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Over Half a Century of Being
Specialists in the Medicine of Motion





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Congratulations Orthopaedic & Spine Center of the Rockies *ON 50 YEARS OF SUCCESS*

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ON 50 YEARS OF SUCCESS

BUDWEISER EVENTS CENTER WOULD LIKE TO
THANK YOU FOR YOUR CONTINUED PARTNERSHIP &
COMMITMENT TO COMMUNITY INVOLVEMENT



Letter from the CEO



Michael A. Bergerson,
Chief Executive Officer of OCR

A milestone anniversary provides an opportunity to commemorate special moments in an organization's past, while also celebrating the present and looking forward to the future.

At Orthopaedic & Spine Center of the Rockies (OCR), we're celebrating more than 50 years serving our community. We're celebrating the creative vision and effort of our leadership and the hard work of dedicated physicians and staff who

have supported our growth over the past five decades. We're especially grateful for the opportunity to celebrate all of the wonderful patients who have invited us into their stories. This milestone has been a journey that we've all taken together.

Our mission to provide the highest quality of specialized orthopaedic care has remained the same throughout our 50-year history, but we've grown in scope and size to meet the orthopaedic needs of our patient base, referring providers and health system partners.

OCR began serving Colorado, Nebraska and Wyoming patients in 1969 when four of the first orthopaedic specialists in the region formed a partnership called Fort Collins Orthopedic Associates. Since that time, we've grown to include more than 30 specialists in the medicine of motion across three medical campuses as well as two surgery and recovery centers.

We're honored to be at the forefront of the field of orthopaedics and we're committed to providing state-of-the-art tools and techniques to the thousands of patients we serve each year.

This publication looks to honor our history while saying thank you to those who have joined us along the way. 🙏

Our Mission, Vision and Values

Mission

Orthopaedic & Spine Center of the Rockies (OCR) is completely dedicated and focused on providing the highest quality specialized orthopedic and spine care to our patients in the safest, most efficient, and most clinically appropriate settings each and every day.

We believe the foundation of excellent medical care will always be the patient and physician relationship. Every patient has unique needs for which we will provide individualized specialized care and treatment through the highest collaboration between the patient, physicians, our team members, our services, our facilities, and our corporate partnerships.

Vision

Orthopaedic & Spine Center of the Rockies (OCR) holds a shared vision with our patients for a full recovery through the utilization of the most advanced rehabilitation, non-surgical, and surgical treatments available.

To meet this shared vision, OCR will remain the independent premier provider of orthopaedic and spine services in the region.

Core Values

- Focus
- Excellence & Quality
- Compassion & Empathy
- Accessibility
- Accountability & Dependability
- Innovation & Creativity
- Teamwork & Respect

OCR's History: Filled with Growth and Innovation

With 50 years in its past, Orthopaedic & Spine Center of the Rockies (OCR) continues to move forward, increasing opportunities for patients and incorporating advances in technology.

OCR's roots stem from the 1960s when four physicians independently came to Fort Collins. Drs. Charles Collopy, Robert Johnson, Benedict Magsamen, and Douglas Murray were among the first orthopaedic specialists in the region. They helped pioneer the development of orthopaedic patient care in Northern Colorado. Johnson joined Murray in 1967, and Magsamen joined Collopy in 1969. That same year, reality introduced a new possibility.

"Each of us was going to have to build a new office," Johnson remembers. "Doug Murray and I were in a 1,000 square foot office and Chuck and Ben in an even smaller one. Doug took off for nine months when I came to town. He went to Hawaii to teach anatomy at the university and then went to Vietnam for two months. When he was gone, the office was okay for me but when he came back, we were overcrowded. Then Ben suggested the four of us build just one office and make it really nice."

They also saw an additional advantage. "While we were competing, each partnership had to have a guy on call. Instead of being on call every other night, we could be on call every fourth night."



Dr. Charles Collopy



Dr. Benedict Magsamen



Dr. Robert Johnson



Dr. Douglas Murray

Original office:

Fort Collins Orthopedic Associates
E. Elizabeth, Fort Collins.

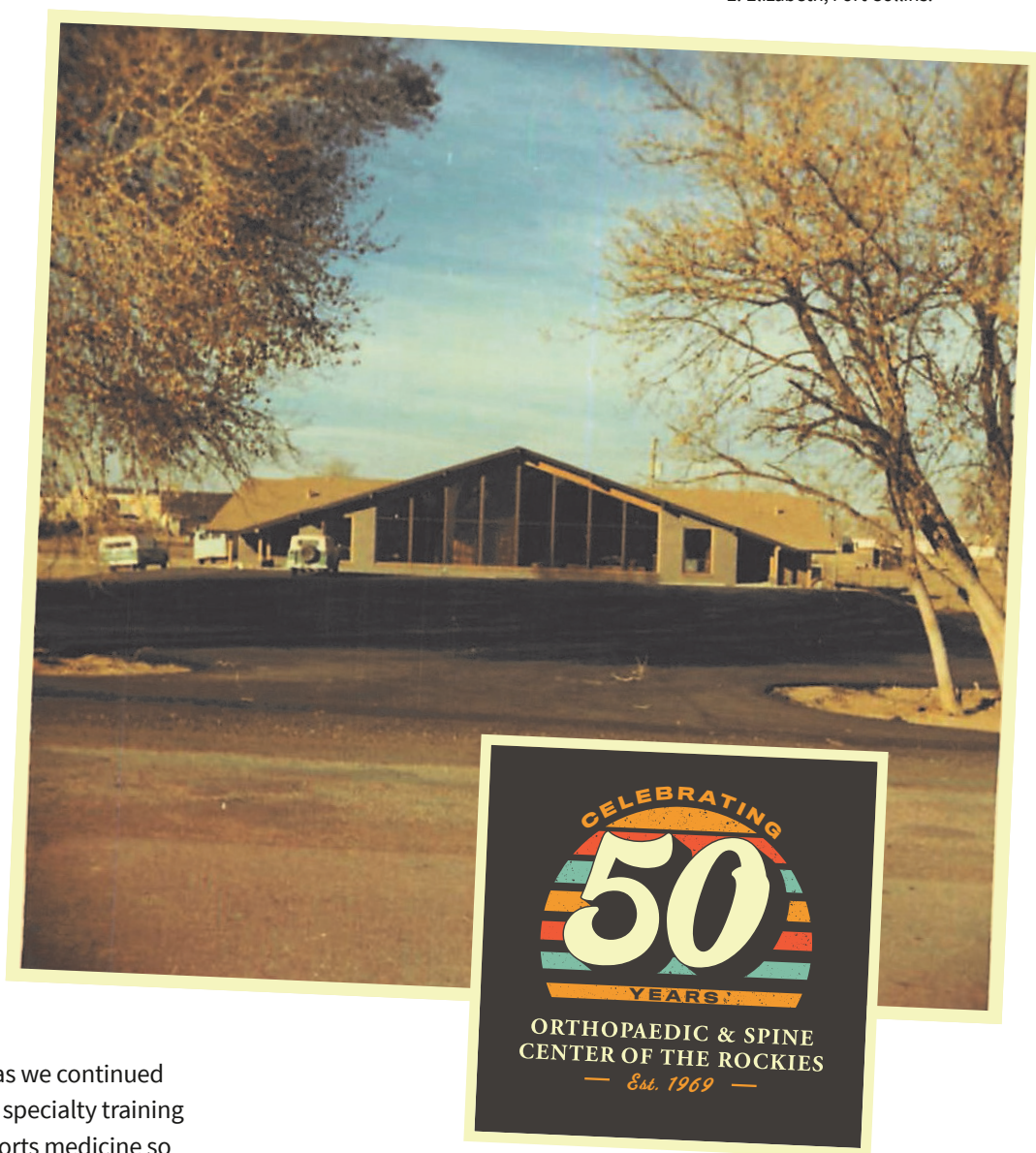
So, in 1969, the four doctors formed Fort Collins Orthopedic Associates. It was a logical move, forming a new foundation and creating a pathway to the future, Johnson says.

“We had the foresight to build an office for six but that didn’t last very long. We filled all the spots rapidly because the town was growing so quickly,” he says.

At that point, all the physicians in the practice were general orthopedists and didn’t specialize, but times were changing. “Magsamen traveled to England to study hip replacements and came back and started doing them here. And, as we continued to hire new physicians, they all had specialty training such as spine or hand surgery or sports medicine so we gradually adopted a more specialized approach.”

More changes began to occur, and for the better, Johnson says. “I was on the Poudre Valley Hospital (PVH) board. The hospital was packed with people sleeping in the halls, so we petitioned the State Board of Health to add an addition. The State turned it down and we were furious.”


But several advancements in the field helped bring some relief. One of those was the change from knee operations that required a four- or five-day hospital stay to arthroscopy which allowed the patient to go home immediately after the surgery.



Johnson and his partners continued to create more specialty services for patients, contributing to the expansion and enhancement of medical care for the region. In the 1970s, the physicians pioneered and supported advances that included open-operative and internal-fixative devices for trauma and fracture surgery, clean-air operating rooms with laminar-flow equipment for joint replacement operations at PVH, and arthroscopic surgery, using a surgical scope and small incisions to operate on damaged joints such as the knee and shoulder. These advances improved the quality of surgery and enhanced the patients’ recoveries.

[continued on page 6](#)

The Fort Collins Orthopedic Associates officially became the Orthopaedic Center of the Rockies in 1990, when the practice moved to its current location on East Prospect Road in Fort Collins. The building included a therapy department with pools and a surgery center, which was expanded in 1999 adding a third operating room and a ten-bed recovery center. OCR opened its Loveland office in 1985 and expanded to a larger building on Ginnala Drive in 1997. In December of 2009, the Loveland office moved into its larger building on East 15th Street. The increase in space offered patients more physician and therapy appointments with the specialists in orthopaedics, podiatry, sports medicine, and physical-occupational therapy. The new facility also included digital X-ray services. That same year, the group's partners changed the name to Orthopaedic & Spine Center of the Rockies, emphasizing the services and care for people with spine, back, and neck conditions.

OCR opened its Greeley office in May of 2016 to serve the growing number of individuals living in the Weld County area, saving them from making the trip to Fort Collins or Loveland. Currently, a total of 32 physicians rotate among the three campuses and provide services in every subspecialty from head to toe except for orthopaedic oncology. 

— Celebrating —



**ORTHOPAEDIC & SPINE
CENTER OF THE ROCKIES**

— Est. 1969 —

Fort Collins Campus

OCR Surgery & Recovery Center
2500 E Prospect, Fort Collins, CO



Greeley Campus

1900 16th St, 3rd Floor, Greeley, CO



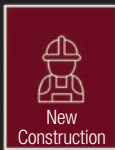
Loveland Campus

OCR Loveland Surgery Center & Recovery Center
3470 E 15th St, Loveland, CO





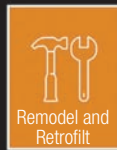
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Congratulations OCR on your 50th Anniversary

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on
50
years



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OCR Opens Second Surgery & Recovery Center in Northern Colorado


OCR's Loveland Surgery & Recovery Center brings more than 60 new jobs to Northern Colorado. The \$22 million ambulatory surgery and recovery center tripled the existing Loveland footprint with a two-story, 63,884 square foot expansion which opened in April 2019.

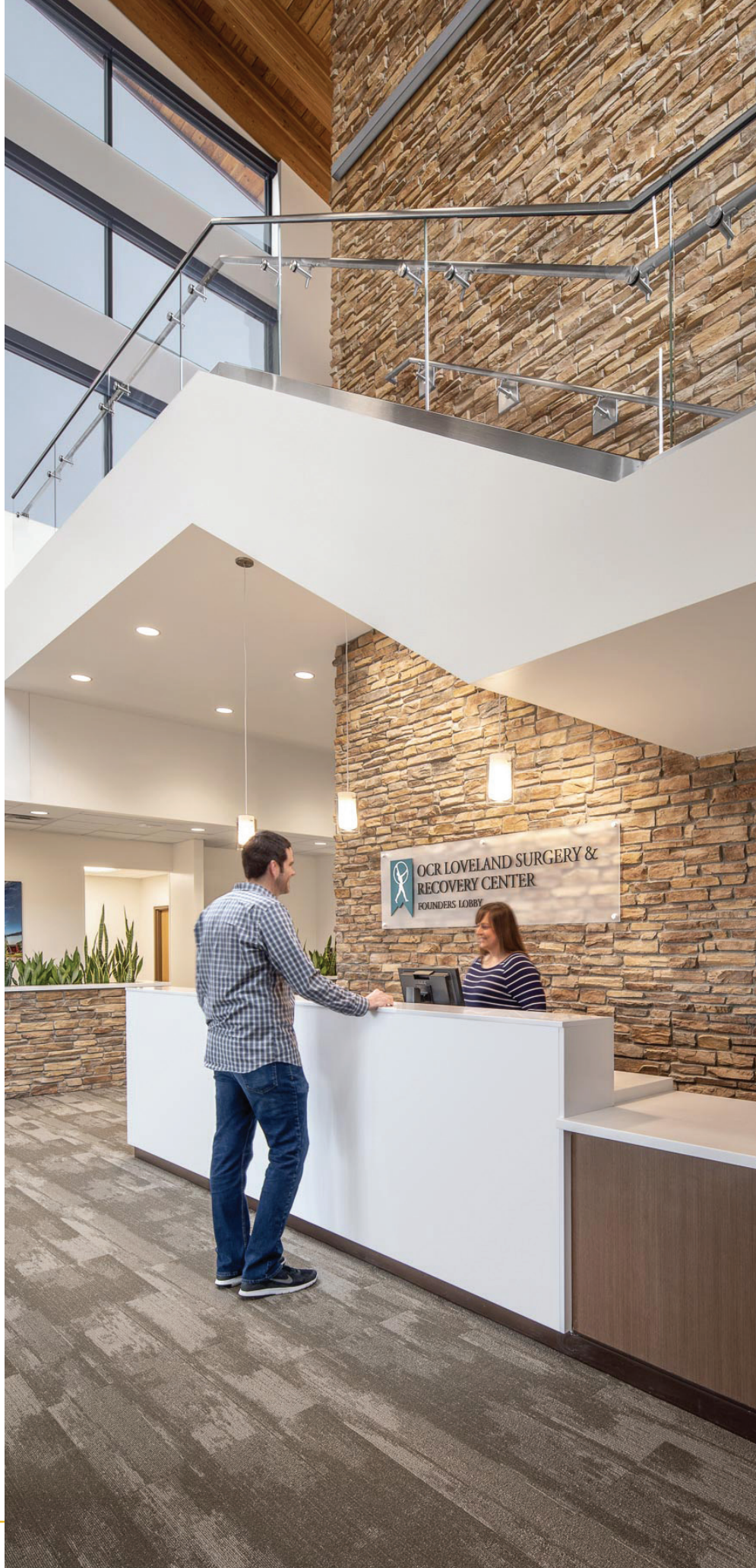
"This is our second surgery and recovery center in Northern Colorado. Patients receive high-quality care, lower costs and an overall higher level of patient satisfaction," says Dr. Rocci Trumper, President of Orthopaedic & Spine Center of the Rockies' Board of Directors. "Just as with our Fort Collins Surgery & Recovery Center, the new Loveland facility is equipped for same day surgeries as well as major operations such as hip, knee, and shoulder replacements and larger spine cases that require overnight stays in the attached Recovery Center."

The surgery center has six operating rooms, a reception area, administrative offices and pre- and post-operative rooms on the main floor. The second floor is home to the Recovery Center with 10 rooms for those patients needing to stay overnight after surgery.

"The demand for the OCR Loveland Surgery and Recovery Center came from the population growth in Northern Colorado, Wyoming, and Western Nebraska, aging of the general US population, economic growth, and continuing push for high-quality, low-cost surgical and recovery settings," says Michael Bergerson, CEO. "We are excited to meet the needs of patients as well as bring new employment opportunities to Northern Colorado."

GH Phipps Construction Company, a Glenwood Springs-headquartered general contracting firm with offices in Fort Collins, was the general contractor for the Loveland Orthopaedic & Spine Center of the Rockies' Surgery and Recovery Center.

The addition broke ground in October 2017. Infusion Architects designed the building and Studio Blue Design was responsible for interior design work. 



A big thumbs up
to OCR for keeping
everyone on the
move for 50 years!



As you commemorate 50 Golden Years,
the Physicians, Certified Nurse Anesthetists,
and Administration of NCAP extend our
congratulations and best wishes for the next 50!



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Bob Coonts Artwork Featured in New OCR Loveland Surgery Center



Renowned artist, Bob Coonts created the panoramic visual for the new surgery center.

The exterior of the OCR Loveland Surgery Center is stunning. Stepping inside the building, however, takes the visitor into a realm of imagination and artistic creativity in a Front Range painting created by Fort Collins artist and graphic designer, Bob Coonts.


The painting covers a wall space 186 feet long and 12 feet tall and is striking in color and expanse, drawing the observer into a view that can be interpreted in various ways. "It's from my point of view and my imagination of how I see the Front Range from the state line of Colorado and Wyoming to Raton Pass."

It may not be specifically accurate as far as Mountain Peaks and locations, he says, "but the viewers will see through their own mind's eye."

It's Colorful Colorado in every sense with seasonal aspects included. "All of those colors are there and then I thought later maybe I should have made it seasonal -- but seasonal is already in there. I think it's rich."

OCR's Director of Marketing and Practice Development, Carli Taylor-Drake initially approached Coonts and asked him to come up with an idea. His presentation involved the idea of using the Front Range in its various views and he was consequently asked to design a mural.

Coonts is well known for his style which combines a sense of movement and detail. The result is work that borders on the abstract while reflecting a true image. An art critic once suggested his art could be described as Abstract Surrealism.

Coonts earned his Bachelor of Arts with a concentration in Graphic Design and Painting in 1963 from Colorado State University (CSU) where he later served as affiliate faculty for 32 years. In 1994, following 31 successful years in graphic design and illustration, Coonts launched his fine arts career. He continues to paint, sculpt and dream in his home studio north of Fort Collins. 



50 YEARS OF SERVING NORTHERN COLORADO

**CONGRATULATIONS
ON KEEPING COLORADO MOVING**



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Here's To *50 Years!*

**OTM would like to congratulate OCR for reaching
the milestone of 50 years in service to others.**

We thank you for the opportunity to partner with you and
we look forward to many more years of collaboration.

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A Positive Organizational Culture for Staff Supports Loyalty



OCR not only created a wealth of health care options for its patients over the years, it also inspired a culture of loyalty among its staff. That loyalty is witnessed through the continuing involvement of its retirees.

Each month, a group of OCR retirees gather to enjoy the friendships they formed their years of service and to hear periodic updates on current changes at OCR. The retirees come from every aspect of the organization, including doctors, nurses, and even administrative personnel joining in.

Dorothy Vaughan, who was at OCR for 31 years and retired in January of 2006, remembers her early days. “I was the 25th or 26th person in the office so OCR was still pretty small. At that time, everyone knew everyone’s spouse and children. It was a family, and everybody tried to help each other. We were a close-knit group.”

Belva McClary began as a nurse with Dr. Charles Collopy. “Then Dr. Murray and Dr. Johnson and Dr. Magsamen joined. They called me to a meeting and asked if I would run the office. I said ‘yes,’ as long as I could also continue as a nurse with Dr. Collopy.”


As additional doctors were added, and additional staff needed, McClary stepped back from her nursing duties and became the full-time office manager. McClary remembers those days fondly. “We were a family, and everybody enjoyed one another.” After 27 years, she retired in 1995 and, when the chance came to reconnect, she joined the retiree group.

Mary Kay Isaacson had 42 years of OCR involvement before she retired. “When I started, I was in the x-ray department. By the time I left, I was Director of Imaging which included an x-ray department in Fort Collins and one in Loveland as well as MRI in Fort Collins.”

The facilities grew along with an increase in the number of employees “We started with five doctors and 20 employees but when I left in May of 2013, we had over 200 employees.”

When she retired, Isaacson took over responsibility for the retiree group. “It’s been fun and it’s nice to see the doctors come. Dr. Murray was there almost every Wednesday and Dr. Sobel attends a lot, as do Dr. Grant, Dr. Kaiser and Dr. Johnson. Dr. Magsamen used to come regularly and, of course, we have retired staff members from different areas who attend. The value for me is keeping in touch with former work friends. We try to keep up with what’s occurring so it’s nice to have someone come and update us.”

At OCR for 41 years, Mickey Puttmann, was the Director of Clinical Operations. There were many positives, but several things stand out in her mind. “OCR provides wonderful benefits and the way the doctors appreciate their staff is unbelievable. I really valued the work ethic and the goals of OCR.”

Even with all the growth, OCR’s culture has remained strong. “When you get larger, it’s not so much a family but you still have that bond that is very, very close.” 

OCR *Specialties*

FROM HEAD TO TOE

Trauma requiring surgery and rehabilitation do not just happen to athletes but to people of all ages and backgrounds. OCR has over 30 sub-specialized physicians and are the only surgeons in the region who deliver specialized care focused on a particular injury or condition. The physicians have also worked with elite athletes and extreme enthusiasts to get them back in motion doing what they love. These OCR Champions sustained injuries and found help at the Orthopaedic & Spine Center of the Rockies.

The physicians' areas of specialization are Concussions, Shoulder, Spine, Hand & Upper Extremity, Hip & Knee, Foot & Ankle, Sports Medicine, Pediatric Orthopaedics, Trauma & Fractures, and Joint Replacements.



CONCUSSION

Abigail Mcauliffe

Abby, an aerial acrobat, fell during a training session and suffered a severe concussion. She began her recovery at **OCR's Regional Concussion Center**, where she received a comprehensive diagnosis and unique treatment plan including cognitive and physical therapy. Concussions are a treatable injury and OCR provides the patients and their support team with the tools they need to recover full. In just a few short months, Abby was back to flying high and stronger than ever.

Concussion

Based on these concerns, OCR has a concussion specialist on staff who has spent years diagnosing, treating and preventing sports-related concussions. Dr. Alissa Wicklund takes care of athletes and others who have sustained a head injury in a motor vehicle accident, playing sports or work accident.



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SHOULDER

Tom Padgett

For 35 years, Tom has poured his heart into the industrial art of masonry. During a particularly physical job, he tore his rotator cuff, and Tom was worried that his passion of masonry was at an unexpected end. Through his workers comp program, the **OCR Shoulder Specialists** crafted a completely custom treatment plan that included surgery and 6 months of post-surgical physical therapy. Tom now enjoys doing masonry work as a creative outlet, and he golfs as often as he can.

Shoulder Disorders

OCR physicians evaluate and treat a wide variety of shoulder conditions such as tendonitis and tendon tears, rotator cuff injuries, trauma and arthritis that lead to the need for shoulder replacement surgery.

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SPINE

Dana Drake

Dana has always pushed the limits of what is possible with his extreme adventurous life. As a high-flying Wing Walker, having his body in good working order can make the difference between life or death. When he began having trouble with his back, he sought help from **OCR's Spine Specialists** who diagnosed him with having a compressed disk condition. He was relieved to learn that surgery wasn't required with this type of condition. Through rehabilitation and physical therapy, he was given the all clear to soar the sky once again with confidence.

Neck, Back & Spine

At OCR, a comprehensive and personalized spine care program can be designed to help patients understand their back or neck conditions, helping them return to an active, productive lifestyle. Our specialists in this area focus specifically on spine care and have training, board certification and years of experience in spine care and all facets of lumbar, thoracic, and cervical surgery.

[continued on page 18](#)



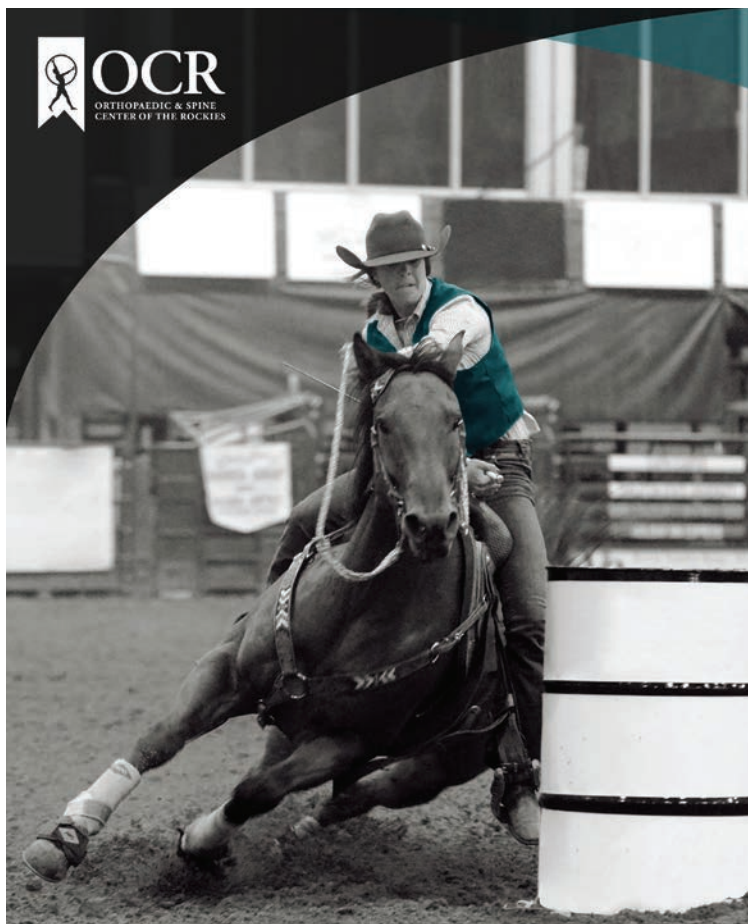
HAND

Mike Caldwell

As an avid outdoorsman and bodybuilder from Estes Park, Mike has lived his life pushing his body to the extreme. While guiding a fly-fishing trip, he severed his tendon in his tricep. The **OCR Hand & Upper Extremity Specialists** were able to repair Mike's tendon through an extensive surgery, but one in which after six weeks of recovery and rehab, he was able to go back to climbing 14ers, fishing, skiing and living his best life.

Hand & Upper Extremity

OCR provides comprehensive, highly specialized hand and upper extremity care. The physicians have years of experience on the diagnosis, treatment, and prevention of injuries and disorders of the hand, wrist, arm, elbow, and shoulder.



KNEE

Maddy Dickens

Maddy is a Champion Barrel Racer and has been competing in rodeos since she was a small child. At the age of 15, Maddy suffered a serious setback when she tore the ACL and Meniscus in her knee. The **OCR Knee Specialists** were able to successfully reconstruct Maddy's knee, fostering the return to her passion of barrel racing. Maddy went on to be named the Reserve National Champion – Collegiate Level in 2018.

Knee Disorders

OCR doctors diagnose and treat the full spectrum of knee disorders including the need for joint replacement surgery. Knee conditions treated also include ACL tears, meniscus injuries, and osteoarthritis. On an annual basis OCR surgeons perform thousands of knee scope and knee replacements every year.

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CENTER OF THE ROCKIES



FOOT & ANKLE

Craig DeMartino

Craig has been scaling mountains for over 30 years, but an accident in 2002 made him wonder if he would ever climb again. Craig's injuries were incredibly extensive, but through the help and guidance of the **OCR's Foot & Ankle Specialists**, he decided to amputate his right leg in the hopes of getting back on the mountain. After his work with OCR, Craig went on to become the first amputee to ever summit El Capitan and climbing remains a part of his daily life.

Foot & Ankle

OCR doctors offer diagnosis, treatment, and prevention for foot and ankle injuries and disorders, including arthritis, fractures, plantar fasciitis, tendonitis, achilles tendon injuries, sprains and more.

Podiatry

OCR's podiatrists handle many foot-ankle concerns daily including those related to diabetes and chronic, non-healing wounds with both surgical and conservative treatments.



HIP

Doug Hawn

To say that Doug is an active adult would be an understatement. Twenty years ago, he started to endure debilitating pain from hip degeneration, almost to the point where he could no longer walk. Through multiple joint replacement surgeries, Doug is back to piloting planes, skiing, climbing, and kayaking. He credits **OCR's Joint Replacement Specialists** with "giving him his life back," and Doug is more active now than he ever thought possible at his age.

Hip Disorders

Hip Scope or Joint replacements can alleviate pain in the hip caused by damage to cartilage by osteoarthritis, rheumatoid arthritis, or trauma. Hip scope surgery is also offered and is a minimally invasive operation done using a tiny specialized surgical scope and camera. Special instruments are inserted through small incisions around the hip joint. Combined, OCR's surgeons perform thousands of hip replacement surgeries each year, relieving patients' pain and helping them regain freedom and move like they used to.



TRAUMA & FRACTURES

Alan Arnette

Alan has completed over 36 major alpine expeditions across the globe. In February 2017, a 100-MPH wind gust sent him flying into a rock field near Estes Park, Colorado, breaking his tibia and fibula in three spots. Alan didn't only want to walk again, he wanted to climb again. He credits **OCR's Trauma Specialists** and their approach to treatment, along with their authentic commitment to his full recovery.

Trauma & Fractures

Broken and fractured limbs can occur frequently with the hundreds of bones, joints, ligaments, tendons and muscles in the musculoskeletal network that provides our body with support, stability and movement. Our physicians care for patients with fractures and are on-call at Medical Center of the Rockies (MCR), Poudre Valley Hospital (PVH), UCHHealth Greeley Hospital and Harmony Emergency Centers for trauma patients.



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SPORTS MEDICINE

Sonny Lubick

For the last 50 years, OCR has been a proud partner of Colorado State University's athletic program as their official Sports Medicine Provider, creating customized treatment and therapy plans for all athletes. Sonny, retired CSU Head Football Coach, credits the **OCR Sports Medicine Team** for helping students recover from injuries sustained through their respective collegiate-level sports. Lubick states, "no other Orthopaedic group can match the care and dedication that OCR has given our athletes."

Sports Medicine Services

OCR specialists offer comprehensive, highly specialized sports medicine care focusing on the diagnosis, treatment, and prevention for the full spectrum of knee, shoulder, and other sports recreation-related conditions including a dedicated Rodeo program that has been treating rodeo injuries since 1992.



PEDIATRIC ORTHOPAEDICS

Ava Shupe

You would never know by looking at her today, but Ava was born with Bilateral Club Feet. When she was only 1 week old, she began her customized treatment plan with the **OCR's Pediatric Orthopaedic Specialists**. After a series of Ponseti casting, a small surgery, brace treatment and physical therapy, Ava is now an active 6-year old who loves to bike, swim, and play with her friends in the park. At OCR we take great pride in caring for children of all ages who are tomorrow's future.

Pediatric Orthopaedics

OCR has a specialized focus on infants, children and teens who may suffer from orthopaedic conditions and injuries. OCR specialists understand their needs based on their growth and development and addresses the special concerns of younger patients and their parents.




WORK PLACE INJURIES

We provide orthopaedic services for injured workers based on the diagnosis and referral from the primary physician, who is in charge of the overall medical care provided to the employees. Our case managers help monitor employees' recoveries, expedite their care, and serve as a vital communication link between our physicians and nurses, the primary physicians, employers, and work comp insurance companies.

The Orthopaedic and Spine Center of the Rockies understands how important it is to quickly treat workplace injuries and get employees back to work, and how to support employers through the worker's compensation claims process. Should an unfortunate accident happen, we would like to be your partner in getting your employee healthy and back to work from an orthopaedic injury!



PHYSIATRY

Physiatry, also known as physical medicine and rehabilitation, is a branch of medicine that aims to enhance and restore functional ability and quality of life for those individuals with physical impairments, disabilities, or chronic pain. Dr. Ray van de Hoven, MD specializes in testing for optimal function to people with injuries in the muscles, bones, tissues, and nervous system. 



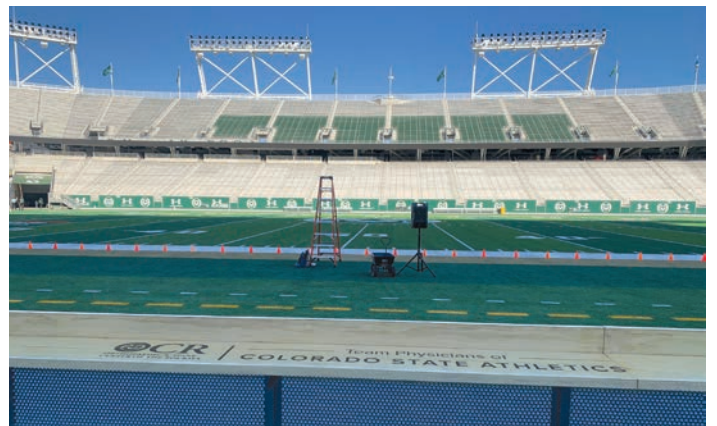
OCR and CSU Relationship Grows with Field Club Sponsorship

A 50+ year long relationship between Colorado State University (CSU) and the Orthopaedic & Spine Center of the Rockies (OCR) grew to another level with the opening of the on-campus stadium. OCR's name is featured prominently on the field club, located at the 50-yard line. The Field Club offers an exclusive opportunity to experience CSU football up close and personal, a fan-friendly space unique to college stadiums. From warm-ups to touchdowns, the space immerses Ram fans in game-day action on and off the field. Aside from proximity to the team bench and tunnel, amenities include a premium bar with food and beverage for purchase, numerous flat-screen TVs, and a vibrant, 4,300 square foot hospitality space.

OCR has been treating CSU athletes since 1969, and OCR doctors Dr. Rocci Trumper, Dr. Sean Grey, Dr. Tom Sachtleben, Dr. Tom Anderson, Dr. Niki Vischer, Dr. Brian Lancaster, and Alissa Wicklund, PhD serve as team physicians for CSU's 16 varsity sports programs.

The expanded partnership establishes OCR as the exclusive official Sports Medicine Team Physicians for Rams Athletics.

The new stadium, on the southwest side of CSU's main campus, features a total capacity of 41,200. The \$220 million facility opened in 2017.



“Our support for the new stadium is a milestone in decades old relationship with CSU. We’re pleased to participate in this effort and in our continuing involvement in the sports programs,” says Dr. Trumper.

“Over the years, we’ve expanded our services to meet the needs of the student-athletes, coaches, and the residents of Fort Collins and the region and that effort continues,” says Dr. Grey.

Mike Bergerson, OCR’s CEO adds, “We’re glad we could make a significant commitment to CSU Athletics, the new stadium and the field club. It’s a first-class venue.”





Introducing the OCR Box Office

In January of 2019, Spectra, the provider of venue management, hospitality and partnerships at the Budweiser Events Center (BEC), announced a new partnership with Orthopaedic & Spine Center of the Rockies (OCR).

Known as the Budweiser Events Center Box Office since the building opened in 2003, the box office now bears the name OCR Box Office at the Budweiser Events Center. With the naming rights partnership, OCR implemented facelift changes to include new signage and OCR specific branding pieces.

Along with becoming the official naming rights partner of the box office, OCR has also committed to a new partnership on the Budweiser Events Center main concourse. On the south end

of the concourse, next to the Raindance Tap, OCR created the OCR Champions Club, boasting new seating and table options. The club features ten large scale art pieces featuring real OCR patients and their journeys.

“As we celebrate our 50th year, we wanted to do something special,” says Carli Taylor-Drake, OCR’s Director of Marketing and Practice Development. “This space allows us to share some of the stories of our OCR Champions with the patrons of the BEC. We hope these stories of overcoming adversity will inspire everyone who reads them. We are very excited to continue to expand our relationship with the BEC and, at the same time, provide new experiences for everyone who steps through its doors.”





Sports Medicine Runs the Gamut at OCR

In a region that is so athletically inclined, the need for professional medical help is essential. Fortunately, for Northern Colorado and neighboring areas, it's readily available through the specialists at Orthopaedic & Spine Center of the Rockies (OCR).

OCR provides comprehensive, highly specialized sports medicine care for residents of Northern Colorado, Wyoming and western Nebraska. This includes both surgical and non-surgical options.

In the non-surgical areas, the physicians provide team and game coverage for the Colorado Eagles hockey team, area high schools, and dozens of rodeo competitions.

"We currently provide athlete coverage at local high schools," says Chad Smidt, Director of Sports Medicine. "We provide it at four in Fort Collins, three in Loveland, and one each in Berthoud, Windsor, Severance, Platte Valley, and Resurrection Christian Church."

The coverage is extensive, he says. "We have an athletic trainer at the school every day and for home events and also home and away football games."

The trainers spend 30 hours a week at each school while also providing some coverage to club sports in the community. "We have full-time athletic trainers with the Colorado Eagles and with Colorado State University (CSU) sports club programs. That amounts to 15+ athletic trainers overall." OCR sports medicine physicians have been the Official Orthopaedic Group for the Colorado Eagles since 2003.

For the surgical aspect, OCR surgeons have knowledge and expertise that comes from years of experience focused on the diagnosis, treatment, and prevention of the full spectrum of knee, shoulder, and other sports and recreational related conditions. These specialists take care of patients with knee, shoulder, and other sports injuries every day in clinic.

The focus on sports medicine began with Dr. Jack Harvey, now retired, in 1978. "When I first came to Fort Collins, I was on my own and operated the Fort Collins Sports Medicine Clinic. I did that for seven years and was then contacted by OCR doctors who said, 'like what you're doing and want you to join us'. OCR was already covering CSU and I had the USA wrestling teams."





The push was on to increase outreach to high schools and colleges, Harvey says. “At the same time, the Broncos were holding summer camp in Greeley and they needed a doctor up here, so we worked with them for about seven years. We also covered the Olympics and a lot of wrestling events in other countries. Working with USA wrestling in events such as the World Championship Olympics and Pan Am games, we went to Cuba, Argentina, Mongolia, France Russia, and Bulgaria taking care of our team.”

While Harvey gets credit for inspiring the growth, he adds, “I couldn’t have done it without the support and help of my OCR partners.”

In August of 2018, OCR increased its provisions for young athletes through its Youth Sports Medicine Outreach Program. This program provides a team of experienced sports medicine physicians and resources for sports injury prevention, diagnosis and rehabilitation to youth sports programs in the area.

This includes on-site medical coverage, exclusive free Morning Injury Clinics, Sports Medicine Team and a pre-season Baseline (ImPACT™) Concussion Testing. The Morning Injury Clinics are from 7:30 to 9:30 a.m. Mondays and Thursdays, excluding holidays, at the Loveland, Greeley and Fort Collins locations. Athletes have access to certified athletic trainers at no charge and with no appointment necessary. Pre-season Baseline (ImPACT™) Concussion Testing is available for High School athletes.

“Dr. Rocci Trumper and Dr. Sean Grey are the leaders of our program as far as giving clinical direction,” Smidt says. “I work closely with them. We currently have around 200 events that physicians cover annually.”

That busy schedule is added to with the ongoing relationship with CSU. “Our relationship with CSU has always been strong and it continues to deepen as our clinic grows,” Trumper says. “OCR has been the Official Sports Medicine Team of CSU since 1969. We love being part of the day-to-day care of CSU athletes and sharing the OCR Field Club with Ram fans on game day. With all of this considered, it is truly the deepening relationship with the students and faculty that has us excited.”



OCR Gives Back to the Community



As local caregivers, community vitality remains an important part of Orthopaedic & Spine Center of the Rockies (OCR). Since its founding in 1969, the physicians and staff at OCR have been passionate about caring for the communities they call home and beyond in an effort to make each a better place to live for patients. From engaging in local events, activities and initiatives to supporting area programs, organizations, and more, the primary areas of philanthropic involvement for OCR encompass:

- Nonprofit Partnerships (health agencies and initiatives)
- Community Impact Efforts (fundraisers, disaster relief and response)
- Youth Health (programs and activities)
- Educational Initiatives
- Athletic Organizations
- Holiday Driven Causes (Kissmas Wishes, the Ram Strength Turkey Trot, and more)


At OCR, 'Volunteers Are Love in Motion,' meaning that each of these focus areas is non-incentive based and provided purely by the goodwill of its team. Furthermore, many OCR doctors have launched passion projects to motivate charitable initiatives for organizations, resulting in tens of thousands of dollars in monetary support over the years. Additionally, each year OCR team members apply casts to sponsored teddy bears for nonprofit auctions and children's giveaways at Colorado Eagles hockey games.

OCR has also launched multiple internal initiatives to promote a positive impact from within its walls. For example, through its Jeans Dollars activity, employees each contribute \$3 to an in-house fund when they wear denim on casual dress day each Friday. Employees are asked for ideas about how to donate the Jeans Dollars and, at different points during the year, donations are made to not-for-profit agencies. To further pay-it-forward, OCR physicians match the employee Jeans Dollars.

Supporting hunger relief, the Annual OCR Food Drive led by employees and family members collects non-perishable food donations for the Food Bank for Larimer County every November and December. But there's more: In a current "Returned Survey Giving Project," OCR donates \$1 for each survey returned by a patient after their appointment. The proceeds go to the Weld Food Bank, the Wyoming Food Bank of the Rockies, and the Scottsbluff-Gering Community Soup Kitchen.

Just passing its 14th year, The Total Joint Walk has more momentum than ever before. The list of participants for this annual celebration of patients who have had joint replacement surgery has grown so large that OCR can only invite patients from the past three years: that number alone is more than 10,000 strong.

As true specialists in motion, OCR keeps industry education moving forward by hosting their annual Symposium conference, offering presentations from OCR physicians and providing information for physicians, mid-level providers, therapists, registered nurses, athletic trainers, chiropractors, and registered therapists. In return, Colorado Medical Education gives continuing education credits for the conference.

For more than 50 years, OCR has been humbled and motivated by the inspiring 'OCR Champions' that have come through its doors. These impactful success stories of strength, support, and prevail, motivate OCR to champion communities and those who call them home with specialty care for generations to come. 

VOLUNTEERS ARE *love in motion*



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DID YOU *Know?*



OCR is the medical team for Colorado State University (CSU) Athletics, the Colorado Eagles Hockey Team (AHL), and numerous area high school sport programs, club sports, and regional rodeo programs.

475

Currently, OCR has over 475 employees.



OCR is a physician-owned vertically integrated medical group established in 1969.

32

OCR has 32 Physicians as of January 2020.



Patients from Larimer and Weld County make up 60% of the client base. Patients also come from Colorado, Wyoming, Nebraska and Kansas with some of them driving over eight hours.



To serve its patients, OCR has:

- Three Medical Campuses - Fort Collins, Loveland, and Greeley.
- Two physician-owned surgery and recovery centers with total joint and spine programs.
- Two MRI centers - Fort Collins and Loveland
- Two therapy clinics - Fort Collins and Loveland

ORTHOPAEDIC SURGEONS



Mark McFerran, MD
Trauma & Fracture Surgery
Joint Replacement Surgery
General Orthopaedics



Rocci Trumper, MD
Knee Disorders
Sports Medicine



Dale Martin, MD
Sports Medicine
Knee & Shoulder Disorders



Kirk Kindsfater, MD
Joint Replacement
Surgery



Sean Grey, MD
Shoulder Disorders
Sports Medicine



Robert Benz, MD
Spine Disorders
Spine Surgery



David Beard, MD
Sports Medicine
Joint Replacement Surgery
General Orthopaedics



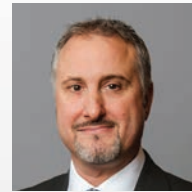
Satoru Chamberlain, MD
Hand & Upper
Extremity Surgery



Robert Baer, MD
Trauma & Fracture Surgery



William Biggs, MD
Adult & Pediatric Spine
Disorders & Surgery



Wesley Jackson, MD
Athletic & Reconstructive
Surgery of the Foot & Ankle



Michael Rusnak, MD
Trauma & Fracture Surgery
Knee Disorders



Dana Clark, MD
Joint Replacement Surgery



Steven Seiler, MD
Hand & Upper
Extremity Surgery



Ryan Hartman, MD
Pediatric Orthopaedics
Sports Medicine
Knee & Shoulder Disorders



Bret Peterson, MD
Hand & Upper
Extremity Surgery



Joshua Snyder, MD
Hip Arthroscopy
Sports Medicine Surgery



Riley Hale, MD
Joint Replacement Surgery
Trauma & Fracture Surgery

ORTHOPAEDIC SURGEONS, CONTINUED



Dr. Andrew Stith, MD
Athletic & Reconstructive
Surgery of the Foot & Ankle



Dr. Stockburger, MD
Hand & Upper
Extremity Surgery



Alissa Wicklund, PhD
Sports Concussion
Neuropsychology



Ray van den Hoven, MD
Electrodiagnostic Medicine



Nathan Hunt, DPM
Podiatric Medicine &
Surgery Diabetic Foot
& Wound Care



George Le, DPM
Podiatric Medicine &
Surgery Diabetic Foot
& Wound Care

CONCUSSIONS

PHYSIATRY

PODIATRY

SPORTS MEDICINE



Stephen Yemm, MD
Sports Medicine
Non-Surgical Orthopaedics



Thomas Sachtleben, MD
Sports Medicine
Non-Surgical Orthopaedics



Vincent "Skip" Ross, MD
Sports Medicine
Non-Surgical Orthopaedics



Thomas Anderson, DO
Sports Medicine
Non-Surgical Orthopaedics



Kurt Dallow, MD
Sports Medicine
Non-Surgical Orthopaedics



Niki Vischer, MD
Sports Medicine
Non-Surgical Orthopaedics



Brian Lancaster, MD, MS
Sports Medicine
Non-Surgical Orthopaedics