialists.
Person in charge: Richard J. Fox
Year founded: 2007

BOULDER MEDICAL CENTER AT AVISTA

80 Health Park Drive, Suite 100
Louisville, CO 80027-4644
303-666-2710/303-673-0438
Year founded: 1949

CHARLES JONES, MD.

1155 Alpine Ave., Suite 150
Boulder, CO 80304
303-443-2123/303-443-9497
www.bouldervalleysurgery.com

No. of employees 2012: 10
Services: General and vascular surgery clinic.
Person in charge: Charles G. Jones, M.D.
Year founded: 1984

LONGMONT SURGERY CENTER

2030 W. Mountain View Ave., No. 100
Longmont, CO 80501
303-682-0375/303-682-0593
Website: www.longmontsurgerycenter.com

ROSS M. LEIBOVITZ MD.

90 Health Park Drive, Suite 370
Louisville, CO 80027
303-666-9839

THE HAND CENTER/ KELLEY WEAR, MD.

80 Garden Center, Suite 223
Broomfield, CO 80020
303-9577116/720-536-5725
www.handcentercolorado.com

No. of employees 2012: 4
Services: Experts in the care and rehabilitation of the hand and wrist; hand surgery.
Year founded: 2009

GERIATRIC MEDICINE**TRIPNURSE LLC**

1609 Cottonwood Drive
Louisville, CO 80027
303-460-8416
www.tripnurse.com

Services: Private duty nursing care, travel medical escort/companion, relocation, local non-emergency transport, outpatient procedures. Post-op recovery, neurological disease care, long hours/hospice support.
Person in charge: Suzanne Brandler, R.N.
Year founded: 2006

HEALTH & FITNESS CENTERS-PRIVATE**24 HOUR FITNESS**

4650 W. 120th Ave.
Broomfield, CO 80020
720-887-9024/720-887-9090
www.24hourfitness.com

Services: Basketball court, coin collect lockers, kids' club, pool, pro shop, sauna, spa, steam room, volleyball.

24 HOUR FITNESS

2900 Iris Ave.
Boulder, CO 80301
303-209-9274
www.24hourfitness.com

Services: Personal training and nutritional programs, yoga and Pilates, cycling and other group classes, supplements, steam room, hot tub and sauna.
Year founded: 1983

40PLUS FITNESS AND HEALTH LLC

765 Poplar Ave.
Boulder, CO 80304
303-413-1239/303-954-0993
www.40plusfitnessandhealth.com

No. of employees 2012: 2
Services: Integrative medicine health coach, movement and yoga therapy, nutrition and weight management for individuals over 40 years old.
Person in charge: Robin Saltonstall, Ph.D.
Year founded: 1989

ANYTIME FITNESS

325 Waneka Parkway
Lafayette, CO 80026
720-890-7437
www.anytimefitness.com

No. of employees 2012: 9
Services: Spacious, inviting environment, 24-hour access. Gym includes aerobics, massage, tanning, showers and more.
Person in charge: Paul Larson
Year founded: 2007

ANYTIME FITNESS

701 Delaware Ave.
Longmont, CO 80501
303-776-2633
www.anytimefitness.com/clubs/longmont

No. of employees 2012: 8
Services: Personal training, group classes, boxing, kickboxing, yoga, kids club, spinning, free weights, circuit, tanning, cardio theatre.
Person in charge: Dennis Dewier
Year founded: 2005

ANYTIME FITNESS

1100 U.S. Hwy 287
Broomfield, CO 80020
303-464-1445

No. of employees 2012: 3
Services: Spacious, inviting environment, 24-hour access. Gym includes massage, tanning, showers and more.
Person in charge: David Dewier
Year founded: 2009

AXIS OF MOVEMENT

451 Oak St., Suite 208
Longmont, CO 80530
303-833-7353
www.axisofmovement.com

Services: Offers Pilates mat, reformer classes and Pilates apparatus, massage therapy, yoga, Zumba, dance. Private sessions and group classes available.
Person in charge: Alisa Schillinger, co-owner; Joanne Senior, co-owner
Year founded: 2003

BODY DYNAMICS

2660 Canyon Blvd., Suite A4
Boulder, CO 80302
303-440-5776/303-546-0020
www.bodydynamics.net

No. of employees 2012: 10
Services: Pilates, yoga, physical therapy, personal training, massage, Fitball, Bosu, Smart Bells, Body Bar, core training and sports rehab.
Person in charge: Lindsay Ross, co-owner; Wendy McClure, co-owner
Year founded: 1998

Most educated Professional Fitness Staff in Boulder!

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Health and Fitness Club
www.rallysportboulder.com

**Come Visit!**

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and experience

303.449.4800

2727 29th Street

BOULDER NUTRITION & EXERCISE SERVICES

2900 Valmont Road, Suite G
Boulder, CO 80301
303-440-1015/303-440-8990
www.bouldernutritionexercise.com

No. of employees 2012: 4

Services: Registered dietitians who are also certified personal trainers provide nutrition education and exercise programs in one-on-one sessions for all abilities.

Person in charge: Kate Doran Filkins, owner
Year founded: 2006

BOULDER QUEST CENTER

1501 Lee Hill Road, Suite 18
Boulder, CO 80304
303-440-3647
www.boulderquest.com

Services: Teaches self defense, mind and body techniques to create life mastery through martial arts.

Person in charge: Kevin Ji-Keitoshi Casey, senior instructor
Year founded: 2005

CLUB FITNESS

1075 South Boulder Road, Suite 125
Louisville, CO 80027
303-665-8122
www.clubfitness.org

No. of employees 2012: 3

Services: Open 24 hours, full range of cardiovascular equipment, large free weight area, a full line of Nautilus circuit equipment, massage.

Person in charge: John Udden, owner
Year founded: 2005

COLORADO SPORTS TRAINING

1501 Lee Hill Road, Suite 11
Boulder, CO 80304
303-601-1671
www.coloradosportstraining.com

No. of employees 2012: 1

Services: Yoga, weight training, Olympic lifting, body awareness, autogenic training, breath awareness, plyometrics, inline skating, horseback riding and jumping.

Year founded: 2006

CURVES

3800 W. 144th Ave., No. 700
Broomfield, CO 80020
720-274-0992/720-274-0992
www.curves.com

Services: 30-minute weight-loss program for women using hydraulic machines.

Year founded: 2004

CUSTOMIZED NUTRITION & EXERCISE LLC

2500 30th St., Suite 140
Boulder, CO 80301
303-443-8787/303-443-2535
www.cneboulder.com

No. of employees 2012: 1

Services: Nutrition store with a personal training studio. Also sells fitness equipment.

Person in charge: Rick Jones
Year founded: 2004

FITNESS FOR LIVING

1516 Columbine Ave.
Boulder, CO 80302
303-550-3491
www.fitliv.com

No. of employees 2012: 6

Services: Fitness boot camps and yoga camps in Boulder, Lafayette and Longmont. Co-ed and women's camps for a wide range of abilities. Camps available indoors and out.

Person in charge: David Clair
Year founded: 2003

FITNESS TOGETHER

159 McCaslin Blvd., Suite C
Louisville, CO 80027
303-926-8800
www.fitnessstogether.com/louisville

No. of employees 2012: 3

Services: Personalized one-on-one training, three-room studio.

Person in charge: Scott Strini
Year founded: 2004

FLATIRON ATHLETIC CLUB

505 Thunderbird Drive
Boulder, CO 80303
303-499-6590/303-499-4233
www.flatironathleticclub.com

Services: Indoor group cycling, Cybex, U.S. Masters swimming, tennis, racquetball, yoga, Pilates, indoor track, indoor/outdoor pools, senior programs.

Person in charge: Jens Husted; Keith McQuillen
Year founded: 1982

IMPACT SPORTS PERFORMANCE

11575 Main St., Suite 100
Broomfield, CO 80020
303-467-2288
www.impactsport.org

No. of employees 2012: 7

Services: Sports training, sports medicine, massage therapy, physical therapy.

Year founded: 2005

IYENGAR YOGA CENTER OF BOULDER/BOULDER YOGA

2299 Pearl St., Suite 6
Boulder, CO 80302
303-444-9642
www.boulderyoga.com

Services: Iyengar yoga studio offering general classes for all levels and therapeutics weekend classes. Anatomy education seminars.

Person in charge: Seaph and Laura Antelmi
Year founded: 1991

LAKE SHORE ATHLETIC CLUB - FLATIRON

300 Summit Blvd.
Broomfield, CO 80021
303-729-4300/303-729-2550
No. of employees 2012: 200

Services: 150,000-square-foot facility, high-end amenities and caring professionals, locker and towel service, 120 classes weekly in four studios, warm-water exercise pool, indoor lap pool, rock-climbing.

Person in charge: Mark Johnston
Year founded: 2003

LONGMONT ATHLETIC CLUB WEST

1375 Sherman Drive
Longmont, CO 80501
303-774-8888
www.longmontathleticclub.com

Services: Cardiovascular, machine strength training program, weights and aerobic classes, spinning, martial arts, yoga, steps, ladies' weights.

Person in charge: Jim Richardson
Year founded: 2002

MOUNTAIN KIDS

474 S. Taylor Ave., Suite A
Louisville, CO 80027
303-665-8287/303-665-9122
www.mountain-kids.com/louisville

No. of employees 2012: 15

Services: Gymnastics, dance and summer day camp for kids ages walking and up.

Person in charge: Anna Baretta Narvaes, managing director
Year founded: 2004

NORTH BOULDER PILATES

3000 Center Green Drive, Suite 140
Boulder, CO 80301
303-413-3496/303-413-9907
www.northboulderpilates.com

No. of employees 2012: 6

Services: Pilates Osteoporosis and Osteopenia classes. Pilates with an emphasis on a safe, fun, effective exercise program for medical problems. Home programs, mat classes and reformer/equipment classes.

Person in charge: Debra Layne, owner
Year founded: 2007

NUTRITION CONNECTIONS

174 Timber Lane
Boulder, CO 80304
www.nutritionconnections.com

Services: Quickflip cookbooks and vegetable guides that can be used as a health education tool, incentive award, or gift for patients and employees. Email for quantity discounts.

Person in charge: Eileen Faughey, M.A., R.D.
Year founded: 1992

ONE BOULDER FITNESS

1800 Broadway, Suite 190
Boulder, CO 80302
303-447-8545
www.oneboulderfitness.com

No. of employees 2012: 30

Services: Strength training, cardiovascular conditioning, nutritional guidance, group fitness, yoga studios. Corporate rates.

Person in charge: Glen Marshman
Year founded: 2006

PAT GUYTON PILATES

3825 Iris Ave., Suite 300
Boulder, CO 80301
303-449-7284/303-449-7288
www.patguytonpilates.com

Services: Pilates Studio - athletic performance and rehabilitation. Franklin Method Educator level III.

Person in charge: Pat Guyton, president
Year founded: 2005

RALLYSPORT HEALTH & FITNESS CLUB

2727 29th St.
Boulder, CO 80301
303-449-4800/303-938-8718
www.rallysportboulder.com

Services: Private fitness training, group exercise, yoga, Pilates, swim lessons, Masters swim, kinesio, spin, golf, Biosignature, youth programs, massage.

Person in charge: Dennis Dipaula
Year founded: 1978

ROCKY MOUNTAIN TENNIS CENTER-BOULDER

1345 28th St.
Boulder, CO 80302
303-449-5033/303-444-0730
www.harvesthousetenis.com

No. of employees 2012: 15

Services: Reciprocal agreement with Mountain's Edge Fitness center and One Boulder Fitness, indoor and outdoor pools, hot tub, 15 tennis courts (five enclosed for winter play), pro shop.

Person in charge: Duke Paluch
Year founded: 1974

SNAP FITNESS

165 McCaslin Blvd., Suite B
Louisville, CO 80027
720-890-7004
www.snapfitness.com/louisvilleco

No. of employees 2012: 1

Services: Twenty-four hour access.

Person in charge: Kevin Cochran, owner

THE GUNBARREL ATHLETIC CLUB

6565 Gunpark Drive, Suite 160
Boulder, CO 80301
303-530-7648/303-530-5217
www.gunbarrelclub.com

Services: Sauna, aerobics, spinning, weights, yoga, Pilates, personal training, PIVo, life fitness, Stairmaster. Zumba, sports conditioning boot camp.

Year founded: 1996

THE PILATES CENTER

5500 Flatiron Parkway, Suite 110
Boulder, CO 80301
303-494-3400
www.thepilatescenter.com

No. of employees 2012: 15

Services: Private one-on-one sessions, classes, teacher training program.

Person in charge: Amy Taylor Alpers, owner; Rachel Taylor Segel, owner
Year founded: 1990

TRANS MARTIAL ARTS & FITNESS CENTER

802 S. Public Road, Unit A
Lafayette, CO 80026
720-299-0940

No. of employees 2012: 1

Services: Family environment, improved focus, confidence, weight loss, goal setting, muscle tone, stress reduction.

Person in charge: Kevin Schiltz, owner
Year founded: 2008

WAY OF THE CRANE

1925 55th St.
Boulder, CO 80301
303-442-7559
www.wayofthecrane.com

Services: Self-defense training, martial arts.

Person in charge: Melanie Murphy, Sensei owner/director

Year founded: 1983

HEALTH & FITNESS CENTERS-PUBLIC

ALTA PHYSICAL THERAPY AND PILATES

2955 Baseline Road
Boulder, CO 80303
303-444-8707/303-444-8109
www.altatherapies.com

No. of employees 2012: 18

Services: Orthopedic and sports physical therapy, Pilates for rehab and fitness.

Person in charge: Jane M. Milliff

Year founded: 1990

BOB L BURGER RECREATION CENTER

111 W. Baseline Road
Lafayette, CO 80026
303-665-0469/303-665-0987
www.cityoflafayette.com/recreation

Services: Lap and leisure pools, indoor track, gymnasium, weight room, cardiovascular machines, fitness equipment, aerobic studio, fitness classes.

Person in charge: Curt Cheesman, department director

Year founded: 1990

BROOMFIELD COMMUNITY CENTER

280 Lamar St.
Broomfield, CO 80020
303-464-5500/303-464-5515
www.broomfieldrecreation.com

Services: Indoor pool, gymnasium, fitness room, weight/cardio room, preschool facilities, meeting rooms, lunch program, woodshop, dry/wet pottery/craft room, banquet room.

EAST BOULDER COMMUNITY CENTER

5660 Sioux Drive
Boulder, CO 80303
303-441-4400
www.ci.boulder.co.us

Services: Pool, racquetball courts, dance studios, group classes.

Year founded: 1991

ED & RUTH LEHMAN YMCA LONGMONT

950 Lashley St.
Longmont, CO 80504
303-776-0370/303-682-2301
www.longmontymca.org

No. of employees 2012: 150

Services: Provides life-enhancing programs for children, families and seniors that focus on developing relationships, healthy lives and respect for diversity in order to build a stronger community.

Person in charge: Tony Shockency, CEO

Year founded: 1989

LONGMONT RECREATION CENTER

310 Quail Road
Longmont, CO 80501
303-774-4800/303-485-9793
www.ci.longmont.co.us/rec

Services: Lap pool, leisure pool, hot tub, sauna, steam room, gym with basketball courts, three-lane track, fitness area, aerobics room, climbing wall. Silver Sneaker provider.

Person in charge: City of Longmont

Year founded: 2002

LOUISVILLE RECREATION SENIOR CENTER

900 W. Via Appia Way
Louisville, CO 80027
303-666-7400/303-335-4959
www.ci.louisville.co.us

Services: Youth, adult, senior, active and passive recreational and leisure programs, wellness center, organized and drop-in activities. Tennis courts, in-line skating, skateboard park, cricket field.

Year founded: 1990

MOUNTAINS' EDGE FITNESS CENTER

693-K S. Broadway
Boulder, CO 80305
303-494-5000
www.mountainsegedfitness.com

No. of employees 2012: 40

Services: Cardio equipment and weight room, fitness classes, massage, yoga, Pilates and cycling.

Person in charge: Shannon Derby, managing partner

Year founded: 1999

NORTH BOULDER RECREATION CENTER

3170 Broadway
Boulder, CO 80304
303-413-7260
www.ci.boulder.co.us

Services: Pool, racquetball courts, dance studios, group classes.

PAUL DERDA RECREATION CENTER

13201 Lowell Blvd.
Broomfield, CO 80020
303-460-6900/303-460-6940
www.broomfieldrecreation.com

No. of employees 2012: 40

Services: Track, gymnastics center, gymnasium, two fitness studios, meeting rooms, preschool facility, climbing wall, aquatic center.

Year founded: 2003

SOUTH BOULDER RECREATION CENTER

1360 Gillaspie Drive
Boulder, CO 80303
303-441-3448
www.ci.boulder.co.us

No. of employees 2012: 15

Services: Indoor pool, racquetball/handball courts, dance studios, outdoor sand volleyball, outdoor tennis courts, sauna.

Year founded: 1959

ST. VRAIN MEMORIAL BUILDING

700 Longs Peak Ave.
Longmont, CO 80501
303-651-8404
www.ci.longmont.co.us

Services: Gymnasium, fitness/wellness room, weight room and fitness area, fitness classes.

YMCA OF BOULDER VALLEY

2800 Dagny Way
Lafayette, CO 80026
303-664-5455/303-664-5456
www.ymcabv.org

Services: An association of people of all ages, abilities, ethnic groups and religious affiliations who are united in a common effort with a worldwide fellowship.

Person in charge: Chris Coker, CEO, resident

Year founded: 1955

HOME HEALTH CARE AND HOSPICE CARE

ACCENTCARE OF COLORADO

315 South Boulder Road, Suite 110
Louisville, CO 80027
800-368-7137
www.accentcare.com

Services: Skilled home-health care, rehabilitation, hospice care.

Person in charge: John Freeman

Year founded: 2004

BOULDER COMMUNITY HOMECARE

311 Mapleton Ave.
Boulder, CO 80304
303-441-0444/303-441-2241
www.bch.org

Services: Registered nurses, physical therapy, occupational therapy, speech therapy, social workers, CNAs.

Person in charge: Colleen Grady-Yuskewich

Year founded: 1986

BRIGHTSTAR HEALTHCARE

2095 W. 6th Ave., Suite 204
Broomfield, CO 80020
720-890-7777/720-890-7797
www.247brightstar.com

No. of employees 2012: 9

Services: Non-medical home care, medical home health services and medical staffing.

Person in charge: Terri Barry

Year founded: 2006

COMPLETE HOME HEALTH CARE LLC

916 17th Ave.
Longmont, CO 80501
720-652-0292/720-652-0295
www.completehchc.com

Services: Skilled nursing, physical, occupational and speech therapy, home health aides, personal care providers, pediatric care specialists, rehabilitation and cardiac care.

Person in charge: Cathy Kaufman, CEO, founding partner

Year founded: 2001

COMPLETE HOME HEALTH CARE LLC

4909 Pearl East Circle, Suite 104
Boulder, CO 80301
303-441-5272/303-441-5275
www.completehchc.com

No. of employees 2012: 12

Services: Skilled nursing, home health aides, physical, occupational and speech therapists, personal care.

Person in charge: Grant Stone

Year founded: 2001

DIGNITY CARE LLC

1570 Lee Hill Road, No. 7
Boulder, CO 80301
303-444-4040/720-563-0417
www.dignitycare.com

Services: 24-hour in-home care and other extended hours; provides companions; personal care, homemaking, respite care, transportation, care management; medically skilled and other services as requested.

Person in charge: Mary Kirk, owner

Year founded: 1997

FAMILY HOSPICE

1790 30th St., Suite 308
Boulder, CO 80301
303-440-0205/303-440-0209
www.familyhospice.net

No. of employees 2012: 45

Services: Locally owned and community focused, specializing in personal hospice care tailored to the needs of the patient and family.

Person in charge: Melody Stanton, administrator

Year founded: 2005

GOOD SAMARITAN SOCIETY - COLORADO HOME CARE

425 S. Bowen, Unit 6
Longmont, CO 80501
303-702-0410/303-702-0513
www.good-sam.com

Services: Skilled nursing, physical, occupational and speech therapy, 24-hour care companions, social worker, home making, home health aides, cardiac care, IV infusion, foot care, Medicare, Medicaid.

Person in charge: Nancy Kadlec, R.N., director

Year founded: 1992

HAPPY HOMES MANAGEMENT SERVICES INC.

P.O. Box 18593
Boulder, CO 80308
303-938-1086/303-530-5454
www.happyhomesmgt.com

No. of employees 2012: 4

Services: Support services for the elderly and physically and cognitively challenged. Nurse-assisted travel for these same populations provided worldwide.

Person in charge: Kathy Phinney

Year founded: 1996

HOME INSTEAD SENIOR CARE

588 U.S. Highway 287, Suite 200
Lafayette, CO 80026
720-890-0184/720-890-0185
www.homeinstead.com

Services: Companionship, light housekeeping, meal preparation, shopping, medicine reminders, errands.

Person in charge: Dean Price, owner

Year founded: 2000



HOMEWATCH CAREGIVERS OF BOULDER COUNTY

2945 Center Green Court, Suite D
Boulder, CO 80301
303-444-1133/303-444-5580
www.homewatchboulder.com

No. of employees 2012: 75

Services: Light housekeeping, meal preparation, medication reminders, personal care, mobility assistance, errands, companionship.

Person in charge: Julie Heidemann, president
Year founded: 1994

HOSPICECARE OF BOULDER AND BROOMFIELD COUNTIES

1855 Plaza Drive
Louisville, CO 80027
303-449-7740

www.hospicecareonline.org

Services: Dedicated in-patient facility offers around the clock hospice intensive care and homelike amenities.

Person in charge: Darla Schueth, president, CEO
Year founded: 1976

HOSPICECARE OF BOULDER AND BROOMFIELD COUNTIES

2594 Trailridge Drive E
Lafayette, CO 80026
303-449-7740/303-604-5393
www.hospicecareonline.org

Services: Care for those who are seriously ill and their families. Programs include hospice, palliative home health, along with grief and education.

Person in charge: Darla Schueth, president, CEO
Year founded: 1976

HOSPICECARE OF BOULDER AND BROOMFIELD COUNTIES

2130 Mountain View Ave., Suite 201
Longmont, CO 80501
303-449-7740

www.hospicecareonline.org

Services: Care for those who are seriously ill and their families. Programs include hospice, palliative home health, along with grief and education.

Person in charge: Darla Schueth, president, CEO
Year founded: 1976

PROFESSIONAL HOME HEALTH CARE INC.

2400 Central Ave., Suite H
Boulder, CO 80301
303-444-1981/303-447-8159

www.homecarephhc.com

Services: Skilled nursing, therapies, personal care, homemaking, case management.

Year founded: 1977

RESCARE HOMECARE

1375 Ken Pratt Blvd.
Longmont, CO 80501
303-772-7650/303-684-0164
www.rescarehomecare.com

No. of employees 2012: 5

Services: Companionship, personal care, homemaker services for individuals who want to remain in their home. Nonmedical, one hour to 24-hour care.

Year founded: 1954

TENDER LOVING CARE/AMEDISYS

806 S. Public Road, No. 200
Lafayette, CO 80026
303-665-2820/303-665-2840
www.amedisys.com

Services: Home health-skilled needs.

Comprehensive disease management programs.
Person in charge: Wendi Matthews, director of operations

Year founded: 2001

TRIPNURSE LLC

1609 Cottonwood Drive
Louisville, CO 80027
303-460-8416

www.tripnurse.com

Services: Private duty nursing care, travel medical escort/companion, relocation, local non-emergency transport, outpatient procedures. Post-op recovery, neurological disease care, long hours/hospice support.

Person in charge: Suzanne Brandler, R.N.
Year founded: 2006

VISITING ANGELS OF BOULDER COUNTY

526 Briggs St., Suite C
Erie, CO 80516
303-828-2664

www.visitingangels.com

No. of employees 2012: 15

Services: Nonmedical home care for seniors. Meal preparation, bathing assistance, light housekeeping, medication reminders, shopping, appointments, companionship and anything else to keep seniors safe.

Person in charge: Petey Webster, owner
Year founded: 2002

WINDHORSE FAMILY AND ELDER CARE

3450 Penrose Place, Suite 240
Boulder, CO 80301
303-786-9313

www.windhorsecare.com

No. of employees 2012: 50

Services: Trained and experienced professionals, end-of-life care, Alzheimer's assistance, emergency assistance, light housekeeping, meals, transportation, Alzheimer's and dementia specialists.

Person in charge: Jyoti Sharp, director, owner
Year founded: 2000

HOSPITALS

AVISTA ADVENTIST HOSPITAL

100 Health Park Drive
Louisville, CO 80027
303-673-1000/303-673-1048
www.avistahospital.org

No. of employees 2012: 630

Services: Provides comprehensive medical services, including 24-hour emergency care. Maternity care and advanced total joint replacement provider.

Person in charge: John Sackett, CEO
Year founded: 1990

BOULDER COMMUNITY FOOTHILLS HOSPITAL

4747 Arapahoe Ave.
Boulder, CO 80303
720-854-7000/720-854-7039

www.bch.org

Services: Emergency, ICU, surgery, radiology (imaging), laboratory, cancer care, general medical-surgical care, maternity care and pediatrics.

Year founded: 2003

BOULDER COMMUNITY HOSPITAL

1100 Balsam Ave.
Boulder, CO 80304
303-440-2273/303-441-0478

www.bch.org

No. of employees 2012: 2,300

Services: Emergency, cardiology, oncology, ICU, orthopedics, neurology, general medical-surgical care, rehabilitation, stroke care, radiology (imaging), laboratory.

Person in charge: David Gehant, president/CEO
Year founded: 1922

BOULDER MEDICAL CENTER

2750 Broadway
Boulder, CO 80304
303-440-3000/303-449-9380
www.bouldermedicalcenter.com

Services: Audiology, Boulder Heart Institute, diabetic education, EKG, laboratory services, nuclear medicine, optical shop, outpatient surgery, pain management, pharmacy, physical therapy.

Person in charge: Bradford McKane, CEO
Year founded: 1949

CHILDREN'S HOSPITAL COLORADO NORTH CAMPUS

469 W. Colorado Highway 7
Broomfield, CO 80023
720-777-1340

www.childrenscolorado.org

Services: 24/7 urgent care, 72-hour inpatient observation. Imaging includes digital X-ray, CT, MRI, ultrasound. Neurodiagnostics/EEG/sleep studies. Asthma, audiology, cardiology. Cerebral palsy clinic.

Year founded: 2008

HOSPICECARE OF BOULDER AND BROOMFIELD COUNTIES



A Legacy of Caring, Compassion, and Choice

Founded in 1976 as Colorado's first and our community's only non-profit hospice, HospiceCare has a long history of providing expert, compassionate care to those who are terminally ill and their families. Much has changed over the years, but our commitment to those who are facing end-of-life issues has never wavered. Because we have never lost sight of the reason we're here: to care for the community that founded, shapes, and supports us.



2594 Trailridge Drive East, Lafayette, CO 80026 303.449.7740 www.hospicecareonline.org

EXEMPLA COOD SAMARITAN MEDICAL CENTER

200 Exempla Circle
Lafayette, CO 80026
303-689-4000/303-689-6999
www.exempla.org/goodsamaritan

No. of employees 2012: 1,374

Services: Cardiovascular care, comprehensive cancer care, neurology, level II neonatal care, emergency and trauma services, bone and joint institute, general surgery, occupational medicine, OB/GYN.

Person in charge: David Hamm, CEO, president

Year founded: 2004

LONGMONT UNITED HOSPITAL

1950 W. Mountain View Ave.
Longmont, CO 80502
303-651-5111/303-678-4050
www.luhcares.org

No. of employees 2012: 1,221

Services: Cardiology, dialysis, orthopedics, cancer treatment, women services, neurosurgery, diagnostic imaging, rehabilitation, 24/7 emergency.

Person in charge: Mitchell C. Carson, president, CEO
Year founded: 1959

INFECTIOUS DISEASES**BEACON CENTER FOR INFECTIOUS DISEASE**

1136 Alpine Ave., Suite 205
Boulder, CO 80304
303-938-3167/303-938-3178
www.bch.org

Services: Treats wide variety of infectious diseases, including fibromyalgia or chronic fatigue syndrome.

Person in charge: Jerry Rippey, director

Year founded: 1994

INTERNAL MEDICINE**BOULDER CENTER FOR SPORTS MEDICINE EAST**

1000 W. South Boulder Road
Lafayette, CO 80026
303-926-2665/303-926-2688
www.bch.org/sportsmedicine

Services: Evaluation and treatment of sports injuries, orthopedic impairments, post-surgical rehab, running gait analysis.

Person in charge: Jason Amrich, clinic director

Year founded: 2004

BROOMFIELD PEDIATRICS AND INTERNAL MEDICINES

3301 W. 144th Ave., Suite 200
Broomfield, CO 80023
303-438-5522/303-438-5686
www.bfpim.com

No. of employees 2012: 15

Services: Pediatric and internal medicine newborn through adults.

Person in charge: Cyndi Kremer, practice manager

Year founded: 2000

BUFFALO RIDGE MEDICAL ASSOCIATES

16677 Lowell Blvd.
Broomfield, CO 80023
303-938-3498
www.buffaloridgemedical.com

Services: Audiology, cardiology, gastroenterology, imaging, laboratory, internal medicine, oncology, orthopedics, urology.

Person in charge: Kristi Malsam, director

Year founded: 2010

CONCENTRA URGENT CARE

3434 47th St., Suite 100
Boulder, CO 80301
303-541-9090/303-541-9393
www.concentra.com

Services: Occupational health services and urgent care.

Person in charge: Adam Mastroianni, center operations director

Year founded: 1999

FLATIRON INTERNAL MEDICINE

90 Health Park Drive, Suite 320
Louisville, CO 80027
303-666-7560/303-666-7511
www.flatironinternalmed.com

No. of employees 2012: 8

Services: Medical office.

Person in charge: Cathy Demahy, practice manager

Year founded: 1998

FLATIRON PREMIER MEDICINE

90 Health Park Drive, Suite 320
Louisville, CO 80027
303-327-4971/303-666-7511
www.flatironpremiermedicine.com

No. of employees 2012: 8

Services: Concierge and executive health medical care services by Board certified internist, Erik Mondrow, M.D.

Person in charge: Cathy Demahy, manager

FRONTIER INTERNAL MEDICINE

2101 Ken Pratt Blvd., Suite 104
Longmont, CO 80501
303-776-1532/303-776-3109

Services: High blood pressure, high cholesterol, diabetes, heart disease, lung disease, stomach and intestinal problems, arthritis, thyroid disease, geriatric problems.

Person in charge: Kirk Steadmon, clinic manager

Year founded: 2011

INTERNAL MEDICINE ASSOCIATES

4745 Arapahoe Ave., G50
Boulder, CO 80303
720-854-7272
www.bch.org/internal-medicine/internal-medicine-associates-of-lafayette

Services: Prevention, diagnosis and treatment of diseases affecting the heart and blood vessels, arthritis, hormonal disorders, digestive disorders, infections, allergies and immunology.

Person in charge: Alyson White, director

Year founded: 1994

INTERNAL MEDICINE ASSOCIATES

1155 Alpine Ave., Suite 360
Boulder, CO 80304
303-442-8840/303-440-9629
www.bch.org/physicians/internal-medicine

Services: Prevention, diagnosis and treatment of diseases affecting the heart and blood vessels, arthritis, hormonal disorders, digestive disorders, infections, allergies and immunology, respiratory problems, kidney diseases, cancer, blood disorders and nervous system problems. Routine gynecological examinations, treatment of minor injuries, treatment of common problems of the eyes, ears and skin. Outpatient procedures, including removal of cysts, warts. Laboratory and imaging services.

Person in charge: Jerry Rippey, director

Year founded: 1994

INTERNAL MEDICINE ASSOCIATES

1000 W. South Boulder Road, Suite 214
Lafayette, CO 80026
303-604-6669/303-661-9496

www.bch.org/internal-medicine/internal-medicine-associates-of-lafayette

Services: Prevention, diagnosis and treatment of diseases affecting the heart and blood vessels, arthritis, hormonal disorders, digestive disorders, infections, allergies and immunology.

Person in charge: Dianna Vollmer, director

Year founded: 1994

LAFAYETTE PEDIATRICS AND INTERNAL MEDICINE

300 Exempla Circle, Suite 420
Lafayette, CO 80026
720-565-6101/314-536-8764
www.lafayetteremedped.com

Services: Focuses on childhood illnesses as well as the range of health-care issues for adults.

Person in charge: Adam Palazzari, M.D.

Year founded: 2011

LONGMONT CLINIC

1925 W. Mountain View Ave.
Longmont, CO 80501
303-776-1234/720-494-3107
www.longmontclinic.com

No. of employees 2012: 282

Services: Multispecialty medical center providing ancillary services including radiology, laboratory, walk-in urgent care, nuclear medicine and an anti-coagulation clinic.

Person in charge: Jack B. Campbell, administrator

Year founded: 1906

NATUREMED CLINIC INTEGRATIVE MEDICINE

5330 Manhattan Circle, Suite B
Boulder, CO 80303
303-884-7557/303-448-9069
www.naturemedclinic.com

No. of employees 2012: 6

Services: Integrative medical clinic that offers comprehensive health care to adults, elderly and children using natural treatments, alternative and conventional medicine.

Person in charge: Kelly Jacobs Parcell, owner

Year founded: 2004

SPRUCE STREET INTERNAL MEDICINE

2575 Spruce St.
Boulder, CO 80302
303-449-3594/303-449-3112
www.sprucestreetinternalmedicine.com

No. of employees 2012: 12

Services: Family practice, immunizations, patient resource and disease risk estimation, hormone therapy, women's health, heart scans, virtual colonoscopy, nutrition consultations, bone density testing.

Person in charge: Terri Davis, office manager

Year founded: 1992

WARREN H. VALENCIA MD.

2030 Mountain View Ave., Suite 220
Longmont, CO 80501
303-702-5995/303-702-5990

Services: Family practice and internal medicine.

Person in charge: Warren Valencia, M.D.

Year founded: 1976

MASSAGE THERAPISTS**ACUSPORTSMED**

4880 Riverbend Road, Suite 2D
Boulder, CO 80301
720-201-2449
www.acusportsmed.com

No. of employees 2012: 4

Services: Sports medicine, orthopedic issues, injury repair and recovery, performance-endurance optimization. Treatments with acupuncture, herbal tonics, sports-medical massage, cupping and topical liniments.

Year founded: 2002

AMY COLO, C.P.M., C.M.T.

727 29th St.
Boulder, CO 80303
303-544-0808/303-532-4905
www.amycolo.com

Services: Home birth, midwifery care and prenatal massage.

Person in charge: Amy Colo, C.P.M., C.M.T.

Year founded: 1998

AVISTA THERAPY CENTER

80 Health Park Drive, Suite 50
Louisville, CO 80027
303-673-1240/303-673-1245
www.avistahosp.org

Services: Adult physical, occupational and speech therapy. Sports medicine, ortho-manual therapy, dry needling.

Person in charge: Jeff Wagner, P.T.

Year founded: 1894

BOULDER CLINIC OF ACUPUNCTURE & ORIENTAL MEDICINE

4880 Riverbend Road, Suite 2D
Boulder, CO 80301
720-201-2449
www.boulderclinicofacupuncture.com

No. of employees 2012: 7

Services: Orthopedic/sports injuries, pain and trauma, all internal medical issues, infertility, labor inducing, women's issues, stress and emotional imbalances. Heart disease.

Person in charge: David Fitch, owner

Year founded: 2006

BLUE POPPY ENTERPRISES INC.

1990 N. 57th Court, Unit A
Boulder, CO 80301
303-447-8372/303-245-8362
www.bluepoppy.com

No. of employees 2012: 12
Services: Chinese medical research, textbooks, herbal products, acupuncture needles and treatment room supplies.

Person in charge: Bruce Staff, general manager

Year founded: 1981

BUFFALO SUPPLY INC.

1650 Coal Creek Drive, Suite A
Lafayette, CO 80026
303-666-6333/303-666-8518
www.buffalosupply.com

No. of employees 2012: 16
Services: Distributor of high-tech medical equipment and supplies.

Person in charge: TJ Jackson, CEO

Year founded: 1983

CARE ELECTRONICS INC.

3301 W. 151st Court
Broomfield, CO 80023
303-444-2273/303-447-3502
www.careelectronics.com

No. of employees 2012: 6
Services: Medical safety products and alarms; wanderer monitoring systems; comfort, safety and communication products for long-term and assisted living facilities, home health care.

Person in charge: Thomas Moody, president

Year founded: 1988

COLORADO ELECTRONIC PRODUCT DESIGN INC.

2995 Center Green Court, Suite A
Boulder, CO 80301
303-415-1112/720-306-4445
www.cepd.com

Services: Digital Signal Processing (DSP), embedded systems hardware and software, telemetry systems, motor control systems, programmable logic (FPGA, CPLD, EPLD), analog circuit design, switching power supply.

Person in charge: David Farrell, president

Year founded: 1996

COLORADO HEALING ARTS PRODUCTS

4635 Broadway
Boulder, CO 80304-0509
303-449-2425/303-449-3941

Services: Manufactures massage therapy tables.

Person in charge: Rick Reynolds, president

Year founded: 1977

CORGENIX MEDICAL CORP.

11575 Main St.
Broomfield, CO 80020
303-457-4345/303-457-4519
www.corgenix.com

Services: Development and promotion of specialized diagnostic test kits for vascular diseases and immunological disorders.

Person in charge: Douglass T. Simpson, CEO, president

Year founded: 1990

COVIDIEN, ENERGY-BASED DEVICE, RESPIRATORY AND MONITORING SOLUTIONS

5920 Longbow Drive
Boulder, CO 80301-3299
303-530-2300/303-530-6285
www.covidien.com

No. of employees 2012: 1,860
Services: Manufactures medical systems using electrical, radio frequency and microwaves as power sources, which allow surgeons to conduct a range of procedures.

Person in charge: Bryan Hanson, president, energy-based devices; Pete Wehrly, president, respiratory and monitoring solutions

Year founded: 1967

CRAFTSMAN DENTAL LABORATORY INC.

2501 Sage Court
Mead, CO 80542
303-447-2891

No. of employees 2012: 2

Services: Dental prosthetics.

Person in charge: Jerry Hozempa, president

Year founded: 1970

EAR, INC.

5763 Arapahoe Road Unit L
Boulder, CO 80303
303-447-2619/303-447-2637
www.earinc.com; www.freehearingtest.com

No. of employees 2012: 10

Services: Specialized hearing systems for protection and enhancement.

Person in charge: Garry G. Gordon, co-president; Andrew E. Gordon, co-president

Year founded: 1971

EMBLA

9351 Grant St., Suite 600
Thornton, CO 80229-4373
303-962-1800/775-860-5726
www.embla.com

Services: Specializes in the development and manufacture of sleep diagnostic solutions.

ENCISION INC.

6797 Winchester Circle
Boulder, CO 80301-2350
303-444-2600/303-444-2693
www.encision.com

Services: Surgical instruments and electrosurgery devices.

Person in charge: Fred Permer, president, CEO

Year founded: 1991

EXTRONEX INC.

P.O. Box 1891
Lyons, CO 80540
303-823-9300
www.extronex.com

No. of employees 2012: 1

Services: Lab equipment remarketer. Connects buyers and sellers via e-newsletter, website and direct contact.

Person in charge: Sue Farr, president

Year founded: 1996

FISCHER MEDICAL TECHNOLOGIES LLC

325 Interlocken Parkway, Building C
Broomfield, CO 80021
303-280-2311/303-920-0836
www.fischermti.com

No. of employees 2012: 7

Services: Designs, manufactures and markets medical technology in the general radiography, electrophysiology and surgical imaging systems arenas.

Person in charge: Ron Shores, president

Year founded: 2006

FLUID FORMS

4949 N. Broadway, Unit 109
Boulder, CO 80304
303-381-1470/303-381-1471
www.fluidforms.com

No. of employees 2012: 3

Services: Orthopedic knee wear.

Person in charge: Steve Koschmann, president

Year founded: 1996

GOOD DAY PHARMACY

1925 W. Mountain View Ave.
Longmont, CO 80501
303-776-0709/303-774-1627
www.gooddaypharmacy.com

No. of employees 2012: 5

Services: Full-service retail pharmacy serving local community and patients of Longmont Clinic; medical equipment and supplies, insurance billing, Medicare, Medicaid and home delivery.

Year founded: 2002

HANGER CLINIC

2245 Broadway
Boulder, CO 80302
303-449-2245/303-449-5652
www.hanger.com

No. of employees 2012: 3

Services: Patient-care clinic for custom and non-custom orthopedic braces and artificial limbs.

Person in charge: Angela Montgomery, manager

Year founded: 1969

HANGER CLINIC

1551 Professional Plaza, Suite 105
Longmont, CO 80501
303-776-1350/720-494-3280
www.hanger.com

No. of employees 2012: 4

Services: Patient-care clinic for custom and non-custom orthopedic braces and artificial limbs.

Year founded: 1969

HEARITE CORP.

6821 W. 120th Ave.
Broomfield, CO 80020
303-438-6633/303-438-9026

Services: Hearing aid repairs, sales and services.

Person in charge: Neely Green, client care

Year founded: 2003

HIRSH PRECISION PRODUCTS INC.

6420 Odell Place
Boulder, CO 80301-3310
303-530-3131/303-530-5242
www.hirshprecision.com

No. of employees 2012: 52

Services: Contract manufacturing: emphasis on components that repeat and have stringent cosmetic and dimensional requirements; serves the medical, automotive, defense, scientific and communications industries.

Person in charge: Mike Hirsh, CEO, president

Year founded: 1979

ICITA LLC

P.O. Box 6675
Longmont, CO 80501
877-711-9091/877-711-9091
www.icita.net

No. of employees 2012: 10

Services: iCita is a strategy leader in the development and management of cloud-based CRM and content management systems and processes.

Person in charge: Thomas Smidt, president

Year founded: 2001

INDEVR

2100 Central Ave., Suite 106
Boulder, CO 80301
303-402-9100/303-402-9300
www.indevr.com

No. of employees 2012: 25

Services: Inventing, developing and manufacturing biomedical instruments.

Person in charge: Kathy Rowlen, CEO

Year founded: 2002

KARE PRODUCTS INC.

1644 Conestoga St., Suite 2
Boulder, CO 80301
303-443-4243/303-443-2522
www.kareproducts.com

No. of employees 2012: 5

Services: Ergonomic showroom. On-site ergonomic evaluations. Specialize in perfect solutions, fit. Adjustable height desks, seating small-tall, storage.

Person in charge: Karen Burke, CEO, president

Year founded: 1982

KEVRON INC.

555 Burbank St., Unit G
Broomfield, CO 80020
720-226-0553
www.kevron.com

No. of employees 2012: 3

Services: Designs, manufactures and sells laser marking systems for marking and asset tracking. Also provides contract laser marking services.

Person in charge: Kevin Warman, president

Year founded: 2004

LANX LLC

310 Interlocken Parkway, Suite 120
Broomfield, CO 80020
303-443-7500/303-443-7501
www.lanx.com

Services: Specializes in devices and systems for all segments of spinal surgery.

Person in charge: Dan Gladney, CEO

Year founded: 2003

LENOX-MACLAREN SURGICAL INSTRUMENTATION CORP.

657 S. Taylor Ave., Suite A
Louisville, CO 80027-3063
720-890-9660/720-890-9868
www.lenoxmaclaren.com

No. of employees 2012: 3

Services: Designs and manufactures spinal and neurosurgical instrumentation.

Person in charge: Linda K. Lenox, owner
Year founded: 1986

LINCARE INC.

686 S. Taylor Ave., Suite 103, 104
Louisville, CO 80027
303-604-1222/303-604-1223
www.lincare.com

No. of employees 2012: 9

Services: Oxygen and medical equipment.

Year founded: 1980

MAJOR MEDICAL SUPPLY

1649 Main St.
Longmont, CO 80501
303-651-6400/303-678-4837
www.majormedicalsupply.com

Services: Home oxygen, C-Pap, wheelchairs, hospital beds, bath safety products, ostomy, breast pumps, braces and supports, lift chairs, walking aids and wound supplies.

Person in charge: Ty Harper
Year founded: 1983

MCKESSON HEALTH SOLUTIONS

329 Interlocken Parkway
Broomfield, CO 80021
303-466-9500
www.mckesson.com

No. of employees 2012: 200

Services: Pharmaceutical supply management and information technologies.

Person in charge: John Hammergren, CEO, president

Year founded: 1833

MEDTRONIC SURGICAL NAVIGATION TECHNOLOGIES

826 Coal Creek Circle
Louisville, CO 80027-9750
720-890-3200/720-890-3500
www.medtronic.com

No. of employees 2012: 200

Services: Integrated image-guided surgery products.

Person in charge: William A. Hawkins, president

METRO MEDICAL OXYGEN

10 Gay St.
Longmont, CO 80501-5860
303-776-1491/303-774-1422
www.wagnerweldingsupply.com

No. of employees 2012: 9

Services: Supplies medical gases to doctors.

Person in charge: Dennis Ogden, president
Year founded: 1969

MIOS INC.

2100 Central Ave., Suite 201
Boulder, CO 80301-2887
303-440-5181/303-444-8639
www.miqs.com

No. of employees 2012: 15

Services: Develops and markets health-care software for patient records. Software enables and unifies clinical care and administrative and billing aspects.

Person in charge: Victor Pollak, senior vice president, medical director, founder
Year founded: 1990

MOUNTAINSIDE MEDICAL LLC

6165 Lookout Road
Boulder, CO 80301
303-222-1260/303-222-1270
www.mountainsidemed.com

No. of employees 2012: 105

Services: Contract manufacturing for medical products.

Person in charge: Pete Neidecker, executive vice president

Year founded: 2006

NSPIRE HEALTH INC.

1830 Lefthand Circle
Longmont, CO 80501
303-666-5555/303-666-5588
www.nspirehealth.com

No. of employees 2012: 110

Services: Manufacturer of diagnostic spirometers and bacterial filters for pulmonary testing; specialized aerosol delivery devices. Asthma management monitoring tools and medical delivery devices.

Person in charge: Michael Sims, CEO
Year founded: 1990

NUCLEAR CARDIOLOGY SYSTEMS INC.

5660 Airport Blvd., Suite 101
Boulder, CO 80301
303-541-0044/303-541-0066
www.nuclearcardiology.com

No. of employees 2012: 8

Services: Medical education; nuclear cardiology and medical equipment including computers, gamma cameras and related equipment.

Person in charge: Charles Rose
Year founded: 1986

ORTHOTICS PROSTHETICS SOLUTIONS

1446 Hover St.
Longmont, CO 80501
720-652-0100/720-652-0202
www.opscolorado.com

No. of employees 2012: 1

Services: Orthotics, pedorthics, prosthetics.

Year founded: 2006

PRODENT CERAMICS

5277 Manhattan Circle, Suite 114
Boulder, CO 80301
303-443-1399
www.prodentceramics.com

No. of employees 2012: 4

Services: Dental lab.

Person in charge: Rich Evertz, owner
Year founded: 1985

PRONERVE

350 Interlocken Blvd., Suite 360
Broomfield, CO 80021
303-339-1499/303-339-1498
www.pronerve.com

No. of employees 2012: 25

Services: Manages all aspects of neuromonitoring, including scheduling, staffing, training, billing and collections, financial management and information technology.

Person in charge: Brent Ness, president
Year founded: 2007

PTI ORTHOTIC LABORATORY

2805 Wilderness Place, Suite 400
Boulder, CO 80301
303-443-9999
www.ptiorthotics.com

Services: Foot orthotic fabrication.

Person in charge: Aaron Anderson, owner, president

Year founded: 2001

ROCKY MOUNTAIN CENTER FOR ADVANCED MEDICINE

4790 Table Mesa Drive, Suite 202
Boulder, CO 80305-5660
303-444-0840/303-444-0838
www.rmcam.com

Services: Holistic medicine and acupuncture.

Person in charge: Jessica Brock, practice manager

Year founded: 2006

SEPTODONT, CONFI-DENTAL DIVISION

416 S. Taylor Ave.
Louisville, CO 80027
303-665-7535/303-666-4320
www.confidental.com

No. of employees 2012: 92

Services: Dental and orthodontic consumable materials including restorative composites, impression trays, stannous fluoride gels, whitening gels and plastic accessories.

Person in charge: Mike Orecchia, vice president; Kathleen Sanford, sales manager

Year founded: 1976

SOPHONO INC.

5744 Central Ave.
Boulder, CO 80301
720-407-5160/720-407-5168
www.sophono.com

Services: Provides an abutment-free bone conduction hearing device treating mixed loss, conductive loss and single-sided deafness.

Person in charge: Jim Kasic, president, CEO
Year founded: 2009

SOUND SURGICAL TECHNOLOGIES LLC

357 McCaslin Blvd., Suite 100
Louisville, CO 80027-2941
720-240-2933/720-294-2948
www.soundsurgical.com; www.baser.com

Services: A manufacturer and distributor of ultrasonic body shaping technologies and products related to ultrasonic surgical devices for aesthetic surgery.

Person in charge: Dan Goldberger
Year founded: 1998

SPORIAN MICROSYSTEMS INC.

515 Courtney Way, Suite B
Lafayette, CO 80026
303-516-9075/303-516-9116
www.sporian.com

No. of employees 2012: 12

Services: Provides novel sensors, microelectromechanical systems (MEMS) design and packaging services.

Person in charge: Brian Schaible, president; Michael Usrey, vice president
Year founded: 2000

ST CARDIO TECHNOLOGIES

3901 Troon Circle
Broomfield, CO 80023
800-472-1164/303-648-5338
www.stcardio.com

Services: Develops products in the diagnosis and treatment of heart arrhythmias.

Year founded: 2006

SUNRISE MEDICAL

6899 Winchester Circle, Suite 200
Boulder, CO 80301
303-218-4500/303-218-4575
www.sunrisemedical.com

No. of employees 2012: 20

Person in charge: Thomas Rossnagel, president, CEO
Year founded: 1983

TEAM MEDICAL LLC

300 15th St.
Boulder, CO 80302
303-546-6400
www.teammedical.us

Services: Research and development for medical devices.

Person in charge: Warren P. Heim, manager

TRS INC.

3090 Sterling Circle, Studio A
Boulder, CO 80301
303-444-4720/303-444-5372
www.oandp.com/trs

No. of employees 2012: 8

Services: External upper limb prosthetic component manufacturing.

Person in charge: Robert Radocy, CEO, president
Year founded: 1979

UNIVERSITY OF COLORADO BOULDER

914 Broadway
Boulder, CO 80309
303-492-8908/303-492-8866
www.colorado.edu

No. of employees 2012: 7,312

Services: Public university teaching aerospace engineering, biochemistry, environmental sciences, biology, integrative physiology, music, psychology, environmental law.

Person in charge: Philip DiStefano, chancellor
Year founded: 1876

MEDICAL SERVICES

AEROCARE

200 E. South Boulder Road
Lafayette, CO 80026
303-926-9066/303-926-9067
No. of employees 2012: 11
Year founded: 2002

ALPINE CLINICAL RESEARCH CENTER

1000 Alpine Ave., Suite 200
Boulder, CO 80304
303-443-7229/303-443-7748
www.alpineresearch.com
No. of employees 2012: 7
Services: An independent research site established for the sole purpose of conducting clinical trials for the pharmaceutical industry.
Person in charge: Peg Sharp, clinical director
Year founded: 1994

BONFILS BLOOD CENTER

3113 28th St.
Boulder, CO 80301
303-361-3250/303-363-2309
www.bonfils.org
Services: Blood donation opportunities, laboratory services, marrow donation opportunities.
Person in charge: Myron Johnson, manager community donor operations
Year founded: 1943

COLEMAN ASSOCIATES

1462 Greenbriar Blvd.
Boulder, CO 80305
303-499-2058
www.patientvisitedesign.com
No. of employees 2012: 15
Services: Trains and coaches managers and staff to make patient experience at health-care/social services offices more productive, efficient and complete.
Person in charge: Melissa Stratman
Year founded: 1993

DR. GARRET ROCK D.C.

380 Empire Road
Lafayette, CO 80026
303-604-2660/303-604-2665
www.ssrehabcenter.com
Services: Sports chiropractic.
Person in charge: Garret Rock, D.C.
Year founded: 2004

JUSTIN D. GREEN M.D.

5277 Manhattan Circle, Suite 100
Boulder, CO 80303
720-304-8154/720-304-8155
www.justingreen.com
Services: Orthopedics, sports medicine, interventional spine care, physical medicine and rehabilitation, acupuncture, EMG-guided botox injections.
Person in charge: Lucretia Sharp, office manager
Year founded: 1997

LONGMONT MEDICAL RESEARCH NETWORK

1925 W. Mountain View Ave.
Longmont, CO 80501
303-776-8718
www.longmontclinic.com
No. of employees 2012: 10
Services: Conducts national clinical drug trials, studying new medicines for the treatment of serious illnesses or diseases.
Year founded: 1910

PASSPORT HEALTH

2355 Canyon Blvd., Suite 100
Boulder, CO 80302
303-442-8728/303-442-8735
www.passporthealthco.com
No. of employees 2012: 3
Services: Offers immunizations, medications and information for international travel and general wellness.
Person in charge: Michelle Reesman, CEO
Year founded: 2001

ROCKY MOUNTAIN CENTER FOR ADVANCED MEDICINE

4790 Table Mesa Drive, Suite 202
Boulder, CO 80305-5660
303-444-0840/303-444-0838
www.rmcam.com
Services: Holistic medicine and acupuncture.
Person in charge: Jessica Brock, practice manager
Year founded: 2006

THE MEDICINE SHOPPE

510 Coffman St.
Longmont, CO 80501
303-772-1551/303-772-1121
www.medshoppe.us
No. of employees 2012: 2
Services: Pharmacy.
Person in charge: James Snody, owner
Year founded: 1993

MEDAMORPH LLC

382 S. Arthur Ave., Unit 140
Louisville, CO 80027
303-444-4066/720-890-0502
www.medamorph.com
Services: Billing, IT and administrative services for the medical field.
Person in charge: Nick Goralsky, vice president operations

THE THERMOGRAM CENTER

P.O. Box 674
Louisville, CO 80027
303-664-1139/303-664-1146
www.thermogramcenter.com
Services: Thermal imaging of the breast and body.
Year founded: 2002

TRIPNURSE LLC

1609 Cottonwood Drive
Louisville, CO 80027
303-460-8416
www.tripnurse.com
Services: Private duty nursing care, travel medical escort/companion, relocation, local non-emergency transport, outpatient procedures. Post-op recovery, neurological disease care, long hours/hospice support.
Person in charge: Suzanne Brandler, R.N.
Year founded: 2006

MEDICAL STAFFING

BRIGHTSTAR HEALTHCARE

2095 W. 6th Ave., Suite 204
Broomfield, CO 80020
720-890-7777/720-890-7797
www.247brightstar.com
No. of employees 2012: 9
Services: Non-medical home care, medical home health services and medical staffing.
Person in charge: Terri Barry
Year founded: 2006

MENTAL HEALTH

A RELATIONSHIP HEALING CENTER LLC

990 Poplar Ave.
Boulder, CO 80304
303-444-8969/303-442-6612
www.boulderrelationshiphealing.com
No. of employees 2012: 1
Services: Psychotherapy for adult individuals, couples and groups. Gestalt Therapy, Imago Relationship Therapy, Somatic Experiencing trauma work, EMDR and Brainspotting.
Person in charge: Jaylyne Chase-Jacobsen, L.C.S.W.
Year founded: 1990

ADDICTION RECOVERY CENTER

3470 Broadway
Boulder, CO 80304
303-441-1275/303-441-1286
www.bouldercountyaa.org
No. of employees 2012: 3,040
Services: Addiction counseling and detox.

ALCOHOLICS ANONYMOUS

5375 Western Ave., Suite 7
Boulder, CO 80301
303-447-8201
www.bouldercountyaa.org
No. of employees 2012: 1

AMY WINTERS MSW, L.C.S.W.

4860 Riverbend Road, Suite 1
Boulder, CO 80301
303-554-9800/303-545-0076
Services: Mental health: sexual abuse/trauma treatment, depression/anxiety, relationship issues, parenting, adolescents, stress, workplace issues, life transitions.
Person in charge: Amy Winters, M.S.W., L.C.S.W.
Year founded: 1998

ANCELA COULD, PH.D.

1634 Walnut St., Suite 221
Boulder, CO 80302
720-304-7180/720-304-8108
Services: Individual, couples, family therapy with an emphasis on relationships, loss and trauma. Neurofeedback, Brainspotting, and EMDR are some of the techniques used, along with traditional psychotherapy.
Person in charge: Angela P. Gould, clinical psychologist
Year founded: 35

ANTONIO J. WOOD M.D.

3450 Penrose Place, No. 250
Boulder, CO 80301-1828
303-440-3411
Person in charge: Antonio J. Wood, M.D.

ARLENE P. HECC, M.D.

2501 Walnut St.
Boulder, CO 80302
303-442-4340/303-442-1125

BARRY ERDMAN, L.C.S.W., D.C.S.W.

1900 Folsom St.
Boulder, CO 80302
303-444-1404
www.bouldertherapist.com
Services: Helping adults, couples and families with caring counseling alternatives in Boulder County since 1979.
Person in charge: Barry Erdman, L.C.S.W., D.C.S.W.
Year founded: 1979

BOULDER CENTER FOR COGNITIVE AND BEHAVIORAL THERAPIES LLP

3020 Carbon Place, Suite 200
Boulder, CO 80301
303-225-2709/303-484-1636
www.bouldercbt.com
Year founded: 2008

BOULDER COMMUNITY TREATMENT CENTER

1770 21st St.
Boulder, CO 80302
303-449-2539/303-449-0668
No. of employees 2012: 10
Year founded: 1985

BOULDER MEN'S CENTER

711 Walnut St., Suite 200
Boulder, CO 80302
303-444-8064/303-200-7662
Services: Mental health therapy.
Person in charge: Doug Wassberg, L.C.S.W.
Year founded: 1987

BOULDER PSYCHOTHERAPISTS' GUILD INC.

350 Broadway, Suite 210
Boulder, CO 80305
303-444-1036/303-444-1059
www.boulderpsychotherapistsguild.com
Services: Website to find a therapist and answer questions about therapy; personal referrals to more than 61 licensed therapists in Boulder County; free directory of therapists and therapy groups.
Person in charge: Amy Kilbride, manager
Year founded: 1984

BRYAN D. MUNROE PH.D., L.P.C.

421 21st Ave., Suite 4
Longmont, CO 80501-1421
303-651-1881/303-651-2099
Services: Individuals, couples, families, teens, testing, assessments, anxiety, depression and spiritual values.
Person in charge: Bryan Munroe
Year founded: 1989

CARYL HEARST PSYD.

1707 N. Main St., Suite 404
Longmont, CO 80501
303-744-7410

No. of employees 2012: 1

Services: Clinical psychologist.

Person in charge: Caryl Hearst, Psy.D.

Year founded: 1989

CATHERINE LEE JOHNSTON PH.D.

2885 E. Aurora Ave., Suite 18
Boulder, CO 80303
303-447-8521

No. of employees 2012: 1

Services: Psychotherapy for couples and individuals.

Person in charge: Catherine Lee Johnston, psychologist

Year founded: 1981

CATIE MCDOWELL LMFT.

75 Manhattan Drive, Suite 202
Boulder, CO 80303
303-494-6877

www.catiemcdowell.com

Services: Psychotherapy with adults, adolescents and couples.

Person in charge: Catie McDowell, psychotherapist

CEDAR HOUSE

2833 Broadway
Boulder, CO 80304
303-449-2217/303-786-9247
www.mhcbc.org

Services: Hospital alternative serving up to 15 adults with acute psychotic problems.

CENTENNIAL PEAKS HOSPITAL

2255 S. 88th St.
Louisville, CO 80027
303-673-9990/303-673-9703
www.centennialpeaks.com

No. of employees 2012: 150

Services: Free-standing JCAHO-accredited psychiatric hospital. Acute inpatient mental health care, treatment for adolescents, intensive outpatient chemical dependency treatment.

Person in charge: Alicia Bunch

Year founded: 1976

CENTER FOR MUSIC PSYCHOTHERAPY AND FAMILY THERAPY

4 Garden Center
Broomfield, CO 80020
303-666-9091
www.musicfamilytherapy.com; www.bouldermarriagetherapy.com

No. of employees 2012: 1

Services: Music therapy, couples and family therapy, creative arts therapy.

Person in charge: Kim McMillin, R.N., L.P.C., L.M.F.T.

Year founded: 1998

CHILDREN AND YOUTH RESOURCES

1050 Lashley St.
Longmont, CO 80504
303-651-8580/303-651-8839
www.ci.longmont.co.us/youth_services

CHINOOK CLUBHOUSE

1441 Broadway
Boulder, CO 80302
303-440-4842/303-415-0413
www.chinookclubhouse.org

No. of employees 2012: 8

Services: Social and vocational rehabilitation for adults with major mental illness; job placement, prevocational work, social and recreational activities; functions through Mental Health Partners.

Person in charge: Toni Moon, director of wellness, education and employment development

Year founded: 1990

CHRISTIE C. RANDOLPH PH.D.

3800 Silver Plume Lane
Boulder, CO 80305
303-499-9044/303-499-3383

No. of employees 2012: 1

Services: Psychotherapy.

Person in charge: Christie C. Randolph, licensed psychologist

Year founded: 1984

CLAUDIA MURPHY, MA, DIPL. PSYCH, LPC

954 North St., Suite 309
Boulder, CO 80304
303-449-4618
www.claudiamurphyboulder.com

No. of employees 2012: 0

Services: Counseling and psychotherapy for adults, couples, young adults and teens, working with issues related to depression, anxiety, mood disorders and other issues. Working in a solution-focused way.

Person in charge: Claudia Murphy, owner

COLORADO CENTER FOR COUNSELING AND PSYCHOTHERAPY

1479 Lincoln Circle
Longmont, CO 80501
303-776-6376
www.bouldertherapy.net

No. of employees 2012: 1

Services: Self-esteem, alternative lifestyles, compulsive overeating, adult children of alcoholics, addictions, relationships.

Person in charge: Phyllis Tainey, owner

Year founded: 1998

COLORADO MOOD & MEMORY CLINIC/ALTAVITA MEMORY CARE CENTRE

800 S. Fordham St.
Longmont, CO 80503
303-682-9197/303-682-9306
www.coloradomoodandmemoryclinic.com

Services: Psychiatric evaluation and treatment, geriatric psychiatry.

Person in charge: Haleh Nekooraad-Long, M.D.

Year founded: 2003

COLORADO THERAPY GROUP

1800 30th St., Suite 301
Boulder, CO 80301
303-447-2987
www.lynnfoote.com

No. of employees 2012: 1

Services: Individual psychotherapy, marriage counseling, grief counseling, sex therapy.

Person in charge: Lynne Foote, L.P.C.

Year founded: 1984

CONNECTIONS

1650 38th St., No. 204W
Boulder, CO 80302
303-588-0522/303-527-3797
www.lwcounsel.com

No. of employees 2012: 1

Services: Offers group interactions for teens and adults to break social isolation in growth-producing ways. Also offers individual therapy for people in transition.

Person in charge: Linda Woods, owner

Year founded: 1986

COSETTE BOON MA, L.P.C.

726 Front St.
Louisville, CO 80027
303-665-2300

No. of employees 2012: 1

Services: Child, adolescent and family psychotherapeutic services.

Person in charge: Cosette Boon, M.A., L.P.C.

Year founded: 1991

COUNSELING FOR THE FAMILY PC

700 Burbank St.
Broomfield, CO 80020
303-466-5077/303-469-5601
www.barbarastratton.com

Services: Marriage and family therapy.

Person in charge: Barbara Stratton, M.A., L.M.F.T.

Year founded: 1987

DENVER BEHAVIORAL HEALTH CENTER

1317 Spruce St.
Boulder, CO 80302
303-245-0123/303-245-0119
No. of employees 2012: 5

DISCOVERY COUNSELING CENTER INC.

728 Front St., Suite E
Louisville, CO 80027
303-666-8866

No. of employees 2012: 2

Person in charge: Delores Dehaven, director

Year founded: 1999

DISCOVERY COUNSELING CENTER INC.

3300 Arapahoe Ave., Suite 219
Boulder, CO 80303
303-449-4121/303-666-4420

No. of employees 2012: 2

Services: Addictions counseling, mental health issues, DUI.

Person in charge: Delores Dehaven, director

Year founded: 1999

DONNA ROE DANIELL MSW, L.C.S.W. DBA BALANCE YOUR LIFE COACHING & PSYCHOTHERAPY

5412 Idylwild Trail
Boulder, CO 80301
303-682-5220/303-530- 1517
www.findbalanceinyourlife.com

Services: Family, marital, individual therapy (children, adolescents and adults). Women's wellness, stress-management groups for women in transition/ mindfulness groups.

Person in charge: Donna Roe Daniell, L.C.S.W., M.S.W.

Year founded: 1994

DR. STEPHEN WALKER - HEALTH, SPORT & PERFORMANCE ASSOCIATES

5829 Niwot Road
Longmont, CO 80503-8828
303-530-4439/303-530-0661
www.drstephenwalker.com

Services: Counseling and psychotherapy, sport and performance enhancement consultation.

Person in charge: Stephen Walker, Ph.D.

Year founded: 1991

ELINOR NYGREN SZAPIRO MA, L.P.C.

4690 Berkshire Place
Boulder, CO 80301
303-530-5391/303-516-9017
www.therapistboulder.net

Services: Psychotherapy for individuals, couples, adults and teens. EMDR, Brainspotting, Hypnotherapy. Support group for Highly Sensitive People.

Person in charge: Elinor Nygren Szapiro, psychotherapist

Year founded: 1982

ELLEN ROSSIER L.C.S.W.

3393 Iris Ave., Suite 205
Boulder, CO 80301
303-494-6877
www.ellenrossier.com

No. of employees 2012: 1

Services: Individual, couples therapy.

Person in charge: Ellen Rossier, L.C.S.W.

Year founded: 1999

FAMILY THERAPY CENTER OF BOULDER

1634 Walnut St., Suite 201
Boulder, CO 80302
303-440-4062/303-440-6244

Services: Child, adolescent and family therapy.

Year founded: 1984

FOOTHILLS PSYCHOLOGICAL GROUP PLLC

2501 Walnut St., Suite 202
Boulder, CO 80302-5705
303-473-4433

No. of employees 2012: 2

Person in charge: Gregory Gerritsen, Ph.D.

Year founded: 1990

**FREDLYN N. ZITTER-SMITH, L.C.S.W.
DIPLOMATE**

2043 Pearl St.
Boulder, CO 80302
303-443-9008

No. of employees 2012: 1
Year founded: 1982

GIL SHALIT L.P.C., S.E.P., C.A.C. III

1677 Zamia Ave.
Boulder, CO 80304
303-546-2887

No. of employees 2012: 1
Person in charge: Gil Shalit, owner
Year founded: 1998

**GOVERNMENT BOULDER VET
CENTER**

4999 Pearl East Circle, Suite 106
Boulder, CO 80301
303-440-7306/303-449-3907

No. of employees 2012: 6

HOPE WEISS L.C.S.W.

627 Kimbark St.
Longmont, CO 80501
303-717-8645

Services: Licensed psychotherapist offering counseling services to adults, teens and families. 'Empower Yourself' workshops for women.

Person in charge: Hope Weiss, L.C.S.W.
Year founded: 2004

IMAGINE!

1400 Dixon St.
Lafayette, CO 80026-2790
303-665-7789/303-665-2648
www.imaginecolorado.org

Services: Creates and offers support to people of all ages with cognitive, developmental, physical and health-related needs so they may live fulfilling lives of independence and quality.

Person in charge: Mark Emery, executive director

Year founded: 1963

INA ROBBINS EDD.

2043 Pearl St.
Boulder, CO 80302
303-449-6878/303-443-2051
www.psychotherapistsguild.com

Services: Psychological services.

Person in charge: Ina Robbins, Ed.D.

Year founded: 1980

JACKIE BAY L.P.C.

2995 Baseline Road, Suite 302
Boulder, CO 80303
303-546-0792/303-546-0047
www.counselingandpatientadvocacy.com

No. of employees 2012: 1
Services: Psychotherapy and patient advocacy, specializing in eating disorders and chronic illness.

Person in charge: Jackie Bay, L.P.C., R.N.

Year founded: 1992

JACQUELINE SZABLEWSKI, MTS, L.A.C.

4410 Arapahoe Ave., Suite 205
Boulder, CO 80303-1155
303-767-8123/303-546-0047

No. of employees 2012: 1

Services: Licensed addictions counselor, specializing in eating disorders and addiction recovery and life transition issues.

Person in charge: Jacqueline Szablewski

Year founded: 1995

JIM BOWEN MA, L.P.C.

1800 30th St., Suite 217B
Boulder, CO 80301
303-534-8717

www.sexualintimacyboulder.com

No. of employees 2012: 1

Services: Affairs, building intimacy, cancer, couples counseling, divorce, emotional intimacy, enneagram grief, healthy marriage, infidelity, premarital.

Person in charge: Jim Bowen, licensed professional counselor

Year founded: 1992

JOANNE NEIMAN, MA, L.P.C.

1634 Walnut St., Suite 221
Boulder, CO 80302
303-442-4676

www.joanne-neiman.com

Services: Psychotherapy for children ages nine to 12, teens, adults, elders and families.

Expertise in attachment, trauma, family of origin issues. Also offering Brainspotting and EMDR.

Person in charge: Joanne Neiman

JOHN R. RIFKIN PH.D.

350 Broadway, Suite 205
Boulder, CO 80305
303-442-8652

www.emotionalsuccess.com

Services: Psychotherapy with adults and late adolescents, couples and late adolescents.

Person in charge: John R. Rifkin, Ph.D.,

psychologist

Year founded: 1970

**JOSE LUIS (REITO) RODRIGUEZ
L.C.S.W., L.A.C.**

1440 Front St.
Louisville, CO 80027
303-215-6889/303-926-1144
www.reitorodriguez.com

Services: Mental health, addiction counseling, victims of crimes, marital counseling, trauma, EMDR, bilingual: English/Spanish.

Person in charge: Reito Rodriguez, owner

Year founded: 1988

JULIE ANN BRODY PH.D.

2033 11th St.
Boulder, CO 80302
303-443-2397

No. of employees 2012: 1

Services: Focuses on the evaluation, prevention, diagnosis and treatment of mental health issues.

Year founded: 1982

KAREN HENDERSON L.P.C.

2919 W. 17th Ave., Suite 214
Longmont, CO 80503
303-772-7400

No. of employees 2012: 1

Year founded: 1989

KARI FRASER PH.D., P.C.

3405 Penrose Place, Suite 203
Boulder, CO 80301
303-443-3487

Services: Psychological services: counseling and assessment.

Person in charge: Kari Fraser, Ph.D.

KATE M. MARSHALL PH.D., P.C.

1517 Easy Rider Lane, Suite 201
Boulder, CO 80304
303-443-5811/303-440-0152
www.drkatemarshall.com

Services: Individual, couple and family therapy with adults and teens. Areas of emphasis include anxiety and stress management, depression, addictive patterns and codependency, EMDR, EFT and trauma work.

Year founded: 1980

**KATHLEEN LAMEIRO-
DAWSON, L.C.S.W.**

1314 Main St., Suite 205
Louisville, CO 80027
303-665-6087/303-666-2159

No. of employees 2012: 1

Services: Psychotherapy for children, adults, individuals, couples and families. Specialties include EMDR for Trauma, CBT for Anxiety Disorders, and EFT for Couples Therapy. Most insurance accepted.

Person in charge: Kathleen Lameiro-Dawson, L.C.S.W.

Year founded: 1998

**KATHY THORPE, CERTIFIED
CLASSICAL HOMEOPATH**

840 Pearl St.
Boulder, CO 80302
303-583-0179

www.sixpersimmons.com

Services: Treatment of children's health, ADHD, respiratory problems, allergies, sleep problems, digestion, behavioral issues, women's health, skin disorders, pregnancy, psychological issues.

Person in charge: Kathy Thorpe, M.A.,

classical homeopath

Year founded: 2005

**KRUPNICK COUNSELING
ASSOCIATES**

500 Kimbark St. Suite 200
Longmont, CO 80501
303-651-1515

No. of employees 2012: 13

LAURA M. RIEFFEL PH.D.

225 W. South Boulder Road, Suite 203
Louisville, CO 80027
303-478-7140/720-881-0022
www.lmrieffel.com

No. of employees 2012: 2

Services: Psychological and neuro-psychological testing, psychological assessments of ADHD, learning problems, dementia and TBI. Individual and couple's psychotherapy specializing in mood and anxiety disorders.

Person in charge: Laura M. Rieffel, Ph.D.

Year founded: 1995

LEVINE AND LEVINE

709 Kimbark St.
Longmont, CO 80501
303-678-7455

LIFE IN WAVES

1800 30th St., Suite 209D
Boulder, CO 80301
303-752-6711/720-890-1162

No. of employees 2012: 1

Services: Counseling to help people navigate life's challenging transitions and changes. Also helping people resolve trauma and live effectively with chronic illness.

Person in charge: Rosalind Bard, owner

Year founded: 1991

LINDA HALL-TAYLOR, PH.D.

9647 N. 63rd St.
Longmont, CO 80503
303-447-9293

No. of employees 2012: 1

Services: Licensed clinical psychologist. Adult individuals and couples.

Year founded: 0

**LISA AWEIDA-ROSS PSY.D., LI-
CENSED PSYCHOLOGIST**

3000 Pearl St., Suite 208
Boulder, CO 80301
303-413-1600

www.psychotherapistsguild.com

Services: Psychotherapy for adults and children: anxiety, depression, relational issues, parenting, grief and transitions. Process difficult emotions and learn new skills in a safe, confidential environment.

Person in charge: Lisa Aweida-Ross, Psy.D.

MAPLETON COUNSELING CENTER

311 Mapleton Ave., Second Floor
Boulder, CO 80304
303-441-0560/303-441-2202
www.bch.org/behavioral-health

Services: Individual and group therapy. Psychiatric evaluation and medication management. Substance abuse/chemical dependency treatment. Dialectical behavior therapy. Intensive outpatient treatment program.

Person in charge: Bart Grow, manager

MARCY COOPER MD.

1314 Main St.
Louisville, CO 80027
303-666-0443/303-666-7505

Services: Child and adolescent psychiatry.

Person in charge: Marcy Cooper, M.D.

Year founded: 2001

MARGARET DANIELS L.C.S.W.
303-956-7515

**MARLENE'S YOGA
& SOMATIC PROCESSING**

2412 Bristol St.
Superior, CO 80027
303-543-9150

Services: A unique and individualized use of intuitive yoga, spinal rehabilitation, and somatic processing. The Prinzing Method is 80% unwinding/indirect work and 20% corrective/direct work.

Person in charge: Marlene Marie Prinzing, yoga teacher, body psychotherapist
Year founded: 1984

MEDICINE HORSE PROGRAM

8778 Arapahoe Ave.
Boulder, CO 80303
720-406-7630/720-406-7630
www.medicinehorse.org

Services: Through their therapeutic interaction with horses, participants experience psychological, social, emotional and spiritual growth; also does corporate team-building.

Person in charge: Kathy King Johnson, executive director
Year founded: 2001

MELANIE K. YOUNG PSY.D.

2501 Walnut St., Suite 208
Boulder, CO 80302
303-444-5330/303-442-1125
www.melanieyoungpsyd.com

Services: Individual psychotherapy; couples counseling, assessment; specialties include: mood disorders, anxiety, trauma, brain injury, losses, grief and relationships. EMD-R and Brainspotting.

Person in charge: Melanie K. Young, licensed clinical psychologist
Year founded: 1994

MELISSA JONES, L.C.S.W.

2760 29th St., Suite 2C
Boulder, CO 80301
303-775-8474
www.mjpsychotherapy.com

No. of employees 2012: 1

Services: Relationship issues, depression, trauma and post-traumatic stress disorder, anxiety or fears, child or adolescent issues, attention deficit hyperactivity disorder, divorce, domestic abuse or violence.

Person in charge: Melissa Jones, L.C.S.W.
Year founded: 2005

**MEN AND WOMEN SEEKING
EMPOWERMENT**

100 E. South Boulder Road, Suite 105
Lafayette, CO 80026
303-665-7037/720-890-7111
www.mwsempowerment.org

No. of employees 2012: 3

Services: Drug and alcohol monitoring, Level II education and therapy classes, relapse prevention, anger management, domestic violence classes, mental health counseling, individual and group counseling.

Person in charge: Sharon Huntoon
Year founded: 1993

MENTAL HEALTH PARTNERS

529 Coffman
Longmont, CO 80501
303-684-0555
www.mhpcolorado.org

No. of employees 2012: 365

Services: Provides comprehensive community-based mental health services to individuals and their families across the entire life span, regardless of ability to pay.

MENTAL HEALTH PARTNERS

899 Highway 287, Suite 300
Broomfield, CO 80020
303-466-3007
www.mhpcolorado.org

No. of employees 2012: 365

Services: Provides comprehensive, community mental health services to all ages and all residents of Boulder and Broomfield Counties regardless of ability to pay.

Person in charge: Dr. Barbara Ryan, CEO
Year founded: 1962

MENTAL HEALTH PARTNERS

1333 Iris Ave.
Boulder, CO 80304
303-443-8500/720-406-3603
www.mhpcolorado.org

No. of employees 2012: 365

Services: Provides comprehensive, community mental health services to individuals and their families across the entire lifespan, regardless of ability to pay, to residents of Boulder and Broomfield counties.

Person in charge: Dr. Barbara Ryan, CEO
Year founded: 1962

MICHAEL D. SMITH, PSY.D.

1314 Main St., Suite 203
Louisville, CO 80027
303-424-8250
www.michaelsmithpsyd.com

No. of employees 2012: 1

Services: Specializes in the assessment and treatment of attention, mood, learning, adjustment and stress disorders in children and adults.

Person in charge: Michael D. Smith, Psy.D.
Year founded: 1996

MICHAEL R. FREEDMAN, PH.D.

2027 11th St.
Boulder, CO 80302
303-443-4487

No. of employees 2012: 1

Services: Relationship issues, child or adolescent, depression, adoption, anxiety or fears.

Person in charge: Michael R. Freedman, Ph.D.
Year founded: 1991

MICHELE L. CERARD, PH.D.

1750 30th St., Suite 224
Boulder, CO 80301
303-939-9650/303-939-9677
www.michelegerardphd.com

Services: Clinical psychology, neuropsychology, wellness, peak performance, trauma resolution, family issues, divorce, recovery from injury, evaluation/treatment for underachievement, accommodations.

Person in charge: Michele L. Gerard, Ph.D.
Year founded: 1989

MICHELE WEINER-DAVIS L.C.S.W.

2005 10th St., Suite A
Boulder, CO 80302
303-444-7004
www.divorcebusting.com

No. of employees 2012: 3

Services: Marriage counseling.

Person in charge: Michele Weiner-Davis, owner

**MOVING TO END SEXUAL AS-
SAULT**

2336 Canyon Blvd., Suite 103
Boulder, CO 80303
303-443-0400/303-443-0187
www.movingtoendsexualassault.org

No. of employees 2012: 6

Services: 24-hour hotline for sexual assault survivors, their family and friends; prevention education services for youth and adults; Sexual Assault Nurse Examiner program.

Year founded: 1972

O. KENNETH ALFORD L.P.C.

3717 Doral Drive
Longmont, CO 80503
303-776-2910

No. of employees 2012: 1

Services: Marital and men's issues.

Year founded: 1974

PATRICIA J. LEDESMA PH.D.

4770 Baseline Road, Suite 320
Boulder, CO 80303
303-543-1200

No. of employees 2012: 1

Services: Licensed psychologist for 30 years. Specializing in depression, anxiety, relationships, sexual issues, and spirituality. Trained in brainspotting and hypnosis.

Person in charge: Patricia J. Ledesma, Ph.D.
Year founded: 1982

PHILIP D. SUTTON PH.D.

595 Canyon Blvd.
Boulder, CO 80302
720-406-0400/303-444-7371
www.philipsuttonphd.com

No. of employees 2012: 1

Services: Psychological evaluation and treatment.

Year founded: 1983

**PROFESSIONAL COUNSELING
& EDUCATIONAL SERVICES**

421 21st Ave., Suite 4
Longmont, CO 80501
303-651-1881/303-651-2099

Services: Individuals, couples, families, teens, testing, assessments, anxiety, depression, spiritual values.

Person in charge: Bryan Munroe, owner
Year founded: 1989

**RANGEVIEW COUNSELING
CENTER**

1790 30th St. Suite 305
Boulder, CO 80301
303-447-2038/303-440-6794
www.rangeviewcounseling.com

No. of employees 2012: 5

Year founded: 1989

REAL PARENTING

1530 55th St.
Boulder, CO 80303
303-397-0646/303-443-9338
www.realparenting.net

Services: Parent coaching, mental health and addictions counseling using Cognitive Behavior Therapy, EMDR, and Brainspotting. Five parenting classes.

Person in charge: Stephanie Bryan, clinical social worker

Year founded: 1988

REGGIE GRAY L.C.S.W.

1634 Walnut St., Suite 201
Boulder, CO 80302
303-654-7334
www.reggiegraytherapy.com

Services: Psychotherapy for individuals and families in all ages and stages of life. Marital consultation, sex therapy, brainspotting and parenting consultations for traditional and non-traditional families.

Person in charge: Regina Gray, L.C.S.W.
Year founded: 1980

**REVEREND ELIZABETH DAWN
WILLIAMS, R.N. INC.**

2769 Iris Ave., Suite 107
Boulder, CO 80304
720-331-6874
www.spiritualcounselingcolorado.com

No. of employees 2012: 1

Services: Spirit, heart, mind and body-centered counseling.

Person in charge: Elizabeth Dawn Williams, reverend

Year founded: 2005

RICHARD WESLEY L.P.C.

2975 Valmont Road, Suite 310
Boulder, CO 80301
303-652-9151
www.networktherapy.com/rwesley

No. of employees 2012: 1

Services: Free initial consultation. Insurance accepted. Get the support you need to create the life you want to live.

Person in charge: Richard Wesley, L.P.C.
Year founded: 2002

ROBERT UNGER PH.D.

2455 Broadway
Boulder, CO 80304
303-938-9494/303-291-1180
www.robertungerphd.com

No. of employees 2012: 1

Services: Individual, group, couples, and family psychotherapy, clinical supervision, organizational consulting.

Person in charge: Robert Unger, Ph.D.
Year founded: 1984

**ROCKY MOUNTAIN PSYCHIATRIC
ASSOCIATES**

75 Manhattan Drive, Suite 106
Boulder, CO 80303
303-569-8858/303-647-9214
www.rockymtnpsych.com

**ROCKY MOUNTAIN
PSYCHOLOGICAL SERVICES LLC**

2919 17th Ave., Suite 210
Longmont, CO 80503
303-651-9290/303-651-7158
www.drmmichaelsmith.org

Services: Full range of psychological services, including evaluations, psychotherapy and consulting.

Person in charge: Michael Smith, Ph.D.
Year founded: 2001

ROSE SPOSITO, L.A.C.

2500 30th St., Suite 200
Boulder, CO 80301
303-579-2100

Services: A gentle approach with acupuncture and zero balancing, body work, dedicated to deep transformational healing for the body, mind and spirit.

Person in charge: Rose Sposito, L.Ac.
Year founded: 2000

ROSE TRANSITION HOME

P.O. Box 270416
Louisville, CO 80026
720-352-1623
www.rosehousecolorado.com

No. of employees 2012: 14
Services: Addiction treatment center for women, inpatient with three month minimum. Dual diagnosis.

Year founded: 2008

SANDY NOVAK L.P.C.

1480 Lee Hill Drive, Suite 7
Boulder, CO 80304
303-629-2960
www.bouldertransformationaltherapy.com

No. of employees 2012: 1
Services: Couples therapy, family therapy and parenting skills, trauma therapy, individual therapy, couples relationship enhancement training, therapist training in Satir family therapy.

Person in charge: Sandy Novak, M.S., M.A., S.E.P., L.P.C., P.L.L.C.
Year founded: 1989

SARA COHEN L.P.C.

1634 Walnut St., Suite 221
Boulder, CO 80302
303-443-3637/303-443-3845
SaraCohen.com

Services: Psychotherapy: depression, anxiety, trauma, life management and planning, transition for adults and couples.

Person in charge: Sara Cohen, M.A., L.P.C.
Year founded: 1993

STEPHEN J. WESTRA L.P.C.

1800 30th St., Suite 301
Boulder, CO 80301
303-428-8486/303-413-1871

No. of employees 2012: 1
Services: Psychotherapy for adolescents, adults, couples and families. Treating depression, anxiety, communication problems, all forms of trauma, ADD/ADHD, all types of addictions.

Person in charge: Stephen J Westra, psychotherapist
Year founded: 1983

TASHIRO PSYCHOTHERAPY INC.

1707 Main St.
Longmont, CO 80501
303-772-7752

No. of employees 2012: 1
Person in charge: Nancy R. Tashiro, M.S.W., L.C.S.W.

**THE INDIVIDUAL AND
FAMILY THERAPY CENTER
OF LOUISVILLE LLC**

700 Front St.
Louisville, CO 80027
720-394-2741

No. of employees 2012: 1
Services: Individual and family therapy for adolescents and adults. Dialectical Behavioral group Therapy (DBT).

Person in charge: Andrea Kareus, L.C.S.W.
Year founded: 2005

**THE INTIMACY INSTITUTE FOR SEX
AND RELATIONSHIP THERAPY**

737 29th St., Suite 200-D
Boulder, CO 80303
720-331-3354
www.theintimacyinstitute.org

No. of employees 2012: 1
Services: Sex and relationship therapy.
Person in charge: Jenni Skyler, Ph.D., M.S.Ed.
Year founded: 2009

VIVE!

1150 Maxwell Ave., Suite 200
Boulder, CO 80304
800-261-0127/303-317-8122
www.vivenow.com

No. of employees 2012: 3
Services: Therapeutic practice devoted to transitioning at-risk teens into healthy adults and promote the healing of families in crisis.
Person in charge: David Herz, founder
Year founded: 2000

WELLNESS EDUCATION CENTER

834 S. Sherman
Longmont, CO 80501
303-247-8700
www.mhpcolorado.org

No. of employees 2012: 32
Services: Provides wellness education programs classes on nutrition, exercise, smoking cessation, stress management, cooking and healthy living for those living with mental illness.

Person in charge: Elizabeth Simpson, director

WILLIAM L FINK M.D.

1707 Main St., Suite 404
Longmont, CO 80501
303-776-9797

No. of employees 2012: 1
Services: Psychiatry.
Person in charge: William L. Fink, M.D.
Year founded: 1990

ZOE ZIMMERMANN, MA, L.P.C.

75 Manhattan Drive, Suite 206
Boulder, CO 80303
303-444-1195/303-440-0118
www.eft-emotionalfreedom.com

No. of employees 2012: 1
Services: Specializing in recovery from physical and emotional trauma; PTSD; pain and illness symptom alleviation; phobias, anxiety problems; relationship and family therapy.
Person in charge: Zoe A. Zimmermann, L.P.C.
Year founded: 1987

MIDWIFE**AMY COLO, C.P.M., C.M.T.**

727 29th St.
Boulder, CO 80303
303-544-0808/303-532-4905
www.amycolo.com

Services: Home birth, midwifery care and prenatal massage.
Person in charge: Amy Colo, C.P.M., C.M.T.
Year founded: 1998

**NURTURING HANDS DOULA
SERVICES**

1473 Adams Place
Louisville, CO 80027
303-507-9810

No. of employees 2012: 1
Services: Labor and postpartum doula services.
Person in charge: Laura Dumpert
Year founded: 2004

MISCELLANEOUS**CENTER FOR STUTTERING
THERAPY INC.**

6610 Gunpark Drive E., Suite 103
Boulder, CO 80301
303-530-9191
www.coloradostutteringtherapy.com

No. of employees 2012: 2
Services: Comprehensive diagnosis and treatment of stuttering in children and adults.
Person in charge: Mary Wallace, owner
Year founded: 1992

CONNECTIONS

1650 38th St., No. 204W
Boulder, CO 80302
303-588-0522/303-527-3797
www.lwcounsel.com

No. of employees 2012: 1
Services: Offers group interactions for teens and adults to break social isolation in growth-producing ways. Also offers individual therapy for people in transition.
Person in charge: Linda Woods, owner
Year founded: 1986

ERGONOMIC ASSESSMENTS LLC

Boulder, CO
303-638-7771
www.ergonomic-assessments.com
Services: Ergonomic evaluations, advice and service to workers in all environments.
Person in charge: Rob Schubert, owner
Year founded: 2004

**HEALTH PROMOTION
MANAGEMENT**

700 Burbank St.
Broomfield, CO 80020
303-297-0729
www.hpmi.us

No. of employees 2012: 6
Services: Helps mitigate healthcare costs by providing mental and physical wellness programs, health-oriented education, workplace challenges and individual health coaching to help employees.
Person in charge: Lisa Bailey, owner
Year founded: 1983

REM SLEEP MEDICINE PC

1000 Alpine Ave., Suite 105
Boulder, CO 80304
720-279-9098/720-540-4250
www.remsleepmedicine.com

Services: Insomnia, sleep apnea, narcolepsy, circadian, restless leg syndrome, parasomnias.

**ROCKY MOUNTAIN
HYPERBARIC INSTITUTE**

225 W. South Boulder Road, Suite 102
Louisville, CO 80027-1194
303-442-4124/303-666-2112
www.rockymountainhbot.com

No. of employees 2012: 2
Services: Hyperbaric oxygen therapy particularly useful in the fields of neurology, sports injuries and wound care.
Person in charge: Ryan Fullmer, C.H.T.
Year founded: 2007

**UNIVERSITY OF
COLORADO BOULDER**

914 Broadway
Boulder, CO 80309
303-492-8908/303-492-8866
www.colorado.edu

No. of employees 2012: 7,312
Services: Public university teaching aerospace engineering, biochemistry, environmental sciences, biology, integrative physiology, music, psychology, environmental law.
Person in charge: Philip DiStefano, chancellor
Year founded: 1876

NATUROPATHIC MEDICINE**ANANDA LLC DBA
THE ANANDA APOTHECARY**

2555 49th St.
Boulder, CO 80301
888-359-1389
www.anandaapothecary.com

No. of employees 2012: 8
Services: Essential oils, aromatherapy products, books, flower essences, diffusers and supplies.
Person in charge: Eric Cech, owner
Year founded: 2004

**BOULDER NATURAL
MEDICINE CLINIC**

2885 Aurora Ave., Suite 29
Boulder, CO 80303
303-447-1339/303-447-1316
www.bouldernatural.com

No. of employees 2012: 1

Services: Naturopathy, acupuncture, nutritional medicine, herbal therapy, complete lab testing, cleansing and detoxification.

Person in charge: Erik Flatland
Year founded: 1998

BOULDER NATUROPATHIC CLINIC

1295 Yellow Pine Ave.
Boulder, CO 80304
303-545-2021/303-545-2003

No. of employees 2012: 2

Services: Natural medicine, family care, naturopathic medicine, traditional Chinese medicine, acupuncture, Qigong.

Person in charge: Nancy Rao, N.D., L.Ac.
Year founded: 1987

CLARK NATURAL MEDICINE

5412 Idylwild Trail
Boulder, CO 80301
303-530-1044/303-530-1517
www.deniseclarknd.com

No. of employees 2012: 1

Services: Areas of focus include: gastrointestinal disorders, fibromyalgia, chronic fatigue, ADHD, pediatric disorder, depression, anxiety, Parkinson's.

Person in charge: Denise Clark, naturopathic doctor
Year founded: 2006

**COLORADO NATURAL
HEALTH CENTER**

921 Main St.
Louisville, CO 80027
303-997-2297
www.coloradonaturalhealthcenter.com

No. of employees 2012: 1

Person in charge: Cheri King, N.D.
Year founded: 2010

**DR. DEAN RAFFELLOK
& ASSOCIATES**

3100 Arapahoe Ave., Suite 202
Boulder, CO 80303
303-541-9019/303-449-4497
www.drdeanraffellok.com

No. of employees 2012: 3

Services: Functional medicine, clinical nutrition, acupuncture, chiropractic, applied kinesiology.

Person in charge: Dean Raffellok, D.C.
Year founded: 1992

EAST-WEST WELLNESS LLC

1148 W. Dillon Road, Suite 1
Louisville, CO 80027
303-554-1600/720-328-8188
www.ewwellness.com

Services: Acupuncture, herbal therapy, massage and board certified in functional nutrition. Specializing in internal medicine: cardiovascular, gastrointestinal, autoimmune, food sensitivity, men/women issues.

Person in charge: Donna Sigmund, R.D., L.A.c., Dipl.OM, C.L.T., FAFM, ABAHP
Year founded: 2004

FULLY ALIVE MEDICINE

3000 Center Green Drive, Suite 130
Boulder, CO 80301
303-404-2232/303-447-2744
www.fullyalivemedicine.com

Services: Chronic disease and pain, holistic gynecology, functional medicine, anti-aging medicine, wellness, prevention, acupuncture, massage, Healing Touch, and medical marijuana evaluations.

Year founded: 2009

HEALTHY MEDICINE ACADEMY LLC

4650 Talbot Drive
Boulder, CO 80303
303-499-1223/303-499-0102
www.healthymedicineacademy.com

Person in charge: Eve Greenberg, M.A., L.P.C., C.T.N., C.N.

Year founded: 2010

**HEALTHY NOW CHIROPRACTIC &
HEALING CENTER**

3434 47th St., Suite 110
Boulder, CO 80301
720-530-3665/720-565-0111
www.healthynowchiropractic.com

No. of employees 2012: 3

Services: Natural allergy elimination, non-force chiropractic, clinical nutrition, custom foot orthotics, body-mind techniques (NET), state of the art four minute workout.

Person in charge: Shelly Ditter

JAY WILSON, CHIROPRACTOR

1455 Yarmouth Ave., Suite 112
Boulder, CO 80304
303-449-7414/303-449-2147

No. of employees 2012: 3

Services: Clinical kinesiology and nutrition.

Person in charge: Jay Wilson, D.C.

Year founded: 1984

JO HANNAH REILLY N.D., LAC.

1416 Elder Ave.
Boulder, CO 80304
303-541-9600/303-938-9402
www.johannahreilly.com

Services: Naturopathic doctor, licensed acupuncturist, Chinese medicine, homeopathy.

Person in charge: JoHannah Reilly, N.D., LAC.

**KATHY THORPE, CERTIFIED
CLASSICAL HOMEOPATH**

840 Pearl St.
Boulder, CO 80302
303-583-0179
www.sixpersimmons.com

Services: Treatment of children's health, ADHD, respiratory problems, allergies, sleep problems, digestion, behavioral issues, women's health, skin disorders, pregnancy, psychological issues.

Person in charge: Kathy Thorpe, M.A., classical homeopath

Year founded: 2005

LYNA NORBERG, DIPL. OM

2919 Valmont Road, Suite 109
Boulder, CO 80301
303-447-3030

No. of employees 2012: 1

Services: Effective health care integrating Eastern wisdom and naturopathic functional medicine since 1989. National Board certified acupuncture and Chinese herbal medicine.

Person in charge: Lyna Norberg, Dipl. O.M.

Year founded: 1989

**NATUREMED CLINIC INTECRATIVE
MEDICINE**

5330 Manhattan Circle, Suite B
Boulder, CO 80303
303-884-7557/303-448-9069
www.naturemedclinic.com

No. of employees 2012: 6

Services: Integrative medical clinic that offers comprehensive health care to adults, elderly and children using natural treatments, alternative and conventional medicine.

Person in charge: Kelly Jacobs Parcell, owner

Year founded: 2004

**PHARMACA INTECRATIVE
PHARMACY**

645 S. Broadway
Boulder, CO 80305
303-867-3400/303-867-3410
www.pharmaca.com

No. of employees 2012: 15

Services: Combines pharmacy services and over-the-counter medications with natural health and beauty products, delivered by licensed health care practitioners.

Person in charge: Barry Perzow, chairman, founder; Mark Panzer, CEO, president

**PHARMACA INTECRATIVE
PHARMACY**

2700 Broadway
Boulder, CO 80304
303-442-0589/303-541-9332
www.pharmaca.com

Services: Combines pharmacy services and over-the-counter medications with natural health and beauty products, delivered by licensed health care practitioners.

Person in charge: Mark Panzer, CEO, president

**PHARMACA INTECRATIVE
PHARMACY**

4940 Pearl East Circle, Suite 301
Boulder, CO 80301
303-442-2304/303-442-4605
www.pharmaca.com

No. of employees 2012: 103

Services: Combines pharmacy services and over-the-counter medications with natural health and beauty products, delivered by licensed health care practitioners.

Person in charge: Mark Panzer, CEO, president

Year founded: 2000

**PHARMACA INTECRATIVE
PHARMACY**

1647 Pearl St.
Boulder, CO 80302
303-442-5164/303-449-1847
www.pharmaca.com

No. of employees 2012: 8

Services: Combines pharmacy services and over-the-counter medications with natural health and beauty products, delivered by licensed health care practitioners.

Person in charge: Mark Panzer, CEO, president
Year founded: 2000

PURE HOMEOPATHY

600 W. Emma St.
Lafayette, CO 80026
303-665-2423
www.purehomeopathy.com

Services: Offers homeopathy treatment for acute and chronic disease, primary care medical needs, weight loss. Also offers massage therapy.

Person in charge: Lisa Amerine, N.D.

Year founded: 2004

**REBECCA'S HERBAL
APOTHECARY AND SUPPLY**

1227 Spruce St.
Boulder, CO 80302
303-443-8878/303-443-8884
www.rebeccasherbs.com

No. of employees 2012: 9

Services: Botanical medicines, tinctures, glycerites, teas, oils, salves, essential oils, salts, baths, hydrosols, steams, dried herbs, waxes, butters, clays, powders, medicine-making tools and supplies.

Person in charge: Rebecca Luna, owner

Year founded: 2004

TARA SKYE GOLDIN, N.D.

2825 Marine St., Suite 203
Boulder, CO 80303
303-443-2206/303 415-2500
www.taraskyegoldin.com

Services: Natural medicine, specializing in women's health care, weight loss, prediabetes reversal, digestive issues, leaky gut, food allergies and pediatrics.

Person in charge: Tara Skye Goldin, N.D.

Year founded: 1993

NEPHROLOGY**WESTERN NEPHROLOGY**

2655 Crescent Drive, Suite D
Lafayette, CO 80026
303-443-4200/303 443-5470
www.westneph.com

WESTERN NEPHROLOGY

1960 Ken Pratt Blvd., Suite B
Longmont, CO 80501
303-776-7759/303-776-3958
www.westneph.com

No. of employees 2012: 3

Person in charge: Sharon Rising, office manager

Year founded: 1997

WESTERN NEPHROLOGY AND METABOLIC BONE DISEASE

2880 Folsom St.
Boulder, CO 80304
303-443-4200/303-443-5470

Services: Nephrology, hypertension, acute and chronic dialysis, transplantation.

Person in charge: Richard K. Halterman

NEUROLOGY**ASSOCIATED NEUROLOGISTS**

1000 Alpine Ave., Suite 180
Boulder, CO 80304
303-449-3566/303-443-4620
No. of employees 2012: 610

COLORADO INSTITUTE FOR NEUROMUSCULAR AND NEUROLOGICAL DISORDERS

2030 Mountain View Ave., Suite 300
Longmont, CO 80501
303-485-3535

No. of employees 2012: 6

NORTHWEST NEUROLOGY PC

90 Health Park Drive, Suite 390
Louisville, CO 80027
303-426-0215/303-426-4003

No. of employees 2012: 3

Services: Treatment of neurological diseases such as multiple sclerosis, dementia, headaches, West Nile and more.

Person in charge: William Wagner, M.D.

Year founded: 1984

NEUROSURGERY**BOULDER HOLISTIC MEDICAL CENTER**

805 S. Broadway, Suite 100
Boulder, CO 80305
303-269-2560/303-494-1841
www.boulderholisticmedicalcenter.org

No. of employees 2012: 5

Services: Family practice and holistic medicine.

Person in charge: Karen Martin, practice manager

Year founded: 2011

BOULDER NEUROSURGICAL & SPINE ASSOCIATES

1155 Alpine Ave., Suite 320
Boulder, CO 80304
303-938-5700/303-998-0007
www.bnasurg.com

Services: Neurosurgical and orthopedic spine care using a range of modern techniques and instrumentation. Surgeons utilize techniques for brain and spine surgery and offer CO2-based laser spine surgery.

Person in charge: Leslie Laws, practice administrator

Year founded: 2001

OBSTETRICS & GYNECOLOGY**AVISTA WOMEN'S CARE**

90 Health Park Drive, Suite 290
Louisville, CO 80027
303-439-8910/303-439-9134
www.awcare.net

No. of employees 2012: 12

BOULDER ABORTION CLINIC

1130 Alpine Ave.
Boulder, CO 80304-3413
303-447-1361/303-447-0020
www.drhem.com

No. of employees 2012: 10

Services: Abortion services.

Person in charge: Warren M. Hern, M.D.

Year founded: 1975

BOULDER GYNECOLOGY AND MINIMALLY INVASIVE SURGERY

4800 Riverbend Road, Suite 200
Boulder, CO 80301
720-382-2621/720-382-2625
www.bouldergynecology.com

No. of employees 2012: 3

Services: Women's health provider.

Person in charge: Lisa Lepine, M.D.

BOULDER MEDICAL CENTER AT AVISTA

80 Health Park Drive, Suite 100
Louisville, CO 80027-4644
303-666-2710/303-673-0438

Year founded: 1949

BOULDER VALLEY WOMEN'S HEALTH CENTER

2855 Valmont Road
Boulder, CO 80301
303-442-5160/303-440-8769
www.boulderwomenshealth.org; www.teenclinic.org

No. of employees 2012: 42

Services: Women's Health provides accessible, confidential and comprehensive gynecological and reproductive healthcare, including sexual health services and education.

Person in charge: Susan B. Levy, executive director

Year founded: 1973

BOULDER WOMEN'S CARE

4745 Arapahoe Ave., Suite 320
Boulder, CO 80303
303-441-0587/303-996-0801
www.boulderwomenscare.com

No. of employees 2012: 31

Services: OB/GYN private practice.

Person in charge: Christine Smith, practice manager

Year founded: 2000

BOULDER WOMEN'S CLINIC

4745 Arapahoe Ave., Suite 110
Boulder, CO 80303
303-444-5110/303-444-7457
www.boulderwomensclinic.com

No. of employees 2012: 12

Services: Gynecology.

Year founded: 1972

CENTENNIAL VALLEY WOMEN'S CLINIC

2687 N. Park Drive, Suite 101
Lafayette, CO 80026
303-673-0777/303-673-9313

Services: Gynecology clinic.

Person in charge: Carolyn Sue Schaffter, M.D.

COLORADO CENTER FOR REPRODUCTIVE MEDICINE

80 Health Park Drive, Avista Two Medical Plaza, Suite 240
Louisville, CO 80027
303-665-0150/303-665-0740
www.colcrrm.com

Services: Infertility/reproductive endocrinology.

Person in charge: William Schoolcraft, M.D., medical director

Year founded: 1987

DR. RITA STANFORD

3000 Pearl St., Suite 209
Boulder, CO 80301
303-443-1243/303-440-3318
www.ritastanford.com

No. of employees 2012: 1

Services: Acupuncture, herbal medicine, NAET and BioSET allergy elimination technique treatments. Treats pain, insomnia, hay fever, fatigue, digestive disorders, menopausal syndrome, PMS.

Person in charge: Rita Stanford, DAOM, Dipl. Ac., Dipl. C.H., L. Ac.

Year founded: 1994

MILESTONE MEDICAL GROUP - FULL CIRCLE HEALTH ASSOCIATES

2030 Mountain View Ave., Suite 400
Longmont, CO 80501
303-682-1112/303-702-5935
www.fullcirclehealth.com

No. of employees 2012: 25

Services: Obstetrics and gynecology.

Year founded: 2012

NATUREMED CLINIC INTEGRATIVE MEDICINE

5330 Manhattan Circle, Suite B
Boulder, CO 80303
303-884-7557/303-448-9069
www.naturemedclinic.com

No. of employees 2012: 6

Services: Integrative medical clinic that offers comprehensive health care to adults, elderly and children using natural treatments, alternative and conventional medicine.

Person in charge: Kelly Jacobs Parcell, owner
Year founded: 2004

PLANNED PARENTHOOD OF THE ROCKY MOUNTAINS BOULDER

2525 Arapahoe Ave., Suite C-200
Boulder, CO 80302
303-447-1040/303-447-2882
www.pprmm.org

Services: Health-care services for women, testing and treatment of STDs for men and women, HIV rapid tests. Medication abortion services also available. Lower cost birth control services.

Person in charge: Ann Firstenberg, health center manager

Year founded: 1970

PLANNED PARENTHOOD OF THE ROCKY MOUNTAINS LONGMONT

195 S. Main St., Suite 8
Longmont, CO 80501-6218
303-772-3600/303-772-4285

www.pprmm.org

No. of employees 2012: 6

Services: Reproductive health and family planning clinic offering services on a sliding fee scale to men, women and teens.

Person in charge: Amy LaRue, health center manager

Year founded: 1916

THAYER GROUP FOR WOMEN'S CARE MD. PC

1155 Alpine Ave., Suite 230
Boulder, CO 80304
303-443-2010/303-443-7882
www.thayermd.com

Services: Comprehensive and compassionate gynecological services. Complete care of women at all stages of life. Particularly knowledgeable in hormonal evaluation and treatment and bleeding issues.

Person in charge: David O. Thayer, M.D.

Year founded: 1985

THE WOMEN'S HEALTH GROUP

6363 W. 120th Ave., Suite 300
Broomfield, CO 80020
303-460-7116
www.whg-pc.com

Year founded: 1992

THE WOMEN'S HEALTH GROUP PC

300 Exempla Circle, Suite 470
Lafayette, CO 80026
303-665-6016/303-665-0121
www.whg-pc.com

Services: Obstetrics and gynecology.

WOMAN TO WOMAN HEALTHCARE

90 Health Park Drive, Suite 190
Louisville, CO 80027
303-673-0224/303-673-0259
www.womantowomanhealthcare.com

No. of employees 2012: 12

Services: A full range of obstetric services is offered, including high risk obstetrical care.

Person in charge: Esther Burke, practice manager

Year founded: 1992

WOMEN'S HEALTH WISE

630 15th Ave., Suite 200
Longmont, CO 80501
303-776-5820/303-776-3302
www.womenshealthwise.com

No. of employees 2012: 8

Services: Obstetrics and gynecology.

Person in charge: Joan Smith, office manager

Year founded: 2002

OCCUPATIONAL MEDICINE**ARBOR OCCUPATIONAL MEDICINE**

290 Nickel St., Suite 200
Broomfield, CO 80020
303-460-9339/303-460-7443
www.arborocmed.com
Services: Occupational medicine.
Person in charge: Rosemary Grewe, clinic manager
Year founded: 1993

ARBOR OCCUPATIONAL MEDICINE

1690 30th St.
Boulder, CO 80301
303-443-0496/303-447-2741
www.arborocmed.com
No. of employees 2012: 50
Services: Treatment of work-related injuries, pre-employment physicals, drug testing, toxicology. Occupational medicine.
Person in charge: Curtis Stepan, CFO, COO
Year founded: 1993

CONCENTRA URGENT CARE

3434 47th St., Suite 100
Boulder, CO 80301
303-541-9090/303-541-9393
www.concentra.com
Services: Occupational health services and urgent care.
Person in charge: Adam Mastroianni, center operations director
Year founded: 1999

OCCUPATIONAL HEALTH SERVICES

1000 W. South Boulder Road, Suite 214
Lafayette, CO 80026
303-926-2665/303-926-2680
www.bch.org/ohs
Services: Occupational medicine and rehabilitation services, board-certified psychiatrist, board-certified internal medicine specialist, post/offer, fit for duty and prevention and educational program.
Person in charge: Alyson White, clinic manager
Year founded: 1987

WORKWELL OCCUPATIONAL MEDICINE LLC

205 S. Main St., Suite C
Longmont, CO 80501
303-702-1612/303-774-7899
www.workwellocmed.com
No. of employees 2012: 19
Services: Workers compensation injury care, physical therapy, ergonomics.
Person in charge: Steve Pottenger, CEO
Year founded: 1997

WORKWELL OCCUPATIONAL MEDICINE LLC

3434 47th Street, Suite 100
Boulder, CO 80301
303-219-5022/303-219-5027
Website: www.workwellocmed.com
Year founded: 2012

ONCOLOGY & HEMATOLOGY**COLORADO CYBERKNIFE CREEK-SIDE CANCER CARE**

120 Old Laramie, Trail E
Lafayette, CO 80026
303-926-9800/303-926-9801
www.coloradocyberknife.com
No. of employees 2012: 16
Services: A non-surgical treatment that uses 3-D imagery to aim multiple radiation beams on a specific location inside the body in order to destroy a tumor.
Person in charge: Lee K. McNeely
Year founded: 2010

HOPE CANCER CARE CENTER

1950 W. Mountain View Ave.
Longmont, CO 80501
303-651-5252/303-678-4889
www.luhcares.org
No. of employees 2012: 10
Year founded: 1995

ROCKY MOUNTAIN CANCER CENTERS

4715 Arapahoe Ave.
Boulder, CO 80303
303-385-2000/303-444-1839
www.rockymountaincancercenters.com
No. of employees 2012: 50
Services: Medical oncology, hematology, genetic counseling.
Year founded: 1983

ROCKY MOUNTAIN CANCER CENTERS

2030 W. Mountain View Ave., Suite 210
Longmont, CO 80501
303-684-1900 /303-684-1925
www.rockymountaincancercenters.com
Services: Medical oncology and hematology.

ORAL & MAXILLOFACIAL SURGERY**BRIDGING YOUR HEALTH INC.**

1068 S. 88th St., Suite A
Louisville, CO 80027
303-938-1161/303-443-6830
www.bridgingyourhealth.com
No. of employees 2012: 4
Services: Facial plastic surgery, repair of facial fractures and complex lacerations, wisdom teeth removal, dental implants, general and preventive dentistry, bone grafting and reconstruction.
Person in charge: Artie Manfredi, director of patient coordination
Year founded: 2012

SQUIRE ORAL, FACIAL & DENTAL IMPLANT SURGERY

1325 Hover St., Suite 101
Longmont, CO 80501
303-772-8585/303-776-4895
www.squireoralsurgery.com
No. of employees 2012: 5
Services: Oral, facial and implant surgery.

ORTHOPEDICS**ALPINE SPINE CENTER**

1155 Alpine Ave., Suite 280
Boulder, CO 80304
303-546-6600/303-546-6500
www.alpinespinecenter.com
No. of employees 2012: 4
Services: Surgical spine practice, specializing in cervical and scoliosis.
Person in charge: Cathleen S. Van Buskirk, M.D.
Year founded: 1997

BOULDER CENTER FOR SPORTS MEDICINE EAST

1000 W. South Boulder Road
Lafayette, CO 80026
303-926-2665/303-926-2688
www.bch.org/sportsmedicine
Services: Evaluation and treatment of sports injuries, orthopedic impairments, post-surgical rehab, running gait analysis.
Person in charge: Jason Amrich, clinic director
Year founded: 2004

BOULDER INSTITUTE FOR SPORTS MEDICINE

3000 Center Green Drive, Suite 150
Boulder, CO 80301
303-449-8807/303-247-1232
www.boulderinstitute.com
Services: Sports medicine, arthroscopic, shoulder and knee surgery, workers' compensation, fracture care.
Person in charge: Joanne Halbrecht, M.D.
Year founded: 1996

BOULDER ORTHOPEDICS

1000 W. South Boulder Road, Suite 218
Lafayette, CO 80026
303-449-2730/303-665-5267
www.boulderorthopedics.com
No. of employees 2012: 57

BOULDER ORTHOPEDICS PC

933 Alpine Ave.
Boulder, CO 80304
303-449-2730/303-449-5821
www.boulderorthopedics.com
No. of employees 2012: 50
Services: Orthopedic.
Person in charge: Colleen Kinlund, administrator
Year founded: 1968

CORNERSTONE ORTHOPEDICS & SPORTS MEDICINE

80 Health Park Drive, Suite 230
Louisville, CO 80027
303-665-2603/303-665-2605
www.cornerstoneorthopedics.com

CU SPORTS MEDICINE

311 Mapleton Ave.
Boulder, CO 80304
303-441-2219/303-441-2230
www.cusportsmed.org
No. of employees 2012: 15
Services: Advanced orthopaedic surgery, rehabilitation medicine, exercise physiology.
Person in charge: Patti McFate
Year founded: 2003

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The expertise to deliver quicker, less painful recovery with wider range of motion possible

SonoSite Ultrasound Technology expert, Dr. Michael Bagley can eliminate the need for an MRI, at 10% of MRI cost



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www.trueorthopedics.com

**FRONT RANCE
ORTHOPEDICS & SPINE**

300 Exempla Circle, Suite 200
Lafayette, CO 80026
720-890-8292
www.frontrangeorthopedics.com

**FRONT RANCE
ORTHOPEDICS & SPINE**

1551 Professional Lane, Suite 200
Longmont, CO 80501
303-772-1600/303-772-9317
www.frontrangeorthopedics.com

No. of employees 2012: 60
Services: Foot and ankle, total joint replacement, spine, sports medicine, upper extremity and hand, all fellowship-trained physicians.
Person in charge: David Demchuk, CEO
Year founded: 1970

JON M. ERICKSON MD, PC

500 Discovery Parkway, Suite 125
Superior, CO 80027
303-926-8734
www.ericksonorthopedics.com

Person in charge: Jon M. Erickson, M.D.

JUSTIN D. GREEN MD.

5277 Manhattan Circle, Suite 100
Boulder, CO 80303
720-304-8154/720-304-8155
www.justingreen.com

Services: Orthopedics, sports medicine, interventional spine care, physical medicine and rehabilitation, acupuncture, EMG-guided botox injections.

Person in charge: Lucretia Sharp, office manager

Year founded: 1997

MAPLETON HILL ORTHOPEDICS

975 North St., Suite 201
Boulder, CO 80304
303-440-7941/303-440-7586
www.mapletonhill.com

No. of employees 2012: 20
Year founded: 1984

**ORTHOPEDIC PROFESSIONAL
ASSOCIATION**

80 Health Park Drive, Suite 270
Louisville, CO 80027
303-665-0286/303-666-5112
www.orthopro.com

Year founded: 1990

SPINE WEST

5387 Manhattan Circle, Suite 200
Boulder, CO 80303
303-494-7773/303-494-1104
www.spinewest.com

Services: Physical medicine and rehabilitation clinic that treats more than just spine. Board-certified providers offer advanced non-surgical care for all nerve, muscle and bone issues.

Person in charge: Cliff Gronseth, M.D., Spine West founder; Zac Robison, administrator
Year founded: 2001

**THE HAND CENTER/ KELLEY
WEAR, MD.**

80 Garden Center, Suite 223
Broomfield, CO 80020
303-9577116/720-536-5725
www.handcentercolorado.com

No. of employees 2012: 4

Services: Experts in the care and rehabilitation of the hand and wrist; hand surgery.

Year founded: 2009

**THE HAND CENTER/ KELLEY
WEAR, MD.**

4745 Arapahoe Blvd., No. 140
Boulder, CO 80301
303-957-7116/720-536-5725
www.handcentercolorado.com

No. of employees 2012: 4

Services: Experts in the care and rehabilitation of the hand, and wrist; hand surgery.

Year founded: 2009

OSTEOPATHIC MEDICINE**BOULDER OSTEOPATHIC CENTER**

2150 Pearl St.
Boulder, CO 80302-4525
303-444-8337/303-444-8393
www.boulderdo.com

No. of employees 2012: 4

Services: Osteopathic manipulation, medical acupuncture, homeopathy, massage therapy, Feldenkrais.

Person in charge: Sharon Stanley, D.O.; Keith Suan, D.O.

Year founded: 1986

**FLATIRONS PRIMARY CARE
AND SPORTS MEDICINE**

777 29th St., Suite 301
Boulder, CO 80303
303-440-8243
www.flatironshealth.com

No. of employees 2012: 6

Person in charge: Stanley K. Jack, D.O.

Year founded: 2007

**HEALTHY Z OSTEOPATHIC
FAMILY MEDICINE**

693 S. Broadway Suite E
Boulder, CO 80305
720-259-4609

No. of employees 2012: 2

Year founded: 2001

TRUE ORTHOPEDICS

400 W. 144th Ave., Suite 230
Westminster, CO 80023
303-469-6790/303-469-6794

Website: www.trueorthopedics.com

Person in charge: Michael C. Bagley, D.O.

OTOLARYNGOLOGY**PEAK ENT AND VOICE CENTER**

403 Summit Blvd., Suite 204
Broomfield, CO 80021
720-401-2139
www.peakentandvoicecenter.com

No. of employees 2012: 7

Services: Treats ear, nose and throat disorders and a variety of complex laryngeal, tracheal and esophageal disorders in adults and children. Specializes in voice conditions and treatments.

Person in charge: Michael J. King, M.D.

Year founded: 2011

PAIN MANAGEMENT**ALTA PHYSICAL THERAPY AND
PILATES**

2955 Baseline Road
Boulder, CO 80303
303-444-8707/303-444-8109
www.altatherapies.com

No. of employees 2012: 18

Services: Orthopedic and sports physical therapy, Pilates for rehab and fitness.

Person in charge: Jane M. Milliff

Year founded: 1990

**BOULDER COMMUNITY HOSPITAL
MAPLETON CENTER**

311 Mapleton Ave.
Boulder, CO 80304
303-441-0492/303-441-2166
www.bch.org

No. of employees 2012: 50

Services: Adult and pediatric outpatient rehabilitation including hand therapy, pain management, brain injury, neurological and orthopedic, women's health, therapeutic pool.

Person in charge: Virginia Carducci, director of rehabilitation services

Year founded: 1925

**COLORADO FIBROMYALGIA
CENTER**

380 Empire Road
Lafayette, CO 80026
303-604-2660/303-604-2665
www.coloradofibromyalgia.com

Services: Physical medicine, pain management, chiropractic, physical therapy, orthopedic massage, acupuncture, clinical counseling, spinal decompression therapy, clinical nutrition, injections.

Person in charge: Megan Moon, D.C.

Year founded: 2004

CREEKSIDE PHYSICAL MEDICINE

5387 Manhattan Circle, Suite 201
Boulder, CO 80303
303-494-2705
www.theheadachecenter.info

Services: Physical medicine with an emphasis on pain and headache management.

Person in charge: David Tanner, D.O.; Alex Reish, D.O.

DIMENSIONS PAIN MANAGEMENT

80 Health Park Drive, Suite 50
Louisville, CO 80027
303-661-4100/303-269-2094
www.dimensionspainmanagement.com

No. of employees 2012: 4

Services: Physician pain management service, physical therapy, occupational therapy, massage therapy, acupuncture.

Person in charge: Jeff Wagenaar, director

Year founded: 2009

DR. RITA STANFORD

3000 Pearl St., Suite 209
Boulder, CO 80301
303-443-1243/303-440-3318
www.ritastanford.com

No. of employees 2012: 1

Services: Acupuncture, herbal medicine, NAET and BioSET allergy elimination technique treatments. Treats pain, insomnia, hay fever, fatigue, digestive disorders, menopausal syndrome, PMS.

Person in charge: Rita Stanford, DAOM, Dipl. Ac., Dipl. C.H., L. Ac.

Year founded: 1994

FULLY ALIVE MEDICINE

3000 Center Green Drive, Suite 130
Boulder, CO 80301
303-404-2232/303-447-2744
www.fullyalivemedicine.com

Services: Chronic disease and pain, holistic gynecology, functional medicine, anti-aging medicine, wellness, prevention, acupuncture, massage, Healing Touch, and medical marijuana evaluations.

Year founded: 2009

**HOSPICECARE OF BOULDER
AND BROOMFIELD COUNTIES**

2594 Trailridge Drive E
Lafayette, CO 80026
303-449-7740/303-604-5393
www.hospicecareonline.org

Services: Care for those who are seriously ill and their families. Programs include hospice, palliative home health, along with grief and education.

Person in charge: Darla Schueth, president, CEO

Year founded: 1976

**HOSPICECARE OF BOULDER
AND BROOMFIELD COUNTIES**

1855 Plaza Drive
Louisville, CO 80027
303-449-7740
www.hospicecareonline.org

Services: Dedicated in-patient facility offers around the clock hospice intensive care and homelike amenities.

Person in charge: Darla Schueth, president, CEO
Year founded: 1976

**INTEGRATIVE TREATMENT
CENTERS**

10835 N. Dover St., Suite 800
Broomfield, CO 80021
303-487-0932/303-487-0934
www.danielbennettmd.com

Services: Provides comprehensive pain and spine diagnostic, treatment and management services.

Person in charge: Daniel S. Bennett, M.D.
Year founded: 1996

PHILIP D. SUTTON PH.D.

595 Canyon Blvd.
Boulder, CO 80302
720-406-0400/303-444-7371
www.philipsuttonphd.com

No. of employees 2012: 1**Services:** Psychological evaluation and treatment.**Year founded:** 1983**RICHARD WESLEY L.P.C.**

2975 Valmont Road, Suite 310
Boulder, CO 80301
303-652-9151

www.networktherapy.com/rwesley**No. of employees 2012:** 1**Services:** Free initial consultation. Insurance accepted. Get the support you need to create the life you want to live.**Person in charge:** Richard Wesley, L.P.C.**Year founded:** 2002**ROCKY MOUNTAIN CENTER FOR
ADVANCED MEDICINE**

4790 Table Mesa Drive, Suite 202
Boulder, CO 80305-5660
303-444-0840/303-444-0838

www.rmcam.com**Services:** Holistic medicine and acupuncture.**Person in charge:** Jessica Brock, practice manager**Year founded:** 2006**ROSE SPOSITO, L.A.C.**

2500 30th St., Suite 200
Boulder, CO 80301
303-579-2100

Services: A gentle approach with acupuncture and zero balancing, body work, dedicated to deep transformational healing for the body, mind and spirit.**Person in charge:** Rose Sposito, L.A.C.**Year founded:** 2000**THE SHELL CENTER**

630 15th Ave., Suite 104
Longmont, CO 80501
303-772-3698/303-772-3707

www.theshellcenter.com**Services:** Osteopathic manipulative medicine, bioidentical hormone replacement therapy, integrative medicine, women's health, Botox, massage therapy, Pilates. Pain management.**Person in charge:** Michael G. Shell, D.O.**Year founded:** 1994**TRIPNURSE LLC**

1609 Cottonwood Drive
Louisville, CO 80027
303-460-8416

www.tripnurse.com**Services:** Private duty nursing care, travel medical escort/companion, relocation, local non-emergency transport, outpatient procedures. Post-op recovery, neurological disease care, long hours/hospice support.**Person in charge:** Suzanne Brandler, R.N.**Year founded:** 2006**PATHOLOGY****BOULDER VALLEY PATHOLOGY**

1100 Balsam Ave.
Boulder, CO 80304
303-440-2320/303-440-2394
Services: Pathology.

**CENTER FOR STUTTERING
THERAPY INC.**

6610 Gunpark Drive E., Suite 103
Boulder, CO 80301
303-530-9191

www.coloradostutteringtherapy.com**No. of employees 2012:** 2**Services:** Comprehensive diagnosis and treatment of stuttering in children and adults.**Person in charge:** Mary Wallace, owner**Year founded:** 1992**QUEST DIAGNOSTICS INC.**

2130 Mountain View, Suite 208
Longmont, CO 80501
303-682-9322/303-684-8103

www.questdiagnostics.com**No. of employees 2012:** 1**Services:** Diagnostic testing.**PEDIATRICS****ARVADA PEDIATRIC ASSOCIATES**

3830 W. 121st Place
Broomfield, CO 80020
303-410-8041/303-410-8044
www.arvadapedcs.com

No. of employees 2012: 25**Services:** Pediatric clinic.**Person in charge:** John Gordon, practice manager**Year founded:** 1999**BOULDER MEDICAL
CENTER AT AVISTA**

80 Health Park Drive, Suite 100
Louisville, CO 80027-4644
303-666-2710/303-673-0438

Year founded: 1949**BROOMFIELD PEDIATRICS
AND INTERNAL MEDICINES**

3301 W. 144th Ave., Suite 200
Broomfield, CO 80023
303-438-5522/303-438-5686

www.bfpim.com**No. of employees 2012:** 15**Services:** Pediatric and internal medicine newborn through adults.**Person in charge:** Cyndi Kremer, practice manager**Year founded:** 2000**CENTENNIAL VALLEY PEDIATRICS**

400 S. McCaslin Blvd., Suite 103
Louisville, CO 80027
303-666-7337/303-666-7379

www.cvpeds.com**No. of employees 2012:** 26**Services:** Comprehensive health care for pediatric patients ages 0-21 years.**Person in charge:** Ellen Boyd, administrator**Year founded:** 1981**CORNERSTONE PEDIATRIC
ASSOCIATES PC**

90 Health Park Drive, Suite 160
Louisville, CO 80027
303-673-9030/303-604-1095
www.cornerstonepeds.com

No. of employees 2012: 25**Services:** Pediatric clinic.**Year founded:** 1992**DR. RITA STANFORD**

3000 Pearl St., Suite 209
Boulder, CO 80301
303-443-1243/303-440-3318
www.ritastanford.com

No. of employees 2012: 1**Services:** Acupuncture, herbal medicine, NAET and BioSET allergy elimination technique treatments. Treats pain, insomnia, hay fever, fatigue, digestive disorders, menopausal syndrome, PMS.**Person in charge:** Rita Stanford, DAOM, Dipl. Ac., Dipl. C.H., L. Ac.**Year founded:** 1994**FLATIRONS PEDIATRIC CLINIC**

90 Health Park Drive, Suite 200
Louisville, CO 80027
303-673-9001

No. of employees 2012: 4**LAFAYETTE PEDIATRICS
AND INTERNAL MEDICINE**

300 Exempla Circle, Suite 420
Lafayette, CO 80026
720-565-6101/314-536-8764
www.lafayettemedpeds.com

Services: Focuses on childhood illnesses as well as the range of health-care issues for adults.**Person in charge:** Adam Palazzari, M.D.**Year founded:** 2011**POSITIVE THERAPEUTIC
BEGINNINGS**

1139 W. Enclave Circle
Louisville, CO 80027
303-898-9339/303-898-9339

No. of employees 2012: 1**Services:** Pediatric occupational therapy. Feeding therapy.**Person in charge:** Judy Delaware**Year founded:** 2005**THE PEDIATRICS CENTER**

4745 Arapahoe Ave., Suite 310
Boulder, CO 80303
303-442-2913/303-442-7635

www.thepediatriccenter.net**Services:** Primary pediatric care.**Person in charge:** Judy Dietz, administrator**Year founded:** 1981**PHYSICAL THERAPY,
REHABILITATION AND
SPORTS MEDICINE****40PLUS FITNESS AND HEALTH LLC**

765 Poplar Ave.
Boulder, CO 80304
303-413-1239/303-954-0993
www.40plusfitnessandhealth.com

No. of employees 2012: 2**Services:** Integrative medicine health coach, movement and yoga therapy, nutrition and weight management for individuals over 40 years old.**Person in charge:** Robin Saltonstall, Ph.D.**Year founded:** 1989**ACTIVE SOLUTIONS
PHYSICAL THERAPY**

4150 Darley Ave., Suite 8
Boulder, CO 80305
303-494-4100/303-494-0212
www.activesolutionspt.com

Services: Physical therapy, Feldenkrais.**Person in charge:** Olaf Deroos, P.T., M.H.Sc., M.T.C.**Year founded:** 1999**ALPHA REHABILITATION PLLC**

1690 30th St.
Boulder, CO 80301
303-447-8105/303-447-2741
www.alpha-rehabilitation.com

No. of employees 2012: 20**Services:** Physical therapy, outpatient orthopedics, dry needling, McKenzie back therapy, work-related injuries, Pilates.**Person in charge:** Curtis Stepan, CFO**Year founded:** 1997**ALPHA REHABILITATION PLLC**

290 Nickel St., Suite 200
Broomfield, CO 80020
303-460-9151/303-460-7443
www.alpha-rehabilitation.com

No. of employees 2012: 10**Services:** Physical therapy, outpatient orthopedics, dry needling, Pilates.**Person in charge:** Curtis Stepan, CFO**Year founded:** 1997**ALTA PHYSICAL THERAPY
AND PILATES**

2955 Baseline Road
Boulder, CO 80303
303-444-8707/303-444-8109
www.altatherapies.com

No. of employees 2012: 18**Services:** Orthopedic and sports physical therapy, Pilates for rehab and fitness.**Person in charge:** Jane M. Milliff**Year founded:** 1990

**ANCHOR PHYSICAL THERAPY
SPINE AND SPORTS MEDICINE PC**

340 E. First Ave., No. 100
Broomfield, CO 80020
303-460-0329/303-460-0387
www.anchorpt.com

No. of employees 2012: 14
Services: Orthopedics, sports medicine, cert. hand therapy, manual therapy techniques, one-on-one treatment sessions. Sports performance and injury prevention.
Person in charge: Robin Braden, president
Year founded: 2003

APEX PHYSICAL THERAPY

54 Garden Center
Broomfield, CO 80020
303-465-0084/303-465-0584
www.apexptco.com

No. of employees 2012: 5
Services: Physical therapy, dry needling.
Person in charge: Mara Lynn Lund, owner
Year founded: 2006

AVANTI THERAPY

5350 Manhattan Circle, Suite 100
Boulder, CO 80303
303-543-1201/303-543-1206
www.avantitherapy.com

Services: Orthopedic, cancer, scoliosis and Parkinson's therapy, craniosacral, deep-tissue mobilization, Pilates and movement therapy, myofascial release, trigger point needling, kinesiotaping, low-level laser.
Year founded: 2008

AVISTA THERAPY CENTER

80 Health Park Drive, Suite 50
Louisville, CO 80027
303-673-1240/303-673-1245
www.avistahosp.org

Services: Adult physical, occupational and speech therapy. Sports medicine, ortho-manual therapy, dry needling.
Person in charge: Jeff Wagenaar, P.T.
Year founded: 1994

BODY DYNAMICS

2660 Canyon Blvd., Suite A4
Boulder, CO 80302
303-440-5776/303-546-0020
www.bodydynamics.net

No. of employees 2012: 10
Services: Pilates, yoga, physical therapy, personal training, massage, Fitball, Bosu, Smart Bells, Body Bar, core training and sports rehab.
Person in charge: Lindsay Ross, co-owner; Wendy McClure, co-owner
Year founded: 1998

BODYWISE PHYSICAL THERAPY

713 Pearl St.
Boulder, CO 80302
303-444-2529/303-444-2563
www.bodywisept.com

No. of employees 2012: 6
Services: Physical therapy.
Person in charge: Ann Hodel, M.S.P.T.
Year founded: 1999

**BOULDER CENTER
FOR SPORTS MEDICINE**

311 Mapleton Ave.
Boulder, CO 80304
303-544-5700/303-544-5710
www.bch.org/sportsmedicine

Services: Family practice, orthopedic, physical therapy, massage, fitness classes, bio-mechanics testing, physiology testing, nutrition, coaching, and occupational health physical therapy.
Person in charge: Jason Amrich P.T., O.C.S., C.S.C.S., administrative director
Year founded: 1998

**BOULDER CENTER
FOR SPORTS MEDICINE EAST**

1000 W. South Boulder Road
Lafayette, CO 80026
303-926-2665/303-926-2688
www.bch.org/sportsmedicine

Services: Evaluation and treatment of sports injuries, orthopedic impairments, post-surgical rehab, running gait analysis.
Person in charge: Jason Amrich, clinic director
Year founded: 2004

**BOULDER COMMUNITY HOSPITAL
MAPLETON CENTER**

311 Mapleton Ave.
Boulder, CO 80304
303-441-0492/303-441-2166
www.bch.org

No. of employees 2012: 50
Services: Adult and pediatric outpatient rehabilitation including hand therapy, pain management, brain injury, neurological and orthopedic, women's health, therapeutic pool.
Person in charge: Virginia Carducci, director of rehabilitation services
Year founded: 1925

BOULDER MANOR

4685 E. Baseline Road
Boulder, CO 80303
303-494-0535/303-494-0162

No. of employees 2012: 160
Services: Progressive-care center, rehabilitation services, wound therapy.
Year founded: 1960

**BOULDER ORTHOPEDICS
PHYSICAL THERAPY**

1000 Alpine Ave., Suite 211
Boulder, CO 80304
303-417-1277/303-417-1311
www.boulderorthopedics.com

No. of employees 2012: 5
Services: Orthotics, visceral, musculoskeletal injuries, orthopedics, sports injuries, core stabilization, spine. Pilates.
Person in charge: April Smith, P.T.
Year founded: 1968

BOULDER PHYSICAL THERAPY

2750 Broadway
Boulder, CO 80304
303-440-3034/303-440-3294

BOULDERBODYWORKS

3020 Carbon Place, Suite 330
Boulder, CO 80301
303-444-2739/303-444-2704
www.boulderbodyworks.com

No. of employees 2012: 12
Services: Pilates, massage, yoga, manual therapy.
Person in charge: Renee Beshures, C.M.T.; David B. Schwartz, C.M.T., C.N.M.T.; Elizabeth McClain, C.M.T.
Year founded: 1992

**BROOMFIELD SKILLED NURSING
& REHABILITATION CENTER**

12975 Sheridan Blvd.
Broomfield, CO 80020
303-785-5800/303-785-5801
www.broomfieldnursingcenter.com

Person in charge: Jonathon Dougherty, director
Year founded: 2002

**COAL CREEK
PHYSICAL THERAPY LLC**

315 South Boulder Road, No. 100
Louisville, CO 80027
303-666-4151/303-666-4166
www.coalcreekpt.com

No. of employees 2012: 10
Services: Sports, orthopedic, spine, auto, work injury, knee, ankle, shoulder, neck, low back, hip, orthotics, headaches, women's health, incontinence TMJ, vertigo, trauma and PTSD, chronic pain, post cancer.
Person in charge: Julie Byrt, executive director
Year founded: 2000

COLORADO HEALTHQUEST

842 Laurel Ave.
Boulder, CO 80303
303-402-9088/303-402-9092
www.coloradohealthquest.com

Services: Holistic physical therapy clinic; physical therapy, craniosacral therapy, visceral manipulation.
Person in charge: Maureen Rimar, owner
Year founded: 1996

**COLORADO PHYSICAL
THERAPY INSTITUTE**

300 Nickel St., No. 6
Broomfield, CO 80020
303-460-9129/303-469-2324
www.coloradopt.com

No. of employees 2012: 17
Services: Sports, work injuries, pre- and post-surgical orthopedics, neck and spine care, headaches, TMD, Diabetic neuropathy, hand therapy, repetitive motion injuries, pediatric orthopedics.
Person in charge: Roger Rettig, owner, director
Year founded: 1987

**COLORADO THERAPEUTIC
RIDING CENTER INC.**

11968 Mineral Road
Longmont, CO 80504
303-652-9131/303-652-2072
www.ctrcinc.org

No. of employees 2012: 13
Services: Therapeutic horseback riding and equine-assisted activities for people with special needs; all-abilities and summer camps.
Person in charge: Carol Heiden, executive director
Year founded: 1980

CONCENTRA URGENT CARE

3434 47th St., Suite 100
Boulder, CO 80301
303-541-9090/303-541-9393
www.concentra.com

Services: Occupational health services and urgent care.
Person in charge: Adam Mastroianni, center operations director
Year founded: 1999

**CORNERSTONE ORTHOPEDICS
& SPORTS MEDICINE**

80 Health Park Drive, Suite 230
Louisville, CO 80027
303-665-2603/303-665-2605
www.cornerstoneorthopedics.com

DR. GARRET ROCK D.C.

380 Empire Road
Lafayette, CO 80026
303-604-2660/303-604-2665
www.ssrehabcenter.com

Services: Sports chiropractic.
Person in charge: Garret Rock, D.C.
Year founded: 2004

**DR. STEPHEN WALKER - HEALTH,
SPORT & PERFORMANCE AS-
SOCIATES**

5829 Niwot Road
Longmont, CO 80503-8828
303-530-4439/303-530-0661
www.drstephenwalker.com

Services: Counseling and psychotherapy, sport and performance enhancement consultation.
Person in charge: Stephen Walker, Ph.D.
Year founded: 1991

**FLATIRONS PRIMARY CARE
AND SPORTS MEDICINE**

777 29th St., Suite 301
Boulder, CO 80303
303-440-8243
www.flatironshealth.com

No. of employees 2012: 6
Person in charge: Stanley K. Jack, D.O.
Year founded: 2007

**FORM AND FITNESS PHYSICAL
THERAPY LLC**

13606 Xavier Lane, Unit C
Broomfield, CO 80023
303-404-9494/303-404-2252
www.formandfitnesspt.com

No. of employees 2012: 5
Services: Sports medicine, manual therapy techniques, post-surgical recovery.
Person in charge: Brian Forman, M.S.P.T.
Year founded: 2004

FUNCTIONAL FITNESS & WELLNESS CENTER

2868 30th St.
Boulder, CO 80301
303-440-1440
www.functionalfitnessusa.com

No. of employees 2012: 18

Services: Personal training center, small membership, therapeutic massage, structural integration, rolfing, ashatsu, physical therapy, body work. Muscle activation technique.

Person in charge: Sam Iannetta, founder, master trainer

Year founded: 2002

IMPACT SPORTS MEDICINE PC

300 Summit Blvd.
Broomfield, CO 80021
303-446-2200/303-446-2201
www.impactsportsmed.com

No. of employees 2012: 1

Services: Orthopedics, sports medicine, orthotic management, bike fit, video gait analysis, golf fit.

Year founded: 2005

IMPACT SPORTS PERFORMANCE

11575 Main St., Suite 100
Broomfield, CO 80020
303-467-2288
www.impactsport.org

No. of employees 2012: 7

Services: Sports training, sports medicine, massage therapy, physical therapy.

Year founded: 2005

IN MOTION REHABILITATION

2775 Pearl St., Suite 201
Boulder, CO 80302
303-247-0687/303-545-9369

No. of employees 2012: 4

Year founded: 1998

IYENGAR YOGA CENTER OF BOULDER/BOULDER YOGA

2299 Pearl St., Suite 6
Boulder, CO 80302
303-444-9642
www.boulderyoga.com

Services: Iyengar yoga studio offering general classes for all levels and therapeutics weekday classes. Anatomy education seminars.

Person in charge: Seaph and Laura Antelmi

Year founded: 1991

JULIE A. STAPLETON M.D.

5277 Manhattan Circle, Suite 100
Boulder, CO 80303
303-499-9950/720-304-8155
www.juliestapletonmd.com

No. of employees 2012: 1

Services: Physical medicine and rehabilitation.

Person in charge: Julie A. Stapleton, M.D.

Year founded: 1990

JUSTIN D. GREEN M.D.

5277 Manhattan Circle, Suite 100
Boulder, CO 80303
720-304-8154/720-304-8155
www.justingreen.com

Services: Orthopedics, sports medicine, interventional spine care, physical medicine and rehabilitation, acupuncture, EMG-guided botox injections.

Person in charge: Lucretia Sharp, office manager

Year founded: 1997

LYONS PHYSICAL THERAPY INC.

435 High St.
Lyons, CO 80540
303-823-8813/303-823-2355

No. of employees 2012: 6

Services: Physical therapy; back pain, headaches, car accidents, sports injuries, ortho surgeries, hand therapy.

Person in charge: Bronwyn Muldoon, R.P.T.

Year founded: 1999

MANORCARE HEALTH SERVICES OF BOULDER

2800 Palo Parkway
Boulder, CO 80301
303-440-9100/303-440-9251
www.hcr-manorcare.com

Services: Skilled nursing 24/7.

Person in charge: Julie Nash

MARLENES YOGA & SOMATIC PROCESSING

2412 Bristol St.
Superior, CO 80027
303-543-9150

Services: A unique and individualized use of intuitive yoga, spinal rehabilitation, and somatic processing. The Prinzing Method is 80% unwinding/indirect work and 20% corrective/direct work.

Person in charge: Marlene Marie Prinzing, yoga teacher, body psychotherapist

Year founded: 1984

MEDICALLY BASED FITNESS AT GOLDEN WEST

1055 Adams Circle
Boulder, CO 80303
303-939-0591/303-939-0882
www.medfit.net

No. of employees 2012: 3

MEDICALLY BASED FITNESS IN BOULDER

1690 30th St.
Boulder, CO 80305
303-447-2873/303-447-2741
www.medfit.net

Services: Physical therapy and supervised exercise programs for all populations: specialized programs for aging, medically complex and chronic disease.

Person in charge: Curt Stepan, CFO

Year founded: 1996

MEDICALLY BASED FITNESS IN LONGMONT

275 S. Main St., Suite 206
Longmont, CO 80501
303-682-2440/303-682-0229
www.medfit.net

Services: Physical therapy and supervised exercise programs for all populations: specialized programs for aging, medically complex and chronic disease.

Person in charge: Deb Orent

Year founded: 1996

NORTH BOULDER PHYSICAL THERAPY

3000 Center Green Drive, Suite 110
Boulder, CO 80301
303-413-9903/303-447-3390
www.northboulderpt.com

No. of employees 2012: 26

Services: Sports, orthopedic, auto, work injury, Pilates, knee, ankle, shoulder, incontinence, braces, orthotics, women's health, TMJ, vertigo.

Person in charge: Debra Layne, owner

Year founded: 1979

NORTH BOULDER PILATES

3000 Center Green Drive, Suite 140
Boulder, CO 80301
303-413-3496/303-413-9907
www.northboulderpilates.com

No. of employees 2012: 6

Services: Pilates Osteoporosis and Osteopenia classes. Pilates with an emphasis on a safe, fun, effective exercise program for medical problems. Home programs, mat classes and reformer/equipment classes.

Person in charge: Debra Layne, owner

Year founded: 2007

PACE WEST PHYSICAL THERAPY

1800 30th St., Suite 215
Boulder, CO 80301
303-546-9201/303-545-5080
www.pacewestpt.com

No. of employees 2012: 8

Services: Evidence-based manual therapy and therapeutic exercise, sports medicine, yoga therapeutics, clinical massage, ergonomic assessments. Trigger point dryneedling.

Year founded: 1995

PARADIGM PHYSICAL THERAPY LLC

380 Empire Road, Suite 230
Lafayette, CO 80026
720-890-1091/720-890-1098
www.parapt.com

No. of employees 2012: 12

Services: Manual therapy, trigger point dry needling, massage therapy and Pilates, used to treat a wide variety of orthopedic and spine injuries.

Person in charge: Bo Richardson, physical therapist

Year founded: 2003

PEAK FORM PHYSICAL THERAPY

805 S. Broadway, Suite 201
Boulder, CO 80305
303-402-9283/303-494-1251
www.peakformpt.com

No. of employees 2012: 3

Services: Sports medicine, post-surgical rehabilitation, hand injuries, motor vehicle accidents, work-related injuries, spine care, postural screening, sports-specific programs.

Person in charge: Jeanette Hrubes, P.T.

Year founded: 2003

PHYSICAL THERAPY OF BOULDER

3020 Carbon Place, Suite 330
Boulder, CO 80301
303-938-1141/303-938-1311
www.ptofboulder.com

No. of employees 2012: 10

Services: Orthopedic physical therapy, specializing in spine and sports medicine.

Year founded: 2000

PHYSIOTHERAPY ASSOCIATES

1551 Professional Lane, Suite 145
Longmont, CO 80501
720-494-3290/720-494-3294
www.physiocorp.com

Services: Orthopedic and sports therapy, hand therapy, spine injuries, custom splinting and orthotics, osteoporosis program, pool therapy, post-operative care.

Person in charge: Chantal McDonald, facility director

Year founded: 2002

PHYSIOTHERAPY ASSOCIATES

5760 W. 120th Ave., Suite 200
Broomfield, CO 80020
303-466-6463/303-466-1250
www.physiocorp.com

Services: Orthopedic and sports physical therapy, spine rehabilitation, osteoporosis program, post-operative care, TMJ dysfunction.

Person in charge: Dinell Jacobson, P.T., facility director

Year founded: 2000

PHYSIOTHERAPY ASSOCIATES

2935 Baseline Road, Suite 102
Boulder, CO 80303
303-247-0028/303-247-0826
www.physiocorp.com

Services: Physical therapy, sports medicine, oncology rehabilitation, Pilates, personal training.

Person in charge: Corrine Morris

Year founded: 1992

PILATES FOR LIFE

734 Tenacity Drive, Unit A
Longmont, CO 80504
303-532-3362/303-532-3362
www.pilatesforlifeprospect.com

No. of employees 2012: 1

Services: Private sessions, small-group equipment and mat classes, wheelchair accessible, insurance and rehab clients, all ages.

Person in charge: Claudia K Miller, president, CEO

Year founded: 2003

PINNACLE PHYSICAL THERAPY AND PILATES

3434 47th St., Suite 107
Boulder, CO 80301
303-440-7078/303-440-7242
www.pinnaclephysicaltherapyboulder.com

No. of employees 2012: 5

Services: Specialize in back pain relief using innovative treatments.

Person in charge: Kristie Bennett, P.T., M.S., C.L.T.

Year founded: 1999

POWER ADVANCED ATHLETE HEALTH CENTER

421 21st Ave., Suite 40
Longmont, CO 80501
303-776-5520/303-776-5522
www.athletepowers.com

No. of employees 2012: 5

Person in charge: Timothy Ray, D.C.

Year founded: 1980

RADIANT RUNNING

4586 N. 95th St.
Lafayette, CO 80026
303-499-2062
www.radiantrunning.com

Services: Injury rehabilitation and prevention. Sports movement specialist with focus on running form and technique correction, postural correction.

Person in charge: Douglas Wisoff, P.T.

Year founded: 1996

ROBIN SALTONSTALL PH.D.

765 Poplar Ave.
Boulder, CO 80304
303-413-1239
www.40plusfitnessandhealth.com

No. of employees 2012: 1

Services: Integrative medicine health specialist, integrative health coaching, biomechanical and postural analysis, physical rehabilitation, yoga therapeutics.

Person in charge: Robin Saltonstall, Ph.D.

Year founded: 1991

ROCK CREEK SPINE AND PHYSICAL THERAPY

413 Summit Blvd., Suite 101, 102
Broomfield, CO 80021
303-499-6565/303-499-8585
www.rockcreekpilates.com

No. of employees 2012: 20

Services: Physical therapy, Pilates rehabilitation, chiropractic, massage therapy.

Person in charge: Ryan Groelz, D.C.; Melissa Groelz, M.D.

Year founded: 2003

ROCKY MOUNTAIN CENTER FOR ADVANCED MEDICINE

4790 Table Mesa Drive, Suite 202
Boulder, CO 80305-5660
303-444-0840/303-444-0838
www.rmcam.com

Services: Holistic medicine and acupuncture.

Person in charge: Jessica Brock, practice manager

Year founded: 2006

ROSEMARY HEGARTY PT.

375 28th St.
Boulder, CO 80305
303-499-4602
www.rosemaryhegarty.com

No. of employees 2012: 1

Services: Manual therapy for spinal and extremity issues. Also certified canine physical therapist.

Person in charge: Rosemary Hegarty, P.T.

Year founded: 1987

RPT ASSOCIATES

5377 Manhattan Circle, Suite 202
Boulder, CO 80303
303-442-0621/303-442-8218

No. of employees 2012: 4

Services: Physical therapy.

Year founded: 1987

SOMA PHYSICAL THERAPY INC.

3020 Carbon Place, Suite 101
Boulder, CO 80302
303-440-3359/303-545-9527
www.somapt.com

No. of employees 2012: 13

Services: Physical therapy, massage therapy, exercise physiology, Pilates, yoga.

Person in charge: Julie Griffin

Year founded: 1993

SPINE WEST

5387 Manhattan Circle, Suite 200
Boulder, CO 80303
303-494-7773/303-494-1104
www.spinewest.com

Services: Physical medicine and rehabilitation clinic that treats more than just spine. Board-certified providers offer advanced non-surgical care for all nerve, muscle and bone issues.

Person in charge: Cliff Gronseth, M.D., Spine West founder; Zac Robison, administrator

Year founded: 2001

SYNAPSE PHYSICAL THERAPY

11575 Main St., Suite 100
Broomfield, CO 80020
303-467-2288 ext. 2/303-410-0100
www.synapsept.com

No. of employees 2012: 12

Services: Located inside Impact Sports Performance.

Person in charge: Michael Keating; Jamie Heiner

Year founded: 2005

THE THERAPY CENTER

1330 Sunset St.
Longmont, CO 80501
303-776-0333/303-776-0107
www.mytherapycenteronline.com

No. of employees 2012: 6

Services: Physical therapy, sports medicine, orthopedics, massage therapy.

Person in charge: Patricia Vickland, D.P.T., M.A.

Year founded: 1986

WALDRON'S PEAK PHYSICAL THERAPY PC

5387 Manhattan Circle, Suite 100 A
Boulder, CO 80303
303-543-7878/303-543-7676
www.waldronspt.com

No. of employees 2012: 12

Services: Manual therapy, orthopedics, sports medicine, general physical therapy.

Person in charge: Audrey Waldron, owner

Year founded: 2002

WORKWELL OCCUPATIONAL MEDICINE LLC

205 S. Main St., Suite C
Longmont, CO 80501
303-702-1612/303-774-7899
www.workwellocmed.com

No. of employees 2012: 19

Services: Workers compensation injury care, physical therapy, ergonomics.

Person in charge: Steve Pottenger, CEO

Year founded: 1997

PLASTIC & COSMETIC SURGEONS**BLUE ASPEN PLASTIC SURGERY**

2668 Northpark Drive, Suite 110
Lafayette, CO 80026
303-666-6336/303-666-0616

No. of employees 2012: 1

Services: Breast surgery, cosmetic surgery, liposuction.

Person in charge: Debora Ma, M.D.

Year founded: 2002

BOULDER PLASTIC SURGERY

2525 Fourth St., Suite 202
Boulder, CO 80304
303-443-2277/303-443-7124
www.boulderplasticsurgery.com

No. of employees 2012: 5

Services: Breast reconstruction and augmentation, facial rejuvenation, body contouring, skin cancer reconstruction.

Minimally invasive short-scar facelifts. Body contouring after weight loss or pregnancy.

Person in charge: Hans R. Kuisle, M.D., F.A.C.S.

BRIDGING YOUR HEALTH INC.

1068 S. 88th St., Suite A
Louisville, CO 80027
303-938-1161/303-443-6830
www.bridgingyourhealth.com

No. of employees 2012: 4

Services: Facial plastic surgery, repair of facial fractures and complex lacerations, wisdom teeth removal, dental implants, general and preventive dentistry, bone grafting and reconstruction.

Person in charge: Artie Manfredi, director of patient coordination

Year founded: 2012

BURROW, DR. CLAUDE H.

2800 Folsom St., Suite B
Boulder, CO 80304
303-449-5822
www.drburrow.com

No. of employees 2012: 2

Services: Plastic surgery, cosmetic surgery with emphasis on breast enhancement, reduction and reconstruction. Also face and neck lifts. Abdominoplasty and liposuction. Botox and Juvederm, physician injected.

Person in charge: Claude H. Burrow, M.D.

Year founded: 1980

FRONT RANCE OTOLARYNGOLOGY

1551 Professional Lane, Suite 280
Longmont, CO 80501
720-494-9111/720-494-9555
www.frontrangeoto.com

No. of employees 2012: 7

Services: Facial plastic surgery, otolaryngology. Facial Botox.

Person in charge: Kevin C. Cavanaugh, M.D.

Year founded: 2002

FRONT RANCE PLASTIC & RECONSTRUCTIVE SURGERY

2030 Mountain View Ave., Suite 500
Longmont, CO 80501
303-872-8250
www.frontranceplasticsurgery.com

No. of employees 2012: 8

Services: Cosmetic and reconstructive surgery.

Year founded: 2009

GOLDMAN, ANDREW C.

4745 Arapahoe Ave., Suite 130
Boulder, CO 80304
303-558-8800
www.enhanceyourskin.com

Services: Otolaryngology, facial plastic surgery, skin laser resurfacing.

HERMANN, DR. GLENN

1032 S. 88th St.
Louisville, CO 80027
303-664-9400/303-666-5362
www.coalcreekplasticsurgery.com

No. of employees 2012: 5

Services: Breast enhancement, reduction and reconstruction, tummy tuck, arm lift, thigh lift, body lift.

Person in charge: Glenn Herrmann, M.D.

JOEL MEYERS MD.

1400 Dry Creek Drive
Longmont, CO 80503
303-682-3386/303-682-3398
www.eyecaresite.com/aesthetics

Services: Botox, Exilis, fillers, facial aesthetic surgery, liposuction and fat transfer, laser resurfacing, eyelid surgery, medical spa services (facials, Intense Pulsed Light treatments, massage).

Person in charge: Joel Stuart Meyers, M.D.

Year founded: 1992

INSTITUTE OF AESTHETIC PLASTIC & RECONSTRUCTIVE SURGERY

1305 Sumner St., Suite 100
Longmont, CO 80501
303-772-0412/303-684-9710
www.theaestheticsurgeon.com

Person in charge: Peter M. Schmid, M.D.

KAISER PERMANTE PLASTIC AND RECONSTRUCTION SURGERY

280 Exempla Circle
Lafayette, CO 80026
303-861-3368/720-536-6880
www.kp.com

No. of employees 2012: 2

Services: Plastic and reconstructive surgery.

MA, DR. DEBORA

2668 Northpark Drive, Suite 110
Lafayette, CO 80026
303-666-6336/303-666-0616
www.blueaspenplastics.com

Services: Breast surgery, liposuction, cosmetic surgery.

Person in charge: Debora Ma, M.D.

MORRISSEY, DR. DAVID

4745 Arapahoe Ave., Suite 130
Boulder, CO 80303
303-443-2771/303-443-2784
www.bouldervalleyent.com

No. of employees 2012: 35

Services: Facial reconstruction. Head and neck surgery.

REPROGLEG PLASTIC SURGERY

1032 S. 88th St.
Louisville, CO 80027
303-666-4554/303-666-5362
www.drreprogleplasticsurgery.com

No. of employees 2012: 5

Services: Non-insurance reconstructive and cosmetic plastic surgery.

Person in charge: Scott Replogle, M.D.

RESTORATION PLASTIC SURGERY PC

340 E. First Ave., Suite 333
Broomfield, CO 80020
303-466-3261/303-440-8954

Services: Plastic surgery and hand surgery.

Person in charge: Mitchell A. Fremling, M.D., F.A.C.S.

Year founded: 2004

SCHLOSSER, DR. STEVEN

2595 Canyon Blvd., Suite 360
Boulder, CO 80302
303-440-7546/303-440-5364
www.AvantiBoulder.com

No. of employees 2012: 6

Services: Cellulaze anti-cellulite treatment, Smart Lipo, VASER, Tumescant liposuction, Brazilian butt lift.

Person in charge: Steven A. Schlosser, owner

Year founded: 2007

SCHMID, DR. PETER M.

1305 Sumner St., Suite 100
Longmont, CO 80501
303-651-6846/303-651-6794
www.theaestheticsurgeon.com

No. of employees 2012: 7

Services: Facial plastic surgery, cosmetic, reconstructive surgery, nose surgery, face lifts, eye lifts.

Person in charge: Peter M. Schmid, M.D.

Year founded: 1993

SONATA LASER AESTHETICS

6363 W. 120th Ave.
Broomfield, CO 80020
303-469-0064

www.sonatalaser.com

No. of employees 2012: 4

Person in charge: Lawrence Janowski, M.D.

Year founded: 2005

SWAIL, DR. JEFFREY

2575 Pearl St., Suite 300
Boulder, CO 80302
303-449-6666/303-449-7023
www.bvplasticsurgery.com

No. of employees 2012: 5

Services: Plastic and reconstructive surgery: face-lifts, eyes, liposuction, tummy tucks, hand specialist, breast reduction, reconstruction, augmentation, lifts, Botox, facial fillers, laser treatments.

Year founded: 1995

TERKONDA, DR. RAJ P.

1925 W. Mountain View Ave.
Longmont, CO 80501
720-494-3120/303-485-3377
www.longmontclinic.com

No. of employees 2012: 5

Services: Facial cosmetic surgery including rhinoplasty, face and neck lifts, blepharoplasty.

Person in charge: Raj P. TerKonda, M.D.

Year founded: 1997

PULMONOLOGY

BOULDER VALLEY PULMONOLOGY

1000 Alpine Ave., Suite 100
Boulder, CO 80304

303-442-2150/303-442-3363

No. of employees 2012: 10

Year founded: 1977

LONGMONT PULMONOLOGY & CRITICAL CARE ASSOCIATES

2030 Mountain View Ave., Suite 250
Longmont, CO 80501

303-651-5302/303-651-5303

No. of employees 2012: 7

Person in charge: Charles J. Van Hook, M.D.

Experience. Integrity. Artistry.

Aging gracefully relies on more than genetics. It's about diet, skin care and proactive choices you make to maintain your appearance as the years pass.

Whether you choose surgical, laser or non-surgical options, surgeon and sculptor Dr. Peter Schmid has the expertise to help you look and feel your best. Call today to find out how he can help you.



Institute of Aesthetic Plastic & Reconstructive Surgery, LLC
Peter M. Schmid, DO, FAACS Board Certified Fellowship Trained
1305 Sumner Street, Suite 100, Longmont 303.651.6846 TheAestheticSurgeon.com

Dr. Peter Schmid with his original bronze sculpture, Transcendence. For more information, visit TheAestheticSurgeon.com/Artist.



RADIOLOGY

BOULDER RADIOLOGISTS INC.

36 Garden Center
Broomfield, CO 80020
303-440-2170/303-440-2168
No. of employees 2012: 13
Services: Radiology.
Person in charge: Bonnie Lovato, manager
Year founded: 1969

FRONT RANCE PREVENTIVE IMAGING

2880 Folsom St., Suite 100
Boulder, CO 80304
303-443-7226/303-443-7168
www.frontrangepreventiveimaging.com
Services: EBT heart scans, virtual colonoscopy, lung cancer screening, diagnostic CAT scan imaging, ultrasounds. State-of the art facility. All insurances accepted.
Person in charge: William L. Blanchet, M.D.
Year founded: 2004

MEDICAL IMAGING CENTER

36 Garden Center
Broomfield, CO 80020
303-466-1234/303-465-1877
www.bch.org
No. of employees 2012: 7

TWIN PEAKS MEDICAL IMAGING

1551 Professional Lane, Suite 155
Longmont, CO 80501
720-494-4777/720-494-4771
www.twinpeaksmedicalimaging.com
No. of employees 2012: 10
Services: MRI, X-ray, CT scans, ultrasound.
Person in charge: Linda Gillam, manager
Year founded: 2003

RHEUMATOLOGY

COLORADO CENTER FOR ARTHRITIS AND OSTEOPOROSIS

3434 47th St., Suite 201
Boulder, CO 80301
720-494-4700/720-494-4706
www.ccao.net
Services: Specializes in rheumatology, a subspecialty of medicine that deals with disorders of joints and connective tissues. Treats many diseases, from the common to the very rare.
Person in charge: Gene Perkins, CEO; Jeff Perkins, clinical director
Year founded: 1998

COLORADO CENTER FOR ARTHRITIS AND OSTEOPOROSIS

1551 Professional Lane, Suite 235
Longmont, CO 80501
720-494-4700/720-494-4706
www.ccao.net
Services: Specializes in rheumatology, a subspecialty of medicine that deals with disorders of joints and connective tissues. Treats many diseases, from the common to the very rare, including arthritis, autoimmune disorders, and osteoporosis.
Person in charge: Gene Perkins, CEO; Jeff Perkins, clinical director
Year founded: 1998

COLORADO CENTER FOR ARTHRITIS AND OSTEOPOROSIS

2095 W. Sixth Ave., Suite 106
Broomfield, CO 80020
720-494-4700/720-494-4706
www.ccao.net
No. of employees 2012: 25
Services: Ultrasound-guided injections, bone density exams, bone health consults, rheumatism consultations, urine sample collection, blood draws.
Person in charge: Jeff Perkins, clinical director; Gene Perkins, CEO
Year founded: 1998

ROLFING

BARB BEARD PASSALACQUA ADVANCED ROLFER

2040 Walnut St.
Boulder, CO 80302
303-931-6673
www.barbbeard.com
Services: Rolfing, structural integration.
Person in charge: Barb Beard Passalacqua, certified advanced rolfer
Year founded: 2002

COLORADO HEALTHQUEST

842 Laurel Ave.
Boulder, CO 80303
303-402-9088/303-402-9092
www.coloradohealthquest.com
Services: Holistic physical therapy clinic; physical therapy, craniosacral therapy, visceral manipulation.
Person in charge: Maureen Rimar, owner
Year founded: 1996

DARRELL SANCHEZ PH.D., L.P.C., CERTIFIED ADVANCED ROLFER

2031 Broadway, Suite 7
Boulder, CO 80302
303-447-1539
www.rolfingboulderdenver.com
No. of employees 2012: 1
Services: Specializing in trauma and motor vehicle accidents.
Person in charge: Darrell Sanchez, owner
Year founded: 1986

DEBRA KURESMAN, CERTIFIED ADVANCED ROLFER, ROLF MOVEMENT PRACTITIONER

3786 Wonderland Hill Ave.
Boulder, CO 80304
303-440-7357
Services: Advanced rolfer, movement education, visceral manipulation, cranio-sacral therapy.
Person in charge: Debra Kuresman, certified advanced rolfer
Year founded: 1979

DONNA SPLANE, CERTIFIED ADVANCED ROLFER

Boulder, CO 80304
303-449-0643
No. of employees 2012: 1
Person in charge: Donna Splane, owner
Year founded: 1884

JIM D. ASHER, CERTIFIED AD- VANCED ROLFER, ROLF MOVEMENT PRACTITIONER

1332 Pearl St.
Boulder, CO 80302
303-443-6415
Person in charge: Jim D. Asher, certified advanced rolfer

JOY OM, ADVANCED CERTIFIED ROLFER/CRANIAL THERAPIST

4236 Piedra Place
Boulder, CO 80301
303-449-8664
www.essentialembodiment.net
Services: Neurofeedback, rolfing, craniosacral therapy, embodiment counseling.
Person in charge: Joy Om, certified advanced rolfer
Year founded: 1983

MASSAGESPECIALISTS.COM WELLNESS CENTER

1640 Broadway
Boulder, CO 80302
303-938-0388
www.massagespecialists.com
No. of employees 2012: 30
Year founded: 1997

THE ROLF INSTITUTE

5055 Chaparral Court, Suite 103
Boulder, CO 80301
303-449-5903/303-449-5978
www.rolf.org
Services: Rolfing Structural® Integration, Rolf Movement® Integration.
Person in charge: Diana Yourell, executive director
Year founded: 1971

URGENT CARE

BOULDER MEDICAL CENTER AT AVISTA

80 Health Park Drive, Suite 100
Louisville, CO 80027-4644
303-666-2710/303-673-0438
Year founded: 1949

COMMUNITY MEDICAL CENTER

1000 W. South Boulder Road, Suite 100
Lafayette, CO 80026-1334
303-666-4357/303-604-5058
www.bch.org
Services: Urgent care.
Person in charge: Crig Chisum
Year founded: 1985

CONCENTRA URGENT CARE

3434 47th St., Suite 100
Boulder, CO 80301
303-541-9090/303-541-9393
www.concentra.com

Services: Occupational health services and urgent care.

Person in charge: Adam Mastroianni, center operations director

Year founded: 1999

LONGMONT CLINIC

1925 W. Mountain View Ave.
Longmont, CO 80501
303-776-1234/720-494-3107
www.longmontclinic.com

No. of employees 2012: 282

Services: Multispecialty medical center providing ancillary services including radiology, laboratory, walk-in urgent care, nuclear medicine and an anti-coagulation clinic.

Person in charge: Jack B. Campbell, administrator

Year founded: 1906

NEXTCARE URGENT CARE

2144 N. Main St, Suite 8
Longmont, CO 80501
888-381-4858
www.nextcare.com

Services: General illness, injuries, immunizations, physicals, occupational medicine.

Year founded: 1982

NEXTCARE URGENT CARE

4590 W. 121st Ave.
Broomfield, CO 80020
888-381-4858
www.nextcare.com

No. of employees 2012: 10

Services: General illness, injuries, immunizations, physicals, occupational medicine.

Year founded: 1993

ROCKY MOUNTAIN URGENT CARE & FAMILY MEDICINE

4800 Baseline Road, Suite D106
Boulder, CO 80303
303-499-4800/303-499-4892
www.rockymountainurgentcare.com

Services: Treatment of minor illness and injury. X-Ray and lab on site. Stitches, IV-hydration. Most insurance accepted. No appointment Necessary.

Person in charge: Nathaniel Moore, CEO, president

Year founded: 1998

UROLOGY**ALPINE UROLOGY**

300 Exempla Circle, Suite 250
Lafayette, CO 80026
303-776-9400/303-682-2952
www.alpineurology.net

ALPINE UROLOGY

16677 Lowell Blvd.
Broomfield, CO 80023
303-938-3484/303-665-1443
www.alpineurology.net

ALPINE UROLOGY

1155 Alpine Ave., Suite 180
Boulder, CO 80304
303-444-9000/303-444-9073
www.alpineurology.net

No. of employees 2012: 10

ALPINE UROLOGY

90 Health Park Drive, Suite 340
Louisville, CO 80027
303-666-4343/303-666-6741
Person in charge: Charles C Anderson, M.D.
Year founded: 1985

ALPINE UROLOGY

2030 W. Mountain View Ave., Suite 420
Longmont, CO 80501
303-776-9400/303-682-2952
www.alpineurology.net

No. of employees 2012: 6

WEIGHT MANAGEMENT**BOULDER NUTRITION & EXERCISE SERVICES**

2900 Valmont Road, Suite G
Boulder, CO 80301
303-440-1015/303-440-8990
www.bouldernutritionexercise.com

No. of employees 2012: 4

Services: Registered dietitians who are also certified personal trainers provide nutrition education and exercise programs in one-on-one sessions for all abilities.

Person in charge: Kate Doran Filkins, owner

Year founded: 2006

FULLY ALIVE MEDICINE

3000 Center Green Drive, Suite 130
Boulder, CO 80301
303-404-2232/303-447-2744
www.fullyalivemedicine.com

Services: Chronic disease and pain, holistic gynecology, functional medicine, anti-aging medicine, wellness, prevention, acupuncture, massage, Healing Touch, and medical marijuana evaluations.

Year founded: 2009

JOAN KNUDSON (SHAKLEE DISTRIBUTOR)

4745-E White Rock Circle
Boulder, CO 80301
303-530-4461/303-530-0817
www.knudson.myshaklee.com

Services: Vivix (telomere lengthening), pre- and probiotics, protein and sports drinks, immune-strengthening, skin care, food supplements.

Person in charge: JoAn Knudson, independent Shaklee distributor

Year founded: 1979

NUTRITION CONNECTIONS

174 Timber Lane
Boulder, CO 80304
www.nutritionconnections.com

Services: Quickflip cookbooks and vegetable guides that can be used as a health education tool, incentive award, or gift for patients and employees. Email for quantity discounts.

Person in charge: Eileen Faughey, M.A., R.D.
Year founded: 1992

PINNACLE PHYSICAL THERAPY AND PILATES

3434 47th St., Suite 107
Boulder, CO 80301
303-440-7078/303-440-7242
www.pinnaclephysicaltherapyboulder.com

No. of employees 2012: 5

Services: Specialize in back pain relief using innovative treatments.

Person in charge: Kristie Bennett, P.T., M.S., C.L.T.

Year founded: 1999

SLIMGENICS

320 S. McCaslin Blvd.
Louisville, CO 80027
303-666-8130/303-666-8505
www.slimgenics.com

Services: Individualized and supervised comprehensive weight-reduction programs; diet-based.

Year founded: 2004

SLIMGENICS

195 S. Main St., Suite 6
Longmont, CO 80501
303-678-0445/303-678-0449
www.slimgenics.com

No. of employees 2012: 4

Services: Individualized and supervised comprehensive weight-reduction programs; diet-based.

Year founded: 2003

YOGA AND PILATES STUDIOS**40PLUS FITNESS AND HEALTH LLC**

765 Poplar Ave.
Boulder, CO 80304
303-413-1239/303-954-0993
www.40plusfitnessandhealth.com

No. of employees 2012: 2

Services: Integrative medicine health coach, movement and yoga therapy, nutrition and weight management for individuals over 40 years old.

Person in charge: Robin Saltonstall, Ph.D.

Year founded: 1989

ALCHEMY OF MOVEMENT

2436 30th St.
Boulder, CO 80301
303-449-4410
www.alchemyofmovement.com

No. of employees 2012: 1

Services: Soul Sweat and Barre Boulder.

Person in charge: Lucy Wallace

Year founded: 1996

ALTA PHYSICAL THERAPY AND PILATES

2955 Baseline Road
Boulder, CO 80303
303-444-8707/303-444-8109
www.altatherapies.com

No. of employees 2012: 18

Services: Orthopedic and sports physical therapy, Pilates for rehab and fitness.

Person in charge: Jane M. Milliff

Year founded: 1990

AXIS OF MOVEMENT

451 Oak St., Suite 208
Longmont, CO 80530
303-833-7353
www.axisofmovement.com

Services: Offers Pilates mat, reformer classes and Pilates apparatus, massage therapy, yoga, Zumba, dance. Private sessions and group classes available.

Person in charge: Alisa Schillinger, co-owner; Joanne Senior, co-owner

Year founded: 2003

BODY DYNAMICS

2660 Canyon Blvd., Suite A4
Boulder, CO 80302
303-440-5776/303-546-0020
www.bodydynamics.net

No. of employees 2012: 10

Services: Pilates, yoga, physical therapy, personal training, massage, Fitball, Bosu, Smart Bells, Body Bar, core training and sports rehab.

Person in charge: Lindsay Ross, co-owner; Wendy McClure, co-owner

Year founded: 1998

BOULDER BODYWORKS

3020 Carbon Place, Suite 330
Boulder, CO 80301
303-444-2739/303-938-1311
www.boulderbodyworks.com

No. of employees 2012: 12

Services: Private and semi-private sessions of yoga, Pilates, pre- and post-natal Pilates; massage and physical therapy.

Year founded: 1992

COLORADO HEALTHQUEST

842 Laurel Ave.
Boulder, CO 80303
303-402-9088/303-402-9092
www.coloradohealthquest.com

Services: Holistic physical therapy clinic; physical therapy, craniosacral therapy, visceral manipulation.

Person in charge: Maureen Rimar, owner

Year founded: 1996

COREPOWER YOGA NORTH BOULDER STUDIO

3280 28th St.
Boulder, CO 80301
303-440-3930
www.corepoweryoga.com

Services: Vinyasa, hot yoga, yoga sculpt, CoreRestore and hot fusion.

Person in charge: Trevor Tice, owner

Year founded: 2002

FUNCTIONAL FITNESS & WELLNESS CENTER

2868 30th St.
Boulder, CO 80301
303-440-1440
www.functionalfitnessusa.com

No. of employees 2012: 18

Services: Personal training center, small membership, therapeutic massage, structural integration, rolfing, ashitsu, physical therapy, body work. Muscle activation technique.

Person in charge: Sam Iannetta, founder, master trainer

Year founded: 2002

IYENGAR YOGA CENTER OF BOULDER/BOULDER YOGA

2299 Pearl St., Suite 6
Boulder, CO 80302
303-444-9642

www.boulderyoga.com

Services: Iyengar yoga studio offering general classes for all levels and therapeutics weekday classes. Anatomy education seminars.

Person in charge: Seaph and Laura Antelmi
Year founded: 1991

MARLENES YOGA & SOMATIC PROCESSING

2412 Bristol St.
Superior, CO 80027
303-543-9150

Services: A unique and individualized use of intuitive yoga, spinal rehabilitation, and somatic processing. The Prinzing Method is 80% unwinding/indirect work and 20% corrective/direct work.

Person in charge: Marlene Marie Prinzing, yoga teacher, body psychotherapist
Year founded: 1984

NAMASTE YOGA STUDIO

1782 Peregrine Lane
Broomfield, CO 80020
303-466-2527

www.janesyogastudio.com

No. of employees 2012: 1

Services: Hatha yoga, Iyengar yoga, Ashtantga. Three times yearly "Strictly Beginners workshop."

Person in charge: Jane Klamer Plaut
Year founded: 2001

NORTH BOULDER PILATES

3000 Center Green Drive, Suite 140
Boulder, CO 80301
303-413-3496/303-413-9907

www.northboulderpilates.com

No. of employees 2012: 6

Services: Pilates Osteoporosis and Osteopenia classes. Pilates with an emphasis on a safe, fun, effective exercise program for medical problems. Home programs, mat classes and reformer/equipment classes.

Person in charge: Debra Layne, owner
Year founded: 2007

PARTNERS IN HEALTH

308 W. Baseline Road
Lafayette, CO 80026
303-554-9000/303-543-9729

Services: Acupuncture, nutrition, herbalism, holistic family medicine.

Person in charge: Heather L. Fliege, president
Year founded: 2001

PAT GUYTON PILATES

3825 Iris Ave., Suite 300
Boulder, CO 80301
303-449-7284/303-449-7288
www.patguytonpilates.com

Services: Pilates Studio - athletic performance and rehabilitation. Franklin Method Educator level III.

Person in charge: Pat Guyton, president
Year founded: 2005

PILATES FOR LIFE

734 Tenacity Drive, Unit A
Longmont, CO 80504
303-532-3362/303-532-3362
www.pilatesforlifeprospect.com

No. of employees 2012: 1

Services: Private sessions, small-group equipment and mat classes, wheelchair accessible, insurance and rehab clients, all ages.

Person in charge: Claudia K Miller, president, CEO
Year founded: 2003

PINNACLE PHYSICAL THERAPY AND PILATES

3434 47th St., Suite 107
Boulder, CO 80301
303-440-7078/303-440-7242
www.pinnaclephysicaltherapyboulder.com

No. of employees 2012: 5

Services: Specialize in back pain relief using innovative treatments.

Person in charge: Kristie Bennett, P.T., M.S., C.L.T.
Year founded: 1999

ROCKY MOUNTAIN PILATES

418 E. Simpson St.
Lafayette, CO 80026
303-588-1596
www.rmpilates.com

Services: Full-service studio with private, semi-private and classroom instruction in Pilates. Teacher training by Power Pilates.

Person in charge: Melanie Walter, owner
Year founded: 2005

SOLAR YOGA

645 Tenacity Drive, Unit E
Longmont, CO 80504
303-485-0490/303-485-1818
www.solar-yoga.com

No. of employees 2012: 2

Services: Hot yoga, power Vinyasa, beginner's, pre-natal and gentle yoga classes; boutique with yoga wear, fun/casual clothing, jewelry, books, CDs and more.

Person in charge: Loretta Richter, co-owner; Stacie Richter, co-owner; Stephanie Mayer, co-owner; David Richter, co-owner
Year founded: 2005

THE PILATES CENTER

5500 Flatiron Parkway, Suite 110
Boulder, CO 80301
303-494-3400
www.thepilatescenter.com

No. of employees 2012: 15

Services: Private one-on-one sessions, classes, teacher training program.

Person in charge: Amy Taylor Alpers, owner; Rachel Taylor Segel, owner
Year founded: 1990

YOGA THAT HEALS

992 Sycamore Ave.
Boulder, CO 80303
303-495-2576

www.yogathatheals.com

No. of employees 2012: 1

Services: Hatha yoga, yoga therapy, private lessons and massage therapy.

Person in charge: Cindy Lawrence, founder
Year founded: 2001

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Medical School: J.E. Purbynje University

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Medical School: Palmer College of Chiropractic
West, 1983

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Medical School: Colorado School of Traditional
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Medical School: Palmer College of
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Medical School: Hahnemann University, 1987

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www.longmontheating.com
Medical School: Arizona School of Health
Sciences

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Medical School: University of Washington

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Medical School: Louisiana State University, 1992.

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Medical School: Baylor College of Medicine, 1981

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Medical School: Johns Hopkins University

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Medical School: Medical College of Ohio, 1998

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Medical School: Government Medical College,
India, 1996

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Medical School: University of New Mexico, 1991

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Medical School: University of Vermont, 1977

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Medical School: University of Missouri at
Columbia, 1998

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Medical School: Mt Sinai School of Medicine

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Medical School: University of Colorado, 1983

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Medical School: George Washington University,
1988

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Medical School: Duke University, 1971

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Medical School: University of Colorado at
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Medical School: Logan College, 1994

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Medical School: Logan College, 1995

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Medical School: Logan College of Chiropractic, 1996

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Medical School: Palmer College of Chiropractic West, 1983

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Medical School: Life University, 1999

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Medical School: Palmer College of Chiropractic, 1974

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Medical School: Cleveland College of Chiropractic, 2000

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Medical School: Logan Chiropractic College, 2000

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Medical School: Logan Chiropractic College

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Medical School: University of Illinois, 1994

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Medical School: Texas Chiropractic College, 1998

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Medical School: Palmer College of Chiropractic

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Medical School: Northwestern College of Chiropractic, 1996

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Medical School: Cleveland College of Chiropractic, 1998

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Medical School: National College of Chiropractic, 1980

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Medical School: National College of Chiropractic, 1985

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Medical School: Logan College of Chiropractic, 1977

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Medical School: Logan Chiropractic College, 2005

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Medical School: University of Southern California, 1981

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Medical School: University of Colorado, 1996

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Medical School: University of Cincinnati.

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Medical School: University of Houston, 1996

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Medical School: Pacific University College of Optometry, 1989

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Medical School: Michigan College of Optometry, 1989

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Medical School: University of Houston College of Optometry, 1987

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Medical School: University of Iowa, 1995

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Medical School: University of Minnesota, 1992

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Medical School: Medical College of Pennsylvania, 1994

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Medical School: Northeastern Ohio University.

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Medical School: University of Nebraska

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Medical School: Oregon Health Sciences University, 1987

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Medical School: Dalhousie Medical School, 1989

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Medical School: Louisiana State University Medical Center, 1974

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Medical School: University of Kansas.

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Medical School: Chicago College of Osteopathic Medicine

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Medical School: University of Colorado Health
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of Medicine, 2000

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Medical School: Philadelphia College of
Osteopathic Medicine, 1999

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Medical School: Northwestern University, 1985

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1986

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Medicine, Chicago.

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Medical School: Des Moines University, 1996

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Medical School: William M. Scholl College of
Podiatric Medicine, 1989

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Medical School: Creighton University School
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Medical School: Temple University School of Podiatric Medicine, 2003

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Medical School: California College of Podiatric Medicine

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Medical School: CA College of Podiatric Medicine, 1982

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Medical School: University of Washington School of Medicine

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Medical School: Albany Medical College, 1985

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Medical School: Vanderbilt Medical School

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Medical School: University of New Jersey, 1984

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Medical School: University of Florida College of Medicine

GREENWOOD, ARIANA WALLACK MD.

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Medical School: Far Eastern University School of Medicine, Manila, Philippines

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Medical School: Aga Khan University

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Medical School: Albany Medical College.

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Medical School: SUNY, 1989

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Medical School: Chicago Medical School, 1992

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Sciences Center, Denver.

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Medical School: Louisiana State University
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Medical School: University of Texas
Southwestern, 1993.

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Medical School: University of Maryland, 1989

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Medical School: University of California at
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Medical School: Howard University College of
Medicine, 1984

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Medical School: University of Florida, 1994

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Medical School: University of Cincinnati,
College of Medicine - 1983

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Medical School: Medical College of Wisconsin, 1991

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Medical School: Chicago Medical School, 1992

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Medical School: University of Tennessee, 1967

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Medical School: Western Australian Institute of Technology, 1980

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Medical School: Regis University, 1999

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Medical School: UCSF, 1978; Emory University, 1987

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Medical School: University of Texas, 1984

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Medical School: New York University, 1993

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Medical School: University of Colorado Health Sciences Center, 1990

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Medical School: University of Oklahoma

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Medical School: University of Kansas School of Medicine, 1995

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Medical School: California State University Fullerton

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Medical School: Washington University, 1992

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Medical School: Medical College of Virginia at Richmond, 1982

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Medical School: University of Michigan, 1985

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Medical School: Old Dominion University, 1996

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Medical School: University of New England College of Osteopathic Medicine, 1997

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Medical School: Texas Women's University, 1977; University of Colorado, 1989

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Medical School: University of Colorado, 1984

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Medical School: University of Mississippi School of Medicine, 1973

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Medical School: Emory University School of Medicine, 1997

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Medical School: Northwestern University, 1973

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Medical School: University of Rochester, 1993.

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Medical School: Rush Medical College, 1977

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Medical School: University Health Sciences.

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Medical School: University of Manitoba

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Medical School: University of Missouri

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Medical School: University of Minnesota, 1972

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