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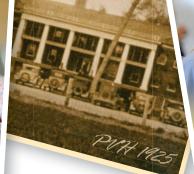
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The Business Report

# Bridging

# generational differences

Longer lifespans, leaner retirement plans mean a more diverse workforce

#### BY MAGGIE SHAFER mshafer@ncbr.com

t first glance, you wouldn't notice anything missing from The Group Inc. Real Estate's main office in Fort Collins.

A youthful front-desk attendant greets visitors, well-dressed professionals of all ages filter in and out, and prospective homebuyers wait in oversized armchairs, flipping through magazines.

Nothing out of the ordinary for a busy real estate office. What isn't so obvious is what's not there: locks. Not a single interior office or



The Group's Amy Roup, seated, works with Brandee Eide on an advertising project. JONATHAN CASTNER

conference room in the entire two-story, 20,500-square foot building is equipped with a keyhole, latch or deadbolt. Not one.

"Ultimately, there is trust," said 40-year-old Robin Strong, a realtor with the Group since 2001, "and our individual success is based off everyone's success. Regardless of how long they've been here."

For the Group, this means allowing their industry's newest faces into the offices and meeting rooms of the seasoned veterans, to soak in the knowledge and exper-

#### "This only works when there

#### is a culture of mutual respect

#### and support, and people are

#### eager to work with and learn

#### from each other."

– Ava Diamond,

Diamond Success Group

tise that only years on the job can impart.

In turn, the younger realtors share their energy, new ideas and – perhaps most importantly – technology know-how.

A symbiotic relationship between old and young, beginners and experts, Facebook-dependent and Facebook-afraid.

Multigenerational workplaces like the Group's are a growing reality in the United States. A combination of longer lives and leaner retirement plans have kept people in the workforce longer, often into their 70s and even 80s.

With the entrance of Millenials (those born between 1980 and 2000), it is now the norm for offices to house a mix of committed company lifers and fresh-faced college grads in their first pair of slacks. Millennials are expected to comprise half of the workforce by 2020.

And like an episode of the "Real World," these generations are thrown into the same room 40-plus hours a week and asked to do something productive together.

But unlike a reality show, conflict doesn't translate to higher ratings, and definitely not to higher profits.

In order to succeed in the current climate, businesses have not only had to learn to deal with the generational span, but embrace it. "The more diversity you have, the better your solutions can be," said Ava Diamond, president of workplace consultants the Diamond Success Group.

"You have people with a wide range of life experience, training, organizational experience and styles focused on your business and your customers. But this only works when there is a culture of mutual respect and support, and people are eager to work with and learn from each other."

In the multi-generational environment, communication can be the biggest stumbling block to success, said Dr. Stephanie Smith, the public education coordinator for the American Psychological Association.

Different generations often prefer different modalities. Where Millenials would rather text or email, Boomers are more likely to call or prefer in-person interactions. A workplace that offers and utilizes various methods is more likely to keep everyone happy and productive, Smith said.

When Mark Goldrich started working at The Group Inc., contracts were handwritten, homes were unlocked with actual keys and business was done face-to-face.

Times have changed.

Goldrich said he's relied on his younger co-workers to help him navigate the new world order.

"I've seen realtors who didn't want to make the changes and embrace the new technology and they eventually fall out because their functionality is limited," said Goldrich a 65-year-old Group veteran. "You have to accept the technology in order to communicate with a younger generation."

The life/work balance is another area where the generations differ.

According to a study published in 2011 by Achieve Global, company loyalty and work ethic vary from generation to generation. Work is less central for Millenials, and they tend to be less committed to a particular company. Their older coworkers on average have a stronger work ethic and place less emphasis on leisure.

But that doesn't necessarily make Generation Y'ers bad to work with. The Pew Research Center has dubbed the Millenial generation as "confident, self-expressive, liberal, upbeat and receptive to new ideas and ways of living." This type of worker is more likely to demand flexible working hours, faster promotions and greater responsibilities. The difficulty can be managing fairly to ensure that older workers don't feel the up-and-coming are being given special treatment.

Another area to be aware of in a multi-generational environment: making age a bigger deal than it is.

Joe Rosse, professor of management at the University of Colorado Boulder, said age-cohort differences are overblown. What's more important is what coworkers have in common.

See Generations, page 4

#### **Generations,** from 3

"Often people are looking for the same things: a good work environment, fair pay, etc.," Rosse said. "The differences aren't as big as people think. Fundamentally the way people respond to work will be similar. The commonalities will be more important than the differences."

So what's in the middle of the Venn diagram of all generations? Diamond said values.

"It has been shown that all generations have similar values, but how they define them is different," she said. "For example, the value of respect. For older employees, it might mean, 'Give my opinions the weight they deserve because of my years of experience,' whereas for younger employees, it might be, 'Listen to me and pay attention to what I have to say. Just because I'm young doesn't mean I don't have great ideas.""

The type of workplace that fosters this kind of respect is typically led by someone who champions it themselves, Rosse said.

"Any good manager asks himself or herself, what do my employees bring to the table?" he said. Having a collaborative style and asking all employees for input (regardless of age) builds a culture of respect among the staff for leadership and for each other.

"And that (respect) is a good thing in any management position."

Smith's advice to Baby Boomers is to stay openminded. Taking on the posture of student, regardless of age or station, allows for continued growth and mutual respect.

"There are few of us who can't learn and grow from being around and interacting with others," she said. "Taking an adversarial (us vs. them) stance at work is not productive and can cause stress as well.

"Taking a step back and realizing that while your own history and experience is valuable, other members of your team have valuable insights and inputs as well."

When The Group began hiring members of Generation Y, Strong recognized their understanding of (and ability to market to) the next generation of home-buyer, a skill that the older generation could glean from.

At the same time, Tracie Milton, a 31-year-old realtor with The Group, has appreciated the open-door policy of her older mentors, and their willingness to teach.

"It's an exchange of confidence," she said.









Assisted Living & Memory Care Bethesda Senior Living Community



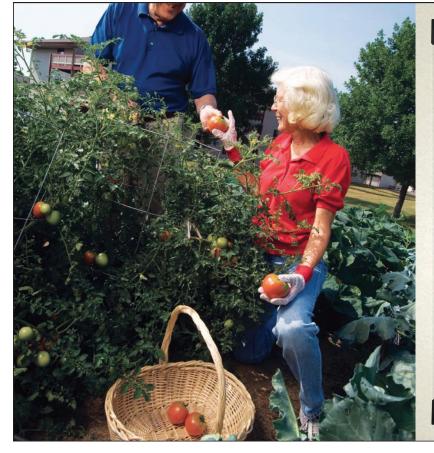
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# Marketing to boomers

BY IVY HUGHES news@ncbr.com

he notion is familiar to most: The aging baby boomer generation is the country's largest and most affluent.

Just how affluent? According to the U.S. Bureau of Labor Statistics, boomers and older Americans contribute \$2.6 trillion to the U.S. economy each year.

Yet as they reach their retirement years — the oldest boomers turned 65 last year — many businesses seem to be overlooking the huge business opportunity this generation presents.

"This is the wealthiest bunch of old people we've ever had in the country and they will spend money differently than the young," said Bill Dunkelberg, chief economist for the National Federation of Independent Businesses.

In a recent report produced with marketing firm BoomAgers, Nielsen found that while boomers control most of the money, "less than 5 percent of advertising is geared towards them."

Most of mainstream advertising is aimed at younger demographics, which is a mistake, according to Nielsen.

Maturing boomers obviously spend more on health care, but they also spend more on travel and myriad other services.

Predictably, they love spending huge amounts of money on family — eye-popping amounts.

"They contribute 40 to 50 percent of all spending on their grandchildren," said

They're not the type of consumers that really stop spending. Instead, they just reallocate. Brent Green, president of Denver-based Green Associates Inc. and author of several marketing books.

So why are so many businesses either ignoring aging boomers or portraying them as incompetent and, well, old?

"There's a predisposition not to market to people over 50, or figure they'll get the drift or blow back of any marketing, but that is incorrect," Green said. "If they are not included, they will notice."

Green said ski resorts, specifically Aspen, have successfully targeted boomers by creating and marketing family vacation packages — which are often funded by boomers. They've also created programs such as ski safety classes that are attractive to boomers who want to ski the bumps but want to do it safely.

The Broadmoor Hotel in Colorado Springs did something similar, selling its golf course townhomes to boomers as a good place to host family get-togethers.

"They recognized the opportunity for grandparents to finance family get-togethers, the idea being that generations will come together and grandma and grandpa will pay the freight," Green said.

Successfully targeting boomers has a big payoff. As might be expected, targeting them with silly, inane or childlike messages doesn't work.

"There's a corner of the mind that says you cannot make fun of gay people, women or Latinos," Green said. "What's left is — let's make a funny commercial about old people. Boomers notice it and they don't like it."

Of course, the still-weak economy has created problems, too.

Angela Cortez, director of communications for AARP Colorado, said the uncertain recovery has made boomers hesitant to spend in areas outside of health care.

"We recently completed surveys nationally and in Colorado and the baby boomers are very insecure about their retirement," Cortez said. "Three in four boomers, or 75 percent, believe they will have to delay retirement. They're living longer in general, so they'll probably work longer."

Green said this isn't a bad thing.

"Maybe there was a plan for a second home that didn't happen and that industry got hurt because consumers pulled back, but boomers are not the type of consumers that stop spending," Green said. "They reallocate."

That reallocation is affecting small businesses and startups. Bill Zinke, president of the Center for Productive Longevity in Boulder, said boomers are not only starting businesses, they're advising and consulting existing businesses.

"They have experience, expertise, seasoned judgment and proven performance," Zinke said. "It's not just a nicety but a necessity to utilize this talent pool. People will need this talent pool."

According to Zinke, this affects the economy in three ways. One, younger startups get access to information and relationships they wouldn't have. Two, boomers

### "There's a predisposition not to market to people over 50. ... (But) if they are not included, they will notice."

– Brent Green.

Green Associates Inc.

who were expected to retire are putting money back into the economy by starting their own businesses. Three, by working, these boomers are prolonging the sustainably of so-called entitlement programs such as Social Security and Medicare. They're also supplementing a shrinking workforce.

"If we encourage these baby boomers to continue in productive activities after they leave their regular full-time jobs, we have them contributing to instead of drawing from the economy," Zinke said.

Boomer contributions don't stop at for-profit enterprises.

"Boomers are showing dramatic contributions to education in the form of community colleges and the community college system knows that," Green said. "They are significant contributors to non-profits."

The arts and entertainment realms are especially benefiting.

Venues and directors that have successfully marketed boomers are doing very well. The "Jersey Boys" show about the Four Seasons was a huge hit in Denver this summer.

"Obviously the 'Jersey Boys' was a pop group in the 1960s, so if you looked at the audience that filled that venue, you kind of get it," Green said.

# They are the next generation of entrepreneurs

BY MICHELLE VENUS news@ncbr.com

#### Take a moment to answer the following questions:

- Which age group has the highest rate of entrepreneurial activity? A: 55-64 B: 20-34 C: 35-50
- Which age group has the lowest rate of entrepreneurial activity? A: 55-64 B: 20-34
- C: 35-50
- What is the average age of U.S.-born technology founders when they started their companies?
- **A:** 25
- **B:** 18
- **C:** 39

If you answered A, B and C respectively, you aced this test. Next question: Were you surprised by the answers?

You shouldn't be. In fact, twice as many men and women age 50 and older start tech companies than those age 25 and younger.

According to a 2009 study by the Ewing Marion Kauffman Foundation, more baby boomers than ever are starting second and third careers and hiring themselves to run the companies — so much so that AARP and the U.S. Small Business Administration have entered into an unprecedented partnership to help boomers become more successful as entrepreneurs.

"We've seen a growing percentage of the 55-64 age group trending toward entrepreneurship in the past 15 years," said Jean Setzfand, AARP's vice president for financial security. "Not only is the average age of entrepreneurs older, but the sustainability of their companies is higher. They're having better success rates. We know that this is a good equation. So we set up this partnership to allow people who are thinking this through — in essence, kicking the tires — access to resources to help them think through the concept." The need for work is greater today and so more boomers are starting their own businesses.

Boomers are living longer, healthier lives and wanting to stay engaged and vital. Years of experience and knowledge make the more than 70 million Americans in the over-50 set well-positioned to become the next generation of entrepreneurs. In fact, 7.4 million American workers age 50 and up are self-employed.

A recent USA Today/Gallup poll found that 63 percent of U.S. adults plan on working during their retirement. While some of that may be attributed to the floundering economy, most claimed it was because they enjoy work.

Setzfand pointed to economic factors contributing to the trend. The recession saw unemployment numbers spiking, not just for boomers but across the board.

More importantly, there is a broader economic issue for the aging population in the shift in the way people are preparing for retirement. Traditional pension plans are extinct; employers are no longer setting money aside so that retirees can expect a lifelong check in the mail. The onus has been placed on the employee to save for retirement, and for many people those funds don't add up to enough to live on. The need to work is greater. Entrepreneurship is the answer to economic issues and



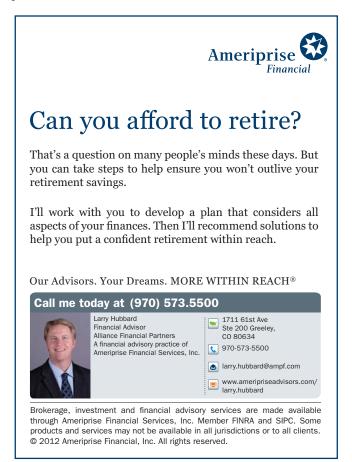
"We've seen a growing percentage of the 55-64 age group trending toward entrepreneurship in the past 15 years. Not only is the average age of entrepreneurs older, but the sustainability of their companies is higher."

– Jean Setzfand

Vice President, financial security, AARP

the desire to stay productive and find meaning in life.

The initiative between SBA and AARP officially launched on Oct. 2. The goal is to put 100,000 boomers in touch with the resources that can help them through the process of becoming a business owner, even if it's just planting the seeds of entrepreneurship. AARP has plans for an online tool kit that will direct its users to



SBA resources.

"Certainly people can go to their local SBA offices to access this information, but we're providing a clearing house ... to make finding this easier," Setzfand said. "It also gives them the flexibility to work privately in their own homes or find a face-to-face meeting or educational opportunity."



## For sale: Boomers' businesses – but for how much?

Boulder-based Front Range Business VP Paul Chambliss tries to help business owners overcome their emotional investment so they can sell their businesses. When it comes time to sell and retire, many find themselves emotionally unprepared.

BY MICHELLE VENUS news@ncbr.com

t started as a dream. An idea. "What if I started a business doing (fill in the blank)?" In the beginning it was just

you — and maybe a partner or two. The business ran on blood, sweat and tears, with some heart and soul thrown in for good measure — and a chunk of your personal financial resources, too.

So perhaps it's no surprise that when the time comes to sell the business and retire, some baby boomers just aren't prepared.

They may not have a full understanding of their company's actual value. Or perhaps their inability to let go undermines the sale.

"The emotional investment is why it's so difficult for most people to sell their businesses," said Paul Chambliss, vice president of Front Range Business Inc., a Boulder-based brokerage firm that facilitates selling owner-operated businesses. Chambliss has helped hundreds of owners sell their businesses and has seen successful outcomes as well as monumental failures.

Take, for instance, the owner of a long-established plumbing company who came into FRB's offices ready to sell. Chambliss and his team's valuation produced a figure that was half of what the owner was expecting and said he needed to retire.

"We told him what the value drivers were for his business ... how he could increase profitability and make it more desirable for a buyer, (to make it) transferable, and how to keep the business intact, post-transfer," Chambliss said. Another recommendation was to seek a business coach.

Twelve months later, after working with the business coach and executing all his recommendations, the owner came back, ready to sell a business that had doubled in value. Some of the steps taken were quite simple: Formalizing and documenting processes, creating employee, service, and maintenance manuals, staff training and, most importantly, working on the business, not for the business.

According to Chambliss, too many business owners are so caught up in day-to-day operations that they overlook the aerial view. Owners need to focus on marketing, training and where they want to take their businesses, then plan the route that will get the business to the final destination: a successful and profitable sale.

Sometimes owners sabotage themselves, with heartbreaking results. Chambliss recounted the story of the owner of a retail food business. The owner felt his business was worth significantly more than the valuation and refused to budge from the figure. FRB agreed to take on the engagement, but all the offers came in 30 percent to 40 percent below what the owner wanted to achieve. Eventually, he took the business off the market and continued to run it at a loss. Ultimately, the dominoes began to fall. The business went bankrupt. That domino struck the next one and then the next, and the business owner lost his other retail businesses and realestate holdings.

"That's an extreme example of failure," Chambliss said. "That sort of emotional investment in a price or a business can take you places that aren't logical, but it does happen. The first instance is more the exception than the rule. That (business) owner was eager for help, eager to take advice, and very motivated to implement the suggestions."

Barbara Findlay Schenck, author of "Selling Your Business for Dummies," recommends that when baby boomer business owners start thinking about an exit, they need to weigh some big questions:

• Do you want an immediate and total exit, or do you want to ease yourself away over a longer time frame?

• Is your business a decent sale prospect — or even a great one? If not, how much time and financial investment will it take to get it into sale-ready shape?

• Are you better off selling to business insiders, family members, employees or associates — or should you seek an outside buyer?

• What is the business worth?

Selling options range from liquidation (selling physi-

cal assets and closing up shop) to transferring a portion of ownership and responsibility as part of a plan to stay involved while selling the business in full over time, or selling the business outright to a new owner or owner group.

The more sale-ready the business is, the more it's likely to look like a good deal to buyers and the more apt it is to not only attract a buyer but also to command a

Too many business owners are so caught up in the day-to-day, they're not thinking about how to engineer a successful and profitable sale.

- Paul Chambliss,

Front Range Business Inc.

decent price. That means:

• The business needs to be financially healthy, with growing revenue and earnings.

• It needs to have strong business capabilities and processes.

• It needs to have unique and desirable products and services, a desirable location, a healthy market area and industry sector, clear ownership of modern facilities and equipment or long-term leases on them, strong staffing, a solid customer base, no legal or financial problems and a name and reputation buyers will want to pay for and acquire.

• It needs to be easily transferable to new owners.

As more baby boomers reach retirement age, the buyers' market for their businesses has become very competitive. No demographic behind this one is as large, and subsequently there are fewer buyers.

It's not all bad news. Chambliss is noticing that the market is recovering and has become stable. His firm sees a lot of profit-and-loss statements and says the trend is heading upward.

"It's not a 'hockey-stick' rise," he said. "It's a gradual increase ... and we're not expecting another downturn."

With some careful planning and emotional detachment, Chambliss said, you can successfully sell your business and enjoy those golden years.

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# The money's there, but when do I take it?

There's a lot to consider before drawing on your Social Security.

#### BY DAN COOK news@ncbr.com

To delay or not to delay? That is the question. At least that's the question a lot of baby boomers are asking themselves and their financial advisors these days as they try to decide when to begin taking their Social Security benefits.

Anyone who has paid into Social Security over the years can begin to receive those benefits in their 62nd year. But triggering the payments at 62 means accepting a lower monthly amount than one would receive at the "full" retirement age of 66. Then again, by waiting until age 70 to dip into the Social Security pot, you can expect an even higher monthly amount.

Today, Social Security represents a much more important revenue stream to retirees than it did for previous generations. As Josh Miller, president of Loveland-based Colorado Financial Management Inc., notes, "In the 1990s, people were confident that they could count on their stock market portfolio or their 401(k) or IRAs to support them through retirement. Now, with the volatility in the financial markets, Social Security has become a more important decision."

Many factors must be weighed in the making of this decision. It's a personal choice, Miller says, one in which current financial needs must be balanced against life expectancy, one's ability to continue to earn a living past age 62, spousal considerations and the availability of cash from other existing assets. A person receives an extra 8 percent boost in monthly payments per year of delay after 66, money that can be important if one lives to a ripe old age.

Bryan, a federal government employee who asked that his surname not be used, is facing this quandary. He is 66, is secure in his job and has made the decision not to take Social Security benefits until age 70, when he plans to retire. Although he is a former smoker who retirement thanks to the larger payout.

Yet a Social Security department employee recently told him that he should begin taking benefits now, while still working. "I did the math and believe his advice was off base. My calculations show that I would be losing \$44,000 by starting benefits now," Bryan says.

Colorado Financial's Miller isn't second-guessing that call. But he thinks Bryan could potentially forfeit some money by delaying.

"It's a tougher decision at 66, when you're still working," he says. "The statistics show that you need to live longer than 14 years past when you begin to take the benefits for it to pay off. Otherwise, it doesn't pay off, except for a spouse, who will then receive potentially higher payments after you die."

Miller's advice: Visit your local Social Security office, get all the information you can about your accrued benefits, then schedule an appointment with a financial planner to help with vour decision.

In the case of Bryan, he will have to make it to age 84 to enjoy his delayed payoff. Informed of this, he decided to check in again with his financial planner to make sure he has all the facts.

Setting up an online account with the Social Security Administration is a good way to determine your level of expected benefits at various ages and to gather other information that will help you in your decision-making process.

Start by going to https://secure.ssa. gov/RIL/SiView.do. There, you can create your personal Social Security account. Once you have created the account, you can click on "View estimated benefits" to see what you'd be receiving each month. To see a complete history of your Social Securityrelated income, click on "View earnings record." This information serves as a good foundation as you approach this all-important decision.

The site offers an array of resources to help one evaluate one's retirement

has also battled weight problems, he is generally in good health and has good health insurance. His wife is considerably younger than he is and has a good job. Income for the couple is not an issue.

Bryan has faith in his financial planner's projected life expectancy for him of 82 and decided that, by waiting until 70 to begin taking benefits, he could better enjoy

financial needs and objectives and make the best decision possible about when to take benefits.

"There's quite a bit of planning that can be done when all of the factors are considered and one's personal goals are outlined," Miller says. "Should you delay, or take it now? It all comes down to where you're at in your life. Ultimately, only (you) can make that decision."

#### WHAT SOCIAL SECURITY SAYS

The following advice comes from an article from the Social Security Administration's website titled, "When to start receiving

efit starting at that age is \$1,000. If you choose to start getting benefits. This is generally a permanent reduction in your monthly

If you choose to not receive benefits until age 70, you would increase your monthly benefit amount to \$1,320. This increase is from delayed retirement credits you get for your decision to postpone receiving benefits past your full retirement age. The benefit would receive per month if you chose to start getting benefits at

# **Boomers at work:** Planning the next chapter

espite efforts to prevent age-discrimination in the workplace, there still remains an assumption in our culture that people "should" retire by a certain age.

There is a subtle but pervasive notion that something must be wrong if a person is still working past age 65. If we continue working, we may feel a sense of shame or perhaps disappointment that life did not work out as planned.



CARRIE PINKSY Careers

In reality, there is a new normal taking place.

Traditional views on retirement simply no longer make sense. In the "Big Shift — Navigating the New Stage Beyond Midlife," Marc Freedman writes, "While we have been remarkably adept at extending lives, our imagination and innovation in remaking the shape of those longer lives have been struggling to keep pace."

According to Freedman, in the year 1900, the average lifespan was 47 years. Today, living to the 100-year mark is becoming increasingly common.

What are we to do during those extra years of life? One can only play so much golf. More importantly, most retirement accounts cannot support 30 years of living without working.

As with all social movements and changes, we often need new language to begin influencing different ways of thinking.

Jackie Peila-Shuster, an assistant professor in Counseling and Career Development, believes the word "retirement" has outlived its usefulness. She prefers to call it "next chapter planning," because really, it is simply transitioning to a new phase of one's life.

Older workers typically bring a wealth of experience to the table.

Peila-Shuster offers some good advice: "Take time for self-reflection to tap into your motivated skills. The key is to look not only at what you do well, but also at

#### Most retirement accounts cannot support

30 years of living without working.

what you enjoy doing."

For example, you may be an expert Excel user but you cringe at the thought of sitting at a desk creating spreadsheets. You may have years of experience managing teams but just the thought of being in charge of others now leaves you feeling drained.

If an older worker is seeking a position with a company, they can highlight their "motivated skills" on their resumes. Peila-Shuster then suggests looking to see if one's motivated skills match the job description. "Obviously, no job is perfect, but isn't it better to reach for the best match possible and scale down as needed?"

The same process applies if you are looking to start a business, work as a contractor, or contribute in some other manner. Peila-Shuster advocates knowing your strengths and what you want to offer. And then you can figure out where to use those skills and strengths to make a difference.

We all know boomers who are struggling to find work. And we also hear stories of older workers who have spun second or third careers into new and exciting ventures.

Beyond working to our motivated skills and strengths, Peila-Shuster also suggests further selfreflection to identify how we want the next chapter to look and how we want to matter in the world.

In what ways can we continue to use our passions to make a difference? How much money do we need to earn? What kind of schedule do we envision for ourselves?

Our "life work" can then be carried out in multiple ways such as paid work, volunteering, and contributing to family and friends.

Peila-Shuster stresses, "Human development is a life-long process. People have much to offer the world around them at any stage of life."

Many older workers assume that they must downsize their careers. Peila-Shuster counters that, "it is not about downsizing anything." That is negative language that keeps us stuck in an outdated paradigm about work and retirement. Instead, "it is about right-sizing our lives to make sense for our current needs and wants," she says.

Age is not simply a number. It is a state of mind. In many respects it is what we think about aging that determines how positive and energized we feel about our lives and growing older. According to Peila-Shuster, "If we encourage people to define this time of their lives according to their needs, desires, and life context, then the pressure associated with 'living the good life' in retirement can begin to be lifted."

It is important to note that writing a new chapter is rarely easy. Job-searching in today's market is challenging and transitioning to a brand-new career can be even trickier. But let's remember that baby boomers are not known to shy away from challenges.

Freedman believes that, "boomers are being called upon to change the shape of their own futures and also the future of generations to come. They are redefining what it means to grow old and remain productive." It seems important to stress the incredible value that boomers bring to the workplace and to the world. Many older workers tend to forget their worth.

When we free our minds from outdated ideas that we

"If we encourage people to define this time of their lives according to their needs, desires and life context, then the pressure ... can begin to be lifted."

– Jackie Peila-Shuster,

assistant professor, counseling and career development

are too old to contribute or that it is too late to embark on a new career, we open up to what is next.

So, what is next? The details will vary from person to person, but there will be a common theme. Most of us will live longer and continue working in some fashion long into our golden years. Welcome to the new normal.

Carrie Pinsky is a Fort Collins-based career and HR advisor. She can be reached at carrie@pinkskywriting.com.

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# How ready are you?

We asked five boomers what they've done to prepare for retirement and what's they're expecting in the years ahead. The answers, happily, are generally positive, at least for this group.

#### **Donna Sigward**



Age: 59 Location: Cheyenne, Wyo.

**Occupation:** I am a licensed clinical social worker at Peak Wellness Center, a community mental health agency. I am a clinical supervisor and early-childhood family therapist.

**Hometown:** Born in Torrington, Wyo. and graduated from high school in Ainsworth, Neb. Graduated with a master's degree from University of Wyoming in 2004.

Marital status: Married 39 1/2 years.

**Retirement age/date:** I haven't set a date or age. I like my work.

**Retirement plan:** I fully fund an IRA every year, contribute to a 401(k) at work, have a Roth IRA, am paying down mortgage as much as possible and have rental property.

What would you have done differently? I wish I had gone to college 20 years before I did, as this has made the greatest difference in my ability to fund our IRAs. My spouse has been totally disabled after an industrial accident in 1981.

#### Bill May



#### **Age:** 62

**Location:** I live on 80 acres outside of Briggsdale, Colo.

**Occupation:** I was a business marketing teacher and football and baseball coach at the high school level before I retired after 30 years.

**Hometown:** I have lived in the Greeley area since 1968. I grew up in Lakewood, Colo.

Marital status: Married.

Retirement age/date: I retired in 2001.

Retirement Plan: I saved and am covered by PERA retirement.

What would you have done differently? I wouldn't do anything different.

#### **Jim Angell**



#### **Age:** 54

Location: Cheyenne, Wyo.

**Occupation:** Executive director, Wyoming Press Association.

Hometown: Walla Walla, Wash.

Marital status: Married

#### Retirement age/date: 2023

**Retirement Plans:** I have been investing in an annual retirement benefit provided by my company in a retirement plan. Also, I am vested in a pension from a previous employer and have purchased part ownership in a family farm that provides an ongoing revenue stream.

What would you have done differently? I would put more of my take-home pay into a retirement account. And I would have made sure that the money came off the "top" of the paycheck. Otherwise, it seems like there's nothing left to invest at the end of the month. I hope to improve in that area in the coming years.

#### **Betty Artez**



#### **Age:** 57

**Location:** I have lived in Lafayette for the past four years but am moving to Louisville to be closer to work. Also downsizing!

**Occupation:** I am the co-owner of Casa Alvarez Restaurant in Boulder, Colo.

**Hometown:** That is a difficult question. I was born in Buenos Aires, Argentina, and

we lived in New York City for the next 22 years, and I considered myself a staunch New Yorker. I moved to Boulder in 1984 when my son was 6-months-old and have lived here ever since. So I have lived in Boulder the longest and feel invested in the community so will say that Boulder is my hometown.

#### Marital status: Divorced.

**Retirement age/date:** I don't think I will ever really retire. I enjoy my work and am branching out to other areas of the food industry, packaging and selling our sauces in retail stores. I think that in a couple of years I will try to wind down the day-to-day restaurant part of my career to enjoy more free time, to possibly do more community volunteer work and some travel.

**Retirement plans:** My financial planning has always been focused on real estate and my business. I have done well in those two areas and continue to invest in those areas. I purchased a property in Taos, N.M., with the idea that someday I would move there but currently I use it as my getaway and retreat center.

What would you have done differently: I am pretty happy with how things are turning out. We have been affected by the various downturns over the past 18 years that we have been in business but have learned to adjust to the changes in the economic climate. Happily, I did not invest in the stock market so was not affected by the decline in value as others were.

#### **Gary Burton**



#### **Age:** 68

**Location:** My wife Liz and I live at Seeley Lake north of Greeley. We moved here six years ago from Arvada.

**Occupation:** I retired from PepsiCo eight years ago after working for the same company for 41 years. I retired at age 59. I was the director of sales for the last 24 years of my career. My wife Liz owns her own

business – Professional Background Investigations Inc. She does pre-employment screening for businesses. She is not planning on retiring anytime soon. She is 65.

**Hometown:** I was originally from Haxtun, Colo., and Liz is from Gothenburg, Neb. However, I moved and lived in the Denver and Arvada area from the age of eight.

**Retirement Plans:** My retirement went smoothly and I set up an account with a local financial management company. All went well until the market collapse in 2008. Then we, like many other retired people, suffered some pretty significant losses out of our retirement. I changed financial managers after that experience to go with someone with a better plan on what to do when there is trouble in the market. Three years ago I started volunteering for Weld County United Way. I worked on the volunteer Cabinet in Denver for the Mile High Campaign during the 1990s, so I already had a big appreciation for all of the good that United Way does in the community. I am now the campaign chairperson for the Weld County Cabinet and serve on their board of directors. I think that retired business executives make great volunteers in the community.





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### **BOOMERS DIRECTORY** BOULDER VALLEY

#### ASSISTED LIVING, INDEPENDENT LIVING

#### **ANAM CHARA HOME**

1795 Quince Ave. Boulder, CO 80304 303-442-4484 Fax: 303-442-4484 www.anamchara.org Products/Services: Holistic practitioners. hospice care, therapeutic arts, gardening and music therapy. Person in charge: Claire Gordon, administrator

#### APPLEWOOD LIVING CENTER

1800 Stroh Place Lonamont. CO 80501 303-776-6081 Fax: 303-776-6066 Products/Services: Nursing home and independent apartments. Skilled nursing care. Person in charge: Pat Blackstun, executive director

#### **ATRIA SENIOR LIVING**

2310 Ninth Ave. Lonamont. CO 80503 303-678-5050 Fax: 303-684-2389 www.atriaseniorliving.com Products/Services: Independent, assisted-

living and memory-care unit on one campus. Independent living has meal program, free local transportation, house-keeping service, full-size washers and dryers, enclosed garages, trash removal. Assisted-living offers three meals a day, house-keeping service, laundry service, medication management, daily activities, local transportation, emergency call system and respite care.

#### **BALFOUR CHERRYWOOD VILLAGE**

282 McCaslin Blvd. Louisville, CO 80027 303-604-2700 Fax: 303-604-2800 www.balfourcare.com Products/Services: Three meals, respite, day care, staff trained for dementia/ Alzheimer's care. Person in charge: Megan Carnarius, executive director

#### **BALFOUR RETIREMENT COMMUNITY**

1855 Plaza Drive Louisville, CO 80027 303-926-1000 Fax: 303-926-9900 www.balfourcare.com Products/Services: Exercise room, restaurant-style dining, scheduled transportation. Person in charge: Sandy Christiansen, executive director

#### **BEATRICE HOVER ASSISTED** LIVING RESIDENCE

1380 Charles Drive Longmont, CO 80503 303-772-9292 Fax: 303-651-7279 Email: hover@hovercommunity.org www.hovercommunity.org Products/Services: 24-hour staff supervision, medication monitoring, special interest programs, transportation and chapel services.

Person in charge: Larry Hartman

#### **BOULDER MANOR**

4685 E. Baseline Road Boulder, CO 80303 303-494-0535 Fax: 303-494-0162 Products/Services: Progressive-care center, rehabilitation services. wound therapy.

#### **BOULDER MERIDIAN**

801 Gillaspie Drive Boulder. CO 80305 303-494-3900 Fax: 303-494-6404 www.brookdaleliving.com Products/Services: Flexible dining options, housekeeping and linen services, on-site health services, transportation, social activities. Person in charge: Marcia Klassen, executive director

#### **BROOKDALE SENIOR LIVING -VILLAS AT THE ATRIUM**

3350 30th St. Boulder, CO 80301 303-444-0200 Fax: 303-402-0565 www.brookdaleliving.com Products/Services: Independent living, transportation, scheduled activities, 24-hour onsite management, restaurant, housekeeping. Person in charge: Don McElerry

#### **BROSS STREET ASSISTED LIVING**

537 Bross St. Longmont, CO 80501 303-682-5095 Fax: 303-532-3273 Email: michelle@537bross.com www.537bross.com Products/Services: Day-to-day protective oversight for seniors in homelike environment. Ten private rooms with private bathrooms, located in the west historic district of downtown Longmont. Person in charge: Michelle Wilderman, administrator

#### CENTURY PARK, THE BRIDGE ASSISTED LIVING, LONGMONT

2444 Pratt St. Longmont, CO 80501 303-774-8255 Fax: 303-774-8578 www.thebridgeatlongmont.com Products/Services: Medication management, different levels of care, wellness program.

#### **CINNAMON PARK**

1335 Cinnamon St. Longmont, CO 80501 303-772-2882 Fax: 303-772-8318 Email: cinnamon@seniorhousingoptions.org www.seniorhousingoptions.org Products/Services: Caregivers available 24/7, all meals provided in community dining room, housekeeping, transportation, activities and medication management. Person in charge: Debbie Setlock, director

#### **COLORADO MOOD & MEMORY CLINIC/ ALTAVITA MEMORY CARE CENTRE**

800 S. Fordham St. Longmont, CO 80503 303-682-9197 Fax: 303-682-9306 Email: medicaldirector@altavitaliving.com www.coloradomoodandmemoryclinic.com Products/Services: Psychiatric evaluation and treatment, geriatric psychiatry. Person in charge: Haleh Nekoorad-Long, M.D.

#### FRASIER MEADOWS RETIREMENT COMMUNITY

350 Ponca Place Boulder, CO 80303 303-499-4888/720-562-3495 Email: pdevine@frasiermeadows.org www.frasiermeadows.org Products/Services: Accredited by CARP-CCAC. Wellness, adult day care, dementia care. continuing care. retirement. independent living, skilled nursing, assisted living, child daycare, rehab activities, concierge. Person in charge: Pam Devine, administrator

#### **GOLDEN WEST MANOR**

1055 Adams Circle Boulder, CO 80303 303-444-3967 Fax: 303-939-0808 www.awboulder.ora Products/Services: Promotes quality housing and services for seniors in an environment that is supportive of the residents in the community. Person in charge: John Torres, executive director

#### **HOVER MANOR**

1401 Elmhurst Drive Longmont, CO 80503 303-772-9292 Fax: 303-651-7279 www.hovercommunity.org Products/Services: Retirement community, meal plan, accepts Section 8. Person in charge: Lisa Czolowski, executive director

#### JUNIPER VILLAGE AT LOUISVILLE

1078 S. 88th St. Louisville, CO 80027 303-665-3722 Fax: 303-665-4049 www.junipercommunities.com Products/Services: Specializes in dementia and Alzheimer's care. Holistic environment, respite care, massage, certified chef.

#### LONGMONT REGENT

2210 Main St. Longmont, CO 80501 303-651-7022 Fax: 303-651-9981 www.holidaytouch.com Products/Services: Three meals, housekeeping, linens, bus transportation and planned activities, all utilities paid.

#### **MARY SANDOE HOUSE**

1244 Gillaspie Drive Boulder, CO 80305 303-494-7317 Fax: 303-494-0653 Email: msandoe@aol.com Products/Services: Activities, medication management, 24-hour supervision. Person in charge: Dottie Longobardi, administrator

#### **MARYEL MANOR**

12555 Sheridan Blvd. Broomfield, CO 80020-1575 303-469-6655 Fax: 303-469-0179

#### **MESA VISTA OF BOULDER**

2121 Mesa Drive Boulder. CO 80304 303-442-4037 Fax: 303-442-5430 Email: mesavista2121@yahoo.com Products/Services: Skilled acute rehabilitation, secured Alzheimer's care/ dementia unit and care for people with Huntington's disease. Person in charge: LeRoy Baker, administrator Founded: 1918

#### **MILLBROOK HOMES**

1746 Cove Court Longmont, CO 80501 303-220-7989 Fax: 303-220-0380 Email: Millbrook5650imc@live.com www.millbrookcare.com Products/Services: Secured community offering assisted care and all levels of memory care. Care staffing ratio is two care givers for five residents. Person in charge: Janet Cornell, director of new business

#### MILLBROOK HOMES

5011 Foxhill Drive Longmont, CO 80501 303-220-7989 Fax: 303-220-0380 Email: Millbrook5650jmc@live.com www.millbrookcare.com Products/Services: Secured community offering individualized care for Alzheimer's patients and other memory impairments. Person in charge: Janet Cornell, director of new business

#### **MOUNTAIN VIEW PLAZA**

1350 Collyer St., No. 100 Longmont, CO 80501 303-776-9103 Fax: 303-776-9103 Products/Services: HUD subsidized; 30 percent of income is rent. Person in charge: Chrys Klahr, office manager; Lynn Wing, manager

#### **SHAWNEE GARDENS**

4755 Shawnee Place Boulder, CO 80303 303-494-1123/720-221-4468 www.shawnee-gardens.com Products/Services: Privately and locally owned for 12 years with on-site manager, raised-bed gardens, greenhouse, chickens. Price is all-inclusive. Personalized care, one staff member per five residents.

#### ST. VRAIN MANOR

606 Pratt St., No. 106 Longmont, CO 80501 303-776-3785/none Email: symanor@gmail.com www.stvrainmanor.org Products/Services: Independent living for low-income seniors, including library and laundry facilities.

#### **STERLING HOUSE OF LONGMONT**

2240 Pratt St. Longmont, CO 80501 303-682-1066 Fax: 303-684-8086 www.brookdaleliving.com Products/Services: Spa, enclosed courtyard, daily activities and medication administration. **Person in charge**: Kathryn Pryor, executive director

#### SUNRISE ASSISTED LIVING INC. 3955 28th St.

3955 28th St. Boulder, C0 80301 720-406-1000/720-406-1003 www.sunriseseniorliving.com **Products/Services**: Medication administration, incontinence care, Alzheimer's care, hospice care, age in place, different levels of physical assistance. **Person in charge**: Claudia Rodriguez, executive director

#### THE ACADEMY

970 Aurora Ave. Boulder, C0 80302 303-938-1920 Fax: 303-938-1277 Email: ande@theacademyboulder.com www.theacademyboulder.com Products/Services: Weekly housekeeping, personal transportation, dining, spa, pool, library, exercise facility, wellness program, nurse on staff, events, activities programming, maintenance, emergency call system. Person in charge: Shirley Berg, executive director

#### THE CARILLON AT BOULDER CREEK

2525 Taft Drive Boulder, C0 80302 720-565-6844 /720-565-6845 www.thecarillonatbouldercreek.com **Products/Services**: Spacious one- and two-bedroom apartments, views of Flatirons, washers and dryers, emergency communication system, individual climate control, air conditioning, walk-in showers, slab granite counter to

Person in charge: Trudy Stephens, general manager

#### THE LODGE AT BALFOUR INDEPENDENT LIVING FOR SENIORS

1331 Hecla Drive Louisville, C0 80027 303-926-8300 Fax: 303-926-3000 www.balfourcare.com **Products/Services**: Swimming pool, exercise room, restaurant-style dining, scheduled transportation. **Person in charge**: Cheryl Davis, executive director

#### **TIMBERLINE LODGE**

9198 Jotipa Drive Longmont, C0 80503 303-776-7215 Fax: 303-776-4409 **Products/Services:** Elder-care services, including medication monitoring and meal service. Family environment tending to social, emotional and psychological needs. **Person in charge:** Chris Butler, administrator

#### VILLAGE PLACE AT LONGMONT

600 Coffman St. Longmont, C0 80501 303-678-5416 Fax: 303-678-0339 Email: lindasmorgan@villageplace. comcastbiz.net www.longmontha.org Products/Services: Transportation, grocery shopping, crafts, classes, 24-hour on site management. Person in charge: Linda Morgan, housing director

#### WINDHORSE FAMILY AND ELDER CARE

AND ELDER CARE 3450 Penrose Place, Suite 240 Boulder, C0 80301 303-786-9313 Email: info@windhorsecare.com www.windhorsecare.com Products/Services: trained and experienced professionals, end-of-life care, Alzheimer's assistance, emergency assistance, light housekeeping, meals, transportation, Alzheimer's and dementia specialists Person in charge: Jyoti Sharp, director, owner

#### WYNWOOD AT RIDGE POINT

3375 34th St. Boulder, C0 80301 303-473-0333 Fax: 303-473-0134 Email: sales07160@brookdaleliving.com www.brookdaleliving.com Products/Services: Customized care, fitness program, social programs, three meals, medication administration, housekeeping, transportation, pet-friendly.

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8348 Ute Highway 66 Longmont, C0 80503 303-776-8848 Fax: 303-776-3322 www.bouldercountyopenspace.org **Products/Services**: History of agriculture in this area and a chance to enjoy the rural surroundings. This site focuses on the years 1900 to 1925, when local families prospered as farmers and witnessed the coming of the Modern age. Guided tours. Open 10 a.m. to 5 p.m. Friday, Saturday and Sunday from April 1 to Oct. 31.

#### **BALLET NOUVEAU COLORADO**

3001 Industrial Lane, Suite 12 Broomfield, C0 80020 303-466-5685 Fax: 303-466-3776 Email: info@bncdance.com www.bncdance.com Products/Services: Ballet Nouveau Colorado's company, school and community programs are dedicated to enriching lives through innovation in dance. Person in charge: Garrett Ammon, artistic director

#### **BOULDER BEER CO. BREWERY & PUB**

2880 Wilderness Place Boulder, CO 80301-2258 303-444-8448 Fax: 303-444-4796 Email: webguy@boulderbeer.com www.boulderbeer.com Products/Services: Microbrewery producing various beers. Person in charge: Jeff Brown, president

#### **BOULDER CHORALE**

685 Inca Parkway Boulder, C0 80303 303-554-7692 Fax: 303-317-4263 Email: boulderchorale@yahoo.com www.boulderchorale.org Products/Services: Offers music education, outreach and performances. Person in charge: Dr. James Kim, artistic director

#### BOULDER INTERNATIONAL FILM FESTIVAL

1906 13th St., Suite 301 Boulder, C0 80302 303-449-2283 Fax: 303-449-2274 Email: staff@biff1.com www.biff1.com Products/Services: The Boulder International Film Festival, held every President's Day Weekend in February, features more than 50 films from around the world presented to approximately 20,000 attendees. BIFF 2013 is Feb. 14-17. Person in charge: Robin Beeck, executive

#### BOULDER LIBRARY CANYON GALLERY AND THEATER 1001 Arapahoe Ave.

director; Kathy Beeck, festival director

Boulder, CO 80302 303-441-3100 Fax: 303-441-4119 www.boulderlibrary.org **Products/Services**: Hosts exhibits of work by Colorado artists and national traveling museum shows. Theater is venue for concerts, film series, storytelling festival, talks, more.

#### BOULDER MUSEUM OF CONTEMPORARY ART 1750 13th St.

Boulder, CO 80302 303-443-2122 Fax: 303-447-1633 Email: info@bmoca.org www.bmoca.org Products/Services: Contemporary art

museum and gallery that offers regional, national and international exhibitions and performances. Museum is a catalyst for creative experiences through the exploration of significant art of our time. **Person in charge**: David Dadone, executive director

#### BOULDER PHILHARMONIC ORCHESTRA

2590 Walnut St. Boulder, CO 80302 303-449-1343 Fax: 303-443-9203 Email: info@boulderphil.org www.boulderphil.org Products/Services: Boulder's professional orchestra performs at CU's Macky Auditorium and at Denver metro schools. Since 1958, concerts have featured international guest artists alongside Boulder's own creative community. Person in charge: Kevin Shuck, executive director

#### BOULDER SYMPHONY

P.O. Box 201 Niwot, CO 80544 970-577-1550 Email: info@bouldersymphony.org www.bouldersymphony.org Products/Services: Live musical performance of symphonies. Person in charge: Devin Hughes, music director

#### **BOULDER'S DINNER THEATRE**

5501 Arapahoe Ave. Boulder, C0 80303-1334 303-449-6000 Fax: 303-442-5671 Email: bdt@bouldersdinnertheatre.com www.bouldersdinnertheatre.com Products/Services: Live theater with fine dining. Person in charge: Michael Duran, artistic director

#### **CELESTIAL SEASONINGS INC.**

4600 Sleepytime Drive Boulder, CO 80301 303-530-5300 Fax: 303-581-1332 www.celestialseasonings.com **Products/Services**: More than 70 varieties of herbal, green, black, wellness, Rooibos and chai teas, plus ready-to-drink beverages like organic Kombucha and natural shots. **Person in charge**: Peter Burns, president

#### COLORADO CHAUTAUQUA NATIONAL HISTORIC LANDMARK

900 Baseline Road Boulder, C0 80302 303-442-3282 Fax: 303-449-0790 Email: info@chautauqua.com www.chautauqua.com Products/Services: National historical educational and cultural retreat featuring concert venue, educational and community program site, hiking trailhead, restaurant and lodging. Person in charge: Susan Connelly, executive director

#### **COLORADO MUSIC FESTIVAL**

900 Baseline Road, Cottage 100 Boulder, C0 80302 303-449-1397 Fax: 303-449-0071 Email: cmf@comusic.org www.COmusic.org Products/Services: Presents a classical music repertoire, while integrating world music and the works of modern composers. Person in charge: Catherine Underhill, executive director

#### **CU ART MUSEUM**

CU Campus Box 318 Boulder, CO 80309-0318 303-492-8003 Email: lisa.becker@colorado.edu www.colorado.edu/cuartmuseum Products/Services: Exhibitions of contemporary and historical art. Person in charge: Lisa Tamiris Becker, director

#### **CU HERITAGE CENTER**

1600 Pleasant St. Boulder, CO 80302 303-492-6329 Fax: 303-492-1244 Email: allyson.smith@colorado.edu www.cualum.org/heritage Products/Services: Learn about CU-Boulder's alumni and experience the history of the campus. The museum features permanent and changing exhibitions and is in Old Main, third floor. Admission is free. Person in charge: Allyson Smith, director

CU PRESENTS/COLLEGE OF MUSIC 302 UCB Boulder. CO 80309 303-492-8008 Fax: 303-492-1131 Email: musictix@colorado.edu www.cupresents.org; www.music.colorado.edu Products/Services: Classical, jazz, opera, dance and world music concerts, including student, faculty, guest and ensemble performances.

Person in charge: Daniel Sher, dean

#### CU-BOULDER COLLEGE OF MUSIC AND CU CONCERTS

CU Campus Box 301 Boulder, CO 80309 303-492-8008 Fax: 303-492-5619 Email: musictix@colorado.edu www.cuconcerts.org; www.colorado.edu/music Products/Services: Faculty, students, ensembles and guest artists perform yearround. Styles include jazz, classical, opera, world music and dance. Person in charge: Daniel Sher, dean of CU-Boulder college of music

#### **ETOWN RADIO SHOW**

1535 Spruce St. Boulder, C0 80302 303-443-8696 Fax: 303-443-4489 Email: info@etown.org www.etown.org Products/Services: Educate, entertain and inspire a diverse audience through music and conversation, to create a socially responsible and environmentally sustainable world. Person in charge: Nick Forster, CEO, founder

#### JESTERS DINNER THEATRE

224 Main St. Longmont, C0 80501 303-682-9980 Fax: 303-772-2915 Email: scott@jesterstheatre.com www.jesterstheatre.com Products/Services: Dinner theater, children's theater, school for the performing arts.

#### LAFAYETTE MINERS MUSEUM

108 E. Simpson St. Lafayette, C0 80026 303-665-7030 Email: minersmuseum@cityoflafayette.com www.cityoflafayette.com/parksrec/ parkrecminers.cfm Breduetbe(Services: The Lefouette Minare

Products/Services: The Lafayette Miners Museum is an actual coalminers home built in the 1890s and moved to Lafayette during the 1910 coal strike. Artifacts from the 1890s to the 1980s focus on the mining, farming, local businesses and personal items from long-time residents that created the original community of Lafayette. Person in charge: Claudia Lund, curator

#### LEANIN' TREE INC.

6055 Longbow Drive Boulder, CO 80301 303-530-1442 Fax: 303-530-5124 Email: info@leanintree.com www.leanintree.com Products/Services: Greeting cards and gifts; American fine art since 1949. Person in charge: Tom Trumble, CEO, president

#### LEANIN' TREE MUSEUM AND SCULPTURE GARDEN OF WESTERN ART 6055 Longbow Drive

#### Boulder, CO 80301

303-530-1442 ext. 4299 Fax: 303-581-2152 Email: artmuseum@leanintree.com www.leanintreemuseum.com Products/Services: 265 original paintings and 160 bronze sculptures by more than 100 masters of American western realism. Sculpture garden contains 25 life-size or larger bronze sculptures. Person in charge: Ed P. Trumble, director; Tom Trumble, CEO, president

#### LONGMONT CHORALE

P.0. Box 902 Longmont, C0 80502 303-651-7664 Email: rdwormke@msn.com www.longmontchorale.org Products/Services: Nonauditioned and auditioned chorale singers. Person in charge: Ronald Wormke, chorale president

#### LONGMONT MUSEUM & CULTURAL CENTER

400 Quail Road Longmont, C0 80501 303-651-8374 Fax: 303-651-0483 Email: museum@ci.longmont.co.us www.ci.longmont.co.us/museum Products/Services: Exhibits, educational programs in history, art and science. Collects and documents the history and culture of the St. Vrain Valley. Person in charge: Wesley Jessup, museum manager

#### LOUISVILLE HISTORICAL MUSEUM 1001 Main St.

Louisville, CO 80027 303-665-9048 Fax: 303-335-4550 Email: museum@louisvilleco.gov www.louisvilleco.gov Products/Services: Consists of two historic buildings constructed circa 1905 in downtown Louisville that feature artifacts, historical photos, and archives relating to Louisville and its history. Sponsors educational programs and community events. Person in charge: Bridget Bacon, museum coordinator

#### MACKY AUDITORIUM CONCERT HALL

17th St. and University Ave. Boulder, C0 80309-0285 303-492-8423 Fax: 303-492-1651 Email: macky@colorado.edu http://macky.colorado.edu Products/Services: Hosts local, national and international artists in classical music, jazz, dance, popular music, lectures and films.

#### MOONDANCE INTERNATIONAL FILM FESTIVAL

970 9th St. Boulder, CO 80302-7226 303-545-0202 Email: director@moondancefilmfestival.com www.moondancefilmfestival.com Products/Services: Feature films, shorts, documentaries, animations, music videos, screenplays, T.V. pilot scripts, filmed T.V. pilots, T.V. episodics, short stories, libretti, film scores, stage plays, radio plays. Person in charge: Elizabeth English, executive director

#### NEDERLAND AREA HISTORICAL SOCIETY

P.O. Box 1252 Nederland, C0 80466 303-258-0567/877-295-7102 www.nederlandmuseums.org

#### **OLD FIREHOUSE ART CENTER** 667 Fourth Ave.

Longmont, C0 80501-5401 303-651-2787/720-652-4199 Email: firehouseart@mac.com www.firehouseart.org Products/Services: Enriching the community through visual art exhibits, children and youth education, and outreach.

#### **OPEN ARTS**

1301 Spruce St. Boulder, C0 80302 303-444-1862 Email: mail@openstudios.org www.openstudios.org Products/Services: Provides an educational opportunity for the community to gain a broader understanding and appreciation of the visual arts, through studio tours and classes. Person in charge: Bill Capsalis, executive director

#### PLANET BLUEGRASS

500 W. Main St. Lyons, CO 80540 303-823-0848 Fax: 303-823-0849 Email: planet@bluegrass.com www.bluegrass.com Products/Services: Organizers of Bluegrass and folk festivals now featuring concerts in 300-seat indoor/outdoor Wildflower Pavilion. Person in charge: Craig Ferguson, owner

#### ROCKY MOUNTAIN CENTER FOR MUSICAL ARTS

900 Baseline Road, Suite 100 Boulder, C0 80302 303-449-1397 Fax: 303-449-0071 www.coloradomusicfest.org **Products/Services**: Music lessons, classes, performances and outreach for people of all ages and abilities. Heartstrings Program for families in need. **Person in charge**: Catherine Underhill, executive director

#### SANDSTONE SUMMER CONCERT SERIES

P.O. Box 49 Lyons, CO 80540 303-823-8250 Fax: 303-823-8257 Email: recreation@townoflyons.com www.townoflyons.com Products/Services: Concerts in the park every other Thursday at 6 p.m. from approximately July 19 through Aug. 30. Person in charge: David Cosgrove, director of parks, recreation and cultural events

#### SHELBY AMERICAN COLLECTION

5020 Chaparral Court Boulder, C0 80301 303-516-9565 Fax: 303-447-1380 **Email**: info@shelbyamericancollection.org www.shelbyamericancollection.org **Products/Services**: Dedicated to the history and preservation of Shelby American racing automobiles. **Person in charge**: Steven Volk, president

#### THE COLORADO Shakespeare festival

CU Campus Box 277 Boulder, CO 80309-0277 303-492-0554 Fax: 303-735-5140 Email: philip.sneed@colorado.edu www.coloradoshakes.org Products/Services: Classical and contemporary theater festival in summer and winter. Person in charge: Philip Sneed, producing artistic director

#### THE DAIRY CENTER FOR THE ARTS

2590 Walnut St. Boulder, CO 80302 303-440-7826 Fax: 303-440-7104 www.thedairy.org **Products/Services**: Hosts 15 resident arts organizations working in dance, theater, music, literary, visual and media arts. Sixty-seat art-house movie theater, three performance venues, galleries, space rentals for public and private events, dance and music studios.

#### Person in charge: Joy Pak, executive director

#### THE LONGMONT THEATRE CO.

513 Main St. Longmont, C0 80501 303-772-5200 Email: office@longmonttheatre.org www.longmonttheatre.org Products/Services: Provides entertainment with an educational component for and by the citizens of the Greater Boulder County area and manages a self-sufficient performing arts center. Person in charge: Steve Carver, board president

#### UNIVERSITY OF COLORADO MUSEUM OF NATURAL HISTORY

CU Campus Box 218 Boulder, CO 80309 303-492-6892 Fax: 303-492-4195 Email: cumuseum@colorado.edu http://cumuseum.colorado.edu Products/Services: Fosters exploration and appreciation of the natural environment and human cultures through research, teaching, and community outreach. Person in charge: Patrick Kociolek, director Founded: 1902

#### **GOLF COURSES**

#### **BOULDER COUNTRY CLUB**

7350 Clubhouse Road Boulder, CO 80301 303-530-4600 Fax: 303-530-4603 www.bouldercc.org

Products/Services: Practice facility, dining, golf shop, driving range, indoor and outdoor pools, indoor and outdoor tennis courts, athletic facility featuring cardiovascular and weight training centers, aerobics, yoga and Pilates. Person in charge: Mike Larson, general manager

#### COAL CREEK GOLF COURSE

585 W. Dillon Road Louisville, CO 80027 303-666-7888 Fax: 303-666-7899 **Email**: ksoriano@coalcreekgolf.com www.coalcreekgolf.com **Products/Services**: Designed by golf course architect Dick Phelps, this par-72 course measures just over 7,000 yards and features four sets of tees to ensure each golfer is challenged to their level of expertise. **Person in charge**: Eric Jensen, director of operations

#### **COLORADO NATIONAL GOLF CLUB**

2700 Vista Parkway Erie, C0 80516 303-665-9590 Fax: 303-665-3850 Email: mschalk@coloradongc.com www.coloradonationalgolfclub.com Products/Services: Full-service restaurant. Cart with GPS system included in rate.

#### EAGLE TRACE GOLF CLUB

1200 Clubhouse Drive Broomfield, C0 80020 303-466-3322 Fax: 303-466-0456 Email: info@eagletracegolfclub.com www.eagletracegolfclub.com Products/Services: Driving range, food service, banquets, weddings, meetings, lessons, short-game practice facility.

#### FLATIRONS GOLF COURSE

5706 E. Arapahoe Road Boulder, CO 80303 303-442-7851 Fax: 303-442-7875 Email: flatironsgolf@bouldercolorado.gov www.bouldercolorado.gov Products/Services: Practice range, beverage cart food service. Foundet: 1938

#### HAYSTACK MOUNTAIN GOLF COURSE & DRIVING RANGE 5877 Niwot Road

Niwot, CO 80503 303-530-1480 Fax: 303-530-5499 Email: zhanna@golfhaystack.com www.golfhaystack.com Products/Services: Executive length, quiet

walking course along Left Hand Creek. Large grass tee driving range and practice area. Relaxed setting, friendly service, food and full bar, golf simulator, private and group lessons, special events facility. Open all year. **Person in charge:** Lois Ebel, owner

#### HERITAGE GOLF COURSE AT WESTMOOR

10555 Westmoor Drive Westminster, C0 80021 303-469-2974 Fax: 303-635-1306 www.golfwestminster.com **Products/Services:** Full bar/grill and banquet room, full range, short game range, putting green, lessons, leagues, junior program, company events and corporate memberships.

#### HERITAGE TODD CREEK GOLF CLUB

8455 Heritage Drive Thornton, C0 80602 303-655-1779 Fax: 303-655-1783 www.heritagetoddcreekgolf.com **Products/Services**: Full-service tournament & event planning. Equipped to handle 18-hole all inclusive golf tournaments and outings. Beautiful Clubhouse facilities perfect for hosting corporate meetings, banquets, weddings and receptions for as many as 250 quests.

#### **INDIAN PEAKS GOLF COURSE**

2300 Indian Peaks Trail Lafayette, C0 80026 303-666-4706 Fax: 303-666-7784 Email: indianpeaks@cityoflafayette.com www.indianpeaksgolf.com Products/Services: Practice driving range, putting green and chipping green. Golf shop and bar and grill. Person in charge: Craig Stephens

#### **INDIAN TREE GOLF COURSE**

7555 Wadsworth Blvd. Arvada, C0 80003 303-403-2541 Fax: 303-420-2178 Email: proabrams@yahoo.com www.indiantree.org Products/Services: Restaurant and meeting rooms, driving range, chipping and putting greens, par 3 course. Person in charge: Alan Abrams

#### LAKE ARBOR GOLF CLUB

8600 Wadsworth Blvd. Arvada, C0 80003 720-898-7360/720-898-7361 www.lakearborgolf.com **Products/Services**: Driving range, restaurant and bar, full-merchandise pro shop.

#### LAKE VALLEY GOLF CLUB

4400 Lake Valley Drive Niwot, CO 80503 303-444-2114 Fax: 303-444-2223 Email: golf@lakevalley.com www.lakevalley.com Products/Services: Full-service, private, golf-only club. Charity and corporate outings available. Person in charge: Jim Phillips, head professional

#### LEGACY RIDGE GOLF COURSE

10801 Legacy Ridge Parkway Westminster, C0 80031 303-438-8997 Fax: 303-469-9880 www.golfwestminster.com **Products/Services**: Driving range, chipping/ putting greens, clubhouse, restaurant.

#### OMNI INTERLOCKEN RESORT GOLF CLUB

800 Eldorado Blvd. Broomfield, C0 80021 303-464-9000 Fax: 303-464-9100 **Email**: lcollins@omnihotels.com www.omniinterlockengolfclub.com **Products/Services**: 27 hole championship golf course. Club includes golf shop, Fairways resturant, PGA Tour Academy and practice facility. **Person in charge**: Larry Collins, director of golf

#### **STONEY CREEK GOLF COURSE**

13939 W. 96th Ave. Arvada, C0 80005 303-431-9268 Fax: 303-431-0929 www.golflink.com **Products/Services:** Driving range, snack bar, golf lessons, practice putting green and chipping area.

#### SUNSET GOLF COURSE

1900 Longs Peak Ave. Longmont, C0 80501 303-651-8466 Fax: 303-682-1101 Email: ryanpga09@gmail.com www.golflongmont.com Products/Services: Chipping area, putting green, club house and snack bar. Person in charge: Ryan Williams, golf professional

#### THE GOLF COURSES AT HYLAND HILLS

9650 N. Sheridan Blvd. Westminster, C0 80031 303-428-6526 Fax: 303-650-7598 Email: golfcourses@hylandhills.org www.golfhylandhills.com Products/Services: Lighted driving range, six racquetball courts, 54 holes of adventure golf, and full-scale restaurant/ banquet rooms.

#### **TWIN PEAKS GOLF COURSE**

1200 Cornell Drive Longmont, C0 80503 303-651-8401 Fax: 303-772-4379 Email: kmarttp@gmail.com www.golflongmont.com Products/Services: Driving range, putting green, practice bunker and full dining services.

#### UTE CREEK GOLF COURSE

2000 Ute Creek Drive Longmont, C0 80504 303-774-4342 Fax: 303-776-2739 www.golflongmont.com **Products/Services**: Driving range, practice putting green, chipping area, snack bar, pro shop.

#### WEST WOODS GOLF CLUB

6655 Quaker St. Arvada, C0 80007 720-898-7370/720-898-7371 Email: sweyer@ci.arvada.co.us www.westwoodsgolf.com Products/Services: Full restaurant and bar.

#### HEALTH & FITNESS Centers-Private

#### 24 HOUR FITNESS

4650 W. 120th Ave. Broomfield, C0 80020 720-887-9024/720-887-9090 www.24hourfitness.com **Products/Services**: Basketball court, coin collect lockers, kids' club, pool, pro shop, sauna, spa, steam room, volleyball.

#### **24 HOUR FITNESS**

2900 Iris Ave. Boulder, CO 80301 303-209-9274 www.24hourfitness.com **Products/Services**: Personal training and nutritional programs, yoga and Pilates, cycling and other group classes, supplements, steam room, hot tub and sauna.

#### 40 PLUS FITNESS AND HEALTH LLC

765 Poplar Ave. Boulder, CO 80304 303-413-1239 Fax: 303-954-0993 Email: rsaltonstall@gmail.com www.40plusfitnessandhealth.com Products/Services: Integrative medicine health coach, movement and yoga therapy, nutrition and weight management for individuals over 40 years old. Person in charge: Robin Saltonstall, Ph.D.

#### **ANYTIME FITNESS**

701 Delaware Ave. Longmont, C0 80501 303-776-2633 Email: longmont@anytimefitness.com anytimefitness.com/clubs/longmont Products/Services: Personal training, group classes, boxing, kickboxing, yoga, kids club, Spinning, free weights, circuit, tanning, cardio theater. Person in charge: Dennis Dewier

#### **ANYTIME FITNESS**

325 Waneka Parkway Lafayette, C0 80026 720-890-7437 Email: lafayetteco@anytime fitness.com www.anytimefitness.com Products/Services: Spacious, inviting environment, 24 hour access. Gym includes aerobics, massage, tanning, showers and more. Person in charge: Paul Larson

#### **ANYTIME FITNESS**

1100 U.S. Hwy 287 Broomfield, C0 80020 303-464-1445 Email: broomfieldco2@anytimefitness.com Products/Services: Spacious, inviting environment, 24 hour access. Gym includes massage, tanning, showers and more. Person in charge: David Dewier

#### **AXIS OF MOVEMENT**

451 Oak St., Suite 208 Longmont, C0 80530 303-833-7353 Email: info@axisofmovement.com http://www.axisofmovement.com Products/Services: Offers Pilates mat, reformer classes, and Pilates apparatus, massage therapy, yoga, Zumba, dance. Private sessions and group classes available. Person in charge: Alisa Schillinger; Joanne Senior, co-owners

#### **BODY DYNAMICS**

2660 Canyon Blvd., Suite A4 Boulder, C0 80302 303-440-5776 Fax: 303-546-0020 Email: info@bodydynamics.net www.bodydynamics.net Products/Services: Pilates, yoga, physical therapy, personal training, massage, Fitball, Bosu, Smart Bells, Body Bar, core training and sports rehab. Person in charge: Lindsay Ross; Wendy McClure, co-owners

#### **BOULDER BLACK BELT ACADEMY**

4725 Greylock St. Boulder, CO 80301 303-554-7282 Products/Services: Martial arts training.

#### BOULDER NUTRITION & EXERCISE SERVICES

2900 Valmont Road, Suite G Boulder, C0 80301 303 440 1015 Fax: 303 440 8990 Email: katie@bouldernutritionexercise.com www.bouldernutritionexercise.com Products/Services: Registered dietitians who are also certified personal trainers provide nutrition education and exercise programs in one-on one sessions. Person in charge: Kate Filkins, owner

#### **BOULDER QUEST CENTER**

1501 Lee Hill Road, Suite 18 Boulder, C0 80304 303-440-3647 Email: info@boulderquest.com www.boulderquest.com Products/Services: Teaches self defense, mind and body techniques to create life mastery through martial arts. Person in charge: Kevin Casey, senior instructor; Mary Casey, warrior diva

#### BREAKTHROUGH HEALTH AND FITNESS LLC

12303 Airport Way, Suite 200 Broomfield, C0 80020 303-327-1573 Fax: 303-327-1499 Email: info@ BreakthroughHealthandFitness.com www.BreakthroughHealthandFitness.com Products/Services: Weight loss and cardiac fitness products, health and fitness services, nutritional services. Person in charge: Jonathan Roche

#### **CLUB FITNESS**

1075 South Boulder Road, Suite 125 Louisville, C0 80027 303-665-8122 www.clubfitness.org **Products/Services:** Open 24 hours, full range of cardiovascular equipment, large free weight area, a full line of Nautilus circuit equipment, massage. **Person in charge:** John Udden, owner

#### **COLORADO SPORTS TRAINING**

1501 Lee Hill Road, Suite 11 Boulder, C0 80304 303-601-1671 **Email**: liftbartraining@gmail.com www.coloradosportstraining.com **Products/Services**: Yoga, weight training, Olympic lifting, body awareness, autogenic training, breath awareness, plyometrics, inline skating, horseback riding and jumping.

#### **CURVES**

4730 Table Mesa E-100 Boulder, C0 80305 303-440-6400 Fax: 303-440-6400 Email: curves-sb@earthlink.net www.curves.com Products/Services: 30-minute weightloss and fitness program for women using hydraulic machines.

#### **CURVES**

The Business Report

489 U.S. Highway 287 Lafayette, C0 80026 303-665-4447 Fax: 303-665-9881 www.curves.com **Products/Services**: Women's fitness gym, weight management.

#### CURVES

3800 W. 144th Ave., No. 700 Broomfield, C0 80020 720-274-0992/720-274-0992 www.curves.com **Products/Services**: 30-minute weightloss program for women using hydraulic machines.

#### CUSTOMIZED NUTRITION & EXERCISE LLC

2500 30th St., Suite 140 Boulder, CO 80301 303-443-8787 Fax: 303-443-2535 Email: rick@cneboulder.com www.cneboulder.com Products/Services: Nutrition store with a personal training studio. Also sells fitness equipment. Person in charge: Rick Jones

#### FITNESS FOR LIVING

1516 Columbine Ave. Boulder, C0 80302 303-550-3491 Email: bootcamp@fittiv.com www.fittiv.com Products/Services: Fitness Boot Camps and PowerFit Yoga camps in Boulder, Lafayette and Longmont. Co-ed and women's camps for a wide range of abilities. Camps available indoors and out. Person in charge: David Clair

#### **FITNESS TOGETHER**

159 McCaslin Blvd., Suite C Louisville, C0 80027 303-926-8800 www.fitnesstogether.com/louisville **Products/Services**: Personalized one-onone training,3-room studio. **Person in charge**: Scott Strini

#### FLATIRON ATHLETIC CLUB

505 Thunderbird Drive Boulder, C0 80303 303-499-6590 Fax: 303-499-4233 Email: membership@flatironathleticclub. com www.flatironathleticclub.com Products/Services: Indoor group cycling, Cybex, U.S. Masters Swimming, tennis, racquetball, yoga, Pilates, indoor track, indoor/outdoor pools, senior programs.

#### FRONT RANGE BOXING ACADEMY

Person in charge: Jens Husted; Keith

McQuillen

3801 Pearl St. Boulder, CO 80301 303-546-9747 Email: dave@frontrangeboxing.com www.frontrangeboxing.com Products/Services: State-of-the-art boxing gym, weight lifting and fitness equipment, caters to recreational boxers, women welcome. Person in charge: David Gaudette, president, head trainer

#### **GYROTONIC BOULDER**

1800 30th St., Suite 206 Boulder, CO 80301 303-444-1228 Fax: 303-444-1335 www.gyrotonicboulder.com **Products/Services**: Gyrotonic studio, packages for private, semi-private and floor time sessions, and group classes. We also offer integrative body work: chiropractic, acupuncture, cranial-sacral, deep tissue therapy.

**Person in charge**: Diane Israel; Lindsey Hansen-Sturm, co-owners

#### **IMPACT SPORTS PERFORMANCE**

11575 Main St., Suite 100 Broomfield, CO 80020 303-467-2288 www.impactsport.org **Products/Services**: Sports training, sports medicine, massage therapy, physical therapy.

#### **ITSERA FAMILY FITNESS**

7960 Niwot Road, B12 Niwot, CO 80503 Email: kruscott@itserafitness.com www.itserafamilyfitness.com Products/Services: Martial arts and family fitness. Person in charge: Scott Meier, owner

#### IYENGAR YOGA CENTER OF BOULDER/BOULDER YOGA

2299 Pearl St., Suite 6 Boulder, CO 80302 303-444-9642 Email: laura@boulderyoga.com www.boulderyoga.com Products/Services: lyengar yoga studio offering general classes for all levels and therapeutics weekday classes. Anatomy education seminars. Person in charge: Seaph and Laura Antelmi

#### KOLESAR BODY KNOWLEDGE STUDIOS

3825 Iris Ave. Boulder, CO 80301 720-494-9226/720-494-9237 Email: info@kolesarstudios.com www.kolesarstudios.com Products/Services: Pilates, Gyrotonic, massage therapy, Somato respiratory integration. Private and group classes. Person in charge: Lara Kolesar, owner

#### **KRAV MAGA**

6821 W. 120th Ave. Broomfield, CO 80020 720-214-1691/720-214-1692 Email: customerservice@ coloradokravmaga.com www.coloradokravmaga.com Products/Services: Teaches self-defense.

#### LAKESHORE ATHLETIC CLUB -FLATIRON

300 Summit Blvd. Broomfield, C0 80021 303-729-4300 Fax: 303-729-2550 Email: mjohnston@powerwellness.com Products/Services: 150,000-square-foot facility, high-end amenities and caring professionals, locker and towel service, 120 classes weekly in four studios, warm-water exercise pool, indoor lap pool, rock-climbing pinnacle. Person in charge: Mark Johnston

#### LONGMONT ATHLETIC CLUB

10 Mountain View Ave. Longmont, CO 80501 303-772-4700 Fax: 303-774-1395 **Email**: Igmtathletic@aol.com www.longmontathleticclub.com **Products/Services**: Indoor/outdoor tennis and pools, racquetball, squash, cardiovascular, weights, Spinning, Pilates, yoga, hot tub, steam room.

#### LONGMONT ATHLETIC CLUB WEST

1375 Sherman Drive Longmont, C0 80501 303-774-8888 www.longmontathleticclub.com Products/Services: Cardiovascular, machine strength training program, weights and aerobic classes, Spinning, martial arts, yoga, steps, ladies' weights. Person in charge: Jim Richardson

#### NORTH BOULDER PILATES

3000 Center Green Drive, Suite 140 Boulder, CO 80301 303-413-3496 Fax: 303-413-9907 Email: nbpilates@qwestoffice.net www.northboulderpilates.com Products/Services: Pilates osteoporosis and osteopenia classes. Pilates with an emphasis on a safe, fun, effective exercise program for medical problems. Home programs, mat classes, and reformer/equipment classes. 6 persons/class with a physical therapist who is a Pilates instructor.

Person in charge: Debra Layne, owner

#### **NUTRITION CONNECTIONS**

174 Timber Lane Boulder, CO 80304 Email: info@nutritionconnections.com www.nutritionconnections.com Products/Services: Award-winning Quickflip cookbooks and vegetable guides that can be used as a health education tool, incentive award, or gift for patients and employees. Email for quantity discounts. Person in charge: Eileen Faughey

#### **ONE BOULDER FITNESS**

1800 Broadway, Suite 190 Boulder, C0 80302 303-447-8545 Email: members@1bfit.com www.oneboulderfitness.com Products/Services: Strength training, cardiovascular conditioning, nutritional guidance, group fitness, yoga studios. Corporate rates. Person in charge: Glen Marshman

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#### PAT GUYTON PILATES

3825 Iris Ave., Suite 300 Boulder, CO 80301 303-449-7284 Fax: 303-449-7288 Email: info@patguytonpilates.com www.patguytonpilates.com Products/Services: Pilates Studio - athletic performance and rehabilitation. Franklin Method Educator level III. Person in charge: Pat Guyton, president

PHYSICAL MEDICINE AT LONGMONT UNITED HOSPITAL 1950 Mountain View Ave. Longmont, CO 80501 303-485-4163 Fax: 303-485-4164 Email: emaddox@luhcares.org www.luhcares.org Products/Services: Adult physical therapy services, orthopedics, brain injuries, Health Ambitions (medical fitness center).

#### **PILATES BODIES**

1515 Main St., Unit B Longmont, C0 80501 303-485-9778/720-685-8963 Email: donna@pilatesbodies.org www.pilatesbodies.org Products/Services: A full studio offering private instruction and classes with certified instructors. Person in charge: Donna McLean, master

instructor; Bonnie Egland, certified instructor

#### **RALLYSPORT HEALTH & FITNESS CLUB**

2727 29th St. Boulder, CO 80301 303-449-4800 Fax: 303-938-8718 Email: clubinfo@rallysportboulder.com www.rallysportboulder.com Products/Services: Private fitness training, group exercise, yoga, Pilates, swim lessons, Masters swim, kinesis, spin, golf, Biosignature,youth programs, massage. Person in charge: Dennis Dipaula

#### ROCKY MOUNTAIN TENNIS CENTER-BOULDER

1345 28th St. Boulder, C0 80302 303-449-5033 Fax: 303-444-0730 Email: duke@rmtenniscenter.com www.harvesthousetennis.com Products/Services: Reciprocal agreement with Mountain's Edge Fitness center and One Boulder Fitness, indoor and outdoor pools, hot tub, 15 tennis courts (five enclosed for winter play), pro shop. Person in charge: Duke Paluch

#### **SENSORIELLE LLC**

1801 13th St., Suite 150 Boulder, CO 80302 303-247-9932 Email: jewl@sensoriellespa.com www.sensoriellespa.com Products/Services: Day spa, massage, skincare, ayurveda, acupuncture. Person in charge: Julia Petteway, owner

#### **SNAP FITNESS**

165 McCaslin Blvd., Suite B Louisville, CO 80027 720-890-7004 Email: louisvilleco@snapfitness.com www.snapfitness.com/louisvilleco Products/Services: Twenty-four hour access. Person in charge: Kevin Cochran, owner

#### SYNAPSE PHYSICAL THERAPY

11575 Main St., Suite 100 Broomfield, C0 80020 303-467-2288 ext. 2 Fax: 303-410-0100 Email: michael@myimpactsports.com www.synapsept.com Products/Services: Located inside Impact Sports Performance. Person in charge: Michael Keating; Jamie Heiner

#### SYNERGY FITNESS STUDIO

159 McCaslin Blvd., Suite D Louisville, C0 80027 720-203-0395 Email: info@synergyfitnessonline.net www.synergyfitnessonline.net Products/Services: Fitness studio. Person in charge: Cori Ehrhart; Nick Ehrhart, owners

#### THE CORE PILATES STUDIO

3012 Folsom St. Boulder, CO 80304 303-955-0972/720-234-3933 Email: info@thecorepilatesstudio.com www.thecorepilatesstudio.com Products/Services: Fully equipped Pilates studio with group classes, duets and private sessions. Specializes in muscle activation techniques, a biomechanical process to correct muscular imbalances in the body.

#### THE GUNBARREL ATHLETIC CLUB

6565 Gunpark Drive, Suite 160 Boulder, CO 80301 303-530-7648 Fax: 303-530-5217 www.gunbarrelclub.com **Products/Services**: sauna, aerobics, Spinning, weights, yoga, Pilates, personal training, PYo, Life Fitness, Stairmaster. zoomba, sports conditioning boot camp

#### THE HOMESTEAD AT LONGMONT UNITED HOSPITAL

1380 Tulip St. Suite M Longmont, C0 80501 303-772-9152 Fax: 303-651-5263 www.luhcares.org **Products/Services**: Adult day care. **Person in charge**: Jody Mayer, director

#### THE PILATES CENTER

5500 Flatiron Parkway, Suite 110 Boulder, C0 80301 303-494-3400 Email: kim@thepilatescenter.com www.thepilatescenter.com Products/Services: Private one-on-one sessions, classes, teacher training program. Person in charge: Amy Taylor Alpers; Rachel Taylor Segel, owners

#### THE WORKOUT STUDIO

2560 28th St. Boulder, C0 80301 720-565-9878/720-565-9877 www.theworkoutstudio.net **Products/Services**: Spinning, weights, step aerobics, kickboxing, cardio kickboxing, Pilates, yoga, meditation and stretching. **Person in charge**: Robert Brooks; Mary Siefert

#### TRAN'S MARTIAL ARTS & FITNESS CENTER

802 S. Public Road, Unit A Lafayette, C0 80026 720-299-0940 Email: kschilz@trans-mase.com Products/Services: Family environment, improved focus, confidence, weight loss, goal setting, muscle tone, stress reduction. Person in charge: Kevin Schilz, Owner

#### TRAN'S MARTIAL ARTS AND FITNESS CENTER

3101 1/2 28th St. Boulder, C0 80301 303-402-9460 Fax: 303-444-7819 www.transmartialarts.com **Products/Services:** Certified in Tae Bo, Bodypump, cardio kickboxing, martial arts; weight and cardio rooms, locker rooms, pro shop, punch cards.

#### TRAN'S MARTIAL ARTS AND FITNESS CENTER

117 S. Sunset St., Suite D Longmont, CO 80501 303-776-1887 Fax: 303-776-1666 **Email**: htran@trans-mafc.com www.trans-mafc.com **Products/Services**: Tae Kwon Do programs kids and adults, full fitness center, Muay Thai Kickboxing. **Person in charge**: Hung Tran

#### UNITED HEALTH & WELLNESS AT LONGMONT UNITED HOSPITAL

1950 W. Mountain Ave. Longmont, C0 80501 303-651-5234 Fax: 303-678-4980 **Products/Services:** Wellness classes, therapy pool, gym, aerobic classes (water and land) and arthritis classes. **Person in charge:** Troy Sea

#### WAY OF THE CRANE

1925 55th St. Boulder, CO 80301 303-442-7559 Email: wayofcrane@aol.com www.wayofthecrane.com Products/Services: Self-defense training, martial arts. Person in charge: Melanie Murphy, Sensei owner/director

#### HEALTH & FITNESS CENTERS-PUBLIC

#### ALTA PHYSICAL THERAPY AND PILATES

2955 Baseline Road Boulder, CO 80303 303-444-8707 Fax: 303-444-8109 Email: info@altatherapies.com www.altatherapies.com Products/Services: Orthopedic and sports physical therapy, Pilates for rehab and fitness. Person in charge: Jane Milliff

#### BOB L. BURGER RECREATION CENTER

111 W. Baseline Road Lafayette, C0 80026 303-665-0469 Fax: 303-665-0987 www.cityoflafayette.com/recreation **Products/Services**: Lap and leisure pools, indoor track, gymnasium, weight room, cardiovascular machines, fitness equipment, aerobic studio, fitness classes, racquet ball, U.S. Masters swim, swim lessons, licensed preschool, day camps, active adult classes, child/adult sports programs, birthday parties. **Person in charge**: Curt Cheesman, department director

#### **BROOMFIELD COMMUNITY CENTER**

280 Lamar St. Broomfield, CO 80020 303-464-5500 Fax: 303-464-5515 www.broomfieldrecreation.com **Products/Services**: Indoor pool, gymnasium, fitness room, weight/cardio room, preschool facilities, meeting rooms, lunch program, woodshop, dry/wet pottery/ craft room, banquet room.

#### EAST BOULDER COMMUNITY CENTER

5660 Sioux Drive Boulder, C0 80303 303-441-4400 www.ci.boulder.co.us **Products/Services**: Pool, raquetball courts, dance studios, group classes.

#### ED & RUTH LEHMAN YMCA LONGMONT

950 Lashley St. Longmont, C0 80504 303-776-0370 Fax: 303-682-2301 Email: info@longmontymca.org www.longmontymca.org Products/Services: Provides life-enhancing programs for children, families and seniors that focus on developing relationships, healthy lives and respect for diversity in order to build a stronger community. Person in charge: Tony Shockency, CEO

#### LONGMONT RECREATION CENTER

310 Quail Road Longmont, C0 80501 303-774-4800 Fax: 303-485-9793 www.ci.longmont.co.us/rec **Products/Services**: Lap pool, leisure pool, hot tub, sauna, steam room, gym with basketball courts, three-lane track, fitness area, aerobics room, climbing wall. Silver Sneaker provider.

#### LOUISVILLE RECREATION/ SENIOR CENTER

900 W. Via Appia Way Louisville, CO 80027 303-666-7400 Fax: 303-335-4959 www.ci.louisville.co.us **Products/Services**: Youth, adult, senior, active and passive recreational and leisure programs, wellness center, organized and drop-in activities. Tennis courts, in-line skating, skateboard park, cricket field.

#### **MOUNTAINS' EDGE FITNESS CENTER**

693-K S. Broadway Boulder, CO 80305 303-494-5000 Email: clubinfo@mountainsedgefitness.com www.mountainsedgefitness.com Products/Services: Cardio equipment and weight room, fitness classes, massage, yoga, pilates and cycling. Person in charge: Shannon Derby, managing partner

#### NORTH BOULDER RECREATION CENTER

3170 Broadway Boulder, C0 80304 303-413-7260 www.ci.boulder.co.us **Products/Services:** Pool, racquetball courts, dance studios, group classes.

#### PAUL DERDA RECREATION CENTER

13201 Lowell Blvd. Broomfield, CO 80020 303-460-6900 Fax: 303-460-6940 www.broomfieldrecreation.com **Products/Services**: Track, gymnastics center, gymnasium, two fitness studios, meeting rooms, preschool facility, climbing wall, aquatic center.

#### SOUTH BOULDER RECREATION CENTER

1360 Gillaspie Drive Boulder, C0 80303 303-441-3448 www.ci.boulder.co.us **Products/Services**: Indoor pool, racquetball/handball courts, dance studios, outdoor sand volleyball, outdoor tennis courts, sauna.

#### ST. VRAIN MEMORIAL BUILDING

700 Longs Peak Ave. Longmont, C0 80501 303-651-8404 www.ci.longmont.co.us **Products/Services**: Gymnasium, fitness/ wellness room, weight room and fitness area, fitness classes.

#### SYNAPSE PHYSICAL THERAPY

11575 Main St., Suite 100 Broomfield, C0 80020 303-467-2288 ext. 2 Fax: 303-410-0100 Email: michael@myimpactsports.com www.synapsept.com Products/Services: Located inside Impact Sports Performance. Person in charge: Michael Keating; Jamie Heiner

#### YMCA OF BOULDER VALLEY

2800 Dagny Way Lafayette, C0 80026 303-664-5455 Fax: 303-664-5456 www.ymcabv.org **Products/Services**: An association of people of all ages, abilities, ethnic groups and religious affiliations who are united in a common effort with a world wide fellowship, putting Christian principles into practice and

Person in charge: Chris Coker, CEO

#### HOME HEALTH CARE AND HOSPICE CARE

#### ACCENTCARE OF COLORADO

315 South Boulder Road, Suite 110 Louisville, C0 80027 800-368-7137 www.accentcare.com **Products/Services**: skilled home health care, rehabilitation ,hospice care

#### **APRIA HEALTHCARE**

385 S. Pierce Ave., Suite A Louisville, CO 80027 303-604-2249 Fax: 303-604-1468 www.apria.com BOULDER COMMUNITY HOMECARE 311 Mapleton Ave. Boulder, CO 80304

311 Mapleton Ave. Boulder, CO 80304 303-441-0444 Fax: 303-441-2241 Email: homecare@bch.org www.bch.org Products/Services: Registered nurses, physical therapy, occupational therapy, speech therapy, social workers, CNAs. Person in charge: Colleen Grady-Yuskewich

#### **BRIGHTSTAR HEALTHCARE**

2095 W 6th Ave., Suite 204 Broomfield , C0 80020 720-890-7777/720-890-7797 Email: denver@247brightstar.com www.247brightstar.com Products/Services: Non-medical home care, medical home health services and medical staffing.

#### **COMFORT KEEPERS**

4450 Arapahoe Ave., Suite 100 Boulder, C0 80303 303-413-9999 Email: boulder@comfortkeepers.com www.comfortkeepers.com Products/Services: Nonmedical, in-home care; companionship, meal preparation, housekeeping, transportation, errands and grocery shopping. Person in charge: John Andrews; Margaret Andrews

#### COMMUNITY ADVANTAGE

1375 Ken Pratt Blvd. Longmont, C0 80501 303-684-9833 Fax: 303-684-0164 **Email:** sernst@rescare.com www.rescare.com **Products/Services:** Connecting children and adults who have disabilities with their communities through residential, employment, day-program and supportedliving services. Provides in-home services for senior citizens. **Person in charge:** Gordon Yates

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COMPLETE HOME HEALTH CARE LLC 4909 Pearl East Circle, Suite 104 Boulder, CO 80301 303-441-5272 Fax: 303-441-5275 Email: grants@completehhc.com www.completehhc.com Products/Services: Skilled nursing, home health aides, physical, occupational and speech therapists, personal care. Person in charge: Grant Stone

#### COMPLETE HOME HEALTH CARE LLC 916 17th Ave.

Longmont, C0 80501 720-652-0292/720-652-0295 Email: cathy@completehhc.com www.completehhc.com Products/Services: Skilled nursing, physical, occupational and speech therapy, home health aides, personal care providers, pediatric care specialists, rehabilitation, and cardiac care. Person in charge: Cathy Kaufman, R.N., CEO, founding partner

#### **DIGNITY CARE LLC**

1570 Lee Hill Road, No. 7 Boulder, C0 80301 303-444-4040/720-563-0417 www.dignitycare.com **Products/Services**: 24-hour in-home care and other extended hours; provides companions; personal care, homemaking, respite care, transportation, care management; medically skilled and other services as requested; private pay basis. **Person in charge**: Mary Kirk, owner

#### **FAMILY HOSPICE**

1790 30th St., Suite 308 Boulder, CO 80301 303-440-0205 Fax: 303-440-0209 Email: familyhospice@familyhospice.net www.familyhospice.net Products/Services: Family Hopsice is locally owned and community focused, specializing in personal hospice care tailored to the needs of the patient and family. Services include regular visits from RN, CNA, chaplain. Person in charge: Melody Stanton, administrator

#### GOOD SAMARITAN SOCIETY -COLORADO HOME CARE

425 S. Bowen St., Unit 6 Longmont, C0 80501 303-702-0410 Fax: 303-702-0513 Email: nkadlec@good-sam.com www.good-sam.com Products/Services: Skilled nursing, physical therapy, occupational therapy, speech therapy, 24-hour care companions, social worker, home making, home health aids, cardiac care, Iv infusion, foot care, Medicare, Medicaid Person in charge: Nancy Kadlec, R.N., director

#### HAPPY HOMES MANAGEMENT SERVICES INC.

P.O. Box 18593 Boulder, CO 80308 303-938-1086 Fax: 303-530-5454 Email: Office@happyhomesmgt.com www.happyhomesmgt.com Products/Services: Support services for the elderly and physically and cognitively challenged. Nurse-assisted travel for these same populations provided worldwide. Person in charge: Kathy Phinney

#### HOME INSTEAD SENIOR CARE

588 U.S. Highway 287, Suite 200 Lafayette, CO 80026 720-890-0184/720-890-0185 www.homeinstead.com **Products/Services**: Companionship, light housekeeping, meal preparation, shopping, medicine reminders, errands. **Person in charge**: Dean Price, owner **Founded**: 200

#### HOMEWATCH CAREGIVERS OF BOULDER COUNTY

2945 Center Green Court, Suite D Boulder, CO 80301 303-444-1133 Fax: 303-444-5580 Email: info@homewatchboulder.com www.HomewatchBoulder.com Products/Services: Light housekeeping, meal preparation, medication reminders, personal care, mobility assistance, errands, companionship.

Person in charge: Julie Heidemann, president

#### HOSPICECARE OF BOULDER AND BROOMFIELD COUNTIES

1855 Plaza Drive Louisville, CO 80027 303-449-7740 Email: info@hospicecareonline.org www.hospicecareonline.org Products/Services: Dedicated in-patient facility offers around the clock, hospice intensive care and homelike amenities. Person in charge: Darla Schueth, president, CEO

#### HOSPICECARE OF BOULDER AND BROOMFIELD COUNTIES

2594 Trailridge Drive E. Lafayette, CO 80026 303-449-7740 Fax: 303-604-5393 Email: info@hospicecareonline.org www.hospicecareonline.org Products/Services: Care for those who are seriously ill and their families. Programs include hospice, palliative home health, along with grief and education. Person in charge: Darla Schueth, president, CEO

#### HOSPICECARE OF BOULDER AND BROOMFIELD COUNTIES

2130 Mountain View Ave., Suite 201 Longmont, C0 80501 303-449-7740 Email: info@hospicecareonline.org www.hospicecareonline.org Products/Services: Care for those who are seriously ill and their families. Programs include hospice, palliative home health, along with grief and education. Person in charge: Darla Schueth, president, CEO

#### PROFESSIONAL HOME HEALTH CARE INC.

2400 Central Ave., Suite H Boulder, C0 80301 303-444-1981 Fax: 303-447-8159 www.homecarephhc.com **Products/Services**: Skilled nursing, therapies, personal care, homemaking, case management.

#### **RESCARE HOMECARE**

1375 Ken Pratt Blvd. Longmont, C0 80501 303-772-7650 Fax: 303-684-0164 www.rescarehomecare.com **Products/Services**: Companionship, personal care, homemaker services for individuals who want to remain in their home. Nonmedical, one hour to 24-hour care.

#### SAFE AT HOME CARE LLC

533 Indian Peaks Trail West Lafayette, C0 80026-9316 303-543-3220 Fax: 303-443-4250 www.safeathomecare.com **Products/Services**: Medical management, physical therapy, nursing, care coordination, occupational therapy.

#### **SENIOR HELPERS BOULDER**

5085 W. 136th Ave. Broomfield, CO 80023 303-452-6500 www.seniorhelpers.com/boulder **Person in charge**: Chip Watson, operations manager

#### **TENDER LOVING CARE/AMEDISYS**

806 S. Public Road, No. 200 Lafayette, CO 80026 303-665-2820 Fax: 303-665-2840 www.amedisys.com **Products/Services**: Home healthskilled needs. Comprehensive disease management programs. **Person in charge**: Wendi Matthews, director of operations

#### **TRIPNURSE LLC**

1609 Cottonwood Drive Louisville, C0 80027 303-460-8416 Email: sbrandler@tripnurse.com www.tripnurse.com Products/Services: Private duty nursing care, travel medical escort/companion, relocation, local nonemergenct transport -outpatient procedures. Post-op recovery, neurological disease care, long hours/

hospice support. Person in charge: Suzanne Brandler, R.N.

#### VISITING ANGELS OF BOULDER COUNTY

526 Briggs St., Suite C Erie, CO 80516 303-828-2664 www.visitingangels.com Products/Services: Nonmedical home care for seniors. Meal preparation, bathing assistance, light housekeeping, medication reminders, shopping, appointments, companionship and anything else to keep seniors safe. Person in charge: Petey Webster, owner

#### WINDHORSE FAMILY AND ELDER CARE

3450 Penrose Place, Suite 240 Boulder, C0 80301 303-786-9313 Email: info@windhorsecare.com www.windhorsecare.com Products/Services: trained and experienced professionals, end-of-life care, Alzheimer's assistance, emergency assistance, light housekeeping, meals, transportation, Alzheimer's and dementia specialists Person in charge: Jyoti Sharp, director, owner

#### PLASTIC & COSMETIC SURGEONS LIST

#### BLUE ASPEN PLASTIC SURGERY

2668 Northpark Drive, Suite 110 Lafayette, C0 80026 303-666-6336 Fax: 303-666-0616 **Products/Services**: Breast surgery, cosmetic surgery, liposuction. **Person in charge**: Debora Ma, M.D.

#### **BLUESTEIN, DR. EVE**

1068 S. 88th St. Louisville, CO 80027 303-938-1161 Fax: 303-443-6830 Email: richard@bsurgicalarts.com www.bsurgicalarts.com Products/Services: Facial plastic surgery.

#### BOULDER PLASTIC SURGERY

2525 Fourth St., Suite 202 Boulder, CO 80304 303-443-2277 Fax: 303-443-7124 www.boulderplasticsurgery.com **Products/Services**: Breast reconstruction and augmentation, facial rejuvenation, body contouring, skin cancer reconstruction. Minimally invasive short-scar facelifts. Body contouring after weight loss or pregnancy.

#### **BOULDER PLASTIC SURGERY**

2525 Fourth St., Suite 202 Boulder, CO 80304 303-443-2277 Fax: 303-443-7124 www.boulderplasticsurgery.com **Products/Services**: Plastic and reconstructive surgery, turmmy tucks, liposuction, breast surgery, skin care, cancer reconstruction, Botox and fillers. **Person in charge**: Hans R. Kuisle, M.D., F.A.C.S.

#### **BRIDGING YOUR HEALTH INC.**

1068 S. 88th St. Suite A Louisville, CO 80027 303-938-1161 Fax: 303-443-6830 Email: patient.care@bridgingyourhealth.com www.bridgingyourhealth.com Products/Services: Facial plastic surgery; repair of facial fractures and complex lacerations; wisdom teeth removal; dental implants; general and preventive dentistry; bone grafting and reconstruction Person in charge: Artie Manfredi, director of patient coordination

#### BURROW, DR. CLAUDE H.

2800 Folsom St., Suite B Boulder, CO 80304 303-449-5822 Email: plsgs1@msn.com www.drburrow.com Products/Services: Plastic surgery, cosmetic surgery with emphasis on breast enhancement, reduction and reconstruction. Also face and neck lifts. Abdominoplasty and liposuction. Botox and Juvederm, physician injected. Person in charge: Claude Burrow

#### FRONT RANGE OTOLARYNGOLOGY

1551 Professional Lane, Suite 280 Longmont, C0 80501 720-494-9111/720-494-9555 www.frontrangeoto.com **Products/Services**: Facial plastic surgery, otolaryngology. facial botox.

#### FRONT RANGE PLASTIC & RECONSTUCTIVE SURGERY

2030 Mountain View Ave., Suite 500 Longmont, C0 80501 303-872-8250 www.frontrangeplastic surgery.com **Products/Services:** Cosmetic and reconstructive surgery.

#### **GOLDMAN, ANDREW C.**

4745 Arapahoe Ave., Suite 130 Boulder, C0 80304 303-558-8800 www.enhanceyourskin.com **Products/Services**: Otolaryngology, facial plastic surgery, skin laser resurfacing.

#### HERMANN, DR. GLENN

1032 S. 88th St. Louisville, CO 80027 303-664-9400 Fax: 303-666-5362 Email: hermannplasticsurgery@yahoo.com www.coalcreekplasticsurgery.com Products/Services: Breast enhancement, reduction and reconstruction, tummy tuck, arm lift, thigh lift, body lift, etc. Person in charge: Glenn Hermann, M.D.

#### JOEL MEYERS M.D.

1400 Dry Creek Drive Longmont, C0 80503 303-682-3386 Fax: 303-682-3398 Email: info@eccnc.net www.eyecaresite.com/aesthetics Products/Services: Botox, Exilis, fillers, facial aesthetic surgery, liposuction and fat transfer, laser resurfacing, eyelid surgery, medical spa services (facials, intense pulsed light treatments, massage) Person in charge: Joel Meyers

#### KAISER PERMANTE PLASTIC AND RECONSTRUCTION SURGERY

280 Exempla Circle Lafayette, CO 80026 303-861-3368/720-536-6880 Email: mark.w.kiehn@kp.org www.kp.com Products/Services: Plastic and reconstructive surgery.

#### LONGMONT CLINIC

1925 W. Mountain View Ave. Longmont, C0 80501 303-776-1234/720-494-3107 www.longmontclinic.com **Products/Services**: Multispecialty medical center providing ancillary services including radiology, laboratory, walk-in urgent care, nuclear medicine and an anti-coagulation clinic. **Person in charge**: Jack Campbell, administrator **Founded**: 1906

#### MA, DR. DEBORA

2668 Northpark Drive, Suite 110 Lafayette, C0 80026 303-666-6336 Fax: 303-666-0616 www.blueaspenplastics.com **Products/Services:** Breast surgery, liposuction, cosmetic surgery. **Person in charge:** Debora Ma, M.D.

#### MEYERS AESTHETIC CENTER

1400 Dry Creek Drive Longmont, C0 80503 303-772-3300 Email: aesthetics@eccnc.net www.eyecaresite.com/aesthetics Products/Services: Facial and body treatments, waxing, chemical peels, electrolysis and massage therapy. Laser and cosmetic surgery, Botox cosmetic injections, FotoFacial treatments.

#### **MORRISSEY, DR. DAVID**

4745 Arapahoe Ave., Suite 130 Boulder, C0 80303 303-443-2771 Fax: 303-443-2784 www.bouldervalleyent.com **Products/Services**: Facial reconstruction. Head and neck surgery.

#### REPLOGLE PLASTIC SURGERY 1032 S. 88th St.

Louisville, CO 80027 303-666-4554 Fax: 303-666-5362 Email: info@reploglemd.com www.drreplogleplasticsurgery.com Products/Services: Noninsurance reconstructive and cosmetic plastic surgery. Person in charge: Scott Replogle, M.D.

#### **RESTORATION PLASTIC SURGERY PC**

340 E. First Ave., Suite 333 Broomfield, C0 80020 303-466-3261 Fax: 303-440-8954 **Products/Services**: Plastic surgery and hand surgery. **Person in charge**: Mitchell Fremling, M.D., F.A.C.S.

#### SCHLOSSER, DR. STEVEN

2595 Canyon Blvd., Suite 360 Boulder, CO 80302 303-440-7546 Fax: 303-440-5364 Email: md@avantiliposculpture.com www.AvantiBoulder.com Products/Services: Cellulaze anti-cellulite treatment, smart lipo, VASER, tumescent liposuction, Brazillian butt lift Person in charge: Steven Schlosser, owner

#### SCHMID, DR. PETER M.

1305 Sumner St., Suite 100 Longmont, C0 80501 303-651-6846 Fax: 303-651-6794 Email: info@theaestheticsurgeon.com www.theaestheticsurgeon.com Products/Services: Facial plastic surgery, cosmetic, reconstructive surgery, nose surgery, face lifts, eye lifts, etc. Person in charge: Peter Schmid

#### SONATA LASER AESTHETICS

6363 W. 120th Ave. Broomfield, CO 80020 303-469-0064 www.sonatalaser.com **Person in charge**: Lawrence Janowski, M.D.

#### SWAIL, DR. JEFFREY

2575 Pearl St., Suite 300 Boulder, CO 80302 303-449-6666 Fax: 303-449-7023 www.bvplasticsurgery.com **Products/Services:** Plastic and reconstructive surgery: face-lifts, eyes, liposuction, tummy tucks, hand specialist, breast reduction, reconstruction, augmentation, lifts, Botox, facial fillers, laser treatments.

#### TERKONDA, DR. RAJ P.

1925 W. Mountain View Ave. Longmont, C0 80501 720-494-3120 Fax: 303-485-3377 Email: rterkonda@gmail.com www.longmontclinic.com Products/Services: Facial cosmetic surgery including rhinoplasty, face and neck lifts, blepharoplasty, etc. Person in charge: Raj TerKonda

#### **RV/BOAT**

#### **BOULDER BOAT WORKS INC.**

5853 Rawhide Court, Unit C Boulder, CO 80302 720-565-0789/720-565-1013 Email: info@boulderboatworks.com www.boulderboatworks.com Products/Services: Builders of fine custom polymer driftboats, dories and rowing hulls.

#### **CENTURY RV**

10400 E. Frontage Road Longmont, CO 80504 303-453-1111 Fax: 303-485-1501

#### www.centuryrv.com

Products/Services: Motorhomes, fifth wheels and travel trailers, new, used and consigned. Tiffin, Georgie Boy, Coachmen, Keystone and Four Winds brands. Parts and service located nearby.

#### **COLORADO POWERSPORTS**

1880 55th St. Boulder, CO 80301 303-442-4772 Fax: 303-442-9101 Email: sales@copowersports.com www.copowersports.com Products/Services: Motorcycles, watercraft, ATVs and snowmobiles. Sales, service, parts, accessories. Person in charge: Kurt Finley, president

#### **DIGNITY CARE LLC**

1570 Lee Hill Road, No. 7 Boulder, CO 80301 303-444-4040/720-563-0417 www.dignitycare.com **Products/Services**: 24-hour in-home care and other extended hours; provides companions; personal care, homemaking, respite care, transportation, care management; medically skilled and other services as requested; private pay basis. **Person in charge**: Mary Kirk, owner

#### SENIOR CENTERS

#### BOULDER COUNTY AGING SERVICES

3482 Broadway Boulder, CO 80304 303-441-3570 Email: bcaaa@bouldercounty.org www.bouldercounty.org Products/Services: Caregiving, respite, long-term care ombudsman, medicare counseling, wellness and nutrition, LGBT programs, rental assistance, homemaking, transportation, home-delivered meals, adult

day care, personal care assistance, aging issues consultation. **Person in charge**: Sherry Leach, director

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#### **BROOMFIELD SENIOR CENTER**

280 Lamar St. Broomfield, C0 80020 303-464-5526 Email: seniorweb@Broomfield.org www.ci.broomfield.co.us/senior/ Products/Services: Workshops, classes, wellness services, senior resource information, AARP drivers, respite care, caregiver support, home health care, loan closet, community alerts, DRCOG grant information. Person in charge: Erica Hamilton,

supervisor

#### **EAGLE PLACE**

6790 N. 79th St. Niwot, CO 80544 303-652-3850 **Person in charge**: Rebekah Van Sweden, aging resource consultant

#### EAST BOULDER SENIOR CENTER

5660 Sioux Drive Boulder, CO 80303 303-441-4150 Fax: 303-413-7495 Email: hollingsworths@bouldercolorado.gov www.boulderseniorservices.com **Products/Services:** Fosters the engagement and well being of older adults, supports family caregivers and promotes a positive image of aging through community programs and services. Health and wellness classes provide opportunities for physical health, mental health and well-being. **Person in charge:** Sandy Hollingsworth, director

#### ERIE COMMUNITY CENTER

450 Powers St. Erie, C0 80516 303-926-2795 Email: cgerhardt@erieco.gov www.eriecommunitycenter.com Products/Services: Columbine lounge drop-in activities, lunch programs with entertainment and educational presentations, day trips, off-site lunches and dinners at area restaurants, classes, wellness programs, special events, friendship circles. Person in charge: Cindy Gerhardt, active adults coordinator

#### LAFAYETTE SENIOR CENTER

103 S. Iowa Ave. Lafayette, C0 80026 303-665-9052 Email: maryl@cityoflafayette.com www.cityoflafayette.com Products/Services: Classes, health and wellness programs, dining, activities, transportation, senior services lunch program, Eat, Meet 'N' Greet cafe. Person in charge: Vern Swanagon, senior services manager

#### LONGMONT SENIOR SERVICES

910 Longs Peak Ave. Longmont, C0 80501 303-651-8411 Fax: 303-651-8413 www.ci.longmont.co.us/sen\_ctr/index.htm **Products/Services**: Caregiver services, classes, drop-in programs, facility use, groups, clubs, health and wellness programs, onsite providers, outdoor activities, resources, senior citizen advisory board, trips.

#### LOUISVILLE SENIOR CENTER

900 W. Via Appia Louisville, CO 80027 303-335-4919 Email: dianee@louisvilleco.gov www.louisvilleseniorservices.com Products/Services: Classes, workshops, fitness and sports programs, health and wellness programs, social and civic programs, community resources to assist in addressing basic needs, maximizing independence and supporting caregivers. Information and referral for emergencies, food, housing, financial assistance, health, transportation, home care, legal, careqiving and counseling.

#### **NEDERLAND AREA SENIORS**

750 N. Highway 72 Nederland, C0 80466 303-258-0799 Fax: 303-258-0799 Email: nas@nednet.net www.NederlandAreaSeniors.org Products/Services: Assist senior citizens in enhancing their quality of life, enabling them to live a life of respect and honor. Includes planning, organizing and facilitating nutrition, education, recreation, socialization, transportation, foot care and outreach programs for senior citizens living in Nederland and the surrounding area. **Person in charge**: Serene Karplus, coordinator

#### WALTER SELF SENIOR HOUSING

335 Railroad Ave., Bldg. B Lyons, CO 80540 303-823-9016 Fax: 303-441-1575 www.lyons-colorado.com **Products/Services**: Lyons' Golden Gang serves a noon meal three days a week at the center's main building. Noon meals can be delivered Monday through Friday to the homes of those who are elderly, handicapped or ill.

#### WEST BOULDER SENIOR CENTER 909 Arapahoe

Boulder, CO 80302 303-441-3148 Fax: 303-441-4149 www.boulderseniorservices.com **Products/Services:** Fosters the engagement and well being of older adults, supports family caregivers and promotes a positive image of aging through community programs and services. Health and wellness classes provide opportunities for physical health, mental health and well-being.

#### **TRAVEL AGENCIES**

#### AAA TRAVEL

1933 28th St., No. 200 Boulder, C0 80301-1100 303-753-8800 Fax: 303-442-0486 www.aaa.com

#### ADVENTURES WITHIN REACH INC.

2041 Broadway St., 2nd Floor Boulder, C0 80302 303-500-5047 Email: info@adventureswithinreach.com www.adventureswithinreach.com Products/Services: We offer custom itineraries and private groups but still at reasonable prices to a variety of international destinations. Person in charge: Robin Paschall, owner

#### ASIA TRANSPACIFIC JOURNEYS

2995 Center Green Court Boulder, CO 80301 303-443-6789 Fax: 303-443-7078 Email: travel@asiatranspacific.com www.asiatranspacific.com Products/Services: Specialty travel in Asia and the Pacific for private individuals, travel agents, museums and universities. Person in charge: Marilyn Staff, executive director

#### **BOULDER TRAVEL AGENCY**

1655 Folsom St. Boulder, CO 80302 303-443-0380 Fax: 303-443-4018 Email: info@bouldertravel.com www.bouldertravel.com Products/Services: Full-service retail travel agency specializing in corporate, leisure and group travel. Person in charge: Lori Loucks, vice president; Brian Menk, president

#### CAIN TRAVEL GROUP INC.

2990 Center Green Court Boulder, CO 80301 303-443-2246 Fax: 303-443-4485 www.caintravel.com **Products/Services:** Full-service travel agency featuring complete corporate travel management, meeting and incentive planning, discount vendor negotiations, online procurement and automated expense management. **Person in charge:** Linda Cain, CEO; Michael Cain, president

#### CAREFREE TRAVEL ASSOCIATES INC.

3000 Center Green Drive, Suite 220 Boulder, C0 80301 303-499-9400 Fax: 303-381-0609 Email: jann@travelsociety.com www.bouldercarefreetravel.com Products/Services: Corporate, leisure specialists in England, Australia, Caribbean, Mexico and Florida. Person in charge: Jan Nance, owner/ manager

#### **CRUISE SHOPPE OF BOULDER LLC**

2900 Valmont Road, Suite F2 Boulder, C0 80301 303-440-6888 Fax: 303-440-5777 **Email**: cruiseshoppe@sprintmail.com www.thecruiseshoppeofboulder.com **Products/Services**: Cruise planning. **Person in charge**: Gregory DiSalvo; Sian DiSalvo, owners

#### **DESIGNED TRAVEL**

5407 Gunbarrel Circle Longmont, C0 80503 303-530-5292 Fax: 303-530-3154 Email: designedtravel@comcast.net www.designedtravel.info Products/Services: Specializing in finding the lowest fares for airline tickets and tours.

#### **GOLD KEY TRAVEL SERVICE LTD.**

328 Coffman St. Longmont, C0 80501 303-776-7024 Fax: 303-776-3052 Email: info@gktravel.net www.gktravel.net Products/Services: Retail travel agency specializing in cruises, tours, packages, all-inclusive resorts and group travel. Person in charge: Don Wood, president

#### **GREAT EXPEDITIONS**

8660 N 55th St. Longmont, C0 80503 720-494-1530/720-494-1542 Email: info@greatexpeditionstravel.com www.greatexpeditionstravel.com Products/Services: Specializing in designing customized itineraries focusing on nature, adventure, local culture and the niche markets of scuba diving, horse riding and romance for individuals and small groups. Person in charge: Marjanna Helwig, owner

#### HEATHER ROSS TRAVEL

3000 Center Green Drive, Suite 220 Boulder, C0 80301 303-381-7423 Fax: 303-381-0609 Email: heatherr@travelsociety.com www.travelsociety.com/professionals/

#### heatherrosstravel

Products/Services: Corporate and leisure travel: cruises, bicycle trips, vacation packages, luxury travel. Person in charge: Heather Ross, owner

#### **JAMES TRAVEL POINTS**

1750 14th St., Suite 100 Boulder, C0 80302 303-442-2340 Fax: 303-442-2743 www.jamestravel.com **Products/Services**: American Express representative office offering vacation travel planning, Mexico, Belize, Costa Rica, Europe, France, Hawaii, Colorado ski packages, corporate travel management, groups, meetings and incentives. **Person in charge**: Andy James, vice president; Don James, president

#### **MOUNTAINVISION EXPEDITIONS**

1024 55th St. Boulder, CO 80303 303-880-8707 Email: info@mountain-vision.com www.mountain-vision.com Products/Services: International trekking and expedition company that treks to locations such as Africa, Nepal, Russia, Argentina and Peru. Person in charge: Jeff Evans, founder

#### NATURAL HABITAT ADVENTURES

833 W South Boulder Road Louisville, C0 80027 303-449-3711 Fax: 303-449-3712 Email: info@nathab.com Www.nathab.com Products/Services: Provides private and family groups of all sizes with customized adventures. Person in charge: Ben Bressler, director

#### **OUT OF THE BLUE TRAVEL**

4206 Birdie Court Niwot, C0 80503 303-249-2501 Fax: 303-444-7590 Email: outofthebluetrvl@comcast.net www.outofthebluetravel.net Products/Services: Exotic and unique destinations with an emphasis on personal service and quality experiences. Person in charge: Mary Daughton, owner

#### SAVVY TRAVEL INC.

**BOULDER VALI** 

DIRECTORY

m

1320 Pearl St., Suite 105 Boulder, C0 80302 303-447-0123 Fax: 303-447-0101 **Email**: savvy@savvytravelagency.com www.savvytravelagency.com **Products/Services**: Personal service for business and leisure travel, discounted international travel, all-inclusive vacations to Mexico and the Caribbean, tailored packages to Hawaii and Costa Rica, island cruises. **Person in charge**: Debby Griff, president

#### SOUTH SEAS ADVENTURES

7171 N. 63rd St. Longmont, C0 80503 303-440-8675 Fax: 303-417-0557 Email: sales@south-seas-adventures.com Www.south-seas-adventures.com Products/Services: Scuba, adventure and romance travel. Person in charge: Linda Gutekunst, president

#### TRAVELSHARK

1731 15th St., Suite 200 Boulder, C0 80302 720-239-1280 Email: sales@travelshark.com www.travelshark.com

#### WEAVER'S DIVE & TRAVEL CENTER

637 S. Broadway St., Suite V Boulder, C0 80305 303-499-8500 Fax: 303-499-8614 Email: steve@weaversdive.com www.weaversdive.com Products/Services: Group and individual scuba tours. Person in charge: Steve Weaver, manager

#### WISER WORLD TRAVEL LLC

2025 Oak Ave. Boulder, CO 80304 303-443-0604 Email: info@wiserworldtravel.com www.wiserworldtravel.com Products/Services: Travel liaison; We ensure that travelers have their specific needs met, whether for adventure, cultural experiences, walking tours/hiking, biking, mix of activities, from our network of tour operators around the world who demonstrate responsible travel practices. Person in charge: Peggy Lichter, owner

#### WORLD OUTDOORS

2840 Wilderness Place, Suite D Boulder, CO 80301 303-413-0938 Fax: 303-413-0926 Email: fun@theworldoutdoors.com www.theworldoutdoors.com Products/Services: All-inclusive hiking and multi-sport adventures since 1988 on all seven continents. Open to ages 8 and up. Person in charge: Bill Marriner, president

#### WEALTH MANAGEMENT

#### **AMERIPRISE FINANCIAL SERVICES**

4440 Arapahoe Ave., Suite 120 Boulder, C0 80303 303-442-0123 Email: ameripriseadvisors.com/ charles.g.parr www.ameripriseadvisors.com/ charles.g.parr Products/Services: Comprehensive planning, family wealth planning, investment management, retirement transition consulting Person in charge: Greg Parr, CFP

#### AMG NATIONAL TRUST BANK

1155 Canyon Blvd., Suite 310 Boulder, CO 80302 888-547-8877 Fax: 303-447-8822 www.amgnational.com **Products/Services**: Investment management, personal financial management, trust administration, financial counseling, tax planning and preparation, philanthropic planning and donor advised funds, etc. **Person in charge**: Earl Wright, CEO, chairman

#### BATHGATE CAPITAL PARTNERS LLC

1906 13th St., Suite 300 Boulder, CO 80302 303-449-7994 Fax: 303-402-0596 www.bathgatepartners.com **Products/Services**: Stock, bond brokerage business, mutual funds. **Person in charge**: Steven Bathgate, founder

#### BAUM & BLOCKHUS WEALTH MANAGEMENT

601 S. Main St. Longmont, C0 80501 303-678-0025 www.baumandblockhus.com **Person in charge**: Bryan L. Baum

#### **BEDFORD WEALTH ADVISORS**

7850 Edelwiess Court Boulder, C0 80303 303-499-8800 Fax: 303-499-7300 Email: garybedford@garybedford.com www.garybedford.com Products/Services: Investment advisory, estate and wealth planning, retirement strategies. Person in charge: Gary Bedford, Ch.F.C., CIMA, M.A.

#### **BIVIO INC.**

4800 Baseline Road, No. E-104-336 Boulder, CO 80303 877-529-0585/ Email: info@bivio.com www.bivio.com Products/Services: Online investment club management. Person in charge: Laurie Frederiksen, COO

#### BSW WEALTH PARTNERS

2336 Pearl St. Boulder, CO 80302 303-444-9696 Fax: 303-444-8585 Email: debi@bsw.com www.bsw.com Products/Services: Independent, fee-only boutique firm working with affluent families and individuals to grow money and solve problems. Person in charge: Debi Baydush, principal

#### CAMPBELL & ASSOCIATES

1650 38th St., Suite 203E Boulder, C0 80301 303-440-3556 Fax: 303-443-9177 Email: ccampbellassociates@comcast.net www.ccampbellassociates@comcast.net products/Services: Investment planning, financial planning, college planning, tax preparation. Person in charge: Corrin Campbell, president

#### CAP ADVISORS LLC

2595 Canyon Blvd., Suite 120 Boulder, C0 80301 303-444-7161 Fax: 303-444-4927 **Email**: jolie@capadvisorsllc.com www.capadvisorsllc.com **Products/Services**: Investment adviser.

#### CHARLES SCHWAB & CO. INC.

2480 Canyon Blvd., Building M, Suite M4 Boulder, C0 80302 800-308-1486 Fax: 303-448-3538 www.aboutschwab.com Products/Services: Full-service investment firm. Person in charge: Stuart Olsen, branch manager

#### COLORADO CAPITAL MANAGEMENT INC.

4430 Arapahoe Ave., Suite 120 Boulder, C0 80303 303-444-9300 Fax: 303-444-2027 Email: info@coloradocap.com www.coloradocap.com Products/Services: Investment management, financial planning. Person in charge: Steven Ellis, president

#### COLORADO STATE BANK AND TRUST

1505 Pearl St., Suite 105 Boulder, C0 80302 720-562-5520 www.csbt.com **Products/Services**: Investment management, personal trust, estate administration, private banking, institutional and corporate trust. **Person in charge**: Aaron Azari, vice chairman and market executive **Founde**: 1908

#### CORNERSTONE INVESTMENT ADVISORS LLC

1728 16th St., Suite 201 Boulder, CO 80302 303-545-5400 Fax: 303-545-5640 **Email**: dennis@cstoneinvest.com www.cstoneinvest.com **Products/Services**: Portfolio and trust management, financial and retirement planning, education funding and charitable giving strategies, risk management and tax strategies. **Person in charge**: Dennis Channer, CPA, CFP, AEP

#### **CRESTONE CAPITAL ADVISORS LLC**

1050 Walnut St., Suite 402 Boulder, C0 80302 303-442-4447 Fax: 303-442-4587 Email: info@crestonecap.com www.crestonecap.com Products/Services: Investment strategy and management, estate and philanthropic planning, income-tax planning and reporting, financial and cash-flow planning, and investment portfolio reporting. Person in charge: Eric Kramer, CEO

#### **CULVER INVESTMENT COMPANY LLC**

360 Interlocken Blvd., Suite 104 Broomfield, C0 80020 303-442-3670 Fax: 303-442-1749 Email: markc@culvercompanies.com Www.culvercompanies.com Products/Services: Financial planning, estate planning, portfolio management. Person in charge: Mark Culver

#### DANIEL M. DAY & ASSOCIATES

2060 Broadway, Suite 310 Boulder, C0 80302 303-444-8840 Fax: 303-444-6796 www.danday.com **Products/Services**: Fee-based financial and wealth-management planning. Northwestern Mutual Wealth Management Co. Advisor.

**Person in charge**: Daniel Day, ChFC, CLU, CLTC

#### DIGITAL RETIREMENT SOLUTIONS INC.

2420 Trade Centre Ave. Longmont, CO 80503 303-485-9000 Fax: 303-485-9009 Email: proposals@drs401k.com www.drs401k.com Products/Services: Online programs and support for retirement planning.

#### DIVERSIFIED ASSET MANAGEMENT INC.

1113 Spruce St. Boulder, CO 80302 303-440-2906 Email: info@diversifiedassetmanagement.com Www.diversifiedassetmanagement.com Products/Services: Wealth-management and retirement planning for executives, small-business owners and retirees. Person in charge: Robert Pyle, CFP, CFA

#### DUTCH CREEK FINANCIAL SERVICES

1750 30th St., Suite 1 Boulder, C0 80301 303-440-1400 Fax: 303-449-1702 **Emai**: info@dcfinancial.biz www.dcfinancialservices.net **Products/Services**: Fee-based financial planning, investment advice, mortgage planning, and insurance strategy. **Person in charge**: John Regur, president

#### FIDELITY INVESTMENTS

281 E. Flatiron Circle Broomfield, C0 80021 800-381-1927 www.fidelity.com **Products/Services**: Accounts and trade, retirement and guidance, investment products.

#### FIRST NATIONAL WEALTH MANAGEMENT

1155 Canyon Blvd., Suite 100 Boulder, C0 80302 800-495-1293 www.1stnationalbank.com **Products/Services:** Financial planning, private banking, investment management, trust and estate planning and comprehensive retirement plan administration. **Person in charge:** Dale Cloud, managing

director, market manager Founded: 1942

#### FIRST WESTERN TRUST BANK I BOULDER

1155 Canyon Blvd., Suite 300 Boulder, C0 80302 303-441-9400 Fax: 303-441-9450 **Email**: nstevens@fwtb.com www.fwtb.com **Products/Services**: Wealth-management service, including wealth planning, investment management, banking, trust, as well as mortgages, risk management, retirement consulting, 401 (k) and business banking. **Person in charge**: Nancy Stevens, chairwoman; Matt Gorr, president

#### FOCUSED FINANCIAL PLANNING INC.

4716 Panorama Drive San Diego, CA 92116-1239 303-544-0222/720-294-9542 Email: patrick@ffplanning.com www.FocusedFinancialPlanning.com; www. FinancialSolutionsBox.com Products/Services: Fee-only financial management. Asset management and building, IRA rollovers and asset preservation. Specializing in small business including small business consulting, taxes and part-time CFO services. Person in charge: Patrick Peterhans, CFP, EA

#### GOLD MEDAL WATERS INC.

4551 13th St. Boulder, C0 80301 720-887-1299/720-438-7118 Email: matt@goldmedalwaters.com www.goldmedalwaters.com Products/Services: Fee only firm. Offers private wealth management to retirees, entrepreneurs and small firm medical practices, and 401k/retirement plan setup to companies. Person in charge: Matthew Kelley, CFP, AIF, AAMS

#### **GREEN ALPHA ADVISORS LLC**

1906 13th St. Boulder, CO 80302 303-993-7856 Fax: 303-586-0130 Email: info@greenalphaadvisors.com www.greenalphaadvisors.com Products/Services: Asset management in firms that address or mitigate the challenges of resource scarcity, increased population, global climate change and pollution. Person in charge: Jeremy Deems, co-founder, CFO, COO; Garvin Jabusch, co-Founder, CIO; Ross Shell, managing member

#### HARSHMAN WEALTH MANAGEMENT LLC

3100 Arapahoe Ave., Suite 101 Boulder, C0 80303 303-442-2138 Fax: 303-443-0035 Email: info@harshmanwealth.com www.harshmanwealth.com Products/Services: Comprehensive and private wealth management specialzing in asset management, financial planning and retiement income planning and distribution. Person in charge: Shawn Harshman, founder

#### IMPACT WEALTH ADVISORS LTD.

1434 Spruce St., Suite 310 Boulder, C0 80302 303-962-9232 Fax: 303-962-9231 Email: anthony@impactwealth.com www.ImpactWealth.com Products/Services: Family wealth management. Retirement income, estate and financial planning. Legacy and philanthropic planning. Trust management. Retirement plans for business owners. Person in charge: G. Anthony Harrigan, managing director

#### INVESTORS INDEPENDENT TRUST CO.

507 Canyon Blvd. Boulder, CO 80302-5029 303-444-9060 Fax: 303-444-2301 Email: hmcp@iitc.com www.iitc.com Products/Services: Investment management, financial counseling, personal trust administration, estate settlement, charitable trust management, special needs trust management, escrow services. Person in charge: Herbert McPherson, CEO, president

#### JIM MARTY & ASSOCIATES LLC

1714 Duchess Drive Longmont, C0 80501 303-651-0304 Fax: 303-651-1471 Email: kbunzey@jimmarty.com www.jimmarty.com Products/Services: Financial services, retirement, estate and tax planning strategies. Person in charge: Jim Marty

#### **KYDE CAPITAL STRATEGIES LLC**

1911 11th St., Suite 207 Boulder, CO 80302 303-443-6644 Fax: 303-443-7755 Email: info@kydecap.com www.kydecap.com Products/Services: Comprehensive financial planning, investment management, wealth management, individual portfolio design. Person in charge: Greg Kyde, C.F.P., Ch.FC.

#### LIGHTHOUSE FINANCIAL LLC

360 Interlocken Blvd., Suite 101 Broomfield, CO 80021 303-444-1818 Fax: 303-444-1852 Email: wisdom@lighthousefinancial.biz www.lighthousefinancial.biz Products/Services: Advisory and wealth management firm specializing in planning for retirement through creative solutions to help clients reach their financial finish lines. Registered Representative, Securities offered through Cambridge Investment Research Inc., a Broker/Dealer, Member FINRA/ SIPC. Investment Advisor Representative, Lighthouse Financial LLC, a Registered Investment Advisor. Lighthouse Financial LLC and Cambridge are not affiliated. Person in charge: J. Lynn Hinds, managing partner

#### **LUDWICK & SHIRMAN**

3050 Broadway Suite 202 Boulder, C0 80304 303-444-1161 Fax: 303-444-5291 Email: info@ludwickandshirman.com http://ludwickandshirman.com Products/Services: Investment management, financial planning, retirement planning. Person in charge: Roy Ludwick, M.B.A., Ch.F.C.; Gary Shirman, C.L.U., Ch.F.C.

#### LUNSFORD FINANCIAL PLANNING INC.

357 S. McCaslin Blvd., Suite 200 Louisville, C0 80027 303-666-6442 Fax: 303-926-0336 Email: slunsford@lunsfordfinancial.com www.LunsfordFinancial.com Products/Services: Fee-only financial planning, investment advice and tax preparation. Person in charge: Shannon Lunsford, CFP(r), EA

#### **MCNARY FINANCIAL PLANNING LLC**

14597 Benton St., Suite 200 Broomfield, C0 80020 303-410-1745/720-836-3167 **Email**: judy@mcnaryfinancial.com www.mcnaryfinancial.com **Products/Services**: Fee-only financial planning for families and small business owners. Incorporates investment analysis, strategy and implementation, tax planning, budgeting, insurance and estate planning reviews.

Person in charge: Judy McNary, founder

#### MERIDIAN WEALTH MANAGEMENT

4430 Arapahoe Ave., Suite 210 Boulder, C0 80303 720-274-1656/720-274-1663 Email: david.hansen@lpl.com www.meridianteam.com Products/Services: Portfolio management and retirement planning. Person in charge: David Hansen, managing director

#### **MERRILL LYNCH**

921 Walnut St. Boulder, CO 80302 303-938-3900 Fax: 303-938-3999 www.ml.com Products/Services: All financial services. Person in charge: John Oliver, resident manager

#### MORGAN STANLEY SMITH BARNEY LLC

1800 Broadway, Suite 120 Boulder, C0 80302 720-562-6200 Fax: 303-939-9007 www.morganstanley.com **Products/Services**: Full-service financial firm: personal financial planning to global investment banking. **Person in charge**: Gregory Watson, first vice president, branch manager

#### **NETLYNX FINANCIAL ADVISORS LLC**

1301 Canyon Blvd., Suite 122 Boulder, CO 80302 303-442-8000 www.netlynxfinancialadvisors.com **Person in charge:** Gary Beels, M.B.A, C.F.P.

#### **NOEL FINANCIAL INC.**

777 29th St., Suite 200 Boulder, C0 80303 303-415-9122 www.noelfinancialinc.webyp.net **Person in charge**: Amy Noel

#### PARAGON CAPITAL WEALTH MANAGEMENT LLC

1426 Pearl St., Suite 200 Boulder, C0 80302 303-443-1510 Fax: 303-443-1575 Email: steven.pastore@lpl.com www.lpl.com/Steven.Pastore Products/Services: Proactive and disciplined, Fee Based investment management in Domestic & Global Equities, ETFs, mutual funds, commodities, currencies and REITs. Retirement planning and execution Person in charge: Steven Pastore, managing principal

#### PEAK ASSET MANAGEMENT LLC

1371 E. Hecla Drive, Suite A Louisville, CO 80027 303-926-0100 Fax: 303-926-0098 Email: peakam@peakam.com www.peakam.com Products/Services: Wealth management, portfolio management, financial planning. Person in charge: Terrance Hefty, founder

#### PRINCIPLED INVESTING LLC

P.O. Box 1837 Boulder, CO 80306-1837 303-413-6025/888-220-7510 Email: kstrohoffer@prg-group.net www.PrincipledInvestingLLC.com Products/Services: Financial planning and investment advice for individuals, small businesses and nonprofit organizations. Specializing in sustainable and socially responsible investing (SRI). Person in charge: Krista Strohoffer, financial adviser, CFP®

#### **ROBERT W. BAIRD & CO.**

1301 Canyon Blvd., Suite 220 Boulder, C0 80302 303-413-3800 Fax: 303-413-3830 **Email**: sbsmith@rwbaird.com www.rwbaird.com

Products/Services: Wealth management, public finance, investment banking, equity research, institutional sales and trading, private equity and asset management. Person in charge: Shawn Smith, branch manager, senior vice president

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IVIANAGEIVIEN I 3100 Arapahoe Ave., Suite 501 Boulder, C0 80303 303-444-4415 www.rockymountainwealthmanagement.com Person in charge: Cain Kobert, president

#### SARGENT BICKHAM LAGUDIS LLC

1801 13th St., Suite 208 Boulder, C0 80302 303-443-2433 Fax: 303-443-0254 Email: patty@sblfinancial.com www.sargentbickham.com Products/Services: Investment management and financial counsel. Person in charge: Brad Bickham, CEO, partner, owner, CFA, CFP

#### **TARRALL SKRAM & NIELSON**

2505 Walnut St, second floor Lafayette, C0 80026 303-415-2525 Fax: 303-415-2524 **Email**: hony@tarrall.com www.tsnfinancialgroup.com **Products/Services**: Comprehensive financial planning and investment management **Person in charge**: Marilynne Tarrall, C.F.P.; Hony Tarrall, president

#### THE MILLSTONE-EVANS GROUP OF

**RAYMOND JAMES & ASSOCIATES** 1942 Broadway, Suite 400 Boulder, C0 80302 303-402-6907 Fax: 303-402-6908 www.millstoneevans.com **Products/Services**: Detailed financial planning and individualized portfolio management.

#### **UBS FINANCIAL SERVICES INC.**

1801 13th St., Suite 100 Boulder, C0 80302 303-447-2940 Fax: 303-441-5370 www.ubs.com/branch/boulderby **Products/Services**: Complete financial services, including managed accounts, alternative investments, retirement plans, mutual funds, CDs, tax-exempt bonds, stocks, government securities, mortgages, general purpose loans. **Person in charge**: Peter Ford, director and branch manager **Founded**: 1879

#### **VARRA FINANCIAL**

1400 Main St., Suite 100 Louisville, C0 80027 303-665-2822 www.varrafinancial.com **Products/Services**: Pension and retirement planning, mutual funds, variable annuities, health insurance, long-term care. **Person in charge**: Gina Varra, owner

#### WADDELL & REED INC.

1200 28th St., Suite 200 Boulder, C0 80303-1701 303-444-8800 Fax: 303-449-1018 www.waddell.com **Products/Services**: Investment account

#### services, financial planning, annuities, life, disability, long-term care insurance. **Person in charge**: Matt Byrne, adviser

#### WEALTH CONSERVANCY INC.

1525 Spruce St., Suite 300 Boulder, C0 80302 303-444-1919 Fax: 303-444-1479 **Email**: twc@thewealthconservancy.com www.thewealthconservancy.com

#### WEBSTER INVESTMENT ADVISORS INC.

6684 Gunpark Drive, Suite 1500 Boulder, CO 80301 303-530-7717 Fax: 303-527-0365 Email: bobw@wiainfo.com www.wiainfo.com Products/Services: Wealth management. Person in charge: Bob Webster, CEO

#### **WELLS FARGO PRIVATE BANK**

1801 13th St., Suite 200 Boulder, C0 80302 303-541-2020 Fax: 303-541-2059 www.wellsfargo.com **Products/Services**: Full-brokerage services, wealth planning, investment management, insurance, trust administration and private banking. **Person in charge**: Rick Nelson, senior vice president

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### **BOOMERS DIRECTORY** NORTHERN COLORADO

#### **ASSISTED-LIVING**

#### **BARLOW ASSISTED LIVING**

2320 W. Prospect Road Fort Collins, CO 80526 970-482-1119 Fax: 970-482-1119 www.barlowassistedliving.com **Products/Services**: Hands-on assisted living services. Provide services for a maximum of eight and specialize in first class personal care. **Person in charge**: Lisa Barlow James Barlow, Owners

#### BEATRICE HOVER ASSISTED LIVING RESIDENCE

1380 Charles Drive Longmont, C0 80503 303-772-9292 Fax: 303-651-7279 hover@hovercommunity.org **Products/Services**: Twenty-four hour staff supervision, medication monitoring, special interest programs, transportation and chapel services.

Person in charge: Lisa Czolowski, CEO

#### **BEE HIVE HOMES OF COLORADO**

1705 32nd St. Evans, C0 80620 970-506-0006 Fax: 970-378-0329 helen@beehivehomesofnortherncolorado.com www.beehivehomesofnortherncolorado.com **Products/Services**: Memory care and senior assisted living, each in a residential family-syle environment. **Person in charge**: Jerry Christian, President

#### **CLARE BRIDGE COTTAGE**

1008 Rule Drive Fort Collins, CO 80525 970-266-0700 Fax: 970-266-0800 mwalker@brookdaleliving.com www.brookdaleliving.com **Products/Services**: Homelike environment, specially trained staff, added services as necessary, enclosed courtyards. **Person in charge**: Maureen Walker, Area director

#### **COLLINWOOD ASSISTED LIVING**

5055 S. Lemay Ave. Fort Collins, CO 80525 970-223-3552 Fax: 970-223-2360 kjacoby@ba.org www.bethesdaseniorliving.com **Products/Services**: Restaurant-style dining, housekeeping and laundry services. **Person in charge**: Kristen Jacoby, Executive director

#### ESTES PARK GOOD SAMARITAN VILLAGE - ASSISTED LIVING

1901 Ptarmigan Trail Estes Park, CO 80517 970-577-7700 Fax: 970-586-2561 gss0850@good-sam.com www.good-sam.com Products/Services: Assisted-living facility. Person in charge: Randy Davis, Executive director

#### GARDEN SQUARE AT SPRING CREEK

1000 E. Stuart St. Fort Collins, C0 80525 970-482-5712 Fax: 970-493-1367 **Products/Services**: assisted living **Person in charge**: Leslie Santoro, Administrator

#### **GARDEN SQUARE AT WESTLAKE**

3151 W. 20th St. Greeley, CO 80634 970-346-1222 Fax: 970-346-1228 sking@gardensquaregreeley.com www.gardensquareatwestlake.com **Products/Services:** Meals, transportation, administer medications, social activities and 24-hour supervision. **Person in charge:** Susan Benavides, Administrator

#### **GARDEN SQUARE OF GREELEY**

1663 29th Ave. Place Greeley, C0 80631 970-336-9063 Fax: 970-336-9130 www.ridgelinemc.com **Products/Services**: Housekeeping, meals, with full-service care. **Person in charge**: Candice Salas, Administrator

#### GOOD SAMARITAN SOCIETY -BONELL COMMUNITY

708 22nd St. Greeley, C0 80631 970-352-6082 Fax: 970-356-7970 dgoodman@good-sam.com www.good-sam.com **Products/Services**: Medicare and Medicaid certified assisted-living and senior housing with services. **Person in charge**: Ruth Leitel, Executive director

#### GOOD SAMARITAN SOCIETY - FOX RUN SENIOR LIVING

1720 W. 60th Ave. Greeley, CO 80634 970-353-7773 dgoodman@good-sam.com www.good-sam.com Person in charge: Ruth Leitel, Executive director Year Founded: 1922

#### GOOD SAMARITAN SOCIETY -

LOVELAND VILLAGE 2101 S. Garfield St. Loveland, C0 80537 970-669-3100 Fax: 970-663-4526 hhaubold@good-sam.com Www.good-sam.com Products/Services: Secured memory care, physical, occupational and speech therapies, long term and skilled care. Assisted living, Colorado home care, independent living. Person in charge: Lisa Melby, Executive director

#### **GRACE POINTE CONTINUING CARE**

1919 68th Ave. Greeley, C0 80634 970-304-1919 Fax: 970-304-2231 gpadmits@continuumhealth.com www.gracepointegreeley.com Products/Services: Rehabilitation services, assisted living, independent living, skilled nursing, memory care. Person in charge: Deb Majors, Administrator

#### **GRAY CARE WEST**

3705 Carson Ave. Evans, C0 80620 970-330-5133 Fax: 970-330-4286 graycare@hotmail.com Products/Services: Hairdresser, daily activities, laundry and housekeeping.

#### **HERITAGE HAUS**

208 19th St. S.E. Loveland, C0 80537 970-669-5616 Fax: 970-669-0988 admin@heritagehaus.com Products/Services: Assisted living for persons with schizophrenia Person in charge: Megan Hart, Administrator

#### **INGLENOOK AT BRIGHTON**

2195 E. Egbert St. Brighton, CO 80601 303-659-4148 Fax: 303-659-5370 patrick@inglenookatbrighton.com www.inglenookatbrighton.com **Products/Services**: Senior retirement and assisted living care community. **Person in charge**: MaryJo Wright, Executive administrator

#### LAKEVIEW COMMONS

1422 W. 29th St. Loveland, CO 80538 970-278-4000 Fax: 970-278-4001 palmer.withrow@columbinehealth.com www.columbinehealth.com **Person in charge**: Palmer Withrow, Administrator

#### LOVELAND HOUSE ASSISTED LIVING

2115 Eagle Drive Loveland, CO 80537 970-663-2223 Fax: 970-663-5352 **Products/Services**: Meals, laundry, housekeeping, activities. **Person in charge**: Patricia Strozzi, Administrator, Owner

#### **MACKENZIE PLACE**

4750 Pleasant Oak Drive Fort Collins, CO 80525 970-207-1939 Fax: 970-207-9555 frontdeskmpftc@leisurecare.com www.mackenzieplace.com Products/Services: Senior lifestyle community including independent, assistedliving and memory care apartments. Person in charge: Don Potter, General manager

#### MEADOWLARK ASSISTED LIVING

1214 Catalpa Place Fort Collins, C0 80521 970-221-3707 meadowlarkal@gmail.com Products/Services: Assisted living. Person in charge: Doug Macallister Pat Macallister, Administrators

#### **MEADOWVIEW OF GREELEY**

5300 29th St. Greeley, CO 80634 970-353-6800 Fax: 970-576-7319 www.meadowviewofgreeley.com Products/Services: Assisted living. Person in charge: Susan Olearnick, Administrator

#### **NEW MERCER COMMONS**

900 Centre Ave. Fort Collins, C0 80526 970-495-1000 Fax: 970-495-0626 www.columbinehealth.com Products/Services: Beauty shop, pets, courtyards, therapy, secure environment, Assisted Plus environment, and transportation. Person in charge: Gina Marie DiGiallonardo, Administrator

#### PARK REGENCY ASSISTED LIVING

1875 Fall River Drive Loveland, CO 80538 970-461-1100 Fax: 970-461-4650 parkregency@comcast.net www.parkregency.us **Products/Services**: Apartments for independent and assisted living for seniors. **Person in charge**: Jerry Bootzin, Administrator, Owner

#### PRIMROSE PLACE ASSISTED LIVING

1330 E. First St. Loveland, C0 80537 970-667-5962 Fax: 970-667-2834 primroseplace@msn.com **Products/Services:** Enclosed courtyard, walking path, personalized services and close to downtown. Specializing in the care of residents living with chronic mental illness. **Person in charge**: Valerie A. Boyce, Administrator

#### SHAMROCK MANOR

2914 W. Prospect Road Fort Collins, CO 80526 970-224-1400 Fax: 970-224-1400 shamrockmanor@gmail.com **Products/Services**: Senior care and hospice, Alzheimer's. **Person in charge**: Christine Bryan, Owner

#### STERLING HOUSE AT THE ORCHARDS

215 Shupe Circle Loveland, C0 80537 970-622-0012 Fax: 970-622-0018 jfrey@brookdaleliving.com www.brookdaleliving.com Products/Services: Assisted and independent living. Person in charge: Richard Freund, Executive director

#### **STERLING HOUSE OF BRIGHTON**

2215 E. Egbert St. Brighton, C0 80601 303-637-9500 Fax: 303-637-7338 sales@brookdaleliving.com www.brookdaleliving.com **Products/Services**: Assisted and independent living, meals, housekeeping, transport services, medication management. **Person in charge**: Michael Holbrook, Director

#### **STERLING HOUSE OF FORT COLLINS**

1002 Rule Drive Fort Collins, C0 80525 970-229-9777 Fax: 970-207-9962 mwalker@brookdaleliving.com www.brookdaleliving.com **Products/Services**: Home-like individual apartments, added services as needed, specialty trainee staff, enclosed courtyards.

#### **STERLING HOUSE OF GREELEY**

1999 West 38th Ave Greeley, C0 80634 970-990-9500 Fax: 970-990-7783 www.brookdaleliving.com Products/Services: Home-like individual apartments, added services as needed, specialty trainee staff, enclosed courtyards. Person in charge: Kerrie Harden, Executive Director

#### STERLING HOUSE OF LOVELAND

2895 N. Empire Ave. Loveland, CO 80538 970-667-9500 Fax: 970-667-4809 Iwalston@brookdaleliving.com www.brookdaleliving.com **Products/Services**: Courtyard, pets allowed with deposit and beauty salon on premises. **Person in charge**: Lisa Walston, Executive director

#### **TERRY LAKE ASSISTED LIVING**

3629 Woodridge Road Fort Collins, CO 80524 970-221-3707 terrylakeal@gmail.com Products/Services: Assisted living. Person in charge: Doug Macallister Pat Macallister, Administrators

#### THE BRIDGE AT LIFE CARE CENTER OF GREELEY

4750 25th St. Greeley, C0 80634 970-339-0022 Fax: 970-506-9031 mrickard@centurypa.com www.thebridgeatgreeley.com **Products/Services**: Lovely decor, great caring staff, good food/salad bar and a wellness program. **Person in charge**: Mindy Rickard, General manager

#### THE COURTYARD OF LOVELAND INC.

605 California Ave. Loveland, CO 80537 970-667-3342 Fax: 970-667-3079 courtyard@courtyardofloveland.com www.courtvardofloveland.com Products/Services: Private, Medicaid and respite care community offering personal assisted living services, including wander quard protection. Medication administration. registered nurses and physical, occupational and speech therapy provided on-site. Massage therapy, foot care clinics, and beauty/barber shop also on-site. Planned activities and trips, three home-cooked meals plus anytime snacks for all residents. Located in a quiet residential neighborhood. Same local owners for more than 20 years. Person in charge: Vickie Martina, Director

#### THE HILLCREST

535 N. Douglas Ave. Loveland, CO 80537 970-593-9800 Fax: 970-593-9810 info@hillcrestofloveland.com www.hillcrestofloveland.com **Person in charge**: Sarah Harlow, General manager, Chris Owens, Owner

#### **TRIANGLE CROSS RANCH**

36049 Weld County Road 51 Galeton, C0 80622 970-454-2219 Fax: 970-454-5390 director@trianglecrossranch.org www.trianglecrossranch.org **Products/Services**: Assisted living for adults with intellectual and developmental disabilities.

#### WELLINGTON ASSISTED LIVING

8126 S. Fifth St. Wellington, C0 80549 970-568-7199 Fax: 970-568-0420 dmuel94256@aol.com Products/Services: Assisted living. Person in charge: Kathy Mueller, Director Dennis Mueller, Owner

#### **BOATS AND RVS**

#### A1 POP-UP CAMPER & RV RENTAL

1000 Second St. Berthoud, C0 80513 970-481-9006 www.camper-rentals-colorado.com **Products/Services**: Camper and RV rentals of Coachman, Viking, Olympian and Gulfstream products. **Person in charge**: Andy Knedel, Owner

#### **BOYD LAKE MARINA**

4430 N. Larimer County Road 11C Loveland, C0 80538 970-663-2662 Fax: 970-663-2797 Products/Services: Seasonal sales of boat products, ramp access to lake.

#### **CENTURY RV**

10400 E. I-25 Frontage Road Longmont, C0 80504 303-453-1111 Fax: 303-678-1382 centuryrv@yahoo.com www.centuryrv.com **Products/Services**: Sales, parts and service of new and used motor homes, 5th wheels and trailers. **Person in charge**: Steve Hata, Owner

#### COLORADO BOAT CENTER

3850 S.E. Frontage Road Johnstown, C0 80534 970-663-6473 Fax: 970-635-0640 info@coloradoboatcenter.com www.coloradoboatcenter.com **Products/Services**: New and used boat sales, parts, accessories and service. Chaparral, Crestliner, Glastron, South Bay, Moomba and Supra boats. Evinrude, Indmar, Mercury and Volvo Penta motors. **Person in charge**: Nancy R. Smith, Co-owner Tom Smith, Owner

#### **CYCLE CENTRAL**

1606 North Lincoln Ave Loveland, CO 80538 970-461-9466 Fax: 970-461-3148 cyclecentral@msn.com www.cyclecentralinc.com Products/Services: ATVs, sport bikes, cruisers, dirt bikes, personal watercraft and boats. Buys and pawns used equipment. Person in charge: Justin Cran, Owner

#### FORT COLLINS MOTORSPORTS

1800 S.E. Frontage Road Fort Collins, C0 80525 970-498-8858 Fax: 970-498-8832 sales@fortcollinsmotorsports.com **Products/Services**: Sales, service and parts for new and used motorcycles, personal watercraft and ATVs.

#### INLET BAY MARINA INC.

4314 S. Shoreline Drive Fort Collins, CO 80526 970-223-0140 info@inletbaymarina.com www.inletbaymarina.com **Products/Services**: Pontoon boats and ski boat rentals, marina store.

#### ISLAND LAKE MARINE AND SPORTS INC.

5887 S.W. Frontage Road Fort Collins, C0 80528 970-225-6666 Fax: 970-225-3968 sales@islandlakemarine.com www.islandlakemarine.com **Products/Services:** Marine sales dealership located next to lake for test driving.

#### LOVELAND RV SERVICE

900 E. Colorado Highway 402 Loveland, C0 80537 970-669-6444 Fax: 970-663-3699 Iovelandrv@aol.com www.lovelandrvservice.com **Products/Services:** RV sales, service, parts and storage. **Person in charge**: Karen Atherton, VP Reg Atherton

#### **MOTOADVENTURE KAWASAKI**

6385 Byrd Drive Loveland, C0 80538 970-669-5377 sales@motoadventure.com Www.motoadventure.com Products/Services: Sales of ATVs, motorcycles, personal watercraft, generators, utility vehicles and Polaris products. Person in charge: Bruce Dalton

#### RANDY PREMER REPAIR

1300 Eighth Ave. Greeley, C0 80631 970-352-2823 Fax: 970-378-1822 **Products/Services**: Boat service, accessories and repair. **Person in charge**: Randy Premer Colleen Premer, Owners

#### **RV AMERICA INC.**

4777 Market Place Drive Johnstown, CO 80537 977-229-9262 marketplaceinfo@rvamericainc.com www.rvamericainc.com **Products/Services**: RV sales, rentals, service, and parts. **Person in charge**: Hari Sachanandani, Owner

#### **RV WORLD LLC**

4401 E. Prospect Road Fort Collins, CO 80525 970-493-5400 Fax: 970-493-5407 info@rwworldllc.com www.rwworldllc.com Products/Services: RV sales, rentals, parts and service, U-haul rentals, propane, RV storage. Person in charge: Tyler Gesick Kim Rivera, Owners

#### THE GREAT OUTDOORS RV CO.

3511 W. Service Road Evans, C0 80620 1-866-912-0340 Fax: 970-330-6701 thegreatoutdoorsrv.com/ www.thegreatoutdoorsrv.com Products/Services: RV sales.

#### TRANSWEST TRUCK TRAILER RV

7550 E. I-25 Frontage Road Frederick, CO 80516 303-684-3400 Fax: 303-684-3401 www.transwest.com **Products/Services**: New trailers from Mac, Trail King, Dakota, Galyean, CTS and Transcraft as well as numerous used trailers, parts & service.

#### **COSMETIC PROCEDURES**

#### **ALLURA SKIN & LASER CLINIC**

2032 Lowe St., Suite 103 Fort Collins, C0 80525 970-223-0193 Fax: 970-223-2860 info@alluraclinic.com www.alluraclinic.com

Products/Services: Skin care, facial lasering, botox, dermal fillers, hCG diet, spa, massage, laser vein treatments, bio identical hormones. Person in charge: Rebecca A. de la Torre, M.D. Yvonne Hampson, Nurse, Owner

#### FRONT RANGE PLASTIC & RECONSTRUCTIVE SURGERY

2500 Rocky Mountain Ave., Suite 130 Loveland, C0 80538 970-372-2310 Fax: 303-558-4152 info@myfrps.com www.frontrangeplasticsurgery.com **Products/Services**: Plastic and reconstructive surgery - face lift, eyelid surgery, brow lift, breast augmentation, breast lift, turmmy tuck procedures, lip augmentation, rhinoplasty, liposuction, skin cancer removal. Botox, Juvaderm Theradem skin care products and Jane Ireladel cosmetics. **Person in charge**: Deb Schoonover, Office manager

#### GONYON COSMETIC & PLASTIC SURGERY PC

4450 Union St., Suite 100 Johnstown, C0 80534 970-624-7979 Fax: 970-624-7980 drgonyon@drgonyon.com www.drgonyon.com Products/Services: Cosmetic and reconstructive surgery, aesthetic services.

#### MOUNTAIN VISTA PLASTIC SURGERY - HARMONY

2020 Lowe St Suite202 Fort Collins, C0 80525 970-266-0456 Fax: 970-266-8733 info@amybrewstermd.com www.amybrewstermd.com **Products/Services:** Plastic surgery and reconstructive surgery. **Person in charge:** Amy Olson, Office Manager

#### NORTHERN COLORADO PLASTIC AND HAND SURGERY PC

2315 E. Harmony Road, Suite 160 Fort Collins, C0 80528 970-493-8800 Fax: 970-498-8800 publicmail@ncpsurgery.com www.northerncoloradoplasticsurgery.com **Products/Services**: Reconstructive, cosmetic and hand surgeons. **Person in charge**: Becky J. Winne, Office manager

#### PLASTIC SURGICAL ASSOCIATES OF FORT COLLINS PC

1701 E. Prospect Road Fort Collins, C0 80525 970-493-7445 Fax: 970-493-1775 dduncanmd@aol.com www.drdianeduncan.com **Products/Services**: Plastic surgery and skin care. **Person in charge**: Diane I. Duncan, M.D., FACS, Owner, Plastic surgeon

#### **CULTURAL ORGANIZATIONS**

#### **ART CENTER OF ESTES PARK**

517 Big Thompson Ave. Estes Park, C0 80517 970-586-5882 Fax: 970-586-3875 info@artcenterofestes.com www.artcenterofestes.com **Products/Services:** Nonprofit gallery featuring local and regional artists. Printmaking, painting, photography, glass, sculpture, ceramics, jewelry, wood and fiber art displayed and sold. **Person in charge:** Vickie Lynn Mastron,

Gallery manager

#### **BAS BLEU THEATRE COMPANY**

401 Pine St. Fort Collins, C0 80524 970-498-8949 Fax: 970-498-9272 basbleu@basbleu.org **Products/Services:** Year-round theater company, art gallery, entertainment venue and conference/meeting space. **Person in charge:** Dulcie D. Willis , Executive director

**BEET ST.** 

DIRECTORY NORTHERN COLORADC

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200 W. Mountain Ave Suite A Fort Collins, CO 80521 970-419-8240 info@beetstreet.org www.beetstreet.org Products/Services: Nonprofit center promoting local cultural arts and personal growth. Person in charge: Beth Flowers, Exec Director

#### CANYON CONCERT BALLET & DANCE CENTER

1031 Conifer St. Fort Collins, C0 80524 970-472-4156 Fax: 970-472-4158 info@ccballet.org www.ccballet.org Products/Services: Volunteer dance professionals that perform a full season of productions. Classes in ballet, modern, jazz, tap, hip-hop, musical theatre, conditioning and lyrical, all taught by professionally trained staff. **Person in charge**: Kim Lang, Executive director

#### CENTENNIAL VILLAGE MUSEUM

1475 A St. Greeley, CO 80631-3910 970-350-9224 Fax: 970-350-9570 museums@greeleygov.com www.centennialvillagemuseum.com **Products/Services**: Self-guided touring, interactive history days, historic tours, family events, summer camps, weddings and receptions, meetings and rentals. **Person in charge**: Erin Quinn Valcho, Museums manager

#### **CHOICE CITY SINGERS**

2416 Stonecrest Drive Fort Collins, CO 80521 970-224-4725 blondieburke@earthlink.net www.fortnet.org/ccs Products/Services: Jazz/pop vocal group. Person in charge: Nancy S. Burke, President

#### **COLORADO COALITION OF ARTISTS**

148 W. Oak St., Suite C Fort Collins, CO 80524 970-221-3019 info@cccoaart.com **Products/Services**: Life drawing classes, portrait painting and drawing classes, uninstructed. **Person in charge**: Marcy Silverstein, Director, Volunteer

#### **COLORADO SWING**

P.O. Box 858 Fort Collins, CO 80522 970-416-1414 swing@primecom.com www.coloradoswing.com **Products/Services**: Colorado Swing produces live music entertainment for fundraisers and special events. **Person in charge**: Kip Scholl, Producer, Manager

#### CULTURAL ARTS COUNCIL OF ESTES PARK

423 W. Elkhorn Ave. Estes Park, C0 80517 970-586-9203 info@estesarts.com www.estesarts.com **Products/Services:** CAC's Center for the Arts features changing exhibits by nationally recognized artists, exhibits from national tours/museums, and musical performances on a 1930 Baldwin grand piano. **Person in charge:** Lynda S. Vogel, Executive director

#### **DEBUT THEATRE CO.**

827 Riverside Ave. Fort Collins, C0 80524 970-224-5774 debut@frii.com www.debuttheatre.org **Products/Services**: Plays for family audiences and training for young actors. **Person in charge**: Lee Osterhout-Kaplan, Artistic director Gregg Osterhout, Technical director

#### ENGAGING LOVELAND

762 W. Eisenhower Blvd. Loveland, C0 80537 970-980-4764 Fax: 970-667-1316 kristine@engagingloveland.org www.engaginglovelandinc.org **Products/Services**: Enhances and develops community events making the community a better place. A 501(c)(6) nonprofit. **Person in charge**: Kristine Koschke, Executive director

#### ETHOS WEST CHAMBER ORCHESTRA

54 Guardian Peak Drive Livermore, C0 80536 (970) 482-4099 drjazz44@hotmail.com www.ethoswest.org **Products/Services**: Chamber orchestra presenting outstanding musical works from a wide variety of periods, styles and regions of the world. **Person in charge**: Ron Hollerman, Director

#### FORT COLLINS MUSEUM OF ART

201 S. College Ave. Fort Collins, CO 80524 970-482-2787 Fax: 970-482-0804 info@ftcma.org www.ftcma.org Products/Services: Art exhibitions and educational programs. Person in charge: Marianne Lorenz, Executive director

#### FORT COLLINS SYMPHONY

214 S. College Ave. Fort Collins, CO 80524 970-482-4823 Fax: 970-482-4858 cnewman@fcsymphony.org www.fcsymphony.org **Products/Services**: For 62 years, the Fort Collins Symphony has enriched lives and shaped the musical landscape of Northerm Colorado. **Person in charge**: Carrie J. Newman, Executive director

#### GARDENS ON SPRING CREEK 2145 Centre Ave.

2145 Centre Ave. Fort Collins, CO 80526 970-416-2486 gardens@fcgov.com www.fcgov.com/gardens **Products/Services**: The Gardens on Spring Creek is our community botanic gardens. We have beautiful gardens, offer education programs for youth and adults, and host community events. **Person in charge**: Michelle Provaznik, Director

#### **GREELEY HISTORY MUSEUM** 714 Eighth St.

Greeley, CO 80631 970-350-9220 Fax: 970-350-9570 museums@greeleygov.com www.greeleymuseums.com Products/Services: History exhibits, research center, meeting room, rentals. Person in charge: Erin Quinn Valcho, Museum manager

#### GREELEY PHILHARMONIC ORCHESTRA

801 Eighth St. Suite 230 Greeley, C0 80631 970-356-6406 Fax: 970-352-8761 greeleyphil1@gmail.com www.greeleyphilharmonic.com **Products/Services**: Symphony concerts and educational presentations. **Person in charge**: Dr. Timothy W. Fleming, Executive director **Year Founded**: 1911

#### LINCOLN CENTER

417 W. Magnolia St. Fort Collins, CO 80521 970-221-6735 Fax: 970-221-6373 info@fcgov.com www.lctix.com Products/Services: Entertainment. Person in charge: Ty Sutton, General manager

#### LOVELAND PUBLIC LIBRARY

300 N. Adams Ave. Loveland, C0 80537 970-962-2738 Fax: 970-962-2946 dave.klith@cityofloveland.org www.cityofloveland.org **Products/Services**: Expanded and renovated library will be completed early in 2012. A large computer center called iExplore and a 15-computer classroom called iLearn will be available. New meeting, conference and study rooms will also be available. New areas include a business center, local history and genealogy room and comfortable reading areas. The services for children and teens are expanding too.

#### MIDTOWN ARTS CENTER

3750 S. Mason St. Fort Collins, C0 80525 970-225-2555 Fax: 970-225-2722 events@midtownartscenter.com www.midtownartscenter.com Products/Services: Professional Broadwaystyle dinner theatre, corporate events, meetings, lectures, weddings, ballroom, children's theatre and arts education, community theatre rental, theatre for children and family. Person in charge: Kurt Terrio, President

#### **OPENSTAGE THEATRE & COMPANY INC.**

P.O. Box 617 Fort Collins, CO 80522 970-484-5237 Fax: 970-482-0859 denisef@openstage.com www.openstage.com Products/Services: Live theater produced in Fort Collins. Person in charge: Denise Burson Freestone. Artistic director

#### **OPERA FORT COLLINS**

P.O. Box 503 Fort Collins, CO 80522 970-482-0220 operafc@msn.com www.operafortcollins.org Products/Services: 501(c)3.

#### POUDRE RIVER PUBLIC LIBRARY DISTRICT - OLD TOWN LIBRARY

201 Peterson St. Fort Collins, CO 80524 970-221-6740 Fax: 970-221-6398 refdesk@poudrelibraries.org www.poudrelibraries.org Products/Services: Provides library services for all ages. Movies, books, eBooks, audiobooks, reference service, public computers and meeting facility. Person in charge: Jean Bosch, Library manager

#### POUDRE RIVER PUBLIC LIBRARY DISTRICT - COUNCIL TREE LIBRARY

2733 Council Tree Ave., Suite 200 Fort Collins, C0 80525 970-221-6740 Fax: 970-221-6398 refdesk@poudrelibraries.org www.PoudreLibraries.org **Products/Services**: Provides library services for all ages. Movies, books, eBooks, audiobooks reference service, public computers and meeting facility. **Person in charge**: Currie Meyer, Library manager

#### POUDRE RIVER PUBLIC LIBRARY DISTRICT - HARMONY LIBRARY

4616 Shields St. Fort Collins, CO 80526 970-221-6740 Fax: 970-221-6398 refdesk@poudrelibraries.org www.poudrelibraries.org **Products/Services**: Provides library services for all ages. Movies, books, eBooks, audiobooks reference service, computer lab and meeting facility. **Person in charge**: Ken Draves, Deputy director

#### POUDRE STUDIO ARTISTS & GALLERIES

406 N. College Ave. Fort Collins, CO 80524 gallery@poudrestudioartists.com www.poudrestudioartists.com Products/Services: Works in glass, jewelry, acrylics, oils, watercolors, pastels, photography, sculpture, mixed media, collage, polymer clay and more. Artists offer workshops, classes and lectures. Visitors have the opportunity to meet with the artists in their studios to view works in progress as well as purchase art. Rental space available for private and public events, such as parties, fundraisers and workshops. Person in charge: Evie Tilley, Gallery administrator

# THE DINNER THEATRE AT MIDTOWN ARTS CENTER

3750 S. Mason St. Fort Collins, CO 80525 970-225-2555 Fax: 970-225-2722 boxoffice@adinnertheatre.com www.midtownartscenter.com **Products/Services**: Professional Broadwaystyle entertainment presented with tableserved dinner. **Person in charge**: Kurt Terrio, President

# THOMPSON VALLEY ART LEAGUE

429 N. Lincoln Ave. Loveland, C0 80537 970-663-2407 lincolngallery@qwestoffice.net www.lincolngallery.com Products/Services: Artwork by local members artists. Person in charge: Jeff Brooks, Gallery director

#### UNION COLONY CIVIC CENTER

701 10th Ave. Greeley, C0 80631 970-350-9449 Fax: 970-350-9475 mark.breimhorst@greeleygov.com www.ucstars.com Products/Services: Entertainment and arts programming. Person in charge: Mark Breimhorst, Cultural superintendent

#### HIGH PLAINS LIBRARY DISTRICT 2650 W. 29th St.

Coloreley, CO 80631 970-506-8550 Fax: 970-506-8551 jreid@highplains.us www.mylibrary.us Products/Services: Libraries in Ault, Eaton, Ft. Lupton, Hudson, Johnstown, and Platteville, and a branch library system which includes branch libraries in Greeley and Frederick, a bookmobile and six book deposit collections placed throughout the county. Person in charge: Janine Reid, Executive director Janine Reid, Executive Director

#### YOUTH ORCHESTRA OF THE ROCKIES

P.O. Box 270396 Fort Collins, CO 80527 970-310-7998 Fax: 970-493-3958 yor@forthet.org www.forthet.org/yor Products/Services: 501(c)3. Person in charge: Denise Apodaca, Executive director

# **GOLF COURSES**

#### BELLA ROSA GOLF COURSE

5830 County Road 20 Frederick, C0 80530 303-678-2940 Fax: 303-485-8429 bellarosagolf@gmail.com www.bellarosagolf.com Products/Services: Golf. Person in charge: Pete Bain, General manager

#### CITY OF FORT COLLINS - CITY PARK NINE GOLF COURSE

411 S. Bryan Ave. Fort Collins, C0 80521 970-221-6650 Fax: 970-221-6803 golf@fcgov.com www.fcgov.com/golf **Products/Services**: Pro shop, practice chipping and putting greens, driving range, clubhouse, merchandise, lessons, leagues, tournaments, outings and snack bar. **Person in charge**: Doug Perry, PGA professional

#### CITY OF FORT COLLINS -COLLINDALE GOLF COURSE

1441 E. Horsetooth Road Fort Collins, C0 80525 970-221-6651 Fax: 970-229-9882 www.fcgov.com/golf **Products/Services**: Driving range, practice chipping and putting green, full-service bar and restaurant, patio deck, merchandise, club repair, lessons, leagues, tournaments, outings. CITY OF FORT COLLINS -SOUTHRIDGE GOLF CLUB

5750 S. Lemay Ave. Fort Collins, CO 80525 970-416-2828 Fax: 970-226-2894 golf@fcgov.com www.fcgov.com/golf **Products/Services**: Pro shop, practice greens, driving range, clubhouse, fullservice bar and restaurant/snack bar, patio deck, merchandise, club repair, lessons, leagues, tournaments, outings. **Person in charge**: Dave McCleave, PGA professional

## CITY OF GREELEY - BOOMERANG GOLF LINKS

7309 W. Fourth St. Greeley, CO 80634 970-353-4653 Fax: 970-351-8947 golf@greeleygov.com www.greeleygov.com/golf **Products/Services**: Pro shop, lighted driving range, practice green, full-service restaurant and bar.

#### CITY OF LOVELAND - CATTAIL CREEK GOLF COURSE 2116 W. 29th St.

Loveland, CO 80538 970-663-5310 Fax: 970-962-2903 lovegolf@ci.loveland.co.us www.golfloveland.com Products/Services: Pro shop, practice greens, driving range, food and beverages. Person in charge: Jim Dargis, Golf professional

#### CITY OF LOVELAND -Mariana Butte

701 Clubhouse Drive Loveland, C0 80537 970-667-8308 Fax: 970-663-4265 lovegolf@ci.loveland.co.us www.golfloveland.com **Products/Services:** Features elevated tees, challenging holes that border the Big Thompson River and vistas of the Rocky Mountain Front Range. **Person in charge**: Winston Howe, Head golf professional

# COYOTE CREEK GOLF COURSE

222 Clubhouse Drive Fort Lupton, C0 80621 303-857-6152 Fax: 303-857-6322 www.fortlupton.org **Products/Services**: Golf course, pro shop, restaurant, driving range and lessons. **Person in charge**: Pat Marek, General manager

# EATON COUNTRY CLUB

37661 Weld County Road 39 Eaton, CO 80615 970-454-2479 Fax: 970-454-3095 www.eatoncountryclub.com **Products/Services**: Fine dining, driving range, putting green and chipping area. Championship golf course. **Person in charge**: Rick Cole, General manager and Head professional

# ESTES PARK GOLF COURSE

1480 Golf Course Road Estes Park, CO 80517 970-586-8146 Fax: 970-577-1147 18hole@golfestes.com www.golfestes.com Products/Services: Individual and group golf instruction, practice facility, full-service restaurant. Person in charge: Mark Miller, Director of golf

#### FORT COLLINS COUNTRY CLUB

1920 Country Club Road Fort Collins, CO 80524 970-482-1336 Fax: 970-482-1442 gmgr@fcgolf.org www.fcgolf.org Products/Services: Now allied with Greeley Country Club and Fox Hills Country Club in Longmont, providing members with 54 holes of golf and three campuses with swimming pools, tennis courts and clubhouses. Person in charge: Sunie Liley, Sales manager

#### FOX ACRES COUNTRY CLUB

3350 Fox Acres Drive West Red Feather Lakes, C0 80545 970-881-2510 Fax: 970-881-2754 Joeym@foxacres.com www.foxacresgolfclub.com **Products/Services**: Pro shop, driving range practice chipping and putting greens, locker rooms, fly-fishing, tennis courts, restaurant and bar. **Person in charge**: Joey Moncayo, General

manager

# **GREELEY COUNTRY CLUB**

4500 W. 10th St. Greeley, C0 80634 970-353-0528 Fax: 970-353-8880 www.greeleycc.org Products/Services: Large conference/ banquet room, small meeting rooms, outside ceremony venue. Person in charge: Kate McNeill, Banquet coordinator Year Founded: 1920

#### **GREELEY COUNTRY CLUB - GOLF** COURSE

4500 W. 10th St. Greeley, C0 80634 970-353-0528 Fax: 970-353-8880 amy.fiedler@greeleycountryclub.net www.greeleycc.org Products/Services: Large conference/ banquet room, small meeting rooms, outside ceremony venue. Person in charge: Michael Auerbach, General Manager

#### HARMONY CLUB

6432 Grand Tree Blvd. Timnath, C0 80547 970-224-4622 Fax: 970-407-7805 renee@harmonyclub.info **Products/Services**: A planned community and award-winning golf course. Harmony draws both residents and golfers. Harmony Club is also the home of the CSU men's and women's golf teams.

Person in charge: Steve Lind, Director of golf

# HIGHLAND HILLS GOLF COURSE

2200 Clubhouse Drive Greeley, C0 80634 970-330-7327 Fax: 970-339-5573 wayne.leighton@greeleygov.com www.greeleygov.com/golf Products/Services: Driving range, putting green, chipping area, full restaurant and bar. Person in charge: Wayne Leighton, Manager of golf

#### HIGHLAND MEADOWS GOLF COURSE

6300 Highland Meadows Parkway Windsor, C0 80550 970-204-4653 Fax: 970-204-9396 kelsey@highlandmeadows.com www.highlandmeadows.com **Products/Services**: Tavern on the green, wedding ceremonies and receptions, big red barn for parties and events, tournaments, driving range, tennis facility, community pool, indoor training studio (October - April), lessons, clinics, leagues. **Person in charge**: Paul McQuade, Director of golf

#### LAKE ESTES EXECUTIVE 9-HOLE GOLF COURSE

690 Big Thompson Ave. Estes Park, CO 80517 970-586-8176 Fax: 970-577-1147 18hole@golfestes.com www.golfestes.com Products/Services: Nine-hole golf course. Person in charge: Mark Miller, Director of golf

#### LINK-N-GREENS

777 E. Lincoln Ave. Fort Collins, C0 80524 970-221-4818 Fax: 970-493-0942 www.golfcolorado.com **Products/Services**: Lighted driving range, snack bar, chipping and putting green. **Person in charge**: Mike Musgrave, GM / Head pro

#### MAD RUSSIAN GOLF COURSE

2100 Country Club Parkway Milliken, C0 80543 970-587-5157 Fax: 970-587-9430 www.madrussiangolf.com **Products/Services**: Pro shop, putting green, driving range, chipping area; full restaurant and bar, wedding, banquet, private party/meeting facilities. **Person in charge**: Heidi Ehrlich-Heckenlable, Manager

#### MOUNTAIN VISTA GREENS GOLF COURSE

DIRECTORY NORTHERN COLORADO

BOOMERS

2808 N.E. Frontage Road Fort Collins, CO 80524 970-482-4847 Fax: 970-498-9443 odelloffduty@msn.com www.mountainvistagreens.com **Products/Services**: Pro shop, driving range, practice green, food and beverages, patio with mountain views. **Person in charge**: Deryle O'Dell Matt O'Dell, Owners

#### PELICAN LAKES GOLF AND COUNTRY CLUB

1620 Pelican Lakes Point Windsor, C0 80550 970-674-0930 Fax: 970-686-2768 golf@watervalley.com www.watervalley.com Products/Services: Full-service country club featuring 27 holes of golf, locker rooms, swimming pool, Austin's Homestead Restaurant & Bar, banquet facilities, driving range and putting green. **Person in charge**: Stacy A Kleve, Director of golf

#### PTARMIGAN COUNTRY CLUB

5416 Vardon Way Fort Collins, CO 80528 970-226-8555 Fax: 970-226-2836 info@ptarmigancc.com www.ptarmigancc.com **Products/Services:** Full-service private country club, restaurant/banquet facilities, driving range, practice green, chipping area, locker rooms, tennis, swimming. **Person in charge:** Ron Flack Ryan Flack, Owners

#### **RIVERDALE DUNES**

13300 Riverdale Road Brighton, C0 80602 303-659-6700 Fax: 303-654-1892 jeff@riverdalegolf.com www.riverdalegolf.com Products/Services: Practice area, banquet rooms and full-service restaurant. Person in charge: Jeff Meeker, Golf pro

#### **RIVERDALE KNOLLS**

13300 Riverdale Road Brighton, C0 80601 303-659-4700 Fax: 303-654-1892 jeff@riverdalegolf.com Www.riverdalegolf.com **Person in charge:** Jeff Meeker **SADDLEBACK GOLF CLUB** 8631 Frontier St.

Firestone, C0 80504 303-833-5000 Fax: 303-833-3515 www.saddlebackgolf.com Products/Services: Driving range, practice putting and chipping greens, tournament pavilion, retail shop, PGA teaching professionals available. Weddings and receptions. Person in charge: Whitey O'Malley, GM/ Owner

#### THE FOX HILL CLUB

1400 E. Colorado Highway 119 Longmont, C0 80504 303-651-3777 Fax: 303-772-9304 mstewart@thefoxhillclub.com www.thefoxhillclub.com Products/Services: Swimming (competitive swim team), tennis, exercise facility, locker rooms, banquet facilities, members pub. Person in charge: Matt Stewart, Head professional

#### THE OLDE COURSE AT LOVELAND

2115 W. 29th St. Loveland, C0 80538 970-667-5256 Fax: 970-278-0663 lovegolf@ci.loveland.co.us www.golfloveland.com **Products/Services:** Driving range, clubhouse, pro shop, putting green, food and beverages. **Person in charge:** Kim Stiner, LPGA golf professional Gale Stiner, Clubhouse manager

# **HEALTH CLUBS**

#### 24- HOUR FITNESS

2208 E. Harmony Road Fort Collins, CO 80528 970-797-3036 www.24hourfittness.com

#### ANYTIME FITNESS

200 W. Foothills Parkway Fort Collins, C0 80525 970-223-2248 Fax: 970-223-2058 fortcollins@anytimefitness.com www.anytimefitness.com **Products/Services**: 24-hour access, 24hour security, convenient parking, anywhere club access, tanning, personal training, classes, cardio TVs, private restrooms.

# **ANYTIME FITNESS**

1159 Main St. Windsor, C0 80550 970-674-3304 windsorco@anytimefitness.com www.anytimefitness.com **Products/Services**: 24-hour access, 24hour security, convenient parking, anywhere club access, tanning, personal training, classes, cardio TVs, private restrooms **Person in charge**: David Haase, Owner

#### **ANYTIME FITNESS**

4731 10th St., Suite G Greeley, CO 80634 970-352-3640 greeleyco@anytimefitness.com www.anytimefitness.com **Products/Services**: 24-hour access, 24hour security, convenient parking, anywhere club access, tanning, personal training, classes, cardio TVs, private restrooms.

#### **ANYTIME FITNESS**

324 W. 37th St. Loveland, C0 80538 970-203-0800 lovelandco@anytimefitness.com www.anytimefitness.com **Products/Services**: 24-hour access, 24hour security, convenient parking, anywhere club access, tanning, personal training, classes, cardio TVs, private restrooms.

# BERTHOUD ATHLETIC CLUB

247 Mountain Ave. Berthoud, CO 80513 970-532-2582 www.bacinfo.com Products/Services: Fitness classes for adults and kids. Person in charge: Caroline C. Creager, Owner

#### CHILSON RECREATION/ SENIOR CENTER

700 E. Fourth St. Loveland, C0 80537 970-962-2386 ashlee.taylor@cityofloveland.org www.cityofloveland.org **Products/Services**: Public recreation, aquatics and fitness center. Banquet facilities, two gyms, racquetball courts, cardio fitness equipment, and strength systems, lap pool, activity pool, hot tubs, steam room, indoor track, gymnastics center, group cycling, and group fitness classes. **Person in charge**: Ashlee Taylor, Facility manager

#### **CONDITIONING SPA**

2640 11th Ave. Greeley, C0 80631 970-352-0974 Fax: 970-356-2073 info@conditioningspa.com www.conditioningspa.com **Products/Services:** Full-service: RB/ squash, cardio, weight room, aerobics, pool, Nautilus, climbing, massage, programs for kids and seniors. **Person in charge:** Pam Balzer, Owners Tim Balzer

#### **CURVES-FORT COLLINS**

2114 Midpoint Drive Fort Collins, C0 80525 970-225-0019 Fax: 970-225-0056 www.curves.com **Products/Services**: 30-minute exercise program for women using hydraulic resistant machines. Also offering a weight management class and supplements. **Person in charge**: Kathleen Kerchal Lloyd Kerchal, Owners

#### **CURVES-FORT COLLINS**

1015 W. Horsetooth Road Fort Collins, C0 80526 970-416-0845 Fax: 970-416-0845 www.curves.com **Products/Services**: 30-minute circuit training, cardio, nutritional classes. **Person in charge**: Sue Parker, Owner

#### **CURVES-GREELEY**

2312 W. 17th St. Greeley, C0 80634 970-353-0900 www.curves.com Products/Services: 30-minute circuit training, cardio, nutritional classes. Person in charge: Julie Pierce, Owner

#### **CURVES-GREELEY WEST**

4895 W. 10th St., Suite A Greeley, CO 80634 970-353-3366 www.curves.com **Person in charge**: Jeannie Eikenberg, Manager

#### **CURVES-LOVELAND**

1423 N. Denver Ave. Loveland, CO 80538 970-669-3062 Fax: 970-461-3819 www.curves.com Products/Services: Women's fitness club. Person in charge: Joy Torgerson, Owner

#### **CURVES-LOVELAND**

249 E. 29th St., Suite A Loveland, C0 80538 970-669-9400 Fax: 970-669-9400 curveswestloveland@hotmail.com www.curves.com Products/Services: Women's fitness. Person in charge: JoEllen Amundson, Manager, Co-owner

#### ED & RUTH LEHMAN YMCA

950 Lashley St. Longmont, C0 80504 303-776-0370 Fax: 303-682-2301 info@longmontymca.org

#### www.longmontymca.org

Products/Services: The Ed & Ruth Lehman YMCA is part of a national association of more than 2500 YMCAs. The organization first began programming in 1969 as part of the Boulder Valley YMCA, and was incorporated as a private, non-profit corporation in 1989 to address local needs in Longmont. Youth development, health and wellness have been the core program activities since the beginning. Since 2009, the YMCA has initiated programs to focus on three under-served populations with a goal of increasing diversity and inclusion: health seekers, the Hispanic/Latino community, and people living in poverty. **Person in charge:** Tony Shockency, CEO

#### FAMILY FUNPLEX

1501 65th Ave. Greeley, C0 80634 970-350-9401 www.greeleygov.com **Products/Services**: Indoor water park, indoor-outdoor slide, tip bucket, lap pool, "super-drop" slide, lazy river.

#### FITNESS1

8017 First St. Wellington, C0 80549 970-568-4444 fitness1clubs@hotmail.com www.fitness1clubs.com Products/Services: Health club. Person in charge: Matt Beeners, Owner

#### FORT COLLINS CLUB

1307 E. Prospect Road Fort Collins, C0 80525 970-224-2582 Fax: 970-224-5812 info@fortcollinsclub.net www.fortcollinsclub.net **Products/Services**: The club is a health and fitness facility with childcare services, restaurant, aquatics, group exercise, spin, yoga, pilates, basketball, racquetball, squash and kids programs. **Person in charge**: Todd Heenan, Owner

#### **GOLD'S GYM LOVELAND**

910 E. Eisenhower Blvd. Loveland, C0 80537 970-593-9111 Fax: 970-203-0963 lovelandco@goldsgym.net www.goldsgym.com/lovelandco **Products/Services:** Full-service fitness facility with women-only area, group exercise, basketball, cardio movie theater, kids club, tanning, massage, executive locker rooms. **Person in charge:** Lynn Mecham, General manager, Owner

#### **GREELEY RECREATION CENTER**

651 10th Ave. Greeley, C0 80631 970-350-9400 Fax: 970-350-9463 www.greeleygov.com/recreation **Products/Services**: Family FunPlex, Greeley Ice Haus. Greeley Recreation Center, Greeley Senior Activity Center, museums, Centennial Village, festivals, Island Grove Regional Park, golf, city parks, Union Colony Civic Center and more. The Culture, Parks, and Recreation Department with the City of Greeley incorporates recreation, culture and public art, museum and historic sites, youth enrichment, golf courses, parks, Linn Grove Cemetery, facility services and maintenance, administration and marketing. Person in charge: David Sanchez, Facility manager

#### **MIRAMONT LIFESTYLE FITNESS**

901 Oakridge Drive Fort Collins, C0 80525 970-282-1000 Fax: 970-282-9294 info@miramontlifestyle.com www.miramontlifestyle.com Products/Services: All-inclusive health club with fitness and wellness programs. Person in charge: Shane Hunsinger, CFO

#### MIRAMONT LIFESTYLE FITNESS - CENTERRA

3755 Precision Drive Loveland, C0 80538 970-744-5005 chrisr@miramontlifestyle.com www.miramontlifestyle.com Products/Services: Health club. Person in charge: Shane Hunsinger, General manager

#### MIRAMONT LIFESTYLE FITNESS - CENTRAL

2211 S. College Fort Collins, CO 80525 970-225-2233 Fax: 970-282-9294 chrisr@miramontlifestyle.com www.miramontlifestyle.com Products/Services: Wellness programs, childcare, tennis, indoor-outdoor pools, climbing wall, indoor track, cycles, fitness classes, personal training, skin and nail care and pro shop. Person in charge: Shane Hunsinger, General manager

# MIRAMONT LIFESTYLE

FITNESS - NORTH 1800 Heath Parkway Fort Collins, CO 80521 970-221-5000 Products/Services: Wellness programs, childcare, tennis, indoor routdoor pools, climbing wall, indoor track, cycles, fitness classes, personal training, skin and nail care and pro shop. Person in charge: Shane Husinger, General manager

#### **OLD TOWN ATHLETIC CLUB**

351 Linden St., Suite 100 Fort Collins, C0 80524 970-493-7222 Fax: 970-493-3588 josh@oldtown-athleticclub.com www.oldtown-athleticclub.com **Products/Services**: Health club memberships, personal training, fitness coaching, nutritional counseling, group exercise classes, day care facilities, Barre Fitness and TRX functional training. **Person in charge**: Josh Slattery, Owner

## **PHOENIX TRAINING STUDIOS**

1020 Ninth Ave. Greeley, C0 80631 970-356-1109 matt@phoenixtrainingstudios.com www.phoenixtrainingstudios.com **Products/Services**: Personalized fitness and nutrition services. **Person in charge**: Matt Bierdon, Manager

#### PILATES FITNESS STUDIO

210 E. Oak St., Suite D Fort Collins, CO 80524 970-490-1990 brendakovac@aol.com www.pilatesfortcollins.com **Person in charge**: Jeffrey Woodman, Owner

# RAINTREE ATHLETIC CLUB

2555 S. Shields St. Fort Collins, C0 80526 970-490-1300 Fax: 970-490-1025 martinj@raintreeathleticclub.com www.raintreeathleticclub.com **Products/Services:** Full-service health club: indoor lap pool, indoor running track, weight room, basketball, racquetball, squash, aerobics, spinning, group fitness, senior program, body system training programs and Red Cross swim lessons. **Person in charge:** Martin P. Johns, Owner/ General manager

# ROCKY MOUNTAIN HEALTH CLUB

1230 Big Thompson Ave. Estes Park, C0 80517 970-577-1900 Fax: 970-577-0300 www.rockymountainhealthclub.com **Products/Services:** Multi-purpose facility, free weights, cardio equipment, aerobics, whirlpools, sauna and locker rooms. **Person in charge:** Ron Noble Sandy Noble

#### SENIOR SERVICES / ASPEN CLUB -MEDICAL CENTER OF THE ROCKIES IN LOVELAND

2500 Rocky Mountain Ave. Loveland, C0 80538 970-624-1860 Fax: 970.624.1896 aspenclub@pvhs.org www.pvhs.org/aspenclub **Products/Services:** Same as the Fort Collins offerings - another branch of service. **Person in charge:** Kim Ferro, Aspen Club specialist

#### **SNAP FITNESS**

1015 S. Taft Hill Road, Unit V Fort Collins, CO 80521 970-472-1777 fortcollins@snapfitness.com www.snapfitness.com/FortCollins **Products/Services**: Circuit training, personal training, 24-hour gym access, free weights, tanning.

#### **SOLAR YOGA**

645 Tenacity Drive, Unit E Longmont, C0 80504 303-485-0490 Fax: 303-485-1818 loretta@solar-yoga.com www.solar-yoga.com **Products/Services**: Hot yoga and power Vinyasa yoga classes 7 days a week; boutique with yogawear, fun/casual clothing and organic snacks. **Person in charge**: Loretta Richter, Owner/ teacher

#### **THE ZONE HEALTH & FITNESS**

1739 S. College Ave. Fort Collins, CO 80525 970-224-4500 Fax: 970-224-4015 info@fortcollinszone.com www.fortcollinszone.com Products/Services: Group classes (abs, bodyzone, spinning, yoga, kickboxing) full weights, cardio machines, and a tanning salon. Person in charge: Greg Bobby, Owner

#### TRAN'S KICKBOXING AND FITNESS CENTER

222 E. 29th St. Loveland, CO 80538 970-635-9222 Fax: 970-635-9222 www.transloveland.com **Person in charge**: Trang Tran, Owner

#### TRAN'S MARTIAL ARTS AND FITNESS CENTER

3524 S. Mason St. Fort Collins, CO 80526 970-493-3838 Fax: 970-416-8748 customerservice@transfortcollins.com www.transfortcollins.com

#### UNIVERSITY OF COLORADO HEALTH - ASPEN CLUB / SENIOR SERVICES PROGRAM - FORT COLLINS

1024 S. Lemay Ave. Fort Collins, CO 80524 970-495-8560 aspenclub@pvhs.org www.pvhs/org/aspenclub **Products/Services**: Wellness services for people 50+ - health education and screenings, low cost blood tests, fitness and nutrition classes, Medicare counseling, and more. Currently 20,200 members throughout the region - there is no charge to join the Aspen Club. **Person in charge**: Jill Taylor, Senior services, Aspen Club manager

#### WINDSOR HEALTH CLUB

655 Academy Court Windsor, C0 80550 970-686-2582 Fax: 970-674-1080 windsorhealthclub@hotmail.com www.windsorhealthclub.com **Products/Services**: Silver Sneakers participating location, Cardio, free weights, circuit training, aerobics, kids' programs, personal training, post rehab, senior programs, cardio kickboxing, pilates, yoga, nutritional programs and massage. **Person in charge**: Anne L'orange, Owner

# WORK OUT WEST, HEALTH & RECREATION CAMPUS

5699-5701 W. 20th St. Greeley, C0 80634 970-330-9691 info@workoutwest.com www.workoutwest.com Products/Services: Full-service health club: indoor and outdoor tennis courts, indoor pool, whirlpools, saunas, racquetball, spinning, fitness center, BB/VB. Person in charge: Meegan 0'Connell, CEO

# HOME HEALTH CARE ORGANIZATIONS

#### ACCENTCARE

1180 Main St., Suite 9 Windsor, C0 80550 970-346-9700 Fax: 970-346-9710 info@mountainvalleyhealth.com www.mountainvalleyhealth.com Products/Services: Home care and hospice for Weld, Larimer and Boulder counties. **Person in charge**: Pamela Farrell, Administrator

#### **AZURA HOME HEALTH**

3131 S. College Ave. Fort Collins, C0 80525 970-223-2702 Fax: 970-223-2801 suzan.vigil@azuraathome.com www.azuraathome.com Products/Services: Home health care. Person in charge: Tim Heronimus, Owner

#### **BANNER HOME CARE**

320 N. Cleveland Ave. Loveland, CO 80537 970-669-4435 Fax: 970-669-2924 rebecca.arthur@bannerhealth.com www.bannerhealth.com **Products/Services:** Skilled nursing, rehab, physical therapy, occupational therapy, speech therapy, medical social worker, home health aide, homemaker, wound care/ certified wound ostomy nurse, pediatric home care, telehealth, lifeline. **Person in charge**: Rebecca Arthur, Regional director

#### **BANNER HOME CARE**

5628 W. 19th St. Greeley, CO 80634 970-350-6222 Fax: 970-350-6338 rebecca.arthur@bannerhealth.com www.bannerhealth.com **Products/Services**: Skilled nursing, PT, OT, speech therapy, homemaker, wound care/ certified wound care nurse, tele-health, lifeline, respite care and IV therapies. **Person in charge**: Rebecca Arthur, Regional director

#### **BRIGHTSTAR LIFE CARE**

4200 N. Garfield Ave. Loveland, C0 80538 970-667-7778 Fax: 970-667-4383 terri.barry@brightstarcare.com www.brightstarcare.com **Products/Services:** Medication set-up, cournadin monitoring, dementia care, pre and post surgery care, personal hygiene, meal prep, transportation, shopping, or whatever is needed. **Person in charge:** Terri Barry, Intake

coordinator

# CARING HEARTS

HOME HEALTH CARE 6801 W. 20th St. Greeley, C0 80631 970-378-1409 Fax: 970-378-1510 caringheartshomehealth@yahoo.com www.caringheartshh.com Products/Services: Home healthcare, skilled nursing, physical/occupational therapy/ medical social worker, homehealth aides, companion care.

#### COLORADO THERAPEUTIC RIDING CENTER INC.

11968 Mineral Road Longmont, C0 80504 303-652-9131 Fax: 303-652-2072 www.ctrcinc.org **Products/Services**: Therapeutic horseback riding and equine-assisted activities for people with special needs; all-abilities spring break and summer camps. **Person in charge**: Carol Heiden, Executive director

#### **COLUMBINE POUDRE HOME CARE LLC**

915 Centre Ave., Suite 2 Fort Collins, C0 80526 970-482-5096 Fax: 970-224-2518 barb.martin@columbinehealth.com www.columbinehealth.com Products/Services: R.N., L.P.N., occupational therapy, physical therapy, medical social work, certified nurse aide, speech therapy, personal-care providers and light housekeeping. Person in charge: Barbara Martin, Director, R.N.

#### **COMFORT KEEPERS**

1218 W. Ash St., Suite L Windsor, C0 80550 970-674-1935 Fax: 970-674-9892 ftcollins@comfortkeepers.com www.comfortkeepers.com Products/Services: Provider of nonmedical in-home care for seniors, adults recovering from surgery or illness. Distributor of emergency response systems. Person in charge: David King, Owner

## ESTES PARK HOME HEALTH CARE

555 Prospect Ave. Estes Park, C0 80517 970-586-2273 Fax: 970-586-3895 www.epmedcenter.com **Products/Services:** Home health, hospice, lifeline, CNA skilled/unskilled and homemaker services.

#### **HEALTHFUL LIVING LLC**

303 Glenview Court Longmont, C0 80504 720-837-5240 Fax: 303-651-6781 kelly@Healthful-Lifestyle.com **Products/Services:** Nutrition and lifestyle consulting services to motivate and enable clients to reach their weight and wellness goals. Specialties: pre- and postmenopausal nutrition issues; gastrointestinal nutrition issues: IBS, IBD, Crohns, Celiac disease, reflux/GERD; pediatric nutrition issues; food allergies and intolerances. **Person in charge:** Kelly Leonard, Owner and Consultant

#### HOME INSTEAD SENIOR CARE

3711 John F. Kennedy Parkway, Suite 317 Fort Collins, CO 80525 970-494-0289 Fax: 970-416-5365 mike.maguire@homeinstead.com homeinstead.com/northerncolorado **Products/Services**: Licensed non-medical home care. **Person in charge**: Mike P. Maguire Carol Maguire, Owners

#### **INTERIM HEALTHCARE**

2000 Vermont Drive, Suite 100 Fort Collins, C0 80525 970-472-4180 Fax: 970-472-4183 www.interimhealthcare.com **Person in charge**: Margy Blomberg, Administrator, Partner

## MAXIM HEALTHCARE SERVICES

702 W. Drake Road, Bldg. F Suite-A

Fort Collins, C0 80526 970-493-9300 Fax: 970-493-9304 www.maximhealthcare.com **Products/Services**: Certified nurse aides, physical therapy, occupational therapy, speech therapy, homemaker and high-tech R.N.s. **Person in charge**: Thomas Flynn, Administrator

#### PLAN B HOME HEALTH CARE SERVICES P.O. Box 6442

Longmont, CO 80501 720-652-9078 planbhomecare1630@msn.com www.PlanBHomeCare.com **Products/Services:** Respite care, companionship, heavy/light housekeeping, meal planning/prep, medication reminding, handyman available, assistance with packing and moving. **Person in charge:** Armida Fierro, Administrator, Owner

#### POUDRE INFUSION THERAPY LLC

915 Centre Ave., Suite 3 Fort Collins, C0 80526 970-494-2130 Fax: 970-494-2131 sharon.durfee@columbinehealth.com www.columbinehealth.com **Products/Services**: Infusion pharmacy and infusion suites. **Person in charge**: Sharon Durfee, Director

#### PREFERRED HOME HEALTH INC.

6865 Sherman St. Loveland, C0 80538 970-776-1970 Fax: 970-776-1980 www.phhco.com Products/Services: Provide therapy, speech Therapy, Personal provider, home care. Person in charge: Raye Conley, Director

#### RADON HOME MEASUREMENT AND MITIGATION INC.

1919 Corriedale Court Fort Collins, C0 80526 970-416-0196 Fax: 970-416-9453 Imoorman1@aol.com www.radon-mitigation.org Products/Services: High-quality radon mitigation (remediation) and testing of indoor air and well water. Radon flux testing during new home construction for radon potential. Certified laboratory for radon test for home owners and home inspectors. Research and education. Person in charge: Leo Moorman, President/ Owner

# REHABILITATION & VISITING NURSE ASSOCIATION

2105 Clubhouse Drive Greeley, CO 80634 970-330-5655 Fax: 970-330-7146 homecare@rvna.info www.rvnahomecare.com Products/Services: Skilled nursing, physical therapy, occupational therapy, speech therapy, medical social services and a certified homecare aide, personal care provider. Person in charge: Crystal G. Day, R.N., MSN, President and CEO

#### REHABILITATION & VISITING NURSE ASSOCIATION - FORT COLLINS

107 Cameron Drive

Fort Collins, C0 80525 970-225-9399 homecare@vna.info www.rvna.info **Products/Services:** Skilled nursing services, rehabilitation services, home health aid and medical social work.

#### REHABILITATION & VISITING NURSE ASSOCIATION - GREELEY

2105 Clubhouse Drive Greeley, CO 80634 970-330-5655 homecare@rvna.info www.rvna.info

#### REHABILITATION & VISITING NURSES ASSOCIATION/RVNA -FORT COLLINS

107 Cameron Drive Fort Collins, C0 80525 970-225-9399 Fax: 970-330-7146 www.rvnahomecare.com **Products/Services**: Skilled nursing. Physical, occupational and speech therapy. Medical social services. Certified nurses aide. Personal care services.

#### **RESCARE HOMECARE**

1375 Ken Pratt Blvd., Suite B-4 Longmont, CO 80501 303-984-4826 Fax: 303-221-3134 sdepoillv@rescare.com www.ResCareHomeCare.com Products/Services: Longmont ResCare HomeCare provides in home care services to people of all ages, physical conditions and cognitive abilities. The home care services include assisting people who need senior care for an elder member of the family; including personal care, homemaking, respite and many others. These home care services are available at the client's convenience and are provided within the comfort of their own home. Person in charge: Megan Neal, Regional director

#### RIGHT AT HOME

2850 McClelland Drive, Suite 1900 Fort Collins, C0 80525 970-494-1111 Fax: 970-226-4790 sbeethe@ncoloradorah.com www.ncolorado.rightathome.net **Products/Services**: Homemaker, companion and personal care services including bathing, grooming, transfer assistance from one sitting location to another, hygiene management, fall prevention, medication reminders, meal preparation, laundry, errands, light housekeeping, transportation, and other activities that allow people to stay in their own home.

Person in charge: Scott Beethe, Owner

#### **SENIOR HELPERS**

1051 Sixth St. Greeley, C0 80631 303-452-6500 chipwatson@seniorhelpers.com www.seniorhelpers.com/noco **Person in charge**: Chip Watson, Operations manager

#### SENIORS HELPING SENIORS

826 Blondel St., Unit 101 Fort Collins, CO 80524 970-631-8251 shsnorthernco@gmail.com http://www.seniorshelpingseniors.com/ LarimerCountyCO/

# HOSPICE AND PALLIATIVE CARE

#### ESTES PARK HOME HEALTH CARE

555 Prospect Ave. Estes Park, C0 80517 970-586-2273 Fax: 970-586-3895 www.epmedcenter.com **Products/Services**: Home health, hospice, lifeline, CNA skilled/unskilled and homemaker services.

#### HOSPICE OF NORTHERN COLORADO

2726 W. 11th St. Road Greeley, C0 80634 970-352-8487 Fax: 970-475-0037 www.hospiceofnortherncolorado.org **Products/Services**: Comprehensive care for terminally-ill patients in their own homes, nursing homes, assisted living centers, or the In-Patient Care Center. The goal of hospice care is to improve the quality of life for patients and their families by addressing their physical, emotional, psychological and spiritual needs. **Person in charge**: Cindi Werner, Director of operations

#### **PATHWAYS HOSPICE**

305 Carpenter Road Fort Collins, C0 80525 970-663-3500 Fax: 970-292-0898 info@pathways-care.org www.pathways-care.org **Products/Services**: A community-based, non-profit agency providing expert medical and comfort care for individuals navigating the last months of life in Larimer and Weld counties. Bereavement support, for those mourning the loss of a loved one, is

available to everyone in our service area regardless of hospice affiliation.

Person in charge: Evan Hyatt, CEO

# INDEPENDENT LIVING

#### **BIG THOMPSON MANOR II**

230 Monroe Ave. Loveland, C0 80537 970-667-4195 Fax: 970-613-1980 tina.0605@hotmail.com **Products/Services**: Independent services for Handicapped and elderly **Person in charge**: Tina Stinnett, Property Manager

# ESTES PARK GOOD SAMARITAN VILLAGE - INDEPENDENT LIVING

1901 Ptarmigan Trail Estes Park, C0 80517 970-577-7700 Fax: 970-586-2561 www.good-sam.com **Products/Services**: Assisted and independent-living retirement housing.

#### GOOD SAMARITAN - WATER VALLEY SENIOR LIVING RESORT

805 Compassion Drive Windsor, C0 80550 877-614-4206 www.good-sam.com **Person in charge**: Paul Rainbolt, Executive director

#### GOOD SAMARITAN SOCIETY -BONELL COMMUNITY

708 22nd St. Greeley, C0 80631 970-352-6082 Fax: 970-356-7970 dgoodman@good-sam.com www.good-sam.com **Products/Services**: Medicare and Medicaid certified assisted-living and senior housing with services. **Person in charge**: Ruth Leitel, Executive director

#### GOOD SAMARITAN SOCIETY - FOX RUN SENIOR LIVING

1720 W. 60th Ave. Greeley, C0 80634 970-353-7773 dgoodman@good-sam.com www.good-sam.com Person in charge: Ruth Leitel, Executive director Year Founded: 1922

#### GOOD SAMARITAN SOCIETY -LOVELAND VILLAGE

2101 S. Garfield St. Loveland, C0 80537 970-669-3100 Fax: 970-663-4526 hhaubold@good-sam.com www.good-sam.com Products/Services: Secured memory care, physical, occupational and speech therapies, long term and skilled care. Assisted living, Colorado home care, independent living. Person in charge: Lisa Melby, Executive director

## **GRACE POINTE CONTINUING CARE**

1919 68th Ave. Greeley, CO 80634 970-304-1919 Fax: 970-304-2231 gpadmits@continuumhealth.com www.gracepointegreeley.com **Products/Services:** Rehabilitation services, assisted living, independent living, skilled nursing, memory care. **Person in charge:** Deb Majors, Administrator

#### GREELEY PLACE INDEPENDENT RETIREMENT RESIDENCE

1051 Sixth St. Greeley, C0 80631 970-351-0683 Fax: 970-351-7739 mariette.matthews@holidaytouch.com www.greeleyplace.com Products/Services: Senior independent retirement community with services, three meals, housekeeping, transportation and more. Person in charge: Jack Matthews Mariette Matthews, Managers

# **INGLENOOK AT BRIGHTON**

2195 E. Egbert St. Brighton, CO 80601 303-659-4148 Fax: 303-659-5370 patrick@inglenookatbrighton.com www.inglenookatbrighton.com **Products/Services**: Senior retirement and assisted living care community. **Person in charge**: MaryJo Wright, Executive administrator

#### LONGMONT REGENT

2210 Main St. Longmont, C0 80501 303-651-7022 Fax: 303-651-9981 5174-Manager@HolidayTouch.com www.holidaytouch.com Products/Services: Three meals, housekeeping, linens, bus transportation and planned activities, all utilities paid. Person in charge: Kiki Bandilla, Community manager

#### **MIRASOL SENIOR COMMUNITY**

1153 Finch St. Loveland, C0 80537 970-663-1300 Fax: 970-278-9904 info@mirasolseniorcommunity.com www.mirasolseniorcommunity.com **Products/Services**: Community for ages 55 and above. **Person in charge**: Cindy Graves, Community manager

# PARKWOOD ESTATES

2201 S. Lemay Ave. Fort Collins, CO 80525 970-482-3924 Fax: 970-482-4149 deb.rensel@holidaytouch.com **Products/Services**: Independent senior apartments.

#### RIGDEN FARM SENIOR LIVING 2350 Limon Drive

Fort Collins, C0 80525 970-224-2700 Fax: 970-225-2710 info@rigdenfarmseniorliving.com www.rigdenfarmseniorliving.com Products/Services: Amenities include a sky lounge, European style bistro, exercise and therapy center, large dining room, a library, theater, computer center, and multiple activity areas. Rigden Farm offers a maintenancefree lifestyle, with meal plan and rehabilitation services on-site from In Home Rehab. Person in charge: Christi Murfitt, Executive director

#### STERLING HOUSE AT THE ORCHARDS

215 Shupe Circle Loveland, C0 80537 970-622-0012 Fax: 970-622-0018 jfrey@brookdaleliving.com www.brookdaleliving.com **Products/Services**: Assisted and independent living. **Person in charge**: Richard Freund, Executive director

# THE HILLCREST

535 N. Douglas Ave. Loveland, CO 80537 970-593-9800 Fax: 970-593-9810 info@hillcrestofloveland.com www.hillcrestofloveland.com **Person in charge:** Sarah Harlow, General manager Chris Owens, Owner

## THE WEXFORD

1515 W. 28th St. Loveland, CO 80538 970-667-1900 Fax: 970-622-0547 thewexford@columbinehealth.com www.columbinehealth.com **Products/Services**: Independent living for older adults. **Person in charge**: Karen Clark, Office manager

#### THE WINSLOW

909 Centre Ave. Fort Collins, CO 80526 970-492-6200 Fax: 970-492-6201 www.columbinehealth.com Products/Services: Independent living center. Person in charge: Jackie Cisco, Manager

### THE WORTHINGTON

900 Worthington Circle Fort Collins, C0 80526 970-490-1000 Fax: 970-490-1719 cynthia.biggs@columbinehealth.com www.columbinehealth.com **Products/Services**: Independent apartment living for seniors. **Person in charge:** Jody Kugler, Administrator

# INVESTMENT/INSURANCE ADVISERS

#### **AMERICAN GENERAL**

264 Camino Del Mundo Fort Collins, CO 80524 970-482-2385 Fax: 970-416-1333 reinhold55@aol.com **Products/Services**: Life insurance, annuities, investments. Long term care. **Person in charge**: Larry Siegfried, District leader

#### **AMERIPRISE FINANCIAL**

343 W. Drake Road, Suite 232 Fort Collins, CO 80526 970-223-4400 Fax: 970-223-0283 karl.w.harman@ampf.com www.ameripriseadvisors.com/ karl.w.harman **Products/Services**: Certified financial planning, retirement strategies, income strategies, investment strategies. **Person in charge**: Karl W. Harman, Financial adviser **Year Founded**: 1894

#### **AMERIPRISE FINANCIAL**

1711 61st Ave., Suite 200 Greeley, C0 80634 970-573-5500 larry.hubbard@ampf.com **Person in charge:** Larry Hubbard, Adviser

#### BEALL INVESTMENT SERVICES LLC

14605 Weld County Road 21 Platteville, CO 80651 970-785-1101 Fax: 970-785-2890 rbeal@beallinvestments.com www.beallinvestments.com **Products/Services**: Full-service brokerage firm that offers a wide range of customized services, including market information, fundamental research and technical analysis. **Person in charge**: Rex Beall, Owner

#### **BODE FINANCIAL SERVICES**

4645 W. 18th St., Suite 300 Greeley, C0 80634 970-356-4990 brb@bodeagency.com www.bodeagency.com Products/Services: Retirement planning, investment advising, oil and gas lease, group and individual health insurance. Person in charge: Barry Bode, Partner

#### CENTRAL DISCOUNT STOCKBROKERS INC.

4025 Automation Way, Building D-3 Fort Collins, CO 80525 970-223-4164 Fax: 970-223-0314 chuckgogela@hotmail.com **Products/Services**: stocks, bonds, options, mutual funds and other financial products and services. **Person in charge**: Charles Gogela, President

#### **CHAPEL & COLLINS LLC**

375 E. Horsetooth Road, Building 4, Suite 100 Fort Collins, C0 80525 970-204-1376 Fax: 970-207-9701 donna.chapel@raymondjames.com www.chapelcollins.com **Products/Services:** Holistic financial planning services for retirement, education, investments, estate planning and risk management issues. **Person in charge**: Donna Rendon Chapel, Owner

#### **CHARLES SCHWAB & CO. INC.**

2733 Council Tree Ave., Suite 113 Fort Collins, C0 80525 970-223-5520 Fax: 970-482-5496 chris.barr@schwab.com www.schwab.com Products/Services: Financial services, online trading, advice and banking. Person in charge: Chris Barr, Vice president, financial consultant, CFP

#### **CHOICE PLUS INSURANCE**

3500 JFK Blvd., Suite 300 Fort Collins, C0 80525 970-226-3416 chrisd@choiceplusins.com www.choiceplusins.com Products/Services: Specializing in life, medicare supplements and annuities. Person in charge: Chris Davies, Owner, Broker

#### COLORADO FINANCIAL MANAGEMENT INC.

4848 Thompson Parkway., Suite 320 Johnstown, CO 80534 970-613-1392 Fax: 970-667-6406 info@colofin.com www.colofin.com Products/Services: Wealth management, investment strategy and retirement planning. Person in charge: Josh Miller, President

#### COMPLETE SPECTRUM FINANCIAL SERVICES

1635 Foxtrail Drive Loveland, C0 80538 970-391-0462 Fax: 970-587-4009 bobbiezink@msn.com www.complete-spectrum.com **Products/Services**: Financial services. **Person in charge**: Bobbie Zink, Vice chairman

#### CORNERSTONE WEALTH MANAGEMENT

4645 Ziegler Road, Suite 200 Fort Collins, C0 80528 970-225-0296 Fax: 970-225-0297 craig@cornerstonewminc.com www.cornerstonewminc.com **Products/Services**: Financial advising. **Person in charge**: Craig Moddelmog, President, Owner

# COSNER FINANCIAL GROUP LLC

405 Mason Ct. # 111 Fort Collins, C0 80524 970-482-3922/877-560-8742 rcosner@cosnerfg.com www.cosnerfinancialgroup.com **Products/Services:** Financial advising, financial planning, insurance and investments. **Person in charge:** James Cosner, Owner Ryan Cosner, CCO

## **CREDIT UNION OF COLORADO**

2505 11th Ave. Greeley, CO 80631 970-353-4819 Fax: 970-304-4916 www.cuofco.org **Products/Services**: Financial services. **Person in charge**: Meredith Logan, Branch manager

#### DUNN HOGERTY PRIVATE WEALTH COUNSELING

412 W. Mountain Ave. Fort Collins, C0 80521 970-484-8806 Fax: 970-484-0997 dunnhogerty@unitedcp.com www.dunnhogerty.com Products/Services: Private wealth counseling and institutional investment management. Person in charge: Thad R. Dunn, CFP, Managing director Dennis M. Hogerty, Managing director Jerald L. Dunn, CFP, Managing director

#### DYNAMIC WEALTH ADVISORS

724 Whalers Way Bldg I, Suite 110 Fort Collins, C0 80525 970-225-2001 Fax: 970-225-2095 fgillis@dynamicwealthadvisors.com www.dynamicwealthadvisors.com **Products/Services**: 401(k) and retirement planning. **Person in charge**: Francis Gillis, Adviser

#### **EDWARD JONES INVESTMENTS**

150 Main St., Suite 1 Fort Lupton, C0 80621 303-857-3983 tony.merritt@edwardjones.com www.edwardjones.com **Products/Services**: Financial advising. **Person in charge**: Tony Merritt, Financial adviser

# EDWARD JONES INVESTMENTS

1700 W. Mulberry St. Fort Collins, C0 80521 970-491-9970/888-723-8438 ned.balmer@edwardjones.com www.edwardjones.com **Products/Services**: Financial advising. **Person in charge**: Ned Balmer, Financial adviser

#### EDWARD JONES INVESTMENTS

172 N. College Ave., Suite B Fort Collins, CO 80524 970-484-2280/866-444-6170 laura.snodgrass@edwardjones.com www.edwardjones.com Products/Services: Financial planning, stocks, bonds, mutual funds, privately managed accounts, CDs. Person in charge: Laura Snodgrass Year Founded: 1871

#### EDWARD JONES INVESTMENTS

3025 N. Taft Ave., Suite B Loveland, C0 80538 970-663-2352 www.edwardjones.com **Products/Services:** Individual retirement plans, business retirement plans, annuities, educational savings, fixed income investments, insurance, mutual funds, equity investments and financial calculators. **Person in charge:** Michael Christiansen, Financial adviser

#### EDWARD JONES INVESTMENTS

910 54th Ave., Suite 220 Greeley, C0 80634 970-352-4549/888-339-6571 brian.larson@edwardjones.com www.edwardjones.com **Products/Services:** Insurance, bonds, stocks. **Person in charge:** Kim Larson, Brian Larson, Financial advisers

#### EDWARD JONES INVESTMENTS

3760 E. 15th St., Suite 101A Loveland, C0 80538 970-669-6733/888-831-4120 james.scott.wilson@edwardjones.com www.edwardjones.com **Person in charge:** Scott Wilson, Financial adviser, Regional leader **Year Founded:** 1871

#### **EVERENCE FINANCIAL ADVISORS**

215 W. Oak St., Suite 720 Fort Collins, CO 80521 970-672-0890 Fax: 970-672-0883 philip.anderson@everence.com www.everence.com **Products/Services**: Values-based financial advisors. Socially responsible investment management. **Person in charge**: Philip Anderson, Financial adviser

#### FINANCE BY DESIGN INC.

123 N. College Ave., Suite 200 Fort Collins, CO 80524 970-212-4720 info@financebydesign.com www.financebydesign.com Products/Services: Financial planning, investment management. Person in charge: Colleen M. Miller, President

#### FINANCIAL DESIGN & MANAGEMENT INC., A MEMBER OF G5 FINANCIAL GROUP LLC

4645 Ziegler Road, Suite 220 Fort Collins, CO 80528 970-490-2033 markk@financialdesign.us www.g5financialgroup.com Products/Services: Investment advising, financial planning, tactical portfolio management. Person in charge: Mark Kornblau, President and Chief investment officer

#### FINANCIAL INTEGRITY DESIGN

1136 E. Stuart St. Fort Collins, CO 80525 970-407-1807 **Products/Services**: Financial services. **Person in charge**: John Hunt, Principal Lance Hunt

#### FINANCIAL STEWARDS WEALTH MANAGEMENT

3500 JFK Parkway., Suite 300 Fort Collins, C0 80525 970-672-2111 hho@fswmgroup.com, jdavies@fswmgroup. com, cdavies@fswmgroup.com **Products/Services**: Financial planning with a focus on retirement planning. **Person in charge**: Chris Davies Jim Davies, Henry Ho, Owners

#### FINANCIAL STRATEGIES OF COLORADO

1600 W. First St. Loveland, C0 80537 970-663-3211 Fax: 970-663-3216 gary@fscolorado.com www.fscolorado.com Products/Services: Life insurance and annuities. Person in charge: Gary W. Hansen, Owner

#### FIRST NATIONAL WEALTH MANAGEMENT

215 W. Oak St., Fourth Floor Fort Collins, CO 80521 970-494-6300 www.1stnationalbank.com **Products/Services**: Financial planning, investment management, trust and estate services, private banking, retirement plan services. **Person in charge**: Dale Cloud, Managing director, Market manager

FIRST NATIONAL WEALTH

MANAGEMENT 1701 23rd Ave. Greeley, C0 80634 970-494-6300 www.1stnationalbank.com Products/Services: Financial planning, investment management, trust and estate services, private banking, retirement plan services. Person in charge: Dale Cloud, Managing director, Market manager

#### FIRST TECH FEDERAL CREDIT UNION

1371 Sculptor Drive Loveland, C0 80537 855-855-8805 deborah.colby@firsttechfed.com www.firsttechfed.com **Products/Services**: Financial services. **Person in charce**: Benson Porter, CEO

#### **FIRST WESTERN TRUST**

3003 E. Harmony Road, Suite 200 Fort Collins, C0 80528 970-484-9222 Fax: 970-229-4760 jim.sprout@myfw.com www.myfw.com Products/Services: Full-service banking, investment and wealth management, trust and fiduciary services, estate planning, insurance, mortgage and retirement services. Person in charge: Kristi L. Benningsdorf, President, Jim Sprout, Chairman

#### **FLOOD AND PETERSON**

4687 W. 18th St. Greeley, CO 80634 970-356-0123 Fax: 970-330-1867 fpinfo@floodandpeterson.com www.floodandpeterson.com **Products/Services**: Employee benefits, health insurance, commercial insurance, 401 (k) corporate planning, personal insurance, life insurance, surety bonds.

#### FLOOD AND PETERSON

4821 Wheaton Drive Fort Collins, CO 80525 970-266-7132 Fax: 970-266-7143 info@floodandpeterson.com www.floodandpeterson.com **Products/Services**: Personal insurace, corporate 401(k). **Person in charge**: Mike Butler, CEO

#### **GOODWIN FINANCIAL SERVICE INC.**

2038 Vermont Drive Fort Collins, C0 80525 970-223-2377 Fax: 970-223-7040 harryg@gfs01.com www.gfs01.com Products/Services: Managed money investments, annuities and life insurance. Person in charge: Harry P. Goodwin, President and CEO

#### **GROWSECURE INC.**

1405 W. 29th St. Loveland, CO 80538 970-669-1225/866-835-5966 info@growsecure.com www.growsecure.com **Products/Services**: Insurance and financial services; life insurance and annuities. **Person in charge**: Chuck Layman, President

# GUIDEPOST FINANCIAL PLANNING INC.

409 Mason Court, No. 129 Fort Collins, C0 80524 970-419-8212 info@guidepostfinancialplanning.com www.guidepostfinancialplanning.com **Products/Services**: Fee-only financial planning, investment management, financial consulting. **Person in charge**: Arlen T. Olberding, Founder

#### **GW WEALTH MANAGEMENT**

7251 W. 20th St., Building D2 Greeley, CO 80634 970-330-4660 Fax: 970-346-6122 jason@gwwealth.com **Products/Services**: Employer and individual retirement plans, mutual funds, annuities, professionally managed money, life insurance, college planning, long-term care, group health, individual health, substandard life, medicare supplement. **Person in charge**: Jason P. Gollhofer Cortney M. Walker, Partners

#### HORSETOOTH FINANCIAL LLC

2500 Bedford Court Fort Collins, CO 80526 970-377-3570 Fax: 970-377-3575 mhall@1stallied.com www.horsetoothfinanciallc.com Products/Services: Comprehensive wealth management planning, money management, estate planning. Person in charge: Michael Hall, Branch manager/Registered principal

#### INVESTMENT CENTERS OF AMERICA

303 E. Mountain Ave. Fort Collins, CO 80524 970-292-0105 Fax: 970-224-4180 michael.tarantino@investmentcenters.com www.michaeltarantino.net **Products/Services**: Wealth management and financial planning. **Person in charge**: Michael P. Tarantino, Financial adviser, CDFA

#### INVESTMENT CENTERS OF AMERICA LOCATED IN HOME STATE BANK

3227 Timberline Road Fort Collins, C0 80525 970-292-0115 Fax: 970-266-8539 denise.martz@investmentcenters.com www.denisemartz.com **Products/Services**: Financial advising. **Person in charge**: Denise Martz, Financial adviser

#### INVESTMENT CENTERS OF AMERICA LOCATED IN HOME STATE BANK

2695 W. Eisenhower Blvd. Loveland, C0 80537 970-622-7408 Fax: 970-461-2299 tyler.rusch@investmentcenters.com www.tylerhelps.com **Products/Services**: Comprehensive financial planning. **Person in charge**: Tyler Rusch, Financial adviser

#### INVESTMENT CENTERS OF AMERICA LOCATED IN HOME STATE BANK

300 E. 29th St. Loveland, C0 80538 970-622-2366 Fax: 970-622-2395 kevin.dunnigan@investmentcenters.com www.helpwithmyinvestments.com Products/Services: Financial planning, investments, insurance, tax-free investments. IRA rollovers, retirement planning. Person in charge: Kevin Dunnigan, Certified financial planner

#### INVESTMENT CENTERS OF AMERICA LOCATED IN HOME STATE BANK

935 N. Cleveland Ave. Loveland, CO 80537 970-613-2185 Fax: 970-613-2181 paul.hummel@investmentcenters.com www.paulhummel.com Products/Services: Investment advising. Person in charge: Paul Hummel Andrew Moore, Investment representatives

#### IRASPECIALIST.COM

1200 S. College Ave., Suite 304 Fort Collins, C0 80524 970-226-2983 Fax: 970-223-7391 kevin@iraspecialist.com www.iraspecialist.com Products/Services: Retirement funding specialists. Person in charge: Kevin Conroy, President

#### JAMES L. WATT FINANCIAL Advisors Ltd.

6248 Buchanan St. Fort Collins, CO 80525 970-225-1440 Fax: 970-797-1322 jimwatt100@yukon2.com **Products/Services**: Registered investment adviser, fee-only financial planning, asset management, CPA/PFS. **Person in charge**: James L. Watt, Owner

#### JBA WEALTH MANAGEMENT GROUP

155 W. Harvard St., Suite 401 Fort Collins, C0 80525 970-223-1921 Fax: 970-223-2875 chuck@johnsonbruen.com www.jbawealth.com Products/Services: Provides comprehensive retirement planning designed to help each indivdual achieve their retirement goals by positioning their assets strategically. Person in charge: Daniel B. Johnson, Founder and Principal partner, Charles J. Rutenberg, Principal partner

#### JIM SAULNIER CFP

506 E. Mulberry St. Fort Collins, C0 80524 970-530-0556 Jim@JimSaulnier.com JimHelps.com **Products/Services:** Retirement planning, investment management, income planning. **Person in charge:** Jim Saulnier, Owner

#### JODY J. ROTH, CFP

4025 Automation Way, Suite B4 Fort Collins, C0 80525 970-407-0039 Fax: 970-672-8804 jroth@tfamail.com www.jjrothfinancial.com Products/Services: Retirement and income planning Person in charge: Jody J Roth, CFP, Certified financial planner

#### JPMORGAN CHASE BANK, NATIONAL ASSOCIATION

1275 E. Magnolia St. Fort Collins, C0 80524 970-472-6149 Fax: 970-472-6167 www.chase.com Products/Services: Full bank services. Person in charge: Kipp Kieber, Branch manager

#### L.L. FINANCIAL GROUP

200 E. Seventh St., Suite 312 Loveland, C0 80537 970-613-1553 Fax: 970-613-1173 lissr@financialnetwork.com www.llfinancialgroup.com Products/Services: Comprehensive fee-based personal financial planning, investment advisory services. Person in charge: Rey Liss, CFP

#### LONG GREEN PLANNING GROUP

375 E. Horsetooth Road, Shores 3, Suite 203 Fort Collins, CO 80525 970-282-7526 Fax: 970-223-6990 dan@longgreenplanning.com www.longgreenplanning.com **Products/Services:** Financial planning and investment advice. **Person in charge**: Dan Burnett, Partner

#### LPL FINANCIAL/HISEY & ASSOCIATES

316 W. Olive St. Fort Collins, C0 80521 970-498-644 Fax: 970-232-9343 thomas.hisey@lpl.com www.lpl.com Products/Services: Complete investment services and financial planning. Person in charge: Thomas Hisey, Owner

#### MACDONALD FINANCIAL SERVICES

4025 St. Cloud Drive, Suite 250 Loveland, C0 80538 970-667-2950 Fax: 970-667-3397 andrew.macdonald@lpl.com www.macdonaldfinancialservices.com **Products/Services**: Wealth management and creation. **Person in charge**: A.J. Macdonald, Owner

#### MERRILL LYNCH WEALTH MANAGEMENT

3555 Stanford Road, Suite 101 Fort Collins, C0 80525 970-266-4800 Fax: 970-372-5681 scott\_baker@ml.com www.ml.com Products/Services: Wealth management, estate planning, insurance, retirement planning, lending, banking services. Person in charge: Scott T. Baker, Senior resident director Year Founded: 1914

#### **MORGAN STANLEY SMITH BARNEY**

6125 Sky Pond Drive, Suite 100 Loveland, C0 80538 970-776-5501 Fax: 970-776-5502 www.morganstanleysmithbarney.com **Products/Services**: Financial services **Person in charge**: James Gorman, Chairman Greg Fleming, President

#### MOUNTAIN WEALTH MANAGEMENT LLC

515 S. Howes St. Fort Collins, CO 80521 970-530-1018 Fax: 970-797-6458 sigrid@mountainwealth.com www.mountainwealth.com **Products/Services**: Financial planning and wealth management; helping business owners, individuals and families plan for their lifestyle goals through comprehensive financial planning. Caters to socially conscious businesses and individuals with investments that meet environmental, social and corporate standards. **Person in charge**: Sigrid A. Gustafson, Financial planner

Mitch O'Hare, President, Founder

#### NAVIGATION FINANCIAL SERVICES INC. 2725 Maroon Court

Fort Collins, CO 80525 970-672-1236 Fax: 970-672-4741 adam@navigationfinancialservices.com www.navigationfinancialservices.com **Products/Services**: Investment management. **Person in charge**: Adam E. Brunin, Owner

#### NEW YORK LIFE INSURANCE COMPANY

3003 E. Harmony Road, Suite 110 Fort Collins, C0 80528 970-266-7527 Fax: 970-266-1085 mcook@ft.nyl.com www.newyorklife.com Products/Services: Income and financial products. Person in charge: Mark Cook, Financial services professional Year Founded: 1845

#### NORTHWESTERN MUTUAL FINANCIAL NETWORK

3665 JFK Parkway, Building 1, Suite 100 Fort Collins, C0 80525 970-225-3440 Fax: 970-226-5036 krista.dunlap@nmfn.com www.nmfn.com **Products/Services**: Life, disability

Products/Services: Life, disability and long-term care insurance, group benefits, retirement planning, investment management, mutual funds, annuities, financial, estate and business planning. Person in charge: Ryan E. Yoder, Managing director, Wealth management adviser Year Founded: 1857

## **OPPENHEIMER & CO. INC.**

501 St. Vrain Lane, Suite 202 Estes Park, C0 80517 970-586-1895 Fax: 970-586-1892 mike.eitzen@opco.com www.opco.com Products/Services: Investment brokerage. Person in charge: Mike Eitzen, Senior director - investments Year Founded: 1881

#### **PHILLIPS FINANCIAL**

3003 E. Harmony Road, Suite 310 Fort Collins, C0 80528 970-204-9276 Fax: 970-221-8506 matt@mattphillipsfinancial.com www.mattphillipsfinancial.com Products/Services: Financial planning, wealth management, investment planning, life, disability, long term care insurance solutions. Person in charge: Matt Phillips

# RAYMOND JAMES FINANCIAL SERVICES

309 E. Mountain Ave., Suite 200 Fort Collins, C0 80524 970-224-2193 Fax: 970-224-2194 www.raymondjames.com **Products/Services:** Financial services, stock brokers, IRAs, money market accounts, etc. **Person in charge:** Jeffrey Dunn, Branch manager

# **RBC WEALTH MANAGEMENT**

155 E. Boardwalk Drive, Suite 310 Fort Collins, C0 80525 970-206-1174 Fax: 970-206-1464 michael.trinen@rbc.com www.rbc.com **Products/Services**: Financial services. **Person in charge**: Michael Trinen, Branch director **Year Founded**: 1909

# REA CAPITAL MANAGEMENT LLC

4703-B Boardwalk Drive, Suite 1 Fort Collins, C0 80525 970-223-0907 Fax: 970-223-2615 jy@reagroup.us www.reagroup.us **Person in charge**: Jeffery V. Fanning, President and Managing member

#### RLK-PLG INVESTMENT MANAGEMENT LLC

215 W. Magnolia St., Suite 200 Fort Collins, CO 80521 970-484-2161 Fax: 970-484-2117 paulg@crestoneim.com www. **Products/Services**: Investment advisor **Person in charge**: Paul Gronewoller, Principal, Portfolio manager Paul L. Gronewoller, Owner, President

#### SANDERS BENEFIT ADVISORS INC.

3944 John F. Kennedy Parkway Fort Collins, CO 80525 970-223-8809 Fax: 970-223-6763 csanders@mstar.net www.healthandlifequote.com **Products/Services**: Health, life, disability, dental, long-term care, Medicare, prescriptions for Medicare, annuities and retirement planning. **Person in charge**: Craig V. Sanders, President

#### SHINN CONSULTING CPAS PC

702 W. Drake Road, Building D Fort Collins, C0 80526 970-206-1435 Fax: 970-494-7979 ralph@shinnconsultingcpas.com www.shinnconsultingcpas.com **Products/Services**: Individual, business, estate, retirement, taxes and financial planning. **Person in charge**: Ralph T. Shinn, President

#### STIFEL, NICOLAUS & CO. INC.

2809 E. Harmony Road, Suite 330 Fort Collins, CO 80528 970-267-9666 Fax: 970-267-9055 www.stifel.com Products/Services: Financial services. Person in charge: Donald Yohon, Vice president/investments, Branch manager Year Founded: 1890

#### THE CRAIG C. CAMPBELL AGENCY INC.

262 E. Mountain Ave., No. 100 Fort Collins, CO 80524 970-484-1400 Fax: 970-484-9018 ccampbell1@farmersagent.com www.farmersagent.com/ccampbell1 **Products/Services**: Property and casualty, life, commercial, variable products. **Person in charge**: Craig Collins Campbell, President

# THE MASTER'S FINANCIAL GROUP INC.

6500 29th St. Suite 210 Greeley, CO 80634 970-351-7466 Fax: 970-351-7428 www.mastersfinancialgroup.com Person in charge: Charles Cooper, President Year Founded: 1911

#### THE PLANNING & INVESTMENT CENTER

760 Whaters Way, Building A, Suite 201 Fort Collins, C0 80525 970-663-3132 Fax: 970-663-1506 steve@the-pic.com www.theplanningandinvestmentcenter.net **Products/Services**: Specializing in retirement planning, investments and real estate alternatives. **Person in charge**: Stephen Everett, OSJ manager

#### THOMAS FINANCIAL SERVICES INC.

125 S. Howes St., Suite 1040 Fort Collins, C0 80521 970-482-0453 Fax: 970-482-1886 **Person in charge**: Dan J. Spencer, Owner

#### **THRIVENT FINANCIAL**

323 W. Drake Road, Suite 120 Fort Collins, C0 80526 970-225-6169/888-436-7285 paul.caylor@thrivent.com www.thrivent.com/fr/paul.caylor **Products/Services**: Financial services. **Person in charge**: Paul A. Caylor, Financial consultant **Year Founded**: 1902

#### THRIVENT FINANCIAL -RYAN M. BEHM, FIC 707 McGraw Drive

For Michaev Drive Fort Collins, C0 80526 970-266-1700 Fax: 970-266-1273 ryan.behm@thrivent.com http://www.thrivent.com/fr/ryan.behm **Products/Services:** Financial services. **Person in charge:** Ryan M. Behm, Financial representative

#### THRIVENT INVESTMENT MANAGEMENT—MOUNTAIN PLAINS GROUP GREELEY

1812 56th Ave., Suite A Greeley, C0 80634 970-330-7411 Fax: 970-330-7424 dan.austin@thrivent.com www.thrivent.com **Products/Services:** Life insurance, health insurance, long-term care insurance, mutual funds, annuities, investments, financial planning, estate planning, retirement distribution planning. **Person in charge:** Daniel L. Austin, Wealth adviser **Year Founded:** 1902

# TRANSAMERICA FINANCIAL

ADVISORS 4025 Automation Way B4 Fort Collins, C0 80525 970-672-8804 Fax: 970-672-8804 mpatello@tfamail.com www.peakfinancialstrategies.com Person in charge: Michelle Patello

#### TRIBUTARY CAPITAL MANAGEMENT LLC

MANAGEMENT LLC 215 W. Oak St., Suite 201 Fort Collins, C0 80521 970-495-1291 Fax: 970-419-5755 djordan@tributarycapital.com www.tributarycapital.com Products/Services: Investment management services to institutional and high-net-worth clients. Person in charge: Stephen R. Frantz, President

#### **UBS FINANCIAL SERVICES INC.**

3711 JFK Parkway, Suite 410 Fort Collins, CO 80525 970-498-4000 Fax: 970-498-4002 www.ubs.com/financialservicesinc **Products/Services**: Complete financial services, including managed accounts, retirement plans, mutual funds, CDs, tax-exempt bonds, stocks, government securities. **Person in charge**: Saul Guice, Branch

Manager, Director Year Founded: 1879

#### **UBS FINANCIAL SERVICES INC.**

1901 56th Ave., Suite 300 Greeley, C0 80634 970-506-5800 Fax: 970-506-5858 www.ubs.com/financialservicesinc **Products/Services:** Complete financial services, including managed accounts, retirement plans, mutual funds, CDs, taxexempt bonds, stocks, government securities. **Person in charge:** Richard A. Mollander, Senior vice president **Year Founded:** 1879

# **VISION FINANCIAL GROUP**

1336 Oakridge Drive Fort Collins, CO 80525 970-482-2000 Fax: 970-484-9271 greg@visionfinancialgroup.net www.visionfinancialgroup.net **Products/Services:** Financial services, retirement planning, tax-savings strategies, full-brokerage service, mutual funds, stocks, bonds and life insurance. **Person in charge:** Rodney K. Wilson Gregory D. Anderson, Partners

#### WADDELL & REED INC.

2850 McClelland Drive, Suite 3000 Fort Collins, C0 80525-2186 970-226-5800 Fax: 970-226-5802 waddle.com www.waddell.com **Person in charge**: Jared Best, Managing principal

#### WELLS FARGO

401 S. College Ave., Suite 308 Fort Collins, CO 80524 970-223-4800 www.wellsfargo.com **Products/Services:** Traditional brokerage, advisory services, asset management, retirement and estate planning, portfolio analysis and monitoring. **Person in charge:** Joe Kruse, Private banker **Year Founded:** 1852

#### WELLS FARGO ADVISORS LLC

2900 S. College Ave., Suite 2B Fort Collins, C0 80525-2585 970-223-4800/800-967-2596 Fax: 970-223-2851 www.wellsfargoadvisors.com **Products/Services**: Financial planning and full service investment firm. **Person in charge**: Dan Campbell, Branch supervisor **Year Founded**: 1887

### **SENIOR CENTER**

#### AULT SENIOR CENTER

204 First St. Ault, CO 80610 970-834-1325

#### **BELLVUE SENIOR CENTER**

2929 N. Country Road 23 Bellvue, CO 80512 970-482-0406 **Products/Services**: Eligible to anyone over the age of 60, lunches Mondays and Thursdays followed by cards. Bingo the last Thursday of each month.

#### BERTHOUD GOLDEN LINKS INC. (BERTHOUD SENIOR CENTER)

248 Welch Ave. Berthoud, C0 80513 970-532-2730 Fax: 970-532-3356 Products/Services: Senior center programs.

#### **BRIGHTON SENIOR CENTER**

575 Bush St. Brighton, C0 80601 303-655-2075 Fax: 303-655-2081 scorbett@brightonco.gov www.brightonco.gov

Products/Services: The Brighton Senior Center serves as a focal point for seniors within the City of Brighton and the surrounding rural community. Recreation and services are offered.

#### **CHILSON SENIOR CENTER**

700 E. Fourth St. Loveland, C0 80537 970-962-2783 **Products/Services:** We offer many senior recreation programs including special events, Silver Sneakers, aqua fitness classes, day trips and pickleball. **Person in charge:** Patti Welfare, Recreation coordinator

#### **ESTES PARK SENIOR CENTER**

220 Fourth St. Estes Park, C0 80517 970-586-2996

# **EVANS SENIOR CENTER**

1100 37th St. Evans, CO 80620 970-339-5344

#### FORT COLLINS SENIOR CENTER

1200 Raintree Drive Fort Collins, C0 80526 970-224-6113 Fax: 970-224-6072 kemeyer@fcgov.com fcgov.com/seniorcenter **Products/Services:** Indoor pool, jacuzzi, track, basketball, treadmill, bikes, conference rooms, kitchen and pottery studio.

#### FORT LUPTON COMMUNITY CENTER 203 S. Harrison St.

The Business Report

Fort Lupton, C0 80621 303-857-4080 Fax: 303-857-6421 emetro@fortlupton.org www.fortlupton.org **Products/Services**: Silver Sneakers program, federal lunch program each Monday, trips and outings, Medicare, legal consultations, volunteer opportunities. As part of a recreation center, seniors have access to fitness equipment, a gymnasium, a leisure pool and a walking track through a membership. **Person in charge**: Elena Metro, Active adults, Silver Sneakers and special events program manager.

# **GREELEY RODARTE CENTER**

920 A St. Greeley, CO 80631 970-350-9430

# **GREELEY SENIOR**

ACTIVITIES CENTER 1010 Sixth St. Greeley , C0 80631 970-350-9440

#### JOHNSTOWN SENIOR CENTER

101 W. Charlotte St. Johnstown, C0 80534 970-587-5251 Fax: 970-587-0141 **Products/Services:** Services seniors 55 and older with meals, exercise, outings, social gatherings

# **KERSEY SENIOR CENTER**

415 First St. Kersey, CO 80644 970-352-8394

#### LA SALLE SENIOR CENTER

101 Todd Ave. La Salle, C0 80645 970-284-6931 Fax: 970-284-6983 recreation.lasalle@comcast.net www.lasalletown.com **Products/Services:** Senior meals, activities. **Year Founded:** 1910

#### **LEGACY SENIOR CENTER**

1325 Third St. Eaton, C0 80615 970-454-3411 Fax: 970-454-8717 www.efcofeaton.org **Person in charge**: Karen Griffin

#### **MILLIKEN SENIOR CENTER**

1101 Broad St. Milliken , CO 80543 970-587-2484

#### NORTHSIDE AZTLAN Community Center

112 E. Willow St. Fort Collins, C0 80524 970-221-6723 Fax: 970-416-2278 ebueno@fcgov.com www.fcgov.com Products/Services: Rental facility for weddings, quinceaneras, social events, business meetings, and sport events. Person in charge: Elaine Bueno, Facility scheduler

#### PIERCE SENIOR CENTER 221 E. Main St.

Pierce, CO 80650

#### 970-834-2655 SENIOR SERVICES / ASPEN CLUB -MEDICAL CENTER OF THE ROCKIES IN LOVELAND

2500 Rocky Mountain Ave. Loveland, C0 80538 970-624-1860 Fax: 970.624.1896 aspenclub@pvhs.org www.pvhs.org/aspenclub **Products/Services**: Same as the Fort Collins offerings - another branch of service. **Person in charge**: Kim Ferro, Aspen Club specialist

#### TRI TOWN SENIOR CENTER

6615 Frederick Way Frederick, CO 80530 303-833-2739

# WELLINGTON SENIOR CENTER

3800 Wilson Ave. Wellington, C0 80549 970-568-7402

# **SKILLED NURSING FACILITIES**

# BERTHOUD LIVING CENTER

855 Franklin Ave. Berthoud, CO 80513 970-532-2683 Fax: 970-532-0602 www.savaseniorcare.com **Products/Services**: Skilled nursing and progressive care center, rehabilitation services and wound therapy.

#### CENTENNIAL HEALTH CARE CENTER

1637 29th Ave. Place Greeley, CO 80631 970-356-8181 Fax: 970-378-2520 www.savaseniorcare.com **Products/Services:** Neurological and orthopedic rehabilitation, sub-acute care, all-female secured Alzheimer's unit, physical, occupational and speech therapists on staff. **Person in charge:** Greg Bretsch, Administrator

#### CENTRE AVE. HEALTH & REHAB FACILITY

815 Centre Ave. Fort Collins, C0 80526 970-494-2140 Fax: 970-494-2141 centreavenue@columbinehealth.com www.columbinehealth.com **Products/Services**: Physical therapy, occupational therapy, speech therapy, and respiratory therapy for rehabilitation and long-term care. **Person in charge**: Kitty Wilson, Administrator

#### **COLUMBINE CARE CENTER WEST**

940 Worthington Circle Fort Collins, CO 80526 970-221-2273 Fax: 970-221-9156 columbinewest@columbinehealth.com www.columbinehealth.com **Products/Services**: Rehabilitation, dementia unit, hospice, transportation, activities, beauty shop, courtyards and music therapy. **Person in charge**: Joy Schmitt, Administrator

#### FAIRACRES MANOR 1700 18th Ave.

970-353-3370 Fax: 970-353-9347 kmekelburg@pinonmgt.com www.fairacresmanor.com **Products/Services**: Rehabilitation, hospice care, secured Alzheimer's and dementia care and 24-hour licensed nursing. Culture change and Eden Alternative certified. **Person in charge**: Kathy Mekelburg, Administrator

Greeley, CO 80631

#### GOLDEN PEAKS CARE AND REHABILITATION CENTER

1005 E. Elizabeth St. Fort Collins, CO 80524 970-482-2525 Fax: 970-482-1138 www.sunbridgehealthcare.com **Products/Services**: Occupational, physical and speech therapy; wound care, femalesecured Alzheimer's unit, respite care. **Person in charge**: Jeanine Allspaw, Administrator

#### GOOD SAMARITAN SOCIETY -BONELL COMMUNITY

708 22nd St. Greeley, C0 80631 970-352-6082 Fax: 970-356-7970 dgoodman@good-sam.com www.good-sam.com Products/Services: Medicare and Medicaid certified assisted-living and senior housing with services. Person in charge: Ruth Leitel, Executive director

#### GOOD SAMARITAN SOCIETY - FORT COLLINS VILLAGE

508 W. Trilby Road Fort Collins, CO 80525 970-226-4909 Fax: 970-226-6979 www.oood-sam.com

Products/Services: Onsite therapy services available if needed. Three meals daily, complimentary transportation, religious services, housekeeping, laundry, social activities.

#### GOOD SAMARITAN SOCIETY -FOX RUN SENIOR LIVING

1720 W. 60th Ave. Greeley, C0 80634 970-353-7773 dgoodman@good-sam.com www.good-sam.com **Person in charge**: Ruth Leitel, Executive director

#### GOOD SAMARITAN SOCIETY -LOVELAND VILLAGE

2101 S. Garfield St. Loveland, CO 80537 970-669-3100 Fax: 970-663-4526 hhaubold@good-sam.com www.good-sam.com **Products/Services**: Secured memory care, physical, occupational and speech therapies, long term and skilled care. Assisted living, Colorado home care, independent living. **Person in charge**: Lisa Melby, Executive director

#### **GRACE POINTE CONTINUING CARE**

1919 68th Ave. Greeley, C0 80634 970-304-1919 Fax: 970-304-2231 gpadmits@continuumhealth.com www.gracepointegreeley.com **Products/Services**: Rehabilitation services, assisted living, independent living, skilled nursing, memory care. **Person in charge**: Deb Majors, Administrator

#### KENTON MANOR Health care center

850 27th Ave. Greeley, C0 80634 970-353-1018 Fax: 970-352-5648 www.savaseniorcare.com **Products/Services:** Progressive care center, rehabilitation services wound therapy, respite stays. **Person in charge:** Brenda Black, Administrator

#### KINDRED HEALTHCARE OF BRIGHTON

2025 E. Egbert St. Brighton, C0 80601 303-659-4580 Fax: 303-659-2021 www.brightoncarecenter.com **Products/Services**: Physical, occupational, and speech therapies, hospice care, respite care, beauty shop, activities, skilled nursing and a secured Alzheimer's unit.

# LEMAY AVE. HEALTH AND REHABILITATION

4824 S. Lemay Ave. Fort Collins, CO 80525 970-482-1584 Fax: 970-482-4134 lemayavenue@columbinehealth.com www.columbinehealth.com **Products/Services**: Dementia unit, courtyards, transportation, rehabilitation, activities, private rooms and a beauty shop. **Person in charge**: Joe Lamastra

# LIFE CARE CENTER OF GREELEY

4800 25th St. Greeley, C0 80634 970-330-6400 Fax: 970-506-1370 www.lcca.com **Products/Services:** Inpatient and outpatient rehabilitation with physical, occupational and speech-language pathology and a secured Alzheimer's unit. **Person in charge**: Dan W. Gauger

#### NORTH SHORE HEALTH & REHAB FACILITY

DIRECTORY NORTHERN COLORADC

OMERS

1365 W. 29th St. Loveland, CO 80538 970-667-6111 Fax: 970-667-2460 northshore@columbinehealth.com www.columbinehealth.com **Products/Services**: Skilled rehabilitation, long term care, hospice care, nurse practitioner, physical and occupational therapy, speech language pathology and a registered dietitian. **Person in charge**: Erik Daniel Margolis, Administrator

#### PROSPECT PARK LIVING CENTER 555 Prospect Ave. Estes Park. C0 80517

970-586-8103 Fax: 970-586-0109 info@epmedcenter.com www.epmedcenter.com Products/Services: Sub-acute rehabilitation, occupational, speech and physical therapy, social work, dietitian, family services, dental hygienist and beautician.

#### REHABILITATION AND NURSING CENTER OF THE ROCKIES

1020 Patton St. Fort Collins, CO 80524 970-484-7981 Fax: 970-484-8143 thanlon@bluegrousehealth.com www.mcrhealth.com **Products/Services**: Physical, occupational, respiratory, outpatient and speech therapy services. Respite care, long-term care and an Alzheimer's-secured unit. **Person in charge**: Tony John Hanlon, Administrator

#### SIERRA VISTA HEALTH CARE CENTER

821 Duffield Court Loveland, C0 80537 970-669-0345 Fax: 970-667-4238 vladams@savasc.com www.savaseniorcare.com **Products/Services**: Secured dementia care unit, rehabilitation services, pain management, infrared light therapy, wound therapy and stroke therapy. **Person in charge**: Vicki Adams

# SPRING CREEK HEALTHCARE CENTER

1000 E. Stuart St. Fort Collins, C0 80525 970-482-5712 Fax: 970-493-8376 www.savaseniorcare.com **Products/Services**: 24-hour nursing seven days a week, physical therapy, wound care, IV therapy, respiratory therapy, respite care, hospice care.

#### WINDSOR HEALTHCARE CENTER 710 Third St.

Viol fund St. Windsor, CO 80550 970-686-7474 Fax: 970-686-7987 Imschneider@SavaSC.com www.savaseniorcare.com **Products/Services:** Progressive care center, rehabilitation services, physical, occupational, speech and wound therapy. Mixed gender and all-male Alzheimer's secured units. **Person in charge**: Jeff Turnbow, Administrator

# TRAVEL AGENCIES

#### AGGIE TRAVEL POINTS INTERNATIONAL AT FROSCH

3538 John F Kennedy Pkwy, Suite 2 Fort Collins, CO 80525 970-482-1235 Fax: 970-484-6997 aggie@travelpoints.com www.aggietravel.com **Products/Services**: Full-service travel agency: air, cruise, tours, custom-made itineraries, group travel, customized group itineraries, Centennial Travel Points, Asian travel specialists, eastern Europe travel specialists. **Person in charge**: Luda Hamblen, Travel consultant

# BON VOYAGE TRAVEL OF FORT COLLINS INC.

825 S. Shields St. Fort Collins, CO 80521 970-493-8511 Fax: 970-493-0041 barbara@bonvoyagetravelintl.com www.bonvoyagetravelintl.com **Products/Services**: Full-service travel agency, destination weddings and honeymoons, spring break and family packages, cruises, etc. **Person in charge**: Barbara Lambert, President

# COLUMBINE TRAVEL INC.

1191 Woodstock Estes Park, C0 80517 970-586-2377 Fax: 970-586-5306 patti@columbinetravel.com www.columbinetravel.com **Products/Services**: Full Service Travel Agency **Person in charge**: Patti Dreiling, Owner

# **DESTINATION BY DESIGN TRAVEL CO.**

614 West Magnolia St. Fort Collins, C0 80521 970-221-0040 Fax: 970-221-0469 jane@dbd-travel.com www.dbd-travel.com Products/Services: Personalized travel services for individuals, specialist in international itineraries with customized arrangements. Person in charge: Jane E. Folsom, Travel consultant

# FROSCH INTERNATIONAL TRAVEL

3538 JFK Parkway, Suite 2 Fort Collins, C0 80525 970-223-0442 Fax: 970-206-9697 fortcollins@frosch.com www.froschtravel.com **Products/Services**: Meeting and event planning services. Full-service travel agency. **Person in charge**: Marge M. Yoder, Manager

#### **FROSCH TRAVEL**

3538 John F Kennedy Pkwy STE 2 Fort Collins, Co, C0 80525-2670 800-223-0675 / 970-223-0422 Fax: 970-484-6997 www.Froschtravel.com **Products/Services:** Tour company offering group travel, pre-packaged tours or customized tours for groups. Reunions and rail tours. **Person in charge:** Marge Yoder, Manager/ Principal

# **FROSCH TRAVEL**

1923 59th Ave., Suite 165 Greeley, C0 80634 970-353-7500 Fax: 970-353-0018 kay.kosmicki@frosch.com www.frosch.com Products/Services: Corporate meeting planning, worldwide travel, business, vacation, cruise specialists, group tours, Internet-airline tickets, hotel, car, destination weddings and honeymoon registry. Person in charge: Kay Kosmicki, Manager

#### LOVELAND TRAVEL KING

1505 N. Lincoln Ave. Loveland, CO 80538 970-669-1616 Fax: 970-669-1708 deals@EPackageDeals.com www.epackagedeals.com **Products/Services**: Last-minute discount travel deals. Person in charge: Dick F. Peterson, Owner

## MARY'S TRAVEL DESK

7251 W. 20th St., Building F Greeley, C0 80634 970-339-3311 Fax: 970-339-3770 mjbrighi@hotmail.com www.marystraveldesk.com **Products/Services**: Cruises, tours, airline tickets, train tickets and vacations, hotels, cars and groups.

Person in charge: Mary Brighi, Owner

#### NEW HORIZONS TRAVEL AGENCY INC.

138 E. 29th St. Loveland, C0 80538 970-663-0663 Fax: 970-669-9771 annd@travelnewhorizons.com www.travelnewhorizons.com Products/Services: Business, leisure and sport group travel. Person in charge: Ann Dean, Manager

#### NEW HORIZONSTRAVEL AGENCY INC.

3510 W. 10th St. Greeley, CO 80634 970-353-2200 Fax: 970-356-8936 lisak@travelnewhorizons.com **Products/Services**: Business, leisure and sport group travel. **Person in charge**: Lisa Keiser, Manager

#### NEW HORIZONS TRAVEL AGENCY INC.

300 E. Boardwalk Drive Fort Collins, C0 80525 970-223-7400 Fax: 970-225-0538 dalec@travelnewhorizons.com www.travelnewhorizons.com **Products/Services**: Full-service travel agency. Also specializing in athletic group travel. **Person in charge**: Dale Clarken, President

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#### **ROCKY MOUNTAIN TRAVEL KING**

516 S. College Ave. Fort Collins, CO 80524 970-484-5566 Fax: 970-484-5582 rmtk@frii.com www.rkymtntravelking.us **Products/Services**: Travel service. **Person in charge**: Sylvia Mucklow, Owner, President

#### TWIN PEAKS TRAVEL

24133 Weld County Road 36 LaSalle, C0 80645 303-678-7080 Fax: 970-284-1119 bookmytrip@twinpeakstravel.com www.twinpeakstravel.com **Products/Services**: We arrange airline tickets, cruises, full vacation packages, charter airlines, hotel reservations, car rentals, travel insurance, group rates, scuba diving or snorkel vacations, train tickets/ packages and honeymoon packages. **Person in charge**: Beth Sharbonda, Owner, Manager We are passionate patient caregivers.



# Northern Colorado's Community Rehab Provider

Northern Colorado Rehabilitation Hospital (NCRH) is designed solely for the provision of SPECIALIZED rehabilitative care and is the only FREESTANDING acute rehabilitation hospital serving northern Colorado. YOU HAVE A CHOICE and NOT ALL rehabilitation providers are the same. Our physician-led clinical care team provides COMPREHENSIVE physical medicine and rehabilitation services designed to help patients return home at their highest level of independence. Our exclusive rehabilitation hospital features include:

- Physiatrist-Led Multi-Disciplinary Team
- Certified Rehabilitation Nurses
- 24-Hour Nursing Care
- On-Site Pharmacy

# • 6,000 Square Foot Therapy Gym

- Aquatic Therapy Pool
- 40 PRIVATE Rooms

# We're not your average Rehabilitation Hospital, and we have the patient outcomes to prove it:

- 85% of our patients returned home with a renewed sense of self-sufficiency
- Recognized in the Top 10% of 791 Inpatient Rehabilitation Facilities in the United States.\*

Our patients satisfaction is over 95%
\*Uniform Data System for Medical Rehabilitation (UDSMR), Program Evaluation Model, 2011







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# GOOD-BYE JOINT AND BACK PAIN. HELLO LIFE AVISTA JOINT & SPINE CARE CENTER

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